SVGHTA
St. Vincent & the Grenadines Hotel & Tourism Association

What's On in St. Vincent

2026

Issue: 1157

PUBLISHED BY THE ST. VINCENT AND THE GRENADINES HOTEL & TOURISM ASSOCIATION

NOVEMBER

Fri 20th

Tree House & Grill: Friday Lime 5pm until	Tel: 529-2651
The Tower Bar, Arnos Vale: 3 for $12 Ice Cold Beers, 1pm - 8pm	Tel: 534-2829
Myah's Hotel: Happy Hour 3pm until	Tel: 451-3600
Grenadine House: Happy Hour 3pm until	Tel: 458-1800
Paradise Beach Hotel: Grillin with the Captain, from 7:30 pm, Live Music	Tel: 457- 4795
Ada Restaurant, Beachcombers Hotel: Happy Hour 6pm - 8pm live music	Tel: 534-2593
French Verandah, Villa: Jerk & Festival and Happy Hour 5pm - 7pm	Tel: 453 -1111
Sunset Shores Hotel: Happy Hour 4pm - 7pm	Tel: 458-4411

Sat 21st

The Loft Restaurant & Bar, Ratho Mill, Live Performances with Fya Empress, 6pm -	Tel: 458-4379
Myah's Hotel: Happy Hour 3pm until, Saturday Cravings 12 noon	Tel: 451-3600
Moonshine, Villa: Moonlit Saturdays	Tel: 433-1528
Sunset Shores Hotel: Happy Hour 4pm - 6pm, BBQ 7pm	Tel: 458-4411
Holiday Inn Express & Suites, Diamond: Local Taste, Saturday Breakfast Experience	Tel: 451-2466
Grenadine House: Happy Hour 3pm	Tel: 458-1800
Ada Restaurant, Beachcombers Hotel: BBQ 6pm - 9pm with Live Music	Tel: 534-2593

Sun 22nd

Jungl Lounge, Villa Flat: RnB Sundayz	Tel: 527-2554
Ada Restaurant, Beachcombers Hotel: Live Music	Tel: 534-2593
La Vue Boutique Hotel & Beach Club: Sunday Buffet 12 Noon - 4pm, Karaoke - 6pm	Tel: 532-8883
Myah's Hotel: Sunday Lunch 12 Noon	Tel: 451-3600
Holiday Inn Express & Suites, Diamond: Pancake Sundays, 7am - 10:30am	Tel: 451-2466
Grenadine House: Buffet 11:30am - 3pm, Happy Hour 3pm until	Tel: 458-1800

Mon 23rd

Fantasea Tours: All Inclusive Day Cruise to Mustique & Bequia	Tel: 457-4477
Myah's Hotel: Menu, 12 Noon until	Tel: 451-3600
Tree House & Grill: Karaoke Night, 8pm until	Tel: 529-2651
Hotel Alexandrina: Kulture Bar & Grill, Prospect 3 pm	Tel: 456-9788



Tues 24th

La Vue Boutique Hotel & Beach Club: Taco Tuesday Mix, 12 Noon - 10pm	Tel: 532-8883
Fantasea Tours: All Inclusive Day Cruise to Tobago Cays, Mayreau & Canouan	Tel: 457-4477
Tree House & Grill: Burger & Beer Tuesdays	Tel: 529-2651
Grenadine House: Taco Tuesday 11am - 6pm	Tel: 458-1800
French Verandah, Villa: Happy Hour 5pm - 7pm	Tel: 453 -1111

Wed 25th

Coconut Grove Beach Club, Canash Beach: Happy Hour All Day	Tel: 431-2837
Fantasea Tours: All Inclusive Day Cruise to Mustique & Bequia	Tel: 457-4477
The Loft Restaurant & Bar, Ratho Mill: Wine Down Wednesday, 6pm - 8pm	Tel: 458-4308
Jungl Lounge, Villa Flat: Karaoke Night, 7pm	Tel: 527-2554
Grenadine House: Wellness Wednesday	Tel: 458-1800
Myah's Hotel: Pizza your Way 12 Noon, Lime & Play Weekly Game Night, 5:30pm - 10pm	Tel: 451-3600
Tree House & Grill: Seafood Night 4pm - 11:30pm	Tel: 529-2651

Thurs 26th

Thanksgiving by the Sea, Basil's at Villa, 7pm	Tel: 456-2602
Jungl Lounge, Villa Flat: Latin Night	Tel: 527-2554
Chill Spot Bar & Grill, Arnos Vale: Live Music from 7 pm with BAM	Tel: 494-7577
La Vue Boutique Hotel & Beach Club: Taco Thursday, 12 Noon - 10pm	Tel: 532-8883
Tree House & Grill: Taco Thursday	Tel: 529-2651
Grenadine House: Pasta Thursday	Tel: 458-1800
Coconut Grove Beach Club, Canash Beach: Taco Thursdays 2pm, Happy Hour 5pm - 7pm	Tel: 431-2837

Friday 20th November

Jungl Lounge, Villa Flat: Old Skool Fridaze	**Tel: 527-2554**
Signature Restaurant, Arnos Vale: Hot & Ready Pizza, After Work Lime Fridays	**Tel: 456-6518**

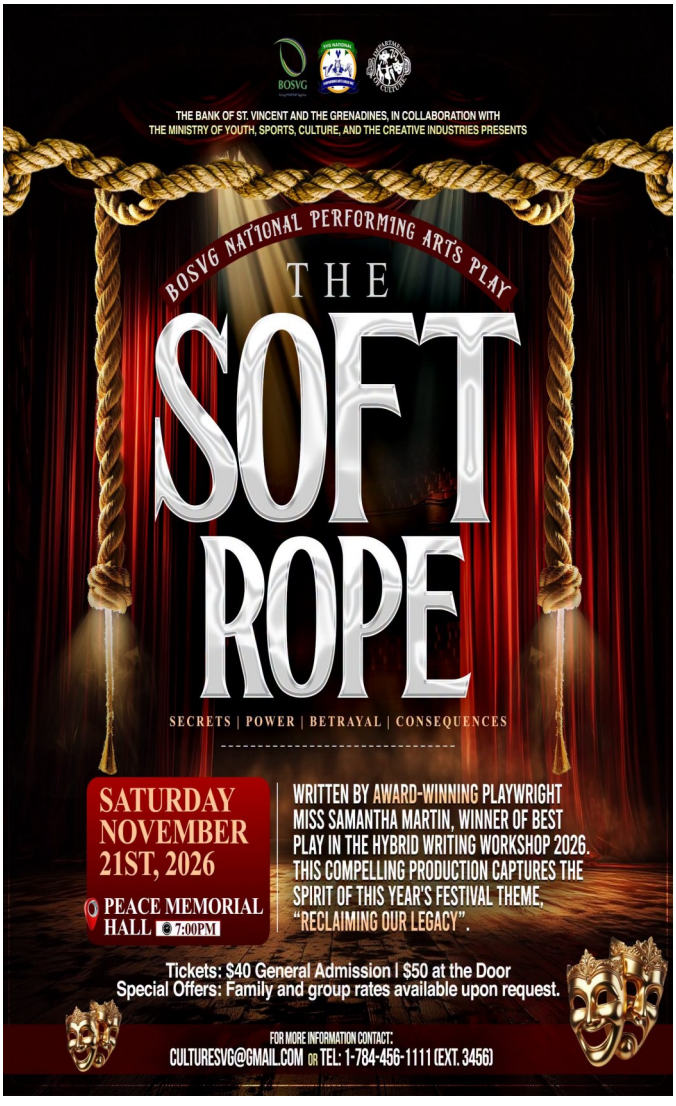
Saturday 21st November

Jungl Lounge, Villa Flat: Reggae Night	**Tel: 527-2554**
District Night Club, Calder Gap: Bounce Short Pants vs Short Skirt, 10pm	
Tree House & Grill: Creole Saturdays, Happy Hours 12 Noon - 5pm	**Tel: 529-2651**
Peace Memorial Hall: BOSVG National Performing Arts PlayThe Soft Rope, 7:00 pm	

Sunday 22nd November

Chill Spot Bar & Grill, Arnos Vale: Sunday Nights Karaoke, 8pm until closing	**Tel: 494-7577**
Café Soleil, Blue Lagoon Marina: BBQ 11am - 5 pm, live music from 7 pm with BAM	**Tel: 456-8550**
Palki Restaurant, Villa Flat: Sunday Buffet Brunch, 11am to 3pm	**Tel: 527-2554**
Sunset Shores Hotel: Happy Hour 12 Noon - 3pm	**Tel: 458-4411**





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Lunch
11:30 AM – 2:00 PM

Dinner
3:00 PM – 10:00 PM

Last Order at 9:30 PM

BAR CLOSES
at 1:00 AM

SUNDAY BRUNCH
10:00 AM – 2:00 PM

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Day pass 9AM-4PM



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- Access to the watersports equipment

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Villa flat near college gap


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MONDAY TO THURSDAY
& SUNDAY
5PM - 2AM
FRIDAY & SATURDAY
5PM - 3AM
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DRINKS
POOL
AIR HOCKEY


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Open Daily From 7am-11pm
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Until November 30
Breakfast
Dinner for 2 at Islander Bar & Grill
1 drink per person
Gym access
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EC$550 | One night, two guests
BOOK NOW
Check In: 3PM
Check Out: 1PM
*Terms and conditions apply - special rate is subject to availability of rooms


FOUR FLIGHTS UP
4
BAR AND LOUNGE
WHILE SUPPLIES LAST
LOBSTER SPECIALS
Deep Fried Lobster
$100
Served with fries & coleslaw
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$125
Served with fries & coleslaw
Rum Punch
$5
Carib • 3 for $12
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BUFFET BREAKFAST INCLUDES

- Hot Breakfast Favourites
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- Bread & Pastries
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TOP IT YOUR WAY

- Chef's Flavour of the Day
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ONLY **$23** USD per person

Served Sundays
7:00 AM – 10:30 AM

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Hotel: 784-451-2466

WhatsApp:
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Email us to RSVP
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Selections vary weekly.

Made fresh in-house every Sunday morning.



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Let's make your morning extra special.

ELEVATE EVENTS SVG X SMOKEY SOUNDS
PRESENTS

FRIDAY NOV 27TH 2026

SMOKEY SOUNDS

10:00 PM UNTIL

DJ SNYPA

DJ LIGAMENTZ

BOOZE & LINGERIE

HALLOWEEN PARTY

VENUE FRONTLINE BAR BARROUALLIE

COMPLEMENTARY SHOTS ON ENTRY
$30 AT THE DOOR

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THURSDAY NIGHTS

STARTING AT 7PM

BAM

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GOOD TIMES

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ARNOS VALE

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Kingstown, St. Vincent

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8AM TO 5PM

PACKAGE 1
XCD $40.00
PER PERSON
- Pool Access
- Free Wi-Fi
- Free Parking
- Meals and drinks can be purchased at the hotel.

PACKAGE 2
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- 1 Hairoun Soft Drink
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- Free Parking

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DEWI ASIAN KITCHEN • VERMONT
Vietnamese Beef Pho Soup • $48
Rich beef broth with meatballs, roasted chicken, rice noodles, fresh basil, sesame & herbs
Pop Ice Taro • $25
Creamy purple taro iced drink with ice
Open Friday to Sunday • 12pm to 5pm • Call 784-432-3632


THANKSGIVING
by the SEA at Basil's at Villa
Celebrate with Us
Thursday Novemeber 26th at 7pm
Dinner Menu
Cream of Pumpkin Soup, with Corn bread
Stuffed turkey with trimmings
Honey cured Ham, Candied sweet potato
sauteed steamed vegatables ,seasoned rice, Green Garden Salad
Desserts Fruit Cake, Coconut Cream Cake, Pecan Pie
Call for Reservations 784-456-2602


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Time:
8:00 PM until closing
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SPECIALS
Rum Punch & Rum Sour
$5 each
9" PIZZAS — $20 each
Cheese • Pepperoni • Chicken
Chicken Wings & Chicken Fingers
$10 a portion


FRIDAY
NIGHT
CEVICHE
driftwood
eat. drink. drift.


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Friday Nights from 7 :30pm
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Ice Cold Beers
Every Friday
1:00 PM - 8:00 PM
The Tower Bar
LIMITED TIME OFFER
Carib
Hairoun

Ministry of Tourism Civil Aviation & Sustainable Development

November is... Tourism Month

Calendar of Activities

WEEKLY - TOURISM MONTH SPECIALS

Every Monday Tourism Chit Chat
5:15 PM - NBC Radio

Every Friday Tourism Chit Chat
9:30 AM - WE FM Radio

SUNDAY 1

Church Service
St. Mary's the Virgin Anglican Church, Bequia 9:00AM

Meet & Greet
Spring Hotel, Bequia
12:00PM

MONDAY 2,9,16 23,30

EVERY MONDAY
Tourism in Motion
(School Visit)
"The role you play in Tourism"

WEDNESDAY 4

Tourism Seminar
Harmonizing Customer Care & Conflict Management - Excellence in Every Interaction
Holiday Inn Express & Suites
8:30AM – 11:00AM

SATURDAY 7,21

Tourism Feud:
What do you know about SVG?
Social Media Edition
(Facebook & Instagram)

SUNDAY 8

Media Blitz:
Pass the Ball Challenge
Social Media Edition
(Facebook & Instagram)

TUESDAY 10,17

Service Excellence and Tourism Education Training (Short Plays)
Supermarkets and Vegetable Markets in Kingstown

THURSDAY 12

Hospitality Instructors Symposium 2026 (TVET)
Grenadine House
8:30AM – 3:00PM

MONDAY 16

Food & Wine Pairing Basic Fundamentals
(SVGHTA/Gonsalves Liquors)
French Verandah
9:30AM – 1:00PM

MONDAY 16

Taxi and Tour Bus Operators' Service Excellence Retreat (SVGTA)
Grenadine House
10:00AM – 2:00PM

TUESDAY 17

Taxi and Tour Bus Operators' Service Excellence Retreat (SVGTA)
Grenadine House
10:00AM – 2:00PM

WEDNESDAY 18

Health Fair
Bequia Tourism Office
10:00AM - 1:00PM

THURSDAY 19

Tourism Colloquium
Kingstown Methodist Church Hall
10:00AM

Know Your Country Tour - Bequia
(SVGHTA Members)

FRIDAY 13,27

Tourism Feud:
What do you know about SVG?
Social Media Edition
(Facebook & Instagram)

FRIDAY 20

Know Your Country Tour
Experiential Tour
(Ministry Officials and Media Houses)

SUNDAY 22

Inaugural Cruise Call Welcome Ceremony
Orient Express
Canouan

TUESDAY 24

Tourism Lecture
Holiday Inn Express & Suites
8:30AM – 11:00AM

Inaugural Cruise Call Welcome Ceremony
Celebrity Constellation
Kingstown

SATURDAY 28

Jazz on the Lawn
Cruise Terminal Lawn
6:30PM

MONDAY 30

Inaugural Cruise Call Welcome Ceremony
Vasco De Gama
Bequia

@go.svg784 @go.svg
/TourismSVG


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BARROUALLIE TECHNICAL INSTITUTE
Presents
Building Skills... Building Futures...
SKILL FEST
Theme:
Discover it, try it, own it
DATE:
27th, November, 2026
TIME:
9:00AM
VENUE:
Barrouallie Square
(Peter Blugh Corner)
Join us for a day of Skill, Learning and Innovation!
The Barrouallie Technical Institute will be having the event.


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MYAH'S SUITES
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YOUR DAY INCLUDES:
One meal & dessert at Islander Restaurant
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Pool access throughout your stay
Private room access 10 AM – 5 PM
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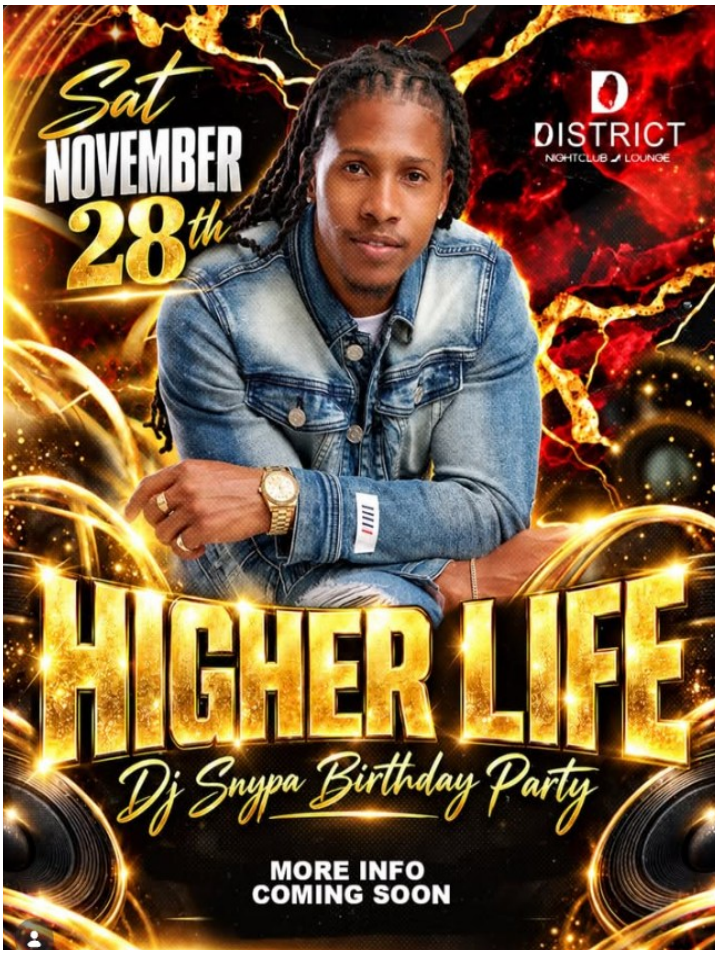

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Quiet surroundings
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$US130 FOR TWO
ROOM ACCESS
Your private space for the day
EC $100 IN
MEAL VOUCHERS
2xec $50 vouchers
POOL ACCESS
Unwind by the water
KAYAK ACCESS
Explore the marina
10: 00 AM - 6:00 PM
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Your Escape.
Your Moments.
BEACHFRONT STAY | DELICIOUS FOOD | GREAT VIBES
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Enjoy delicious meals, a cozy stay, or a cold drink while watching your favorite sports at our bar.
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Relax. Recharge. Repeat. Only at Gracies.


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RESTAURANT & BAR
THANKSGIVING
SOUP
Cream of Pumpkin and Ginger Soup
SALAD
Green Salad
MAIN COURSE
Roasted Turkey with Cranberry Sauce
OR
Baked Pork Tenderloin with Mushroom Velouté Sauce
SIDES
Roasted Garlic Mashed Potatoes
Broccoli, Green Beans & Carrots
DESSERT
Pumpkin Cake
EC$90
per person
Plus Service Charge


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LOUNGE
WHERE THE JUNGLE COMES ALIVE WITH FLAVOR
Good Vibes
Great Food
R&B Music
RNB SUNDAYZ
2 4 1 DRINK SPECIALS
ALL DAY
DIM SUM
$20
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$40
VILLA FLAT near College Gap
784-527-2554 | TO RESERVE A TABLE


Sat
NOVEMBER
28th
DISTRICT
NIGHTCLUB LOUNGE
HIGHER LIFE
Dj Snypa Birthday Party
MORE INFO
COMING SOON


THE LOFT
RESTAURANT & BAR
WINE
Down
WEDNESDAY
A MIDWEEK RITUAL.
PURCHASE ANY BOTTLE OF WINE
RECEIVE ONE
COMPLIMENTARY APPETIZER
CHOOSE ONE:
CHICKEN SAMOSAS | SPRING ROLLS | CHICKEN TENDERS
EVERY WEDNESDAY
6:00 PM - 8:00 PM
Reserve your table.

CARRIBBEAN CUISINE

Bamboo's Brunch

10am-1pm

EGGS $12

Scrabbled eggs cooked over medium heat in a buttered skillet

SERVED WITH

BREAKFAST POTATOES

Crispy diced potatoes fried with sweet peppers & onions

SALTFISH & BAKES $12

Fried flatbread paired with a savory, tomato-based salted cod

SERVED WITH

PLANTAINS

Ripe plantains sliced thin and fried



DRINKS

TEA $7

HOT COCOA $10

House-made hot chocolate made from Vincentian chocolate



HOMINY PORRIDGE $10

Spiced porridge made from softened hominy corn kernels

SERVED WITH

BREAD

House made whole wheat bread

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WAFULASUN SPORTS BAR

PRESENTS

ADRENALINE RUSH

FEEL THE ENERGY AND EXCITEMENT



DJ RISH DJ BLAZE

SATURDAY

28 NOVEMBER | 10 PM

$10 BEFORE 11:30 PM | $15 AFTER

CUMBERLAND

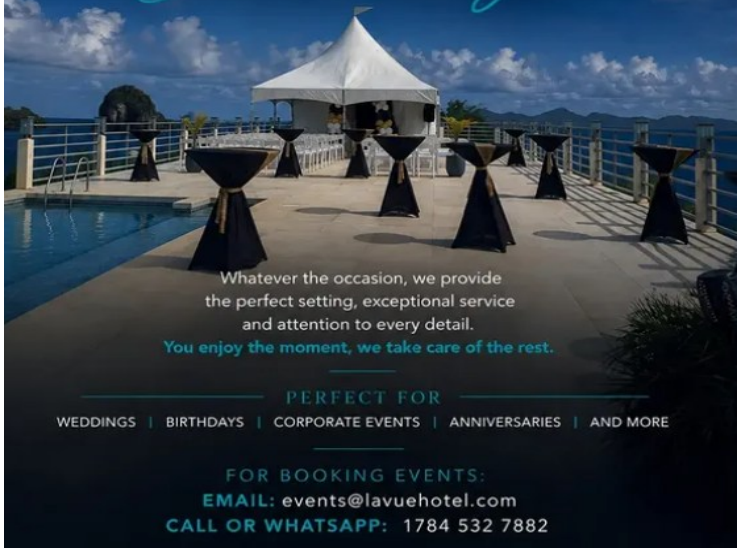
@wafulasunbar (784) 456-7890 WAFULASUN SPORTS BAR, CUMBERLAND

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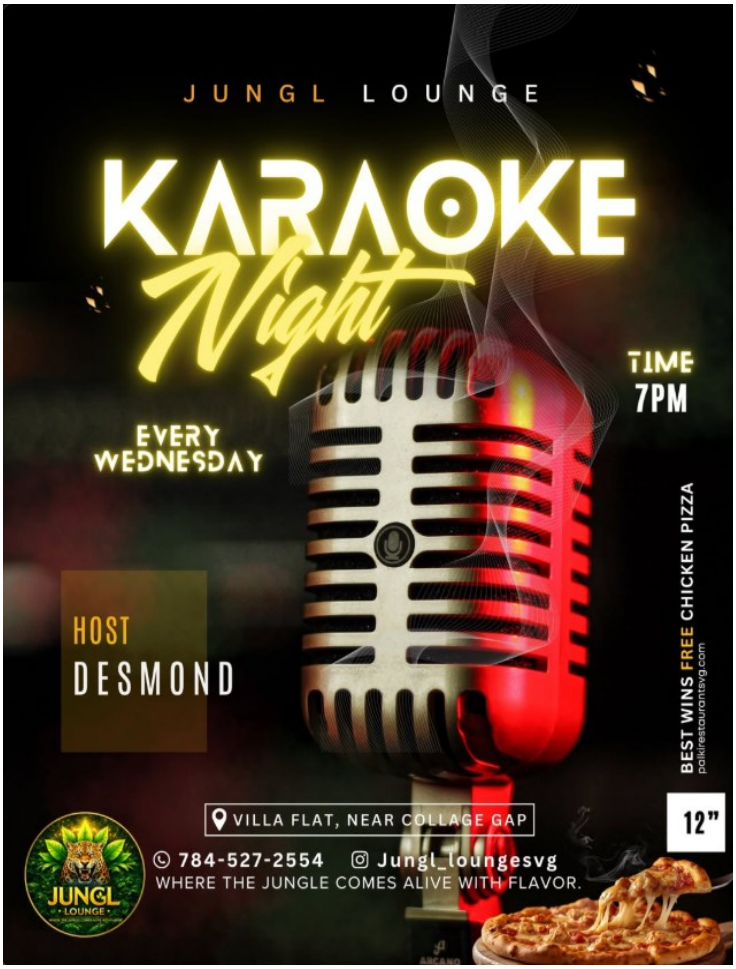



Grenadine House
Kingstown, St. Vincent
Pasta Thursday
CHICKEN FISH
BEEF CARBONARA
EVERY THURSDAY
ORDER NOW: + 1 784 458-1800 | + 1 784 593-0996


TreeBar & Grill
Welcome
KARAOKE NIGHT
BAR
OPEN
8pm

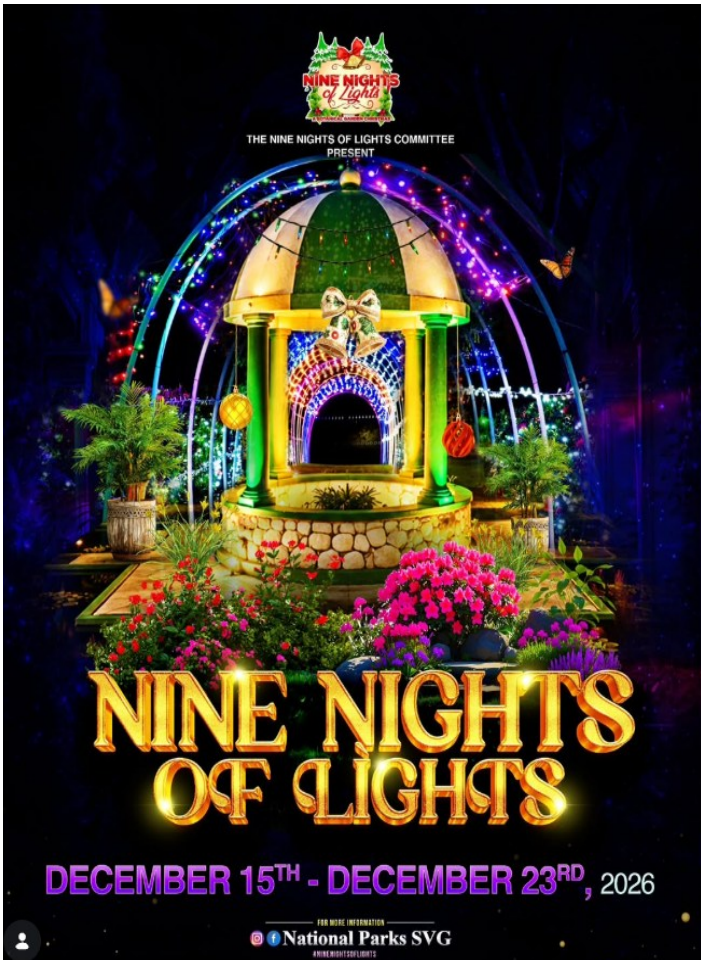

Grenadine House
Kingstown, St. Vincent
Sunday Buffet
Sunday 22nd November 2026 | 11:30am
XCD$60
PER PERSON
+ 10% SERVICE CHARGE
Soup
Lentil Soup
Salads
Mediterranean Garden Salad
Main
Cheesy Garlic Mash Potato
Black Bean & Rice
Chef Style Vegetables
Meat
Fish in Honey Lemon Butter Sauce
Curry Mutton
Dessert
Chef Delight
RESERVATIONS
+ 1 784 458-1800 | + 1 784 593-0996
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Moonshine
SUNDAY
WE'RE OPEN
5 PM - 2 AM
COME IN AND EAT
AT OUR RESTAURANT AND BAR


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KARAOKE Night
EVERY WEDNESDAY
TIME 7PM
HOST DESMOND
BEST WINS FREE CHICKEN PIZZA
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Turn your day into a getaway,
because some days deserve a better view.
10AM - 5PM
TIER 1
Sun PASS
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• Pool Access
• 1 Meal Option (Quesadilla, Burger, or Tacos)
• 2 Drink Options Rum Punch, Sodas, or Beers
TIER 2
Grand ESCAPE
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• Pool Access
• 2 Meal Options (Quesadilla, Burger, or Tacos)
• 2 Drink Options Rum Punch, Sodas, or Beers
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CHILDREN RATES:
• Children between the ages of 5–12 are EC$60
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are made here.
Enjoy quality time, beautiful spaces,
and the moments that matter most.
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POOL FUN FOR ALL AGES
MEMORIES THAT LAST
Call Us Today
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Starts Here.
RELAX. PLAY. CONNECT. TOGETHER.


NINE NIGHTS of Lights
THE NINE NIGHTS OF LIGHTS COMMITTEE
PRESENT
NINE NIGHTS
OF LIGHTS
DECEMBER 15TH - DECEMBER 23RD, 2026
FOR MORE INFORMATION
National Parks SVG


Jack's
BEACH BAR
Good Food • Great Drinks • Beach Vibes
Weekly Special
Jerk Chicken
or
Vegetarian Pizza
WITH A GLASS OF RED, ROSÉ OR BEER
Authentic Jerk Flavour
Fresh & Delicious
Only
55 EC
PER PERSON
Starting
22.9.2026
Good Food Tastes Better by the Sea


Bamboo Bar Drinks
Mojito $23.00
Classic
Mango
Hibiscus
Strawberry
Watermelon
Passion Fruit
Cucumber
Beers
Hairoun $6.00
Carib $6.00
Cocktails
Pina Colada $22.00
Rum Punch $22.00
Mai Tai $22.00
Daiquiri $22.00
The Escape $22.00
Rum & Coke $22.00
Bamboo Mule $22.00
Margarita $22.00
Soft drinks
Malta $7.00
Bitter Lemon $4.00
Fruit Cocktail $4.00
Cola $4.00
Champagne $4.00
Shandy $4.00
Lemonade & Local Drinks of the Day $7.00
Limeade
Raspberry Lemonade
Mango Lemonade
Strawberry Lemonade
Purple Lemonade
Passionfruit Lemonade
Mauby
Ginger Beer
Sorrel
www.journeysescape.life | +1-784-431-2519 | Make your Reservation
*Our drinks evolve with the seasons, celebrating what is fresh and local.

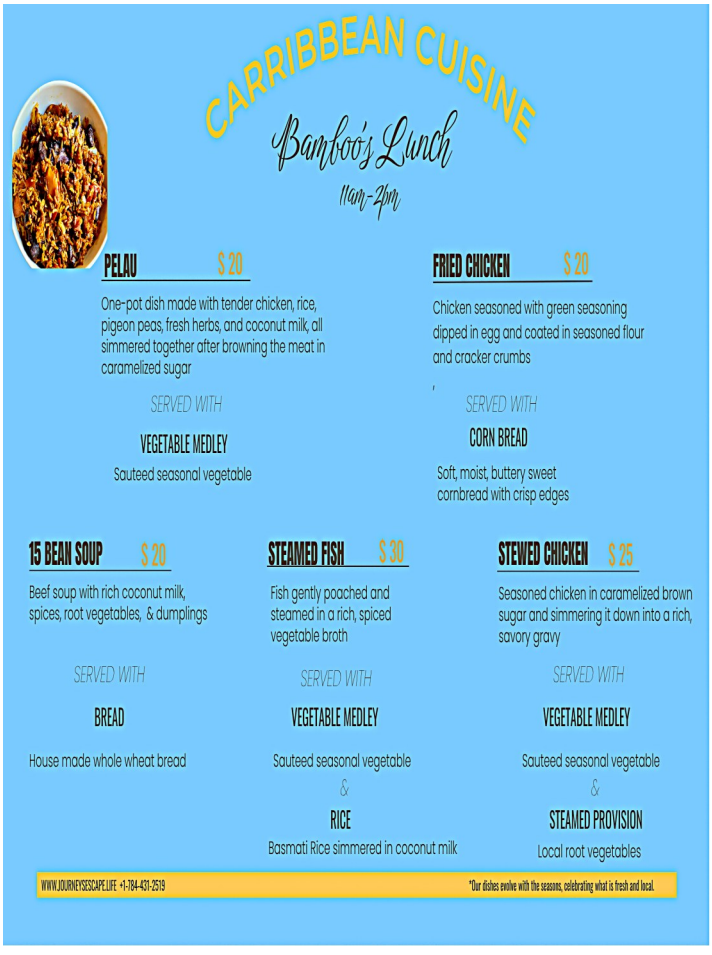

Grenadine House
Kingstown, St. Vincent
TACO Tuesday
BEEF
CHICKEN
Hairoun
KOLA
-SERVED WITH FRIES | SALAD | 1 SOFT DRINK
$44
Grenadine House
+ 1 784 458-1800 | + 1 784 593-0996
stay@grenadinehouse.com


MH HOTEL
LIME & PLAY
Weekly Game Night
FUN GAMES FOR EVERYONE
EVERY WEDNESDAY
5:30 PM – 10:00 PM
HOSTED BY
DJ PITBULL
DRAUGHTS
MONOPOLY
JENGA
& MORE
DRINK SPECIALS
FOOD SPECIALS


Sunset Shores
BEACH HOTEL & RESTAURANT
Lobster
season is here
Available from
SUNDAY SEPTEMBER 6TH.
Ask Our Staff For Details
1784 458 4411
1784 493 9722
Sunsetshores_svg
Sunset Shores Beach Hotel


BEQUIA PLANTATION HOTEL
HAPPY HOUR
Bequia Plantation Hotel
EVERYDAY 4PM-6PM
5 Heinekens for $40.00
3 Hairouns for $12.00
Rum Punch – $12.00
Rum Mix – $12.00
Red / White Wine – $12.00
All prices are listed in XCD.
10% service charge and 16% VAT to be added to final bill.


Moonshine
Moonlit
SATURDAYS
LIVE MUSIC
GREAT DRINKS
GOOD FOOD


CARRIBBEAN CUISINE
Bamboo's Lunch
11am-2pm
PELAU $ 20
One-pot dish made with tender chicken, rice, pigeon peas, fresh herbs, and coconut milk, all simmered together after browning the meat in caramelized sugar
SERVED WITH
VEGETABLE MEDLEY
Sauteed seasonal vegetable
FRIED CHICKEN $ 20
Chicken seasoned with green seasoning dipped in egg and coated in seasoned flour and cracker crumbs
SERVED WITH
CORN BREAD
Soft, moist, buttery sweet cornbread with crisp edges
15 BEAN SOUP $ 20
Beef soup with rich coconut milk, spices, root vegetables, & dumplings
SERVED WITH
BREAD
House made whole wheat bread
STEAMED FISH $ 30
Fish gently poached and steamed in a rich, spiced vegetable broth
SERVED WITH
VEGETABLE MEDLEY
Sauteed seasonal vegetable
&
RICE
Basmati Rice simmered in coconut milk
STEWED CHICKEN $ 25
Seasoned chicken in caramelized brown sugar and simmering it down into a rich, savory gravy
SERVED WITH
VEGETABLE MEDLEY
Sauteed seasonal vegetable
&
STEAMED PROVISION
Local root vegetables
WWW.JOURNEYSESCAPE.LIFE +1-784-431-3519
*Our dishes evolve with the seasons, celebrating what is fresh and local.


TACO
THURSDAYS
Coconut Grove
BEACH CLUB
Contact us at 1784-431-2837, Follow Us On Social Media @coonutgrovsvg


PALKI
RESTAURANT
Opening
HOURS!
Villa, St. Vincent
Monday CLOSED
Tuesday - Thursday 4PM - 10PM
Friday - Sunday 11AM - 10PM
palkirestaurantsvg.com


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RESTAURANT
CONTACT
US:
EMAIL
PalkiRestaurantSVG@gmail.com
VILLA, ST. VINCENT
+1 (784) 527-2554
palkirestaurantsvg.com


Signature
AFTER WORK LIME
FRIDAYS
3 FOR $12
LAGER
Carib

WEEKLY SCHEDULE

FROM BEQUIA → | ← FROM KINGSTOWN

MON- FRI

6:30	AM	8:00	AM
7:30	AM	9:30	AM
9:30	AM	1:00	PM
1:00	PM	4:15	PM
4:00	PM	5:00	PM

SATURDAYS

6:30	AM	8:00	AM
7:30	AM	9:30	AM
9:30	AM	12:30	PM
1:00	PM	4:30	PM
4:00	PM	5:00	PM

SUNDAYS

6:30	AM	8:00	AM
11:00	AM	4:30	PM
4:00	PM	5:00	PM

RATES

ADULT PASSENGERS

ONE WAY	RETURN
$25	$40

STANDARD SIZE VEHICLES

ONE WAY	RETURN
$60	$100

DRIVER INCLUDED



BEQUIA EXPRESS COMPANY

Bequia Express Co. Ltd.
Safe. Reliable. Efficient
TEL: 784 457-3539
Email: Info@bequiaexpress.com

JADEN INC

JADEN SUN FAST FERRY

Regular Schedule 2026

Day	Route	Estimated Time of Departure
SUNDAY	Kingstown→ Canouan Canouan → Mayreau Mayreau → Union Island	3:30 pm 4:45 pm 5:15 pm
MONDAY	Union Island → Mayreau Mayreau → Canouan Canouan → Kingstown ---------- Kingstown → Canouan Canouan → Mayreau Mayreau → Union Island	6:30 am 6:45 am 7:15 am ------ 3:30 pm 4:45 pm 5:15 pm
WEDNESDAY	Union Island → Mayreau Mayreau → Canouan Canouan → Kingstown ---------- NO AFTERNOON SCHEDULE	6:30 am 6:45 am 7:15 am ------ NO AFTERNOON SCHEDULE
FRIDAY	Kingstown → Canouan Canouan → Mayreau Mayreau → Union Island ---------- Union Island → Mayreau Mayreau → Canouan Canouan → Kingstown	9:00 am 10:15 am 10:45 am ------ 3:30 pm 3:45 pm 4:15 pm

There is NO operation on Tuesdays, Thursdays or Saturdays.

Sailing Times:
Kingstown/Canouan: 75 minutes
Canouan/Mayreau: 20 minutes
Mayreau/Union Is: 10 minutes

- BOARDING is **15** minutes prior to departure.
- If a holiday falls on Monday, the Sunday afternoon ferry is cancelled. Instead, the ferry will depart Kingstown at **3:30pm on Monday**.
- Ferry Schedule is subject to change due to weather and other operational reasons.

CONTACT INFORMATION

Office: (784) 451-2192 | jaden.sun
Cell: (784) 498-7114 | Jaden Sun Fast Ferry
jadeninc02@gmail.com | www. https://jadensunferry.com/



Sunshine Pool House

St. Vincent & The Grenadines

Yellow house before Brighton Salt Pond

Poolside Yoga & Fitness Classes
Wednesdays
4:30 to 5:30pm







Starting Nov. 18
to Dec. 16, 2026
5 weeks: $50
or $15 drop in
$10 extra to Swim

Whats app Tracey 250-248-4168

SOUTHERN GRENADINES

SCHEDULE UPDATE

Due to scheduled maintenance, there is no Wednesday service for the entire month of November

MONDAY	11:30 AM FROM KINGSTOWN KINGSTOWN > CANOUAN > MAYREAU > UNION ISLAND
TUESDAY	6:00 AM FROM UNION ISLAND UNION ISLAND > MAYREAU > CANOUAN > KINGSTOWN
WEDNESDAY	NO DEPARTURE
THURSDAY	11:30 AM FROM KINGSTOWN KINGSTOWN > CANOUAN > MAYREAU > UNION ISLAND
FRIDAY	6:00 AM FROM UNION ISLAND UNION ISLAND > MAYREAU > CANOUAN > KINGSTOWN
SATURDAY	11:30 AM FROM KINGSTOWN KINGSTOWN > CANOUAN > MAYREAU > UNION ISLAND
SUNDAY	7:00 AM FROM UNION ISLAND UNION ISLAND > MAYREAU > CANOUAN > BEQUIA > K'TOWN

BEQUIA EXPRESS COMPANY

Bequia Express Co. Ltd.
Safe. Reliable. Efficient
TEL: 784 457-3539
Email: Info@bequiaexpress.com


Moonshine
FRIDAZE
GOOD VIBES. GREAT PEOPLE. UNFORGETTABLE NIGHTS.
STARTS
10PM
DJ SPINNING ALL NIGHT
SIGNATURE COCKTAILS
GREAT PEOPLE GOOD ENERGY
VIBES YOU CAN'T MISS
YOUR WEEKEND STARTS HERE.
Moonshine


Holiday Inn Express & Suites
ST. VINCENT
The Local Taste
Saturday Breakfast Experience
USD$ 27
Enjoy a delicious local breakfast experience
every Saturday at Holiday Inn Express & Suites St. Vincent.
Diamond Estate, Diamond
Hotel: 784-451-2466
WhatsApp: 784-532-9969
Email: info@hiexsvg.com
Instagram: @holidayinn_stvincent


CARRIBBEAN CUISINE
Bamboo's Dinner
APPETIZERS
GARLIC DOTS $ 10
Pieces of dough baked until golden and tossed in a rich garlic, butter, and herb mixture
PEPPER POT $ 20
Spicy callaloo puree with goat meat
PUMPKIN SOUP $ 15
Whole kernel corn and carrots in a pumpkin puree simmered in chicken broth
ROASTED CHICKEN $45
Herb roasted chickenleg and thigh marinated in a tomato base
SERVED WITH
VEGETABLE MEDLEY
Sauteed seasonal vegetable
&
RICE
Basmati Ricesimmered in coconut milk
SAUTEED FISH $ 65
Lightly sautéed local fish of the day marinated in a vegetable roux
SERVED WITH
VEGETABLE MEDLEY
Sauteed seasonal vegetable
&
CORN CASSEROLE
Savory casserolemade of cornmeal, whole kernel or creamed corn, and cheddar cheese
OVEN BAKED CHICKEN WINGS $ 40
Eight oven baked chicken wings sweetened with an in-house sauce
PASTRIES
CHEESE ROLLS $ 10
Flaky dough rolled around a savory, spiced cheddar cheese filling
RASTA MAN PIE $ 7
Fried whole wheat dough filled with savory lentils and carrots
ALOO PIE $ 7
Fried whole wheat dough filled with savory mashed potatoes that's seasoned simply with cilantro, chickpeas, potatoes, cumin, onion and garlic
A LA CARTE
FRIED CHICKEN WINGS 4 pieces for $ 10
8 pieces for $ 18
GARLIC DOTS 3 pieces for $ 8
6 pieces for $ 15
SIDES
GREEN SALAD $ 12
CORN BREAD $ 8
FRIED GREEN BANANA CHIPS $ 10
BREAD FRUIT CHIPS $ 10
WWW.JOURNEYSESCAPE.LIFE +1-784-431-3519
*Our dishes evolve with the seasons, celebrating what is fresh and local.


Moonshine
PLENTY FOR
$20
WINGS
CLASSIC BBQ
BUFFALO
JERK
SWEET CHILI
SWEET AND SOUR
DINE IN ONLY


BEQUIA FAST FERRIES LTD
Schedule
MONDAY to SATURDAY
From Bequia From Kingstown
6:30 AM 7:45 AM
8:45 AM 10:00 AM
12:00 PM 3:00 PM
4:15 PM 5:15 PM
SUNDAYS & PUBLIC HOLIDAYS
From Bequia From Kingstown
7:00 AM 8:15 AM
4:15 PM 5:15 PM
Fares
Passengers - Locals
Age Group One Way Return
Adults $25 $50
Teenagers (13-17) $20 $40
Children (5-12) $15 $30
Vehicles
Standard Size One Way Return
Vehicle Only $65 $120
Vehicle and Driver $85 $155
Passengers - Standard
Age Group One Way Return
Adults $30 $60
Teenagers (13-17) $25 $50
Children (5-12) $20 $40
Faster Luxurious Stable
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office@bequiafastferries.com


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Prospect St. Vincent & The Grenadines
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Lunch
Bottle Of Champagne (non-alcoholic)
Beautiful Room
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$325 XCD
Singles DAY PASS
Lunch
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Grenadine House
Kingstown, St. Vincent
GH WRAPS SERVED WITH SALAD
CHICKEN, FISH, VEGETABLES
BUILD YOUR SALAD
Lettuce, Tomatoes, Cucumbers, Carrots ,Cabbage, Onions, Sweet Peppers, Avacado, Chick Peas
4 Veggies + 1 CHOICE OF MEAT - FISH/CHICKEN
CHEF'S DAILY SPECIAL
Local Ground Provision Bowl
Steamed Plantains, Steamed Provision, GH Salad, Coconut Dumplings
Choice of Codfish/ Grilled Chicken / Fish
BEVERAGES
Ginger Lime Fuzz
Fruit Smoothies (Seasonal Fruits)
Plumrose/ Waxapple Watermelon Spritz (SEASONAL)
+ 1 784 458-1800 | + 1 784 593-0996
stay@grenadinehouse.com
Wellness Wednesday
EVERY WEDNESDAY
Grenadine House


MV GEM STAR 2
Southern Grenadines Ferry
SCHEDULE
TUESDAYS & FRIDAYS - 11:00AM
Kingstown → Canouan → Mayreau → Union Island
WEDNESDAYS & SATURDAYS - 7:00AM
Union Island → Mayreau → Canouan → Kingstown
ONE WAY FARES ↔ KINGSTOWN
CANOUAN: $60 | MAYREAU: $70 | UNION ISLAND: $80
All fares are quoted in Eastern Caribbean dollars.
SHIP:784 526 1158 | OFFICE: 784 457 4157
gemstarshipping@gmail.com
Find us on

Parks and Sites

Hiking & Adventure

- La Soufriere Cross Country Trail on the Windward Side
- Cumberland Trail
- Dark View Falls
- Vermont Nature Trail
- Indian Bay Beach Facility

Heritage & Culture

- SVG Botanical Garden
- Wallilabou Heritage and Recreation Park
- Black Point Heritage and Recreation Park
- Layou Heritage Park
- Villa Beach Facility
- Mt Wynne Public Beach

Recreation & Site Seeing

- Rawacou Recreation Park
- Belmont Lookout
- Owia Salt Pond
- Cumberland Beach Recreation Park
- Brighton Salt Pond
- Fort Duvernette

SITES CLOSED TO THE PUBLIC

- Fort Charlotte
- Falls of Baleine
- La Soufriere from the Leeward side

BEQUIA - PLACES TO VISIT

- Maritime Museum
- Site of Hamilton
- Sea Salt Museum
- Spring Plantation









Emergency Numbers

Fire, Police and Coastguard:	911/999
Hospitals: Accident and Emergency Kingstown:	456-1955
Bequia:	458-3294
Canouan Clinic:	458-8305
Union Clinic:	458-8245

SVGHTA
St. Vincent & the Grenadines
Hotel & Tourism Association

P O Box 2125
Kingstown
St. Vincent & the Grenadines
T: 784 458-4379
M: 784-494-4379

SVG Hotel & Tourism Association

OFFICE AND SOUVENIR SHOP

Cruise Ship Terminal, Room #8

E: info@svghotels.com/svghotels@gmail.com
W: www.svghotels.com
Ins & Outs of SVG: www.insandoutsofsvg.com/