SVGHTA
St. Vincent & the Grenadines Hotel & Tourism Association

What's On in St. Vincent

2026

Issue: 1156

PUBLISHED BY THE ST. VINCENT AND THE GRENADINES HOTEL & TOURISM ASSOCIATION

NOVEMBER

Fri 13th

Moonshine, Villa: Fridaze, 10pm	Tel: 433-1528
Club Zess, Upstairs CNR Enterprise: Costume Party, 7pm - 2am	
Myah's Hotel: Happy Hour 3pm until	Tel: 451-3600
Grenadine House: Happy Hour 3pm until	Tel: 458-1800
Paradise Beach Hotel: Grillin with the Captain, from 7:30 pm, Live Music	Tel: 457- 4795
Ada Restaurant, Beachcombers Hotel: Happy Hour 6pm - 8pm live music	Tel: 534-2593
French Verandah, Villa: Jerk & Festival and Happy Hour 5pm - 7pm	Tel: 453 -1111
Sunset Shores Hotel: Happy Hour 4pm - 7pm	Tel: 458-4411

Sat 14th

Jungl Lounge, Villa Flat: SILC Live Music Lovers	Tel: 527-2554
District Night Club, Calder Gap: Blush Ladies First, 10pm	
Myah's Hotel: Happy Hour 3pm until, Saturday Cravings 12 noon	Tel: 451-3600
Moonshine, Villa: Moonlit Saturdays	Tel: 433-1528
Sunset Shores Hotel: Happy Hour 4pm - 6pm, BBQ 7pm	Tel: 458-4411
Holiday Inn Express & Suites, Diamond: Local Taste, Saturday Breakfast Experience	Tel: 451-2466
Grenadine House: Happy Hour 3pm	Tel: 458-1800
Ada Restaurant, Beachcombers Hotel: BBQ 6pm - 9pm with Live Music	Tel: 534-2593

Sun 15th

Jungl Lounge, Villa Flat: RnB Sundayz	Tel: 527-2554
Ada Restaurant, Beachcombers Hotel: Live Music	Tel: 534-2593
La Vue Boutique Hotel & Beach Club: Sunday Buffet 12 Noon - 4pm, Karaoke - 6pm	Tel: 532-8883
Myah's Hotel: Sunday Lunch 12 Noon	Tel: 451-3600
Holiday Inn Express & Suites, Diamond: Pancake Sundays, 7am - 10:30am	Tel: 451-2466
Grenadine House: Buffet 11:30am - 3pm, Happy Hour 3pm until	Tel: 458-1800

Mon 16th



Fantasea Tours: All Inclusive Day Cruise to Mustique & Bequia	Tel: 457-4477
Myah's Hotel: Menu, 12 Noon until	Tel: 451-3600
Tree House & Grill: Karaoke Night, 8pm until	Tel: 529-2651
Hotel Alexandrina: Kulture Bar & Grill, Prospect 3 pm	Tel: 456-9788

Tues 17th

La Vue Boutique Hotel & Beach Club: Taco Tuesday Mix, 12 Noon - 10pm	Tel: 532-8883
Fantasea Tours: All Inclusive Day Cruise to Tobago Cays, Mayreau & Canouan	Tel: 457-4477
Tree House & Grill: Burger & Beer Tuesdays	Tel: 529-2651
Grenadine House: Taco Tuesday 11am - 6pm	Tel: 458-1800
French Verandah, Villa: Happy Hour 5pm - 7pm	Tel: 453 -1111
Myah's Hotel: Taco & Margarita Specials	Tel: 451-3600

Wed 18th

Coconut Grove Beach Club, Canash Beach: Happy Hour All Day	Tel: 431-2837
Fantasea Tours: All Inclusive Day Cruise to Mustique & Bequia	Tel: 457-4477
The Loft Restaurant & Bar, Ratho Mill: Wine Down Wednesday, 6pm - 8pm	Tel: 458-4308
Jungl Lounge, Villa Flat: Karaoke Night, 7pm	Tel: 527-2554
Grenadine House: Wellness Wednesday	Tel: 458-1800
Myah's Hotel: Pizza your Way 12 Noon, Lime & Play Weekly Game Night, 5:30pm - 10pm	Tel: 451-3600
Tree House & Grill: Seafood Night 5pm - 11:30pm	Tel: 529-2651

Thurs 19th

Chill Spot Bar & Grill, Arnos Vale: Live Music from 7 pm with BAM	Tel: 494-7577
La Vue Boutique Hotel & Beach Club: Taco Thursday, 12 Noon - 10pm	Tel: 532-8883
Tree House & Grill: Taco Thursday	Tel: 529-2651
Grenadine House: Pasta Thursday	Tel: 458-1800
Coconut Grove Beach Club, Canash Beach: Taco Thursdays 2pm, Happy Hour 5pm - 7pm	Tel: 431-2837

Friday 13th November

Ocean Breeze Bar & Grill, Chateaubelair: Denim After Dark, 9pm until

Signature Restaurant, Arnos Vale: Hot & Ready Pizza, After Work Lime Fridays **Tel: 456-6518**

Saturday 14th November

Hidden Horizon Hotel - Just Over The Water - Heritage Square, 10am - 12 Noon

Myah's Hotel: Happy Hour 3pm - 7pm **Tel: 451-3600**

Tree House & Grill: Creole Saturdays, Happy Hours 12 Noon - 5pm **Tel: 529-2651**

Sunday 15th November

Chill Spot Bar & Grill, Arnos Vale: Sunday Nights Karaoke, 8pm until closing **Tel: 494-7577**

Café Soleil, Blue Lagoon Marina: BBQ 11am - 5 pm, live music from 7 pm with BAM **Tel: 456-8550**

Palki Restaurant, Villa Flat: Sunday Buffet Brunch, 11am to 3pm **Tel: 527-2554**






Moonshine
NEW
OPENING HOURS
MONDAY TO THURSDAY
& SUNDAY
5PM - 2AM
FRIDAY & SATURDAY
5PM - 3AM
FOOD
DRINKS
POOL
AIR HOCKEY


BEQUIA
PLANTATION HOTEL
DAY PASS
Bequia Plantation Hotel
USD$65.00 per person
Day pass 9AM-4PM
Includes:
Two (2) drinks
A two (2) Course meal (Main & Dessert)
Access to the pool and beach towels
Access to the watersports equipment
Add-ons:
Day pass breakfast USD $20.00 per person
Day use room - USD $100.00
info@bequiaplantationhotel.com
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SUNDAY
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FOUR FLIGHTS UP
4
BAR AND LOUNGE
WHILE SUPPLIES LAST
LOBSTER SPECIALS
Deep Fried Lobster
$100
Served with fries & coleslaw
Deep Fried Lobster & Fried Shrimp
$125
Served with fries & coleslaw
Rum Punch
$5
Carib •
3 for $12
RATHO MILL | 784-451-2799

French Verandah

SAVE THE DATE

Food and Wine Pairing

BASIC FUNDAMENTALS

Monday 16th November 2026

9:30 am – 1:00 pm

Venue: French Verandah

IN COLLABORATION WITH

St. Vincent & The Grenadines Hotel & Tourism Association

GONSALVES LIQUORS LTD. Established 1970

FRONTERA VINEYARDS PROTECTED BY NATURE

French Verandah

BASIC FUNDAMENTALS

Food and Wine Pairing

What you will learn

01 Identify the basic characteristics of different wine styles.

02 Understand fundamental food and wine pairing principles.

03 Recommend suitable wines for selected restaurant dishes.

04 Demonstrate basic knowledge of professional restaurant wine service.

Monday 16th November 2026

9:30 am – 1:00 pm

Venue: French Verandah

IN COLLABORATION WITH

St. Vincent & The Grenadines Hotel & Tourism Association

GONSALVES LIQUORS LTD. Established 1970

FRONTERA VINEYARDS PROTECTED BY NATURE





Holiday Inn Express & Suites
BY IHG

PANCAKE SUNDAYS

Enjoy a full buffet breakfast with our signature pancake feature.



BUFFET BREAKFAST INCLUDES

- Hot Breakfast Favourites
- Local Fruit Selection
- Bread & Pastries
- Coffee, Tea & Juice

TOP IT YOUR WAY

- Chef's Flavour of the Day
- Seasonal Topping Feature
- Chef's Choice Topping
- Sweet Drizzle Selection

ONLY **$23** USD per person

Served Sundays
7:00 AM – 10:30 AM

RSVP By
6:00 PM on Saturdays

Hotel: 784-451-2466

WhatsApp:
784-532-9969

Email us to RSVP
info@hiexsvg.com

Selections vary weekly.

Made fresh in-house every Sunday morning.



GOOD MORNING, GREAT START.
Let's make your morning extra special.

SAT 14 NOV

ICEKOLE

GUINNESS

ICE HOLE BIRTHDAY BASH & DISTRICT PRESENTS

BLISH

Ladies First

DISTRICT
NIGHTCLUB / LOUNGE

Dj Rhymer, Dj Domo x Dj Puncha, Dj Shady x Zj Powerz, Dj Bebe Yung Shellaz, Tank Up Bros, Dj Krash and More!!!

ADMISSION: $20 BEFOR 1PM
LADIES: $15 BEFOR 11AM

START TIME: 10PM

CHILL SPOT BAR & GRILL

YOUR FAVORITE SPOT TO CHILL!

THURSDAY NIGHTS

STARTING AT **7PM**

BAM IS BACK HOME AT CHILL SPOT!

- GREAT MUSIC
- GOOD VIBES
- GOOD TIMES

COME EARLY • STAY LATE • PARTY THE CHILL SPOT WAY!

ARNOS VALE

MH HOTEL



ISLANDERS ESCAPE

Until November 30

Special

- Breakfast
- Dinner for 2 at Islander Bar & Grill
- 1 drink per person
- Gym access
- Rooftop & Islander Pool Access

EC$550 | *One night, two guests*

BOOK NOW

Check In: 3PM
Check Out: 1PM

**Terms and conditions apply - special rate is subject to availability of rooms*


French Verandah
HAPPY HOUR
5PM – 7PM EVERY TUESDAY, FRIDAY
DRINK SPECIALS
SKYY VODKA
CAMPARI
Hennessy
Hennessy


MENU
DEWI ASIAN KITCHEN • VERMONT
Vietnamese Beef Pho Soup • $48
Rich beef broth with meatballs, roasted chicken, rice noodles, fresh basil, sesame & herbs
Pop Ice Taro • $25
Creamy purple taro iced drink with ice
Open Friday to Sunday • 12pm to 5pm • Call 784-432-3632


THANKSGIVING
by the SEA at Basil's at Villa
Celebrate with Us
Thursday Novemeber 26th at 7pm
Dinner Menu
Cream of Pumpkin Soup, with Corn bread
Stuffed turkey with trimmings
Honey cured Ham, Candied sweet potato
sauteed steamed vegatables ,seasoned rice, Green Garden Salad
Desserts Fruit Cake, Coconut Cream Cake, Pecan Pie
Call for Reservations 784-456-2602


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POOL Passes
AVAILABLE
EXPERIENCE PARADISE
IN YOUR OWN BACKYARD
$35 XCD PER ADULT
$17.50 XCD PER CHILD
10AM - 6PM
Where every day feels like Vacation
SWIMMING POOL ACCESS
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Blue Lagoon Hotel & Marina


Chill Spot Bar & Grill
Sunday Nights Karaoke
COME AND ENJOY
Time:
8:00 PM until closing
THE MORE YOU DRINK THE BETTER YOU SOUND!
SPECIALS
Rum Punch & Rum Sour
$5 each
9" PIZZAS — $20 each
Cheese • Pepperoni • Chicken
Chicken Wings & Chicken Fingers
$10 a portion


FRIDAY
NIGHT
CEVICHE
driftwood
eat. drink. drift.


The Best Night — in town
Friday Nights from 7 :30pm
Friday Night BBQ @ ParadiseBeachHotel
Live music, great people — even better food.
Villa Beach, St. Vincent
+1(784)457-4795
paradisesvg.com


CLUB ZESS
PRESENTS
Date Night on Thursdays
Starting From 6Pm
CLUB ZESS
RESTAURANT & BAR
Slow Jams
Wine Specials
Wide variety of options to choose from on our Food Menu
Pastas, Pizzas, Burgers & Fries, Wings & Fries

Ministry of Tourism Civil Aviation & Sustainable Development

November is... Tourism Month

Calendar of Activities

WEEKLY - TOURISM MONTH SPECIALS

Every Monday Tourism Chit Chat
5:15 AM - NBC Radio
Every Friday Tourism Chit Chat
9:30 AM - WE FM Radio

SUNDAY 1

Church Service
St. Mary's the Virgin Anglican Church, Bequia
9:00AM

Meet & Greet
Spring Hotel, Bequia
12:00PM

MONDAY 2,9,16 23,30

EVERY MONDAY
Tourism in Motion
(School Visit)
"The role you play in tourism"

WEDNESDAY 4

Tourism Seminar
Harmonizing Customer Care & Conflict Management - Excellence in Every Interaction
Holiday Inn Express & Suites
8:30AM – 11:00AM

SATURDAY 7,21

Tourism Feud:
What do you know about SVG?
Social Media Edition
(Facebook & Instagram)

SUNDAY 8

Media Blitz:
Pass the Ball Challenge
Social Media Edition
(Facebook & Instagram)

TUESDAY 10,17

Service Excellence and Tourism Education Training (Short Plays)
Supermarkets and Vegetable Markets in Kingstown

WEDNESDAY 18

Health Fair
Bequia Tourism Office
10:00AM - 1:00PM

FRIDAY 13,27

Tourism Feud:
What do you know about SVG?
Social Media Edition
(Facebook & Instagram)

THURSDAY 19

Tourism Colloquium
Kingstown Methodist Church Hall
10:00AM

Know Your Country Tour - **Bequia**
(SVGHTA Members)

FRIDAY 20

Know Your Country Tour
Experiential Tour
(Ministry Officials and Media Houses)

SUNDAY 22

Inaugural Cruise Call Welcome Ceremony
Orient Express
Canouan

TUESDAY 24

Tourism Lecture
Holiday Inn Express & Suites
8:30AM – 11:00AM

Inaugural Cruise Call Welcome Ceremony
Celebrity Constellation
Kingstown

SATURDAY 28

Jazz on the Lawn
Cruise Terminal Lawn
6:30PM

MONDAY 30

Inaugural Cruise Call Welcome Ceremony
Vasco De Gama
Bequia

@go.svg784 @go.svg
/TourismSVG


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BARROUALLIE TECHNICAL INSTITUTE
Presents
Building Skills... Building Futures...
SKILL FEST
Theme:
Discover it, try it, own it
DATE:
27th, November, 2026
TIME:
9:00AM
VENUE:
Barrouallie Square
(Peter Blugh Corner)
Join us for a day of Skill, Learning and Innovation!
The Barrouallie Technical Institute will be having the event.


MH HOTEL
DAY PASS
Experience
MYAH'S SUITES
Single Guest
EC$265
Two Adults
EC$370
YOUR DAY INCLUDES:
One meal & dessert at Islander Restaurant
Complimentary rum punch, mimosa or non-alcoholic beverage
Pool access throughout your stay
Private room access 10 AM – 5 PM
BOOK YOUR DAY PASS
1-784-451-3600
reservation@myahshotel.com

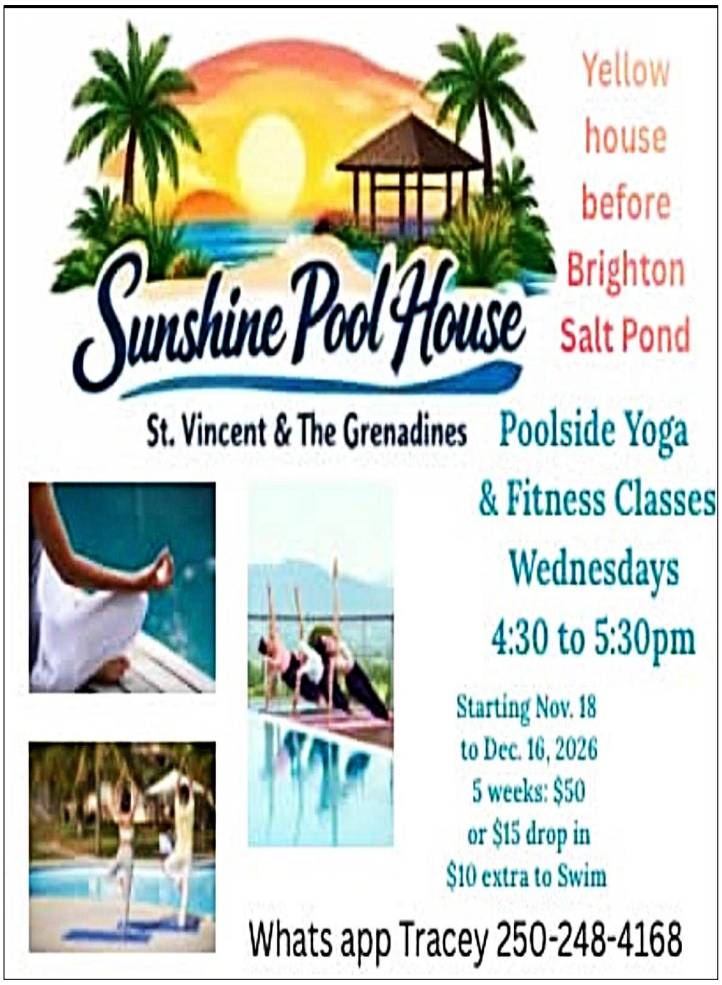

The French Verandah
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St. Vincent & The Grenadines
Serenity Dive
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Explore Our Reefs
Create Lasting Memories
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Hidden Gems Await
We Offer:
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EXPLORE THE VIBRANT REEFS
Trips to Falls of Balleine or Bequia
SCENIC ISLAND TOURS & BEACHES
Tobago Cays
PRISTINE WATERS • INCREDIBLE MARINE LIFE
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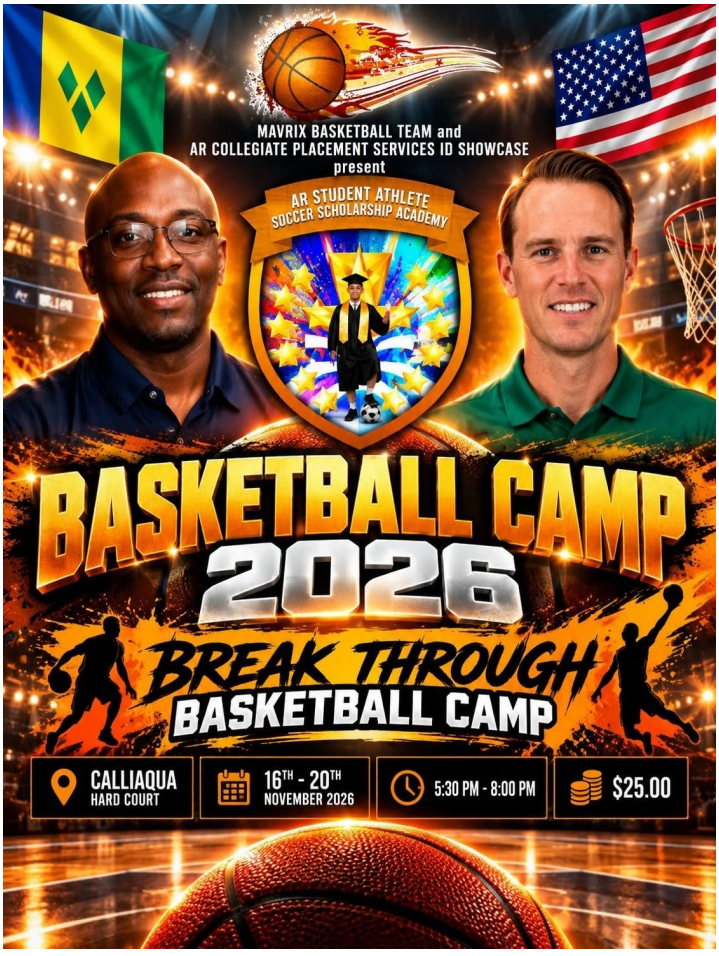

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Quiet surroundings
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ST. VINCENT & THE GRENADINES


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YOUR DAY AT
BLUE LAGOON
RELAX. DINE. EXPLORE.
DAY PASS
$US130 FOR TWO
ROOM ACCESS
Your private space for the day
EC $100 IN
MEAL VOUCHERS
2xec $50 vouchers
POOL ACCESS
Unwind by the water
KAYAK ACCESS
Explore the marina
10: 00 AM - 6:00 PM
BOOK YOUR DAY ESCAPE


Gracie's
BEACHSIDE LTD
Your Escape.
Your Moments.
BEACHFRONT STAY | DELICIOUS FOOD | GREAT VIBES
be our guest
Unwind & Relax
Enjoy delicious meals, a cozy stay, or a cold drink while watching your favorite sports at our bar.
We've got everything you need for the perfect getaway!
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Great Food. Cozy Rooms. Friendly Vibes. That's Gracies.
Relax. Recharge. Repeat. Only at Gracies.


Sunshine Pool House
Yellow house before Brighton Salt Pond
St. Vincent & The Grenadines
Poolside Yoga & Fitness Classes
Wednesdays
4:30 to 5:30pm
Starting Nov. 18 to Dec. 16, 2026
5 weeks: $50
or $15 drop in
$10 extra to Swim
Whats app Tracey 250-248-4168


JUNGL LOUNGE
WHERE THE JUNGLE COMES ALIVE WITH FLAVOR
Good Vibes
Great Food
R&B Music
RNB SUNDAYZ
2 4 1 DRINK SPECIALS ALL DAY
DIM SUM $20
SUSHI SPECIAL $40
VILLA FLAT near College Gap
784-527-2554 | TO RESERVE A TABLE


MAVRIX BASKETBALL TEAM and
AR COLLEGIATE PLACEMENT SERVICES ID SHOWCASE
present
AR STUDENT ATHLETE SOCCER SCHOLARSHIP ACADEMY
BASKETBALL CAMP 2026
BREAK THROUGH BASKETBALL CAMP
CALLIAQUA HARD COURT
16TH - 20TH NOVEMBER 2026
5:30 PM - 8:00 PM
$25.00


THE LOFT
RESTAURANT & BAR
WINE Down WEDNESDAY
A MIDWEEK RITUAL.
PURCHASE ANY BOTTLE OF WINE
RECEIVE ONE
COMPLIMENTARY APPETIZER
CHOOSE ONE:
CHICKEN SAMOSAS | SPRING ROLLS | CHICKEN TENDERS
EVERY WEDNESDAY
6:00 PM - 8:00 PM
Reserve your table.

CARRIBBEAN CUISINE

Bamboo's Brunch

10am-1pm

EGGS $12

Scrabbled eggs cooked over medium heat in a buttered skillet

SERVED WITH

BREAKFAST POTATOES

Crispy diced potatoes fried with sweet peppers & onions

SALTFISH & BAKES $12

Fried flatbread paired with a savory, tomato-based salted cod



SERVED WITH

PLANTAINS

Ripe plantains sliced thin and fried

DRINKS

TEA $7

HOT COCOA $10

House-made hot chocolate made from Vincentian chocolate



HOMINY PORRIDGE $10

Spiced porridge made from softened hominy corn kernels

SERVED WITH

BREAD

House made whole wheat bread

WWW.JOURNEYSESCAPE.LIFE +1-784-431-3519 BY RESERVATION ONLY *Our dishes evolve with the seasons, celebrating what is fresh and local.

PETRA'S

RESTAURANT & BAR

LOWER BAY, BEQUIA



Re-Opening

SUNDAY, NOVEMBER 15TH

7AM ~ 10PM

Come and enjoy great food, refreshing drinks and a warm, welcoming atmosphere.

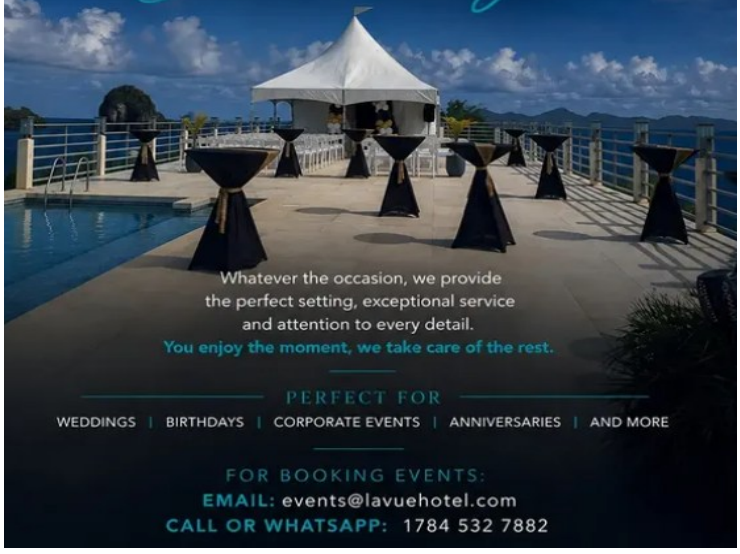
LOWER BAY, BEQUIA

See you there!

LAVUE

BOUTIQUE HOTEL & BEACH CLUB

BOOKING AN EVENT OR *Celebrating?*



Whatever the occasion, we provide the perfect setting, exceptional service and attention to every detail.
You enjoy the moment, we take care of the rest.

PERFECT FOR

WEDDINGS | BIRTHDAYS | CORPORATE EVENTS | ANNIVERSARIES | AND MORE

FOR BOOKING EVENTS:
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WE OFFER LUXURY

UPSCALE BOAT CHARTERS IN

ST. VINCENT AND THE GRENADINES

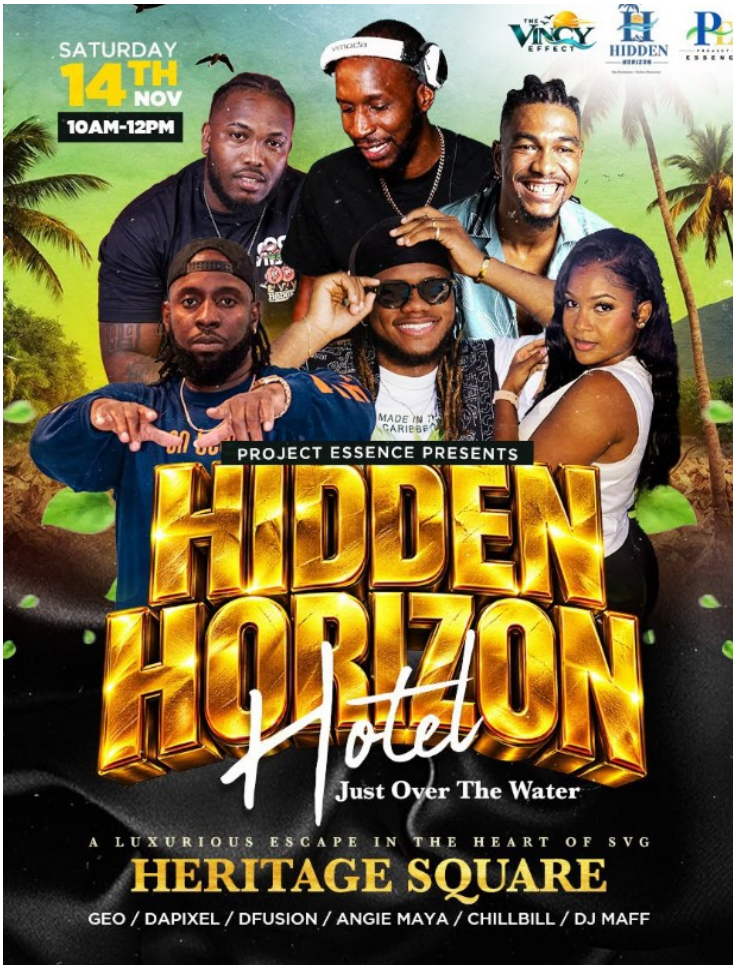
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Grenadine House
Kingstown, St. Vincent
Pasta Thursday
CHICKEN FISH
BEEF CARBONARA
EVERY THURSDAY
ORDER NOW: + 1 784 458-1800 | + 1 784 593-0996


TreeBar & Grill
Welcome
KARAOKE NIGHT
BAR
OPEN
8pm

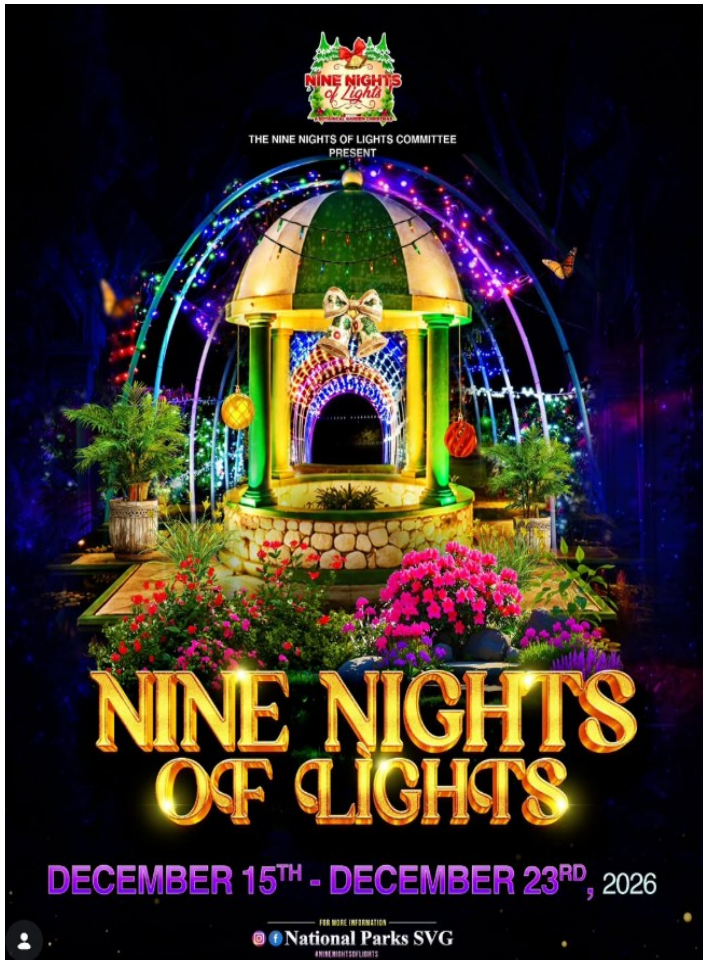

Grenadine House
Kingstown, St. Vincent
Sunday Buffet
Sunday 15th November 2026 | 11:30am
XCD$60
PER PERSON
+ 10% SERVICE CHARGE
Soup
Callalo Soup
Salads
Sweet Potato Salad
Main
Herb Rice
Green Banana Pie
Chef Style Vegetables
Meat
Asian Chicken
Fish in Caper Sauce
Dessert
Chef Delight
RESERVATIONS
+ 1 784 458-1800 | + 1 784 593-0996
stay@grenadinehouse.com


Moonshine
SUNDAY
WE'RE OPEN
5 PM - 2 AM
COME IN AND EAT
AT OUR RESTAURANT AND BAR


SATURDAY
14TH NOV
10AM-12PM
THE VINCY EFFECT
HIDDEN HORIZON
PROJECT ESSENCE PRESENTS
HIDDEN HORIZON
Hotel
Just Over The Water
A LUXURIOUS ESCAPE IN THE HEART OF SVG
HERITAGE SQUARE
GEO / DAPIXEL / DFUSION / ANGIE MAYA / CHILLBILL / DJ MAFF


LAVUE
BOUTIQUE HOTEL & BEACH CLUB
Day Pass
Turn your day into a getaway,
because some days deserve a better view.
10AM - 5PM
TIER 1
Sun PASS
XCD $150
• Pool Access
• 1 Meal Option
(Quesadilla, Burger, or Tacos)
• 2 Drink Options
Rum Punch, Sodas, or Beers
TIER 2
Grand ESCAPE
US $150
• Room Inclusive
• Pool Access
• 2 Meal Options
(Quesadilla, Burger, or Tacos)
• 2 Drink Options
Rum Punch, Sodas, or Beers
ADD ONS:
ROOM UPGRADE:
• Additional US$50
for a Balcony Room
• Additional US$100
for a Presidential Suite
CHILDREN RATES:
• Children between the
ages of 5–12 are EC$60
• Includes:
• Fish Fingers or
Chicken Fingers & Fries
• 1 Beverage
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HOTEL ALEXANDRINA
Prospect St. Vincent & The Grenadines
784-456-9788
RELAX. PLAY. CONNECT.
FAMILY MEMORIES
are made here.
Enjoy quality time, beautiful spaces,
and the moments that matter most.
SPACIOUS COMFORT
POOL FUN FOR ALL AGES
MEMORIES THAT LAST
Call Us Today
784-456-9788
YOUR DAY PASS GETAWAY
Starts Here.
RELAX. PLAY. CONNECT. TOGETHER.


NINE NIGHTS of Lights
THE NINE NIGHTS OF LIGHTS COMMITTEE
PRESENT
NINE NIGHTS
OF LIGHTS
DECEMBER 15TH - DECEMBER 23RD, 2026
FOR MORE INFORMATION
National Parks SVG


Jack's
BEACH BAR
Good Food • Great Drinks • Beach Vibes
Weekly Special
Jerk Chicken
or
Vegetarian Pizza
WITH A GLASS OF RED, ROSÉ OR BEER
Authentic Jerk Flavour
Fresh & Delicious
Only
55 EC
PER PERSON
Starting
22.9.2026
Good Food Tastes Better by the Sea


Bamboo Bar Drinks
Mojito $23.00
Classic
Mango
Hibiscus
Strawberry
Watermelon
Passion Fruit
Cucumber
Beers
Hairoun $6.00
Carib $6.00
Cocktails
Pina Colada $22.00
Rum Punch $22.00
Mai Tai $22.00
Daiquiri $22.00
The Escape $22.00
Rum & Coke $22.00
Bamboo Mule $22.00
Margarita $22.00
Soft drinks
Malta $7.00
Bitter Lemon $4.00
Fruit Cocktail $4.00
Cola $4.00
Champagne $4.00
Shandy $4.00
Lemonade & Local Drinks of the Day $7.00
Limeade
Raspberry Lemonade
Mango Lemonade
Strawberry Lemonade
Purple Lemonade
Passionfruit Lemonade
Mauby
Ginger Beer
Sorrel
www.journeysescape.life | +1-784-431-2519 | Make your Reservation
*Our drinks evolve with the seasons, celebrating what is fresh and local.

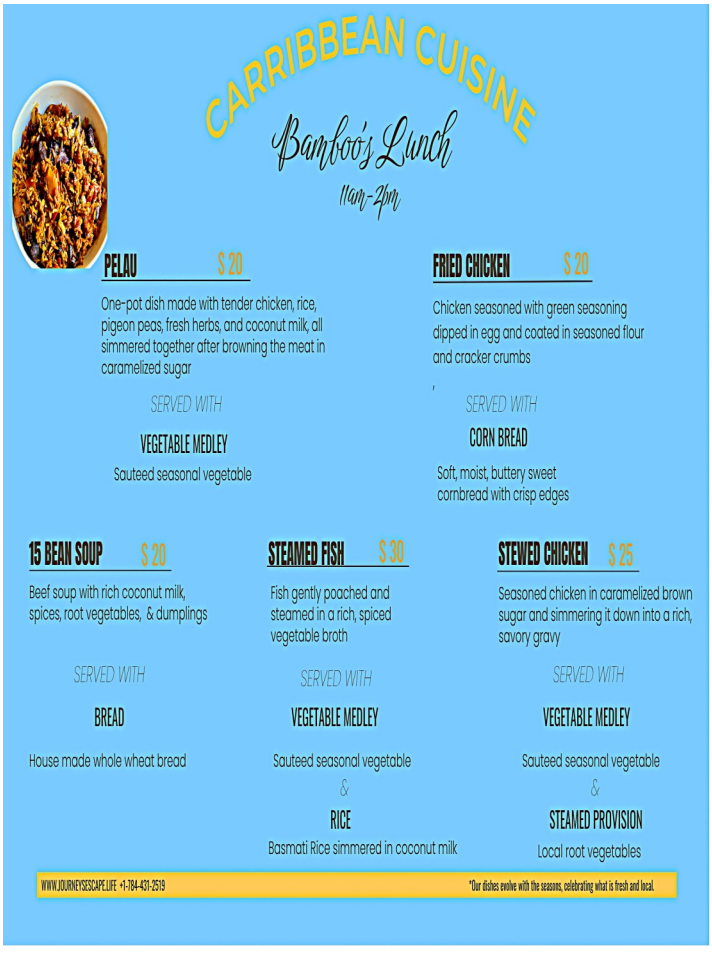

Grenadine House
Kingstown, St. Vincent
TACO Tuesday
BEEF
CHICKEN
Hairoun
KOLA
-SERVED WITH FRIES | SALAD | 1 SOFT DRINK
$44
Grenadine House
+ 1 784 458-1800 | + 1 784 593-0996
stay@grenadinehouse.com


MH HOTEL
LIME & PLAY
Weekly Game Night
FUN GAMES FOR EVERYONE
EVERY WEDNESDAY
5:30 PM – 10:00 PM
HOSTED BY
DJ PITBULL
DRAUGHTS
MONOPOLY
JENGA
& MORE
DRINK SPECIALS
FOOD SPECIALS


Sunset Shores
BEACH HOTEL & RESTAURANT
Lobster
season is here
Available from
SUNDAY SEPTEMBER 6TH.
Ask Our Staff For Details
1784 458 4411
1784 493 9722
Sunsetshores_svg
Sunset Shores Beach Hotel


BEQUIA PLANTATION HOTEL
HAPPY HOUR
Bequia Plantation Hotel
EVERYDAY 4PM-6PM
5 Heinekens for $40.00
3 Hairouns for $12.00
Rum Punch – $12.00
Rum Mix – $12.00
Red / White Wine – $12.00
All prices are listed in XCD.
10% service charge and 16% VAT to be added to final bill.


Moonshine
Moonlit
SATURDAYS
LIVE MUSIC
GREAT DRINKS
GOOD FOOD


CARRIBBEAN CUISINE
Bamboo's Lunch
11am-2pm
PELAU $ 20
One-pot dish made with tender chicken, rice, pigeon peas, fresh herbs, and coconut milk, all simmered together after browning the meat in caramelized sugar
SERVED WITH
VEGETABLE MEDLEY
Sauteed seasonal vegetable
FRIED CHICKEN $ 20
Chicken seasoned with green seasoning dipped in egg and coated in seasoned flour and cracker crumbs
SERVED WITH
CORN BREAD
Soft, moist, buttery sweet cornbread with crisp edges
15 BEAN SOUP $ 20
Beef soup with rich coconut milk, spices, root vegetables, & dumplings
SERVED WITH
BREAD
House made whole wheat bread
STEAMED FISH $ 30
Fish gently poached and steamed in a rich, spiced vegetable broth
SERVED WITH
VEGETABLE MEDLEY
Sauteed seasonal vegetable
&
RICE
Basmati Rice simmered in coconut milk
STEWED CHICKEN $ 25
Seasoned chicken in caramelized brown sugar and simmering it down into a rich, savory gravy
SERVED WITH
VEGETABLE MEDLEY
Sauteed seasonal vegetable
&
STEAMED PROVISION
Local root vegetables
WWW.JOURNEYSESCAPE.LIFE +1-784-431-3519
*Our dishes evolve with the seasons, celebrating what is fresh and local.


TACO
THURSDAYS
Coconut Grove
BEACH CLUB
Contact us at 1784-431-2837, Follow Us On Social Media @coonutgrovsvg


PALKI
RESTAURANT
Opening
HOURS!
Villa, St. Vincent
Monday CLOSED
Tuesday - Thursday 4PM - 10PM
Friday - Sunday 11AM - 10PM
palkirestaurantsvg.com


PALKI
RESTAURANT
CONTACT
US:
EMAIL
PalkiRestaurantSVG@gmail.com
VILLA, ST. VINCENT
+1 (784) 527-2554
palkirestaurantsvg.com


Signature
AFTER WORK LIME
FRIDAYS
3 FOR $12
LAGER
Carib

WEEKLY SCHEDULE

FROM BEQUIA → | FROM KINGSTOWN ←

MON- FRI

6:30 AM	8:00 AM
7:30 AM	9:30 AM
9:30 AM	1:00 PM
1:00 PM	4:15 PM
4:00 PM	5:00 PM

SATURDAYS

6:30 AM	8:00 AM
7:30 AM	9:30 AM
9:30 AM	12:30 PM
1:00 PM	4:30 PM
4:00 PM	5:00 PM

SUNDAYS

6:30 AM	8:00 AM
11:00 AM	4:30 PM
4:00 PM	5:00 PM

RATES

ADULT PASSENGERS

ONE WAY	RETURN
$25	$40

STANDARD SIZE VEHICLES

ONE WAY	RETURN
$60	$100

DRIVER INCLUDED

BEQUIA EXPRESS COMPANY

Bequia Express Co. Ltd.
Safe. Reliable. Efficient
TEL: 784 457-3539
Email: info@bequiaexpress.com

JADEN INC

JADEN SUN FAST FERRY

IMPORTANT REMINDER

ATTENTION

SERVICE RESUMPTION

We are pleased to announce that Jaden Sun will resume regular service on Sunday 15th November, 2026, departing Kingstown at 3:30PM for the Southern Grenadines with stops in Canouan and Mayreau.

We look forward to welcoming you aboard!



Scan the QR code to view our schedule

Office: (784) 451-2192 | Cell: (784) 498-7114 | jadeninc02@gmail.com

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SOUTHERN GRENADINES

SCHEDULE UPDATE

Due to scheduled maintenance, there is no Wednesday service for the **entire month of November**

MONDAY	11:30 AM FROM KINGSTOWN KINGSTOWN > CANOUAN > MAYREAU > UNION ISLAND
TUESDAY	6:00 AM FROM UNION ISLAND UNION ISLAND > MAYREAU > CANOUAN > KINGSTOWN
WEDNESDAY	NO DEPARTURE
THURSDAY	11:30 AM FROM KINGSTOWN KINGSTOWN > CANOUAN > MAYREAU > UNION ISLAND
FRIDAY	6:00 AM FROM UNION ISLAND UNION ISLAND > MAYREAU > CANOUAN > KINGSTOWN
SATURDAY	11:30 AM FROM KINGSTOWN KINGSTOWN > CANOUAN > MAYREAU > UNION ISLAND
SUNDAY	7:00 AM FROM UNION ISLAND UNION ISLAND > MAYREAU > CANOUAN > BEQUIA > K'TOWN

BEQUIA EXPRESS COMPANY

Bequia Express Co. Ltd.
Safe. Reliable. Efficient
TEL: 784 457-3539
Email: info@bequiaexpress.com

BEQUIA FAST FERRIES LTD

VINCY HEAT SAILINGS

Don't miss the action!
Get to the stadium and back home with our extra match-night departures



SAT 14 NOV — CONCACAF NATIONS LEAGUE — VINCY HEAT vs BELIZE — 8 PM KICK-OFF — ARNOS VALE STADIUM · ST VINCENT

&

TUE 17 NOV — CONCACAF NATIONS LEAGUE — VINCY HEAT vs FRENCH GUIANA — 8 PM KICK-OFF — ARNOS VALE STADIUM · ST VINCENT

SPECIAL SCHEDULE

FROM BEQUIA	FROM KINGSTOWN
6:30 AM	7:45 AM
8:45 AM	10:00 AM
12:00 PM	3:00 PM
4:15 PM	5:15 PM
6:00 PM	10:45 PM

Extra departures shown in purple

Call us at: (784) 493-3278 | Feedback, inquiries or support: office@bequiafastferries.com | Visit our website at: bequiafastferries.com


Moonshine
FRIDAZE
GOOD VIBES. GREAT PEOPLE. UNFORGETTABLE NIGHTS.
STARTS
10PM
DJ SPINNING ALL NIGHT
SIGNATURE COCKTAILS
GREAT PEOPLE GOOD ENERGY
VIBES YOU CAN'T MISS
YOUR WEEKEND STARTS HERE.
Moonshine


Grenadine House
Kingstown, St. Vincent
POOL
Closed
Dear Valued Customers,
Please be advised that the pool will be closed on 14th November to facilitate a private event.
We apologize for any inconvenience this may cause and truly appreciate your understanding.
Thank you for choosing Grenadine House!
STAY@GRENADINEHOUSE.COM
+1 784 458-1800 | +1 784 593-0996


CARRIBBEAN CUISINE
Bamboo's Dinner
APPETIZERS
GARLIC DOTS $ 10
Pieces of dough baked until golden and tossed in a rich garlic, butter, and herb mixture
PEPPER POT $ 20
Spicy callaloo puree with goat meat
PUMPKIN SOUP $ 15
Whole kernel corn and carrots in a pumpkin puree simmered in chicken broth
ROASTED CHICKEN $45
Herb roasted chickenleg and thigh marinated in a tomato base
SERVED WITH
VEGETABLE MEDLEY
Sauteed seasonal vegetable
&
RICE
Basmati Ricesimmered in coconut milk
SAUTEED FISH $ 65
Lightly sautéed local fish of the day marinated in a vegetable roux
SERVED WITH
VEGETABLE MEDLEY
Sauteed seasonal vegetable
&
CORN CASSEROLE
Savory casserolemade of cornmeal, whole kernel or creamed corn, and cheddar cheese
OVEN BAKED CHICKEN WINGS $ 40
Eight oven baked chicken wings sweetened with an in-house sauce
PASTRIES
CHEESE ROLLS $ 10
Flaky dough rolled around a savory, spiced cheddar cheese filling
RASTA MAN PIE $ 7
Fried whole wheat dough filled with savory lentils and carrots
ALOO PIE $ 7
Fried whole wheat dough filled with savory mashed potatoes that's seasoned simply with cilantro, chickpeas, potatoes, cumin, onion and garlic
A LA CARTE
FRIED CHICKEN WINGS 4 pieces for $ 10
8 pieces for $ 18
GARLIC DOTS 3 pieces for $ 8
6 pieces for $ 15
SIDES
GREEN SALAD $ 12
CORN BREAD $ 8
FRIED GREEN BANANA CHIPS $ 10
BREAD FRUIT CHIPS $ 10
WWW.JOURNEYSESCAPE.LIFE +1-784-431-3519
*Our dishes evolve with the seasons, celebrating what is fresh and local.


Moonshine
PLENTY FOR
$20
WINGS
CLASSIC BBQ
BUFFALO
JERK
SWEET CHILI
SWEET AND SOUR
DINE IN ONLY

BEQUIA FAST FERRIES LTD

Schedule

MONDAY to SATURDAY

From Bequia	From Kingstown
6:30 AM	7:45 AM
8:45 AM	10:00 AM
12:00 PM	3:00 PM
4:15 PM	5:15 PM

SUNDAYS & PUBLIC HOLIDAYS

From Bequia	From Kingstown
7:00 AM	8:15 AM
4:15 PM	5:15 PM

Fares

Passengers - Locals

Age Group	One Way	Return
Adults	$25	$50
Teenagers (13-17)	$20	$40
Children (5-12)	$15	$30

Vehicles

Standard Size	One Way	Return
Vehicle Only	$65	$120
Vehicle and Driver	$85	$155

Passengers - Standard

Age Group	One Way	Return
Adults	$30	$60
Teenagers (13-17)	$25	$50
Children (5-12)	$20	$40

Faster · Luxurious · Stable

(784) 493-3278
office@bequiafastferries.com

HOTEL ALEXANDRINA
Prospect St. Vincent & The Grenadines
784-456-9788

Couples DAY PASS
Lunch
Bottle Of Champagne (non-alcoholic)
Beautiful Room
Pool Access
$325 XCD

Singles DAY PASS
Lunch
Glass Of Champagne (non-alcoholic)
Beautiful Room
Pool Access
$250 XCD

BOOK NOW

784-456-9788 | INFO@HOTELALEXANDRINA.COM | WWW.HOTELALEXANDRINA.COM

Grenadine House
Kingstown, St. Vincent

GH WRAPS SERVED WITH SALAD
CHICKEN, FISH, VEGETABLES

BUILD YOUR SALAD
Lettuce, Tomatoes, Cucumbers, Carrots ,Cabbage, Onions, Sweet Peppers, Avacado, Chick Peas

4 Veggies + 1 CHOICE OF MEAT - FISH/CHICKEN

CHEF'S DAILY SPECIAL
Local Ground Provision Bowl
Steamed Plantains, Steamed Provision, GH Salad, Coconut Dumplings
Choice of Codfish/ Grilled Chicken / Fish

BEVERAGES
Ginger Lime Fuzz
Fruit Smoothies (Seasonal Fruits)
Plumrose/ Waxapple Watermelon Spritz (SEASONAL)



+ 1 784 458-1800 | + 1 784 593-0996
stay@grenadinehouse.com

MV GEM STAR 2

Southern Grenadines Ferry

SCHEDULE

TUESDAYS & FRIDAYS - 11:00AM
Kingstown → Canouan → Mayreau → Union Island

WEDNESDAYS & SATURDAYS - 7:00AM
Union Island → Mayreau → Canouan → Kingstown

ONE WAY FARES ↔ KINGSTOWN
CANOUAN: $60 | MAYREAU: $70 | UNION ISLAND: $80
All fares are quoted in Eastern Caribbean dollars.



SHIP:784 526 1158 | OFFICE: 784 457 4157
gemstarshipping@gmail.com
Find us on

Parks and Sites

Hiking & Adventure

- La Soufriere Cross Country Trail on the Windward Side
- Cumberland Trail
- Dark View Falls
- Vermont Nature Trail
- Indian Bay Beach Facility

Heritage & Culture

- SVG Botanical Garden
- Wallilabou Heritage and Recreation Park
- Black Point Heritage and Recreation Park
- Layou Heritage Park
- Villa Beach Facility
- Mt Wynne Public Beach

Recreation & Site Seeing

- Rawacou Recreation Park
- Belmont Lookout
- Owia Salt Pond
- Cumberland Beach Recreation Park
- Brighton Salt Pond
- Fort Duvernette

SITES CLOSED TO THE PUBLIC

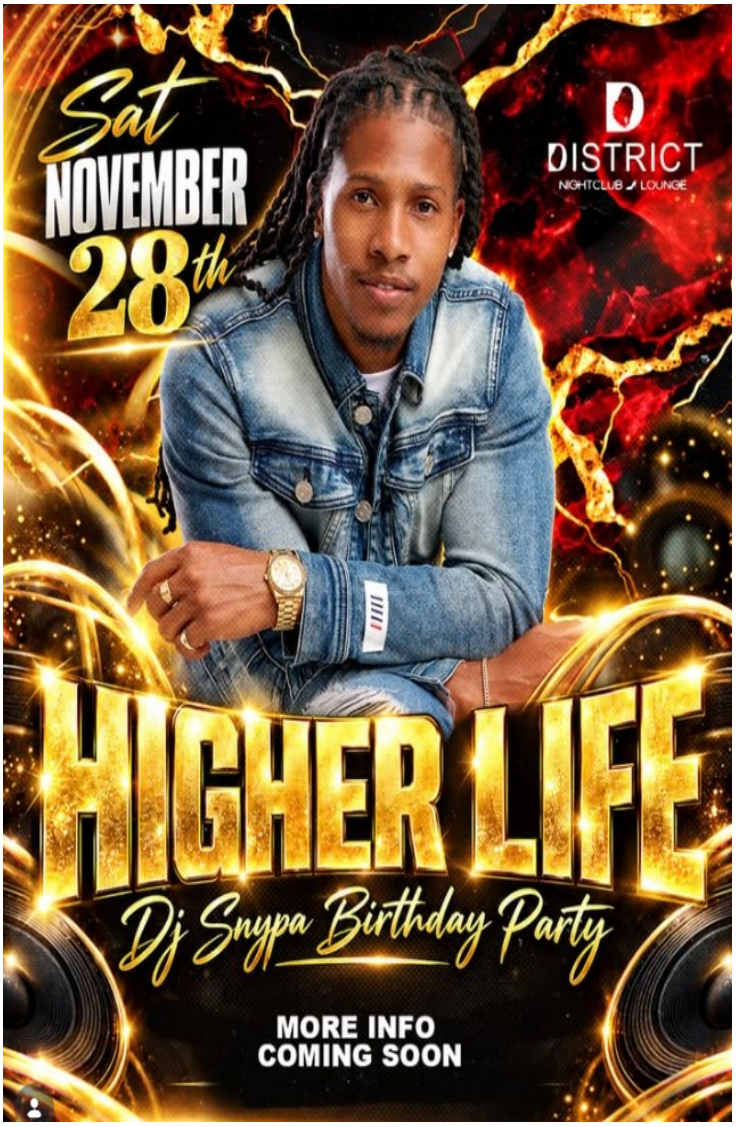
- Fort Charlotte
- Falls of Baleine
- La Soufriere from the Leeward side

BEQUIA - PLACES TO VISIT

- Maritime Museum
- Site of Hamilton
- Sea Salt Museum
- Spring Plantation









Emergency Numbers

Fire, Police and Coastguard:	**911/999**
Hospitals: Accident and Emergency Kingstown:	**456-1955**
Bequia:	**458-3294**
Canouan Clinic:	**458-8305**
Union Clinic:	**458-8245**

SVGHTA
St. Vincent & the Grenadines
Hotel & Tourism Association

P O Box 2125
Kingstown
St. Vincent & the Grenadines
T: 784 458-4379
M: 784-494-4379

SVG Hotel & Tourism Association

OFFICE AND SOUVENIR SHOP

Cruise Ship Terminal, Room #8

E: info@svghotels.com/svghotels@gmail.com
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Ins & Outs of SVG: www.insandoutsofsvg.com/