



ST. VINCENT & THE GRENADINES
HOTEL & TOURISM ASSOCIATION

What's On in St. Vincent

2026

Issue: 1148

PUBLISHED BY THE ST. VINCENT AND THE GRENADINES HOTEL & TOURISM ASSOCIATION

SEPTEMBER

Fri 18th

Grenadine House: Happy Hour 3pm until, Festive Fridays 6pm - 9pm

Tel: 458-1800

Paradise Beach Hotel: Grillin with the Captain, from 7:30 pm, Live Music

Tel: 457- 4795

Ada Restaurant, Beachcombers Hotel: Happy Hour 6pm - 8pm Live Music

Tel: 534-2593

French Verandah, Villa: Jerk & Festival and Happy Hour 5pm - 7pm

Tel: 453 -1111

Myah's Hotel: Happy Hour All Day

Tel: 451-3600

Sunset Shores Hotel: Happy Hour 4pm - 7pm

Tel: 458-4411

Coconut Grove Beach Club, Canash Beach: Happy Hour 5pm - 7pm

Tel: 431-2837

Sat 19th

District Night Club & Lounge, Calder Gap: Virgo SZN Take Over

Tel: 458-4411

Sunset Shores Hotel: Happy Hour 4pm - 6pm, BBQ 7pm

Tel: 458-1800

Grenadine House: Happy Hour 3pm

Tel: 451-3600

Myah's Hotel: Happy Hour All Day, Saturday Cravings 12 Noon

Tel: 534-2593

Ada Restaurant, Beachcombers Hotel: BBQ 6pm - 9pm with Live Music

Tel: 527-2554

Jungl Lounge, Villa Flat: Reggae Night



Sun 20th

Chill Spot Bar & Grill, Arnos Vale: Sunday Nights Karaoke, 8pm until closing

Tel: 494-7577

Holiday Inn Express & Suites, Diamond: Pancake Sundays, 7am - 10:30am

Tel: 451-2466

La Vue Boutique Hotel & Beach Club: Sunday Buffet 12 Noon - 4pm, Karaoke 6pm Until

Tel: 532-8883

Ada Restaurant, Beachcombers Hotel: Live Music

Tel: 534-2593

Grenadine House: Buffet 11:30am - 3pm, Happy Hour 3pm until

Tel: 458-1800

Myah's Hotel: Sunday Lunch 12 Noon

Tel: 451-3600

Mon 21st

Fantasea Tours: All Inclusive Day Cruise to Mustique & Bequia

Tel: 457-4477

Myah's Hotel: Menu, 12 Noon until

Tel: 451-3600

Tree House & Grill: Karaoke Night, 8pm until

Tel: 529-2651

Hotel Alexandrina: Kulture Bar & Grill, Prospect 3 pm

Tel: 456-9788

Tues 22nd

French Verandah, Villa: Happy Hour 5pm - 7pm

Tel: 453 -1111

Myah's Hotel: Taco & Tequila Tuesday

Tel: 451-3600

Fantasea Tours: All Inclusive Day Cruise to Tobago Cays, Mayreau & Canouan

Tel: 457-4477

Tree House & Grill: Burger & Beer Tuesdays

Tel: 529-2651

Grenadine House: Taco Tuesday 11am - 6pm

Tel: 458-1800

La Vue Boutique Hotel & Beach Club: Taco Tuesday, 12 Noon - 10pm

Tel: 532-8883

Wed 23rd

Tree House & Grill: Seafood Night 5pm - 11:30pm

Tel: 529-2651

Fantasea Tours: All Inclusive Day Cruise to Mustique & Bequia

Tel: 457-4477

The Loft Restaurant & Bar, Ratho Mill: Wine Down Wednesday, 6pm - 8pm

Tel: 458-4308

Jungl Lounge, Villa Flat: Karaoke Night, 7pm

Tel: 527-2554

Grenadine House: Wellness Wednesday

Tel: 458-1800

Myah's Hotel: Pizza your Way 12 Noon, Lime & Play Weekly Game Night, 5:30pm - 10pm

Tel: 451-3600

Coconut Grove Beach Club, Canash Beach: Happy Hour All Day

Tel: 431-2837

Thurs 24th

Jungl Lounge, Villa Flat: Latin Night, 8pm

Tel: 527-2554

Chill Spot Bar & Grill, Arnos Vale: Live Music from 7 pm with BAM

Tel: 494-7577

La Vue Boutique Hotel & Beach Club: Taco Thursday, 12 Noon - 10pm

Tel: 532-8883

Tree House & Grill: Taco Thursday

Tel: 529-2651

Grenadine House: Pasta Thursday

Tel: 458-1800

Coconut Grove Beach Club, Canash Beach: Taco Thursdays 2pm, Happy Hour 5pm - 7pm

Tel: 431-2837

Friday 18th September

Tree House & Grill: Happy Hours 7pm - 9pm

Tel: 529-2651

Signature Restaurant, Arnos Vale: Hot & Ready Pizza, After Work Lime Fridays

Tel: 456-6518

Club Illusion: Pembroke, Party, 10pm

Shorty Bar Presents, Karaoke Fridays, Front Street, Sandy Bay

Saturday 19th September

Tree House & Grill: Creole Saturdays, Happy Hours 12 Noon - 5pm

Tel: 529-2651

Uncle Bob Birthday Bash and Bingo, Three (3) Rivers, between South Rivers and Park Hill, 9pm

Sunday 20th September

Café Soleil, Blue Lagoon Marina: BBQ 11am - 5 pm, live music from 7 pm with BAM

Tel: 456-8550

Palki Restaurant, Villa Flat: Sunday Buffet Brunch, 11am to 3pm

Tel: 527-2554

TEAM DUTTY CHETT X NELLA'S PROMOTION PRESENT

VIRGO SZN TAKEOVER

DISTRICT NIGHTCLUB LOUNGE

SEPTEMBER 19TH

HENNESSY VERY SPECIAL CHAMPAGNE

\$20 BEFORE MIDNIGHT | VIP \$50

TANKUP BROS | DJ SNYPA | DJ SHORN | CHEMICAL X

#VIRGOSZN #GOODVIBES #GOODENERGY

Grenadine House
Kingstown, St. Vincent

FESTIVE FRIDAY MENU

September 18th
6pm-9pm

\$50

- BBQ WINGS
- PORK RIBS
- GARDEN SALAD
- CARROT RICE
- SPINACH CAKE

+1 (784) 458-1800
+1 (784) 593-0996
stay@grenadinehouse.com

Heineken



SVGHTA
ST. VINCENT & THE GRENADINES
HOTEL & TOURISM ASSOCIATION

*Taste
of
Vincy*

CULINARY & BARTENDING
COMPETITION

GOOD
FOOD
GREAT
PEOPLE
BRIGHTER
VINCY
♡

Thank You TO OUR SPONSORS

TASTE OF VINCY CULINARY & BARTENDING COMPETITION

Your support helped make this event possible. ♡



Sandals Saint Vincent
and the Grenadines



National Lotteries Authority



VC3 TV



Brewery SVG Ltd



Facey's SVG Ltd



Acado



Gonsalves Liquor



ECGC



Paradise Foods



Massy Distribution
Stoney Ground



Paradise Beach Hotel



Grenadine House



Digicel



Ariston Dennie



Abdull Marshall



Fanfare



Third Element Events

FLAVOR
TALENT
CULTURE
VINCY
ALWAYS
♡

SAME
ISLAND
BIGGER
POSSIBILITIES
♡

CELEBRATE OUR CULTURE



ELEVATE OUR CRAFT



INSPIRE THE WORLD



SVGHTA
ST. VINCENT & THE GRENADINES
HOTEL & TOURISM ASSOCIATION



Great
People
Brighter
Flavours

Local
Talent
Global
Flavour

Congratulations TO OUR WINNERS

Taste of Vincy Culinary & Bartending Competition

Same
Spice
Higher
Heights



Pastry Chef



2nd Place
Zealcher Baptiste
\$1,000



Winner
Ranique Ryan
\$2,000 + Day Pass for 2



Junior Chef



2nd Place
Divine Billingy
\$1,000



Winner
Jaheim Browne
\$2,000 + Day Pass for 2



Senior Chef



Top 5 (No Particular Order)

Dwayne Jackson | Ryan King | Zaniesha Ollivierre
Mohan Doyle | April Jacobs



2nd Place
Ryan King
\$1,000



Winner
April Jacobs
\$2,000 + Laptop + Day Pass for 2



Bartender



2nd Place
Valrie Sam
\$1,000 + Jigger & Shaker
(compliments of The Mixologist Professional Tools)



Winner
Luke Murphy
\$2,000 + Laptop + Day Pass for 2
+ Bartending Roll Bag
(compliments of The Mixologist Professional Tools)

Celebrating Excellence in Vincy Culinary & Bartending Talent

Food
Culture
People
Possibilities

French Verandah HAPPY HOUR

5PM – 7PM EVERY TUESDAY, FRIDAY
DRINK SPECIALS

Lobster

season is here

Available from
SUNDAY SEPTEMBER 6TH.
Ask Our Staff For Details

1784 458 4411 1784 493 9722 Sunsetslores.svg Sunset Shores Beach Hotel

OUR SERVICES

- Flights
- Cruises
- Hotels
- Car Rentals
- Packages
- Tours
- Groups
- Travel Insurance
- VISA Assistance

NOW OPEN

THE JOSHUA CENTRE

Arnos Vale, St. Vincent

MON - FRI 9:00am - 4:30pm SAT 9:00am - 1:00pm

(784) 457-1841

MoneyGram. Going Places Travel

POOL Passes

AVAILABLE

EXPERIENCE PARADISE
IN YOUR OWN BACKYARD

\$35 XCD PER ADULT	\$17.50 XCD PER CHILD
-----------------------	--------------------------

10 AM - 6 PM

SWIMMING POOL ACCESS	SHOWER FACILITIES	LOUNGE AREA	RELAX & UNWIND
-------------------------	----------------------	----------------	-------------------

Where every day feels like Vacation

+1 (784) 458-4308 Blue Lagoon Hotel & Marina

 **Grenadine House**
Kingstown, St. Vincent

Sunday Buffet

Sunday 20th September 2026 | 11:30am

XCD\$60

PER PERSON
+ 10% SERVICE CHARGE

Soup
Corn Soup

Main
Green Peas & Rice in Coconut Milk
Stir Fried Pasta
Garlic Herb Veg

Meat
BBQ Ribs
Grilled Fish in Passion
Fruit Seamoss Sauce

Dessert
Chef Delight

RESERVATIONS
+ 1 784 458-1800 | + 1 784 593-0996
stay@grenadinehouse.com

ONE734
PROMOTIONS

OCT 11
TWENTY26

TICKETS AVAILABLE ONLINE
REVVELTD.COM/VC

EARLY BIRD EC\$100

VIP EARLY BIRD EC\$200

BESTIE EARLY DEAL EC\$180
* TICKETS ARE FIRST COME FIRST SERVED AT THE SAME PRICE

Libra

OBSSESSION

Brunch

COCONUT GROVE
DRINKS INCLUSIVE

 **Jungl Lounge**
WHERE THE JUNGLE COMES ALIVE WITH FLAVORS

Buffet

\$100
per person

Jungl Lounge
Villa Flat

Appetizers

- Mixed sushi
- Cocktail Samosa

Main course

- Butter chicken
- Shanghai fried fish
- Garlic Naan
- Caribbean Fried Rice
- Veg Manchurian
- Green salad

Dessert

- Mixed cake titbits

All YOU CAN EAT

Every Sunday starting at 11am

Call to reserve a table
784-527-2554

Address: Villa Flat near College Gap

A FEAST FOR EVERYONE

MENTALIS MOVEMENT presents

SATURDAY October 3rd
8PM-2AM

DOLPHIN GYMNASIUM
811 JOHNSON SQUARE

CAMPARI RED PASSION QUICK HEAD

Nostalgia

seekers OF THE OLD SCHOOL PARTY

JUGGLING BY
ZJ POWERZ & DJ SHADY
DJ DOHOVAN
DOMO & PUNCHA
DJ KAL & KRONICK
DJ HOSEA

EARLY BIRDS \$60
ADVANCE \$70
REGULAR \$80

more at the door

TICKET OUTLETS
TERRANCE AUTO CARE
MENTALIS - 4976112
PROPERTY MENTALIS ENTERTAINMENT
#BACKINTIMESHOW

Coconut Grove
BEACH CLUB

HAPPY HOUR



2 REGULAR MARGARITAS FOR \$25

BUY 2 HEINEKEN GET 1 FREE

AVAILABLE DURING HAPPY HOUR PLEASE DRINK RESPONSIBLY. 18+

Holiday Inn Express & Suites
BY IHG®

PANCAKE SUNDAYS

Enjoy a full buffet breakfast with our signature pancake feature.



BUFFET BREAKFAST INCLUDES	TOP IT YOUR WAY
Hot Breakfast Favourites	Chef's Flavour of the Day
Local Fruit Selection	Seasonal Topping Feature
Bread & Pastries	Chef's Choice Topping
Coffee, Tea & Juice	Sweet Drizzle Selection

ONLY \$23 USD per person

Served Sundays 7:00 AM - 10:30 AM
RSVP By 6:00 PM on Saturdays
Hotel: 784-451-2466
WhatsApp: 784-532-9969
Email us to RSVP info@hiexsvg.com

Selections vary weekly.

Made fresh in-house every Sunday morning.



WE'RE HIRING!

DIVE Antilles

JOIN THE **DIVE ANTILLES TEAM!**

DIVEMASTER DIVE INSTRUCTOR & DIVEMASTER INTERNSHIP OPPORTUNITY

Dive Antilles is looking for enthusiastic, hardworking and reliable Divemasters or Dive Instructors to join our friendly team!

WE ARE LOCATED AT
PARADISE BEACH HOTEL,
VILLA BEACH, ST. VINCENT

WORKING HOURS
Typically
8:00 AM - 4:00 PM

Some days may finish earlier, while others may require staying a little later depending on guest activities and operational needs.

WHAT YOU'LL BE DOING (BUT NOT LIMITED TO):

- Guiding certified divers on boat dives
- Assisting with snorkel tours
- Loading and unloading boats with dive equipment
- Filling scuba tanks
- Cleaning, maintaining and caring for dive equipment
- Assisting with dive courses and student divers
- Providing excellent customer service to guests

FOR INSTRUCTORS:

Instructors will be responsible for teaching PADI and SSI courses, depending on their qualifications and agency status.

REQUIREMENTS

- Must be reliable, punctual and able to arrive at the dive shop on time
- Friendly and confident with tourists and guests
- Able to speak clearly and communicate professionally
- Outgoing personality - not shy!
- Physically fit and healthy - must be able to lift and carry dive equipment
- Hardworking and a team player
- Boat handling / boating experience is a plus

\$ SALARY

Salary will be based on experience, qualifications and certifications.



INTERNSHIP OPPORTUNITY FOR EXPERIENCED DIVERS!
We are also willing to accept applications from EXPERIENCED DIVERS who are not Divemasters yet.
We offer internship opportunities for the right candidates to train and work with us towards becoming a Divemaster.
If you're passionate about diving and want to grow your career with us, we'd love to hear from you!



APPLY TODAY!

Send your CV and a brief introduction to Dive Antilles via email:
info@diveantilles.com



LOCALS ARE ENCOURAGED TO APPLY!



Be part of our small professional team and share your passion for the underwater world!



RELIABLE, PASSIONATE, TEAM PLAYER.
Love the Ocean? Love working with people? Join Dive Antilles!



JUNGLE LOUNGE
WHERE THE JUNGLE COMES ALIVE WITH FLAVOR

7PM UNTIL

KARAOKE Night

BEST WINS A FREE 12 INCH CHICKEN PIZZA

EVERY WEDNESDAY

CONTACT 17845272554

LOCATED VILLA FLAT NEAR COLLEGE GAP



ST. VINCENT



The Local Taste

— Saturday Breakfast Experience —

USD\$ 27

Enjoy a delicious local breakfast experience
every Saturday at Holiday Inn Express & Suites St. Vincent.



📍 Diamond Estate, Diamond
📞 Hotel: 784-451-2466
📱 WhatsApp: 784-532-9969

✉ Email: info@hiexsvg.com
📷 Instagram: [@holidayinn_stvincent](https://www.instagram.com/holidayinn_stvincent)



Moonshine

WE'RE GOING ON

VACATION

WE CLOSE
AUGUST 30TH

WE REOPEN
OCTOBER 2ND



WE ARE

hiring!

- * Cook
- * Kitchen Assistant
- * Servers

Join an awesome team

Email your
Resume

pointloungebequia@gmail.com
Call/Whatsapp 494-6578



THE LOFT
RESTAURANT & BAR



Dine With Us

Open Daily From 7am-11pm

Contact us at 1784-458-4308

Follow us on social media

The Loft Restaurant & Bar

Urgently Needed We're Hiring

NIGHT COOK

- Male or Female
- Min 4 year work experience in a commercial kitchen
- Proficient in cooking local dishes
- Must be able to work unsupervised

APPLY NOW

treehouse784@gmail.com

Whatsapp: 784 533 0017

DISTRICT NIGHTCLUB & LOUNGE

SUNSET RUM

MORE INFO - 1784 488 5500
@THEHIVEMUSICGROUP

DAH WUH SHE GET

FEATURING

LEADPIPE

STRAIGHT OUT OF BARBADOS

SEPT 25 FRIDAY

GUINNESS

VILLAGE RAM EVERY DAY NOT FOR LAMBS

CAMPARI RESPECT THE BITTER

LAVUE BOUTIQUE HOTEL & BEACH CLUB

Reopening SUNSET RESTAURANT

SUNDAY BUFFET

SUNDAY, 20TH SEPTEMBER 2026

12PM - 4PM

SPECIAL OFFER

\$75 PP

INCLUDES A COMPLIMENTARY GLASS OF MIMOSA OR RUM PUNCH

GREAT FOOD, BREATHTAKING VIBES.

RESERVE NOW

Call 1 (784) 528-8883

or WhatsApp +1 (784) 534-7754

LavueHotelBeachClub

La Vue Hotel

BAGGA FISH FEST

HAIROUN BY WINCHY'S PRIZE WINNING LAGER BEER - HOLD YOUR OWN -

DOMINO TOURNAMENT

LOCATION

BAGGA SQUARE

TIME

7PM

DATE

SEPTEMBER 26TH 2026

MANGOZ
Restaurant & Bar

**WE ARE
NOW OPEN
ON MONDAYS!**

**CLOSED
ON TUESDAY**

*Plan your week and
come vibe with us!*

GOOD FOOD | GOOD DRINKS | GOOD VIBES

THANK YOU FOR YOUR CONTINUED SUPPORT!

**TACO
TUESDAY**
& tequila

EVERY TUESDAY

INCLUDES:

\$10 TEQUILA SHOTS
2 FOR 1 MARGARITAS
3 TACOS FOR \$50 - CHICKEN,
BEEF OR SEAFOOD

MH HOTEL 784-451-3600
Myah's Hotel

BEQUIA PLANTATION HOTEL
Bequia - West Indies

**SUNSET CRUISE
EXPERIENCES**

Sail into the golden hour and experience Bequia's Coastline like never before
Perfect for couples, celebrations, or simply relaxing on the sea.

Choose from

Bequia Sunset Cruise	Premium Bequia Sunset Cruise
• 2 Selections of hors d'oeuvres • Plantation Punch • Soft drinks • Selection of Beers	• 4 Selections of hors d'oeuvres • Plantation Punch • Soft drinks • Selection of Beers • Unlimited Prosecco
USD \$220 per couple + USD \$90 per extra person	USD \$300 per couple + USD \$100 per extra person

Departs: 4:30 PM - Duration: 2 hrs

Reserve today

(784) 534 - 8677 | Bequia Plantation Hotel

Grenadine House
Kingstown, St. Vincent

**Pasta
Thursday**

CHICKEN FISH | **BEEF CARBONARA**

EVERY THURSDAY

ORDER NOW: +1 784 458-1800 | +1 784 593-0996

WhatsApp | Instagram | Facebook



We wish to inform all our valued guests, customers, suppliers and friends that we will be closed for the period 5th September through 4th October 2026. We will reopen on 5th October 2026 and look forward to being of service to you then. Thank you for your continued support and patronage of Young Island Resort.



BEQUIA PLANTATION HOTEL

SUMMER SALE

Stay Dates: July 12 – September 6, 2026

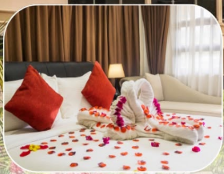
20% OFF STAYS



BOOKING CODE BPH000

(784)534-8677

info@bequiaplantationhotel.com



ISLANDERS ESCAPE Special

August 11 to September 5

- Breakfast
- Dinner for 2 at Islander Bar & Grill
- 1 drink per person
- Gym access
- Rooftop & Islander Pool Access

EC\$550 | One night, two guests

BOOK NOW

Check In: 3PM
Check Out: 1PM

*Terms and conditions apply - special rate is subject to availability of rooms



THE LOFT
RESTAURANT & BAR

WINE Down WEDNESDAY

A MIDWEEK RITUAL.

PURCHASE ANY BOTTLE OF WINE
RECEIVE ONE
COMPLIMENTARY APPETIZER

CHOOSE ONE:

CHICKEN SAMOSAS | SPRING ROLLS | CHICKEN TENDERS

EVERY WEDNESDAY
6:00 PM - 8:00 PM

Reserve your table.





HOTEL ALEXANDRINA
Prospect St Vincent & The Grenadines
784-456-9788

<i>Couples</i> DAY PASS Lunch Bottle Of Champagne (non-alcoholic) Beautiful Room Pool Access \$325 XCD	<i>Singles</i> DAY PASS Lunch Glass Of Champagne (non-alcoholic) Beautiful Room Pool Access \$250 XCD
--	---

BOOK NOW

784-456-9788 | INFO@HOTELALEXANDRINA.COM | WWW.HOTELALEXANDRINA.COM



LAVUE
BOUTIQUE HOTEL & BEACH CLUB

STAYCATION
**STAY, SIP AND SOAK
IN LUXURY**
RIGHT HERE AT HOME

**FROM
EC \$490.00**

Welcome drinks,
Complimentary
use of Pool & Gym




LAVUE
BOUTIQUE HOTEL & BEACH CLUB

POOL Day Pass
10AM- 5PM

Dive into relaxation with our Pool Day Pass.
Perfect for locals & guests alike!

Choose (1) one of our Day Pass Package

XCD \$150
per person

- *Pool Access
- *2 glasses of Rum or Fruit punch
- *1 Meal

USD \$150
per person

- *Inclusive of A Room
- *Pool Access
- *2 glasses of Rum or Fruit punch
- *1 Meal

Call to inquire about children rates & Availability

La Vue Terms & conditions applied

Call Us to book
(784) 528-8883

Lavuehotelbeachclub @
Lavuehotel f



Grenadine House
Kingstown, St. Vincent

TACO Tuesday

**BEEF
CHICKEN**

\$44

-SERVED WITH FRIES | SALAD | 1 SOFT DRINK

Grenadine House
+ 1 784 458-1800 | + 1 784 593-0996
stay@grenadinehouse.com

SORRY FRIENDS

Basil at Villa

We Are CLOSED

Bar & Restaurant will be closed
MONDAY, AUGUST 31 - SUNDAY, SEPTEMBER 27

The Hotel will be closed on
MONDAY, SEPTEMBER 14

Reopens on
MONDAY, SEPTEMBER 28

See you soon!

BASILATVILLA.COM

JUNGLE LOUNGE

DIM SUM

Small bites. Big flavour.

AVAILABLE DAILY

CHICKEN - SHRIMP - CREAM CHEESE

SPECIAL PRICE

\$20



VILLA FLAT NEAR COLLEGE GAP 784-527-2554

Signature

AFTER WORK LIME FRIDAYS



3 FOR \$12

FreeBar & Grill

Welcome

KARAOKE NIGHT

BAR

OPEN

8pm

CHILL SPOT BAR & GRILL

YOUR FAVORITE SPOT TO CHILL!

THURSDAY NIGHTS

STARTING AT **7PM**

BAM

IS BACK HOME AT CHILL SPOT!

- GREAT MUSIC
- GOOD VIBES
- GOOD TIMES

COME EARLY • STAY LATE • PARTY THE CHILL SPOT WAY!

ARNOS VALE

JUNGLE LOUNGE

EVERY SATURDAY

REGGAE Night

COME AND ENJOY
GOOD REGGAE
AND EVEN BETTER
FOOD AND VIBES

1(784)527-2554
Villa flat near college gap

LOBSTER SEASON is here

FRESH FROM THE SEA . SERVED YOUR WAY
FROM SEA → TO TABLE

LOBSTER IS BACK.

AVAILABLE AT BOTH LOCATIONS

FRESHLY PREPARED | TWO LOCATIONS | IN SEASON NOW

RESERVE YOUR TABLE

SASSY SUNDAY

SUNDAY OCT 04 2026

1PM TO 7PM

BRUNCH INCLUSIVE

POUR IT UP

EARLY BIRDS SOLD OUT

TICKET OUTLET

- BONADIE #1
- PULSE
- ISLAND POP SWIM WEAR JOSHUA CENTER
- LAVILLES BOUTIQUE

PHYSICAL TIER 1 SOLD OUT

TIER 2 \$160

MORE INFO COMING SOON



Serenity Dive

Dive • Explore • Experience



Explore Our Reefs *Create Lasting Memories* *Snorkel & Discover* *Hidden Gems Await*

We Offer:

- Scuba Diving tours/courses**
BEGINNER • INTERMEDIATE • ADVANCED
- Snorkelling Trips**
EXPLORE THE VIBRANT REEFS
- Trips to Falls of Balleine or Bequia**
SCENIC ISLAND TOURS & BEACHES
- Tobago Cays**
PRISTINE WATERS • INCREDIBLE MARINE LIFE

BOOK WITH US NOW!

CONTACT US
784-457-5335/528-8030

VISIT OUR WEBSITE
www.serenitydive.net



WINDBLOW VILLA

In St. Vincent for Business or a Well-Deserved Getaway?

Stay above the ordinary at WindBlow Villa.

A private, comfortable alternative to the typical hotel stay.



- Wi-Fi
- Full kitchen
- Private parking
- Quiet surroundings
- Approx. 15 min to airport, beaches & Kingstown

Book direct: WindBlowInc.com/villas

Work. Relax. Explore.
ST. VINCENT & THE GRENADINES

TICKETS \$10 EACH

BINGO

12	25	38	56	68
6	21	33		
8	27	41		
12	28	53		

TRIPLE R
784-451-2999
HAWKS PRODUCTS • SKIN PRODUCTS • GROCERY
TAKE-OUT FOOD & WHOLESALE

BINGO Night

Saturday **OCTOBER 3RD, 2026** **9PM**

TRIPLE-R SQUARE
GEORGETOWN

JACKPOT - \$1,000

HAIROUN
ST. VINCENT'S PREMIER VIEWING & GAMING

FOOD-SHOP 593-1299



Shorty Bar
PRESENTS

HAIROUN
ST. VINCENT'S PRIZE WINNING LAGER BEER
— HOLD YOUR OWN —

KARAOKE Fridays

LOCATION
FRONT STREET
Sandy Bay

SPECIAL ON BEERS all Night

KITCHEN STEAMING WITH FRY CHICKEN

COME SING ALONG WITH YOUR Favorite Stars

Good People Great Music Cold Beer



OPEN

The Best Night — in town

Friday Nights from 7:30pm

Friday Night BBQ@ Paradise Beach Hotel

Live music, great people — even better food.

Villa Beach, St. Vincent +1(784)457-4795 paradisestvg.com



HAPPY HOURS

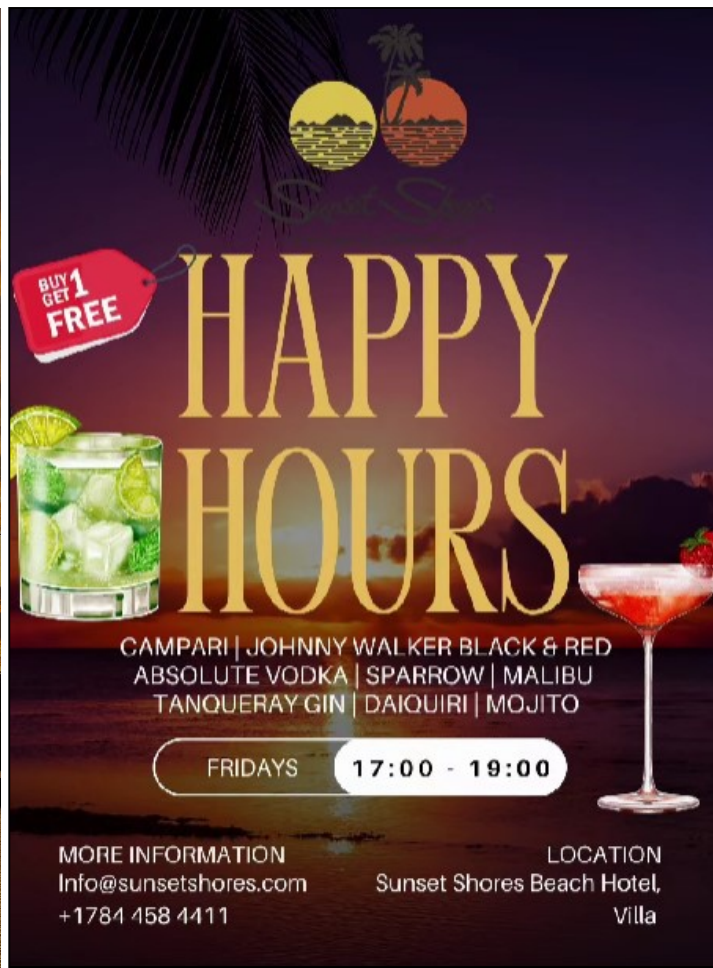
BUY 1 GET 1 FREE

CAMPARI | JOHNNY WALKER BLACK & RED
ABSOLUTE VODKA | SPARROW | MALIBU
TANQUERAY GIN | DAIQUIRI | MOJITO

FRIDAYS 17:00 - 19:00

MORE INFORMATION
Info@sunsetshores.com
+1784 458 4411

LOCATION
Sunset Shores Beach Hotel,
Villa



LIME & PLAY

Weekly Game Night

FUN GAMES FOR EVERYONE

EVERY WEDNESDAY
5:30 PM - 10:00 PM
HOSTED BY DJ PITBULL

DRAUGHTS MONOPOLY
JENGA & MORE

DRINK SPECIALS
FOOD SPECIALS

MH HOTEL



PALKI

FINE DINING RESTAURANT

Sunday Buffet Brunch

AT VILLA FLAT

Starting 11 AM to 3 PM
EVERY SUNDAY

Call to Reserve Your Table
784-527-2554



Moonshine

WE'RE HIRING!

JOIN OUR TEAM



SERVERS

Great people.
Great service.



BARTENDERS

Mix drinks.
Make moments.



KITCHEN STAFF

Good food.
Stronger team.

WE ARE LOOKING FOR:

- ✓ Positive attitude
- ✓ Excellent customer service skills
- ✓ Ability to work evenings, weekends, and holidays
- ✓ Team-oriented and dependable
- ✓ Previous experience is an asset but not required

INTERESTED APPLICANTS SHOULD SEND THEIR APPLICATION OR RESUME TO:



moonshine1784@gmail.com

ONLY SHORTLISTED APPLICANTS WILL BE CONTACTED.

Grenadine House
Kingstown, St. Vincent

DAY PASS

PRICING OPTIONS

SINGLE OCCUPANCY (PER PERSON)

Day Pass Only: **US \$85.00**
Day Pass + Room: **US \$120.00**

DOUBLE OCCUPANCY (FOR TWO PERSONS)

Day Pass Only: **US \$150.00**
Day Pass + Room: **US \$205.00**

DAY PASS PACKAGE INCLUDES:

- ✓ 1 WELCOME RUMPUK / LOCAL DRINK
- ✓ 1 TWO COURSE MEAL
- ✓ 1 GLASS HOUSE RED/WHITE WINE
- ✓ ACCESS TO POOL
- ✓ ACCESS TO GYM

BOOK NOW

+1 784 458-1800 | +1 784 593-0996
stay@grenadinehouse.com



BLUE LAGOON
HOTEL & MARINA

POOL PASS

BLUE LAGOON

ADULTS: \$35 EC
UNDER 12: \$17.50 EC
10AM-5PM

1-784-458-4308

Terms & conditions apply

MAESTRO ENTERTAINMENT PRESENTS

Maestro ENTERTAINMENT

DRIFT

THE ALL WHITE NIGHT CRUISE

DRIFT

MUSIC BY: **DJ RISH**

MUSIC VIBES
PEOPLE
OCEAN
NO LIMITS

CARIBBEAN NIGHT CRUISE

SAT **OCT 31ST 2026**

BOARDING: CHATEAUBELAIR WHARF
6:00 PM

DRIFTING OFF: 7:00 PM SHARP

ROUTE: THE LEEWARD COAST Experience

SUN | SEA | SOCA | GOOD PEOPLE | ALL WHITE

More Than A Cruise... It's A Vibe!

GOOD MUSIC • BETTER COMPANY • OCEAN BREEZE • NO LIMITS



SVG Air connects you to the beauty of the
Grenadines – safely, comfortably,
and in minutes.
Island-hop with ease. Explore more.

Fly local. Fly SVG Air.

Check flight availability
Visit Our Website – <https://www.flysvgair.com>
Call: +1 (784) 457 5124
Whatsapp: +1 (784) 532 9179

Your Escape.
Your Moments.

BEACHFRONT STAY | DELICIOUS FOOD | GREAT VIBES

be our guest
Unwind & Relax

Enjoy delicious meals, a cozy stay,
or a cold drink while watching
your favorite sports at our bar.

*We've got everything you need
for the perfect getaway!*

For reservation
and inquiries

+1784-458-3530
+1784-4345339
keeganbequia@yahoo.com
www.graciebeachside.com

Relax.
Recharge.
Repeat.
*Only at
Gracie's.*

Great Food. Cozy Rooms. Friendly Vibes. That's Gracie's.

Congratulations!
You Did It!

BOOK YOUR DAY PASS WITH BEQUIA PLANTATION HOTEL
PACKAGES AVAILABLE FROM: JUNE 12TH TO JULY 31ST 2026

ISING STAR PACKAGE USD \$390.00	NEXT CHAPTER PACKAGE USD \$430.00
REQUIREMENTS: - MINIMUM OF SIX (6) CHILDREN AND TWO (2) ADULTS. - Time - 9:00AM- 4:00pm. - Age limit : Children under 14 years. PACKAGE INCLUSIONS: - Unlimited mango smoothies. - Three (3) 14-inch pizzas. - Chicken spring rolls.	REQUIREMENTS: - MINIMUM OF SIX (6) CHILDREN AND TWO (2) ADULTS. - Time - 9:00AM- 4:00pm. - Age limit : Children 14 years and older. PACKAGE INCLUSIONS: - Unlimited mango smoothies. - Three (3) 14-inch pizzas. - Chicken spring rolls. - Four (4) portions of Sweet Chilli wings.

(784)534-8677 | info@bequiaplantationhotel.com | www.Bequiaplantationhotel.com

MYAHS HOTEL
DAY PASS Experience

Rates:
Single Guest: EC \$265.00
Two Adults: EC \$370.00

Day Pass Includes

- 20-minute Neck & Shoulder Massage at the Spa (Adults only)
- One Meal & One Non-Alcoholic Beverage at Islander Restaurant
- Access to the Pool throughout stay
- Private Photo Session (15 minutes) with 5 Digital Photos
- Private Room Access from 10:00 AM to 5:00 PM

FOR MORE INFORMATION
Call: 1(784) 451-3600
reservation@myahshotel.com

BLUE LAGOON
HOTEL & MARINA

PRESENTS

SUNSET & VIBES

ON THE DOCKSIDE

FRIDAY, 25 SEPTEMBER 2026

5PM - 8PM

		
LIVE ENTERTAINMENT	HAPPY HOUR SPECIALS	FOOD AVAILABLE

Good Music. Great Food. Cocktails. Sunset Views.

CHILL SPOT
BAR & GRILL

Sunday Nights Karaoke

COME AND ENJOY

Time:
8:00 PM until closing

THE MORE YOU
DRINK
THE BETTER YOU
SOUND!

SPECIALS
ON FOOD AND DRINKS!

BDD

BIG PEOPLE PARTY

JUNGLE LOUNGE

STRICTLY VIBES
ALL NIGHT!

SAT 03 OCT

ADMISSION - \$30 BEFORE 12, LADIES FREE BEFORE 11
MUSIC BY OUTTA ROAD JUGGLERS AND 2KOOLKRIS

STEPHEN-JAY'S 
DIGITAL GAMING WORLD

PLAY • CONNECT • COMPETE • ANYWHERE

GAME PLAY
CONNECT
REPEAT

Events
Parties
Schools
Corporate
& More!

 RENTAL TRANSPORTATION & SETUP	 PLAYSTATION 5 LATEST GAMES	 NINTENDO SWITCH FUN FOR EVERYONE	 VR HEADSETS IMMERSIVE EXPERIENCE	 RACING COCKPITS REAL FEEL RACING	 LARGE DISPLAYS UP TO 85 INCH
---	--	---	--	---	---

SOME OF OUR GAMES

    & MANY MORE!

BOOK NOW!

CALL OR TEXT
784 532 6829

 @stephenjaysgaming
 Stephen-Jay's Digital Gaming World

PLAY ANYWHERE • ANYTIME • TOGETHER



JADEN SUN FAST FERRY

Regular Schedule 2026

Day	Route	Estimated Time of Departure
SUNDAY	Kingstown → Canouan	3:30 pm
	Canouan → Mayreau	4:45 pm
	Mayreau → Union Island	5:15 pm
MONDAY	Union Island → Mayreau	6:30 am
	Mayreau → Canouan	6:45 am
	Canouan → Kingstown	7:15 am
	-----	-----
	Kingstown → Canouan	3:30 pm
	Canouan → Mayreau	4:45 pm
WEDNESDAY	Mayreau → Union Island	5:15 pm
	Union Island → Mayreau	6:30 am
	Mayreau → Canouan	6:45 am
	Canouan → Kingstown	7:15 am
	NO AFTERNOON SCHEDULE	NO AFTERNOON SCHEDULE
	NO AFTERNOON SCHEDULE	NO AFTERNOON SCHEDULE
FRIDAY	Kingstown → Canouan	9:00 am
	Canouan → Mayreau	10:15 am
	Mayreau → Union Island	10:45 am
	-----	-----
	Union Island → Mayreau	3:30 pm
	Mayreau → Canouan	3:45 pm
	Canouan → Kingstown	4:15 pm

There is NO operation on Tuesdays, Thursdays or Saturdays.

Sailing Times:

Kingstown/Canouan: 75 minutes
Canouan/Mayreau: 20 minutes
Mayreau/Union Is: 10 minutes

- BOARDING is 15 minutes prior to departure.
- If a holiday falls on Monday, the Sunday afternoon ferry is cancelled. Instead, the ferry will depart Kingstown at 3:30pm on Monday.
- Ferry Schedule is subject to change due to weather and other operational reasons.

CONTACT INFORMATION

Office: (784) 451-2192 | jaden.sun
 Cell: (784) 498-7114 | Jaden Sun Fast Ferry
 jadeninc02@gmail.com | www.https://jadensunferry.com/



JADEN SUN FAST FERRY

IMPORTANT ANNOUNCEMENT!

ATTENTION

SCHEDULE UPDATE

Due to circumstances beyond our control, please be advised that Jaden Sun will be off schedule from Saturday 19th September To Saturday 14th November, 2026.

Our Service will resume on Sunday 15th November, 2026 Departing Kingstown at 3:30PM for the Southern Grenadines with stops in Canouan and Mayreau.

We regret any inconvenience caused.



Scan the QR code to view our schedule



Office: (784) 451-2192

Cell: (784) 498-7114

jadeninc02@gmail.com

SCHEDULE UPDATE SOUTHERN GRENADINES

MONDAY

DEPARTS KINGSTOWN 11:30 AM

KINGSTOWN > CANOUAN > MAYREAU > UNION ISLAND

TUESDAY

DEPARTS UNION ISLAND 6:00 AM

UNION ISLAND > MAYREAU > CANOUAN > KINGSTOWN

WEDNESDAY [SAME DAY RETURN]

DEPARTS KINGSTOWN 10:30 AM

KINGSTOWN > CANOUAN > MAYREAU > UNION ISLAND
> CANOUAN > KINGSTOWN

THURSDAY

DEPARTS KINGSTOWN 11:30 AM

KINGSTOWN > CANOUAN > MAYREAU > UNION ISLAND

FRIDAY

DEPARTS UNION ISLAND 6:00 AM

UNION ISLAND > MAYREAU > CANOUAN > KINGSTOWN

SATURDAY

DEPARTS KINGSTOWN 11:30 AM

KINGSTOWN > CANOUAN > MAYREAU > UNION ISLAND

SUNDAY

DEPARTS UNION ISLAND 7:00 AM

UNION IS. > MAYREAU > CANOUAN > BEQUIA > K TOWN



Bequia Express Co. Ltd.
Safe. Reliable. Efficient
TEL: 784 457-3539
Email: info@bequiaexpress.com



WEEKLY SCHEDULE

FROM BEQUIA FROM KINGSTOWN

MON- FRI

6:30 AM	8:00 AM
7:30 AM	9:30 AM
9:30 AM	1:00 PM
1:00 PM	4:00 PM
4:00 PM	5:00 PM

SATURDAYS

6:30 AM	8:00 AM
7:30 AM	9:30 AM
9:30 AM	12:30 PM
1:00 PM	4:30 PM
4:00 PM	5:00 PM

SUNDAYS

6:30 AM	8:00 AM
11:00 AM	4:30 PM
4:00 PM	5:00 PM

RATES

ADULT PASSENGERS

ONE WAY RETURN

\$25 \$40

STANDARD SIZE VEHICLES

ONE WAY RETURN

\$60 \$100

DRIVER INCLUDED



Bequia Express Co. Ltd.
Safe. Reliable. Efficient
TEL: 784 457-3539
Email: info@bequiaexpress.com





BEQUIA FAST FERRIES LTD

Schedule

MONDAY to SATURDAY			SUNDAYS & PUBLIC HOLIDAYS		
From Bequia		From Kingstown	From Bequia		From Kingstown
6:30 AM	8:45 AM	7:45 AM	7:00 AM	8:15 AM	10:00 AM
12:00 PM	4:15 PM	3:00 PM	4:15 PM	5:15 PM	

Fares

Passengers - Locals				Vehicles			
Age Group	One Way	Return	Standard Size	One Way	Return		
Adults	\$25	\$50	Vehicle Only	\$65	\$120		
Teenagers (13-17)	\$20	\$40	Vehicle and Driver	\$85	\$155		
Children (5-12)	\$15	\$30					

Passengers - Standard			
Age Group	One Way	Return	
Adults	\$30	\$60	
Teenagers (13-17)	\$25	\$50	
Children (5-12)	\$20	\$40	

Faster **Luxurious** **Stable**

📞 (784) 493-3278
✉ office@bequiafastferries.com



Every Tuesday and Thursday

BEST SUSHI IN TOWN

Only \$40

SPECIAL :

TIGER STRIPE TEMPURA ROLL (SHRIMP)
Shrimp tempura

POISON DART CRAB STICK ROLL
Crab meat and cream cheese

BAMBOO CRUNCH BBQ CHICKEN ROLL
BBQ Chicken - Fried Sushi

RAINBOW DELIGHT VEG. ROLL PLATTER
Cucumber, Carrot and Radish

📞 784-527-2554 Villa Flat Near College Gap



LATIN Night

AT JUNGLE LOUNGE

Where the Jungle comes alive with flavor.

THURSDAY • 24 SEPTEMBER
8:00 PM — LATE
LATIN NIGHT PARTY WITH
EUPHORIA LATIN DANCE ACADEMY

📍 VILLA FLAT, NEAR COLLEGE GAP | 📞 784-527-2554



MV GEM STAR 2

Southern Grenadines Ferry

SCHEDULE

TUESDAYS & FRIDAYS - 11:00AM
Kingstown → Canouan → Mayreau → Union Island

WEDNESDAYS & SATURDAYS - 7:00AM
Union Island → Mayreau → Canouan → Kingstown



SHIP: 784 526 1158 | OFFICE: 784 457 4157
gemstarshipping@gmail.com Find us on  

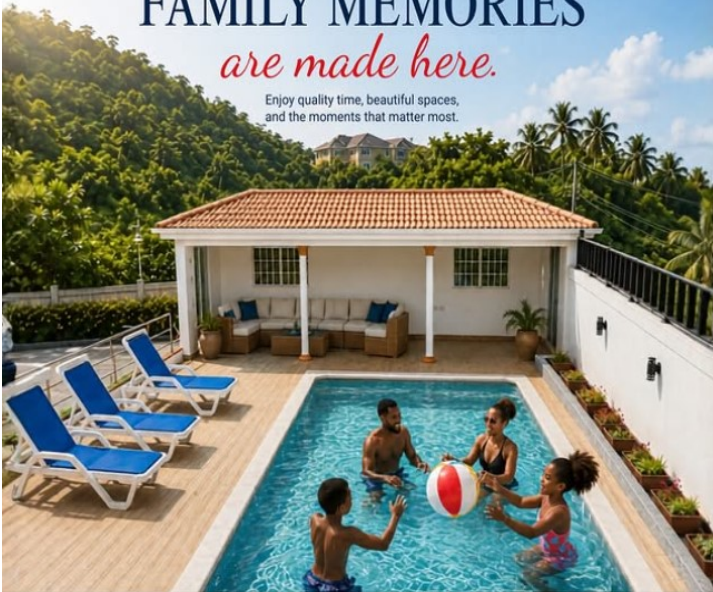


RELAX. PLAY. CONNECT.

FAMILY MEMORIES

are made here.

Enjoy quality time, beautiful spaces, and the moments that matter most.



 SPACIOUS COMFORT
  POOL FUN FOR ALL AGES
  MEMORIES THAT LAST

 Call Us Today
784-456-9788

YOUR DAY PASS GETAWAY

Starts Here.

RELAX. PLAY. CONNECT. TOGETHER.



FRIDAY NIGHT CEVICHE





driftwood

eat drink. drift.




FARMHERS Market

CASH ONLY

 SEPTEMBER 26
  SVG CALLIAQUA PLAYING FIELD
  10AM - 4PM



Grenadine House

Kingstown, St. Vincent



POOL Packages





PACKAGE 1

XCD \$40.00

PER PERSON

- Pool Access
- Free Wi-Fi
- Free Parking
- Meals and drinks can be purchased at the hotel.

PACKAGE 2

XCD \$60.00

PER PERSON

- Pool Access
- 1 Light Meal
- 1 Hairout Soft Drink
- Free Wi-Fi
- Free Parking

8AM TO 5PM

stay@grenadinehouse.com

+1 784 458 1800 | +1 784 593 0996



Keep It True
ENTERTAINMENT
Presents

**SAT
26TH
SEP**

CAMPARI
GUINNESS
Hennessy
SUNSET
CLUB

DOVA
J-LION
MR. RIDGE
CERTIFIED NELLA
TUFFA
KTB
GRABBA FINESSE
TANK UP BROS

**MONEY SHAUN
B'DAY
BASH**

RIDGE - DOVA - MONEY SHAUN - J LION - KTB - GODLAR - TUFFA
TANK UP BROS - GRABBA FINESSE - CERTIFIED NELLA

\$35 BEFORE MIDNIGHT | \$40 AFTER | \$60 VIP

DISTRICT
NIGHTCLUB / L'UNGE

MORE INFO - 1746 438 5500 -
DISTRICTCLUB@GMAIL.COM

SVG Yacht Services
EXCELLENCE. RELIABILITY. LOCAL EXPERTISE

**JOIN
OUR TEAM**

BE PART OF THE EXPERIENCE.
SUPPORT WORLD-CLASS YACHTS
IN ST. VINCENT & THE GRENADINES.



SVG Yacht Services is a leading yacht agency and concierge service provider in St. Vincent & the Grenadines, providing seamless support to visiting yachts, their crews, and guests.

As we continue to grow, we are looking for enthusiastic, reliable, and service-oriented individuals to join our team. While previous experience in the yachting or the hospitality industry is an advantage, we are also interested in individuals who have a genuine interest in the industry, a willingness to learn, and the drive to develop their skills.

If you are proactive, dependable, eager to learn, and committed to delivering a high standard of service, we would like to hear from you.



OPERATIONS AGENT

Based in the Southern Grenadines

The Operations Agent is responsible for providing efficient, hands-on support to visiting yachts and ensuring all operational requirements are handled accurately, promptly, and professionally.

REQUIREMENTS

- ✓ Previous experience in yacht agency, yacht operations, hospitality, concierge, marine services, or a related field is required.
- ✓ Strong knowledge of the Southern Grenadines and local service providers is highly desirable.
- ✓ Excellent communication, organizational, and time-management skills.
- ✓ Ability to work independently and under pressure.
- ✓ Flexibility to work outside regular hours, including weekends and holidays.
- ✓ A valid driver's license is an advantage.



DRIVER / PROVISIONING

Based in St. Vincent

The Driver / Provisioner provides professional transportation and provisioning support to yachts, ensuring orders, deliveries, and client requests are handled efficiently and to the highest standard.

REQUIREMENTS

- ✓ Previous professional driving, provisioning, logistics, hospitality, yacht-service, or related experience is required.
- ✓ Valid driver's license with a clean driving record.
- ✓ Good knowledge of St. Vincent, local roads, suppliers, and supermarkets.
- ✓ Excellent attention to detail and time-management skills.
- ✓ Ability to handle goods carefully and responsibly.
- ✓ Flexibility to work weekends, holidays, and non-standard hours when required.

HOW TO APPLY

Submit your CV/resume and a brief cover letter outlining your relevant experience.

Email your application to:

office@svgyachtservices.com
www.svgyachtservices.com

Please indicate the position you are applying for in the subject line:

- Operations Agent - Southern Grenadines
- Driver / Provisioner - St. Vincent

BEQUIA PLANTATION HOTEL
St. Vincent, West Indies

GATHER YOUR CREW!

Your perfect day in paradise begins with the Bequia Plantation Hotel Experience.
Enjoy a complimentary lunch !
Book 4 day passes and get yours Free!
WHERE THOSE IN THE KNOW GO

\$65.00USD Per Person.

- Welcome Drink
- 2 Course Lunch(1 starter & 1 main)
- Watersports Activities
- Pool and Beach Access
- Beach Towel
- Complimentary WIFI

Add-On

- Breakfast USD \$20.00 per person. (Excluding A La Carte Items)
- Day Use Room- USD \$85.00 from 9:00AM-4:00PM(Double Occupancy)
- 45 minutes Swedish Massage - USD \$60.00

Book Now

Reservations 1(784)534-8677 | info@bequiaplantationhotel.com

Disclaimer: All day pass guests must leave their ID Card (NIS, Driver's license, etc) at the front desk upon check in. ID'S will be securely held and returned at the end of the day pass.

FreeBar & Grill

BURGER & BEER
TUESDAY'S

BUY A BURGER & FRIES AND GET A FREE BEER

ORDER NOW!!!

LAVUE

BOUTIQUE HOTEL & BEACH CLUB

BOOKING AN EVENT OR *Celebrating?*

Whatever the occasion, we provide
the perfect setting, exceptional service
and attention to every detail.

You enjoy the moment, we take care of the rest.

PERFECT FOR

WEDDINGS | BIRTHDAYS | CORPORATE EVENTS | ANNIVERSARIES | AND MORE

FOR BOOKING EVENTS:

EMAIL: events@lavuehotel.com

CALL OR WHATSAPP: 1784 532 7882

LAVUE

BOUTIQUE HOTEL & BEACH CLUB

TACO TUESDAY

12PM - 11PM

SUNSET RESTAURANT

\$30

- Crispy Fried Shrimp Tacos topped w pico di gallo & pickled sweet onion
- Grilled Chicken Tacos topped w pico di gallo & pickled sweet onion
- Sweet Chilli Fish Tacos topped w pico di gallo & pickled sweet onion
- Hawaiian Steak Tacos topped w pico di gallo & pickled sweet onion
- Short Rib topped w pico di gallo & pickled sweet onion



TACO THURSDAYS

Coconut Grove
BEACH CLUB



Contact us at 1784-431-2837, Follow Us On Social Media @coconutgrovevg



ALPHA STUDIOS X JUNGL LOUNGE X IKTV 112 X BOOM 1069
PRESENTS

LOL COMEDY CONCERT

LAUGH TIL YUH
TURN OVER
THEN GET UP AND
LAUGH AGAIN!



OCTOBER 24TH 2026

RUSSELS AUDITORIUM

7PM UNTIL

\$60 EARLY BIRD || \$80 GENERAL

TICKETS: JUNGL LOUNGE OR WHATSAPP 1784-432-4924 / 1784-497-3749

TREE BAR

Creole Saturdays
each and every Saturday

Blackfish and Provision



Saltfish Buljol



Pigfoot Souse



Conch Souse



Smoke Herring and Doughboy



Sip & Paint

Sip. Paint. Relax. Create.
Unwind your way! ♥



DATE:
OCTOBER 11, 2026



VENUE:
HOLIDAY INN



TIME:
5:00PM

COUPLE DEAL

\$325

SINGLE

\$200

LIMITED SPOTS.

BOOK NOW!

CONTACT FOR MORE INFORMATION

1784 497-4945

FINGER FOOD & WINE

All Inclusive!



Jack's
BEACH BAR
BEQUIA • SVG

**Monday
Special**

**Chicken Coconut
FETTUCCINE PASTA**

and

A BEVERAGE

Glass of Red, Rose or Beer

Good Food
Great Drinks
Island Vibes
♥



EC\$55
per person



**On Monday
WHOLE DAY PROMOTION**

INCLUDED VAT &
11% SERVICE CHARGE

Grenadine House
Kingstown, St. Vincent

**GRENADINE
House**

RELAX • RECHARGE • RECONNECT

GUEST AMENITIES & OPENING HOURS



RECEPTION
7:00 AM – 10:00 PM
OPEN EVERYDAY



RESTAURANT & BAR
7:00 AM – 9:30 PM
OPEN EVERYDAY



GYM
7:00 AM – 8:00 PM
OPEN EVERYDAY



SWIMMING POOL
8:00 AM – 5:00 PM
OPEN EVERYDAY



THE SPA
9:00 AM – 5:00 PM
TUESDAY TO SATURDAY
*CLOSED ON SUNDAYS,
MONDAYS, AND PUBLIC HOLIDAYS

+1 (784) 458-1800

+1 (784) 593-0996

stay@grenadinehouse.com



Thank you for choosing Grenadine House.
Enjoy your stay.



ACCOMMODATIONS



PREMIUM
AMENITIES



WARM
HOSPITALITY



BEAUTIFUL
SURROUNDINGS

LAVUE

BOUTIQUE HOTEL & BEACH CLUB



Summer STAYS AT the VUE

RELAX. RECHARGE. RECONNECT.

Escape the everyday and indulge in a summer staycation designed for comfort, connection and unforgettable moments. Beautiful views. Exceptional service. Pure relaxation.

ALL FOR
US\$300
PER COUPLE

INCLUDES:

- One Night Accommodation
- Dinner for Two
- Continental Breakfast for Two

★ ROOM UPGRADES ARE AVAILABLE.

You deserve a break.
BOOK YOUR STAY TODAY.



CALL TO BOOK
1 784 528 8883



WHATSAPP
1 784 534 7754



LavueHotelBeachClub
La Vue Hotel



Grenadine House

Kingstown, St. Vincent

GH WRAPS SERVED WITH SALAD

CHICKEN, FISH, VEGETABLES

BUILD YOUR SALAD

Lettuce, Tomatoes, Cucumbers,
Carrots, Cabbage, Onions, Sweet
Peppers, Avocado, Chick Peas

4 Veggies + 1 CHOICE OF MEAT -
FISH/CHICKEN

CHEF'S DAILY SPECIAL

Local Ground Provision Bowl

Steamed Plantains, Steamed Provision,
GH Salad, Coconut Dumplings

Choice of Codfish/ Grilled Chicken / Fish

BEVERAGES

Ginger Lime Fuzz
Fruit Smoothies (Seasonal Fruits)
Plumrose/ Waxapple Watermelon Spritz
(SEASONAL)

+ 1 784 458-1800 | + 1 784 593-0996
stay@grenadinehouse.com



Wellness Wednesday
EVERY WEDNESDAY

Grenadine House
Kingstown, St. Vincent

FANTASEA TOURS
St. Vincent W.I.



LAND & SEA TOURS
PRIVATE CHARTERS
SNORKEL & SUNSET CRUISES
ISLAND TRANSFERS (LAND & SEA)
WHALE & DOLPHIN WATCHING
VISIT THE GRENADINE ISLANDS
VILLA & VEHICLE RENTALS

+1 (784) 457-4477
FANTASEATOURS.COM
INFO@FANTASEATOURS.COM
@FANTASEATOURS.SVG



JERK 'N' FESTIVAL FRIDAYS

Bring the Jerk 'N' Festival home

Schedule your order early. Pre-order now.



Download the app now!



Parks and Sites

Hiking & Adventure

- La Soufriere Cross Country Trail on the Windward Side
- Cumberland Trail
- Dark View Falls
- Vermont Nature Trail
- Indian Bay Beach Facility

Heritage & Culture

- SVG Botanical Garden
- Wallilabou Heritage and Recreation Park
- Black Point Heritage and Recreation Park
- Layou Heritage Park
- Villa Beach Facility
- Mt Wynne Public Beach

Recreation & Site Seeing

- Rawacou Recreation Park
- Belmont Lookout
- Owia Salt Pond
- Cumberland Beach Recreation Park
- Brighton Salt Pond
- Fort Duvernette

SITES CLOSED TO THE PUBLIC

- Fort Charlotte
- Falls of Baleine
- La Soufriere from the Leeward side

BEQUIA - PLACES TO VISIT

- Maritime Museum
- Site of Hamilton
- Sea Salt Museum
- Spring Plantation



Grenadine House
Kingstown, St. Vincent

YOU DESERVE to feel amazing

Escape the stress. Restore your body. Refresh your mind.

COME TO GRENADINE HOUSE SPA and experience the difference.

OUR MASSAGE EXPERIENCES

DEEP TISSUE MASSAGE

Relieves chronic muscle tension and targets deep layers of muscle for lasting relief.

SWEDISH MASSAGE

Promotes relaxation, improves circulation and leaves you feeling refreshed and renewed.

AROMATHERAPY MASSAGE

Soothes the mind and body with therapeutic essential oils to enhance your well-being.

G H SIGNATURE MASSAGE

Our exclusive blend of techniques designed for total relaxation and complete rejuvenation.

GIVE YOURSELF THE GIFT OF Relaxation. You deserve it.

BOOK YOUR APPOINTMENT TODAY Step into tranquility. Leave renewed.

GRENADINE HOUSE SPA
Kingstown Park
Kingstown, St. Vincent
& the Grenadines

456 2600 / 493 0996
 Spa@grenadinehouse.com
 www.grenadinehousespa.com

Relax. Recharge. Rejuvenate.

YOUR WELL-BEING IS OUR PRIORITY



FRIENDS WEEKEND

GETAWAY AT BEQUIA PLANTATION HOTEL

July 12th, 2026 - September 6th 2026

Available every weekend!

Stay in our Double En-Suite or Double Master Bungalows. Receive a complimentary bottle of wine OR platter on arrival.

Max 4 persons | Min 2 nights stay

BEQUIA PLANTATION HOTEL
Bequia - West Indies

Book Now

+1(784)534-8677
 info@bequiaplantationhotel.com
BOOKING CODE BPH123



Emergency Numbers

Fire, Police and Coastguard:	911/999
Hospitals: Accident and Emergency Kingstown:	456-1955
Bequia:	458-3294
Canouan Clinic:	458-8305
Union Clinic:	458-8245



SVGHTA

ST. VINCENT & THE GRENADINES
HOTEL & TOURISM ASSOCIATION

P O Box 2125

Kingstown

St. Vincent & the Grenadines

T: 784 458-4379

M: 784-494-4379

SVG Hotel & Tourism Association

OFFICE AND SOUVENIR SHOP

Cruise Ship Terminal, Room #8

E: info@svghotels.com / svghotels@gmail.com

W: www.svghotels.com

Ins & Outs of SVG: www.insandoutsofsvg.com/