



ST. VINCENT & THE GRENADINES
HOTEL AND TOURISM ASSOCIATION

What's On in St. Vincent

2026

Issue: 1143

PUBLISHED BY THE ST. VINCENT AND THE GRENADINES HOTEL & TOURISM ASSOCIATION

AUGUST

Fri 7th

Prestige Cocktail Bar & Lounge, Fountain: Latin Party Mix, 8pm Until
Moonshine, Villa: Fridaze, 10pm until
Coconut Grove Beach Club, Canash Beach: Happy Hour 5pm - 7pm
Grenadine House: Happy Hour 3pm until, Festive Fridays 6pm - 9pm
Paradise Beach Hotel: Grillin with the Captain, from 7:30 pm, Live Music
Ada Restaurant, Beachcombers Hotel: Happy Hour 6pm - 8pm Live Music
French Verandah, Villa: Jerk & Festival and Happy Hour 5pm - 7pm
Myah's Hotel: Happy Hour All Day
Sunset Shores Hotel: Happy Hour 4pm - 7pm

Tel: 454-6868
Tel: 433-1528
Tel: 431-2837
Tel: 458-1800
Tel: 457- 4795
Tel: 534-2593
Tel: 453 -1111
Tel: 451-3600
Tel: 458-4411

Sat 8th

District Night Club & Lounge, Calder Gap: Waisted Summer, 10pm Until
Sunset Shores Hotel: Happy Hour 4pm - 6pm, BBQ 7pm
Grenadine House: Happy Hour 3pm
Myah's Hotel: Happy Hour All Day, Saturday Cravings, 12 Noon
Ada Restaurant, Beachcombers Hotel: BBQ 6pm - 9pm with Live Music
Moonshine, Villa: Moonlit Saturdays, 9pm until
Young Island Resort: BBQ, 7pm - 10pm



Tel: 458-4411
Tel: 458-1800
Tel: 451-3600
Tel: 534-2593
Tel: 433-1528
Tel: 458-4826

Sun 9th

Holiday Inn Express & Suites, Diamond: Pancake Sundays, 7am - 10:30am
La Vue Boutique Hotel & Beach Club: Sunday Buffet 12 Noon - 4pm, Karaoke 6pm Until
Moonshine, Villa: Retro Sundays
Ada Restaurant, Beachcombers Hotel: Live Music
Grenadine House: Buffet 11:30am - 3pm, Happy Hour 3pm until

Tel: 451-2466
Tel: 532-8883
Tel: 433-1528
Tel: 534-2593
Tel: 458-1800

Mon 10th

Fantasea Tours: All Inclusive Day Cruise to Mustique & Bequia
Moonshine, Villa: Plenty for \$20 Wings
Myah's Hotel: Menu, 12 Noon until
Tree House & Grill: Karaoke Night Party, 8pm until
Hotel Alexandrina: Kulture Bar & Grill, Prospect 3 pm

Tel: 457-4477
Tel: 433-1528
Tel: 451-3600
Tel: 529-2651
Tel: 456-9788

Tues 11th

French Verandah, Villa: Happy Hour 5pm - 7pm
Myah's Hotel: Taco & Tequila Tuesday
Fantasea Tours: All Inclusive Day Cruise to Tobago Cays, Mayreau & Canouan
Tree House & Grill: Burger & Beer Tuesdays
Grenadine House: Taco Tuesday 11am - 6pm
La Vue Boutique Hotel & Beach Club: Taco Tuesday, 12 Noon - 10pm

Tel: 453 -1111
Tel: 451-3600
Tel: 457-4477
Tel: 529-2651
Tel: 458-1800
Tel: 532-8883

Wed 12th

Fantasea Tours: All Inclusive Day Cruise to Mustique & Bequia
The Loft Restaurant & Bar, Ratho Mill: Wine Down Wednesday, 6pm - 8pm
Moonshine, Villa: Fever Wednesdays, 9pm
Jungl Lounge, Villa Flat: Karaoke Night, 7pm
Grenadine House: Wellness Wednesday
Myah's Hotel: Pizza your Way All Day, Lime & Play Weekly Game Night, 5:30pm - 10pm
Coconut Grove Beach Club, Canash Beach: Happy Hour 5pm - 7pm

Tel: 457-4477
Tel: 458-4308
Tel: 433-1528
Tel: 527-2554
Tel: 458-1800
Tel: 451-3600
Tel: 431-2837

Thurs13th

La Vue Boutique Hotel & Beach Club: Taco Thursday, 12 Noon - 10pm
Moonshine, Villa: Games Night & Thirsty Thursdays
Tree House & Grill: Taco Thursday
Grenadine House: Pasta Thursday
Coconut Grove Beach Club, Canash Beach: Taco Thursdays 2pm, Happy Hour 5pm - 7pm

Tel: 532-8883
Tel: 433-1528
Tel: 529-2651
Tel: 458-1800
Tel: 431-2837

Friday 7th August

Bagga Fish Fest, Bagga Square, 7pm

District Night Club & Lounge, Calder Gap: Soca District The Ultimate Friday Club Party, 10pm

Signature Restaurant, Arnos Vale: Hot & Ready Pizza, After Work Lime Fridays

Tel: 456-6518

CPL Cricket, Arnos Vale Stadium, 7 pm

Saturday 8th August

Jungl Lounge, Villa Flat: Reggae Night

Tel: 527-2554

Tree House & Grill: Creole Saturdays, Happy Hours, 12 Noon - 5pm

Tel: 529-2651

Moonshine, Villa: Moonlit Saturdays, 9pm until

Tel: 433-1528

CPL Cricket, Arnos Vale Stadium, 7 pm

Sunday 9th August

Café Soleil, Blue Lagoon Marina: BBQ 11am - 5 pm, live music from 7 pm with BAM

Tel: 456-8550

Palki Restaurant, Villa Flat: Sunday Buffet Brunch, 11am to 3pm

Tel: 527-2554

CPL Cricket, Arnos Vale Stadium, 7 pm



Taste of St Vincent and the Grenadines 2026

Calling all chefs, bartenders and mixologists! The stage is set for Taste of Saint Vincent and the Grenadines 2026, the St. Vincent and the Grenadines Hotel and Tourism Association (SVGHTA) Local Culinary & Bartending Competition!

This is your opportunity to showcase your talent, creativity, skill and passion while representing the very best of our hospitality industry.

Top performers will receive professional training and the winners will advance to represent Saint Vincent and the Grenadines at the Taste of the Caribbean Regional Competition in Barbados on November 18 & 19, 2026, all expenses paid.

Applications Open: August 15, 2026

Competition Commences: August 29, 2026

Please note that this competition is open only to employees of hotels that are members of the SVGHTA.

ENTER Taste of SAINT VINCENT AND THE GRENADINES 2026

THE SVGHTA LOCAL CULINARY & BARTENDING COMPETITION

CHEFS | BARTENDERS | MIXOLOGISTS

SVGHTA
ST. VINCENT & THE GRENADINES
HOTEL & TOURISM ASSOCIATION

Top performers will receive professional training and the opportunity to represent Saint Vincent and the Grenadines at the Taste of the Caribbean Regional Competition in Barbados on November 18 & 19, 2026.

PRIZES TO BE WON

- Overall prize package valued at EC\$8,000
- Category winners receive EC\$2,000 each
- Winner advances to Barbados, all expenses paid.

APPLICATIONS OPEN
AUGUST 15, 2026

APPLICATION DEADLINE: TO BE CONFIRMED

COMPETITION COMMENCES: AUGUST 29, 2026

VENUE: DIAMOND INSTITUTE

Launch Date: August 15, 2026

Hotel employees are encouraged to apply.

PARTY STAND

JOIN THE CELEBRATION

MATCH TICKET PRICING

DAILY PASS
US\$50
PER PERSON,

PER MATCH DAY
VALID FOR
ANY ONE MATCH
RATE APPLIES
TO ALL
3 MATCHES

GROUP RATE
US\$45
PER PERSON,

PER MATCH DAY
AVAILABLE FOR GROUPS
OF 10 OR MORE
NO MAXIMUM GROUP SIZE
SAVE US\$5
PER PERSON PER DAY

SEASON PASS
US\$125
PER PERSON

ENTRY TO
ALL 3 MATCHES
SAVE US\$25
COMPARED TO
PURCHASING
3 DAILY PASSES

FREE RUM PUNCH ON ENTRANCE

FRI 7 AUGUST JKM V ABF 7:00 PM

SAT 8 AUGUST SKNP V TKR 7:00 PM

SUN 9 AUGUST ABF V SLK 7:00 PM



CPL PARTY STAND POWERED BY BOX PRODUCTIONS.



Republic Bank
CPL

CARIBBEAN PREMIER LEAGUE

French Verandah

HAPPY HOUR

5PM – 7PM EVERY TUESDAY, FRIDAY
DRINK SPECIALS

JAZZY'S
ALL NATURAL
Naturally Made with Love

SOFT SERVE ICE CREAM

Cool Creamy Refreshing!

Now Available EVERY THURSDAY & FRIDAY!

STRAWBERRY SOFT SERVE

CHOCOLATE SOFT SERVE

CRUISE SHIP TERMINAL
SHOP NO. 7

Call or WhatsApp:
526-1329

Stop by every Thursday and Friday for your favorite soft serve treats. ♥
Bring your family and friends and enjoy the delicious taste of Jazzy's All Natural!

Made Fresh for You! ♥

NATURAL INGREDIENTS • GREAT TASTE • MADE WITH LOVE

REPUBLIC EVENTS DISTRICT NIGHT CLUB LOUNGE

AUG 8
10PM UNTIL

WAISTED

SUMMER
THE ULTIMATE CLUB EXPERIENCE

TEQUILA SHOTS ON ENTRY!

DISTRICT NIGHT CLUB LOUNGE

\$25 BEFORE 12AM
\$30 AFTER
\$50 VIP

dj blaze

DJ BADGE

TANKUP BOYS

PRIVATE

BLUE LAGOON HOTEL & MARINA

POOL Passes

AVAILABLE

EXPERIENCE PARADISE IN YOUR OWN BACKYARD

\$35 XCD
PER ADULT

\$17.50 XCD
PER CHILD

10AM – 6PM

SWIMMING
POOL ACCESS

SHOWER
FACILITIES

LOUNGE
AREA

RELAX &
UNWIND

Where every day feels like Vacation ♥

+1 (784) 458-4308 | Blue Lagoon Hotel & Marina




THE LOFT
 RESTAURANT & BAR

WINE

Down

WEDNESDAY

A MIDWEEK RITUAL.

PURCHASE ANY BOTTLE OF WINE
RECEIVE ONE
COMPLIMENTARY APPETIZER

CHOOSE ONE:

CHICKEN SAMOSAS	SPRING ROLLS	CHICKEN TENDERS
--------------------	-----------------	--------------------

EVERY WEDNESDAY
6:00 PM - 8:00 PM

Reserve your table.

Moonshine

THIRSTY

Thursdays





THURSDAY IS THE NEW FRIDAY!

LIVE DJ | CAMPARI SPECIALS & SLR COCKTAILS
FREE GAMES ALL NIGHT! VIBES ALL NIGHT LONG!
FAIR PLAY RULES APPLY | 1 GAME PER TURN | WINNER STAYS




HAPPY HOURS

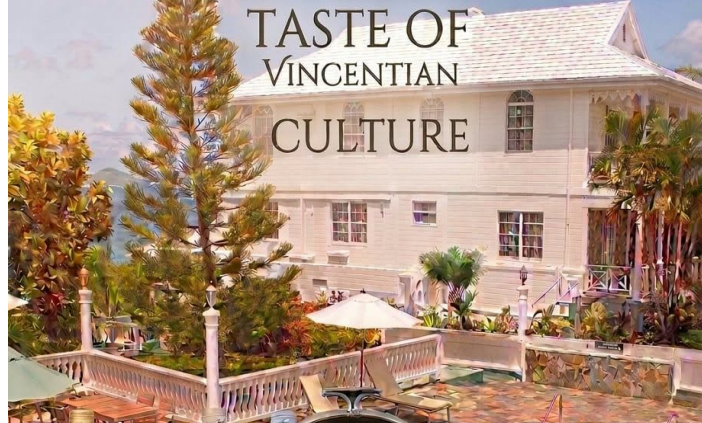
CAMPARI | JOHNNY WALKER BLACK & RED
ABSOLUTE VODKA | SPARROW | MALIBU
TANQUERAY GIN | DAIQUIRI | MOJITO

FRIDAYS **17:00 - 19:00**

MORE INFORMATION LOCATION
Info@sunsetshores.com Sunset Shores Beach Hotel,
 +1784 458 4411 Villa


Grenadine House
 Kingstown, St. Vincent

TASTE OF VINCENTIAN CULTURE





+ 1 784 458-1800 | + 1 784 593-0996
stay@grenadinehouse.com

FESTIVE

FRIDAY

MENU

\$50

LEMON BUTTER GRILLED
CHICKEN WINGS

GRILLED FISH SLICED
TUNA WITH PICKLE
ONION

JERK PIGTAIL

STIRRED FRIED VEGIE
PASTA

GARDEN SALAD

PUMKIN FRITTERS

+1 (784) 458-1800

+1 (784) 593-0996

stay@grenadinehouse.com



Heineken

August 7th
6pm-9pm

YOUNG ISLAND
RESORT

Republic Bank
CPL
CARIBBEAN
PREMIER LEAGUE

YOUNG ISLAND RESORT CPL CRICKET Special Offer!

VALID:
August 2 – August 12

LOCATION:
Young Island,
St. Vincent and
the Grenadines

RATES

SINGLE OCCUPANCY
US\$ 183
/ night

DOUBLE OCCUPANCY
US\$ 210
/ night

INCLUDES BREAKFAST, SERVICE CHARGE AND TAXES

INCLUSIONS & PERKS

COMPLIMENTARY
WELCOME DRINK

COMPLIMENTARY
FRUIT PLATE

24-HOUR
FERRY TRANSFER

CONTACT & BOOKING INFORMATION

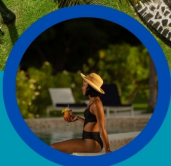
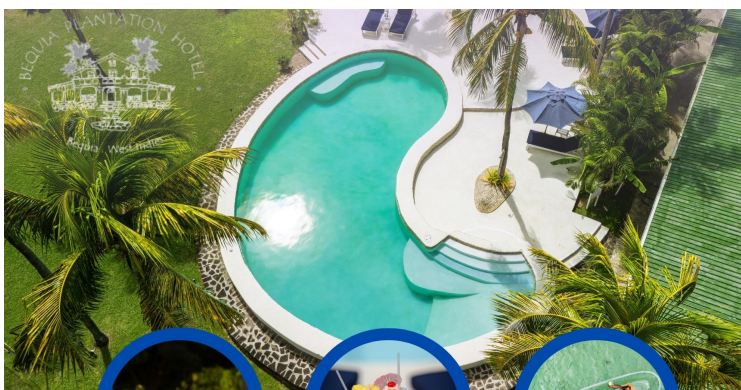
WEBSITE:
www.youngisland.com

EMAIL:
reservations@youngisland.com

WHATSAPP:
784 528 8922

PHONE:
+1 (784) 458-4826

Relax. Unwind. Enjoy the Cricket. Only at Young Island Resort!



GATHER YOUR CREW!

Your perfect day in paradise begins with the Bequia Plantation Hotel Experience.

Enjoy a complimentary lunch !

Book 4 day passes and get yours Free!

WHERE THOSE IN THE KNOW GO

\$65.00USD Per Person.

- Welcome Drink
- 2 Course Lunch(1 starter & 1 main)
- Watersports Activities
- Pool and Beach Access
- Beach Towel
- Complimentary WIFI

Add-On

- Breakfast USD \$20.00 per person. (Excluding A La Carte Items)
- Day Use Room- USD \$85.00 from 9:00AM-4:00PM(Double Occupancy)
- 45 minutes Swedish Massage - USD \$60.00

Book Now

Reservations 1(784)534-8677 | info@bequiaplantationhotel.com

Disclaimer: All day pass guests must leave their ID Card (NIS, Driver's license, etc) at the front desk upon check in. ID'S will be securely held and returned at the end of the day pass.

LAVUE
BOUTIQUE HOTEL & BEACH CLUB

Sunday BUFFET

— SUNDAY 9TH AUGUST 2026 —

12:00PM - 4:00PM

\$75 PP
INCLUSIVE
OF TAXES

\$15
MIMOSAS

Menu
CHEF SPECIAL

RESERVE NOW

RESERVATIONS

CALL **784-528-8883** | WHATSAPP **784-534-7754**

lavuehotelbeachclub | La Vue Hotel

★ Moonshine

FRIDAZE

GOOD VIBES. GREAT PEOPLE. UNFORGETTABLE NIGHTS.

STARTS
10PM

DJ SPINNING ALL NIGHT | SIGNATURE COCKTAILS | GREAT PEOPLE GOOD ENERGY | VIBES YOU CAN'T MISS

★ YOUR **WEEKEND** STARTS HERE. ★

Moonshine

H Holiday Inn Express & Suites
— BY IHG® —

PANCAKE SUNDAYS

Enjoy a full buffet breakfast with our signature pancake feature.

BUFFET BREAKFAST INCLUDES

- Hot Breakfast Favourites
- Local Fruit Selection
- Bread & Pastries
- Coffee, Tea & Juice

TOP IT YOUR WAY

- Chef's Flavour of the Day
- Seasonal Topping Feature
- Chef's Choice Topping
- Sweet Drizzle Selection

ONLY \$23 USD per person

Served Sundays 7:00 AM – 10:30 AM
RSVP By 6:00 PM on Saturdays
Hotel: 784-451-2466
WhatsApp: 784-532-9969
Email us to RSVP info@hiexsvg.com

Selections vary weekly.

Made fresh in-house every Sunday morning.

WE'RE HIRING!

DIVE Antilles

JOIN THE **DIVE ANTILLES TEAM!**

DIVEMASTER DIVE INSTRUCTOR & DIVEMASTER INTERNSHIP OPPORTUNITY

Dive Antilles is looking for enthusiastic, hardworking and reliable Divemasters or Dive Instructors to join our friendly team!

WE ARE LOCATED AT
PARADISE BEACH HOTEL,
VILLA BEACH, ST. VINCENT

WORKING HOURS
Typically
8:00 AM – 4:00 PM

Some days may finish earlier, while others may require staying a little later depending on guest activities and operational needs.

WHAT YOU'LL BE DOING (BUT NOT LIMITED TO):

- Guiding certified divers on boat dives
- Assisting with snorkel tours
- Loading and unloading boats with dive equipment
- Filling scuba tanks
- Cleaning, maintaining and caring for dive equipment
- Assisting with dive courses and student divers
- Providing excellent customer service to guests

FOR INSTRUCTORS:
Instructors will be responsible for teaching PADI and SSI courses, depending on their qualifications and agency status.

INTERNSHIP OPPORTUNITY FOR EXPERIENCED DIVERS!
We are also willing to accept applications from EXPERIENCED DIVERS who are not Divemasters yet. We offer internship opportunities for the right candidates to train and work with us towards becoming a Divemaster. If you're passionate about diving and want to grow your career with us, we'd love to hear from you!

REQUIREMENTS

- Must be reliable, punctual and able to arrive at the dive shop on time
- Friendly and confident with tourists and guests
- Able to speak clearly and communicate professionally
- Outgoing personality – not shy!
- Physically fit and healthy – must be able to lift and carry dive equipment
- Hardworking and a team player
- Boat handling / boating experience is a plus

SALARY
Salary will be based on experience, qualifications and certifications.

APPLY TODAY!
Send your CV and a brief introduction to Dive Antilles via email:
info@diveantilles.com

LOCALS ARE ENCOURAGED TO APPLY!

Be part of our small professional team and share your passion for the underwater world!

RELIABLE, PASSIONATE, TEAM PLAYER.
Love the Ocean? Love working with people? Join Dive Antilles!

JUNGLE LOUNGE
WHERE THE JUNGLE COMES ALIVE WITH FLAVOR

7PM UNTIL

KARAOKE Night

BEST WINS A FREE 12 INCH CHICKEN PIZZA

EVERY WEDNESDAY

CONTACT 17845272554 | **LOCATED VILLA FLAT NEAR COLLEGE GAP**



Summer Spa Packages

Teacher's Retreat

A De-Stressing & Hydrating Treat Massage and Hydrating Facial	1hr 30m \$150
---	------------------

Vacation Essentials

Manicure & Pedicure Combo Free gel polish	1hr 10m \$120
--	------------------

Summer Features

Head to Toe (Deep Cleansing Facial & Hot Oil Signature Body Massage)	1hr \$120
--	--------------

451-3600

YOU DESERVE to feel amazing

Escape the stress. Restore your body. Refresh your mind.

COME TO GRENADINE HOUSE SPA and experience the difference.

OUR MASSAGE EXPERIENCES

DEEP TISSUE MASSAGE

Relieves chronic muscle tension and targets deep layers of muscle for lasting relief.

SWEDISH MASSAGE

Promotes relaxation, improves circulation and leaves you feeling refreshed and renewed.

AROMATHERAPY MASSAGE

Soothes the mind and body with therapeutic essential oils to enhance your well-being.

G H SIGNATURE MASSAGE

Our exclusive blend of techniques designed for total relaxation and complete rejuvenation.

GIVE YOURSELF THE GIFT OF Relaxation. You deserve it.

BOOK YOUR APPOINTMENT TODAY Step into tranquility. Leave renewed.

GRENAIDINE HOUSE SPA
Kingstown Park
Kingstown, St. Vincent
& the Grenadines

456 2600 / 493 0996
Spa@grenadinehouse.com
www.grenadinehousespa.com

Relax. Recharge. Rejuvenate.

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Dine With Us

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The Loft Restaurant & Bar

YOU'RE INVITED TO OUR

SIP & Paint

CREATE • CONNECT • CHERISH

Creating Memories WITH YOUR Loved One

SUNDAY AUGUST 23RD

5:00 PM START TIME

HOLIDAY INN
See you there!

TICKETS

COUPLE	SINGLE
\$325 <i>Better Together</i>	\$200 <i>Your Moment to Create</i>

WHAT TO EXPECT

- EXPRESS YOURSELF THROUGH PAINTING
Create freely, let your creativity flow!
- GREAT MUSIC
Relax. Paint. Enjoy.
- REFRESHMENTS ALL INCLUSIVE
- MEMORIES TO LAST
Take it home. Treasure it forever.

RESERVE YOUR SPOT!
Don't miss it!

CONTACT US: **1784-497-4945**

GOOD VIBES. GREAT COMPANY. BEAUTIFUL MEMORIES.

MH HOTEL

ISLANDERS ESCAPE Special

August 11 to September 5

- Breakfast
- Dinner for 2 at Islander Bar & Grill
- 1 drink per person
- Gym access
- Rooftop & Islander Pool Access

EC\$550 | One night, two guests

BOOK NOW

Check In: 3PM
Check Out: 1PM

*Terms and conditions apply - special rate is subject to availability of rooms

BEQUIA PLANTATION HOTEL

SUMMER SALE
Stay Dates: July 12 – September 6, 2026
20% OFF STAYS

BOOKING CODE BPH000

(784) 534-8677 | info@bequiaplantationhotel.com

ELCLOUD

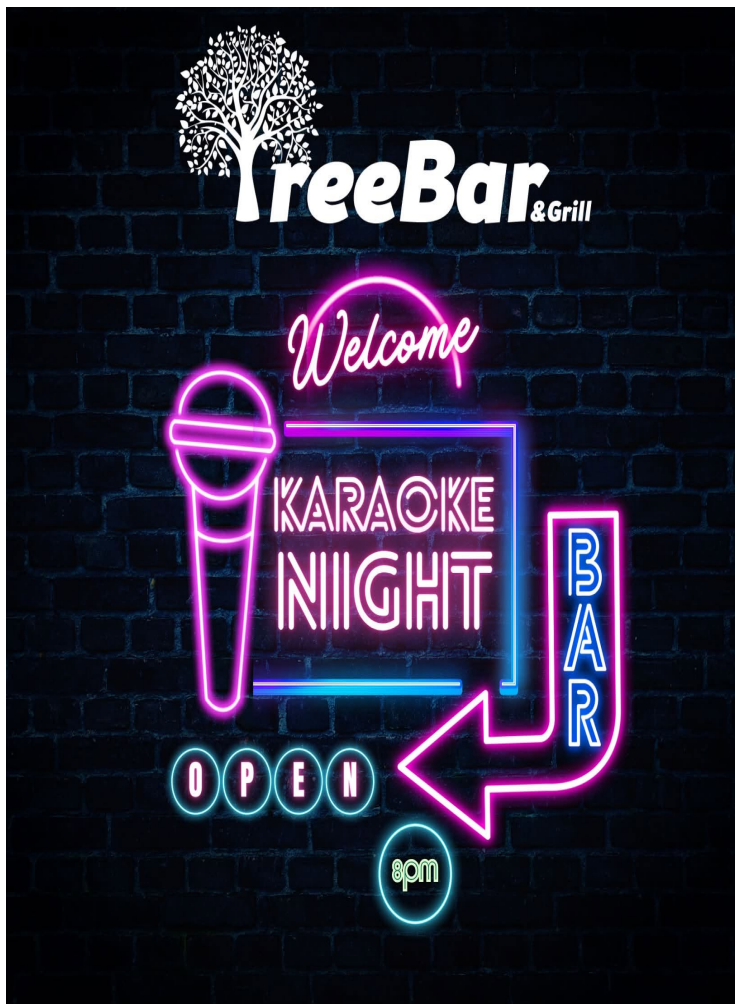
FRIDAY 14TH AUGUST 2026

DJ Q BIRTHDAY SOIRÉE

ALL WHITE GLOW FIESTA

G-SPOT BAR SANDY BAY

10PM UNTIL
ADM \$20



FITNESS GYM



PACKAGE PRICE

Registration + First Month Fee:
XCD \$125.00

Monthly Fee: XCD \$60.00

OPEN HOURS
5:00AM - 8:00PM

REGISTER NOW

+1 (784) 458-1800

+1 (784) 593-0996

stay@grenadinehouse.com



JUNGL LOUNGE
WHERE THE JUNGLE COMES ALIVE WITH FLAVOR

EVERY SATURDAY

REGGAE Night

COME AND ENJOY
GOOD REGGAE
AND EVEN BETTER
FOOD AND VIBES

☎ 1(784)527-2554
📍 Villa flat near college gap

Grenadine House
Kingstown, St. Vincent

SUMMER POOL PACKAGE

PER PERSON: \$50

INCLUDES: ACCESS TO THE POOL,
1 LIGHT MEAL, 1 HAIROUN SOFT DRINK

**GROUP OF 10:
\$45
PER PERSON**

INCLUDES: ACCESS TO THE POOL,
1 LIGHT MEAL & 1 HAIROUN
SOFT DRINK PER PERSON

TO BOOK YOUR SPOT NOW
CALL:
+1 (784) 458-1800
or **+1 (784) 593-0996**
SPACES ARE LIMITED!

POOL ACCESS **LIGHT MEAL** **HAIROUN SOFT DRINK** **FUN & RELAXATION**

Stay@grenadinehouses.com

GRAB YOUR FRIENDS, TAKE A BREAK & UNWIND!

WE ARE OPEN TODAY
— FROM 5PM FOR —

Moonshine THIRSTY THURSDAYS

DRINK. PLAY. VIBE.

COCKTAIL SPECIALS AVAILABLE

The Best Friday Nights from 7:30pm
Night — in town

**Friday Night
 BBQ@
 Paradise Beach Hotel**

Live music, great people
 even better food.

Villa Beach, St. Vincent +1(784)457-4795 paradisessvg.com



DISTRICT NIGHTCLUB / LOUNGE

X & DOG SOUNDS

AUGUST 07 FRIDAY

FEATURING
X & DOG SOUNDS

soca

DISTRICT

THE ULTIMATE FRIDAY CLUB PARTY
 STARTING FROM 10PM



TACO THURSDAYS

Coconut Grove
 BEACH CLUB

Contact us at 1784-431-2837, Follow Us On Social Media @coconutgrovesvg



PALKI
 FINE DINING RESTAURANT

Sunday Buffet Brunch

AT VILLA FLAT

Starting 11 AM to 3 PM
EVERY SUNDAY

Call to Reserve Your Table
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SVG Air connects you to the beauty of the
Grenadines – safely, comfortably,
and in minutes.
Island-hop with ease. Explore more.

Fly local. Fly SVG Air.

Check flight availability
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Call: +1 (784) 457 5124
Whatsapp: +1 (784) 532 9179

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Your Moments.

BEACHFRONT STAY | DELICIOUS FOOD | GREAT VIBES

be our guest
Unwind & Relax

Enjoy delicious meals, a cozy stay,
or a cold drink while watching
your favorite sports at our bar.

*We've got everything you need
for the perfect getaway!*

For reservation
and inquiries

+1784-458-3530
+1784-4345339
keeganbequia@yahoo.com
www.graciebeachside.com

Relax.
Recharge.
Repeat.
*Only at
Gracie's.*

Great Food. Cozy Rooms. Friendly Vibes. That's Gracie's.

Congratulations!
You Did It!

BOOK YOUR DAY PASS WITH BEQUIA PLANTATION HOTEL
PACKAGES AVAILABLE FROM: JUNE 12TH TO JULY 31ST 2026

RISEING STAR PACKAGE USD \$390.00	NEXT CHAPTER PACKAGE USD \$430.00
REQUIREMENTS: - MINIMUM OF SIX (6) CHILDREN AND TWO (2) ADULTS. - Time - 9:00AM- 4:00pm. - Age limit : Children under 14 years. PACKAGE INCLUSIONS: - Unlimited mango smoothies. - Three (3) 14-inch pizzas. - Chicken spring rolls.	REQUIREMENTS: - MINIMUM OF SIX (6) CHILDREN AND TWO (2) ADULTS. - Time - 9:00AM- 4:00pm. - Age limit : Children 14 years and older. PACKAGE INCLUSIONS: - Unlimited mango smoothies. - Three (3) 14-inch pizzas. - Chicken spring rolls. - Four (4) portions of Sweet Chilli wings.

(784)534-8677 | info@bequiaplantationhotel.com | www.Bequiaplantationhotel.com

MYAHS HOTEL
DAY PASS Experience

Rates:
Single Guest: EC \$265.00
Two Adults: EC \$370.00

Day Pass Includes

- 20-minute Neck & Shoulder Massage at the Spa (Adults only)
- One Meal & One Non-Alcoholic Beverage at Islander Restaurant
- Access to the Pool throughout stay
- Private Photo Session (15 minutes) with 5 Digital Photos
- Private Room Access from 10:00 AM to 5:00 PM

FOR MORE INFORMATION
Call: 1(784) 451-3600
reservation@myahshotel.com



JADEN SUN FAST FERRY

Regular Schedule 2026

Day	Route	Estimated Time of Departure
SUNDAY	Kingstown → Canouan	3:30 pm
	Canouan → Mayreau	4:45 pm
	Mayreau → Union Island	5:15 pm
MONDAY	Union Island → Mayreau	6:30 am
	Mayreau → Canouan	6:45 am
	Canouan → Kingstown	7:15 am
	-----	-----
	Kingstown → Canouan	3:30 pm
	Canouan → Mayreau	4:45 pm
WEDNESDAY	Mayreau → Union Island	5:15 pm
	Union Island → Mayreau	6:30 am
	Mayreau → Canouan	6:45 am
	Canouan → Kingstown	7:15 am
	NO AFTERNOON SCHEDULE	NO AFTERNOON SCHEDULE
	NO AFTERNOON SCHEDULE	NO AFTERNOON SCHEDULE
FRIDAY	Kingstown → Canouan	9:00 am
	Canouan → Mayreau	10:15 am
	Mayreau → Union Island	10:45 am
	-----	-----
	Union Island → Mayreau	3:30 pm
	Mayreau → Canouan	3:45 pm
	Canouan → Kingstown	4:15 pm

There is NO operation on Tuesdays, Thursdays or Saturdays.

Sailing Times:

Kingstown/Canouan: 75 minutes
Canouan/Mayreau: 20 minutes
Mayreau/Union Is: 10 minutes

- BOARDING is 15 minutes prior to departure.
- If a holiday falls on Monday, the Sunday afternoon ferry is cancelled. Instead, the ferry will depart Kingstown at 3:30pm on Monday.
- Ferry Schedule is subject to change due to weather and other operational reasons.

CONTACT INFORMATION

Office: (784) 451-2192 | jaden.sun
 Cell: (784) 498-7114 | Jaden Sun Fast Ferry
 jadeninc02@gmail.com | www.https://jadensunferry.com/



JADEN SUN FAST FERRY

IMPORTANT ANNOUNCEMENT!

ATTENTION

SCHEDULE UPDATE

Effective Sun, 2nd August, 2026 and until further notice, Jaden Sun Fast Ferry will not stop into Bequia on the way to or from the Southern Grenadines.

Special arrangements can be made for groups of 20 or more persons.

We regret any inconvenience caused as we try to navigate these trying times.



Scan the QR code to view our schedule



Office: (784) 451-2192

Cell: (784) 498-7114

jadeninc02@gmail.com

SCHEDULE UPDATE SOUTHERN GRENADINES

MONDAY

DEPARTS KINGSTOWN 11:30 AM

KINGSTOWN > CANOUAN > MAYREAU > UNION ISLAND

TUESDAY

DEPARTS UNION ISLAND 6:00 AM

UNION ISLAND > MAYREAU > CANOUAN > KINGSTOWN

WEDNESDAY [SAME DAY RETURN]

DEPARTS KINGSTOWN 10:30 AM

KINGSTOWN > CANOUAN > MAYREAU > UNION ISLAND
> CANOUAN > KINGSTOWN

THURSDAY

DEPARTS KINGSTOWN 11:30 AM

KINGSTOWN > CANOUAN > MAYREAU > UNION ISLAND

FRIDAY

DEPARTS UNION ISLAND 6:00 AM

UNION ISLAND > MAYREAU > CANOUAN > KINGSTOWN

SATURDAY

DEPARTS KINGSTOWN 11:30 AM

KINGSTOWN > CANOUAN > MAYREAU > UNION ISLAND

SUNDAY

DEPARTS UNION ISLAND 7:00 AM

UNION IS. > MAYREAU > CANOUAN > BEQUIA > K.TOWN



Bequia Express Co. Ltd.
Safe. Reliable. Efficient
TEL: 784 457-3539
Email: info@bequiaexpress.com



WEEKLY SCHEDULE

FROM BEQUIA FROM KINGSTOWN

MON- FRI

6:30 AM	8:00 AM
7:30 AM	9:30 AM
9:30 AM	1:00 PM
1:00 PM	4:00 PM
4:00 PM	5:00 PM

SATURDAYS

6:30 AM	8:00 AM
7:30 AM	9:30 AM
9:30 AM	12:30 PM
1:00 PM	4:30 PM
4:00 PM	5:00 PM

SUNDAYS

6:30 AM	8:00 AM
11:00 AM	4:30 PM
4:00 PM	5:00 PM

RATES

ADULT PASSENGERS

ONE WAY RETURN

\$25 \$40

STANDARD SIZE VEHICLES

ONE WAY RETURN

\$60 \$100

DRIVER INCLUDED



Bequia Express Co. Ltd.
Safe. Reliable. Efficient
TEL: 784 457-3539
Email: info@bequiaexpress.com





BEQUIA FAST FERRIES LTD

Schedule

MONDAY to SATURDAY

From Bequia	From Kingstown
6:30 AM	7:45 AM
8:45 AM	10:00 AM
12:00 PM	3:00 PM
4:15 PM	5:15 PM

SUNDAYS & PUBLIC HOLIDAYS

From Bequia	From Kingstown
7:00 AM	8:15 AM
4:15 PM	5:15 PM

Fares

Passengers - Locals

Age Group	One Way	Return
Adults	\$25	\$50
Teenagers (13-17)	\$20	\$40
Children (5-12)	\$15	\$30

Vehicles

Standard Size	One Way	Return
Vehicle Only	\$65	\$120
Vehicle and Driver	\$85	\$155

Passengers - Standard

Age Group	One Way	Return
Adults	\$30	\$60
Teenagers (13-17)	\$25	\$50
Children (5-12)	\$20	\$40

Faster **Luxurious** **Stable**

Call us at: (784) 493-3278
office@bequiafastferries.com



CPLT20 Schedule

AUGUST 2023

FRIDAY 7TH & SATURDAY 8TH

FROM BEQUIA	FROM KINGSTOWN
6:30 AM	7:45 AM
8:45 AM	10:00 AM
12:00 PM	3:00 PM
4:15 PM	5:15 PM
6:00 PM	11:30 PM

SUNDAY 9TH

FROM BEQUIA	FROM KINGSTOWN
7:00 AM	8:15 AM
4:15 PM	5:15 PM
6:00 PM	11:30 PM

CPL2026 NIGHT SERVICE

DONT MISS THE ACTION

YOUR RIDE TO THE BIGGEST PARTY IN SPORT

Call us at: (784) 493-3278
Visit our website at: bequiafastferries.com



LOL COMEDY CONCERT

LAUGH TIL YUH TURN OVER THEN GET UP AND LAUGH AGAIN!

ALPHA STUDIOS X JUNGL LOUNGE X IKTV 112 X BOOM 1069 PRESENTS

OCTOBER 24TH 2026 **RUSSELS AUDITORIUM**

7PM UNTIL **\$60 EARLY BIRD || \$80 GENERAL**

TICKETS: JUNGL LOUNGE OR WHATSAPP 784-432-4924 / 784-497-3749



MV GEM STAR 2

Southern Grenadines Ferry

SCHEDULE

TUESDAYS & FRIDAYS - 11:00AM
 Kingstown → Canouan → Mayreau → Union Island

WEDNESDAYS & SATURDAYS - 7:00AM
 Union Island → Mayreau → Canouan → Kingstown

ONE WAY FARES ↔ KINGSTOWN
 CANOUAN: \$60 | MAYREAU: \$70 | UNION ISLAND: \$80
 All fares are quoted in Eastern Caribbean dollars.

SHIP: 784 526 1158
OFFICE: 784 457 4157
gemstarshipping@gmail.com

Find us on  



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FAMILY MEMORIES

are made here.

Enjoy quality time, beautiful spaces,
and the moments that matter most.



SPACIOUS
COMFORT



POOL FUN
FOR ALL AGES



MEMORIES
THAT LAST



Call Us Today
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YOUR DAY PASS GETAWAY
Starts Here.

RELAX. PLAY. CONNECT. TOGETHER.

FRIDAY NIGHT CEVICHE

driftwood
eat drink. drift.

Grenadine House
Kingstown, St. Vincent

Sunday Buffet

Sunday 9th August 2026 | 11:30am

XCD\$60
PER PERSON
+ 10% SERVICE CHARGE

- Breadfruit Soup
- Green banana Salad
- Stir Fried Pasta
- Ginger Butter Pumpkin
- Black Bean & Rice
- Honey Garlic Fish
- Asian Chicken
- Chef's Delight

RESERVATIONS
+ 1 784 458-1800 | + 1 784 593-0996
stay@grenadinehouse.com

Grenadine House
Kingstown, St. Vincent

POOL Packages

PACKAGE 1	PACKAGE 2
XCD \$40.00 PER PERSON	XCD \$60.00 PER PERSON
• Pool Access • Free Wi-Fi • Free Parking • Meals and drinks can be purchased at the hotel.	• Pool Access • 1 Light Meal • 1 Hairout Soft Drink • Free Wi-Fi • Free Parking

8AM TO 5PM

stay@grenadinehouse.com
+1 784 458 1800 | +1 784 593 0996

TREE BAR

Creole Saturdays
each and every Saturday

Blackfish and Provision



Saltfish Buljol



Pigfoot Souse



Conch Souse



Smoke Herring and Doughboy



MIAMI

POSTPONED VICE

BRUNCH

NEW DATE!

23RD AUGUST 2PM - 7PM

THE ICONIC MIAMI VIBES. NOW ON A NEW DATE.
SAME ROOFTOP. SAME ENERGY. LET'S BRUNCH.

FOOD INCLUSIVE
WELCOME DRINK: BELLINI SANGRIA
VVIP AVAILABLE

\$130 | **\$220**
PER PERSON | VVIP

ELLIOT'S ROOFTOP RESTAURANT, MYAH'S HOTEL

ALREADY HAVE A TICKET?
YOUR EXISTING TICKET IS STILL VALID FOR THE NEW DATE. NO ACTION NEEDED!

BURGER & BEER

TUESDAY'S

BUY A BURGER & FRIES AND GET A FREE BEER

ORDER NOW!!!

GRENADINE House

Kingstown, St. Vincent

GRENADINE House

RELAX • RECHARGE • RECONNECT

GUEST AMENITIES & OPENING HOURS

RECEPTION
7:00 AM - 10:00 PM
OPEN EVERYDAY

RESTAURANT & BAR
7:00 AM - 9:30 PM
OPEN EVERYDAY

GYM
7:00 AM - 8:00 PM
OPEN EVERYDAY

SWIMMING POOL
8:00 AM - 5:00 PM
OPEN EVERYDAY

THE SPA
9:00 AM - 5:00 PM
TUESDAY TO SATURDAY
*CLOSED ON SUNDAYS, MONDAYS, AND PUBLIC HOLIDAYS

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+1 (784) 593-0996
stay@grenadinehouse.com

Thank you for choosing Grenadine House.
Enjoy your stay.

ACCOMMODATIONS
 PREMIUM AMENITIES
 WARM HOSPITALITY
 BEAUTIFUL SURROUNDINGS

LAVUE

BOUTIQUE HOTEL & BEACH CLUB



Summer STAYS AT the VUE

RELAX. RECHARGE. RECONNECT.

Escape the everyday and indulge in a summer staycation designed for comfort, connection and unforgettable moments. Beautiful views. Exceptional service. Pure relaxation.

ALL FOR
US\$300
PER COUPLE

INCLUDES:

- One Night Accommodation
- Dinner for Two
- Continental Breakfast for Two

★ ROOM UPGRADES ARE AVAILABLE.

You deserve a break.
BOOK YOUR STAY TODAY.



CALL TO BOOK
1 784 528 8883



WHATSAPP
1 784 534 7754



LavueHotelBeachClub
La Vue Hotel



Grenadine House

Kingstown, St. Vincent

GH WRAPS SERVED WITH SALAD

CHICKEN, FISH, VEGETABLES

BUILD YOUR SALAD

Lettuce, Tomatoes, Cucumbers,
Carrots, Cabbage, Onions, Sweet
Peppers, Avocado, Chick Peas

4 Veggies + 1 CHOICE OF MEAT -
FISH/CHICKEN

CHEF'S DAILY SPECIAL

Local Ground Provision Bowl

Steamed Plantains, Steamed Provision,
GH Salad, Coconut Dumplings

Choice of Codfish/ Grilled Chicken / Fish

BEVERAGES

Ginger Lime Fuzz
Fruit Smoothies (Seasonal Fruits)
Plumrose/ Waxapple Watermelon Spritz
(SEASONAL)

+ 1 784 458-1800 | + 1 784 593-0996
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**Wellness
Wednesday**
EVERY WEDNESDAY

FANTASEA TOURS
St. Vincent W.I.



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JERK 'N' FESTIVAL FRIDAYS

Bring the Jerk 'N' Festival home

Schedule your order early. Pre-order now.



Download the app now!



Grenadine House
Kingstown, St. Vincent

Pasta Thursday

CHICKEN FISH

BEEF CARBONARA

EVERY THURSDAY

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WhatsApp Instagram Facebook

TACO TUESDAY

& tequila

EVERY TUESDAY

INCLUDES:

- \$10 TEQUILA SHOTS
- 2 FOR 1 MARGARITAS
- 3 TACOS FOR \$50 - CHICKEN, BEEF OR SEAFOOD

MH HOTEL 784-451-3600 Myah's Hotel

BEQUIA PLANTATION HOTEL
Bequia, West Indies

SUNSET CRUISE EXPERIENCES

Sail into the golden hour and experience Bequia's Coastline like never before
Perfect for couples, celebrations, or simply relaxing on the sea.

Choose from

Bequia Sunset Cruise	Premium Bequia Sunset Cruise
2 Selections of hors d'oeuvres - Plantation Punch - Soft drinks - Selection of Beers	4 Selections of hors d'oeuvres - Plantation Punch - Soft drinks - Selection of Beers - Unlimited Prosecco
USD \$220 per couple + USD \$90 per extra person	USD \$300 per couple + USD \$100 per extra person

Departs: 4:30 PM - Duration: 2 hrs

Reserve today

(784) 534 - 8677 Bequia Plantation Hotel

Moonshine

PLENTY FOR 20 MONDAYS

20 WINGS FOR \$20

DINE IN ONLY OFFER

ONLY \$20

BIG FLAVOR. BIGGER VIBES.

SAUCY. TASTY. IRRESISTIBLE.

Pull Up. TREAT YOURSELF!



Couples DAY PASS

Lunch
Bottle Of Champagne
(non-alcoholic)
Beautiful Room

\$112 USD

Singles DAY PASS

Lunch
Glass Of Champagne
(non-alcoholic)
Beautiful Room

\$80 USD

BOOK NOW

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**FROM
EC \$490.00**

Welcome drinks,
Complimentary
use of Pool & Gym



XCD \$150
per person

- *Pool Access
- *2 glasses of Rum or Fruit punch
- *1 Meal

USD \$150
per person

- *Inclusive of A Room
- *Pool Access
- *2 glasses of Rum or Fruit punch
- *1 Meal

Call to inquire about children rates & Availability

La Vue Terms & conditions applied

Call Us to book
(784) 528-8883

Lavuehotelbeachclub @
Lavuehotel f

\$44

Grenadine House
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stay@grenadinehouse.com

5PM - 7PM
WEDNESDAY TO FRIDAY
AT COCONUT GROVE

HAPPY HOURS

Coconut Grove
BEACH CLUB

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BLUE LAGOON
HOTEL & MARINA

POOL PASS
BLUE LAGOON

ADULTS: \$35 EC
UNDER 12: \$17.50 EC
10AM-5PM

1-784-458-4308

Terms & conditions apply

Grenadine House
Kingstown, St. Vincent

DAY PASS

PRICING OPTIONS

SINGLE OCCUPANCY (PER PERSON)

Day Pass Only: **US \$85.00**
Day Pass + Room: **US \$120.00**

DOUBLE OCCUPANCY (FOR TWO PERSONS)

Day Pass Only: **US \$150.00**
Day Pass + Room: **US \$205.00**

DAY PASS PACKAGE INCLUDES:

- ✓ 1 WELCOME RUM PUNCH / LOCAL DRINK
- ✓ 1 TWO COURSE MEAL
- ✓ 1 GLASS HOUSE RED/WHITE WINE
- ✓ ACCESS TO POOL
- ✓ ACCESS TO GYM

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“Made with nature's finest ingredients to nourish your skin naturally.”

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WETHING PROMOTIONS PRESENTS

AUGUST 22ND & 23RD
MARK THE DATE!

2 DAYS OF MADNESS!

VICTORIA PARK

VICTORIA DRIFT
FAST & FURIOUS
FOREIGN INVASION PART TWO!

STAY TUNED!

22ND AUG 2026

ITAL FEST
PURITY
ST. VINCENT & THE GRENADINES
BLACK is Beautiful

10AM TO 10PM
ENTRANCE TO ARNOS VALE SPORTING COMPLEX

FT REGIONAL CHEFS FROM
Jamaica, Trinidad, Grenada, Barbados
& Top Local Ital Chefs and Vegetarian Chefs.

Live performances by Abuza, Patrick Junior, Yaphatoo, Dynamite, Terrykal, IceBerg, Havlyn, Jomo, Djs Negus Sounds and Dj Blaze

EXPERIENCE OUR INTERACTIVE ZONES:
Rasta Rockers Stage, Groundation Gardens, Ital Village, Little Lions Kids Play Club & Caribbean Canvas

FOOD | ART | REGGAE
MORE INFO COMING SOON

BOSVG
ZERO HUNGER TRUST FUND
SUBWAY
MPOC
JAMAR GENERAL SERVICES
Medicinal
SVG GENERAL SERVICES

LAVUE
BOUTIQUE HOTEL & BEACH CLUB

SUNSET RESTAURANT

TACO TUESDAY
12PM - 11PM

\$30

- Crispy Fried Shrimp Tacos topped w pico di gallo & pickled sweet onion
- Grilled Chicken Tacos topped w pico di gallo & pickled sweet onion
- Sweet Chilli Fish Tacos topped w pico di gallo & pickled sweet onion
- Hawaiian Steak Tacos topped w pico di gallo & pickled sweet onion
- Short Rib topped w pico di gallo & pickled sweet onion

OUR SERVICES

- Flights
- Cruises
- Hotels
- Car Rentals
- Packages
- Tours
- Groups
- Travel Insurance
- VISA Assistance

NOW OPEN

THE JOSHUA CENTRE
Arnos Vale, St. Vincent

MON - FRI 9:00am - 4:30pm | SAT 9:00am - 1:00pm

(784) 457-1841

MoneyGram

Going Places Travel

Parks and Sites

Hiking & Adventure

- La Soufriere Cross Country Trail on the Windward Side
- Cumberland Trail
- Dark View Falls
- Vermont Nature Trail
- Indian Bay Beach Facility

Heritage & Culture

- SVG Botanical Garden
- Wallilabou Heritage and Recreation Park
- Black Point Heritage and Recreation Park
- Layou Heritage Park
- Villa Beach Facility
- Mt Wynne Public Beach

Recreation & Site Seeing

- Rawacou Recreation Park
- Belmont Lookout
- Owia Salt Pond
- Cumberland Beach Recreation Park
- Brighton Salt Pond
- Fort Duvernette

SITES CLOSED TO THE PUBLIC

- Fort Charlotte
- Falls of Baleine
- La Soufriere from the Leeward side

BEQUIA - PLACES TO VISIT

- Maritime Museum
- Site of Hamilton
- Sea Salt Museum
- Spring Plantation

FRIENDS WEEKEND
GETAWAY AT BEQUIA PLANTATION HOTEL
July 12th, 2026 - September 6th 2026
Available every weekend!

Stay in our Double En-Suite or Double Master Bungalows.
Receive a complimentary bottle of wine OR platter on arrival.
Max 4 persons | Min 2 nights stay







Book Now

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BOOKING CODE BPH123




WE ARE TAKING A BREAK!

We will be closed
AUGUST 2026



Pointloungebequia@gmail.com call\whatsapp 784-494-6578

REOPENING DATE TO BE ANNOUNCED



Emergency Numbers

Fire, Police and Coastguard:	911/999
Hospitals: Accident and Emergency Kingstown:	456-1955
Bequia:	458-3294
Canouan Clinic:	458-8305
Union Clinic:	458-8245



SVGHTA
ST. VINCENT & THE GRENADINES
HOTEL AND TOURISM ASSOCIATION

P O Box 2125
Kingstown
St. Vincent & the Grenadines
T: 784 458-4379
M: 784-494-4379

SVG Hotel & Tourism Association
OFFICE AND SOUVENIR SHOP
Cruise Ship Terminal, Room #8

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