



ST. VINCENT & THE GRENADINES
HOTEL & TOURISM ASSOCIATION

What's On in St. Vincent

2026

Issue: 1146

PUBLISHED BY THE ST. VINCENT AND THE GRENADINES HOTEL & TOURISM ASSOCIATION

AUGUST

Fri 28th

Serenity Dive Lionfish Fry, Sunset Shores Hotel, 5pm - 10pm
Blue Lagoon Hotel & Marina, Ratho Mill: Sunset Vibes on the Dockside, 5pm - 8pm Tel: 458-4308
Moonshine, Villa: Four Years of Moonshine Eclipse IV, 10pm Tel: 433-1528
Grenadine House: Happy Hour 3pm until, Festive Fridays 6pm - 9pm Tel: 458-1800
Paradise Beach Hotel: Grillin with the Captain, from 7:30 pm, Live Music Tel: 457- 4795
Ada Restaurant, Beachcombers Hotel: Happy Hour 6pm - 8pm Tel: 534-2593
French Verandah, Villa: Jerk & Festival and Happy Hour 5pm - 7pm Tel: 453 -1111
Myah's Hotel: Happy Hour All Day Tel: 451-3600
Sunset Shores Hotel: Happy Hour 4pm - 7pm Tel: 458-4411
Coconut Grove Beach Club, Canash Beach: Happy Hour 5pm - 7pm Tel: 431-2837

Sat 29th

Kids Splash, Myah's Hotel, Islander Restaurant Poolside, 11am - 3pm Tel: 451-3600
District Night Club & Lounge, Calder Gap: Girls Wanna Have Funds, 10pm
Barcode, Arnos Vale: SILC Band Tel: 493-2633
Coconut Grove Beach Club, Canash Beach: Cuban Night, 8pm Tel: 431-2837
Sunset Shores Hotel: Happy Hour 4pm - 6pm, BBQ 7pm Tel: 458-4411
Grenadine House: Happy Hour 3pm Tel: 458-1800
Myah's Hotel: Happy Hour All Day, Saturday Cravings, 12 Noon Tel: 451-3600
Ada Restaurant, Beachcombers Hotel: BBQ 6pm - 9pm with Live Music Tel: 534-2593
Jungl Lounge, Villa Flat: Reggae Night Tel: 527-2554



Sun 30th

Holiday Inn Express & Suites, Diamond: Pancake Sundays, 7am - 10:30am Tel: 451-2466
La Vue Boutique Hotel & Beach Club: Sunday Buffet 12 Noon - 4pm, Karaoke 6pm Until Tel: 532-8883
Ada Restaurant, Beachcombers Hotel: Live Music Tel: 534-2593
Grenadine House: Buffet 11:30am - 3pm, Happy Hour 3pm until Tel: 458-1800
Myah's Hotel: Sunday Lunch 12 Noon Tel: 451-3600

Mon 31st

Fantasea Tours: All Inclusive Day Cruise to Mustique & Bequia Tel: 457-4477
Myah's Hotel: Menu, 12 Noon until Tel: 451-3600
Tree House & Grill: Karaoke Night, 8pm until Tel: 529-2651
Hotel Alexandrina: Kulture Bar & Grill, Prospect 3 pm Tel: 456-9788

SEPTEMBER

Tues 1st

French Verandah, Villa: Happy Hour 5pm - 7pm Tel: 453 -1111
Myah's Hotel: Taco & Tequila Tuesday Tel: 451-3600
Fantasea Tours: All Inclusive Day Cruise to Tobago Cays, Mayreau & Canouan Tel: 457-4477
Tree House & Grill: Burger & Beer Tuesdays Tel: 529-2651
Grenadine House: Taco Tuesday 11am - 6pm Tel: 458-1800
La Vue Boutique Hotel & Beach Club: Taco Tuesday, 12 Noon - 10pm Tel: 532-8883

Wed 2nd

Fantasea Tours: All Inclusive Day Cruise to Mustique & Bequia Tel: 457-4477
The Loft Restaurant & Bar, Ratho Mill: Wine Down Wednesday, 6pm - 8pm Tel: 458-4308
Jungl Lounge, Villa Flat: Karaoke Night, 7pm Tel: 527-2554
Grenadine House: Wellness Wednesday Tel: 458-1800
Myah's Hotel: Pizza your Way 12 Noon, Lime & Play Weekly Game Night, 5:30pm - 10pm Tel: 451-3600
Coconut Grove Beach Club, Canash Beach: Happy Hour 5pm - 7pm Tel: 431-2837

Thurs 3rd

La Vue Boutique Hotel & Beach Club: Taco Thursday, 12 Noon - 10pm Tel: 532-8883
Tree House & Grill: Taco Thursday Tel: 529-2651
Grenadine House: Pasta Thursday Tel: 458-1800
Coconut Grove Beach Club, Canash Beach: Taco Thursdays 2pm, Happy Hour 5pm - 7pm Tel: 431-2837

Friday 28th August

Wafulasun, Cumberland: Mabuiga Fridays, Afterwork Lime & Karaoke, 5pm

LUXE Affair RnB Solo Party, Crowns Bar, Peter's Hope, 9pm until

Signature Restaurant, Arnos Vale: Hot & Ready Pizza, After Work Lime Fridays

Tel: 456-6518

Saturday 29th August

Tree House & Grill: Creole Saturdays, Happy Hours, 12 Noon - 5pm

Tel: 529-2651

Sunday 30th August

Café Soleil, Blue Lagoon Marina: BBQ 11am - 5 pm, live music from 7 pm with BAM

Tel: 456-8550

Palki Restaurant, Villa Flat: Sunday Buffet Brunch, 11am to 3pm

Tel: 527-2554



SERENITY DIVE
LIONFISH Fry

FRIDAY 28 AUGUST
5:00 PM - 10:00 PM
SUNSET SHORES HOTEL, VILLA BEACH

\$25 per plate
PLACE YOUR ORDERS IN ADVANCE
784 528-8030
784 532-8646

DELIVERY www.karibites.com
PROTECT OUR REEF. EAT LIONFISH.



Grenadine House
Kingstown, St. Vincent

FESTIVE FRIDAY MENU
August 28th 6pm-9pm
\$50

JERK WINGS
SAUTEED COUCH
BBQ PIGTAIL
GARDEN SALAD
GH FESTIVAL OR CORN ON COB
STIR FRIED PASTA

+1 (784) 458-1800
+1 (784) 593-0996
stay@grenadinehouse.com




Taste of Vincy 2026

Think you've got what it takes? Now's your time to prove it!

The Taste of Vincy Culinary & Bartending Competition is calling on talented Senior Chefs, Junior Chefs, Pastry Chefs and Bartenders to step up, showcase their skills and compete for over \$30,000 in cash and prizes!

Registration closes August 29, 2026.

Don't miss your chance to compete, create and represent the best of Vincy hospitality in November 2026 in Barbados.



The poster features a vibrant tropical theme with palm leaves, a plate of shrimp, a cocktail shaker, and a glass of rum and coke. The central text reads 'Taste of Vincy 1 MORE DAY TO APPLY!' in large, stylized fonts. Below this, it states 'FINAL CHANCE TO REGISTER FOR THE TASTE OF VINCY CULINARY & BARTENDING COMPETITION'. A calendar icon indicates 'APPLICATIONS CLOSE AUGUST 29, 2026', and a trophy icon states 'OVER \$30,000 IN CASH AND PRIZES TO BE WON'. The categories listed are Senior Chef, Junior Chef, Pastry Chef, and Bartender. A QR code is provided for registration, with the text 'Scan to Register!' and 'REGISTER HERE'.

SVGHTA
ST. VINCENT & THE GRENADINES
HOTEL & TOURISM ASSOCIATION

Taste of Vincy **1 MORE DAY TO APPLY!**

FINAL CHANCE TO REGISTER FOR THE
TASTE OF VINCY
CULINARY & BARTENDING COMPETITION

 APPLICATIONS CLOSE
AUGUST 29, 2026

 **OVER \$30,000**
IN CASH AND PRIZES TO BE WON

CATEGORIES:

-  **SENIOR CHEF**
-  **JUNIOR CHEF**
-  **PASTRY CHEF**
-  **BARTENDER**

Scan to Register!

REGISTER HERE



 **CELEBRATE OUR CULTURE.** |  **ELEVATE OUR CRAFT.** |  **INSPIRE THE WORLD.**



MIH HOTEL
KIDS SPLASH
 ONE LAST SPLASH BEFORE SCHOOL
 A POOLSIDE PARTY JUST FOR KIDS!

DATE: Saturday, 29th August, 2026
TIME: 11:00 AM – 3:00 PM
VENUE: Islander Restaurant Poolside
PRICE: \$100 per child (no adult tickets)
DETAILS: Ages 6-13 years. Ticket only event.

INCLUDES:

- 1 Welcome Mocktail
- Kids Buffet Meal
- Fruit Punch
- Pool Access

ACTIVITIES:

- Pool toys, floaties & inflatables
- Wet Zone & Fun kids activities
- Raffle

NOTE:

- All children must be accompanied by a parent or adult
- Advance tickets only – limited spaces available

GOOD FRIENDS. COOL VIBES. UNFORGETTABLE MEMORIES.
LET'S MAKE A SPLASH!

The poster includes a photograph of two children in a pool with inflatable rings.



BLUE LAGOON HOTEL & MARINA
POOL Passes
 AVAILABLE
 EXPERIENCE PARADISE IN YOUR OWN BACKYARD

\$35 XCD PER ADULT | **\$17.50 XCD PER CHILD**

10 AM – 6 PM

SWIMMING POOL ACCESS | **SHOWER FACILITIES** | **LOUNGE AREA** | **RELAX & UNWIND**

Where every day feels like Vacation

+1 (784) 458-4308 | **Blue Lagoon Hotel & Marina**

The poster includes a photograph of a swimming pool with a thatched roof structure and lounge chairs.

BLUE LAGOON
HOTEL & MARINA

PRESENTS

SUNSET & VIBES

ON THE DOCKSIDE

FRIDAY, 28 AUGUST 2026
5PM - 8PM

		
LIVE ENTERTAINMENT	HAPPY HOUR SPECIALS	FOOD AVAILABLE

Good Music. Great Food. Cocktails. Sunset Views.

WAFULASUN
Our Place

WAFULASUN'S

Mabuiga Fridays

**Biggie
& the Crew**

— VENUE —
CUMBERLAND

 **THIS FRIDAY!**
AFTERWORK LIME & KARAOKE
5PM

 GOOD FOOD & DRINKS	 GOOD PEOPLE	 GREAT MUSIC	 KARAOKE VIBES
--	--	--	--

EAT WELL • DRINK GOOD • LIVE IT UP
See You On Friday!

SILC
MUSIC LOVERS



SILC BAND

BARCODE

SATURDAY 29TH 2026

ALPHA STUDIOS X JUNGLE LOUNGE X IKTV 112 X BOOM 1069
PRESENTS

LOL COMEDY CONCERT

**LAUGH TIL YUH
TURN OVER
THEN GET UP AND
LAUGH AGAIN!**

 **OCTOBER 24TH 2026**  **RUSSELLS AUDITORIUM**

 **7PM UNTIL** **\$60 EARLY BIRD || \$80 GENERAL**

TICKETS: JUNGLE LOUNGE OR WHATSAPP  1784-432-4824 / 1784-497-3749

JAZZY'S ALL NATURAL SOFT SERVE ICE CREAM

Cool Creamy Refreshing!

Now Available EVERY THURSDAY & FRIDAY!

STRAWBERRY SOFT SERVE

CHOCOLATE SOFT SERVE

CRUISE SHIP TERMINAL SHOP NO. 7

Call or WhatsApp: 526-1329

Stop by every Thursday and Friday for your favorite soft serve treats. Bring your family and friends and enjoy the delicious taste of Jazzy's All Natural!

Made Fresh for You!

NATURAL INGREDIENTS • GREAT TASTE • MADE WITH LOVE

JOIN OUR TEAM

BE PART OF THE EXPERIENCE. SUPPORT WORLD-CLASS YACHTS IN ST. VINCENT & THE GRENADINES.

SVG Yacht Services is a leading yacht agency and concierge service provider in St. Vincent & the Grenadines, providing seamless support to visiting yachts, their crews, and guests.

As we continue to grow, we are looking for enthusiastic, reliable, and service-oriented individuals to join our team. While previous experience in the yachting or the hospitality industry is an advantage, we are also interested in individuals who have a genuine interest in the industry, a willingness to learn, and the drive to develop their skills.

If you are proactive, dependable, eager to learn, and committed to delivering a high standard of service, we would like to hear from you.

OPERATIONS AGENT
Based in the Southern Grenadines

The Operations Agent is responsible for providing efficient, hands-on support to visiting yachts and ensuring all operational requirements are handled accurately, promptly, and professionally.

REQUIREMENTS

- ✓ Previous experience in yacht agency, yacht operations, hospitality, concierge, marine services, or a related field is required.
- ✓ Strong knowledge of the Southern Grenadines and local service providers is highly desirable.
- ✓ Excellent communication, organizational, and time-management skills.
- ✓ Ability to work independently and under pressure.
- ✓ Flexibility to work outside regular hours, including weekends and holidays.
- ✓ A valid driver's license is an advantage.

DRIVER / PROVISIONING
Based in St. Vincent

The Driver / Provisioner provides professional transportation and provisioning support to yachts, ensuring orders, deliveries, and client requests are handled efficiently and to the highest standard.

REQUIREMENTS

- ✓ Previous professional driving, provisioning, logistics, hospitality, yacht-service, or related experience is required.
- ✓ Valid driver's license with a clean driving record.
- ✓ Good knowledge of St. Vincent, local roads, suppliers, and supermarkets.
- ✓ Excellent attention to detail and time-management skills.
- ✓ Ability to handle goods carefully and responsibly.
- ✓ Flexibility to work weekends, holidays, and non-standard hours when required.

HOW TO APPLY

Submit your CV/resume and a brief cover letter outlining your relevant experience.

Email your application to:
office@svgyachtservices.com
WWW.SVGYACHTSERVICES.COM

Please indicate the position you are applying for in the subject line:

- Operations Agent – Southern Grenadines
- Driver / Provisioner – St. Vincent

GATHER YOUR CREW!

Your perfect day in paradise begins with the Bequia Plantation Hotel Experience. Enjoy a complimentary lunch!

Book 4 day passes and get yours Free!

WHERE THOSE IN THE KNOW GO

\$65.00USD Per Person.

- Welcome Drink
- 2 Course Lunch(1 starter & 1 main)
- Watersports Activities
- Pool and Beach Access
- Beach Towel
- Complimentary WIFI

Add-On

- Breakfast USD \$20.00 per person. (Excluding A La Carte Items)
- Day Use Room- USD \$85.00 from 9:00AM-4:00PM(Double Occupancy)
- 45 minutes Swedish Massage - USD \$60.00

Book Now

Reservations 1(784)534-8677 |info@bequiaplantationhotel.com

Disclaimer: All day pass guests must leave their ID Card (NIS, Driver's license, etc) at the front desk upon check in. ID'S will be securely held and returned at the end of the day pass.

BURGER & BEER

TUESDAY'S

BUY A BURGER & FRIES AND GET A FREE BEER

ORDER NOW!!!

La Habana
Coconut Grove BEACH CLUB

CUBAN Night

UNA NOCHE EN LA HABANA

**SATURDAY
AUGUST 29**

FROM 8 PM

MUSIC BY **DJ ALX**

GOOD MUSIC. GOOD VIBES. GOOD TIMES

Holiday Inn Express & Suites
BY IHG®

PANCAKE SUNDAYS

Enjoy a full buffet breakfast with our signature pancake feature.

BUFFET BREAKFAST INCLUDES	TOP IT YOUR WAY
Hot Breakfast Favourites	Chef's Flavour of the Day
Local Fruit Selection	Seasonal Topping Feature
Bread & Pastries	Chef's Choice Topping
Coffee, Tea & Juice	Sweet Drizzle Selection

ONLY **\$23** USD per person

Served Sundays 7:00 AM – 10:30 AM
RSVP By 6:00 PM on Saturdays
Hotel: 784-451-2466
WhatsApp: 784-532-9969
Email us to RSVP info@hiexpress.com

Selections vary weekly.

Made fresh in-house every Sunday morning.

WE'RE HIRING!

JOIN THE **DIVE ANTILLES** TEAM!

DIVEMASTER DIVE INSTRUCTOR & DIVEMASTER INTERNSHIP OPPORTUNITY

Dive Antilles is looking for enthusiastic, hardworking and reliable Divemasters or Dive Instructors to join our friendly team!

WE ARE LOCATED AT
PARADISE BEACH HOTEL,
VILLA BEACH, ST. VINCENT

WORKING HOURS
Typically
8:00 AM – 4:00 PM

Some days may finish earlier, while others may require staying a little later depending on guest activities and operational needs.

WHAT YOU'LL BE DOING
(BUT NOT LIMITED TO):

- Guiding certified divers on boat dives
- Assisting with snorkel tours
- Loading and unloading boats with dive equipment
- Filling scuba tanks
- Cleaning, maintaining and caring for dive equipment
- Assisting with dive courses and student divers
- Providing excellent customer service to guests

FOR INSTRUCTORS:
Instructors will be responsible for teaching PADI and SSI courses, depending on their qualifications and agency status.

REQUIREMENTS

- Must be reliable, punctual and able to arrive at the dive shop on time
- Friendly and confident with tourists and guests
- Able to speak clearly and communicate professionally
- Outgoing personality – not shy!
- Physically fit and healthy – must be able to lift and carry dive equipment
- Hardworking and a team player
- Boat handling / boating experience is a plus

SALARY
Salary will be based on experience, qualifications and certifications.

INTERNSHIP OPPORTUNITY FOR EXPERIENCED DIVERS!
We are also willing to accept applications from EXPERIENCED DIVERS who are not Divemasters yet. We offer internship opportunities for the right candidates to train and work with us towards becoming a Divemaster. If you're passionate about diving and want to grow your career with us, we'd love to hear from you!

APPLY TODAY!
Send your CV and a brief introduction to Dive Antilles via email:
info@diveantilles.com

LOCALS ARE ENCOURAGED TO APPLY!

Be part of our small professional team and share your passion for the underwater world!

RELIABLE, PASSIONATE, TEAM PLAYER.
Love the ocean? Love working with people? Join Dive Antilles!

JUNGLE LOUNGE
WHERE THE JUNGLE COMES ALIVE WITH FLAVOR

7PM UNTIL

KARAOKE Night

BEST WINS A FREE 12 INCH CHICKEN PIZZA

EVERY WEDNESDAY

CONTACT
17845272554

LOCATED
VILLA FLAT NEAR COLLEGE GAP



Summer Spa Packages

Teacher's Retreat

A De-Stressing & Hydrating Treat Massage and Hydrating Facial	1hr 30m \$150
---	------------------

Vacation Essentials

Manicure & Pedicure Combo Free gel polish	1hr 10m \$120
--	------------------

Summer Features

Head to Toe (Deep Cleansing Facial & Hot Oil Signature Body Massage)	1hr \$120
--	--------------

451-3600

Grenadine House
Kingstown, St. Vincent

YOU DESERVE to feel amazing

Escape the stress. Restore your body. Refresh your mind.

COME TO GRENADINE HOUSE SPA and experience the difference. ♡

OUR MASSAGE EXPERIENCES

DEEP TISSUE MASSAGE

Relieves chronic muscle tension and targets deep layers of muscle for lasting relief.

SWEDISH MASSAGE

Promotes relaxation, improves circulation and leaves you feeling refreshed and renewed.

AROMATHERAPY MASSAGE

Soothes the mind and body with therapeutic essential oils to enhance your well-being.

G H SIGNATURE MASSAGE

Our exclusive blend of techniques designed for total relaxation and complete rejuvenation.

GIVE YOURSELF THE GIFT OF Relaxation. You deserve it. ♡

BOOK YOUR APPOINTMENT TODAY
Step into tranquility. Leave renewed.

GRENADINE HOUSE SPA
Kingstown Park
Kingstown, St. Vincent
& the Grenadines

456 2600 / 493 0996
 Spa@grenadinehouse.com
 www.grenadinehousespa.com

Relax.
Recharge.
Rejuvenate.

YOUR WELL-BEING IS OUR PRIORITY ♡

THE LOFT
RESTAURANT & BAR

Dine With Us

Open Daily From 7am-11pm

Contact us at 1784-458-4308

Follow us on social media

The Loft Restaurant & Bar

LAVUE
BOUTIQUE HOTEL & BEACH CLUB

Sunday BUFFET

Menu
CHEF
SPECIAL

SUNDAY 30TH AUGUST 2026

12:00PM - 4:00PM

\$75 PP
INCLUSIVE
OF TAXES

\$15
MIMOSAS

RESERVE NOW

RESERVATIONS

CALL 784-528-8883 WHATSAPP 784-534-7754

lavuehotelbeachclub La Vue Hotel

BEQUIA PLANTATION HOTEL

SUMMER SALE
Stay Dates: July 12 – September 6, 2026
20% OFF STAYS

BOOKING CODE BPHOOO

(784)534-8677 info@bequiaplantationhotel.com

MH
HOTEL

ISLANDERS ESCAPE Special

August 11 to September 5

EC\$550 | One night, two guests

BOOK NOW

Check In: 3PM
Check Out: 1PM

- Breakfast
- Dinner for 2 at Islander Bar & Grill
- 1 drink per person
- Gym access
- Rooftop & Islander Pool Access

*Terms and conditions apply - special rate is subject to availability of rooms

THE LOFT
RESTAURANT & BAR

WINE Down WEDNESDAY

A MIDWEEK RITUAL.

PURCHASE ANY BOTTLE OF WINE
RECEIVE ONE
COMPLIMENTARY APPETIZER

CHOOSE ONE:

CHICKEN SAMOSAS	SPRING ROLLS	CHICKEN TENDERS
--------------------	-----------------	--------------------

EVERY WEDNESDAY
6:00 PM - 8:00 PM

Reserve your table.

Moonshine



FRIDAY 28TH AUG

FOUR YEARS OF MOONSHINE

ECLIPSE IV

MUSIC BY DJ KRASH & THE TANK UP BROS

10PM | \$20 ENTRY | LADIES FREE B4 12



MHI HOTEL

-  Gel Pedicure
-  30 Min Back & Neck Massage
-  4 Hr Pool Pass
-  1 Dessert
-  1 Drink (Alcoholic or Non-Alcoholic)

Girls OUTSIDE Package

An elevated escape for the ladies looking to relax, recharge, and indulge.

\$180

Book Now: 784-451-3600



Signature

AFTER WORK LIME FRIDAYS



3 FOR \$12

Carib LAGER



FreeBar & Grill

Welcome

KARAOKE NIGHT

BAR

OPEN

8pm

FITNESS GYM



PACKAGE PRICE

Registration + First Month Fee:
XCD \$125.00

Monthly Fee: XCD \$60.00

OPEN HOURS
5:00AM - 8:00PM

REGISTER NOW

+1 (784) 458-1800

+1 (784) 593-0996

stay@grenadinehouse.com



EVERY
SATURDAY

REGGAE Night

COME AND ENJOY
GOOD REGGAE
AND EVEN BETTER
FOOD AND VIBES

☎ 1(784)527-2554
📍 Villa flat near college gap

Grenadine House
Kingstown, St. Vincent

SUMMER POOL PACKAGE

PER PERSON: **\$50**

INCLUDES: ACCESS TO THE POOL,
1 LIGHT MEAL, 1 HAIROUN SOFT DRINK

GROUP OF 10:
\$45
PER PERSON

INCLUDES: ACCESS TO THE POOL,
1 LIGHT MEAL & 1 HAIROUN
SOFT DRINK PER PERSON

TO BOOK YOUR
SPOT NOW

CALL:

+1 (784) 458-1800

or +1 (784) 593-0996

SPACES ARE LIMITED!

POOL
ACCESS

LIGHT
MEAL

HAIROUN
SOFT DRINK

FUN &
RELAXATION

Stay@grenadinehouses.com

GRAB YOUR FRIENDS, TAKE A BREAK & UNWIND!

LAVUE
BOUTIQUE HOTEL & BEACH CLUB

BEFORE THE BELL

TEACHERS' PROFESSIONAL WEEK

One last sip before
the school year begins.

You've planned the lessons.
Prepared the classroom.
Now take a moment for you.

TEACHERS'
SIP & UNWIND

SELECT COCKTAILS - \$15

\$20 2 4 1 ON WINE

3 FOR \$15 BEERS

4PM - 7PM

Because teachers deserve
happy hour too.

DAILY FROM 17TH AUGUST - 31ST AUGUST

SUNSET RESTAURANT - RUNWAY POOL DECK
& BLU BAR AND BEACH CLUB



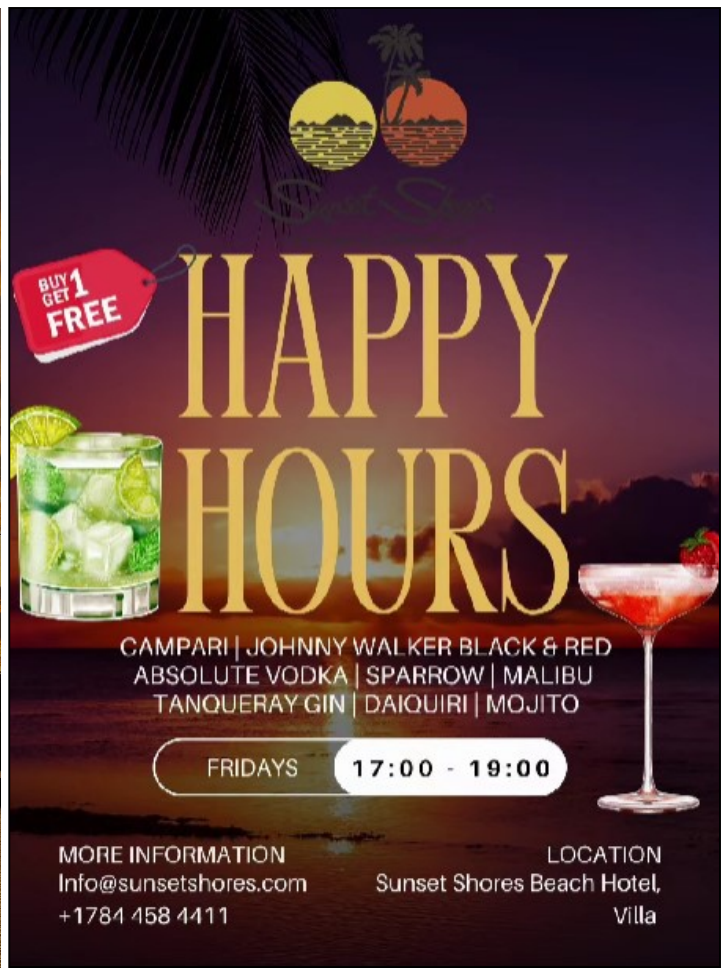
The Best Night — in town

Friday Nights from 7:30pm

Friday Night BBQ@ Paradise Beach Hotel

Live music, great people
even better food.

Villa Beach, St. Vincent +1(784)457-4795 paradisessvg.com



BUY 1 GET 1 FREE

HAPPY HOURS

CAMPARI | JOHNNY WALKER BLACK & RED
ABSOLUTE VODKA | SPARROW | MALIBU
TANQUERAY GIN | DAIQUIRI | MOJITO

FRIDAYS 17:00 - 19:00

MORE INFORMATION
Info@sunsetshores.com
+1784 458 4411

LOCATION
Sunset Shores Beach Hotel,
Villa



TACO THURSDAYS

Coconut Grove
BEACH CLUB

Contact us at 1784-431-2837, Follow Us On Social Media @coconutgrovesvg



PALKI
FINE DINING RESTAURANT

Sunday Buffet Brunch

AT VILLA FLAT

Starting 11 AM to 3 PM
EVERY SUNDAY

Call to Reserve Your Table
784-527-2554



SVG Air connects you to the beauty of the
Grenadines – safely, comfortably,
and in minutes.
Island-hop with ease. Explore more.

Fly local. Fly SVG Air.

Check flight availability
Visit Our Website – <https://www.flysvgair.com>
Call: +1 (784) 457 5124
Whatsapp: +1 (784) 532 9179

Your Escape.
Your Moments.

BEACHFRONT STAY | DELICIOUS FOOD | GREAT VIBES

be our guest
Unwind & Relax

Enjoy delicious meals, a cozy stay,
or a cold drink while watching
your favorite sports at our bar.

*We've got everything you need
for the perfect getaway!*

For reservation
and inquiries

+1784-458-3530
+1784-4345339
keeganbequia@yahoo.com
www.graciebeachside.com

Relax.
Recharge.
Repeat.
*Only at
Gracie's.*

Great Food. Cozy Rooms. Friendly Vibes. That's Gracie's.

Congratulations!
You Did It!

BOOK YOUR DAY PASS WITH BEQUIA PLANTATION HOTEL
PACKAGES AVAILABLE FROM: JUNE 12TH TO JULY 31ST 2026

RISEING STAR PACKAGE USD \$390.00	NEXT CHAPTER PACKAGE USD \$430.00
REQUIREMENTS: - MINIMUM OF SIX (6) CHILDREN AND TWO (2) ADULTS. - Time - 9:00AM- 4:00pm. - Age limit : Children under 14 years. PACKAGE INCLUSIONS: - Unlimited mango smoothies. - Three (3) 14-inch pizzas. - Chicken spring rolls.	REQUIREMENTS: - MINIMUM OF SIX (6) CHILDREN AND TWO (2) ADULTS. - Time - 9:00AM- 4:00pm. - Age limit : Children 14 years and older. PACKAGE INCLUSIONS: - Unlimited mango smoothies. - Three (3) 14-inch pizzas. - Chicken spring rolls. - Four (4) portions of Sweet Chilli wings.

(784)534-8677 | info@bequiaplantationhotel.com | www.Bequiaplantationhotel.com

MYAHS HOTEL
DAY PASS Experience

Rates:
Single Guest: EC \$265.00
Two Adults: EC \$370.00

Day Pass Includes

- 20-minute Neck & Shoulder Massage at the Spa (Adults only)
- One Meal & One Non-Alcoholic Beverage at Islander Restaurant
- Access to the Pool throughout stay
- Private Photo Session (15 minutes) with 5 Digital Photos
- Private Room Access from 10:00 AM to 5:00 PM

FOR MORE INFORMATION
Call: 1(784) 451-3600
reservation@myahshotel.com



JADEN SUN FAST FERRY

Regular Schedule 2026

Day	Route	Estimated Time of Departure
SUNDAY	Kingstown → Canouan	3:30 pm
	Canouan → Mayreau	4:45 pm
	Mayreau → Union Island	5:15 pm
MONDAY	Union Island → Mayreau	6:30 am
	Mayreau → Canouan	6:45 am
	Canouan → Kingstown	7:15 am
	-----	-----
	Kingstown → Canouan	3:30 pm
	Canouan → Mayreau	4:45 pm
WEDNESDAY	Mayreau → Union Island	5:15 pm
	Union Island → Mayreau	6:30 am
	Mayreau → Canouan	6:45 am
	Canouan → Kingstown	7:15 am
	NO AFTERNOON SCHEDULE	NO AFTERNOON SCHEDULE
	NO AFTERNOON SCHEDULE	NO AFTERNOON SCHEDULE
FRIDAY	Kingstown → Canouan	9:00 am
	Canouan → Mayreau	10:15 am
	Mayreau → Union Island	10:45 am
	-----	-----
	Union Island → Mayreau	3:30 pm
	Mayreau → Canouan	3:45 pm
	Canouan → Kingstown	4:15 pm

There is NO operation on Tuesdays, Thursdays or Saturdays.

Sailing Times:

Kingstown/Canouan: 75 minutes
Canouan/Mayreau: 20 minutes
Mayreau/Union Is: 10 minutes

- BOARDING is 15 minutes prior to departure.
- If a holiday falls on Monday, the Sunday afternoon ferry is cancelled. Instead, the ferry will depart Kingstown at 3:30pm on Monday.
- Ferry Schedule is subject to change due to weather and other operational reasons.

CONTACT INFORMATION

Office: (784) 451-2192 | jaden.sun
 Cell: (784) 498-7114 | Jaden Sun Fast Ferry
 jadeninc02@gmail.com | www.https://jadensunferry.com/



JADEN SUN FAST FERRY

IMPORTANT ANNOUNCEMENT!

ATTENTION

SCHEDULE UPDATE

Please be advised that Jaden Sun will be off schedule from Saturday 3rd October To Saturday 14th November, 2026 for Annual Dry Docking and maintenance

Our Service will resume on Sunday 15th November, 2026, departing Kingstown at 3:30PM for the Southern Grenadines with stops in Canouan and Mayreau

We regret any inconvenience caused.



Scan the QR code to view our schedule



Office: (784) 451-2192

Cell: (784) 498-7114

jadeninc02@gmail.com

SCHEDULE UPDATE SOUTHERN GRENADINES

MONDAY

DEPARTS KINGSTOWN 11:30 AM

KINGSTOWN > CANOUAN > MAYREAU > UNION ISLAND

TUESDAY

DEPARTS UNION ISLAND 6:00 AM

UNION ISLAND > MAYREAU > CANOUAN > KINGSTOWN

WEDNESDAY [SAME DAY RETURN]

DEPARTS KINGSTOWN 10:30 AM

KINGSTOWN > CANOUAN > MAYREAU > UNION ISLAND
> CANOUAN > KINGSTOWN

THURSDAY

DEPARTS KINGSTOWN 11:30 AM

KINGSTOWN > CANOUAN > MAYREAU > UNION ISLAND

FRIDAY

DEPARTS UNION ISLAND 6:00 AM

UNION ISLAND > MAYREAU > CANOUAN > KINGSTOWN

SATURDAY

DEPARTS KINGSTOWN 11:30 AM

KINGSTOWN > CANOUAN > MAYREAU > UNION ISLAND

SUNDAY

DEPARTS UNION ISLAND 7:00 AM

UNION IS. > MAYREAU > CANOUAN > BEQUIA > K.TOWN



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Email: info@bequiaexpress.com



WEEKLY SCHEDULE

FROM BEQUIA FROM KINGSTOWN

MON- FRI

6:30 AM	8:00 AM
7:30 AM	9:30 AM
9:30 AM	1:00 PM
1:00 PM	4:00 PM
4:00 PM	5:00 PM

SATURDAYS

6:30 AM	8:00 AM
7:30 AM	9:30 AM
9:30 AM	12:30 PM
1:00 PM	4:30 PM
4:00 PM	5:00 PM

SUNDAYS

6:30 AM	8:00 AM
11:00 AM	4:30 PM
4:00 PM	5:00 PM

RATES

ADULT PASSENGERS

ONE WAY RETURN

\$25 \$40

STANDARD SIZE VEHICLES

ONE WAY RETURN

\$60 \$100

DRIVER INCLUDED



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BEQUIA FAST FERRIES LTD

Schedule

MONDAY to SATURDAY			SUNDAYS & PUBLIC HOLIDAYS		
From Bequia		From Kingstown	From Bequia		From Kingstown
6:30 AM	8:45 AM	7:45 AM	7:00 AM	8:15 AM	
12:00 PM		10:00 AM	4:15 PM	5:15 PM	
4:15 PM		3:00 PM			
		5:15 PM			

Fares

Passengers - Locals			Vehicles		
Age Group	One Way	Return	Standard Size	One Way	Return
Adults	\$25	\$50	Vehicle Only	\$65	\$120
Teenagers (13-17)	\$20	\$40	Vehicle and Driver	\$85	\$155
Children (5-12)	\$15	\$30			

Passengers - Standard		
Age Group	One Way	Return
Adults	\$30	\$60
Teenagers (13-17)	\$25	\$50
Children (5-12)	\$20	\$40

Faster **Luxurious** **Stable**

(784) 493-3278
office@bequiafastferries.com

LAVUE

BOUTIQUE HOTEL & BEACH CLUB

NOTICE

SUNSET RESTAURANT

WILL BE **TEMPORARILY CLOSED**

FROM
16TH AUGUST - 13TH SEPTEMBER 2026

Sunset Bar Only
WILL REMAIN OPEN
DAILY FROM
3PM - 11PM

BLU BAR & BEACH CLUB
REMAINS OPEN
DAILY FROM
7AM - 11PM

Thank you for your understanding and continued support. ❤️



SATURDAY SEPT 08 2023

MIDNIGHT MUSE

OCEAN BREEZE

SOLO JAMZ

R&B edition

TOXIC OR TEMPTED

ADM

EARLY BIRDS

TIME 10 PM

VENUE
OCEAN BREEZE
CHATEAU BELAIR

DJ YUNG SOURCE & DJ LAZER
DJ RISH • DJ FRASS • DJ BAW
DJ FLIP • DJ BLAZE

TABLE AVAILABLE FOR RESERVATION \$50 WHILE STOCKS LAST
@MIDNIGHT_MUSE_EVENTS • @IFUNCTIONN | FOR MORE INFO +1 (784) 492-2369 OR +1 (784) 498-9000



MV GEM STAR 2

Southern Grenadines Ferry

SCHEDULE

TUESDAYS & FRIDAYS - 11:00AM
Kingstown → Canouan → Mayreau → Union Island

WEDNESDAYS & SATURDAYS - 7:00AM
Union Island → Mayreau → Canouan → Kingstown

SHIP: 784 526 1158 | OFFICE: 784 457 4157
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FRIDAY NIGHT CEVICHE

driftwood
eat drink. drift.

Grenadine House
Kingstown, St. Vincent

Sunday Buffet

Sunday 30th August 2026 | 11:30am

XCD\$60

PER PERSON
+ 10% SERVICE CHARGE

Soup
English Potato Soup

Salad
Toss Salad

Mains
Lasagna
Green Peas & Rice
Chef Style Veg

Meat
Caribbean Style Fish
Marry Me Chicken

Dessert
Chef Delight

RESERVATIONS
+ 1 784 458-1800 | + 1 784 593-0996
stay@grenadinehouse.com

Grenadine House
Kingstown, St. Vincent

POOL Packages

PACKAGE 1
XCD \$40.00
PER PERSON

- Pool Access
- Free Wi-Fi
- Free Parking
- Meals and drinks can be purchased at the hotel.

PACKAGE 2
XCD \$60.00
PER PERSON

- Pool Access
- 1 Light Meal
- 1 Hairoun Soft Drink
- Free Wi-Fi
- Free Parking

8AM TO 5PM

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TREE BAR

Creole Saturdays
each and every Saturday

Blackfish and Provision



Saltfish Buljol



Pigfoot Souse



Conch Souse



Smoke Herring and Doughboy



Sip & Paint

Sip. Paint. Relax. Create.
Unwind your way! ♥



DATE:
OCTOBER 11, 2026



VENUE:
HOLIDAY INN



TIME:
5:00PM

COUPLE DEAL

\$325

SINGLE

\$200

LIMITED SPOTS.

BOOK NOW!

CONTACT FOR MORE INFORMATION

1784 497-4945

FINGER FOOD & WINE

All Inclusive!



*Good vibes
Great times*



SUNRISEBAR EVENTS ENTERTAINMENT & CROWNS BAR
PRESENTS

FRIDAY
28TH
AUGUST

DJ ICE KOLE

DJ SHORN



LUXE

Luxe Affair
RNB SOLO PARTY
3 DAYS
UNTIL

EARLY BIRD
OLD FASHIONED

LUXE AFFAIR
RNB SOLO PARTY
9PM - UNTIL

CROWNS BAR
Peter's Hope

DOOR
\$30

TICKETS RUNNERS
ADELLA 5289158 4335624
SHORTY 5281821

Grenadine House
Kingstown, St. Vincent

GRENADINE House

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7:00 AM – 10:00 PM
OPEN EVERYDAY



RESTAURANT & BAR
7:00 AM – 9:30 PM
OPEN EVERYDAY



GYM
7:00 AM – 8:00 PM
OPEN EVERYDAY



SWIMMING POOL
8:00 AM – 5:00 PM
OPEN EVERYDAY



THE SPA
9:00 AM – 5:00 PM
TUESDAY TO SATURDAY
*CLOSED ON SUNDAYS,
MONDAYS, AND PUBLIC HOLIDAYS

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Enjoy your stay.



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PER COUPLE

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La Vue Hotel



Grenadine House

Kingstown, St. Vincent

GH WRAPS SERVED WITH SALAD

CHICKEN, FISH, VEGETABLES

BUILD YOUR SALAD

Lettuce, Tomatoes, Cucumbers,
Carrots, Cabbage, Onions, Sweet
Peppers, Avocado, Chick Peas

4 Veggies + 1 CHOICE OF MEAT -
FISH/CHICKEN

CHEF'S DAILY SPECIAL

Local Ground Provision Bowl

Steamed Plantains, Steamed Provision,
GH Salad, Coconut Dumplings

Choice of Codfish/ Grilled Chicken / Fish

BEVERAGES

Ginger Lime Fuzz
Fruit Smoothies (Seasonal Fruits)
Plumrose/ Waxapple Watermelon Spritz
(SEASONAL)

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Wellness Wednesday
EVERY WEDNESDAY

Grenadine House
Kingstown, St. Vincent

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TIME **10 PM**

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FUNDS
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OUT OF TRINIDAD

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& tequila

EVERY TUESDAY

INCLUDES:

\$10 TEQUILA SHOTS
2 FOR 1 MARGARITAS
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Perfect for couples, celebrations, or simply relaxing on the sea.

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Bequia Sunset Cruise	Premium Bequia Sunset Cruise
2 Selections of hors d'oeuvres - Plantation Punch - Soft drinks - Selection of Beers	4 Selections of hors d'oeuvres - Plantation Punch - Soft drinks - Selection of Beers - Unlimited Prosecco
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Bottle Of Champagne
(non-alcoholic)
Beautiful Room

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Beautiful Room

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Choose (1) one of our Day Pass Package

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- *Pool Access
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- *1 Meal

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- *Inclusive of A Room
- *Pool Access
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- *1 Meal

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La Vue Terms & conditions applied

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TACO

Tuesday

**BEEF
CHICKEN**

\$44

-SERVED WITH FRIES | SALAD | 1 SOFT DRINK

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BLUE LAGOON

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UNDER 12: \$17.50 EC
10AM-5PM

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Terms & conditions apply

Grenadine House
Kingstown, St. Vincent

DAY PASS

PRICING OPTIONS

SINGLE OCCUPANCY (PER PERSON)

Day Pass Only: **US \$85.00**
Day Pass + Room: **US \$120.00**

DOUBLE OCCUPANCY (FOR TWO PERSONS)

Day Pass Only: **US \$150.00**
Day Pass + Room: **US \$205.00**

DAY PASS PACKAGE INCLUDES:

- ✓ 1 WELCOME RUMPUNCH / LOCAL DRINK
- ✓ 1 TWO COURSE MEAL
- ✓ 1 GLASS HOUSE RED/WHITE WINE
- ✓ ACCESS TO POOL
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- Dark View Falls
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- Black Point Heritage and Recreation Park
- Layou Heritage Park
- Villa Beach Facility
- Mt Wynne Public Beach

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- Rawacou Recreation Park
- Belmont Lookout
- Owia Salt Pond
- Cumberland Beach Recreation Park
- Brighton Salt Pond
- Fort Duvernette

SITES CLOSED TO THE PUBLIC

- Fort Charlotte
- Falls of Baleine
- La Soufriere from the Leeward side

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- Site of Hamilton
- Sea Salt Museum
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Bequia, West Indies

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TACO TUESDAY
12PM - 11PM

SUNSET RESTAURANT

\$30

- Crispy Fried Shrimp Tacos topped w pico di gallo & pickled sweet onion
- Grilled Chicken Tacos topped w pico di gallo & pickled sweet onion
- Sweet Chilli Fish Tacos topped w pico di gallo & pickled sweet onion
- Hawaiian Steak Tacos topped w pico di gallo & pickled sweet onion
- Short Rib topped w pico di gallo & pickled sweet onion






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Canouan Clinic:	458-8305
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SVGHTA

ST. VINCENT & THE GRENADINES
HOTEL & TOURISM ASSOCIATION

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Kingstown

St. Vincent & the Grenadines

T: 784 458-4379

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SVG Hotel & Tourism Association

OFFICE AND SOUVENIR SHOP

Cruise Ship Terminal, Room #8

E: info@svghotels.com / svghotels@gmail.com

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