



SVGHTA
ST. VINCENT & THE GRENADINES
HOTEL & TOURISM ASSOCIATION

What's On in St. Vincent

2026

Issue: 1145

PUBLISHED BY THE ST. VINCENT AND THE GRENADINES HOTEL & TOURISM ASSOCIATION

AUGUST

Fri 21st

Blue Room R&B Music All Night, Bagga Square, 7pm

Coconut Grove Beach Club, Canash Beach: Happy Hour 5pm - 7pm

Grenadine House: Happy Hour 3pm until, Festive Fridays 6pm - 9pm

Paradise Beach Hotel: Grillin with the Captain, from 7:30 pm, Live Music

Ada Restaurant, Beachcombers Hotel: Happy Hour 6pm - 8pm

French Verandah, Villa: Jerk & Festival and Happy Hour 5pm - 7pm

Myah's Hotel: Happy Hour All Day

Sunset Shores Hotel: Happy Hour 4pm - 7pm

Tel: 431-2837

Tel: 458-1800

Tel: 457- 4795

Tel: 534-2593

Tel: 453 -1111

Tel: 451-3600

Tel: 458-4411

Sat 22nd

Ital Fest, Entrance to Arnos Vale Sporting Complex, 10am - 10pm

Sunset Shores Hotel: Happy Hour 4pm - 6pm, BBQ 7pm

Grenadine House: Happy Hour 3pm

Myah's Hotel: Happy Hour All Day, Saturday Cravings, 12 Noon

Ada Restaurant, Beachcombers Hotel: BBQ 6pm - 9pm with Live Music

Moonshine, Villa: Moonlit Saturdays, 9pm until

Young Island Resort: BBQ, 7pm - 10pm



Tel: 458-4411

Tel: 458-1800

Tel: 451-3600

Tel: 534-2593

Tel: 433-1528

Tel: 458-4826

Sun 23rd

Myah's Hotel: Miami Vice Summer Brunch, 2pm - 7pm

Holiday Inn Express & Suites, Diamond: Pancake Sundays, 7am - 10:30am

La Vue Boutique Hotel & Beach Club: Sunday Buffet 12 Noon - 4pm, Karaoke 6pm Until

Moonshine, Villa: Retro Sundays

Grenadine House: Buffet 11:30am - 3pm, Happy Hour 3pm until

Tel: 451-3600

Tel: 451-2466

Tel: 532-8883

Tel: 433-1528

Tel: 458-1800

Mon 24th

Fantasea Tours: All Inclusive Day Cruise to Mustique & Bequia

Moonshine, Villa: Plenty for \$20 Wings

Myah's Hotel: Menu, 12 Noon until

Tree House & Grill: Karaoke Night Party, 8pm until

Hotel Alexandrina: Kulture Bar & Grill, Prospect 3 pm

Tel: 457-4477

Tel: 433-1528

Tel: 451-3600

Tel: 529-2651

Tel: 456-9788

Tues 25th

French Verandah, Villa: Happy Hour 5pm - 7pm

Myah's Hotel: Taco & Tequila Tuesday

Fantasea Tours: All Inclusive Day Cruise to Tobago Cays, Mayreau & Canouan

Tree House & Grill: Burger & Beer Tuesdays

Grenadine House: Taco Tuesday 11am - 6pm

La Vue Boutique Hotel & Beach Club: Taco Tuesday, 12 Noon - 10pm

Tel: 453 -1111

Tel: 451-3600

Tel: 457-4477

Tel: 529-2651

Tel: 458-1800

Tel: 532-8883

Wed 26th

Fantasea Tours: All Inclusive Day Cruise to Mustique & Bequia

The Loft Restaurant & Bar, Ratho Mill: Wine Down Wednesday, 6pm - 8pm

Moonshine, Villa: Fever Wednesdays, 9pm

Jungl Lounge, Villa Flat: Karaoke Night, 7pm

Grenadine House: Wellness Wednesday

Myah's Hotel: Pizza your Way 12 Noon, Lime & Play Weekly Game Night, 5:30pm - 10pm

Coconut Grove Beach Club, Canash Beach: Happy Hour 5pm - 7pm

Tel: 457-4477

Tel: 458-4308

Tel: 433-1528

Tel: 527-2554

Tel: 458-1800

Tel: 451-3600

Tel: 431-2837

Thurs 27th

Jungl Lounge, Villa Flat: Latin Night Party

La Vue Boutique Hotel & Beach Club: Taco Thursday, 12 Noon - 10pm

Moonshine, Villa: Games Night & Thirsty Thursdays

Tree House & Grill: Taco Thursday

Grenadine House: Pasta Thursday

Coconut Grove Beach Club, Canash Beach: Taco Thursdays 2pm, Happy Hour 5pm - 7pm

Tel: 527-2554

Tel: 532-8883

Tel: 433-1528

Tel: 529-2651

Tel: 458-1800

Tel: 431-2837

Friday 21st August

Moonshine, Villa: Fridaze, 10pm

Tel: 433-1528

Signature Restaurant, Arnos Vale: Hot & Ready Pizza, After Work Lime Fridays

Tel: 456-6518

Saturday 22nd August

Coconut Grove Beach Club, Canash Beach: Back to School Fun Day, 3pm - 6pm

Tel: 431-2837

District Night Club & Lounge, Calder Gap: Black & White Affair, 10pm

Jungl Lounge, Villa Flat: Reggae Night

Tel: 527-2554

Tree House & Grill: Creole Saturdays, Happy Hours, 12 Noon - 5pm

Tel: 529-2651

Moonshine, Villa: Moonlit Saturdays, 9pm until

Tel: 433-1528

Sunday 23rd August

Ada Restaurant, Beachcombers Hotel: Live Music

Tel: 534-2593

Café Soleil, Blue Lagoon Marina: BBQ 11am - 5 pm, live music from 7 pm with BAM

Tel: 456-8550

Palki Restaurant, Villa Flat: Sunday Buffet Brunch, 11am to 3pm

Tel: 527-2554



Taste of Vincy 2026

Think you've got what it takes? Now's your time to prove it!

The Taste of Vincy Culinary & Bartending Competition is calling on talented Senior Chefs, Junior Chefs, Pastry Chefs and Bartenders to step up, showcase their skills and compete for over \$30,000 in cash and prizes!

Registration closes August 29, 2026.

Don't miss your chance to compete, create and represent the best of Vincy hospitality in November 2026 in Barbados.



The poster features a vibrant tropical theme with palm leaves, a plate of grilled fish, a bowl of fruit, and a cocktail shaker. The central text reads 'Taste of Vincy' in a stylized font, with 'CULINARY & BARTENDING Competition' below it. The SVGHTA logo is at the top, and the tagline 'SHOWCASE YOUR TALENT. COMPETE. WIN.' is prominently displayed. A QR code is provided for registration, and the deadline is August 29, 2026. Prizes of over \$30,000 are offered. Categories include Senior Chef, Junior Chef, Pastry Chef, and Bartender. The bottom of the poster includes the SVGHTA logo and the tagline 'CELEBRATE OUR CULTURE. ELEVATE OUR CRAFT. INSPIRE THE WORLD.'

SVGHTA
ST. VINCENT & THE GRENADINES
HOTEL & TOURISM ASSOCIATION

Taste of Vincy

CULINARY & BARTENDING — Competition —

SHOWCASE YOUR TALENT. COMPETE. WIN.

DEADLINE:
AUGUST 29, 2026

CATEGORIES:

- SENIOR CHEF
- JUNIOR CHEF
- PASTRY CHEF
- BARTENDER

OVER \$30,000
IN CASH AND PRIZES TO BE WON

Scan to Register!
REGISTER HERE

CELEBRATE OUR CULTURE. | **ELEVATE OUR CRAFT.** | **INSPIRE THE WORLD.**



Grenadine House
Kingstown, St. Vincent

FESTIVE
FRIDAY
MENU **\$50**

BUS-UP-SHOT WITH PUMPKIN
ROTI'S
CHICKEN
FISH
VEGETABLES
GARDEN SALAD
BANANA SALAD

+1 (784) 458-1800
+1 (784) 593-0996
stay@grenadinehouse.com

The image shows a collage of food items including a burger, chicken wings, and a banana salad.

BLUE LAGOON
HOTEL & MARINA

POOL
Passes
— AVAILABLE —

EXPERIENCE PARADISE
IN YOUR OWN BACKYARD

\$35 XCD PER ADULT
 \$17.50 XCD PER CHILD

10 AM – 6 PM

SWIMMING POOL ACCESS
 SHOWER FACILITIES
 LOUNGE AREA
 RELAX & UNWIND

Where every day feels like Vacation

+1 (784) 458-4308 | Blue Lagoon Hotel & Marina

The image shows a swimming pool with lounge chairs and a thatched roof structure.



THE LOFT
RESTAURANT & BAR

WINE

Down

WEDNESDAY

A MIDWEEK RITUAL.

PURCHASE ANY BOTTLE OF WINE
RECEIVE ONE
COMPLIMENTARY APPETIZER

CHOOSE ONE:

CHICKEN SAMOSAS	SPRING ROLLS	CHICKEN TENDERS
--------------------	-----------------	--------------------

EVERY WEDNESDAY
6:00 PM - 8:00 PM

Reserve your table.



LAVUE
BOUTIQUE HOTEL & BEACH CLUB

FIRE UP D GRILL

BBQ AT BLU BAR & BEACH CLUB
FRIDAY 28TH AUGUST
FROM 12PM

MENU

BBQ CHICKEN	\$25	SERVED WITH TWO SIDES
BBQ PIGTAILS	\$30	
BBQ PORK	\$30	ADDITIONAL SIDE \$10 PORTION OF FRIES \$10
GRILLED FISH BY ORDER ONLY	\$40	





BUCKET
OF BEER
5 FOR \$25



RUM PUNCH
\$15
241



MARGARITAS
\$20

CALL: 1784-528-8883 | WHATSAPP: 1784-534-7754



HAPPY HOURS

BUY 1 GET 1 FREE

CAMPARI | JOHNNY WALKER BLACK & RED
ABSOLUTE VODKA | SPARROW | MALIBU
TANQUERAY GIN | DAIQUIRI | MOJITO

FRIDAYS **17:00 - 19:00**

MORE INFORMATION
Info@sunsetshores.com
+1784 458 4411

LOCATION
Sunset Shores Beach Hotel,
Villa

LAVUE
BOUTIQUE HOTEL & BEACH CLUB

Sunday BUFFET

SUNDAY 23RD AUGUST 2026
12:00PM - 4:00PM

\$75 PP
INCLUSIVE
OF TAXES

\$15
MIMOSAS



SOUP

Coconut
Pumpkin
soup

ENTRÉES

- Ginger Soy
Chicken
- Sea Food Paella
- Green Curry Pork

SIDES

- Sweet Potato
Hash
- Wok Sautéed
Noodles with Veg

DESSERT

Warm Banana
Bread Pudding

CHEF SPECIAL
RESERVE NOW

CALL **784-528-8883**

RESERVATIONS
lavuehotelbeachclub

WHATSAPP **784-534-7754**
La Vue Hotel



MH HOTEL

MIAMI VICE SUMMER BRUNCH

ROOFTOP VIBES. GREAT FOOD.
MIAMI-INSPIRED BRUNCH

VVIP PERK
FIRST 12 VVIP GUESTS
RECEIVE A COMPLIMENTARY
MASSAGE
Courtesy of our
in-house spa therapist.

SUNDAY AUGUST 23RD
2PM - 7PM

\$130 PER PERSON | **\$220 VVIP**

FOOD INCLUSIVE | **WELCOME DRINK: BELLINI SANGRIA** | **VVIP AVAILABLE**



SVG Yacht Services
EXCELLENCE. RELIABILITY. LOCAL EXPERTISE

JOIN OUR TEAM

BE PART OF THE EXPERIENCE.
SUPPORT WORLD-CLASS YACHTS
IN ST. VINCENT & THE GRENADINES.

SVG Yacht Services is a leading yacht agency and concierge service provider in St. Vincent & the Grenadines, providing seamless support to visiting yachts, their crews, and guests.

As we continue to grow, we are looking for enthusiastic, reliable, and service-oriented individuals to join our team. While previous experience in the yachting or the hospitality industry is an advantage, we are also interested in individuals who have a genuine interest in the industry, a willingness to learn, and the drive to develop their skills.

If you are proactive, dependable, eager to learn, and committed to delivering a high standard of service, we would like to hear from you.



OPERATIONS AGENT
Based in the Southern Grenadines

The Operations Agent is responsible for providing efficient, hands-on support to visiting yachts and ensuring all operational requirements are handled accurately, promptly, and professionally.

REQUIREMENTS

- ✓ Previous experience in yacht agency, yacht operations, hospitality, concierge, marine services, or a related field is required.
- ✓ Strong knowledge of the Southern Grenadines and local service providers is highly desirable.
- ✓ Excellent communication, organizational, and time-management skills.
- ✓ Ability to work independently and under pressure.
- ✓ Flexibility to work outside regular hours, including weekends and holidays.
- ✓ A valid driver's license is an advantage.



DRIVER / PROVISIONING
Based in St. Vincent

The Driver / Provisioner provides professional transportation and provisioning support to yachts, ensuring orders, deliveries, and client requests are handled efficiently and to the highest standard.

REQUIREMENTS

- ✓ Previous professional driving, provisioning, logistics, hospitality, yacht-service, or related experience is required.
- ✓ Valid driver's license with a clean driving record.
- ✓ Good knowledge of St. Vincent, local roads, suppliers, and supermarkets.
- ✓ Excellent attention to detail and time-management skills.
- ✓ Ability to handle goods carefully and responsibly.
- ✓ Flexibility to work weekends, holidays, and non-standard hours when required.

HOW TO APPLY

Submit your CV/resume and a brief cover letter outlining your relevant experience.

Please indicate the position you are applying for in the subject line:

- Operations Agent – Southern Grenadines
- Driver / Provisioner – St. Vincent

Email your application to:
office@svg-yachtservices.com
WWW.SVG-YACHTSERVICES.COM



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St. Vincent & the Grenadines

GATHER YOUR CREW!

Your perfect day in paradise begins with the Bequia Plantation Hotel Experience.
Enjoy a complimentary lunch!

Book 4 day passes and get yours Free!
WHERE THOSE IN THE KNOW GO

\$65.00USD Per Person.

- Welcome Drink
- 2 Course Lunch(1 starter & 1 main)
- Watersports Activities
- Pool and Beach Access
- Beach Towel
- Complimentary WIFI

Add-On

- Breakfast USD \$20.00 per person. (Excluding A La Carte Items)
- Day Use Room- USD \$85.00 from 9:00AM-4:00PM(Double Occupancy)
- 45 minutes Swedish Massage - USD \$60.00

Book Now
Reservations 1(784)534-8677 | info@bequiaplantationhotel.com

Disclaimer: All day pass guests must leave their ID Card (NIS, Driver's license, etc) at the front desk upon check in. ID'S will be securely held and returned at the end of the day pass.



TreeBar & Grill

BURGER & BEER

TUESDAY'S

BUY A BURGER & FRIES AND GET A FREE BEER

ORDER NOW!!!

★ Moonshine

FRIDAZE

GOOD VIBES. GREAT PEOPLE. UNFORGETTABLE NIGHTS.

STARTS
10PM

DJ SPINNING ALL NIGHT | SIGNATURE COCKTAILS | GREAT PEOPLE GOOD ENERGY | VIBES YOU CAN'T MISS

★ YOUR **WEEKEND** STARTS HERE. ★

Moonshine

H Holiday Inn Express & Suites
— BY IHG® —

PANCAKE SUNDAYS

Enjoy a full buffet breakfast with our signature pancake feature.

BUFFET BREAKFAST INCLUDES

- Hot Breakfast Favourites
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TOP IT YOUR WAY

- Chef's Flavour of the Day
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ONLY \$23 USD per person

Served Sundays 7:00 AM – 10:30 AM
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WhatsApp: 784-532-9969
Email us to RSVP info@hiexsvg.com

Selections vary weekly.

Made fresh in-house every Sunday morning.

WE'RE HIRING!

DIVE Antilles

JOIN THE **DIVE ANTILLES TEAM!**

DIVEMASTER DIVE INSTRUCTOR & DIVEMASTER INTERNSHIP OPPORTUNITY

Dive Antilles is looking for enthusiastic, hardworking and reliable Divemasters or Dive Instructors to join our friendly team!

WE ARE LOCATED AT
PARADISE BEACH HOTEL,
VILLA BEACH, ST. VINCENT

WORKING HOURS
Typically
8:00 AM – 4:00 PM

Some days may finish earlier, while others may require staying a little later depending on guest activities and operational needs.

WHAT YOU'LL BE DOING (BUT NOT LIMITED TO):

- Guiding certified divers on boat dives
- Assisting with snorkel tours
- Loading and unloading boats with dive equipment
- Filling scuba tanks
- Cleaning, maintaining and caring for dive equipment
- Assisting with dive courses and student divers
- Providing excellent customer service to guests

FOR INSTRUCTORS:
Instructors will be responsible for teaching PADI and SSI courses, depending on their qualifications and agency status.

INTERNSHIP OPPORTUNITY FOR EXPERIENCED DIVERS!
We are also willing to accept applications from EXPERIENCED DIVERS who are not Divemasters yet. We offer internship opportunities for the right candidates to train and work with us towards becoming a Divemaster. If you're passionate about diving and want to grow your career with us, we'd love to hear from you!

REQUIREMENTS

- Must be reliable, punctual and able to arrive at the dive shop on time
- Friendly and confident with tourists and guests
- Able to speak clearly and communicate professionally
- Outgoing personality – not shy!
- Physically fit and healthy – must be able to lift and carry dive equipment
- Hardworking and a team player
- Boat handling / boating experience is a plus

SALARY
Salary will be based on experience, qualifications and certifications.

APPLY TODAY!
Send your CV and a brief introduction to Dive Antilles via email:
info@diveantilles.com

LOCALS ARE ENCOURAGED TO APPLY!

Be part of our small professional team and share your passion for the underwater world!

RELIABLE, PASSIONATE, TEAM PLAYER.
Love the Ocean? Love working with people? Join Dive Antilles!

JUNGLE LOUNGE
WHERE THE JUNGLE COMES ALIVE WITH FLAVOR

7PM UNTIL

KARAOKE Night

BEST WINS A FREE 12 INCH CHICKEN PIZZA

EVERY WEDNESDAY

CONTACT
17845272554

LOCATED
VILLA FLAT NEAR COLLEGE GAP



Summer Spa Packages

Teacher's Retreat

A De-Stressing & Hydrating Treat Massage and Hydrating Facial	1hr 30m \$150
---	------------------

Vacation Essentials

Manicure & Pedicure Combo Free gel polish	1hr 10m \$120
--	------------------

Summer Features

Head to Toe (Deep Cleansing Facial & Hot Oil Signature Body Massage)	1hr \$120
--	--------------

451-3600

Grenadine House
Kingstown, St. Vincent

YOU DESERVE to feel amazing

Escape the stress. Restore your body. Refresh your mind.

COME TO GRENADINE HOUSE SPA and experience the difference. ♡

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DEEP TISSUE MASSAGE

Relieves chronic muscle tension and targets deep layers of muscle for lasting relief.

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Promotes relaxation, improves circulation and leaves you feeling refreshed and renewed.

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Soothes the mind and body with therapeutic essential oils to enhance your well-being.

G H SIGNATURE MASSAGE

Our exclusive blend of techniques designed for total relaxation and complete rejuvenation.

GIVE YOURSELF THE GIFT OF Relaxation. You deserve it. ♡

BOOK YOUR APPOINTMENT TODAY
Step into tranquility. Leave renewed.

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Kingstown Park
Kingstown, St. Vincent
& the Grenadines

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 Spa@grenadinehouse.com
 www.grenadinehousespa.com

Relax.
Recharge.
Rejuvenate.

YOUR WELL-BEING IS OUR PRIORITY ♡

THE LOFT
RESTAURANT & BAR

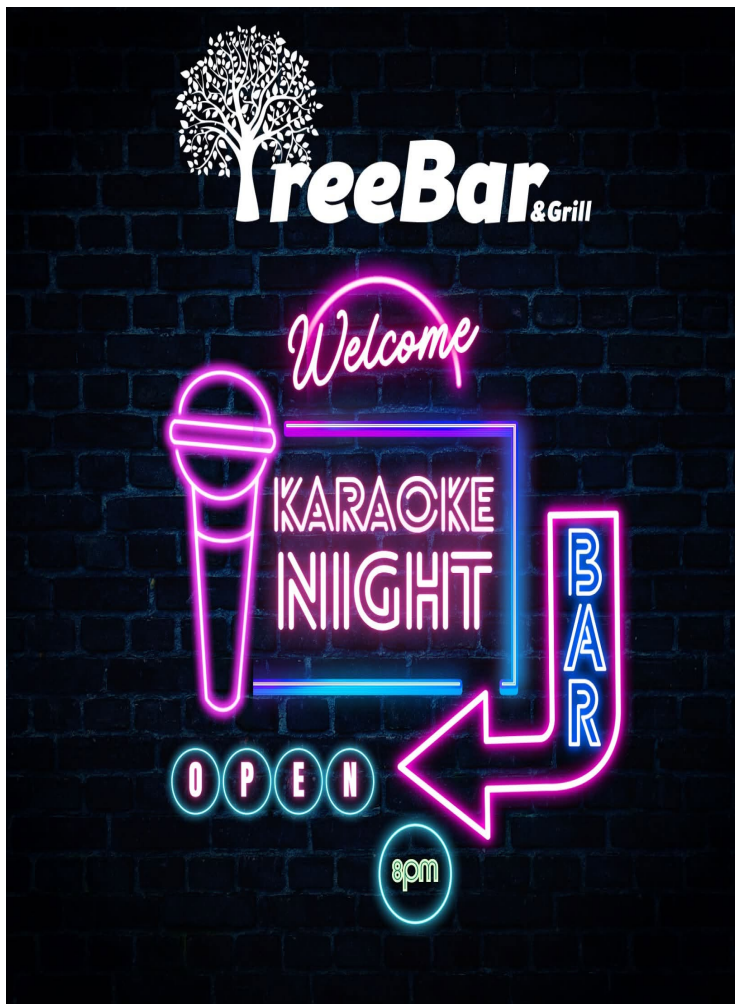
Dine With Us

Open Daily From 7am-11pm

Contact us at 1784-458-4308

Follow us on social media

The Loft Restaurant & Bar



FITNESS GYM



PACKAGE PRICE

Registration + First Month Fee:
XCD \$125.00

Monthly Fee: XCD \$60.00

OPEN HOURS
5:00AM - 8:00PM

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REGGAE Night

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GOOD REGGAE
AND EVEN BETTER
FOOD AND VIBES

☎ 1(784)527-2554
📍 Villa flat near college gap

Grenadine House
Kingstown, St. Vincent

SUMMER POOL PACKAGE

PER PERSON: \$50

INCLUDES: ACCESS TO THE POOL,
1 LIGHT MEAL, 1 HAIROUN SOFT DRINK

**GROUP OF 10:
\$45
PER PERSON**

INCLUDES: ACCESS TO THE POOL,
1 LIGHT MEAL & 1 HAIROUN
SOFT DRINK PER PERSON

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or **+1 (784) 593-0996**
SPACES ARE LIMITED!

POOL ACCESS **LIGHT MEAL** **HAIROUN SOFT DRINK** **FUN & RELAXATION**

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GRAB YOUR FRIENDS, TAKE A BREAK & UNWIND!

WE ARE OPEN TODAY
— FROM 5PM FOR —

Moonshine THIRSTY THURSDAYS

DRINK. PLAY. VIBE.

COCKTAIL SPECIALS AVAILABLE

The Best Friday Nights from 7:30pm Night — in town

Friday Night BBQ@ Paradise Beach Hotel

Live music, great people
even better food.

Villa Beach, St. Vincent

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paradisestvg.com



LAVUE BOUTIQUE HOTEL & BEACH CLUB BEFORE THE BELL

TEACHERS' PROFESSIONAL WEEK

*One last sip before
the school year begins.*

You've planned the lessons.
Prepared the classroom.
Now take a moment for you.

TEACHERS' SIP & UNWIND

SELECT COCKTAILS - \$15

\$20 2 4 1 ON WINE

3 FOR \$15 BEERS

4PM - 7PM

*Because teachers deserve
happy hour too.*

DAILY FROM 17TH AUGUST - 31ST AUGUST

SUNSET RESTAURANT - RUNWAY POOL DECK
& BLU BAR AND BEACH CLUB



TACO THURSDAYS



Coconut Grove
BEACH CLUB



Contact us at 1784-431-2837, Follow Us On Social Media @coconutgrovestvg

PALKI FINE DINING RESTAURANT

Sunday Buffet Brunch

AT VILLA FLAT

Starting 11 AM to 3 PM

EVERY SUNDAY



Call to Reserve Your Table

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Grenadines – safely, comfortably,
and in minutes.
Island-hop with ease. Explore more.

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Your Moments.

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and inquiries

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keeganbequia@yahoo.com
www.graciebeachside.com

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Repeat.
*Only at
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You Did It!

BOOK YOUR DAY PASS WITH BEQUIA PLANTATION HOTEL
PACKAGES AVAILABLE FROM: JUNE 12TH TO JULY 31ST 2026

RISEING STAR PACKAGE USD \$390.00	NEXT CHAPTER PACKAGE USD \$430.00
REQUIREMENTS: - MINIMUM OF SIX (6) CHILDREN AND TWO (2) ADULTS. - Time - 9:00AM- 4:00pm. - Age limit : Children under 14 years. PACKAGE INCLUSIONS: - Unlimited mango smoothies. - Three (3) 14-inch pizzas. - Chicken spring rolls.	REQUIREMENTS: - MINIMUM OF SIX (6) CHILDREN AND TWO (2) ADULTS. - Time - 9:00AM- 4:00pm. - Age limit : Children 14 years and older. PACKAGE INCLUSIONS: - Unlimited mango smoothies. - Three (3) 14-inch pizzas. - Chicken spring rolls. - Four (4) portions of Sweet Chilli wings.

(784)534-8677 | info@bequiaplantationhotel.com | www.Bequiaplantationhotel.com

MYAHS HOTEL
DAY PASS Experience

Rates:
Single Guest: EC \$265.00
Two Adults: EC \$370.00

Day Pass Includes

- 20-minute Neck & Shoulder Massage at the Spa (Adults only)
- One Meal & One Non-Alcoholic Beverage at Islander Restaurant
- Access to the Pool throughout stay
- Private Photo Session (15 minutes) with 5 Digital Photos
- Private Room Access from 10:00 AM to 5:00 PM

FOR MORE INFORMATION
Call: 1(784) 451-3600
reservation@myahshotel.com



JADEN SUN FAST FERRY

Regular Schedule 2026

Day	Route	Estimated Time of Departure
SUNDAY	Kingstown → Canouan	3:30 pm
	Canouan → Mayreau	4:45 pm
	Mayreau → Union Island	5:15 pm
MONDAY	Union Island → Mayreau	6:30 am
	Mayreau → Canouan	6:45 am
	Canouan → Kingstown	7:15 am
	Kingstown → Canouan	3:30 pm
	Canouan → Mayreau	4:45 pm
	Mayreau → Union Island	5:15 pm
WEDNESDAY	Union Island → Mayreau	6:30 am
	Mayreau → Canouan	6:45 am
	Canouan → Kingstown	7:15 am
	NO AFTERNOON SCHEDULE	NO AFTERNOON SCHEDULE
FRIDAY	Kingstown → Canouan	9:00 am
	Canouan → Mayreau	10:15 am
	Mayreau → Union Island	10:45 am
	Union Island → Mayreau	3:30 pm
	Mayreau → Canouan	3:45 pm
	Canouan → Kingstown	4:15 pm

There is NO operation on Tuesdays, Thursdays or Saturdays.

Sailing Times:

Kingstown/Canouan: 75 minutes
Canouan/Mayreau: 20 minutes
Mayreau/Union Is: 10 minutes

- BOARDING is 15 minutes prior to departure.
- If a holiday falls on Monday, the Sunday afternoon ferry is cancelled. Instead, the ferry will depart Kingstown at 3:30pm on Monday.
- Ferry Schedule is subject to change due to weather and other operational reasons.

CONTACT INFORMATION

Office: (784) 451-2192 | jaden.sun
 Cell: (784) 498-7114 | Jaden Sun Fast Ferry
 jadeninc02@gmail.com | www.https://jadensunferry.com/



JADEN SUN FAST FERRY

IMPORTANT ANNOUNCEMENT!

ATTENTION

SCHEDULE UPDATE

Effective Sun, 2nd August, 2026 and until further notice, Jaden Sun Fast Ferry will not stop into Bequia on the way to or from the Southern Grenadines.

Special arrangements can be made for groups of 20 or more persons.

We regret any inconvenience caused as we try to navigate these trying times.



Scan the QR code to view our schedule



Office: (784) 451-2192

Cell: (784) 498-7114

jadeninc02@gmail.com

SCHEDULE UPDATE SOUTHERN GRENADINES

MONDAY

DEPARTS KINGSTOWN 11:30 AM

KINGSTOWN > CANOUAN > MAYREAU > UNION ISLAND

TUESDAY

DEPARTS UNION ISLAND 6:00 AM

UNION ISLAND > MAYREAU > CANOUAN > KINGSTOWN

WEDNESDAY [SAME DAY RETURN]

DEPARTS KINGSTOWN 10:30 AM

KINGSTOWN > CANOUAN > MAYREAU > UNION ISLAND
> CANOUAN > KINGSTOWN

THURSDAY

DEPARTS KINGSTOWN 11:30 AM

KINGSTOWN > CANOUAN > MAYREAU > UNION ISLAND

FRIDAY

DEPARTS UNION ISLAND 6:00 AM

UNION ISLAND > MAYREAU > CANOUAN > KINGSTOWN

SATURDAY

DEPARTS KINGSTOWN 11:30 AM

KINGSTOWN > CANOUAN > MAYREAU > UNION ISLAND

SUNDAY

DEPARTS UNION ISLAND 7:00 AM

UNION IS. > MAYREAU > CANOUAN > BEQUIA > K.TOWN



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Email: info@bequiaexpress.com



WEEKLY SCHEDULE

FROM BEQUIA FROM KINGSTOWN

MON- FRI

6:30 AM	8:00 AM
7:30 AM	9:30 AM
9:30 AM	1:00 PM
1:00 PM	4:00 PM
4:00 PM	5:00 PM

SATURDAYS

6:30 AM	8:00 AM
7:30 AM	9:30 AM
9:30 AM	12:30 PM
1:00 PM	4:30 PM
4:00 PM	5:00 PM

SUNDAYS

6:30 AM	8:00 AM
11:00 AM	4:30 PM
4:00 PM	5:00 PM

RATES

ADULT PASSENGERS

ONE WAY RETURN

\$25 \$40

STANDARD SIZE VEHICLES

ONE WAY RETURN

\$60 \$100

DRIVER INCLUDED



Bequia Express Co. Ltd.
Safe. Reliable. Efficient
TEL: 784 457-3539
Email: info@bequiaexpress.com





BEQUIA FAST FERRIES LTD

Schedule

MONDAY to SATURDAY			SUNDAYS & PUBLIC HOLIDAYS		
From Bequia		From Kingstown	From Bequia		From Kingstown
6:30 AM	8:45 AM	7:45 AM	7:00 AM	8:15 AM	
12:00 PM		10:00 AM	4:15 PM	5:15 PM	
4:15 PM		3:00 PM			
		5:15 PM			

Fares

Passengers - Locals				Vehicles			
Age Group	One Way	Return	Standard Size	One Way	Return		
Adults	\$25	\$50	Vehicle Only	\$65	\$120		
Teenagers (13-17)	\$20	\$40	Vehicle and Driver	\$85	\$155		
Children (5-12)	\$15	\$30					

Passengers - Standard			
Age Group	One Way	Return	
Adults	\$30	\$60	
Teenagers (13-17)	\$25	\$50	
Children (5-12)	\$20	\$40	

Faster **Luxurious** **Stable**

(784) 493-3278
office@bequiafastferries.com

LAVUE

BOUTIQUE HOTEL & BEACH CLUB

NOTICE

SUNSET RESTAURANT

WILL BE **TEMPORARILY CLOSED**

FROM
16TH AUGUST - 13TH SEPTEMBER 2026

Sunset Bar Only
WILL REMAIN OPEN
DAILY FROM
3PM - 11PM

BLU BAR & BEACH CLUB
REMAINS OPEN
DAILY FROM
7AM - 11PM

Thank you for your understanding and continued support. ❤️



MIDNIGHT MUSE

OCEAN BREEZE

SOLO JAMZ

R&B edition

TOXIC OR TEMPTED

VENUE
OCEAN BREEZE
CHATEAU BELAIR

DJ YUNG SOURCE & DJ LAZER
DJ RISH • DJ FRASS • DJ BAW
DJ FLIP • DJ BLAZE

TIME 10 PM

TABLE AVAILABLE FOR RESERVATION \$50 WHILE STOCKS LAST
@MIDNIGHT_MUSE_EVENTS • @IFUNCTIONN | FOR MORE INFO +1 (784) 492-2369 OR +1 (784) 498-9000



MV GEM STAR 2

Southern Grenadines Ferry

SCHEDULE

TUESDAYS & FRIDAYS - 11:00AM
Kingstown → Canouan → Mayreau → Union Island

WEDNESDAYS & SATURDAYS - 7:00AM
Union Island → Mayreau → Canouan → Kingstown

SHIP: 784 526 1158 | OFFICE: 784 457 4157
gemstarshipping@gmail.com

Find us on  

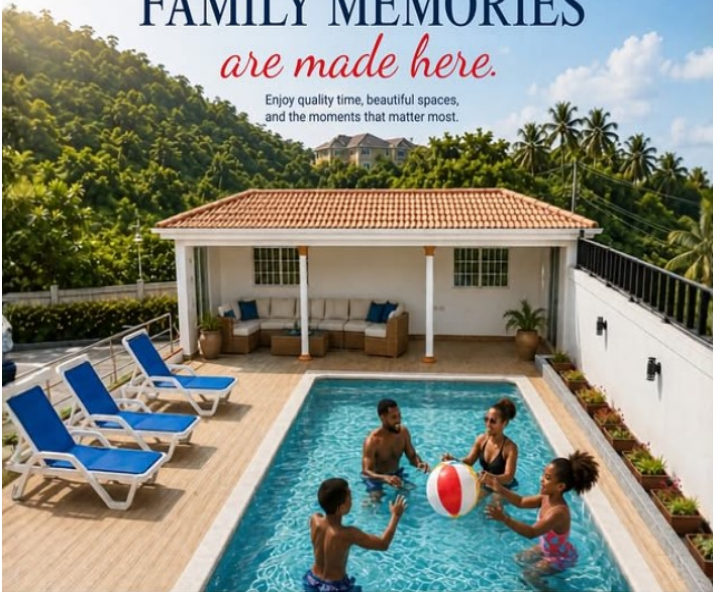


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are made here.

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and the moments that matter most.





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COMFORT



POOL FUN
FOR ALL AGES



MEMORIES
THAT LAST



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YOUR DAY PASS GETAWAY
Starts Here.

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FRIDAY NIGHT CEVICHE





driftwood

eat drink. drift.



SCHOOL'S ALMOST BACK...

SUMMER'S NOT OVER YET!

BACK TO SCHOOL FUN DAY



SATURDAY
AUGUST 22, 2026



3PM - 6PM



**COCONUT GROVE
BEACH CLUB**

FUN FOR EVERYONE!



**BOUNCING
CASTLE**



**OUTDOOR
GAMES**



GIVEAWAYS





Grenadine House

Kingstown, St. Vincent



POOL Packages







PACKAGE 1

XCD \$40.00

PER PERSON

- Pool Access
- Free Wi-Fi
- Free Parking
- Meals and drinks can be purchased at the hotel.

PACKAGE 2

XCD \$60.00

PER PERSON

- Pool Access
- 1 Light Meal
- 1 Haircut Soft Drink
- Free Wi-Fi
- Free Parking

**8AM
TO
5PM**

stay@grenadinehouse.com

+1 784 458 1800 | +1 784 593 0996





TREE BAR

Creole Saturdays
each and every Saturday

Blackfish and Provision



Saltfish Buljol



Pigfoot Souse



Conch Souse



Smoke Herring and Doughboy



Sip & Paint

Sip. Paint. Relax. Create.
Unwind your way! ♥



DATE:
OCTOBER 11, 2026



VENUE:
HOLIDAY INN



TIME:
5:00PM

COUPLE DEAL

\$325

SINGLE

\$200

LIMITED SPOTS.

BOOK NOW!

CONTACT FOR MORE INFORMATION

1784 497-4945

FINGER FOOD & WINE

All Inclusive!

Good vibes
Great times



MH
HOTEL

KIDS SPLASH

ONE LAST SPLASH BEFORE SCHOOL

A POOLSIDE PARTY JUST FOR KIDS!

DATE:
Saturday, 29th August, 2026

TIME:
11:00 AM - 3:00 PM

VENUE:
Islander Restaurant Poolside

PRICE:
\$100 per child
(no adult tickets)

DETAILS:
Ages 6-13 years.
Ticket only event.

INCLUDES:

- 1 Welcome Mocktail
- Kids Buffet Meal
- Fruit Punch
- Pool Access

ACTIVITIES:

- Pool toys, floaties & inflatables
- Wet Zone & Fun kids activities
- Raffle

NOTE:

- All children must be accompanied by a parent or adult
- Advance tickets only - limited spaces available



GOOD FRIENDS. COOL VIBES. UNFORGETTABLE MEMORIES.
LET'S MAKE A SPLASH!

Grenadine House
Kingstown, St. Vincent

GRENADINE House

RELAX • RECHARGE • RECONNECT

GUEST AMENITIES & OPENING HOURS



RECEPTION
7:00 AM - 10:00 PM
OPEN EVERYDAY



RESTAURANT & BAR
7:00 AM - 9:30 PM
OPEN EVERYDAY



GYM
7:00 AM - 8:00 PM
OPEN EVERYDAY



SWIMMING POOL
8:00 AM - 5:00 PM
OPEN EVERYDAY



THE SPA
9:00 AM - 5:00 PM
TUESDAY TO SATURDAY

*CLOSED ON SUNDAYS,
MONDAYS, AND PUBLIC HOLIDAYS

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Thank you for choosing Grenadine House.
Enjoy your stay.



LAVUE

BOUTIQUE HOTEL & BEACH CLUB



Summer STAYS AT the VUE

RELAX. RECHARGE. RECONNECT.

Escape the everyday and indulge in a summer staycation designed for comfort, connection and unforgettable moments. Beautiful views. Exceptional service. Pure relaxation.

ALL FOR
US\$300
PER COUPLE

INCLUDES:

- One Night Accommodation
- Dinner for Two
- Continental Breakfast for Two

★ ROOM UPGRADES ARE AVAILABLE.

You deserve a break.
BOOK YOUR STAY TODAY.



CALL TO BOOK
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WHATSAPP
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LavueHotelBeachClub
La Vue Hotel



Grenadine House

Kingstown, St. Vincent

GH WRAPS SERVED WITH SALAD

CHICKEN, FISH, VEGETABLES

BUILD YOUR SALAD

Lettuce, Tomatoes, Cucumbers,
Carrots, Cabbage, Onions, Sweet
Peppers, Avocado, Chick Peas

4 Veggies + 1 CHOICE OF MEAT -
FISH/CHICKEN

CHEF'S DAILY SPECIAL

Local Ground Provision Bowl

Steamed Plantains, Steamed Provision,
GH Salad, Coconut Dumplings

Choice of Codfish/ Grilled Chicken / Fish

BEVERAGES

Ginger Lime Fuzz
Fruit Smoothies (Seasonal Fruits)
Plumrose/ Waxapple Watermelon Spritz
(SEASONAL)

+ 1 784 458-1800 | + 1 784 593-0996
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Wellness Wednesday
EVERY WEDNESDAY

Grenadine House
Kingstown, St. Vincent

FANTASEA TOURS
St. Vincent W.I.



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Grenadine House
Kingstown, St. Vincent

Pasta Thursday

CHICKEN FISH

BEEF CARBONARA

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WhatsApp Instagram Facebook

TACO TUESDAY

& tequila

EVERY TUESDAY

INCLUDES:

- \$10 TEQUILA SHOTS
- 2 FOR 1 MARGARITAS
- 3 TACOS FOR \$50 - CHICKEN, BEEF OR SEAFOOD

MH HOTEL 784-451-3600 Myah's Hotel

BEQUIA PLANTATION HOTEL
Bequia, West Indies

SUNSET CRUISE EXPERIENCES

Sail into the golden hour and experience Bequia's Coastline like never before
Perfect for couples, celebrations, or simply relaxing on the sea.

Choose from

Bequia Sunset Cruise	Premium Bequia Sunset Cruise
2 Selections of hors d'oeuvres - Plantation Punch - Soft drinks - Selection of Beers	4 Selections of hors d'oeuvres - Plantation Punch - Soft drinks - Selection of Beers - Unlimited Prosecco
USD \$220 per couple + USD \$90 per extra person	USD \$300 per couple + USD \$100 per extra person

Departs: 4:30 PM - Duration: 2 hrs

Reserve today

(784) 534 - 8677 Bequia Plantation Hotel

Moonshine

PLENTY FOR 20 MONDAYS

20 WINGS FOR \$20

DINE IN ONLY OFFER

ONLY \$20

BIG FLAVOR. BIGGER VIBES.

SAUCY. TASTY. IRRESISTIBLE.

Pull Up. TREAT YOURSELF!



Couples DAY PASS

Lunch
Bottle Of Champagne
(non-alcoholic)
Beautiful Room

\$112 USD

Singles DAY PASS

Lunch
Glass Of Champagne
(non-alcoholic)
Beautiful Room

\$80 USD

BOOK NOW

1-784-456-9788 | INFO@HOTELALEXANDRINA.COM | WWW.HOTELALEXANDRINA.COM



**FROM
EC \$490.00**

Welcome drinks,
Complimentary
use of Pool & Gym



POOL Day Pass

10AM- 5PM

Dive into relaxation with our Pool Day Pass.
Perfect for locals & guests alike!

Choose (1) one of our Day Pass Package

XCD \$150
per person

- *Pool Access
- *2 glasses of Rum or Fruit punch
- *1 Meal

USD \$150
per person

- *Inclusive of A Room
- *Pool Access
- *2 glasses of Rum or Fruit punch
- *1 Meal

Call to inquire about children rates & Availability

La Vue Terms & conditions applied

Call Us to book
(784) 528-8883

Lavuehotelbeachclub
Lavuehotel

Kingstown, St. Vincent

TACO

Tuesday

**BEEF
CHICKEN**

\$44

-SERVED WITH FRIES | SALAD | 1 SOFT DRINK

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5PM - 7PM
WEDNESDAY TO FRIDAY
AT COCONUT GROVE

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BEACH CLUB

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BLUE LAGOON
HOTEL & MARINA

POOL PASS
BLUE LAGOON

ADULTS: \$35 EC
UNDER 12: \$17.50 EC
10AM-5PM

1-784-458-4308

Terms & conditions apply

Grenadine House
Kingstown, St. Vincent

DAY PASS

PRICING OPTIONS

SINGLE OCCUPANCY (PER PERSON)

Day Pass Only: **US \$85.00**
Day Pass + Room: **US \$120.00**

DOUBLE OCCUPANCY (FOR TWO PERSONS)

Day Pass Only: **US \$150.00**
Day Pass + Room: **US \$205.00**

DAY PASS PACKAGE INCLUDES:

- ✓ 1 WELCOME RUMPUNCH / LOCAL DRINK
- ✓ 1 TWO COURSE MEAL
- ✓ 1 GLASS HOUSE RED/WHITE WINE
- ✓ ACCESS TO POOL
- ✓ ACCESS TO GYM

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“Made with nature's finest ingredients to nourish your skin naturally.”

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SHOPS #6 & #7
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ST. VINCENT & THE GRENADINES

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PRESENTS

LOL COMEDY CONCERT

LAUGH TIL YUH
TURN OVER
THEN GET UP AND
LAUGH AGAIN!

OCTOBER 24TH 2026 | RUSSELLS AUDITORIUM

7PM UNTIL | \$60 EARLY BIRD || \$80 GENERAL

TICKETS: JUNGL LOUNGE OR WHATSAPP | 1784-432-4924 / 1784-497-3749

Grenadine House
Kingstown, St. Vincent

Sunday Buffet

Sunday 23rd August 2026 | 11:30am

XCD\$60
PER PERSON
+ 10% SERVICE CHARGE

Soup
Lentil soup

Salad
Spinach and tomato salad

Mains
Provision casserole
Herb rice
Chef style veg

Meat
Stewed pork
Grilled fish with paw paw salsa

Dessert
Sweet potato pudding

f i s

RESERVATIONS
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La Habana
Coconut Grove
BEACH CLUB

CUBAN Night

UNA NOCHE EN LA HABANA

!SATURDAY
AUGUST 29
FROM
8 PM

MUSIC BY
DJ ALX

GOOD MUSIC. GOOD VIBES. GOOD TIMES

Moonshine

THIRSTY

Thursdays

GAME NIGHT EDITION

THURSDAY IS THE NEW FRIDAY!
LIVE DJ | CAMPARI SPECIALS & SLR COCKTAILS
FREE GAMES ALL NIGHT! VIBES ALL NIGHT LONG!
FAIR PLAY RULES APPLY | 1 GAME PER TURN | WINNER STAYS

Parks and Sites

Hiking & Adventure

- La Soufriere Cross Country Trail on the Windward Side
- Cumberland Trail
- Dark View Falls
- Vermont Nature Trail
- Indian Bay Beach Facility

Heritage & Culture

- SVG Botanical Garden
- Wallilabou Heritage and Recreation Park
- Black Point Heritage and Recreation Park
- Layou Heritage Park
- Villa Beach Facility
- Mt Wynne Public Beach

Recreation & Site Seeing

- Rawacou Recreation Park
- Belmont Lookout
- Owia Salt Pond
- Cumberland Beach Recreation Park
- Brighton Salt Pond
- Fort Duvernette

SITES CLOSED TO THE PUBLIC

- Fort Charlotte
- Falls of Baleine
- La Soufriere from the Leeward side

BEQUIA - PLACES TO VISIT

- Maritime Museum
- Site of Hamilton
- Sea Salt Museum
- Spring Plantation

FRIENDS WEEKEND
GETAWAY AT BEQUIA PLANTATION HOTEL
July 12th, 2024 - September 6th 2024
Available every weekend!

Stay in our Double En-Suite or Double Master Bungalows.
Receive a complimentary bottle of wine OR platter on arrival.
Max 4 persons | Min 2 nights stay

BEQUIA PLANTATION HOTEL
Bequia, West Indies

Book Now

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BOOKING CODE BPH123





LAVUE
BOUTIQUE HOTEL & BEACH CLUB

TACO TUESDAY
12PM - 11PM

SUNSET RESTAURANT

\$30

- Crispy Fried Shrimp Tacos topped w pico di gallo & pickled sweet onion
- Grilled Chicken Tacos topped w pico di gallo & pickled sweet onion
- Sweet Chilli Fish Tacos topped w pico di gallo & pickled sweet onion
- Hawaiian Steak Tacos topped w pico di gallo & pickled sweet onion
- Short Rib topped w pico di gallo & pickled sweet onion






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THE JOSHUA CENTRE
Arnos Vale, St. Vincent

MON - FRI | SAT
9:00am - 4:30pm | 9:00am - 1:00pm

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Travel

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OR
Celebrating?



Whatever the occasion, we provide the perfect setting, exceptional service and attention to every detail.
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Bequia:	458-3294
Canouan Clinic:	458-8305
Union Clinic:	458-8245



SVGHTA

ST. VINCENT & THE GRENADINES
HOTEL & TOURISM ASSOCIATION

P O Box 2125

Kingstown

St. Vincent & the Grenadines

T: 784 458-4379

M: 784-494-4379

SVG Hotel & Tourism Association

OFFICE AND SOUVENIR SHOP

Cruise Ship Terminal, Room #8

E: info@svghotels.com / svghotels@gmail.com

W: www.svghotels.com

Ins & Outs of SVG: www.insandoutsofsvg.com/