



ST. VINCENT & THE GRENADINES
HOTEL AND TOURISM ASSOCIATION

What's On in St. Vincent

2026

Issue: 1142

PUBLISHED BY THE ST. VINCENT AND THE GRENADINES HOTEL & TOURISM ASSOCIATION

JULY

Fri 31st

Moonshine, Villa: Fridaze, 10pm until
Tree Bar & Grill, Arnos Vale: Unplug Fridays, 10pm
Coconut Grove Beach Club, Canash Beach: Happy Hour 5pm - 7pm
Grenadine House: Happy Hour 3pm until, Festive Fridays 6pm - 9pm
Paradise Beach Hotel: Grillin with the Captain, from 7:30 pm, Live Music
Ada Restaurant, Beachcombers Hotel: Happy Hour 6pm - 8pm Live Music
French Verandah, Villa: Jerk & Festival and Happy Hour 5pm - 7pm
Myah's Hotel: Happy Hour All Day
Sunset Shores Hotel: Happy Hour 4pm - 7pm

Tel: 433-1528
Tel: 529-2651
Tel: 431-2837
Tel: 458-1800
Tel: 457- 4795
Tel: 534-2593
Tel: 453 -1111
Tel: 451-3600
Tel: 458-4411

AUGUST

Sat 1st

Emancipation Day Celebration, Victoria Park , 10am - 10pm
District Night Club & Lounge, Calder Gap: Breathless R&B Night, 9pm
Sunset Shores Hotel: Happy Hour 4pm - 6pm, BBQ 7pm
Grenadine House: Happy Hour 3pm
Myah's Hotel: Happy Hour All Day, Saturday Cravings, 12 Noon
Ada Restaurant, Beachcombers Hotel: BBQ 6pm - 9pm with Live Music
Moonshine, Villa: Moonlit Saturdays, 9pm until
Young Island Resort: BBQ, 7pm - 10pm



Tel: 458-1800
Tel: 451-3600
Tel: 534-2593
Tel: 433-1528
Tel: 458-4826

Sun 2nd

Holiday Inn Express & Suites, Diamond: Pancake Sundays, 7am - 10:30am
La Vue Boutique Hotel & Beach Club: Sunday Buffet 12 Noon - 4pm, Bingo & Karaoke 6pm Until
Moonshine, Villa: Retro Sundays
Ada Restaurant, Beachcombers Hotel: Live Music
Grenadine House: Buffet 11:30am - 3pm, Happy Hour 3pm until

Tel: 451-2466
Tel: 532-8883
Tel: 433-1528
Tel: 534-2593
Tel: 458-1800

Mon 3rd

Fantasea Tours: All Inclusive Day Cruise to Mustique & Bequia
Moonshine, Villa: Plenty for \$20 Wings
Myah's Hotel: Menu, 12 Noon until
Tree House & Grill: Karaoke Night Party, 8pm until
Hotel Alexandrina: Kulture Bar & Grill, Prospect 3 pm

Tel: 457-4477
Tel: 433-1528
Tel: 451-3600
Tel: 529-2651
Tel: 456-9788

Tues 4th

Myah's Hotel: Taco & Tequila Tuesday
Fantasea Tours: All Inclusive Day Cruise to Tobago Cays, Mayreau & Canouan
Tree House & Grill: Burger & Beer Tuesdays
Grenadine House: Taco Tuesday 11am - 6pm
La Vue Boutique Hotel & Beach Club: Taco Tuesday, 12 Noon - 10pm
Fantasea Tours: All Inclusive Day Cruise to Mustique & Bequia

Tel: 451-3600
Tel: 457-4477
Tel: 529-2651
Tel: 458-1800
Tel: 532-8883
Tel: 457-4477

Wed 5th

The Loft Restaurant & Bar, Ratho Mill: Wine Down Wednesday, 6pm - 8pm
Moonshine, Villa: Fever Wednesdays, 9pm
Jungl Lounge, Villa Flat: Karaoke Night, 7pm
Grenadine House: Wellness Wednesday
Myah's Hotel: Pizza your Way All Day, Lime & Play Weekly Game Night, 5:30pm - 10pm
Coconut Grove Beach Club, Canash Beach: Happy Hour 5pm - 7pm

Tel: 458-4308
Tel: 433-1528
Tel: 527-2554
Tel: 458-1800
Tel: 451-3600
Tel: 431-2837

Thurs 6th

La Vue Boutique Hotel & Beach Club: Taco Thursday, 12 Noon - 10pm
Moonshine, Villa: Games Night & Thirsty Thursdays
Tree House & Grill: Taco Thursday
Grenadine House: Pasta Thursday
Coconut Grove Beach Club, Canash Beach: Taco Thursdays 2pm, Happy Hour 5pm - 7pm

Tel: 532-8883
Tel: 433-1528
Tel: 529-2651
Tel: 458-1800
Tel: 431-2837

Friday 31st July

Bingo Night, Triple R Square, Georgetown, 8pm

Wafulasun Sports Bar, Cumberland: Mabuiga Friday's After Work Lime, 5pm

Tel: 570-9691

Signature Restaurant, Arnos Vale: Hot & Ready Pizza, After Work Lime Fridays

Tel: 456-6518

Summer Rose, Villa: Friday Night Lime Live DJ, 8pm

Saturday 1st August

Barcode, Arnos Vale: SILC Band

Tel: 493-2633

Prestige Cocktail Bar & Lounge, Fountain: Pool Competition, 6pm

Tel: 454-6868

Jungl Lounge, Villa Flat: Reggae Night

Tel: 527-2554

Tree House & Grill: Creole Saturdays, Happy Hours, 12 Noon - 5pm

Tel: 529-2651

Moonshine, Villa: Moonlit Saturdays, 9pm until

Tel: 433-1528

Sunset Cruise, Boarding 4:30 pm at Mangoz Dock

Tel: 458-5882

Sunday 2nd August

Café Soleil, Blue Lagoon Marina: BBQ 11am - 5 pm, live music from 7 pm with BAM

Tel: 456-8550

Palki Restaurant, Villa Flat: Sunday Buffet Brunch, 11am to 3pm

Tel: 527-2554



PRESTIGE POOL COMPETITION

GOOD VIBES
COLD DRINKS
GREAT
COMPETITION!

Good Times
Great Shots
Prestige

SHOW YOUR SKILLS. TAKE THE PRIZE!

1ST PLACE
WINNER
A CASE OF BEER!

2ND PLACE
RUNNER UP
12 INCH MEAT
LOVERS PIZZA!

ENTRY FEE
\$20

RACE TO 7
(WIN BY 2)

SATURDAY AUGUST 1ST 2026

SATURDAY
AUGUST 1ST, 2026
6:00PM

PRESTIGE
GOOD VIBES
GREAT TIMES

SIGN UP EARLY!
LIMITED SPOTS
AVAILABLE



LIME & PLAY
Weekly Game Night

EVERY WEDNESDAY
BEGINNING
AUGUST 5TH, 2026
5:30 PM - 10:00 PM
HOSTED BY
DJ PITBULL

FEATURED CHALLENGE
UNO CHAMPIONSHIP
Battle it out to become the
first Top Limer and earn
your place on our official
LIMERS LEAGUE LEADERBOARD.

FUN GAMES FOR EVERYONE

JENGA
MONOPOLY
DRAUGHTS

DRINK SPECIALS

PUNCH BY
THE PITCHER
BEER BUCKETS
2-FOR-1
RUM PUNCH

FOOD SPECIALS

PLATTER
SPECIALS
FOOD & DRINK
COMBOS

WIN PRIZES

SPECIALS & PRIZES
THROUGHOUT THE NIGHT
BECOME A LEGEND IN OUR
**LIMERS LEAGUE
HALL OF FAME.**



EMANCIPATION DAY CELEBRATION

EMBRACING OUR PAST
FORGING INTO THE FUTURE
CELEBRATE FREEDOM; HONOR OUR HERITAGE

AUGUST

01
2026



VICTORIA
PARK

Starting time:

10am - 10pm

1

- Cultural Displays
- Games and Activities
- Raffles & Giveaways
- And much more!!!

2

- Bouncing Castle
- Kids Ride
- Face Painting
- Live Music
- Local Vendors

3

**STREET
PARADE**
(Wear African Attire)

4

**CULTURAL
SHOW**





ST. VINCENT & THE GRENADINES
HOTEL & TOURISM ASSOCIATION

St. Vincent & the Grenadines Hotel & Tourism Association
in collaboration with
National Emergency Management Organization



DISASTER PREPAREDNESS AND MANAGEMENT WORKSHOP

Date: 11th August, 2026

Venue: Holiday Inn Express & Suites

Time: 8:30am - 3:00pm

Registration Fee: \$100.00 Per Person

(Includes Certificate of Participation, Snack and Lunch)

Registration Deadline: 4th August, 2026

This workshop will focus on strengthening resilience with expert-led strategies for disaster preparedness, mitigation and response.

St Vincent & the Grenadines Hotel & Tourism Association
Cruise Ship Terminal, Room #8, St Vincent & the Grenadines

T 784-458-4379 / M: 784-494-4379

E info@svghotels.com / svghotels@gmail.com

W Website: svghotels.com



Emergency
Planning



Hurricane
Safety



Preparedness
Kits



Evacuation
Strategies

H Holiday Inn
Express
& Suites

AN IHG HOTEL

Taste of St Vincent and the Grenadines 2026

Calling all chefs, bartenders and mixologists! The stage is set for Taste of Saint Vincent and the Grenadines 2026, the St. Vincent and the Grenadines Hotel and Tourism Association (SVGHTA) Local Culinary & Bartending Competition!

This is your opportunity to showcase your talent, creativity, skill and passion while representing the very best of our hospitality industry.

Top performers will receive professional training and the winners will advance to represent Saint Vincent and the Grenadines at the Taste of the Caribbean Regional Competition in Barbados on November 18 & 19, 2026, all expenses paid.

Applications Open: August 15, 2026
Competition Commences: August 29, 2026

Please note that this competition is open only to employees of hotels that are members of the SVGHTA.

ENTER Taste of SAINT VINCENT AND THE GRENADINES 2026

THE SVGHTA LOCAL CULINARY & BARTENDING COMPETITION

CHEFS | BARTENDERS | MIXOLOGISTS

SVGHTA
ST. VINCENT & THE GRENADINES
HOTEL & TOURISM ASSOCIATION

Top performers will receive professional training and the opportunity to represent Saint Vincent and the Grenadines at the Taste of the Caribbean Regional Competition in Barbados on November 18 & 19, 2026.

PRIZES TO BE WON

- Overall prize package valued at EC\$8,000
- Category winners receive EC\$2,000 each
- Winner advances to Barbados, all expenses paid.

APPLICATIONS OPEN
AUGUST 15, 2026

APPLICATION DEADLINE: TO BE CONFIRMED

COMPETITION COMMENCES: AUGUST 29, 2026

VENUE: DIAMOND INSTITUTE

Launch Date: August 15, 2026

Hotel employees are encouraged to apply.



EMANCIPATION DAY

HONOURING OUR HERITAGE.
CELEBRATING VINCENTIAN TRADITION.

Join us as we celebrate the freedom, resilience and culture of our people.

AVAILABLE
AUGUST 1ST
AT BLUE LAGOON HOTEL & MARINA
& COCONUT GROVE BEACH CLUB

TRADITIONAL
Manish Water

\$25

BLUE LAGOON
HOTEL & MARINA

Coconut Grove
BEACH CLUB



Moonshine

THIRSTY
Thursdays

GAME NIGHT EDITION

THURSDAY IS THE NEW FRIDAY!

LIVE DJ | CAMPARI SPECIALS & SLR COCKTAILS
FREE GAMES ALL NIGHT! VIBES ALL NIGHT LONG!
FAIR PLAY RULES APPLY | 1 GAME PER TURN | WINNER STAYS



HAPPY HOURS

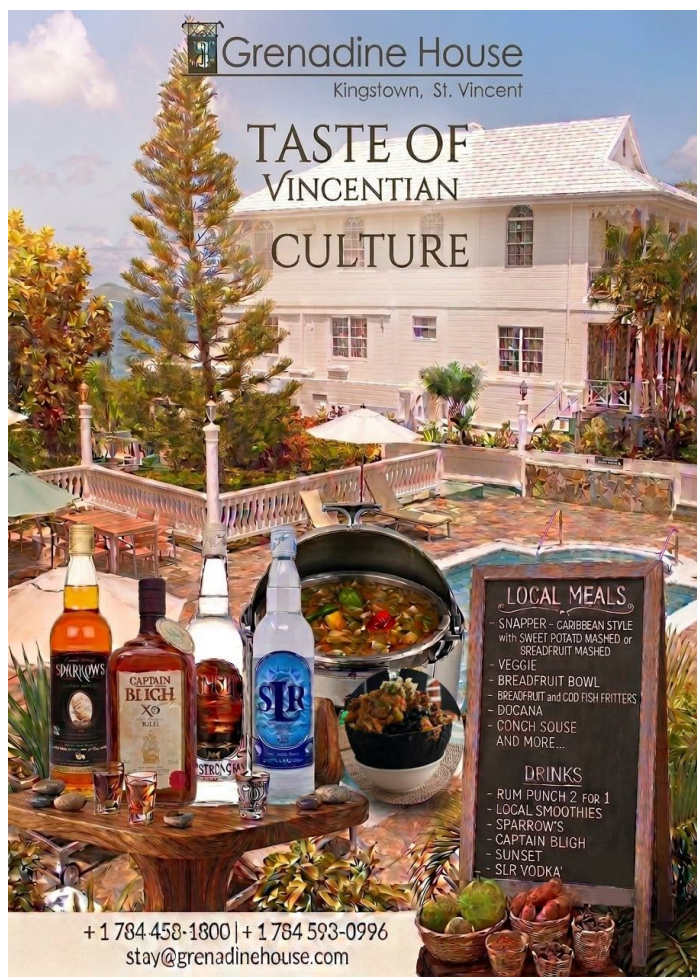
BUY 1 GET 1 FREE

CAMPARI | JOHNNY WALKER BLACK & RED
ABSOLUTE VODKA | SPARROW | MALIBU
TANQUERAY GIN | DAIQUIRI | MOJITO

FRIDAYS 17:00 - 19:00

MORE INFORMATION
Info@sunsetshores.com
+1784 458 4411

LOCATION
Sunset Shores Beach Hotel,
Villa



Grenadine House
Kingstown, St. Vincent

TASTE OF VINCENTIAN CULTURE

LOCAL MEALS

- SNAPPER - CARIBBEAN STYLE with SWEET POTATO MASHED or BREADFRUIT MASHED
- VEGGIE
- BREADFRUIT BOWL
- BREADFRUIT and COD FISH FRITTERS
- DUCANA
- CONCH SOUSE
- AND MORE...

DRINKS

- RUM PUNCH 2 for 1
- LOCAL SMOOTHIES
- SPARROW'S
- CAPTAIN BLIGH
- SUNSET
- SLR VODKA

+ 1 784 458-1800 | + 1 784 593-0996
stay@grenadinehouse.com

31st JULY

adm \$0

FreeBar

Party Time: 10PM

DJ SHORN

Kitchen steaming all night, Roast Pork, chicken wings, shark and much more

2 FOR 1 HAPPY HOUR FROM 7PM-9PM

MUST BE 18 OR OLDER • ID REQUIRED • DRINK RESPONSIBLY

Holiday Inn Express & Suites

— BY IHG® —

PANCAKE SUNDAYS

Enjoy a full buffet breakfast with our signature pancake feature.

BUFFET BREAKFAST INCLUDES	TOP IT YOUR WAY	ONLY \$23 USD per person
Hot Breakfast Favourites	Chef's Flavour of the Day	Served Sundays 7:00 AM - 10:30 AM
Local Fruit Selection	Seasonal Topping Feature	RSVP By 6:00 PM on Saturdays
Bread & Pastries	Chef's Choice Topping	Hotel: 784-451-2466
Coffee, Tea & Juice	Sweet Drizzle Selection	WhatsApp: 784-532-9969
		Email us to RSVP info@hiexsvg.com

Selections vary weekly.

Made fresh in-house every Sunday morning.

GOOD MORNING, GREAT START.
Let's make your morning extra special.

WE'RE HIRING!

DIVE Antilles

JOIN THE DIVE ANTILLES TEAM!

DIVEMASTER DIVE INSTRUCTOR & DIVEMASTER INTERNSHIP OPPORTUNITY

Dive Antilles is looking for enthusiastic, hardworking and reliable Divemasters or Dive Instructors to join our friendly team!

WE ARE LOCATED AT
PARADISE BEACH HOTEL,
VILLA BEACH, ST. VINCENT

WORKING HOURS
Typically 8:00 AM - 4:00 PM

Some days may finish earlier, while others may require staying a little later depending on guest activities and operational needs.

WHAT YOU'LL BE DOING (BUT NOT LIMITED TO):

- Guiding certified divers on boat dives
- Assisting with snorkel tours
- Loading and unloading boats with dive equipment
- Filling scuba tanks
- Cleaning, maintaining and caring for dive equipment
- Assisting with dive courses and student divers
- Providing excellent customer service to guests

FOR INSTRUCTORS:
Instructors will be responsible for teaching PADI and SSI courses, depending on their qualifications and agency status.

REQUIREMENTS

- Must be reliable, punctual and able to arrive at the dive shop on time
- Friendly and confident with tourists and guests
- Ability to speak clearly and communicate professionally
- Outgoing personality - not shy!
- Physically fit and healthy - must be able to lift and carry dive equipment
- Hardworking and a team player
- Boat handling / boating experience is a plus

SALARY
Salary will be based on experience, qualifications and certifications.

INTERNSHIP OPPORTUNITY FOR EXPERIENCED DIVERS!
We are also willing to accept applications from EXPERIENCED DIVERS who are not Divemasters yet. We offer internship opportunities for the right candidates to train and work with us towards becoming a Divemaster. If you're passionate about diving and want to grow your career with us, we'd love to hear from you!

APPLY TODAY!
Send your CV and a brief introduction to Dive Antilles via email: info@diveantilles.com

LOCALS ARE ENCOURAGED TO APPLY!

Be part of our small professional team and share your passion for the underwater world!

RELIABLE, PASSIONATE, TEAM PLAYER.
Love the Ocean? Love working with people? Join Dive Antilles!

JUNGLE LOUNGE
WHERE THE JUNGLE COMES ALIVE WITH FLAVOR

7PM UNTIL

KARAOKE Night

BEST WINS A FREE 12 INCH CHICKEN PIZZA

EVERY WEDNESDAY

CONTACT 17845272554

LOCATED VILLA FLAT NEAR COLLEGE GAP

FESTIVE

FRIDAY

MENU

\$50

- GARDEN SALAD
- GREEN BANANA SALAD
- CONCH IN A GLAZED BUTTER SAUCE
- BBQ WINGS
- BBQ PIGTAILS
- MACARONI PIE
- PARMESAN SWEET POTATOES

+1 (784) 458-1800
+1 (784) 593-0996
stay@grenadinehouse.com



Heineken

July 31st
6pm-9pm



WAFULASUN'S

Mábuiga Friday's

Biggie

And the Crew

CUMBERLAND



FRIDAY 31ST JULY 2026

THE ULTIMATE FRIDAY AFTERWORK LIME

5PM



FOOD AND DRINKS SPECIALS



GOOD PEOPLE



GREAT MUSIC



UNFORGETTABLE NIGHTS

EAT WELL • DRINK GOOD • LIVE IT UP

See You On Friday!

THE LOFT RESTAURANT & BAR

WINE Down WEDNESDAY

A MIDWEEK RITUAL.

PURCHASE ANY BOTTLE OF WINE
RECEIVE ONE
COMPLIMENTARY APPETIZER

CHOOSE ONE:

- CHICKEN SAMOSAS
- SPRING ROLLS
- CHICKEN TENDERS

EVERY WEDNESDAY
6:00 PM - 8:00 PM

Reserve your table.



LAVUE
BOUTIQUE HOTEL & BEACH CLUB

Sunday BUFFET

SUNDAY 2ND AUGUST 2026

12:00PM - 4:00PM

\$75 PP

INCLUSIVE OF TAXES

\$15 MIMOSAS

Menu
COMING SOON!

RESERVE NOW

RESERVATIONS

CALL 784-528-8883 | WHATSAPP 784-534-7754

Instagram: lavuehotelbeachclub | Facebook: La Vue Hotel



Summer Spa Packages

Teacher's Retreat

A De-Stressing & Hydrating Treat Massage and Hydrating Facial	1hr 30m \$150
---	------------------

Vacation Essentials

Manicure & Pedicure Combo Free gel polish	1hr 10m \$120
--	------------------

Summer Features

Head to Toe (Deep Cleansing Facial & Hot Oil Signature Body Massage)	1hr \$120
--	--------------

451-3600

Grenadine House
Kingstown, St. Vincent

YOU DESERVE to feel amazing

Escape the stress. Restore your body. Refresh your mind.

COME TO GRENADINE HOUSE SPA and experience the difference. ♡

OUR MASSAGE EXPERIENCES

DEEP TISSUE MASSAGE

Relieves chronic muscle tension and targets deep layers of muscle for lasting relief.

SWEDISH MASSAGE

Promotes relaxation, improves circulation and leaves you feeling refreshed and renewed.

AROMATHERAPY MASSAGE

Soothes the mind and body with therapeutic essential oils to enhance your well-being.

G H SIGNATURE MASSAGE

Our exclusive blend of techniques designed for total relaxation and complete rejuvenation.

GIVE YOURSELF THE GIFT OF Relaxation. You deserve it. ♡

BOOK YOUR APPOINTMENT TODAY
Step into tranquility. Leave renewed.

GRENADINE HOUSE SPA
Kingstown Park
Kingstown, St. Vincent
& the Grenadines

456 2600 / 493 0996
 Spa@grenadinehouse.com
 www.grenadinehousespa.com

Relax.
Recharge.
Rejuvenate.

YOUR WELL-BEING IS OUR PRIORITY ♡

THE LOFT
RESTAURANT & BAR

Dine With Us

Open Daily From 7am-11pm

Contact us at 1784-458-4308

Follow us on social media

The Loft Restaurant & Bar

LAVUE
BOUTIQUE HOTEL & BEACH CLUB

SUNDAY 2ND AUGUST, 2026

BINGO and Karaoke NIGHT

• Blu Bar & Beach Club •

\$10 FOR A TICKET TO BE A PART OF THE BINGO GAME

6PM - UNTIL

MUSIC BY *Dj Desmond*

1ST PRIZE: A NIGHT FOR 2

2ND PRIZE: DAY PASS FOR 2

2	27	42	54	63
7	18	36	50	67
3	21	FREE SPACE	49	68
15	26	33	55	61
1	23	41	46	66

Carib Blue SPECIAL 3 FOR \$15

Facebook - La Vue Hotel | Instagram - LavueHotelBeachClub

TERMS AND CONDITIONS APPLY

YOUNG ISLAND RESORT

CPL CRICKET Special Offer!

VALID: August 2 - August 12

LOCATION: Young Island, St. Vincent and the Grenadines

RATES

SINGLE OCCUPANCY: **US\$ 183** / night

DOUBLE OCCUPANCY: **US\$ 210** / night

INCLUDES BREAKFAST, SERVICE CHARGE AND TAXES

INCLUSIONS & PERKS

COMPLIMENTARY WELCOME DRINK

COMPLIMENTARY FRUIT PLATE

24-HOUR FERRY TRANSFER

CONTACT & BOOKING INFORMATION

WEBSITE: www.youngisland.com | EMAIL: reservations@youngisland.com | WHATSAPP: 784 528 8922 | PHONE: +1 (784) 458-4826

Relax. Unwind. Enjoy the Cricket. Only at Young Island Resort!

BEQUIA PLANTATION HOTEL

Reggae - West Indies

GATHER YOUR CREW!

Your perfect day in paradise begins with the Bequia Plantation Hotel Experience.
Enjoy a complimentary lunch!

Book 4 day passes and get yours Free!

WHERE THOSE IN THE KNOW GO

\$65.00USD Per Person.

- Welcome Drink
- 2 Course Lunch (1 starter & 1 main)
- Watersports Activities
- Pool and Beach Access
- Beach Towel
- Complimentary WIFI

Add-On

- Breakfast USD \$20.00 per person. (Excluding A La Carte Items)
- Day Use Room- USD \$85.00 from 9:00AM-4:00PM (Double Occupancy)
- 45 minutes Swedish Massage - USD \$60.00

Book Now

Reservations 1(784)534-8677 | info@bequiaplantationhotel.com

Disclaimer: All day pass guests must leave their ID Card (NIS, Driver's license, etc) at the front desk upon check in. ID'S will be securely held and returned at the end of the day pass.

BAGGA FISH FEST COMMITTEE PRESENTS

HAIROUN HOLD YOUR OWN

BAGGA FISH FEST

DJ BLAZE **DJ DOMO**

BAGGA FISH FEST

DATE: **AUGUST 7TH 2026**

TIME: **7PM**

LOCATION: **BAGGA SQUARE**

GOOD MUSIC • GOOD VIBES • ONE BIG CELEBRATION!

Come for the Fish, Stay for the Vibes!

YOU'RE INVITED TO OUR

SIP & Paint

CREATE • CONNECT • CHERISH

Creating Memories WITH YOUR Loved One

SUNDAY AUGUST 23RD
5:00 PM START TIME
HOLIDAY INN
See you there!

TICKETS

COUPLE	SINGLE
\$325 <i>Better Together</i>	\$200 <i>Your Moment to Create</i>

CONTACT US: **1784-497-4945**

WHAT TO EXPECT

- EXPRESS YOURSELF THROUGH PAINTING
Create freely, let your creativity flow!
- GREAT MUSIC
Relax. Paint. Enjoy.
- REFRESHMENTS ALL INCLUSIVE
- MEMORIES TO LAST
Take it home. Treasure it forever.

RESERVE YOUR SPOT!
Don't miss it!

GOOD VIBES. GREAT COMPANY. BEAUTIFUL MEMORIES.

BEQUIA PLANTATION HOTEL

SUMMER SALE
 Stay Dates: July 12 – September 6, 2026
20% OFF STAYS

BOOKING CODE BPH000

(784) 534-8677 | info@bequiaplantationhotel.com

MHI HOTEL

ISLANDERS ESCAPE
Special
 August 11 to September 5

- Breakfast
- Dinner for 2 at Islander Bar & Grill
- 1 drink per person
- Gym access
- Rooftop & Islander Pool Access

EC\$550 | One night, two guests

BOOK NOW

Check In: 3PM
 Check Out: 1PM

*Terms and conditions apply – special rate is subject to availability of rooms

SUMMER'S BEST KEPT SECRET...IS BACK!

2 AUG **10AM UNTIL**

GRACIE'S SEAFOOD FEST 2026

YOUR DJ'S
DJ ADIKTID - DJ BEBE - DJ SLIMZ
PJ BJ - CHEMICAL X - DJ BLAZE

REFRESH

Gracie's LOWER BAY



SILC BAND
BARCODE
 SATURDAY 1ST AUGUST 2026



Girls OUTSIDE Package

An elevated escape for the ladies looking to relax, recharge, and indulge.

\$180

Book Now: 784-451-3600

- Gel Pedicure
- 30 Min Back & Neck Massage
- 4 Hr Pool Pass
- 1 Dessert
- 1 Drink (Alcoholic or Non-Alcoholic)



Signature
AFTER WORK LIME FRIDAYS

3 FOR \$12

Carib Lager



Moonshine
MOONLIT SATURDAYS

EVERY SATURDAY

MOONSHINE, VILLA | 9PM - UNTIL

LIVE DJS • FREE ENTRY ALL NIGHT

FITNESS GYM



PACKAGE PRICE

Registration + First Month Fee:
XCD \$125.00

Monthly Fee: XCD \$60.00

OPEN HOURS
5:00AM - 8:00PM

REGISTER NOW

+1 (784) 458-1800

+1 (784) 593-0996

stay@grenadinehouse.com



JUNGL LOUNGE
WHERE THE JUNGLE COMES ALIVE WITH FLAVOR

EVERY SATURDAY

REGGAE Night

COME AND ENJOY
GOOD REGGAE
AND EVEN BETTER
FOOD AND VIBES

☎ 1(784)527-2554
📍 Villa flat near college gap

Grenadine House
Kingstown, St. Vincent

SUMMER POOL PACKAGE

PER PERSON: \$50

INCLUDES: ACCESS TO THE POOL,
1 LIGHT MEAL, 1 HAIROUN SOFT DRINK

**GROUP OF 10:
\$45 PER PERSON**

INCLUDES: ACCESS TO THE POOL,
1 LIGHT MEAL & 1 HAIROUN
SOFT DRINK PER PERSON

TO BOOK YOUR SPOT NOW
CALL:
+1 (784) 458-1800
or **+1 (784) 593-0996**
SPACES ARE LIMITED!

POOL ACCESS **LIGHT MEAL** **HAIROUN SOFT DRINK** **FUN & RELAXATION**

Stay@grenadinehouses.com

GRAB YOUR FRIENDS, TAKE A BREAK & UNWIND!

WE ARE OPEN TODAY
— FROM 5PM FOR —

Moonshine THIRSTY THURSDAYS

DRINK. PLAY. VIBE.

COCKTAIL SPECIALS AVAILABLE

The Best Night — in town

Friday Nights from 7:30pm

Friday Night BBQ@ Paradise Beach Hotel

Live music, great people — even better food.

Villa Beach, St. Vincent +1(784)457-4795 paradisestvg.com



KIDS FUN DAY!

10AM

DATE
AUG 1

AT
Gracie's
BEACHSIDE

KIDS FUN DAY!

A DAY FULL OF SMILES & FUN!

ICE CREAMS

BOUNCING CASTLES

FACE PAINTING

BRING THE KIDS AND LET'S MAKE SOME BEACHSIDE MEMORIES TOGETHER!

VENDORS PAY A FEE OF 200XCD

FUN IN THE SUN, MEMORIES TO LAST!



TACO THURSDAYS

Coconut Grove
BEACH CLUB

Contact us at 1784-431-2837, Follow Us On Social Media @coconutgrovesvg



PALKI
FINE DINING RESTAURANT

Sunday Buffet Brunch

AT VILLA FLAT

Starting 11 AM to 3 PM
EVERY SUNDAY

Call to Reserve Your Table
784-527-2554





SVG Air connects you to the beauty of the
Grenadines – safely, comfortably,
and in minutes.
Island-hop with ease. Explore more.

Fly local. Fly SVG Air.

Check flight availability
Visit Our Website – <https://www.flysvgair.com>
Call: +1 (784) 457 5124
Whatsapp: +1 (784) 532 9179

Your Escape.
Your Moments.

BEACHFRONT STAY | DELICIOUS FOOD | GREAT VIBES

be our guest
Unwind & Relax

Enjoy delicious meals, a cozy stay,
or a cold drink while watching
your favorite sports at our bar.

*We've got everything you need
for the perfect getaway!*

For reservation
and inquiries

+1784-458-3530
+1784-4345339
keeganbequia@yahoo.com
www.graciebeachside.com

Relax.
Recharge.
Repeat.
*Only at
Gracie's.*

Great Food. Cozy Rooms. Friendly Vibes. That's Gracie's.

Congratulations!
You Did It!

BOOK YOUR DAY PASS WITH BEQUIA PLANTATION HOTEL
PACKAGES AVAILABLE FROM: JUNE 12TH TO JULY 31ST 2026

RIISING STAR PACKAGE USD \$390.00	NEXT CHAPTER PACKAGE USD \$430.00
REQUIREMENTS: • MINIMUM OF SIX (6) CHILDREN AND TWO (2) ADULTS. • Time - 9:00AM- 4:00pm. • Age limit : Children under 14 years. PACKAGE INCLUSIONS: • Unlimited mango smoothies. • Three (3) 14-inch pizzas. • Chicken spring rolls.	REQUIREMENTS: • MINIMUM OF SIX (6) CHILDREN AND TWO (2) ADULTS. • Time - 9:00AM- 4:00pm. • Age limit : Children 14 years and older. PACKAGE INCLUSIONS: • Unlimited mango smoothies. • Three (3) 14-inch pizzas. • Chicken spring rolls. • Four (4) portions of Sweet Chilli wings.

(784)534-8677 | info@bequiaplantationhotel.com | www.Bequiaplantationhotel.com

MYAHS HOTEL
DAY PASS Experience

Rates:
Single Guest: EC \$265.00
Two Adults: EC \$370.00

Day Pass Includes

- 20-minute Neck & Shoulder Massage at the Spa (Adults only)
- One Meal & One Non-Alcoholic Beverage at Islander Restaurant
- Access to the Pool throughout stay
- Private Photo Session (15 minutes) with 5 Digital Photos
- Private Room Access from 10:00 AM to 5:00 PM

FOR MORE INFORMATION
Call: 1(784) 451-3600
reservation@myahshotel.com

HOLIDAY WEEKEND SCHEDULE

AUGUST 1ST - 2ND

FROM
BEQUIA



FROM
KINGSTOWN



SATURDAY AUGUST 1ST

6:30 AM	8:00 AM
7:30 AM	9:30 AM
4:00 PM	5:00 PM

SUNDAY AUGUST 2ND

6:30 AM	8:00 AM
11:00 AM	4:30 PM
4:00 PM	5:00 PM



Bequia Express Co. Ltd.
Safe. Reliable. Efficient
TEL: 784 457-3539
Email: info@bequiaexpress.com

SOUTHERN GRENADINES SCHEDULE UPDATE

AUGUST 1ST - 2ND

SATURDAY

9:30 AM FROM KINGSTOWN
CANOUAN > MAYREAU > UNION ISLAND

SUNDAY

7:00 AM FROM UNION ISLAND
MAYREAU > CANOUAN > BEQUIA > KINGSTOWN



Bequia Express Co. Ltd.
Safe. Reliable. Efficient
TEL: 784 457-3539
Email: info@bequiaexpress.com

SCHEDULE UPDATE

SOUTHERN GRENADINES

MONDAY

DEPARTS KINGSTOWN 11:30 AM
KINGSTOWN > CANOUAN > MAYREAU > UNION ISLAND

TUESDAY

DEPARTS UNION ISLAND 6:00 AM
UNION ISLAND > MAYREAU > CANOUAN > KINGSTOWN

WEDNESDAY
[SAME DAY RETURN]

DEPARTS KINGSTOWN 10:30 AM
KINGSTOWN > CANOUAN > MAYREAU > UNION ISLAND
> CANOUAN > KINGSTOWN

THURSDAY

DEPARTS KINGSTOWN 11:30 AM
KINGSTOWN > CANOUAN > MAYREAU > UNION ISLAND

FRIDAY

DEPARTS UNION ISLAND 6:00 AM
UNION ISLAND > MAYREAU > CANOUAN > KINGSTOWN

SATURDAY

DEPARTS KINGSTOWN 11:30 AM
KINGSTOWN > CANOUAN > MAYREAU > UNION ISLAND

SUNDAY

DEPARTS UNION ISLAND 7:00 AM
UNION IS. > MAYREAU > CANOUAN > BEQUIA > K.TOWN



Bequia Express Co. Ltd.
Safe. Reliable. Efficient
TEL: 784 457-3539
Email: info@bequiaexpress.com

WEEKLY SCHEDULE

FROM
BEQUIA



FROM
KINGSTOWN



MON- FRI

6:30 AM	8:00 AM
7:30 AM	9:30 AM
9:30 AM	1:00 PM
1:00 PM	4:00 PM
4:00 PM	5:00 PM

SATURDAYS

6:30 AM	8:00 AM
7:30 AM	9:30 AM
9:30 AM	12:30 PM
1:00 PM	4:30 PM
4:00 PM	5:00 PM

SUNDAYS

6:30 AM	8:00 AM
11:00 AM	4:30 PM
4:00 PM	5:00 PM

RATES

ADULT PASSENGERS

ONE WAY | RETURN

\$25 | \$40

STANDARD SIZE VEHICLES

ONE WAY | RETURN

\$60 | \$100

DRIVER INCLUDED



Bequia Express Co. Ltd.
Safe. Reliable. Efficient
TEL: 784 457-3539
Email: info@bequiaexpress.com



BEQUIA FAST FERRIES LTD

Schedule

MONDAY to SATURDAY		SUNDAYS & PUBLIC HOLIDAYS	
From Bequia	From Kingstown	From Bequia	From Kingstown
6:30 AM	7:45 AM	7:00 AM	8:15 AM
8:45 AM	10:00 AM	4:15 PM	5:15 PM
12:00 PM	3:00 PM		
4:15 PM	5:15 PM		

Fares

Passengers - Locals			Vehicles		
Age Group	One Way	Return	Standard Size	One Way	Return
Adults	\$25	\$50	Vehicle Only	\$65	\$120
Teenagers (13-17)	\$20	\$40	Vehicle and Driver	\$85	\$155
Children (5-12)	\$15	\$30			

Passengers - Standard		
Age Group	One Way	Return
Adults	\$30	\$60
Teenagers (13-17)	\$25	\$50
Children (5-12)	\$20	\$40

Faster Luxurious Stable

☎ (784) 493-3278
✉ office@bequiafastferries.com



Holiday Schedule

Emancipation Weekend

FRIDAY 31 ST JULY	SATURDAY 1 ST AUG	SUNDAY 2 ND AUG	MONDAY 3 RD AUG
FROM BEQUIA	FROM BEQUIA	FROM BEQUIA	FROM BEQUIA
6:30 AM	7:00 AM	7:00 AM	6:30 AM
8:45 AM	4:15 PM	4:15 PM	8:45 AM
12:00 PM			12:00 PM
4:15 PM			4:15 PM
FROM KINGSTOWN	FROM KINGSTOWN	FROM KINGSTOWN	FROM KINGSTOWN
7:45 AM	8:15 AM	8:15 AM	7:45 AM
10:00 AM	5:15 PM	5:15 PM	10:00 AM
3:00 PM			3:00 PM
5:15 PM			5:15 PM

National Holiday
 Normal Schedule

☎ Call us at: (784) 493-3278
✉ Feedback, inquiries or support: office@bequiafastferries.com
🌐 Visit our website at: bequiafastferries.com



MV GEM STAR 2

Southern Grenadines Ferry

SCHEDULE

TUESDAYS & FRIDAYS - 11:00AM
Kingstown → Canouan → Mayreau → Union Island

WEDNESDAYS & SATURDAYS - 7:00AM
Union Island → Mayreau → Canouan → Kingstown

ONE WAY FARES ↔ KINGSTOWN
CANOUAN: \$60 | MAYREAU: \$70 | UNION ISLAND: \$80
All fares are quoted in Eastern Caribbean dollars.

SHIP: 784 526 1158
OFFICE: 784 457 4157
gemstarshipping@gmail.com

Find us on



MV GEM STAR 2

Southern Grenadines Ferry

SCHEDULE UPDATE

TUESDAY JULY 28 - 11:00AM
Kingstown → Canouan → Mayreau → Union Island

WEDNESDAY JULY 30 - 7:00AM
Union Island → Mayreau → Canouan → Kingstown

FRIDAY JULY 31 - 11:00AM
Kingstown → Canouan → Mayreau → Union Island

SATURDAY AUGUST 1 - 7:00AM
Union Island → Mayreau → Canouan → Kingstown

SHIP: 784 526 1158 | OFFICE: 784 457 4157
gemstarshipping@gmail.com

Find us on



JADEN SUN FAST FERRY

Regular Schedule 2026

Route 1: Southbound (Kingstown → Union Island) Departures

Day	Kingstown	Bequia	Canouan	Mayreau	Union Island
Sunday	3:30PM	4:00PM	5:15PM	5:45PM	(End of Route)
Monday	3:30PM	4:00PM	5:15PM	5:45PM	(End of Route)
Wednesday	No Sailing	No Sailing	No Sailing	No Sailing	—
Friday	9:00AM	9:30AM	11:00AM	11:30AM	(End of Route)

Route 2: Northbound (Union Island → Kingstown) Departures

Day	Union Island	Mayreau	Canouan	Bequia	Kingstown
Sunday	No Sailing	No Sailing	No Sailing	No Sailing	—
Monday	6:30AM	6:45AM	7:15AM	8:30AM	(End of Route)
Wednesday	6:30AM	6:45AM	7:15AM	—	(End of Route)
Friday	3:30PM	3:45PM	4:15PM	5:30PM	(End of Route)

No Operation: There will be NO sailings on Tuesdays, Thursdays or Saturdays.

Boarding: You must be at the dock and ready to board at 15 Minutes prior to departure.

Bank Holiday: If a holiday falls on a Monday, the Sunday afternoon ferry is Cancelled. Instead, the ferry will depart Kingstown at 3:30 PM on Monday.

Sailing Times

Kingstown/Bequia: 30 minutes

Bequia/Canouan: 60 Minutes

Canouan/Mayreau: 20Minutes

Mayreau/Union Island: 10 Minutes

Contact Information

Office Phone: (784) 451-2192 | jaden.sun | jadeninc02@gmail.com
 Ferry: (784) 498-1551 | Jaden Sun Fast Ferry | www.jadensunferry.com
 Cell: (784) 498-7114



JADEN SUN FAST FERRY

IMPORTANT ANNOUNCEMENT!

ATTENTION

Holiday Weekend (August 1)

Regular Schedule Remains in Effect

Kingstown Departure: 9:00 AM (Friday)
 Kingstown Departure: 3:30 PM (Sunday)



Scan the QR code to view our schedule



Office: (784) 451-2192 | Cell: (784) 498-7114 | jadeninc02@gmail.com



JADEN SUN FAST FERRY

IMPORTANT ANNOUNCEMENT!

ATTENTION

SCHEDULE UPDATE

Effective Sun, 2nd August, 2026 and until further notice, Jaden Sun Fast Ferry will not stop into Bequia on the way to or from the Southern Grenadines.

Special arrangements can be made for groups of 20 or more persons.

We regret any inconvenience caused as we try to navigate these trying times.



Scan the QR code to view our schedule



Office: (784) 451-2192 | Cell: (784) 498-7114 | jadeninc02@gmail.com



JADEN SUN FAST FERRY

Regular Schedule 2026

Day	Route	Estimated Time of Departure
SUNDAY	Kingstown → Canouan	3:30 pm
	Canouan → Mayreau	4:45 pm
	Mayreau → Union Island	5:15 pm
MONDAY	Union Island → Mayreau	6:30 am
	Mayreau → Canouan	6:45 am
	Canouan → Kingstown	7:15 am
	-----	-----
	Kingstown → Canouan	3:30 pm
	Canouan → Mayreau	4:45 pm
WEDNESDAY	Mayreau → Union Island	5:15 pm
	Union Island → Mayreau	6:30 am
	Mayreau → Canouan	6:45 am
	Canouan → Kingstown	7:15 am
	-----	-----
	NO AFTERNOON SCHEDULE	NO AFTERNOON SCHEDULE
FRIDAY	Kingstown → Canouan	9:00 am
	Canouan → Mayreau	10:15 am
	Mayreau → Union Island	10:45 am
	-----	-----
	Union Island → Mayreau	3:30 pm
	Mayreau → Canouan	3:45 pm
	Canouan → Kingstown	4:15 pm

There is NO operation on Tuesdays, Thursdays or Saturdays.

Sailing Times:

Kingstown/Canouan: 75 minutes

Canouan/Mayreau: 20 minutes

Mayreau/Union Is: 10 minutes

• BOARDING is 15 minutes prior to departure.

• If a holiday falls on Monday, the Sunday afternoon ferry is cancelled.

Instead, the ferry will depart Kingstown at 3:30pm on Monday.

• Ferry Schedule is subject to change due to weather and other operational reasons.

CONTACT INFORMATION

Office: (784) 451-2192 | jaden.sun
 Cell: (784) 498-7114 | Jaden Sun Fast Ferry
 jadeninc02@gmail.com | www.https://jadensunferry.com/





RELAX. PLAY. CONNECT.

FAMILY MEMORIES

are made here.

Enjoy quality time, beautiful spaces, and the moments that matter most.



 SPACIOUS COMFORT

 POOL FUN FOR ALL AGES

 MEMORIES THAT LAST

Call Us Today **784-456-9788**

YOUR DAY PASS GETAWAY Starts Here.

RELAX. PLAY. CONNECT. TOGETHER.



FRIDAY NIGHT CEVICHE





driftwood

eat drink. drift.



Sunday Buffet

Sunday 2nd August 2026 | 11:30am

XCD\$60

PER PERSON
+ 10% SERVICE CHARGE

- Breadfruit Salad
- Garden Salad
- Summer Rice
- Macaroni Pie
- Sauteed Callaloo
- Brown Sugar Pork
- Grilled Fish in Paw Paw Salsa
- Chef's Delight





RESERVATIONS

+ 1 784 458-1800 | + 1 784 593-0996

stay@grenadinehouse.com

Grenadine House

Kingstown, St. Vincent



POOL Packages





PACKAGE 1

XCD \$40.00

PER PERSON

- Pool Access
- Free Wi-Fi
- Free Parking
- Meals and drinks can be purchased at the hotel.

PACKAGE 2

XCD \$60.00

PER PERSON

- Pool Access
- 1 Light Meal
- 1 Hairoun Soft Drink
- Free Wi-Fi
- Free Parking

8AM TO 5PM

stay@grenadinehouse.com
+1 784 458 1800 | +1 784 593 0996





TREE BAR

Creole Saturdays
each and every Saturday

Blackfish and Provision

Saltfish Buljol

Pigfoot Souse

Conch Souse

Smoke Herring and Doughboy

MH HOTEL

MIAMI VICE SUMMER BRUNCH

9TH AUGUST 2PM - 7PM

FOOD INCLUSIVE | WELCOME DRINK: BELLINI SANGRIA

VVIP: \$220 REGULAR: \$130

Tickets available at Kendra's Aluminium Store (Kingstown) & Myah's Hotel

JAZZY'S ALL NATURAL
Naturally Made with Love

Cool Creamy Refreshing!

SOFT SERVE ICE CREAM

Now Available
EVERY THURSDAY & FRIDAY!

STRAWBERRY SOFT SERVE

CHOCOLATE SOFT SERVE

CRUISE SHIP TERMINAL SHOP NO. 7

Call or WhatsApp: **526-1329**

Stop by every Thursday and Friday for your favorite soft serve treats. Bring your family and friends and enjoy the delicious taste of Jazzy's All Natural!

Made Fresh for You!

NATURAL INGREDIENTS • GREAT TASTE • MADE WITH LOVE

Grenadine House
Kingstown, St. Vincent

GRENADINE House

RELAX • RECHARGE • RECONNECT

GUEST AMENITIES & OPENING HOURS

- RECEPTION**
7:00 AM – 10:00 PM
OPEN EVERYDAY
- RESTAURANT & BAR**
7:00 AM – 9:30 PM
OPEN EVERYDAY
- GYM**
7:00 AM – 8:00 PM
OPEN EVERYDAY
- SWIMMING POOL**
8:00 AM – 5:00 PM
OPEN EVERYDAY
- THE SPA**
9:00 AM – 5:00 PM
TUESDAY TO SATURDAY
*CLOSED ON SUNDAYS, MONDAYS, AND PUBLIC HOLIDAYS

+1 (784) 458-1888
+1 (784) 593-0996
stay@grenadinehouse.com

Thank you for choosing Grenadine House.
Enjoy your stay.

ACCOMMODATIONS • PREMIUM AMENITIES • WARM HOSPITALITY • BEAUTIFUL SURROUNDINGS

LAVUE

BOUTIQUE HOTEL & BEACH CLUB



Summer STAYS AT the VUE

RELAX. RECHARGE. RECONNECT.

Escape the everyday and indulge in a summer staycation designed for comfort, connection and unforgettable moments. Beautiful views. Exceptional service. Pure relaxation.

ALL FOR
US\$300
PER COUPLE

INCLUDES:

- One Night Accommodation
- Dinner for Two
- Continental Breakfast for Two

★ ROOM UPGRADES ARE AVAILABLE.

You deserve a break.
BOOK YOUR STAY TODAY.



CALL TO BOOK
1 784 528 8883



WHATSAPP
1 784 534 7754



LavueHotelBeachClub
La Vue Hotel



Grenadine House

Kingstown, St. Vincent

GH WRAPS SERVED WITH SALAD

CHICKEN, FISH, VEGETABLES

BUILD YOUR SALAD

Lettuce, Tomatoes, Cucumbers,
Carrots, Cabbage, Onions, Sweet
Peppers, Avocado, Chick Peas

4 Veggies + 1 CHOICE OF MEAT -
FISH/CHICKEN

CHEF'S DAILY SPECIAL

Local Ground Provision Bowl

Steamed Plantains, Steamed Provision,
GH Salad, Coconut Dumplings

Choice of Codfish/ Grilled Chicken / Fish

BEVERAGES

Ginger Lime Fuzz
Fruit Smoothies (Seasonal Fruits)
Plumrose/ Waxapple Watermelon Spritz
(SEASONAL)

+ 1 784 458-1800 | + 1 784 593-0996
stay@grenadinehouse.com



Wellness Wednesday
EVERY WEDNESDAY

Grenadine House
Kingstown, St. Vincent

FANTASEA TOURS
St. Vincent W.I.



LAND & SEA TOURS
PRIVATE CHARTERS
SNORKEL & SUNSET CRUISES
ISLAND TRANSFERS (LAND & SEA)
WHALE & DOLPHIN WATCHING
VISIT THE GRENADINE ISLANDS
VILLA & VEHICLE RENTALS

+1 (784) 457-4477
FANTASEATOURS.COM
INFO@FANTASEATOURS.COM
@FANTASEATOURS.SVG



JERK 'N' FESTIVAL FRIDAYS

Bring the Jerk 'N' Festival home

Schedule your order early. Pre-order now.



Download the app now!



Grenadine House
Kingstown, St. Vincent

Pasta Thursday

CHICKEN FISH

BEEF CARBONARA

EVERY THURSDAY

ORDER NOW: +1 784 458-1800 | +1 784 593-0996

WhatsApp Instagram Facebook

TACO TUESDAY & tequila

EVERY TUESDAY

INCLUDES:

- \$10 TEQUILA SHOTS
- 2 FOR 1 MARGARITAS
- 3 TACOS FOR \$50 - CHICKEN, BEEF OR SEAFOOD

MH HOTEL 784-451-3600 Myah's Hotel

BEQUIA PLANTATION HOTEL
Bequia, West Indies

SUNSET CRUISE EXPERIENCES

Sail into the golden hour and experience Bequia's Coastline like never before
Perfect for couples, celebrations, or simply relaxing on the sea.

Choose from

Bequia Sunset Cruise	Premium Bequia Sunset Cruise
2 Selections of hors d'oeuvres - Plantation Punch - Soft drinks - Selection of Beers	4 Selections of hors d'oeuvres - Plantation Punch - Soft drinks - Selection of Beers - Unlimited Prosecco
USD \$220 per couple + USD \$90 per extra person	USD \$300 per couple + USD \$100 per extra person

Departs: 4:30 PM - Duration: 2 hrs (Reserve today)

(784) 534 - 8677 Bequia Plantation Hotel

Moonshine

PLENTY FOR 20 MONDAYS

20 WINGS FOR \$20

— DINE IN ONLY OFFER —

ONLY \$20

BIG FLAVOR. BIGGER VIBES.

SAUCY. TASTY. IRRESISTIBLE.

Pull Up. TREAT YOURSELF!



Couples DAY PASS

Lunch
Bottle Of Champagne
(non-alcoholic)
Beautiful Room

\$112 USD

Singles DAY PASS

Lunch
Glass Of Champagne
(non-alcoholic)
Beautiful Room

\$80 USD

BOOK NOW

1-784-456-9788 | INFO@HOTELALEXANDRINA.COM | WWW.HOTELALEXANDRINA.COM



**FROM
EC \$490.00**

Welcome drinks,
Complimentary
use of Pool & Gym



POOL Day Pass

10AM- 5PM

Dive into relaxation with our Pool Day Pass.
Perfect for locals & guests alike!

Choose (1) one of our Day Pass Package

XCD \$150
per person

- *Pool Access
- *2 glasses of Rum or Fruit punch
- *1 Meal

USD \$150
per person

- *Inclusive of A Room
- *Pool Access
- *2 glasses of Rum or Fruit punch
- *1 Meal

Call to inquire about children rates & Availability

La Vue Terms & conditions applied

Call Us to book
(784) 528-8883

Lavuehotelbeachclub
Lavuehotel

Kingstown, St. Vincent

TACO

Tuesday

**BEEF
CHICKEN**

\$44

-SERVED WITH FRIES | SALAD | 1 SOFT DRINK

Grenadine House
+ 1 784 458-1800 | + 1 784 593-0996
stay@grenadinehouse.com

5PM - 7PM
WEDNESDAY TO FRIDAY
AT COCONUT GROVE

HAPPY HOURS

Coconut Grove
BEACH CLUB

CALL: +1784431-2837
EMAIL: 6M@COCONUTGROVESVG.COM
FOLLOW US ON @COCONUTGROVESVG

BLUE LAGOON
HOTEL & MARINA

POOL PASS
BLUE LAGOON

ADULTS: \$35 EC
UNDER 12: \$17.50 EC
10AM-5PM

1-784-458-4308

Terms & conditions apply

Grenadine House
Kingstown, St. Vincent

DAY PASS

PRICING OPTIONS

SINGLE OCCUPANCY (PER PERSON)

Day Pass Only: **US \$85.00**
Day Pass + Room: **US \$120.00**

DOUBLE OCCUPANCY (FOR TWO PERSONS)

Day Pass Only: **US \$150.00**
Day Pass + Room: **US \$205.00**

DAY PASS PACKAGE INCLUDES:

- ✓ 1 WELCOME RUMPUNCH / LOCAL DRINK
- ✓ 1 TWO COURSE MEAL
- ✓ 1 GLASS HOUSE RED/WHITE WINE
- ✓ ACCESS TO POOL
- ✓ ACCESS TO GYM

BOOK NOW | +1 784 458-1800 | +1 784 593-0996
stay@grenadinehouse.com

JN
JAZZY'S
ALL NATURAL
Natural Beauty Starts Here

HANDMADE NATURAL SKIN & HAIR CARE

Handmade in St. Vincent & the Grenadines using nature's finest ingredients.

- NATURAL SOAPS
- BODY BUTTERS
- CREAMS
- DEODORANT STICKS
- RAIN TREE CREAM
- HAIR CARE
- GIFT BASKETS Available!

Meet the Owner
Jazzy
FOUNDER & CREATOR OF JAZZY'S ALL NATURAL

“Made with nature's finest ingredients to nourish your skin naturally.”

Visit Us!
CRUISE SHIP TERMINAL
SHOPS #6 & #7
KINGSTOWN,
ST. VINCENT & THE GRENADINES

NATURAL INGREDIENTS | **HANDMADE WITH CARE** | **GENTLE & EFFECTIVE** | **WE SHIP WORLDWIDE**

(784) 526-1329 | www.jazzysallnatural.com

Thank you for supporting LOCAL & NATURAL!

COME ENJOY
THE
FRESHEST
Cocktails
COLDEST
Beers
ALL YOUR
FAVOURITE
Drinks
AT
CAPTAIN
LANO'S
BAR



 OUR SERVICES

-  Flights
-  Cruises
-  Hotels
-  Car Rentals
-  Packages
-  Tours
-  Groups
-  Travel Insurance
-  VISA Assistance

NOW OPEN

THE JOSHUA CENTRE
Arnos Vale, St. Vincent

MON - FRI | SAT
9:00am - 4:30pm | 9:00am - 1:00pm

 (784) 457-1841

 MoneyGram.

 **Going Places**
Travel



SUNSET CRUISE
AUGUST 1ST 2026
BOARDING: 4:30 PM AT MANGOZ DOCK
DEPARTURE: 5:00 PM SHARP

100 USD
/Person

- ☒ Scenic Views
- ☒ Music & entertainment
- ☒ Complimentary Rum Punch
- ☒ Cash and Card bar available

BOOK NOW  (784) 458-5882  mangozbeachbar@gmail.com

Moonshine
FRIDAZE



Parks and Sites

Hiking & Adventure

- La Soufriere Cross Country Trail on the Windward Side
- Cumberland Trail
- Dark View Falls
- Vermont Nature Trail
- Indian Bay Beach Facility

Heritage & Culture

- SVG Botanical Garden
- Wallilabou Heritage and Recreation Park
- Black Point Heritage and Recreation Park
- Layou Heritage Park
- Villa Beach Facility
- Mt Wynne Public Beach

Recreation & Site Seeing

- Rawacou Recreation Park
- Belmont Lookout
- Owia Salt Pond
- Cumberland Beach Recreation Park
- Brighton Salt Pond
- Fort Duvernette

SITES CLOSED TO THE PUBLIC

- Fort Charlotte
- Falls of Baleine
- La Soufriere from the Leeward side

BEQUIA - PLACES TO VISIT

- Maritime Museum
- Site of Hamilton
- Sea Salt Museum
- Spring Plantation



TACO TUESDAY
12PM - 11PM

SUNSET RESTAURANT

\$30

- Crispy Fried Shrimp Tacos topped w pico di gallo & pickled sweet onion
- Grilled Chicken Tacos topped w pico di gallo & pickled sweet onion
- Sweet Chilli Fish Tacos topped w pico di gallo & pickled sweet onion
- Hawaiian Steak Tacos topped w pico di gallo & pickled sweet onion
- Short Rib topped w pico di gallo & pickled sweet onion

FRIENDS WEEKEND
GETAWAY AT BEQUIA PLANTATION HOTEL
July 12th, 2026 - September 6th 2026
Available every weekend!

Stay in our Double En-Suite or Double Master Bungalows.
Receive a complimentary bottle of wine OR platter on arrival.
Max 4 persons | Min 2 nights stay






Book Now

+1(784)534-8677
info@bequiaplantationhotel.com
BOOKING CODE BPHI23



Emergency Numbers

Fire, Police and Coastguard:	911/999
Hospitals: Accident and Emergency Kingstown:	456-1955
Bequia:	458-3294
Canouan Clinic:	458-8305
Union Clinic:	458-8245



SVGHTA
ST. VINCENT & THE GRENADINES
HOTEL AND TOURISM ASSOCIATION

P O Box 2125
Kingstown
St. Vincent & the Grenadines
T: 784 458-4379
M: 784-494-4379

SVG Hotel & Tourism Association
OFFICE AND SOUVENIR SHOP
Cruise Ship Terminal, Room #8

E: info@svghotels.com / svghotels@gmail.com
W: www.svghotels.com
Ins & Outs of SVG: www.insandoutsofsvg.com/