



ST. VINCENT & THE GRENADINES
HOTEL AND TOURISM ASSOCIATION

What's On in St. Vincent

2026

Issue: 1139

PUBLISHED BY THE ST. VINCENT AND THE GRENADINES HOTEL & TOURISM ASSOCIATION

JULY

Fri 10th

Bagga Fish Fest, Bagga Square, 7pm

Grenadine House: Festive Fridays 6pm - 9pm

Paradise Beach Hotel: Grillin with the Captain, from 7:30 pm, Live Music

Ada Restaurant, Beachcombers Hotel: Happy Hour 6pm - 8pm

French Verandah, Villa: Jerk & Festival and Happy Hour 5pm - 7pm

Myah's Hotel: Happy Hour All Day

Moonshine, Villa: Fridaze, 10pm

Sunset Shores Hotel: Happy Hour 4pm - 7pm

Tel: 458-1800

Tel: 457- 4795

Tel: 534-2593

Tel: 453 -1111

Tel: 451-3600

Tel: 433-1528

Tel: 458-4411

Sat 11th

Over Dose NXT Level Carnival Series, Kingstown Cruise Terminal, 7pm - 2am

Basil at Villa: Carnival Cool Down, 8pm

Sunset Shores Hotel: Happy Hour 4pm - 6pm, BBQ 7pm

Grenadine House: Happy Hour 3pm

Myah's Hotel: Happy Hour All Day, Saturday Cravings, 12 Noon

Ada Restaurant, Beachcombers Hotel: BBQ 6pm - 9pm with Live Music

Moonshine, Villa: Moonlit Saturdays, 9pm until

Young Island Resort: BBQ, 7pm - 10pm

Last Lap Road Jam: Georgetown Square (Bus Stop) to Boxing Plant (Langley Park) 3pm - 9pm



Tel: 458-4411

Tel: 458-1800

Tel: 451-3600

Tel: 534-2593

Tel: 433-1528

Tel: 458-4826

Sun 12th

Grenadine House: Buffet 11am - 3pm, Happy Hour 3pm until

La Vue Boutique Hotel & Beach Club: Sunday Buffet 12 Noon - 4pm, Karaoke 6pm

Moonshine, Villa: Retro Sundays

Ada Restaurant, Beachcombers Hotel: Live Music

Holiday Inn Express & Suites, Diamond: Pancake Sundays, 7am - 10:30am

Tel: 458-1800

Tel: 532-8883

Tel: 433-1528

Tel: 534-2593

Tel: 451-2466

Mon 13th

Fantasea Tours: All Inclusive Day Cruise to Mustique & Bequia

Moonshine, Villa: Plenty for \$20 Wings

Myah's Hotel: Menu, 12 Noon until

Tree House & Grill: Karaoke Night Party, 8pm until

Hotel Alexandrina: Kulture Bar & Grill, Prospect 3 pm

Tel: 457-4477

Tel: 433-1528

Tel: 451-3600

Tel: 456-6808

Tel: 456-9788

Tues 14th

Fantasea Tours: All Inclusive Day Cruise to Tobago Cays, Mayreau & Canouan

French Verandah, Villa: Happy Hour 5pm - 7pm

Tree House & Grill: Burger & Beer Tuesdays

Grenadine House: Taco Tuesday 11am - 6pm

La Vue Boutique Hotel & Beach Club: Taco Tuesday, 12 Noon - 10pm

Tel: 457-4477

Tel: 453-1111

Tel: 456-6808

Tel: 458-1800

Tel: 532-8883

Wed 15th

Fantasea Tours: All Inclusive Day Cruise to Mustique & Bequia

Moonshine, Villa: Fever Wednesdays, 9pm

Jungl Lounge, Villa Flat: Karaoke Night, 7pm

Grenadine House: Wellness Wednesday

Myah's Hotel: Pizza your Way All Day

Coconut Grove Beach Club, Canash Beach: Happy Hour 5pm - 7pm

Tel: 457-4477

Tel: 433-1528

Tel: 527-2554

Tel: 458-1800

Tel: 451-3600

Tel: 431-2837

Thurs 16th

Moonshine, Villa: Games Night & Thirsty Thursdays

Tree House & Grill: Taco Thursday

Grenadine House: Pasta Thursday

Coconut Grove Beach Club, Canash Beach: Taco Thursdays 2pm, Happy Hour 5pm - 7pm

Tel: 433-1528

Tel: 456-6808

Tel: 458-1800

Tel: 431-2837

Friday 10th July

Pier 1 Beach Club & Restaurant, Villa Flat: Carnival Over Time

Signature Restaurant, Arnos Vale: Hot & Ready Pizza, After Work Lime Fridays

Coconut Grove Beach Club, Canash Beach: Happy Hour 5pm - 7pm

Tel: 456-6518

Tel: 431-2837

Saturday 11th July

Barcode, Arnos Vale: SILC Band

District Night Club & Lounge, Calder: Bad Decisions Boose & Baddies Edition, 10pm

Tree House & Grill: Creole Saturdays, Happy Hours, 12 Noon - 5pm

Moonshine, Villa: Moonlit Saturdays, 9pm until

Tel: 456-6808

Tel: 433-1528

Sunday 12th July

Café Soleil, Blue Lagoon Marina: BBQ 11am - 5 pm, live music from 7 pm with BAM

Tel: 456-8550



HAIROUN ST. VINCENT'S PRIZE WINNING LAGER BEER — HOLD YOUR OWN — PRESENTS

BAGGA FISH FEST

TIME **7PM** LOCATION **BAGGA SQUARE** DATE **JULY 10TH 2026**

MUSIC BY **DJQ & DJ SNYPA**

The poster features a man in sunglasses and a woman in a white shirt, both looking towards the camera. A large fish is jumping out of the water in the background. The text is bold and colorful, with a mix of fonts.



Basil at Villa

CARNIVAL Cool Down

LIVE PERFORMANCE BY **THE ULTIMATE 5** SATURDAY **JULY 11** 8PM

TICKETS \$75

BASIL AT VILLA

GREAT MUSIC • GOOD VIBES • COOL DRINKS

Carnival's Not Over... Let's Cool Down in Style!

SURPRISE GUESTS IN STORE! LOCAL ARTIST SHOWCASE REFRESHING DRINKS AND MORE!

SKYY VODKA PROUDLY SPONSORED BY **CAMPARI**

TICKETS: 1-784-456-2602

The poster features a group of five people (four men and one woman) standing in front of a building. They are all smiling and looking towards the camera. The background is a vibrant, colorful collage of tropical elements like palm trees and flowers. The text is bold and colorful, with a mix of fonts.



SILC BAND
BARCODE
 Saturday 11th July



MHI HOTEL

- Gel Pedicure
- 30 Min Back & Neck Massage
- 4 Hr Pool Pass
- 1 Dessert
- 1 Drink (Alcoholic or Non-Alcoholic)

Girls OUTSIDE Package

An elevated escape for the ladies looking to relax, recharge, and indulge.

\$180

Book Now: 784-451-3600



Signature
AFTER WORK LIME FRIDAYS

3 FOR \$12

Carib Lager



Moonshine

MOONLIT SATURDAYS

EVERY SATURDAY

MOONSHINE, VILLA | 9PM - UNTIL

LIVE DJS • FREE ENTRY ALL NIGHT

JULY & AUGUST

SUMMER SPA Packages

Summer Spa Packages

Teacher's Retreat

A De-Stressing & Hydrating Treat Massage and Hydrating Facial	1hr 30m \$150
---	------------------

Vacation Essentials

Manicure & Pedicure Combo Free gel polish	1hr 10m \$120
--	------------------

Summer Features

Head to Toe (Deep Cleansing Facial & Hot Oil Signature Body Massage)	1hr \$150
--	--------------

451-3600

Grenadine House
Kingstown, St. Vincent

YOU DESERVE *to feel amazing*

Escape the stress. Restore your body.
Refresh your mind.

COME TO GRENADINE HOUSE SPA
and experience the difference.

OUR MASSAGE EXPERIENCES

DEEP TISSUE MASSAGE

Relieves chronic muscle tension and targets deep layers of muscle for lasting relief.

SWEDISH MASSAGE

Promotes relaxation, improves circulation and leaves you feeling refreshed and renewed.

AROMATHERAPY MASSAGE

Soothes the mind and body with therapeutic essential oils to enhance your well-being.

G H SIGNATURE MASSAGE

Our exclusive blend of techniques designed for total relaxation and complete rejuvenation.

GIVE YOURSELF THE GIFT OF
Relaxation. You deserve it.

BOOK YOUR APPOINTMENT TODAY
Step into tranquility. Leave renewed.

GRENADINE HOUSE SPA
Kingstown Park
Kingstown, St. Vincent
& the Grenadines

456 2600 / 493 0996
 Spa@grenadinehouse.com
 www.grenadinehousespa.com

*Relax.
Recharge.
Rejuvenate.*

YOUR WELL-BEING IS OUR PRIORITY

\$1 WING

THURSDAYS!

EVERY THURSDAY

6PM
TO
8:30PM

CRISPY • BBQ • BUFFALO

ADDITIONAL \$1
CREAMY GARLIC, BLUE CHEESE,
HONEY MUSTARD, RANCH

POINT PUNCH
\$5

RUM MIXERS
\$5

TEQUILA SHOTS
\$8

CAMPARI
\$8

5 FOR \$20
CARIB & HAIROUN

PRIVATE PARKING LOT
HAMILTON, EN ROUTE TO FORT HAMILTON

CALL/WHATSAPP 784-494-6578

FITNESS GYM



PACKAGE PRICE

Registration + First Month Fee:
XCD \$125.00

Monthly Fee: **XCD \$60.00**

OPEN HOURS
5:00AM - 8:00PM

REGISTER NOW

+1 (784) 458-1800

+1 (784) 593-0996

stay@grenadinehouse.com



BY IHG®

PANCAKE SUNDAYS

Enjoy a full buffet breakfast
with our signature pancake feature.



BUFFET BREAKFAST INCLUDES

- Hot Breakfast Favourites
- Local Fruit Selection
- Bread & Pastries
- Coffee, Tea & Juice

TOP IT YOUR WAY

- Chef's Flavour of the Day
- Seasonal Topping Feature
- Chef's Choice Topping
- Sweet Drizzle Selection

ONLY

\$23
USD
per person

Served Sundays
7:00 AM - 10:30 AM
RSVP By
6:00 PM on Saturdays
Hotel: 784-451-2466
WhatsApp:
784-532-9969
Email us to RSVP
info@hiexsvg.com

Selections vary weekly.

Made fresh in-house every Sunday morning.



GOOD MORNING, GREAT START.
Let's make your morning extra special.



WE'RE DIVE HIRING!

JOIN THE **DIVE ANTILLES** TEAM!

DIVEMASTER DIVE INSTRUCTOR & DIVEMASTER INTERSHIP OPPORTUNITY

Dive Antilles is looking for enthusiastic, hardworking
and reliable Divemasters or Dive Instructors
to join our friendly team!

WE ARE LOCATED AT
PARADISE BEACH HOTEL,
VILLA BEACH, ST. VINCENT

WORKING HOURS
Typically
8:00 AM - 4:00 PM

Some days may finish earlier,
while others may require staying
a little later depending on guest
activities and operational needs.

WHAT YOU'LL BE DOING (BUT NOT LIMITED TO):

- Guiding certified divers on boat dives
- Assisting with snorkel tours
- Loading and unloading boats with
dive equipment
- Filling scuba tanks
- Cleaning, maintaining and caring for
dive equipment
- Assisting with dive courses and
student divers
- Providing excellent customer
service to guests

FOR INSTRUCTORS:

Instructors will be responsible for
teaching PADI and SSI courses,
depending on their qualifications
and agency status.

INTERSHIP OPPORTUNITY FOR EXPERIENCED DIVERS!

We are also willing to accept applications from **EXPERIENCED DIVERS** who are
not Divemasters yet.
We offer internship opportunities for the right candidates to train and work
with us towards becoming a Divemaster.
If you're passionate about diving and want to grow your career with us,
we'd love to hear from you!

REQUIREMENTS

- Must be reliable, punctual and able to
arrive at the dive shop on time
- Friendly and confident with tourists and guests
- Able to speak clearly and communicate
professionally
- Outgoing personality - not shy!
- Physically fit and healthy - must be able to
lift and carry dive equipment
- Hardworking and a team player
- Boat handling / boating experience is a plus

SALARY

Salary will be based on experience,
qualifications and certifications.



APPLY TODAY!

Send your CV and a brief introduction
to Dive Antilles via email:
info@diveantilles.com

**LOCALS ARE
ENCOURAGED
TO APPLY!**



Be part of our small
professional team and share
your passion for the
underwater world!



RELIABLE, PASSIONATE, TEAM PLAYER.
Love the ocean? Love working with people?
Join Dive Antilles!

**JUNGLE
LOUNGE**
WHERE THE JUNGLE COMES ALIVE WITH FLAVOR

**7PM
UNTIL**

KARAOKE
Night

**BEST WINS A
FREE 12 INCH CHICKEN PIZZA**

EVERY WEDNESDAY

CONTACT
17845272554

LOCATED
VILLA FLAT NEAR COLLEGE GAP



BEQUIA PLANTATION HOTEL

SUMMER SALE
 Stay Dates: July 12 – September 6, 2026
 20% OFF STAYS






BOOKING CODE BPHOOO

 (784) 534-8677
  info@bequiaplantationhotel.com



Pass the Vibe Check GIVEAWAY

ENTER FOR YOUR CHANCE TO WIN A DAY
PASS FOR YOU AND THREE OF YOUR FRIENDS!







INCLUDES: (per person)

- Neck & shoulder massage at the spa
- One meal, dessert & a complimentary rum punch, mimosa OR non-alcoholic beverage at Islander Restaurant
- Access to pool
- Private room access (10AM-5PM)

HOW TO ENTER:

1. Tag 3 friends to share this day pass with
2. You & your 3 tagged friends must follow our page @myahshotel
3. You & your tagged friends must repost this post



GATHER YOUR CREW!

Your perfect day in paradise begins with the Bequia Plantation Hotel Experience.
 Enjoy a complimentary lunch!
 Book 4 day passes and get yours Free!

WHERE THOSE IN THE KNOW GO

\$65.00USD Per Person.

- Welcome Drink
- 2 Course Lunch(1 starter & 1 main)
- Watersports Activities
- Pool and Beach Access
- Beach Towel
- Complimentary WIFI

Add-On

- Breakfast USD \$20.00 per person. (Excluding A La Carte Items)
- Day Use Room- USD \$85.00 from 9:00AM-4:00PM(Double Occupancy)
- 45 minutes Swedish Massage - USD \$60.00

Book Now

Reservations 1(784)534-8677 info@bequiaplantationhotel.com

Disclaimer: All day pass guests must leave their ID Card (NIS, Driver's license, etc) at the front desk upon check in. ID'S will be securely held and returned at the end of the day pass.



GRENADINE House

RELAX • RECHARGE • RECONNECT





GUEST AMENITIES & OPENING HOURS

- RECEPTION**
7:00 AM – 10:00 PM
OPEN EVERYDAY
- RESTAURANT & BAR**
7:00 AM – 9:30 PM
OPEN EVERYDAY
- GYM**
7:00 AM – 8:00 PM
OPEN EVERYDAY
- SWIMMING POOL**
8:00 AM – 5:00 PM
OPEN EVERYDAY
- THE SPA**
9:00 AM – 5:00 PM
TUESDAY TO SATURDAY
*CLOSED ON SUNDAYS, MONDAYS, AND PUBLIC HOLIDAYS

+1 (784) 458-1808
 +1 (784) 593-0996
 stay@grenadinehouse.com



Thank you for choosing Grenadine House.
Enjoy your stay.

 ACCOMMODATIONS
  PREMIUM AMENITIES
  WARM HOSPITALITY
  BEAUTIFUL SURROUNDINGS

LAVUE
BOUTIQUE HOTEL & BEACH CLUB



SUNDAY

Buffet

\$75
INCLUSIVE OF TAXES

JULY 12TH
FROM 12PM – 4PM

MEATS	SIDES	SALAD
Tuscan style pork ribs topped with mango chutney	Jollof rice	Organic mixed green salad
Jerk spiced butter chicken	Twice baked loaded potatoes	DESSERT
Sweet n tangy pan seared fish	Lasagna bolognese	Fruit cake

RESERVE YOUR TABLE

CALL TO RESERVE: 1 784 528 8883
WHATSAPP TO RESERVE: 1 784 534 7754



LAST LAP ROAD JAM

MASSIVE SOUNDS SYSTEM
DRINKS TRUCK
PURE VIBES
PURE ENERGY
ONE LAST LAP
ONE LAST WHINE
ONE LAST JUMP UP

SATURDAY JULY 11th 2026
TIME: 3PM UNTIL 9PM
ROUTE: G/Town Square (Bus Stop) to Boxing Plant (Langley Park)

MUSIC BY: *TOP ARTISTES *TOP DJs



Grenadine House
Kingstown, St. Vincent

SUMMER POOL PACKAGE

PER PERSON: \$50
INCLUDES: ACCESS TO THE POOL, 1 LIGHT MEAL, 1 HAIR OUN SOFT DRINK

GROUP OF 10: \$45 PER PERSON
INCLUDES: ACCESS TO THE POOL, 1 LIGHT MEAL & 1 HAIR OUN SOFT DRINK PER PERSON

TO BOOK YOUR SPOT NOW
CALL:
+1 (784) 458-1800
or +1 (784) 593-0996
SPACES ARE LIMITED!

POOL ACCESS
LIGHT MEAL
HAIR OUN SOFT DRINK
FUN & RELAXATION

Stay@grenadinehouses.com
GRAB YOUR FRIENDS, TAKE A BREAK & UNWIND!



WE ARE OPEN TODAY
— FROM 5PM FOR —

Moonshine

THIRSTY THURSDAYS

DRINK. PLAY. VIBE.

COCKTAIL SPECIALS AVAILABLE

The Best Night — in town

Friday Nights from 7:30pm

Friday Night BBQ @ Paradise Beach Hotel

Live music, great people — even better food.

Villa Beach, St. Vincent +1(784)457-4795 paradisessvg.com




BEQUIA PLANTATION HOTEL
Trinidad & Tobago
Paraguri - West Indies

PIZZA NIGHT

"THE PIZZA PLAN YOU NEEDED"



WEDNESDAY'S AT BEQUIA PLANTATION HOTEL
ORDER, PICK UP AND ENJOY A FREE BEER
ENQUIRE ABOUT OUR SPECIALS ON PIZZA SLICES
RESERVATIONS 1(784)534-8677 | info@bequiaplantationhotel.com
16%VAT INCLUDED. 10% SERVICE CHARGE TO BE ADDED TO FINAL BILL.

TACO THURSDAYS



Coconut Grove
BEACH CLUB

Contact us at 1784-431-2837, Follow Us On Social Media @coconutgrovesg

FRIDAY NIGHT CEVICHE

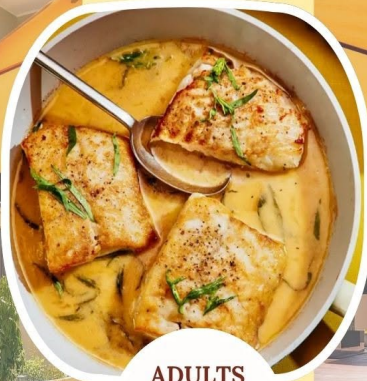


driftwood
eat drink drift.






**SUNDAY
JULY 12**




**ADULTS
\$65**

**KIDS
(UNDER 10)
\$35**

Sunday Lunch Menu

RESERVE NOW **784-451-3600**



Sunday Lunch MENU

MAIN COURSE

Snapper Fillet in
Coconut Cream Sauce

SIDES

Rice and Peas
Corn Pie
Potato Salad
Steamed Plantain
Tossed Garden Salad

Dessert of the Day



SUNDAY, JULY 12

 **784-451-3600**



RELAX. PLAY. CONNECT.

FAMILY MEMORIES *are made here.*

Enjoy quality time, beautiful spaces,
and the moments that matter most.



 **SPACIOUS
COMFORT**
 **POOL FUN
FOR ALL AGES**
 **MEMORIES
THAT LAST**

Call Us Today
784-456-9788

**YOUR DAY PASS GETAWAY
*Starts Here.***

RELAX. PLAY. CONNECT. TOGETHER.



POOL Packages





PACKAGE 1
XCD \$40.00
PER PERSON

- Pool Access
- Free Wi-Fi
- Free Parking
- Meals and drinks can be purchased at the hotel.

PACKAGE 2
XCD \$60.00
PER PERSON

- Pool Access
- 1 Light Meal
- 1 Hairoun Soft Drink
- Free Wi-Fi
- Free Parking

**8AM
TO
5PM**

stay@grenadinehouse.com
+1 784 458 1800 | +1 784 593 0996





SVG Air connects you to the beauty of the
Grenadines – safely, comfortably,
and in minutes.
Island-hop with ease. Explore more.

Fly local. Fly SVG Air.

Check flight availability
Visit Our Website - <https://www.flysvgair.com>
Call: +1 (784) 457 5124
Whatsapp: +1 (784) 532 9179

Your Escape.
Your Moments.

BEACHFRONT STAY | DELICIOUS FOOD | GREAT VIBES

be our guest
Unwind & Relax

Enjoy delicious meals, a cozy stay,
or a cold drink while watching
your favorite sports at our bar.

*We've got everything you need
for the perfect getaway!*

For reservation
and inquiries

+1784-458-3530
+1784-4345339
keeganbequia@yahoo.com
www.graciebeachside.com

Relax.
Recharge.
Repeat.
Only at Gracie's.

Great Food. Cozy Rooms. Friendly Vibes. That's Gracie's.

**Congratulations!
You Did It!**

BOOK YOUR DAY PASS WITH BEQUIA PLANTATION HOTEL
PACKAGES AVAILABLE FROM: JUNE 12TH TO JULY 31ST 2026

**RISING STAR PACKAGE
USD \$390.00**

REQUIREMENTS:

- MINIMUM OF SIX (6) CHILDREN AND TWO (2) ADULTS.
- Time - 9:00AM- 4:00pm.
- Age limit: Children under 14 years.

PACKAGE INCLUSIONS:

- Unlimited mango smoothies.
- Three (3) 14-inch pizzas.
- Chicken spring rolls.

**NEXT CHAPTER PACKAGE
USD \$430.00**

REQUIREMENTS:

- MINIMUM OF SIX (6) CHILDREN AND TWO (2) ADULTS.
- Time - 9:00AM- 4:00pm.
- Age limit: Children 14 years and older.

PACKAGE INCLUSIONS:

- Unlimited mango smoothies.
- Three (3) 14-inch pizzas.
- Chicken spring rolls.
- Four (4) portions of Sweet Chilli wings.

(784)534-8677 | info@bequiaplantationhotel.com | www.Bequiaplantationhotel.com

MYAHS HOTEL
DAY PASS Experience

Rates:

**Single Guest: EC \$265.00
Two Adults: EC \$370.00**

Day Pass Includes

- 20-minute Neck & Shoulder Massage at the Spa (Adults only)
- One Meal & One Non-Alcoholic Beverage at Islander Restaurant
- Access to the Pool throughout stay
- Private Photo Session (15 minutes) with 5 Digital Photos
- Private Room Access from 10:00 AM to 5:00 PM

FOR MORE INFORMATION
Call: 1(784) 451-3600
reservation@myahshotel.com



JADEN SUN FAST FERRY Regular Schedule 2026

Route 1: **Southbound** (Kingstown → Union Island) Departures

Day	Kingstown	Bequia	Canouan	Mayreau	Union Island
Sunday	3:30PM	4:00PM	5:15PM	5:45PM	(End of Route)
Monday	3:30PM	4:00PM	5:15PM	5:45PM	(End of Route)
Wednesday	No Sailing	No Sailing	No Sailing	No Sailing	—
Friday	9:00AM	9:30AM	11:00AM	11:30AM	(End of Route)

Route 2: **Northbound** (Union Island → Kingstown) Departures

Day	Union Island	Mayreau	Canouan	Bequia	Kingstown
Sunday	No Sailing	No Sailing	No Sailing	No Sailing	—
Monday	6:30AM	6:45AM	7:15AM	8:30AM	(End of Route)
Wednesday	6:30AM	6:45AM	7:15AM	—	(End of Route)
Friday	3:30PM	3:45PM	4:15PM	5:30PM	(End of Route)

No Operation: There will be NO sailings on Tuesdays, Thursdays or Saturdays.

Boarding: You must be at the dock and ready to board at 15 Minutes prior to departure.

Bank Holiday: If a holiday falls on a Monday, the Sunday afternoon ferry is Cancelled. Instead, the ferry will depart Kingstown at 3:30 PM on Monday.

Sailing Times

Kingstown/Bequia: 30 minutes

Bequia/Canouan: 60 Minutes

Canouan/Mayreau: 20Minutes

Mayreau/Union Island: 10 Minutes

Contact Information

Office Phone: (784) 451-2192 | jaden.sun | jadeninc02@gmail.com
Ferry: (784) 498-1551 | jaden Sun Fast Ferry | www.jadensunferry.com
Cell: (784) 498-7114



Signature

HOT & READY PIZZA FRIDAYS



GET A LARGE COMPLIMENTARY 1.75L OF JU-C WITH THE
PURCHASE OF ANY 12 OR 16 INCH PIZZA UNTIL 9PM

SCHEDULE UPDATE SOUTHERN GRENADINES

MONDAY

DEPARTS KINGSTOWN 11:30 AM
KINGSTOWN > CANOUAN > MAYREAU > UNION ISLAND

TUESDAY

DEPARTS UNION ISLAND 6:00 AM
UNION ISLAND > MAYREAU > CANOUAN > KINGSTOWN

WEDNESDAY [SAME DAY RETURN]

DEPARTS KINGSTOWN 10:30 AM
KINGSTOWN > CANOUAN > MAYREAU > UNION ISLAND
> CANOUAN > KINGSTOWN

THURSDAY

DEPARTS KINGSTOWN 11:30 AM
KINGSTOWN > CANOUAN > MAYREAU > UNION ISLAND

FRIDAY

DEPARTS UNION ISLAND 6:00 AM
UNION ISLAND > MAYREAU > CANOUAN > KINGSTOWN

SATURDAY

DEPARTS KINGSTOWN 11:30 AM
KINGSTOWN > CANOUAN > MAYREAU > UNION ISLAND

SUNDAY

DEPARTS UNION ISLAND 7:00 AM
UNION IS. > MAYREAU > CANOUAN > BEQUIA > K.TOWN



Bequia Express Co. Ltd.
Safe. Reliable. Efficient
TEL: 784 457-3539
Email: info@bequiaexpress.com



WEEKLY SCHEDULE

FROM BEQUIA FROM KINGSTOWN

MON- FRI

6:30 AM	8:00 AM
7:30 AM	9:30 AM
9:30 AM	1:00 PM
1:00 PM	4:00 PM
4:00 PM	5:00 PM

SATURDAYS

6:30 AM	8:00 AM
7:30 AM	9:30 AM
9:30 AM	12:30 PM
1:00 PM	4:30 PM
4:00 PM	5:00 PM

SUNDAYS

6:30 AM	8:00 AM
11:00 AM	4:30 PM
4:00 PM	5:00 PM

RATES

ADULT PASSENGERS

ONE WAY RETURN

\$25 \$40

STANDARD SIZE VEHICLES

ONE WAY RETURN

\$60 \$100

DRIVER INCLUDED



Bequia Express Co. Ltd.
Safe. Reliable. Efficient
TEL: 784 457-3539
Email: info@bequiaexpress.com



COME ENJOY
THE
FRESHEST
Cocktails
COLDEST
Beers
ALL YOUR
FAVOURITE
Drinks
★ AT ★
CAPTAIN
LANO'S
BAR



Sunset Shores

BUY 1
GET 1
FREE

HAPPY HOURS

CAMPARI | JOHNNY WALKER BLACK & RED
ABSOLUTE VODKA | SPARROW | MALIBU
TANQUERAY GIN | DAIQUIRI | MOJITO

FRIDAYS 17:00 - 19:00

MORE INFORMATION
Info@sunsetshores.com
+1784 458 4411

LOCATION
Sunset Shores Beach Hotel,
Villa



Moonshine

FRIDAZE
LIVE DJ • LADIES FREE
DOORS OPEN 10PM



Signature
RESTAURANT • BAR • LOUNGE

COMING SOON

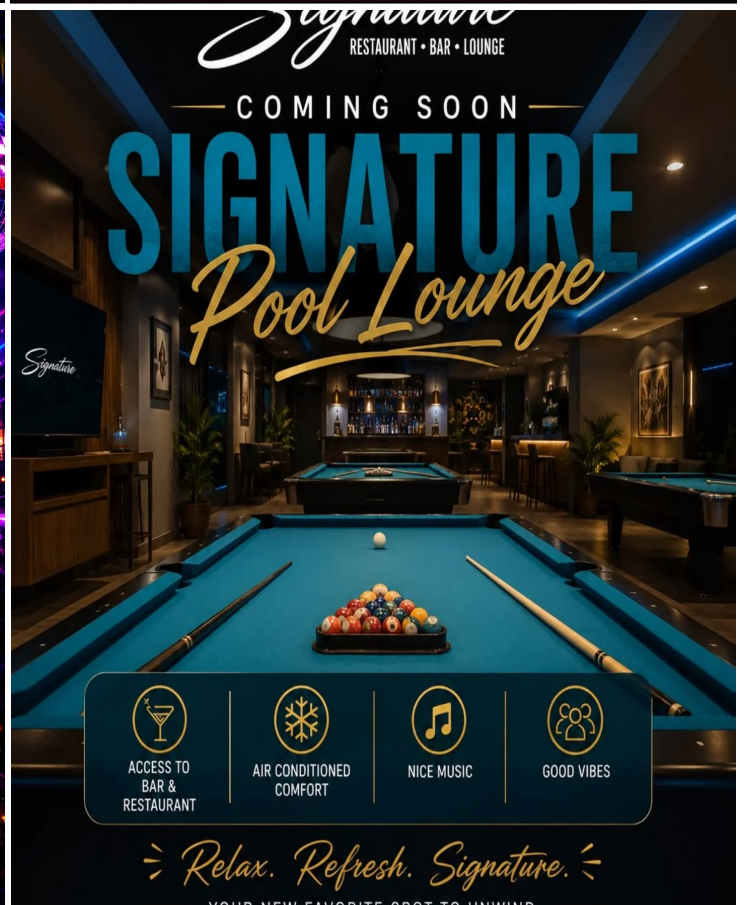
SIGNATURE *Pool Lounge*

Signature

- ACCESS TO BAR & RESTAURANT
- AIR CONDITIONED COMFORT
- NICE MUSIC
- GOOD VIBES

Relax. Refresh. Signature.

YOUR NEW FAVORITE SPOT TO UNWIND



LAVUE

BOUTIQUE HOTEL & BEACH CLUB



Summer STAYS AT the VUE

RELAX. RECHARGE. RECONNECT.

Escape the everyday and indulge in a summer staycation designed for comfort, connection and unforgettable moments. Beautiful views. Exceptional service. Pure relaxation.

ALL FOR
US\$300
PER COUPLE

INCLUDES:

- One Night Accommodation
- Dinner for Two
- Continental Breakfast for Two

★ ROOM UPGRADES ARE AVAILABLE.

You deserve a break.
BOOK YOUR STAY TODAY.



CALL TO BOOK
1 784 528 8883



WHATSAPP
1 784 534 7754



LavueHotelBeachClub
La Vue Hotel



Grenadine House

Kingstown, St. Vincent

GH WRAPS SERVED WITH SALAD

CHICKEN, FISH, VEGETABLES

BUILD YOUR SALAD

Lettuce, Tomatoes, Cucumbers,
Carrots, Cabbage, Onions, Sweet
Peppers, Avocado, Chick Peas

4 Veggies + 1 CHOICE OF MEAT -
FISH/CHICKEN

CHEF'S DAILY SPECIAL

Local Ground Provision Bowl

Steamed Plantains, Steamed Provision,
GH Salad, Coconut Dumplings

Choice of Codfish/ Grilled Chicken / Fish

BEVERAGES

Ginger Lime Fuzz
Fruit Smoothies (Seasonal Fruits)
Plumrose/ Waxapple Watermelon Spritz
(SEASONAL)

+ 1 784 458-1800 | + 1 784 593-0996
stay@grenadinehouse.com



Wellness Wednesday
EVERY WEDNESDAY

Grenadine House
Kingstown, St. Vincent

FANTASEA TOURS
St. Vincent W.I.



LAND & SEA TOURS
PRIVATE CHARTERS
SNORKEL & SUNSET CRUISES
ISLAND TRANSFERS (LAND & SEA)
WHALE & DOLPHIN WATCHING
VISIT THE GRENADINE ISLANDS
VILLA & VEHICLE RENTALS

+1 (784) 457-4477
FANTASEATOURS.COM
INFO@FANTASEATOURS.COM
@FANTASEATOURS.SVG



JERK 'N' FESTIVAL FRIDAYS

Bring the Jerk 'N' Festival home

Schedule your order early. Pre-order now.



Download the app now!





BEQUIA FAST FERRIES LTD

Schedule

MONDAY to SATURDAY		SUNDAYS & PUBLIC HOLIDAYS	
From Bequia	From Kingstown	From Bequia	From Kingstown
6:30 AM	7:45 AM	7:00 AM	8:15 AM
8:45 AM	10:00 AM	4:15 PM	5:15 PM
12:00 PM	3:00 PM		
4:15 PM	5:15 PM		

Fares

Passengers - Locals			Vehicles		
Age Group	One Way	Return	Standard Size	One Way	Return
Adults	\$25	\$50	Vehicle Only	\$65	\$120
Teenagers (13-17)	\$20	\$40	Vehicle and Driver	\$85	\$155
Children (5-12)	\$15	\$30			

Passengers - Standard		
Age Group	One Way	Return
Adults	\$30	\$60
Teenagers (13-17)	\$25	\$50
Children (5-12)	\$20	\$40

Faster **Luxurious** **Stable**

(784) 493-3278
office@bequiafastferries.com

FRIENDS WEEKEND

GETAWAY AT BEQUIA PLANTATION HOTEL

July 12th, 2026 - September 6th 2026

Available every weekend!

Stay in our Double En-Suite or Double Master Bungalows.
Receive a complimentary bottle of wine OR platter on arrival.

Max 4 persons | Min 2 nights stay






Book Now

+1(784)534-8677
info@bequiaplantationhotel.com
BOOKING CODE BPHI23



MV GEM STAR 2

Southern Grenadines Ferry

SCHEDULE

TUESDAYS & FRIDAYS - 11:00AM
Kingstown → Canouan → Mayreau → Union Island

WEDNESDAYS & SATURDAYS - 7:00AM
Union Island → Mayreau → Canouan → Kingstown

ONE WAY FARES ↔ KINGSTOWN
CANOUAN: \$60 | MAYREAU: \$70 | UNION ISLAND: \$80
All fares are quoted in Eastern Caribbean dollars.



SHIP: 784 526 1158
OFFICE: 784 457 4157
gemstarshipping@gmail.com

Find us on  



MV GEM STAR 2

Southern Grenadines Ferry

SCHEDULE UPDATE

FRIDAY JULY 10 - **NO SERVICE**

SATURDAY JULY 11 - **NO SERVICE**



SHIP: 784 526 1158 | OFFICE: 784 457 4157
gemstarshipping@gmail.com

Find us on  

FESTIVE FRIDAY

July 10th
6pm-9pm

MENU

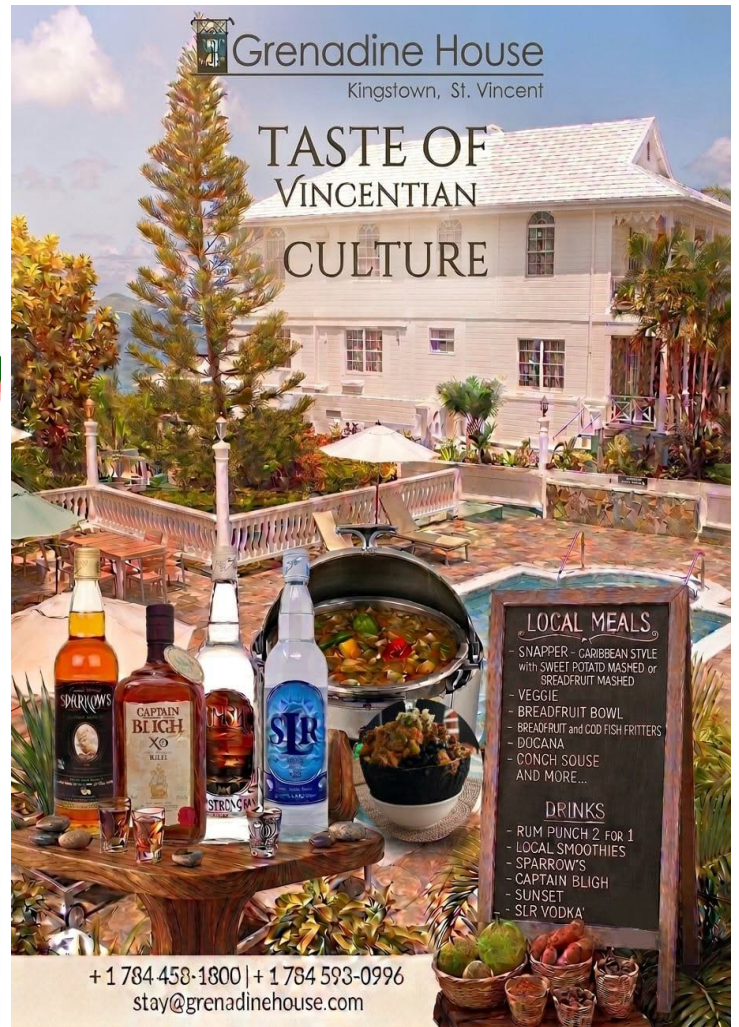
JERK WINGS
JERK PORK RIBS
BBQ PIG TAIL
CARNIVAL PASTA
PUMPKIN FRITTERS
GARDEN SALAD

\$50

+1 (784) 458-1800
+1 (784) 593-0996
stay@grenadinehouse.com



TASTE OF VINCENTIAN CULTURE



+1 784 458-1800 | +1 784 593-0996
stay@grenadinehouse.com



BEQUIA PLANTATION HOTEL
11th July 2026

Pasta Night La Dolce Vita

Live Entertainment by Kids On Pan
"Real Pasta, Real Flavor"



Creamy Chicken Piccata
Tender chicken in a velvety lemon butter sauce with capers, garlic, and fresh parsley, finished with freshly grated Parmesan.

\$18
USD



Seafood Rosé
Lobster, scallops, and fresh fish in a rich, creamy tomato rosé sauce, finished with freshly grated Parmesan.

\$29
USD



Coastal Vongole
Fresh clams and mussels tossed in a delicate white wine, garlic, parsley, and extra virgin olive oil sauce, finished with freshly grated Parmesan.

\$29
USD



Roasted Vegetable Primavera
A colorful medley of roasted seasonal vegetables and fresh herbs tossed in a vibrant Arrabbiata sauce, finished with freshly grated Parmesan.

\$14
USD

Personalize your dish with your preferred pasta selection:
Spaghetti | Linguine | Fettuccine | Farfalle | Penne
16% VAT included. 10% service charge to be added to final bill. Allergy information available upon request.



THE LOFT
RESTAURANT & BAR



Dine With Us

Open Daily From 7am-11pm

Contact us at 1784-458-4308

Follow us on social media

  The Loft Restaurant & Bar

LAVUE
BOUTIQUE HOTEL & BEACH CLUB

SUNSET RESTAURANT

TACO TUESDAY

12PM - 11PM

\$30

- Crispy Fried Shrimp Tacos topped w pico di gallo & pickled sweet onion
- Grilled Chicken Tacos topped w pico di gallo & pickled sweet onion
- Sweet Chilli Fish Tacos topped w pico di gallo & pickled sweet onion
- Hawaiian Steak Tacos topped w pico di gallo & pickled sweet onion
- Short Rib topped w pico di gallo & pickled sweet onion



Grenadine House
Kingstown, St. Vincent

Pasta Thursday

CHICKEN FISH

BEEF CARBONARA

EVERY THURSDAY

ORDER NOW: +1 784 458-1800 | +1 784 593-0996

WhatsApp Instagram Facebook



BEQUIA PLANTATION HOTEL
Bequia, West Indies

SUNSET CRUISE EXPERIENCES

Sail into the golden hour and experience Bequia's Coastline like never before
Perfect for couples, celebrations, or simply relaxing on the sea.

Choose from

Bequia Sunset Cruise	Premium Bequia Sunset Cruise
• 2 Selections of hors d'oeuvres • Plantation Punch • Soft drinks • Selection of Beers	• 4 Selections of hors d'oeuvres • Plantation Punch • Soft drinks • Selection of Beers • Unlimited Prosecco
USD \$220 per couple + USD \$90 per extra person	USD \$300 per couple + USD \$100 per extra person

Departs: 4:30 PM - Duration: 2 hrs

Reserve today

(784) 534 - 8677 Bequia Plantation Hotel




Coconut Grove BEACH CLUB

Kids Summer Camp

XCD 270
Per Child Per Week
Week 1: 20th - 24th July
Week 2: 27th - 31st July

Activities
Sailing
Archery
Excursions
Pool Days
Beach Days
Arts & Crafts

Fun & Creative Outdoor Activities For Boys & Girls 5-12 Years Old

More Information : +1 (784) 532 8808 gm@coconutgrovesvg.com






TREE BAR

Creole Saturdays
each and every Saturday

Blackfish and Provision



Saltfish Buljol



Pigfoot Souse



Cowh Souse



Smoke Herring and Doughboy



Moonshine THIRSTY Thursdays

GAME NIGHT
EDITION



THURSDAY IS THE NEW FRIDAY!

LIVE DJ | CAMPARI SPECIALS & SLR COCKTAILS
FREE GAMES ALL NIGHT! VIBES ALL NIGHT LONG!

FAIR PLAY RULES APPLY | 1 GAME PER TURN | WINNER STAYS

LIVE IT... FEEL IT... EMBRACE IT...

THE PERFECT ESCAPE AWAITS



- ✓ RIDE ALONG PICTURESQUE BEACHES & COASTAL TRAILS
- ✓ DISCOVER HIDDEN GEMS WITH PANORAMIC VIEWS
- 🕒 7 DAILY DEPARTURES STARTING FROM 6:00 AM

 SINGLE ATVs

 DOUBLE ATVs



CALL OR WHATSAPP: **784-532-6370**

 **BOOK NOW:** www.coastaladrenaline.com



Afternoon Tea
at
Bequia Plantation Hotel

4:00 - 6:00pm Daily.

Because Every Afternoon With Friends Deserves Some "Tea"

 Teatime Delicacies

Assorted Platter of Delicacies - \$14.00 Per Person USD

Spinach Scones.

Banana Bread.

Mini Croissant.

Shortbread Cookie.

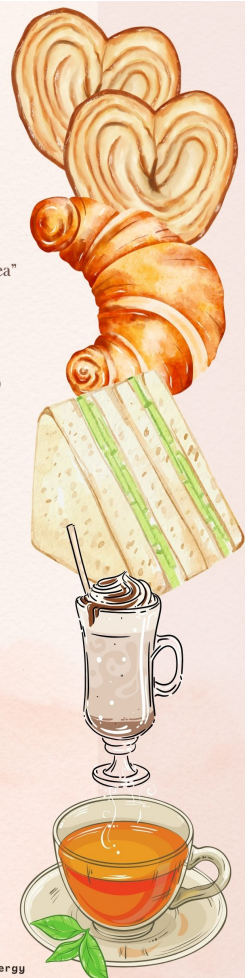
Cucumber Cream Cheese Sandwich.

Egg & Mayo Sandwich.

 Coffee & Tea

Pot of Tea	\$3.00 USD
Espresso	\$4.00 USD
Nespresso	\$5.00 USD
Flat White	\$5.00 USD
Americano	\$5.00 USD
Regular Coffee	\$4.00 USD
Irish Coffee.....	\$4.00 USD
Iced Coffee	\$5.00 USD

Reservations 1/784/534-8677 info@bequiaplantationhotel.com
16% VAT included. 10% service charge to be added to final bill. Allergy
information available upon request.





Couples DAY PASS

Lunch
Bottle Of Champagne
(non-alcoholic)
Beautiful Room

\$112 USD

Singles DAY PASS

Lunch
Glass Of Champagne
(non-alcoholic)
Beautiful Room

\$80 USD

BOOK NOW

1-784-456-9788 | INFO@HOTELALEXANDRINA.COM | WWW.HOTELALEXANDRINA.COM



**FROM
EC \$490.00**

Welcome drinks,
Complimentary
use of Pool & Gym



POOL Day Pass

10AM- 5PM

Dive into relaxation with our Pool Day Pass.
Perfect for locals & guests alike!

Choose (1) one of our Day Pass Package

XCD \$150
per person

- *Pool Access
- *2 glasses of Rum or Fruit punch
- *1 Meal

USD \$150
per person

- *Inclusive of A Room
- *Pool Access
- *2 glasses of Rum or Fruit punch
- *1 Meal

Call to inquire about children rates & Availability

La Vue Terms & conditions applied

Call Us to book
(784) 528-8883

Lavuehotelbeachclub
Lavuehotel

Kingstown, St. Vincent

TACO

Tuesday

**BEEF
CHICKEN**

\$44

-SERVED WITH FRIES | SALAD | 1 SOFT DRINK

Grenadine House
+ 1 784 458-1800 | + 1 784 593-0996
stay@grenadinehouse.com

5PM - 7PM
WEDNESDAY TO FRIDAY
 AT COCONUT GROVE

HAPPY HOURS

Coconut Grove
 BEACH CLUB

CALL: +1784431-2837
 EMAIL: GM@COCONUTGROVESVG.COM
 FOLLOW US ON @COCONUTGROVESVG

BLUE LAGOON
 HOTEL & MARINA

POOL PASS
BLUE LAGOON

ADULTS: \$35 EC
 UNDER 12: \$17.50 EC
 10AM-5PM

1-784-458-4308

Terms & conditions apply

Grenadine House
 Kingstown, St. Vincent

DAY PASS

PRICING OPTIONS

SINGLE OCCUPANCY (PER PERSON)

Day Pass Only: **US \$85.00**
 Day Pass + Room: **US \$120.00**

DOUBLE OCCUPANCY (FOR TWO PERSONS)

Day Pass Only: **US \$150.00**
 Day Pass + Room: **US \$205.00**

DAY PASS PACKAGE INCLUDES:

- ✓ 1 WELCOME RUMPUNCH / LOCAL DRINK
- ✓ 1 TWO COURSE MEAL
- ✓ 1 GLASS HOUSE RED/WHITE WINE
- ✓ ACCESS TO POOL
- ✓ ACCESS TO GYM

BOOK NOW | +1 784 458-1800 | +1 784 593-0996
stay@grenadinehouse.com

Moonshine

PLENTY FOR 20 MONDAYS

20 WINGS FOR \$20 | DINE IN ONLY OFFER

Parks and Sites

Hiking & Adventure

- La Soufriere Cross Country Trail on the Windward Side
- Cumberland Trail
- Dark View Falls
- Vermont Nature Trail
- Indian Bay Beach Facility

Heritage & Culture

- SVG Botanical Garden
- Wallilabou Heritage and Recreation Park
- Black Point Heritage and Recreation Park
- Layou Heritage Park
- Villa Beach Facility
- Mt Wynne Public Beach

Recreation & Site Seeing

- Rawacou Recreation Park
- Belmont Lookout
- Owia Salt Pond
- Cumberland Beach Recreation Park
- Brighton Salt Pond
- Fort Duvernette

SITES CLOSED TO THE PUBLIC

- Fort Charlotte
- Falls of Baleine
- La Soufriere from the Leeward side

BEQUIA - PLACES TO VISIT

- Maritime Museum
- Site of Hamilton
- Sea Salt Museum
- Spring Plantation

OUR SERVICES

- ✈ Flights
- 🚢 Cruises
- 🏠 Hotels
- 🚗 Car Rentals
- 📄 Packages
- 🗺 Tours
- 👥 Groups
- 🛡 Travel Insurance
- 💳 VISA Assistance

NOW OPEN

THE JOSHUA CENTRE
Arnos Vale, St. Vincent

MON - FRI | SAT
9:00am - 4:30pm | 9:00am - 1:00pm

☎ (784) 457-1841

MoneyGram

Going Places
Travel



Emergency Numbers

Fire, Police and Coastguard:	911/999
Hospitals: Accident and Emergency Kingstown:	456-1955
Bequia:	458-3294
Canouan Clinic:	458-8305
Union Clinic:	458-8245



SVGHTA
ST. VINCENT & THE GRENADINES
HOTEL AND TOURISM ASSOCIATION

P O Box 2125
Kingstown
St. Vincent & the Grenadines
T: 784 458-4379
M: 784-494-4379

SVG Hotel & Tourism Association
OFFICE AND SOUVENIR SHOP
Cruise Ship Terminal, Room #8

E: info@svghotels.com / svghotels@gmail.com
W: www.svghotels.com
Ins & Outs of SVG: www.insandoutsofsvg.com/