



SVGHTA
ST. VINCENT & THE GRENADINES
HOTEL AND TOURISM ASSOCIATION

What's On in St. Vincent

2026

Issue: 1135

PUBLISHED BY THE ST. VINCENT AND THE GRENADINES HOTEL & TOURISM ASSOCIATION

JUNE

Fri 5th

Serenity Dive presents Lionfish Fry, Sunset Shores Hotel, 5pm - 10pm

Moonshine, Villa: Fridaze, 10pm

Grenadine House: Happy Hour 5pm - 7pm, Festive Fridays 6pm - 9pm

Paradise Beach Hotel: Grillin with the Captain, from 7:30 pm, Live Music

Ada Restaurant, Beachcombers Hotel: Happy Hour 6pm - 8pm with Live Music

French Verandah, Villa: Jerk & Festival and Happy Hour 5pm - 7pm

Sunset Shores Hotel: Happy Hour 4pm - 7 pm

Myah's Hotel: Happy Hour All Day

Rum & Riddim, Bagga, 6pm

Tel: 433-1528

Tel: 458-1800

Tel: 457- 4795

Tel: 534-2593

Tel: 453 -1111

Tel: 458-4411

Tel: 451-3600

Sat 6th

Touch of Class Fashion City, Comsport Sporting Facility, Arnos Vale, 7pm

Young Island Resort: BBQ, 7pm - 10pm

Grenadine House: Happy Hour 3pm

Sunset Shores Hotel: Happy Hour 4pm - 6pm, BBQ 7pm

Myah's Hotel: Happy Hour All Day, Saturday Cravings, 12 Noon

Ada Restaurant, Beachcombers Hotel: BBQ 6pm - 9pm with Live Music

G-Spot Bar, Sandy Bay: When Gyal Good Gyal Good, 10pm

Tel: 458-4826

Tel: 458-1800

Tel: 458-4411

Tel: 451-3600

Tel: 534-2593

Sun 7th

Ada Restaurant, Beachcombers Hotel: Live Music

La Vue Boutique Hotel & Beach Club: Sunday Brunch 11am - 3pm, Karaoke 7pm

Myah's Hotel: Sunday Lunch 12 Noon

Grenadine House: Sunday Lunch 11am - 3pm, Happy Hour 3pm until,

Tel: 534-2593

Tel: 532-8883

Tel: 451-3600

Tel: 458-1800

Mon 8th

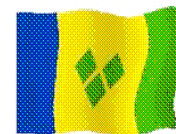
Fantasea Tours: All Inclusive Day Cruise to Mustique & Bequia

Moonshine, Villa: Plenty for \$20 Wings

Myah's Hotel: Menu, 12 Noon until

Tree House & Grill: Karaoke Night Party, 8pm until

Hotel Alexandrina: Kulture Bar & Grill, Prospect 3 pm



Tel: 457-4477

Tel: 433-1528

Tel: 451-3600

Tel: 456-6808

Tel: 456-9788

Tues 9th

Chill Spot Bar & Grill, Vigie Highway, Arnos Vale: Tuesday Night Karaoke, 8pm until

Fantasea Tours: All Inclusive Day Cruise to Tobago Cays, Mayreau & Canouan

French Verandah, Villa: Happy Hour 5pm - 7pm

Tree House & Grill: Burger & Beer Tuesdays

Grenadine House: Taco Tuesday 11am - 6pm

La Vue Boutique Hotel & Beach Club: Taco Tuesday, 12 Noon - 10pm

Jungl Lounge, Villa Flat: Tuesday Happy Hour, 3pm - 7pm

Signature Restaurant, Arnos Vale: Beer & Wings Tuesdays

Tel: 457-7768

Tel: 457-4477

Tel: 453-1111

Tel: 456-6808

Tel: 458-1800

Tel: 532-8883

Tel: 527-2554

Tel: 456-6518

Wed 10th

Fantasea Tours: All Inclusive Day Cruise to Mustique & Bequia

Moonshine, Villa: Fever Wednesdays, 9pm

Jungl Lounge, Villa Flat: Karaoke Night, 7pm

Grenadine House: Wellness Wednesday

Myah's Hotel: Pizza your Way All Day

Coconut Grove Beach Club, Canash Beach: Happy Hour 5pm - 7pm

Tel: 457-4477

Tel: 433-1528

Tel: 527-2554

Tel: 458-1800

Tel: 451-3600

Tel: 431-2837

Thurs 11th

Moonshine, Villa: Games Night & Thirsty Thursdays

Tree House & Grill: Taco Thursday

Grenadine House: Pasta Thursday

Coconut Grove Beach Club, Canash Beach: Taco Thursdays 2pm, Happy Hour 5pm - 7pm

Tel: 433-1528

Tel: 456-6808

Tel: 458-1800

Tel: 431-2837

Friday 5th June

Signature Restaurant, Arnos Vale: Hot & Ready Pizza, After Work Lime Fridays

Tel: 456-6518

Palki Restaurant, Villa: Wine & Dine Friday Nights, 5pm

Tel: 527-2554

Coconut Grove Beach Club, Canash Beach: Happy Hour 5pm - 7pm

Tel: 431-2837

Jungl Lounge, Villa Flat: Ole School Fridays, 7pm

Tel: 527-2554

Saturday 6th June

North Leeward Soca Monarch 2026 2.0, Peto Hardcourt

Tree House & Grill: Creole Saturdays, Happy Hours, 12 Noon - 5pm

Tel: 456-6808

Jungl Lounge, Villa Flat: Reggae Nights, 7pm - 2am

Tel: 527-2554

Moonshine, Villa: Moonlit Saturdays, 9pm until

Tel: 433-1528

Sunday 7th June

South Leeward Street Jump Up & Soca Monarch, start time 3pm

Café Soleil, Blue Lagoon Marina: BBQ 11am - 5 pm, live music from 7 pm with BAM

Tel: 456-8550

Moonshine, Villa: Retro Sundays

Tel: 433-1528

Palki, Villa Flat: Sunday Buffet Brunch, 11am - 3pm

Tel: 527-2554



June 5th

6pm - 9pm

FESTIVE FRIDAY

\$50

MENU

THAI MANGO SALAD

PUMPKIN FRITTERS

POTATO WEDGES

SWEET AND SOUR RIBS

HONEY BBQ PIGTAIL

BBQ WINGS

+1 (784) 458-1800

+1 (784) 593-0996

stay@grenadinehouse.com

+1 784 458-18001 + 1784 593-0996

stay@grenadinehouse.com | www.grenadinehouse.com

Heineken

SERENITY DIVE
PRESENTS
LIONFISH Fry

FRIDAY JUN 5
5:00 PM - 10:00 PM
SUNSET SHORES HOTEL, VILLA BEACH

ONLY \$25 PER PLATE

PLACE YOUR ORDERS IN ADVANCE
784 528-8030
784 532-8646

WWW.KARIBITES.COM

PROTECT OUR OCEANS. EAT LIONFISH.



SVGHTA
ST VINCENT & THE GRENADINES
HOTEL & TOURISM ASSOCIATION



SVG
Restaurant
Week

TASTE of Vincy

JUNE 21ST-27TH, 2026



Join Us For A Week Of Culinary Delights!

LOCAL
CUISINE
TASTE THE
CULTURE

CURATED
MENUS
ISLAND'S BEST
CHEFS

MIXOLOGY &
CULINARY
MASTERCLASSES
SIP, CREATE, INSPIRE

CONNECT
&
CELEBRATE
CULTURE, COMMUNITY
& FLAVOR

EAT · EXPLORE · ELEVATE
WHERE FLAVOR MEETS PARADISE

Scan for more!



SVGHOTELS@GMAIL.COM
WWW.SVGHOTELS.COM
+ 1 784 458-4379 | + 1 784 494-4379



sol



Sandals



Manners Hotel



ECGC



Grenadine House
Kingstown, St. Vincent

ACADO
SVG

FACEY
FACILITY

GECCU LTD

XCD 60.00
+10% SERVICE CHARGE

Coconut Grove BEACH CLUB PRESENTS *Restaurant* **WEEK**

Oxtail in Plantain Cups



Passion fruit Rum Punch



Coconut Grove BEACH CLUB AT COCONUT GROVE



Friday NIGHT

with **DJ ALX**

HAPPY HOUR WEDS - FRI 5PM - 7PM
2 FROZEN MARGARITAS \$25
CAMPARI SUNRISE \$10, REDSWEET WINE \$10

COME ENJOY THE **FRESHEST** *Cocktails* **COLDEST** *Beers*

ALL YOUR **FAVOURITE** *Drinks*

AT CAPTAIN **LANO'S** BAR



WE ARE **OPEN TODAY** — FROM **5PM** FOR —

Moonshine

THIRSTY THURSDAYS

DRINK. PLAY. VIBE.

COCKTAIL SPECIALS AVAILABLE





THE LOFT
RESTAURANT & BAR

Present
RESTAURANT
week

DATE: 21ST - 27TH JUNE 2026

FEATURING

Plantain Lasagna

filled with ground beef and served with green salad.



DRINK OPTION

Cherry Rum-punch

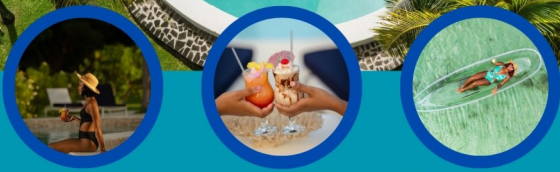
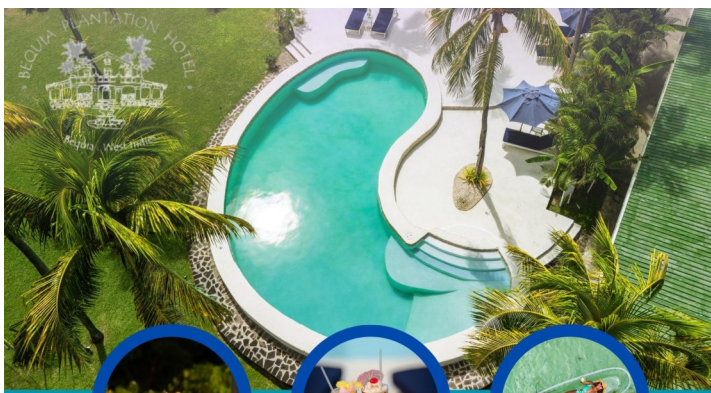
featured with all locally made rums and cherry.



PRICE:

60^{EC}

PLUS SERVICE CHARGE



GATHER YOUR CREW!

Your perfect day in paradise begins with the Bequia Plantation Hotel Experience.

Enjoy a complimentary lunch!

Book 4 day passes and get yours Free!

WHERE THOSE IN THE KNOW GO

\$65.00USD Per Person.

- Welcome Drink
- 2 Course Lunch(1 starter & 1 main)
- Watersports Activities
- Pool and Beach Access
- Beach Towel
- Complimentary WIFI

Add-On

- Breakfast USD \$20.00 per person. (Excluding A La Carte Items)
- Day Use Room- USD \$85.00 from 9:00AM-4:00PM(Double Occupancy)
- 45 minutes Swedish Massage - USD \$60.00

Book Now

Reservations 1(784)534-8677 | info@bequiaplantationhotel.com

Disclaimer: All day pass guests must leave their ID Card (NIS, Driver's license, etc) at the front desk upon check in. ID'S will be securely held and returned at the end of the day pass.

MIH HOTEL

Pass the Vibe Check
GIVEAWAY

ENTER FOR YOUR CHANCE TO WIN A DAY PASS FOR YOU AND THREE OF YOUR FRIENDS!

INCLUDES: (per person)

- Neck & shoulder massage at the spa
- One meal, dessert & a complimentary rum punch, mimosa OR non-alcoholic beverage at Islander Restaurant
- Access to pool
- Private room access (10AM-5PM)

HOW TO ENTER:

1. Tag 3 friends to share this day pass with
2. You & your 3 tagged friends must follow our page @myahshotel
3. You & your tagged friends must repost this post

Grenadine House
Kingstown, St. Vincent

GRENADINE House

RELAX • RECHARGE • RECONNECT

GUEST AMENITIES & OPENING HOURS

- RECEPTION**
7:00 AM – 10:00 PM
OPEN EVERYDAY
- RESTAURANT & BAR**
7:00 AM – 9:30 PM
OPEN EVERYDAY
- GYM**
7:00 AM – 8:00 PM
OPEN EVERYDAY
- SWIMMING POOL**
8:00 AM – 5:00 PM
OPEN EVERYDAY
- THE SPA**
9:00 AM – 5:00 PM
TUESDAY TO SATURDAY
*CLOSED ON SUNDAYS, MONDAYS, AND PUBLIC HOLIDAYS

+1 (784) 458-1888
+1 (784) 593-0996
stay@grenadinehouse.com

Thank you for choosing Grenadine House.
Enjoy your stay.

ACCOMMODATIONS | PREMIUM AMENITIES | WARM HOSPITALITY | BEAUTIFUL SURROUNDINGS



BEQUIA PLANTATION HOTEL

Restaurant Week - June 21st -27th 2026

ISLAND GREEN FIG SALAD SERVED WITH CREOLE TUNA SLICE	\$14.00USD
• Chunks of green banana paired with colorful vegetables and a zesty citrus finish served with a slice of Creole Tuna.	
CONCH SOUCE	\$16.00USD
• Tender conch tossed with cucumber, onions, sweet peppers, lime juice, and fresh herbs.	
PLANTATION BREEZE COCKTAIL	\$5.00USD
• Malibu, Blue Curacao, Pineapple Juice & Lime.	

📞 1(784)534-8677 | info@bequiaplantationhotel.com | 16% VAT included. 10% service charge to be added to final bill.



Moonshine

MOONLIT

SATURDAYS

EVERY SATURDAY

MOONSHINE, VILLA | 9PM - UNTIL

LIVE DJS • FREE ENTRY ALL NIGHT



The French Verandah

HAPPY Hour

TUESDAYS & FRIDAYS
5PM - 7PM



HOTEL ALEXANDRIA
Project & Venue & The Convention 784-456-9788

Kulture BAR & GRILL

Father's Day

LUNCH MENU

SOUP
Goat Water
Callaloo Soup

SALAD
Kale Apple Salad with Tahini Dressing

MEATS (CHOOSE TWO)
Pork Ribs with Kulture Sauce
Fish Kebabs
Stuffed Chicken drizzled with Mushroom Sauce

SIDES
Fried Rice
Scallop Potato (White & Sweet)
Roasted Vegetables

DESSERT
Pineapple Upside Down Cake topped with Ice Cream

COMPLIMENTARY RUM PUNCH
ADULTS \$95 EC | CHILDREN (10 & UNDER) \$45 EC
CALL 784-456-9788 FOR RESERVATIONS

The Best Friday Nights from 7:30pm Night — in town

Friday Night BBQ @ Paradise Beach Hotel

Live music, great people —
even better food.



Villa Beach, St. Vincent +1(784)457-4795 paradisessvg.com



BEQUIA PLANTATION HOTEL
Bequia - West Indies

PIZZA NIGHT

"THE PIZZA PLAN YOU NEEDED"



WEDNESDAY'S AT BEQUIA PLANTATION HOTEL
ORDER, PICK UP AND ENJOY A FREE BEER
ENQUIRE ABOUT OUR SPECIALS ON PIZZA SLICES
RESERVATIONS 1(784)534-8677 | INFO@BEQUIAPLANTATIONHOTEL.COM
16% VAT INCLUDED, 10% SERVICE CHARGE TO BE ADDED TO FINAL BILL.

TACO THURSDAYS



Coconut Grove
BEACH CLUB

Contact us at 1784-431-2837, Follow Us On Social Media @coconutgrovesg



FRIDAY NIGHT CEVICHE



driftwood
eat drink. drift.

BEQUA PLANTATION HOTEL
6th June 2026

Pasta Night

Caribbean Fusion

Live Entertainment by Kids On Pan
"Real Pasta, Real Flavor"



Callaloo & Shrimp Curry
Sautéed shrimp and callaloo tossed in a light garlic curry cream sauce, finished with Parmesan.

\$18 USD



Caribbean Jerk Chicken
Jerk-marinated chicken in a creamy Alfredo sauce with roasted peppers and island seasoning finished with Parmesan.

\$14 USD



Island Veggie Rasta Pasta
Fresh local vegetables sautéed in aromatic island spices and olive oil, finished with Parmesan cheese.

\$14 USD



Island Creole Seafood Pasta
Shrimp, lobster, and fish slow-simmered in a vibrant Creole sauce, finished with fresh herbs and Parmesan.

\$28 USD

Personalize your dish with your preferred pasta selection:
Spaghetti | Linguine | Fettuccine | Farfalle | Penne

16% VAT included. 10% service charge to be added to final bill. Allergy information available upon request.





THIS **Father's Day**

GIVE HIM **THE ULTIMATE EXPERIENCE!**

THE PERFECT GIFT HE'LL NEVER FORGET!



FATHER'S DAY PACKAGES

— ATV & CREOLE BREAKFAST OR ATV & BBQ —

ASK ABOUT OUR
VARIOUS PACKAGES!

STARTING AT ONLY
\$325
XCD
AND UP!

VALID FOR
FULL SERVICE ON
JUNE 21, 2026

OR

VALID FOR
PARTIAL SERVICE
UP TO 6 MONTHS

BOOK TODAY! | 784-532-6370



RELAX. PLAY. CONNECT.

FAMILY MEMORIES

are made here.

Enjoy quality time, beautiful spaces,
and the moments that matter most.





SPACIOUS COMFORT



POOL FUN FOR ALL AGES



MEMORIES THAT LAST

Call Us Today
784-456-9788

YOUR DAY PASS GETAWAY
Starts Here.

RELAX. PLAY. CONNECT. TOGETHER.

Signature

AFTER WORK LIME

FRIDAYS





JUNE 07 2026 ADM: \$20

South Leeward STREET JUMP & UP SOCA MONARCH

SQUADDIE / SPLENDID BOYS / SKINNY FITTED / JACE / GALAXY IG / ICEE / LYVE WIRE
 FLIGHT / RUMLAWD FT RSB / SQUASH DON / FLANKA / SHANNY D / KILOGRAM
 VOLTAGE FT KELTEKK / SICK-O / ROMEY / KELLY J / BOXAMONEY / MR CHARLES
 ASH / TAPHA / SLUWUY / JASPER YMC / JIJON

JUMP UP STARTS FROM 3 PM ON THE QUESTELLES BLOC
SOCA MONARCH STARTS 9PM
AT THE CAMPDEN PARK HARDCOURT

THE NO BOTTLE POLICY IS IN FULL EFFECT

THE BIGGEST & BADDEST RURAL SOCA SHOWDOWN IS HERE!

INLSO
 NORTH LEEWARD SPORTS & CULTURAL ORGANIZATION

NORTH LEEWARD SOCA MONARCH 2026 2.0
 THE RURAL SOCA SHOWDOWN!

\$10,000 IN PRIZES UP FOR GRABS

20 POWERFUL ARTISTES ARE READY TO BATTLE FOR THE CROWN AS THEY CHALLENGE THE REIGNING 2025 SOCA MONARCH CHAMPION, ANGIE MAYA!

👑 ONE CROWN • 🌴 ONE VILLAGE • 🏆 ONE CHAMPION

VENUE: PETO HARDCOURT **DATE:** SATURDAY 6TH JUNE 2026 **ADMISSION:** \$25 EARLY BIRD | \$30 AT THE GATE

GET READY FOR A NIGHT FILLED WITH HIGH ENERGY PERFORMANCES, NONSTOP VIBES, AND PURE SOCA MADNESS AS THE BEST RURAL TALENT TAKES CENTER STAGE.

POWERED BY: **MS MAIN STREET SOUND SYSTEM** | **H HAIROUN** | **VINCYMAS**

HAIROUN ST. VINCENT'S PRIDE WINNING LAGER BEER - HOLD YOUR OWN

ESG EAST ST GEORGE STEERING COMMITTEE
 Culture • Carnival • Sports Community Development

VINCYMAS

ESG STEERING COMMITTEE PRESENTS

FRIDAY JUNE 5TH **SOCA MONARCH AND CALYPSO COMPETITION**
9PM | CALLIAQUA HARD COURT

SATURDAY JUNE 6TH **J'OUVERT AND EVENING JUMP UP**

SUNDAY JUNE 7TH **KIDDIES CARNIVAL 3PM**

EMPOWERING OUR COMMUNITY | BUILDING OUR FUTURE | UNITED THROUGH CULTURE

COME OUT, SHOW YOUR PRIDE, SUPPORT YOUR COMMUNITY!

52 OCEAN HEIGHTS Restaurant & Bar

SEAFOOD SHELL DOWN THURSDAY

Every Thursday is SHELLDOWN DAY AT 52 OCEAN HEIGHTS!

Dive into the island's most irresistible Thursday experience! From succulent lobster and juicy shrimp to savoury conch, and your favorite ocean delights, it's a full seafood shell down you won't want to miss.

- REFRESHING COCKTAILS
- ICE-COLD DRINKS
- BEST OCEAN VIEW ON THE COAST
- GREAT FOOD. GREAT VIBES.
- ROCK-SOLID BAR

Where flavor MEETS THE SEA
 COME SHELL DOWN WITH US!

MENU	Conch Lunch	-\$30
	Whelks Lunch	-\$30
	Shrimp Alfredo	-\$25
	Seafood Pasta	-\$30
	Shrimp Wrap & Fries	-\$30
	Crispy Shrimp	-\$35

ONLY AT 52 OCEAN HEIGHTS EVERY THURSDAY!

★ GOOD VIBES | 🍷 GREAT FOOD | 🌴 UNFORGETTABLE VIEWS | **SEE YOU THURSDAY!**

BEQUIA CARNIVAL

"De Spirit of Bacchanal Fever."

De Spirit of BACCHANAL FEVER

CARNIVAL EVENTS

2026



MONDAY
25TH MAY
2026



CARNIVAL LAUNCH



FRIDAY
5TH JUNE
2026



LUXE AFTER DARK
"De Night Mas Experience"



SATURDAY
6TH JUNE
2026



KIDDIES CARNIVAL



SATURDAY
13TH JUNE
2026



SUNSET SOIREE
"Where Luxury Meet Bacchanal"
Drinks Inclusive Party



FRIDAY
19TH JUNE
2026



"DRENCHED" WET FETE



SATURDAY
20TH JUNE
2026



COOLER MADNESS



SUNDAY
21ST JUNE
2026



PAINTED "J'OUVERT"



MONDAY
22ND JUNE
2026



STREET JUMP-UP

One People. One Spirit. One Bacchanal!



VINCYMAS

RURAL + EVENTS CALENDER

WEEKEND VERSION

FRI

05
JUNE

**CULTURAL
SHOWCASE**

South Leeward
• Vermont

FRI

05
JUNE

**SOCA
MONARCH**

East St George
Calliaqua Hard court

FRI

05
JUNE

**NIGHT
MAS**

Nothern Grenadines
• Bequia

FRI

05
JUNE

**RUM &
RIDDIM**

Central Leeward
• Bagga Fishfest

SAT

06
JUNE

**KIDDIES
CARNIVAL**

South Leeward
• Questelles
hardcourt

SAT

06
JUNE

**KIDDIES
CARNIVAL**

Nothern Grenadines
• Bequia

SAT

06
JUNE

**J'ouvert +
Evening Jam**

East St George
• Glen to Calliaqua



VINCYMAS

RURAL + EVENTS CALENDER

WEEKEND VERSION

SAT

06
JUNE

**Touch Of
Class**

**CompSport Sporting
Facility**

FRI

05
JUNE

**SOCA
MONARCH**

North Leeward
• Peto Hardcourt

SUN

07
JUNE

**EVENING JAM +
SOCA MONARCH**

South Leeward
Chauncey To C' Park

SUN

07
JUNE

**TOAST &
BRUNCH**

Nekes Events
Coconut Grove Beach Club



TARMAC
ARNOS VALE

THE
GREAT
ESCAPE

VINCYMAS
2026

2PM

SOCA

MONARCH

SEMI-FINALS

JUNE 14TH 2026

BACCHANAL BAY

COOLER BEACH PARTY

40 ARTISTES

BEACH VIBES

TICKETS \$40



NO ICE
NO BREAKABLE
BOTTLES

THE GREAT ESCAPE VINCYMAS 2026

THE HOTTEST CARNIVAL IN THE CARIBBEAN

CALENDAR OF EVENTS 2026

APRIL

Saturday 11th - VINCYMAS OFFICIAL LAUNCH

Friday 24th - Rum and Riddim - G'town

MAY

Saturday 30th - Miss SVG

JUNE

Friday 5th - Rum & Riddim - Bagga

Sunday 14th - Bacchanal Bay - Soca Monarch Semis

Thursday 18th - We Spirit Cultural Parade

Sunday 21st - AIA Activation - Touch Down

Wednesday 24th - AIA Activation - Touch Down

Friday 26th - Fantastic Friday - Calypso Semi Finals

Saturday 27th - Junior Carnival

Sunday 28th - Junior Panorama

Tuesday 30th - Junior Calypso & Soca

JULY

Wednesday 1st - 8th - Vincymas Food Village

Thursday 2nd - Steel & Glitter

Friday 3rd - EVO

Saturday 4th - Big Bad Soca Monarch

Sunday 5th - Dimanche Gras

Monday 6th - Jouvert and Monday Jam

Tuesday 7th - Mardi Gras- Grand Finale

Sunday 12th - AIA Activation-Promise





Culture • Carnival • Sports
Community Development



ESG CARNIVAL

ACTIVITIES CALENDAR

FRIDAY
15TH

KARAOKE
"CARNIVAL LIME
CHILL N SING"



 **CALLIAQUA
CULTURE
POT SQUARE**

MAY
23RD

NIGHT MAS
"BRING YUH MAS
N COME"



JUNE
5TH

**CALYPSO AND
SOCA MONARCH**
@ CALLIAQUA HARD COURT



JUNE
6TH

JOUVERT AM
STREET JUMP UP PM



JUNE
7TH

KIDDIES CARNIVAL



ONE COMMUNITY • ONE CULTURE • ONE CELEBRATION
COME OUT AND VINCYMAS WITH US!



Grenadine House
Kingstown, St. Vincent

Sunday Buffet

Sunday 7th June 2026 | 11:30am

XCD\$60
PER PERSON
+ 10% SERVICE CHARGE

- Butternut Squash & Tomato Soup
- Summer Salad
- Fish in Passionfruit Sauce
- Peri Peri Chicken
- Eggplant Gratin
- Ginger Turmeric Rice
- Chef Style Vegetables
- Chef Delight

RESERVATIONS
+ 1 784 458-1800 | + 1 784 593-0996
stay@grenadinehouse.com



Basil at Villa

Father's Day Lunch

CELEBRATE DAD WITH AN AFTERNOON OF EXCEPTIONAL FOOD, OCEAN VIEWS & ISLAND HOSPITALITY.

SUNDAY, JUNE 21ST 12:00 PM - UNTIL **\$99 PER PERSON** BASIL AT VILLA LOTS OF SURPRISES IN STORE

MENU

STARTERS	MAIN	SIDES
(CHOICE OF 1) Conch souce with green Banana Saltfish cakes with tamarind sauce Cream of pumpkin soup	Grilled fish with Garlic Lemon Basil Sauce Ginger chicken stir fry Curry Mutton	Seasoned rice Stir fry vegetables Steamed plantain, sweet potato and Coconut Dumpling Festive pasta salad Green salad

DESSERT (CHOICE OF 1)

 Cheese cake slice with choice of topping	 Warm Banan bread with ice cream	 Warm Sweet potato pudding with coconut rum custard
---	---	--

RESERVATIONS ONLY
LIMITED SEATING AVAILABLE.
ADVANCE RESERVATIONS ARE REQUIRED.
1-784-456-2602

HONORING DADS, GRANDFATHERS, MENTORS, AND ROLE MODELS.



Islander Bar & Grill

Monday - Tuesday LUNCH DEAL!

10" Pizza With Two Toppings EC \$20

🕒 12pm - 3pm

Myahs Hotel | www.myahshotel.com



Signature BEER & WINGS

TUESDAYS

3 For \$10 Hairoun

Complimentary Hairoun Beer With Every Portion Of Wings

AN EVENING OF
INDULGENCE, ENJOYMENT
& RELAXATION.

5pm - 12am



NIGHT *Pass*






INCLUDES:

- One room
- Dinner at pool
- Welcome fruit punch or rum punch
- Dessert
- Bottle of champagne or wine
- 12" pizza
- Access to all amenities

BOOK NOW: 1-784-451-3600

\$400 PER COUPLE
\$300 SINGLE PERSON

Signature

HOT & READY

PIZZA FRIDAYS





GET A LARGE COMPLIMENTARY 1.75L OF JU-C WITH THE PURCHASE OF ANY 12 OR 16 INCH PIZZA UNTIL 9PM

SCHEDULE UPDATE

SOUTHERN GRENADINES

MONDAY	DEPARTS KINGSTOWN 11:30 AM KINGSTOWN > CANOUAN > MAYREAU > UNION ISLAND
TUESDAY	DEPARTS UNION ISLAND 6:00 AM UNION ISLAND > MAYREAU > CANOUAN > KINGSTOWN
WEDNESDAY [SAME DAY RETURN]	DEPARTS KINGSTOWN 10:30 AM KINGSTOWN > CANOUAN > MAYREAU > UNION ISLAND > CANOUAN > KINGSTOWN
THURSDAY	DEPARTS KINGSTOWN 11:30 AM KINGSTOWN > CANOUAN > MAYREAU > UNION ISLAND
FRIDAY	DEPARTS UNION ISLAND 6:00 AM UNION ISLAND > MAYREAU > CANOUAN > KINGSTOWN
SATURDAY	DEPARTS KINGSTOWN 11:30 AM KINGSTOWN > CANOUAN > MAYREAU > UNION ISLAND
SUNDAY	DEPARTS UNION ISLAND 7:00 AM UNION IS. > MAYREAU > CANOUAN > BEQUIA > K'TOWN

Bequia Express Co. Ltd.
Safe. Reliable. Efficient
TEL: 784 457-3539
Email: info@bequiaexpress.com

WEEKLY SCHEDULE

FROM BEQUIA	FROM KINGSTOWN
MON - FRI	
6:30 AM	8:00 AM
7:30 AM	9:30 AM
9:30 AM	1:00 PM
1:00 PM	4:00 PM
4:00 PM	5:00 PM
SATURDAYS	
6:30 AM	8:00 AM
7:30 AM	9:30 AM
9:30 AM	12:30 PM
1:00 PM	4:30 PM
4:00 PM	5:00 PM
SUNDAYS	
6:30 AM	8:00 AM
11:00 AM	4:30 PM
4:00 PM	5:00 PM

RATES


ADULT PASSENGERS
ONE WAY | RETURN
\$25 | \$40

STANDARD SIZE VEHICLES
ONE WAY | RETURN
\$60 | \$100

DRIVER INCLUDED






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TEL: 784 457-3539
Email: info@bequiaexpress.com



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ABSOLUTE VODKA | SPARROW | MALIBU
TANQUERAY GIN | DAIQUIRI | MOJITO

FRIDAYS **17:00 - 19:00**

MORE INFORMATION: Info@sunsetshores.com
+1784 458 4411


LOCATION: Sunset Shores Beach Hotel, Villa

EVERY WEDNESDAY NIGHT
8PM - CLOSE



PRESENTS

*Drinks
Food
Fun*



BEST SINGER WINS A 12 INCH CHICKEN PIZZA

Night of KARAOKE

PALKI RESTAURANT SVG,
VILLA FLAT, VILLA



Moonshine

FRIDAZE

LIVE DJ • LADIES FREE
DOORS OPEN 10PM





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DATES: April 23, May 21, June 11

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**GH WRAPS
SERVED WITH SALAD**
CHICKEN, FISH, VEGETABLES

BUILD YOUR SALAD
Lettuce, Tomatoes, Cucumbers, Carrots, Cabbage, Onions, Sweet Peppers, Avacado, Chick Peas

4 Veggies + 1 CHOICE OF MEAT - FISH/CHICKEN

CHEF'S DAILY SPECIAL
Local Ground Provision Bowl
Steamed Plantains, Steamed Provision, GH Salad, Coconut Dumplings
Choice of Codfish/ Grilled Chicken / Fish

BEVERAGES
Ginger Lime Fuzz
Fruit Smoothies (Seasonal Fruits)
Plumrose/ Waxapple Watermelon Spritz (SEASONAL)

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stay@grenadinehouse.com

Day Pass:
\$110usd/couple
10am - 6pm

You get a room, access to pool and kayaks
and a **\$100xcd** meal voucher at The Loft

JERK 'N' FESTIVAL FRIDAYS

Bring the Jerk 'N' Festival home
Schedule your order early. Pre-order now.

Download the app now!

Father's Day's Celebration



Save the Date:
Father's Day Buffet
June 21st, 2026

-Live Entertainment-
-Gift for Dad-

Reservations Required

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stay@grenadinehouse.com



THANK
YOU
DAD!

MYAHS HOTEL

DAY PASS Experience



Rates:

Single Guest: EC \$265.00
Two Adults: EC \$370.00

Day Pass Includes

- 20-minute Neck & Shoulder Massage at the Spa (Adults only)
- One Meal & One Non-Alcoholic Beverage at Islander Restaurant
- Access to the Pool throughout stay
- Private Photo Session (15 minutes) with 5 Digital Photos
- Private Room Access from 10:00 AM to 5:00 PM

FOR MORE INFORMATION
Call: 1(784) 451-3600
reservation@myahshotel.com



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HAPPY HOUR

FRIDAY & SATURDAY
4:30PM-7PM

FOOD & DRINKS SPECIAL



Hamilton, en route to Fort Hamilton
784-494-6578



BEQUIA FAST FERRIES LTD

Schedule

MONDAY to SATURDAY

From Bequia	From Kingstown
6:30 AM	7:45 AM
8:45 AM	10:00 AM
12:00 PM	3:00 PM
4:15 PM	5:15 PM

SUNDAYS & PUBLIC HOLIDAYS

From Bequia	From Kingstown
7:00 AM	8:15 AM
4:15 PM	5:15 PM

Fares

Passengers - Locals			Vehicles		
Age Group	One Way	Return	Standard Size	One Way	Return
Adults	\$25	\$50	Vehicle Only	\$65	\$120
Teenagers (13-17)	\$20	\$40	Vehicle and Driver	\$85	\$155
Children (5-12)	\$15	\$30			

Passengers - Standard		
Age Group	One Way	Return
Adults	\$30	\$60
Teenagers (13-17)	\$25	\$50
Children (5-12)	\$20	\$40

Faster **Luxurious** **Stable**

(784) 493-3278
office@bequiafastferries.com



JADEN SUN FAST FERRY

Regular Schedule 2026

Route 1: Southbound (Kingstown → Union Island) Departures

Day	Kingstown	Bequia	Canouan	Mayreau	Union Island
Sunday	3:30PM	4:00PM	5:15PM	5:45PM	(End of Route)
Monday	3:30PM	4:00PM	5:15PM	5:45PM	(End of Route)
Wednesday	No Sailing	No Sailing	No Sailing	No Sailing	—
Friday	9:00AM	9:30AM	11:00AM	11:30AM	(End of Route)

Route 2: Northbound (Union Island → Kingstown) Departures

Day	Union Island	Mayreau	Canouan	Bequia	Kingstown
Sunday	No Sailing	No Sailing	No Sailing	No Sailing	—
Monday	6:30AM	6:45AM	7:15AM	8:30AM	(End of Route)
Wednesday	6:30AM	6:45AM	7:15AM	—	(End of Route)
Friday	3:30PM	3:45PM	4:15PM	5:30PM	(End of Route)

No Operation: There will be NO sailings on Tuesdays, Thursdays or Saturdays.
Boarding: You must be at the dock and ready to board at 15 Minutes prior to departure.
Bank Holiday: If a holiday falls on a Monday, the Sunday afternoon ferry is cancelled. Instead, the ferry will depart Kingstown at 3:30 PM on Monday.
Sailing Times
 Kingstown/Bequia: 30 minutes
 Bequia/Canouan: 60 Minutes
 Canouan/Mayreau: 20Minutes
 Mayreau/Union Island: 10 Minutes

Contact Information

Office Phone: (784) 451-2192 | jaden.sun | jadeninc02@gmail.com
 Ferry: (784) 498-1551 | Jaden Sun Fast Ferry | www.jadensunferry.com
 Cell: (784) 498-7114




JADEN SUN FAST FERRY

FARES

Effective March 2026

Route	Adult 1 way	Child (2-11 years) 1 way
FROM KINGSTOWN		
Kingstown → Bequia	EC\$ 40.00	EC\$ 20.00
Kingstown → Canouan	EC\$ 120.00	EC\$ 60.00
Kingstown → Mayreau	EC\$ 130.00	EC\$ 65.00
Kingstown → Union Island	EC\$ 130.00	EC\$ 65.00
FROM BEQUIA		
Bequia → Kingstown	EC\$ 40.00	EC\$ 20.00
Bequia → Canouan	EC\$ 110.00	EC\$ 55.00
Bequia → Mayreau	EC\$ 120.00	EC\$ 60.00
Bequia → Union Island	EC\$ 120.00	EC\$ 60.00
FROM CANUOAN		
Canouan → Mayreau	EC\$ 40.00	EC\$ 20.00
Canouan → Union Island	EC\$ 50.00	EC\$ 25.00
Canouan → Bequia	EC\$ 110.00	EC\$ 55.00
Canouan → Kingstown	EC\$ 120.00	EC\$ 60.00
FROM MAYREAU		
Mayreau → Union Island	EC\$ 40.00	EC\$ 20.00
Mayreau → Canouan	EC\$ 40.00	EC\$ 20.00
Mayreau → Bequia	EC\$ 120.00	EC\$ 60.00
Mayreau → Kingstown	EC\$ 130.00	EC\$ 65.00
FROM UNION ISLAND		
Union Island → Mayreau	EC\$ 40.00	EC\$ 20.00
Union Island → Canouan	EC\$ 50.00	EC\$ 25.00
Union Island → Bequia	EC\$ 120.00	EC\$ 60.00
Union Island → Kingstown	EC\$ 130.00	EC\$ 65.00

www.jadensunferry.com

+1 (784) 451-2192 / (784) 498-7114

Jaden Sun Fast Ferry | jaden.sun

Scan for schedule





MV GEM STAR 2

Southern Grenadines Ferry

SCHEDULE

TUESDAYS & FRIDAYS - 11:00AM
 Kingstown → Canouan → Mayreau → Union Island

WEDNESDAYS & SATURDAYS - 7:00AM
 Union Island → Mayreau → Canouan → Kingstown

ONE WAY FARES ↔ KINGSTOWN
 CANOUAN: \$60 | MAYREAU: \$70 | UNION ISLAND: \$80
All fares are quoted in Eastern Caribbean dollars.



SHIP: 784 526 1158 | OFFICE: 784 457 4157
 gemstarshipping@gmail.com

Find us on  

OLE SCHOOL Fridays

**VILLA FLAT
NEAR COLLEGE GAP**

Reservations: 784-527-2554

5PM - 7PM
WEDNESDAY TO FRIDAY
AT COCONUT GROVE

HAPPY HOURS

Coconut Grove
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CALL: +1784431-2837
EMAIL: GM@COCONUTGROVESVG.COM
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RESTAURANT & BAR

Dine With Us

Open Daily From 7am-11pm

Contact us at 1784-458-4308

Follow us on social media

The Loft Restaurant & Bar

XCD 270
Per Child Per Week
Week 1: 20th - 24th
July
Week 2: 27th - 31st
July

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Kids Summer Camp

Fun & Creative
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For Boys & Girls
5-12 Years Old

Activities
Sailing
Archery
Excursions
Pool Days
Beach Days
Arts & Crafts

More Information : +1 (784) 532 8808 gm@coconutgrovesvg.com



One lucky Dad will win a free deep tissue massage at our spa during lunch



FATHER'S DAY



LUNCH

ISLANDER RESTAURANT
POOLSIDE

JUNE 21. 12PM-3PM

Live music
BY **TOKS VIOLIN**



ADULTS \$90 CHILDREN \$45

LIMITED SEATS AVAILABLE. RESERVE NOW: 451-3600



Backyard VIBES

FROM 1PM

RESTAURANT WEEK
JUNE 27, 2026

FOOD MENU:

- SALTFISH WITH MADUNGO DUMPLINGS, ROAST BREADFRUIT & BANANA \$25
- SOUSE \$20
- CALLALOO SOUP \$15
- SWEET POTATO PUDDING \$5

DRINK SPECIALS:

- HAIROUN BEER: 3 FOR \$10
- RUM PUNCH: \$5
- RUM SOUR: \$5
- 2 FOR 1 COCKTAILS

MUSIC BY:
DJ KAL






Brunch

ON THE BEACH
"Botanical Euphoria"



The Ultimate Brunch Experience!

Music By:
DJ RISH

SUNDAY JUNE 14TH 2026

3PM - 11PM

CUMBERLAND BEACH LAWN

DRESS CODE: **PASTEL FLORAL**

Tickets Available Now!
revvelltix.com

1784 - 533 8223 | @brunchonthebeachsvg



Happy FATHER'S DAY

SUNDAY, 21ST JUNE 2026

MENU

- GRILLED PORK LOIN
- ROASTED VEGETABLES
- BAKED POTATOES

\$75 EC PLUS 10% SERVICE CHARGE

COMPLIMENTARY DRINK

Celebrate Dad with great food, great company and great memories.
THANK YOU, DAD - YOU DESERVE THE BEST!

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• LOUNGE •
WHERE THE JUNGLE COMES ALIVE WITH FLAVOR

TUESDAY HAPPY HOUR
3PM – 7PM
EVERY TUESDAY
2 FOR 1 COCKTAIL SPECIALS



JUNGL Call: 784-527-2554
LOUNGE • Villa Flat, Near College Gap

LAVUE
BOUTIQUE HOTEL & BEACH CLUB

TACO TUESDAY
12PM - 11PM

\$30

SUNSET RESTAURANT

- Crispy Fried Shrimp Tacos topped w pico di gallo & pickled sweet onion
- Grilled Chicken Tacos topped w pico di gallo & pickled sweet onion
- Sweet Chilli Fish Tacos topped w pico di gallo & pickled sweet onion
- Hawaiian Steak Tacos topped w pico di gallo & pickled sweet onion
- Short Rib topped w pico di gallo & pickled sweet onion




BEQUIA PLANTATION HOTEL
Bequia, West Indies

SUNSET CRUISE EXPERIENCES

Sail into the golden hour and experience Bequia's Coastline like never before
Perfect for couples, celebrations, or simply relaxing on the sea.

Choose from

<p>Bequia Sunset Cruise</p> <ul style="list-style-type: none"> • 2 Selections of hors d'oeuvres • Plantation Punch • Soft drinks • Selection of Beers <p>USD \$220 per couple + USD \$90 per extra person</p>	<p>Premium Bequia Sunset Cruise</p> <ul style="list-style-type: none"> • 4 Selections of hors d'oeuvres • Plantation Punch • Soft drinks • Selection of Beers • Unlimited Prosecco <p>USD \$300 per couple + USD \$100 per extra person</p>
--	---

Departs: 4:30 PM - Duration: 2 hrs

Reserve today

(784) 534 - 8677

Bequia Plantation Hotel



JADEN INC

JADEN SUN FAST FERRY

IMPORTANT ANNOUNCEMENT!

ATTENTION

SCHEDULE UPDATE

Jaden Sun will depart Union Island at 6.30am on TUESDAY 9th June, 2026.

There will be NO departures on Wednesday 10th June. Next departure will be on Friday 12th June. Departing Kingstown at 9.00am and Union Island at 3.30pm

Scan the QR code to view our schedule




Office: (784) 451-2192 Cell: (784) 498-7114 jadeninc02@gmail.com

TREE BAR

Creole Saturdays
each and every Saturday

Blackfish and Provision



Saltfish Buljol

Pigfoot Souse



Coch Souse



Smoke Herring and Doughboy



LIVE IT... FEEL IT... EMBRACE IT...

THE PERFECT ESCAPE AWAITS



- ✓ RIDE ALONG PICTURESQUE BEACHES & COASTAL TRAILS
- ✓ DISCOVER HIDDEN GEMS WITH PANORAMIC VIEWS
- 🕒 7 DAILY DEPARTURES STARTING FROM 6:00 AM

SINGLE ATVs

DOUBLE ATVs

CALL OR WHATSAPP: **784-532-6370**

BOOK NOW: www.coastaladrenaline.com

Moonshine

THIRSTY

Thursdays



THURSDAY IS THE NEW FRIDAY!

LIVE DJ | CAMPARI SPECIALS & SLR COCKTAILS
FREE GAMES ALL NIGHT! VIBES ALL NIGHT LONG!

FAIR PLAY RULES APPLY | 1 GAME PER TURN | WINNER STAYS



Afternoon Tea at Bequia Plantation Hotel

4:00 - 6:00pm Daily.

Because Every Afternoon With Friends Deserves Some "Tea"

Teatime Delicacies

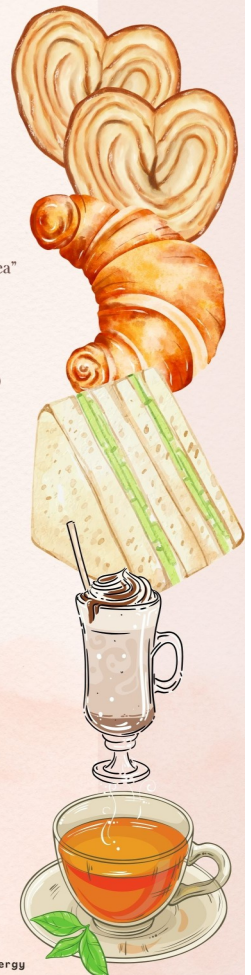
Assorted Platter of Delicacies - \$14.00 Per Person USD

- Spinach Scones.
- Banana Bread.
- Mini Croissant.
- Shortbread Cookie.
- Cucumber Cream Cheese Sandwich.
- Egg & Mayo Sandwich.

Coffee & Tea

Pot of Tea	\$3.00 USD
Espresso	\$4.00 USD
Nespresso	\$5.00 USD
Flat White	\$5.00 USD
Americano	\$5.00 USD
Regular Coffee	\$4.00 USD
Irish Coffee.....	\$4.00 USD
Iced Coffee	\$5.00 USD

Reservations 1/784/534-8677 info@bequiaplantationhotel.com
18% VAT included. 10% service charge to be added to final bill. Allergy information available upon request.





Couples DAY PASS

Lunch
Bottle Of Champagne
(non-alcoholic)
Beautiful Room

\$112 USD

Singles DAY PASS

Lunch
Glass Of Champagne
(non-alcoholic)
Beautiful Room

\$80 USD

BOOK NOW

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**FROM
EC \$490.00**

Welcome drinks,
Complimentary
use of Pool & Gym



XCD \$150 per person

- *Pool Access
- *2 glasses of Rum or Fruit punch
- *1 Meal

USD \$150 per person

- *Inclusive of A Room
- *Pool Access
- *2 glasses of Rum or Fruit punch
- *1 Meal

Call to inquire about children rates & Availability

La Vue Terms & conditions applied

Call Us to book
(784) 528-8883

Lavuehotelbeachclub
Lavuehotel

\$44

Grenadine House
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stay@grenadinehouse.com



Moonshine

STOP BY EVERY MONDAY FOR

PLENTY FOR 20 MONDAYS

20 WINGS FOR \$20 | DINE IN ONLY OFFER



POOL PASS BLUE LAGOON

ADULTS: \$35 EC
 UNDER 12: \$17.50 EC
 10AM-5PM

1-784-458-4308

Terms & conditions apply

Grenadine House
Kingstown, St. Vincent

DAY PASS

US \$85.00
Per Person

ROOM ADD-ON +\$35.00

DAY PASS PACKAGE INCLUDES:

- ✓ 1 WELCOME RUM/FRUIT PUNCH
- ✓ 1 TWO COURSE MEAL
- ✓ 1 LOCAL BEVERAGE
- ✓ 1 GLASS HOUSE RED/WHITE WINE
- ✓ ACCESS TO POOL
- ✓ ACCESS TO GYM

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Grenadine House
Kingstown, St. Vincent

Pasta Thursday

CHICKEN FISH **BEEF CARBONARA**

EVERY THURSDAY

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Parks and Sites

Hiking & Adventure

- La Soufriere Cross Country Trail on the Windward Side
- Cumberland Trail
- Dark View Falls
- Vermont Nature Trail
- Indian Bay Beach Facility

Heritage & Culture

- SVG Botanical Garden
- Wallilabou Heritage and Recreation Park
- Black Point Heritage and Recreation Park
- Layou Heritage Park
- Villa Beach Facility
- Mt Wynne Public Beach

Recreation & Site Seeing

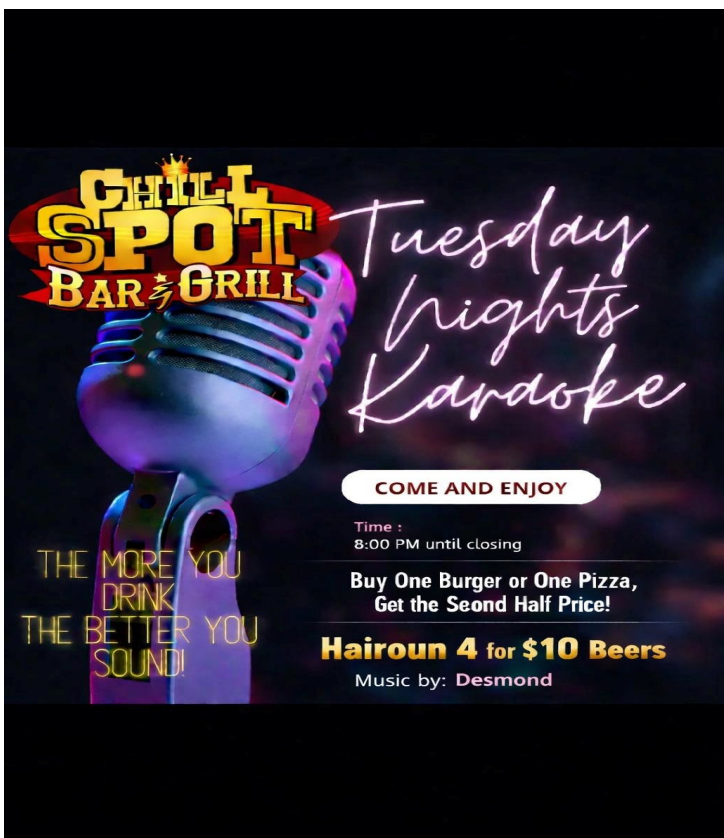
- Rawacou Recreation Park
- Belmont Lookout
- Owia Salt Pond
- Cumberland Beach Recreation Park
- Brighton Salt Pond
- Fort Duvernette

SITES CLOSED TO THE PUBLIC

- Fort Charlotte
- Falls of Baleine
- La Soufriere from the Leeward side

BEQUIA - PLACES TO VISIT

- Maritime Museum
- Site of Hamilton
- Sea Salt Museum
- Spring Plantation



CHILL SPOT BAR & GRILL

Tuesday nights Karaoke

COME AND ENJOY

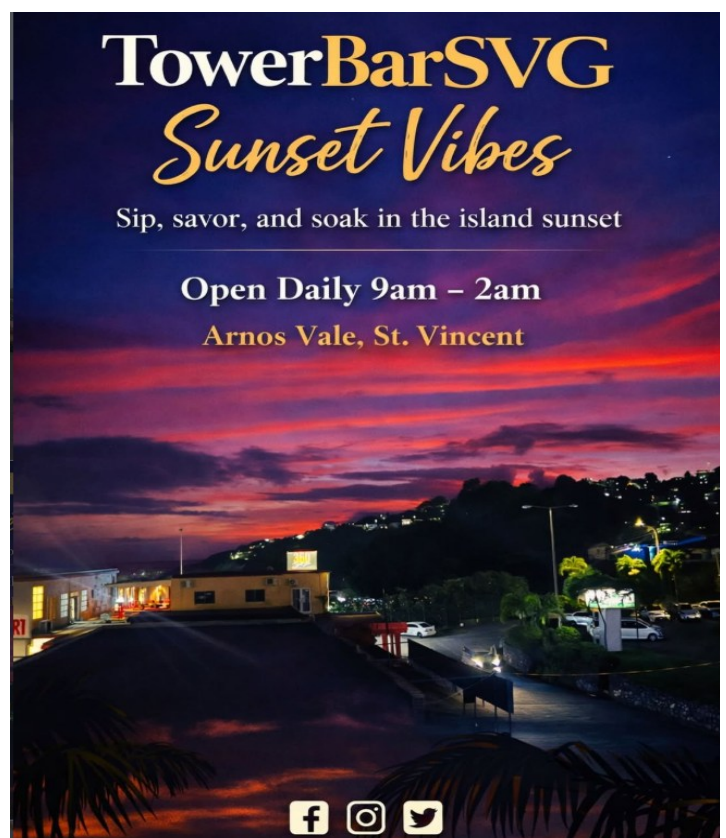
Time : 8:00 PM until closing

Buy One Burger or One Pizza, Get the Second Half Price!

Hairoun 4 for \$10 Beers

Music by: Desmond

THE MORE YOU DRINK THE BETTER YOU SOUND!



TowerBarSVG

Sunset Vibes

Sip, savor, and soak in the island sunset

Open Daily 9am – 2am

Arnos Vale, St. Vincent

Facebook, Instagram, Twitter icons



Emergency Numbers

- Fire, Police and Coastguard: 911/999
- Hospitals: Accident and Emergency Kingstown: 456-1955
- Bequia: 458-3294
- Canouan Clinic: 458-8305
- Union Clinic: 458-8245

SVG Hotel & Tourism Association

OFFICE AND SOUVENIR SHOP

Cruise Ship Terminal, Room #8



SVGHTA
ST. VINCENT & THE GRENADINES
HOTEL AND TOURISM ASSOCIATION

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Telephone: 458-4379