



SVGHTA  
ST. VINCENT & THE GRENADINES  
HOTEL AND TOURISM ASSOCIATION

# What's On in St. Vincent

2026

Issue: 1136

PUBLISHED BY THE ST. VINCENT AND THE GRENADINES HOTEL & TOURISM ASSOCIATION

JUNE

Fri 12th

**LOUD Open Mic Night, Tree House Bar, Arnos Vale, 8pm**

**Moonshine, Villa: Fridaze, 10pm**

**Grenadine House: Happy Hour 5pm - 7pm, Festive Fridays 6pm - 9pm**

**Paradise Beach Hotel: Grillin with the Captain, from 7:30 pm, Live Music**

**Ada Restaurant, Beachcombers Hotel: Happy Hour 6pm - 8pm with Live Music**

**French Verandah, Villa: Jerk & Festival and Happy Hour 5pm - 7pm**

**Sunset Shores Hotel: Happy Hour 4pm - 7 pm**

**Myah's Hotel: Happy Hour All Day**

**Over Dose After Dark, Kingstown Cruise Terminal, 7pm - 2am**

Tel: 433-1528

Tel: 458-1800

Tel: 457- 4795

Tel: 534-2593

Tel: 453 -1111

Tel: 458-4411

Tel: 451-3600

Sat 13th

**Young Island Resort: BBQ, 7pm - 10pm**

**Grenadine House: Happy Hour 3pm**

**Sunset Shores Hotel: Happy Hour 4pm - 6pm, BBQ 7pm**

**Myah's Hotel: Happy Hour All Day, Saturday Cravings, 12 Noon**

**Ada Restaurant, Beachcombers Hotel: BBQ 6pm - 9pm with Live Music**

**Barcode, Arnos Vale: SILC Band**



Tel: 458-4826

Tel: 458-1800

Tel: 458-4411

Tel: 451-3600

Tel: 534-2593

Tel: 493-2633

Sun 14th

**Brunch on the Beach "Botanical Euphoria", Cumberland Beach Lawn, 3pm - 11pm**

**Ada Restaurant, Beachcombers Hotel: Live Music**

**La Vue Boutique Hotel & Beach Club: Sunday Brunch 11am - 3pm, Karaoke 7pm**

**Myah's Hotel: Sunday Lunch 12 Noon**

**Grenadine House: Sunday Lunch 11am - 3pm, Happy Hour 3pm until**

Tel: 534-2593

Tel: 532-8883

Tel: 451-3600

Tel: 458-1800

Mon 15th

**Fantasea Tours: All Inclusive Day Cruise to Mustique & Bequia**

**Moonshine, Villa: Plenty for \$20 Wings**

**Myah's Hotel: Menu, 12 Noon until**

**Tree House & Grill: Karaoke Night Party, 8pm until**

**Hotel Alexandrina: Kulture Bar & Grill, Prospect 3 pm**

Tel: 457-4477

Tel: 433-1528

Tel: 451-3600

Tel: 456-6808

Tel: 456-9788

Tues 16th

**Chill Spot Bar & Grill, Vigie Highway, Arnos Vale: Tuesday Night Karaoke, 8pm until**

**Fantasea Tours: All Inclusive Day Cruise to Tobago Cays, Mayreau & Canouan**

**French Verandah, Villa: Happy Hour 5pm - 7pm**

**Tree House & Grill: Burger & Beer Tuesdays**

**Grenadine House: Taco Tuesday 11am - 6pm**

**La Vue Boutique Hotel & Beach Club: Taco Tuesday, 12 Noon - 10pm**

**Jungl Lounge, Villa Flat: Tuesday Happy Hour, 3pm - 7pm**

**Signature Restaurant, Arnos Vale: Beer & Wings Tuesdays**

Tel: 457-7768

Tel: 457-4477

Tel: 453-1111

Tel: 456-6808

Tel: 458-1800

Tel: 532-8883

Tel: 527-2554

Tel: 456-6518

Wed 17th

**Fantasea Tours: All Inclusive Day Cruise to Mustique & Bequia**

**Moonshine, Villa: Fever Wednesdays, 9pm**

**Jungl Lounge, Villa Flat: Karaoke Night, 7pm**

**Grenadine House: Wellness Wednesday**

**Myah's Hotel: Pizza your Way All Day**

**Coconut Grove Beach Club, Canash Beach: Happy Hour 5pm - 7pm**

Tel: 457-4477

Tel: 433-1528

Tel: 527-2554

Tel: 458-1800

Tel: 451-3600

Tel: 431-2837

Thurs 18th

**Moonshine, Villa: Games Night & Thirsty Thursdays**

**Tree House & Grill: Taco Thursday**

**Grenadine House: Pasta Thursday**

**Coconut Grove Beach Club, Canash Beach: Taco Thursdays 2pm, Happy Hour 5pm - 7pm**

Tel: 433-1528

Tel: 456-6808

Tel: 458-1800

Tel: 431-2837

## Friday 12th June

Signature Restaurant, Arnos Vale: Hot & Ready Pizza, After Work Lime Fridays

Tel: 456-6518

Palki Restaurant, Villa: Wine & Dine Friday Nights, 5pm

Tel: 527-2554

Coconut Grove Beach Club, Canash Beach: Happy Hour 5pm - 7pm

Tel: 431-2837

Jungl Lounge, Villa Flat: Ole School Fridays, 7pm

Tel: 527-2554

## Saturday 13th June

Tree House & Grill: Creole Saturdays, Happy Hours, 12 Noon - 5pm

Tel: 456-6808

Jungl Lounge, Villa Flat: Reggae Nights, 7pm - 2am

Tel: 527-2554

Moonshine, Villa: Moonlit Saturdays, 9pm until

Tel: 433-1528

## Sunday 14th June

Café Soleil, Blue Lagoon Marina: BBQ 11am - 5 pm, live music from 7 pm with BAM

Tel: 456-8550

Moonshine, Villa: Retro Sundays

Tel: 433-1528

Palki, Villa Flat: Sunday Buffet Brunch, 11am - 3pm

Tel: 527-2554

**12 JUNE FRI 8PM**

AVSA INC. PRESENTS

**LOUD** Vol. 2

AT TREEBAR, ARNOS VALE

open mic NIGHT

FREE ENTRY

HAIROUN NXT

ONE784 PROMOTIONS

**OVERDOSE**

NXT-LEVEL CARNIVAL SERIES

AFTER DARK

FRIDAY JUN 12 2026

7PM-2AM

FEATURING LIVE

5 FOR \$15 ON NXT 7PM-10PM

TICKET OUTLETS

- PULSE
- CHILLSPOT BAR & GRILL
- NELLA'S BEAUTY SALON
- CHUBBY'S BARBERSHOP
- AIR FORCE - 455-8411

ADMISSION \$50

OUT OF BARBADOS

KINGSTOWN CRUISE TERMINAL

VILLAGE RAM ENERGY DRINK

CAMPARI

FLOW

LEGACY TEAM



**SVGHTA**  
ST VINCENT & THE GRENADINES  
HOTEL & TOURISM ASSOCIATION



**SVG  
Restaurant  
Week**

# TASTE of Vincy



**JUNE 21<sup>ST</sup>-27<sup>TH</sup>, 2026**



**Join Us For A Week Of Culinary Delights!**

**LOCAL CUISINE**  
TASTE THE CULTURE

**CURATED MENUS**  
ISLAND'S BEST CHEFS

**MIXOLOGY & CULINARY MASTERCLASSES**  
SIP. CREATE. INSPIRE

**CONNECT & CELEBRATE**  
CULTURE, COMMUNITY & FLAVOR

**EAT · EXPLORE · ELEVATE**  
WHERE FLAVOR MEETS PARADISE

*Scan for more!*



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WWW.SVGHOTELS.COM  
+1 784 458-4379 | +1 784 494-4379



**SOL**



**Sandals**



**Mariners Hotel**



**ECCGC**





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JUNE 21<sup>ST</sup>-27<sup>TH</sup>, 2026

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Join Us For A Week Of Culinary Delights!



# ~Restaurant Week 2026 Participants~



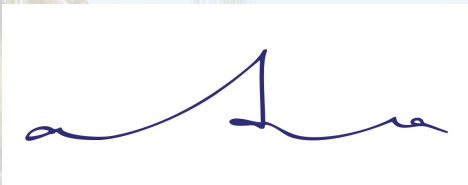
Ratho Mill  
451-2799



Calliaqua  
532-3737



Upstairs Comptec Building  
Kingstown  
494-1822



Ada Restaurant  
Beachcombers Hotel  
Villa  
534-2593



Villa Stretch  
456-2602



457-2713 | basilsbarktown@vincysurf.com



Chateaubelair  
458-2853



Belmont Walkway  
Belmont  
Bequia



Villa Beach Boardwalk  
Villa  
458-8800



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HOTEL & TOURISM ASSOCIATION



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# ~Restaurant Week 2026 Participants~



Port Elizabeth  
Bequia  
433-9054



Arnos Vale  
457-7768 / 494-7577



Upstairs Trotman's Bldg  
Egmont Street  
Kingstown  
491-4455



Canash Beach  
431-2837



Dawn's Café  
Lower Bay  
Bequia  
492-6508



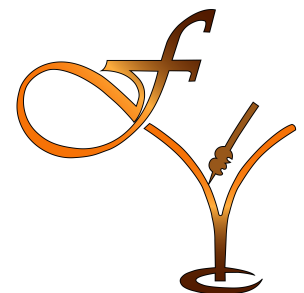
Lower Bay Rd  
Bequia  
528-4958



Ratho Mill  
456-8999



Belmont, Admiralty Bay  
Bequia  
458-3255



The French Verandah  
Mariners Hotel  
Villa Bay  
453-1111



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# ~Restaurant Week 2026 Participants~



(Formerly Keegan's)  
Lower Bay  
Bequia  
458-3530



458-1800 Kingstown, St. Vincent



Villa Flat  
527-2554



BOUTIQUE HOTEL & BEACH CLUB  
Villa Point Road  
Arnos Vale  
528-8883



Port Elizabeth  
Bequia  
4573779



Villa  
458-5882



Villa  
433-1528



Diamond  
451-3600



Villa Flat  
527-2554



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HOTEL & TOURISM ASSOCIATION



JUNE 21<sup>ST</sup>-27<sup>TH</sup>, 2026

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# ~Restaurant Week 2026 Participants~



PARADISE  
BEACH HOTEL

Villa Beach  
457-4795



Lower Bay Road  
Bequia  
526-4486



Villa  
533-4600



Hamilton  
Bequia  
494-6578



Arnos Vale  
456-6900



Vigie Highway  
Arnos Vale  
456-6518



Port Elizabeth  
Bequia  
457-3707



Belmont  
Bequia  
533-2233



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HOTEL & TOURISM ASSOCIATION



JUNE 21<sup>ST</sup>-27<sup>TH</sup>, 2026

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& FLAVOR

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# ~Restaurant Week 2026 Participants~



Villa Beach  
458-4411



Cemetery Hill  
Bequia  
457-3160



Bay Street  
Kingstown  
456-1937



Ratho Mill  
458-4308



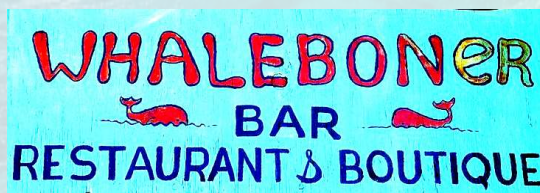
Arnos Vale  
456-6808



Lower Bay Street  
457-2845



Chateaubelair  
458-2853



Belmont Walkway  
Port Elizabeth  
Bequia  
432-9575



Villa  
458-4826

*Signature*  
RESTAURANT • BAR • LOUNGE

JOIN US AT  
**SIGNATURE**  
*Restaurant Week*

AS WE CELEBRATE  
**RESTAURANT WEEK**

**JUNE 21<sup>ST</sup> - 27<sup>TH</sup>, 2026**

≡ *Good Food. Good Drinks. Great Vibes.* ≡

- WE OFFER LOCAL CUISINE
- REFRESHING LOCAL DRINKS
- AND A WIDE MENU RANGE

+1 784-456-6518 | [www.signaturerestaurantsvg.com](http://www.signaturerestaurantsvg.com)

*Dine. Sip. Unwind.*  
EXPERIENCE SIGNATURE.

**PALKI**  
RESTAURANT  
*Good Food • Good Cheers • Good Times*

**FATHER'S DAY**  
*Dinner*

21<sup>ST</sup> OF JUNE

CELEBRATE DAD IN STYLE  
GREAT FOOD. GOOD VIBES.  
UNFORGETTABLE MEMORIES.

Live Entertainment by  
**BRYAN SAX**

6PM TO 10PM | RESERVE YOUR TABLE TODAY  
 17845272554

LOCATED  
VILLA FLAT NEAR COLLEGE GAP

**\$165.00**  
PER PERSON

**Grenadine House**  
Kingstown, St. Vincent

**FOOTBALL WORLD CUP**  
*LIVE STREAMING*

**JUNE 11 - JULY 19, 2026**

**CATCH EVERY MATCH LIVE!**  
Great atmosphere, big screens, cold drinks and awesome company!

**TOPPERS PLATE**  
(1 Sweet, 2 Savory)

**FINGER FOODS**

- Different flavor wings
- DRINK SPECIALS

**DAILY DRINK SPECIALS!**

+1 (784) 458-1800  
 +1 (784) 593-0996 | [stay@grenadinehouse.com](mailto:stay@grenadinehouse.com)

GOOD FOOD. COLD DRINKS. GREAT FOOTBALL.  
**SEE YOU AT THE MATCH!**

**Point LOUNGE**  
Bequia

**\$1 WING THURSDAYS!**  
EVERY THURSDAY

**6PM TO 8:30PM**

**CRISPY • BBQ • BUFFALO**

ADDITIONAL \$1  
CREAMY GARLIC, BLUE CHEESE, HONEY MUSTARD, RANCH

POINT PUNCH \$5	RUM MIXERS \$5	TEQUILA SHOTS \$8	CAMPARI \$8	<b>5 FOR \$20</b> CARIB & HAIROUN
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PRIVATE PARKING LOT  
HAMILTON, EN ROUTE TO FORT HAMILTON | CALL/WHATSAPP **784-494-6578**

**XCD 60.00**  
**+10% SERVICE CHARGE**

Coconut Grove BEACH CLUB PRESENTS *Restaurant* **WEEK**

*Oxtail in Plantain Cups*



*Passion fruit Rum Punch*



Coconut Grove BEACH CLUB  
 AT COCONUT GROVE



**Friday NIGHT**

with **DJ ALX**

HAPPY HOUR WEDS - FRI 5PM - 7PM  
 2 FROZEN MARGARITAS \$25  
 CAMPARI SUNRISE \$10, REDSWEET WINE \$10

COME ENJOY THE **FRESHEST** *Cocktails* **COLDEST** *Beers*

ALL YOUR **FAVOURITE** *Drinks*

AT CAPTAIN **LANO'S** BAR



WE ARE **OPEN TODAY** — FROM **5PM** FOR —

**Moonshine**

**THIRSTY THURSDAYS**

DRINK. PLAY. VIBE.

COCKTAIL SPECIALS AVAILABLE





**THE LOFT**  
RESTAURANT & BAR

Present  
**RESTAURANT**  
*week*

DATE: 21<sup>ST</sup> - 27<sup>TH</sup> JUNE 2026

FEATURING

*Plantain Lasagna*

filled with ground beef and served with green salad.



DRINK OPTION

*Cherry Rum-punch*

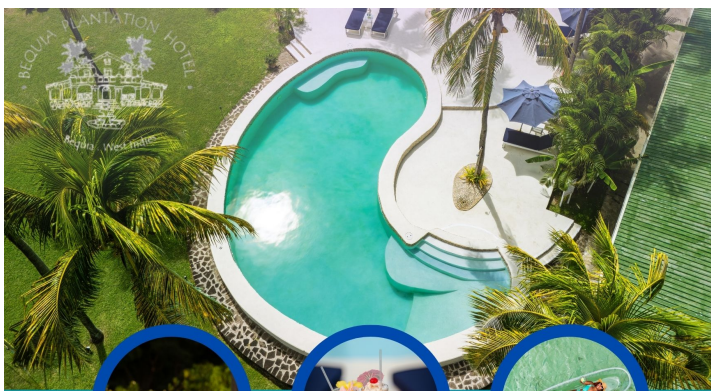
featured with all locally made rums and cherry.



PRICE:

**60<sup>EC</sup>**

PLUS SERVICE CHARGE



**GATHER YOUR CREW!**

Your perfect day in paradise begins with the Bequia Plantation Hotel Experience.

Enjoy a complimentary lunch!

Book 4 day passes and get yours Free!

*WHERE THOSE IN THE KNOW GO*

\$65.00USD Per Person.

- Welcome Drink
- 2 Course Lunch(1 starter & 1 main)
- Watersports Activities
- Pool and Beach Access
- Beach Towel
- Complimentary WIFI

Add-On

- Breakfast USD \$20.00 per person. (Excluding A La Carte Items)
- Day Use Room- USD \$85.00 from 9:00AM-4:00PM(Double Occupancy)
- 45 minutes Swedish Massage - USD \$60.00

**Book Now**

Reservations 1(784)534-8677 | info@bequiaplantationhotel.com

Disclaimer: All day pass guests must leave their ID Card (NIS, Driver's license, etc) at the front desk upon check in. ID'S will be securely held and returned at the end of the day pass.

**MIH HOTEL**

*Pass the Vibe Check*  
**GIVEAWAY**

ENTER FOR YOUR CHANCE TO WIN A DAY PASS FOR YOU AND THREE OF YOUR FRIENDS!

**INCLUDES:** (per person)

- Neck & shoulder massage at the spa
- One meal, dessert & a complimentary rum punch, mimosa OR non-alcoholic beverage at Islander Restaurant
- Access to pool
- Private room access (10AM-5PM)

**HOW TO ENTER:**

1. Tag 3 friends to share this day pass with
2. You & your 3 tagged friends must follow our page @myahshotel
3. You & your tagged friends must repost this post

**Grenadine House**  
Kingstown, St. Vincent

**GRENADINE House**

RELAX • RECHARGE • RECONNECT

**GUEST AMENITIES & OPENING HOURS**

- RECEPTION**  
7:00 AM – 10:00 PM  
OPEN EVERYDAY
- RESTAURANT & BAR**  
7:00 AM – 9:30 PM  
OPEN EVERYDAY
- GYM**  
7:00 AM – 8:00 PM  
OPEN EVERYDAY
- SWIMMING POOL**  
8:00 AM – 5:00 PM  
OPEN EVERYDAY
- THE SPA**  
9:00 AM – 5:00 PM  
TUESDAY TO SATURDAY  
\*CLOSED ON SUNDAYS, MONDAYS, AND PUBLIC HOLIDAYS

+1 (784) 458-1888  
+1 (784) 593-0996  
stay@grenadinehouse.com

Thank you for choosing Grenadine House.  
*Enjoy your stay.*

ACCOMMODATIONS | PREMIUM AMENITIES | WARM HOSPITALITY | BEAUTIFUL SURROUNDINGS



**BEQUIA PLANTATION HOTEL**

*Restaurant Week - June 21<sup>st</sup> -27<sup>th</sup> 2026*

**ISLAND GREEN FIG SALAD SERVED WITH CREOLE TUNA SLICE** **\$14.00USD**

- Chunks of green banana paired with colorful vegetables and a zesty citrus finish served with a slice of Creole Tuna.

**CONCH SOUCE** **\$16.00USD**

- Tender conch tossed with cucumber, onions, sweet peppers, lime juice, and fresh herbs.

**PLANTATION BREEZE COCKTAIL** **\$5.00USD**

- Malibu, Blue Curacao, Pineapple Juice & Lime.

📞 1(784)534-8677 | info@bequiaplantationhotel.com | 16% VAT included. 10% service charge to be added to final bill.



*Moonshine*

**MOONLIT**

**SATURDAYS**

**EVERY SATURDAY**

MOONSHINE, VILLA | 9PM - UNTIL

LIVE DJS • FREE ENTRY ALL NIGHT



*The French Verandah*

**HAPPY Hour**

**TUESDAYS & FRIDAYS**  
**5PM - 7PM**



**HOTEL ALEXANDRIA**  
Project & Venue & The Convention  
784-456-9788

**Kulture BAR & GRILL**

*Father's day*

**LUNCH MENU**

**SOUP**  
Goat Water  
Callaloo Soup

**SALAD**  
Kale Apple Salad with Tahini Dressing

**MEATS (CHOOSE TWO)**  
Pork Ribs with Kulture Sauce  
Fish Kebabs  
Stuffed Chicken drizzled with Mushroom Sauce

**SIDES**  
Fried Rice  
Scallop Potato (White & Sweet)  
Roasted Vegetables

**DESSERT**  
Pineapple Upside Down Cake topped with Ice Cream

**COMPLIMENTARY RUM PUNCH**  
**ADULTS \$95 EC | CHILDREN (10 & UNDER) \$45 EC**  
**CALL 784-456-9788 FOR RESERVATIONS**

# The Best Friday Nights from 7:30pm Night — in town

## Friday Night BBQ @ Paradise Beach Hotel

Live music, great people —  
even better food.



Villa Beach, St. Vincent +1(784)457-4795 [paradisessvg.com](http://paradisessvg.com)



BEQUIA PLANTATION HOTEL  
Bequia - West Indies

# PIZZA NIGHT

"THE PIZZA PLAN YOU NEEDED"



**WEDNESDAY'S AT BEQUIA PLANTATION HOTEL**  
ORDER, PICK UP AND ENJOY A FREE BEER  
ENQUIRE ABOUT OUR SPECIALS ON PIZZA SLICES  
RESERVATIONS 1(784)534-8677 | [INFO@BEQUIAPLANTATIONHOTEL.COM](mailto:INFO@BEQUIAPLANTATIONHOTEL.COM)  
16%VAT INCLUDED. 10% SERVICE CHARGE TO BE ADDED TO FINAL BILL.

# TACO THURSDAYS



Coconut Grove  
BEACH CLUB

Contact us at 1784-431-2837, Follow Us On Social Media @coconutgrovesg

# FRIDAY NIGHT CEVICHE



driftwood  
Thought & Feelings  
eat drink drift.



# VINCY RESTAURANT WEEK

7 Days of Vincentian Flavour  
21ST - 27TH JUNE, 2026

<b>SUN 21 JUNE</b>	<b>Father's Day, Fires and Flavour</b> Restaurant Week Lunch & Father's Day Beachside BBQ	12PM - 9PM HAPPY HOUR: 12PM - 3PM Featuring grilled favourites, local seafood, beer specials, and family celebrations by the sea.
<b>MON 22 JUNE</b>	<b>A Warm Vincy Welcome</b> All-Day Vincentian Soup Special	12PM - 9PM A hearty traditional soup available throughout the day.
<b>TUE 23 JUNE</b>	<b>Pelau on the Patio</b> Vincy Lunch Feature	12PM - 3PM A hearty Vincentian lunch featuring traditional pelau and island-inspired sides.
<b>WED 24 JUNE</b>	<b>From Sea to Shore</b> Taste of the Sea	6PM - 9PM Celebrating local seafood with fresh fish, breadfruit, and authentic island flavours.
<b>THU 25 JUNE</b>	<b>Heritage on a Plate</b> Vincy Heritage Dinner	12PM - 9PM A tribute to Vincentian culinary traditions.
<b>FRI 26 JUNE</b>	<b>Sip SVG</b> Vincy Cocktail Night	5PM - 9PM Happy Hour meets local flavour with signature cocktails inspired by St. Vincent rum.
<b>SAT 27 JUNE</b>	<b>Bakes, Saltfish &amp; Sunrise</b> Vincy Breakfast Feature	7AM - 2PM A traditional Vincentian breakfast or lunch if you prefer.
	<b>Smoke, Spice &amp; Sunset</b> Restaurant Week Grand Finale BBQ	4PM - 6PM HAPPY HOUR 8PM - 9PM FOOD SERVICE A celebratory evening of grilled specialties, local dishes, cocktails, and sunset views.

# THIS Father's Day GIVE HIM THE ULTIMATE EXPERIENCE!

THE PERFECT GIFT HE'LL NEVER FORGET!

## FATHER'S DAY PACKAGES

- ATV & CREOLE BREAKFAST OR - ATV & BBQ -

STARTING AT ONLY **\$325 XCD** AND UP!

ASK ABOUT OUR VARIOUS PACKAGES!

VALID FOR FULL SERVICE ON JUNE 21, 2026 OR VALID FOR PARTIAL SERVICE UP TO 6 MONTHS

BOOK TODAY! **784-532-6370**

RELAX. PLAY. CONNECT.

# FAMILY MEMORIES are made here.

Enjoy quality time, beautiful spaces, and the moments that matter most.

**SPACIOUS COMFORT** | **POOL FUN FOR ALL AGES** | **MEMORIES THAT LAST**

Call Us Today **784-456-9788** | YOUR DAY PASS GETAWAY Starts Here.

RELAX. PLAY. CONNECT. TOGETHER.

BEQUA PLANTATION HOTEL  
13th June 2026

# Pasta Night

A Taste Of Asia - Vincy Style

Live Entertainment by Kids On Pan  
"Real Pasta, Real Flavor"

	<b>Chicken Lo Mein</b> Tender cuts of chicken and crisp mixed vegetables tossed in a savory soy and sweet chili sauce, finished with toasted sesame seeds and parmesan cheese.	<b>\$18 USD</b>
	<b>Druken Thai Seafood Pasta</b> A flavorful combination of fish, shrimp and lobster stir-fried in a fragrant thai-inspired sauce with spinach, roasted onions, and sweet peppers, finished with a splash of dark rum and topped with toasted sesame seeds	<b>\$29 USD</b>
	<b>Garlic Butter Pasta</b> Sautéed vegetables, Kalamata olives, and capers tossed in the chef's signature garlic signature garlic butter sauce with a touch of soy, creating a rich and satisfying vegetarian option.	<b>\$17 USD</b>
	<b>Creamy Jerk Pork Pasta (Korean Inspired)</b> Marinated jerk pork sautéed with garlic butter, soy sauce, fresh lemon, roasted eggplant, and onions, then folded into a creamy parmesan sauce and finished with black sesame seeds	<b>\$18 USD</b>

Personalize your dish with your preferred pasta selection:  
Spaghetti | Linguine | Fettuccine | Farfalle | Penne

10%WAT included. 10% service charge to be added to final bill. Allergy information available upon request.

**JUNE 20TH**

CELOTTY LEEDONCA

Coconut Grove BEACH CLUB

**CUBAN**  
*Dance Night*

COCONUT GROVE  
8PM UNTIL

FOLLOW US ON @COCONUTGROVESVG CALL: +1784 431-2837

**PALKI**  
RESTAURANT  
*Good Food • Good Cheer • Good Times*

**RESTAURANT WEEK**  
*Saint Vincent & the Grenadines*

A Taste of Caribbean & Indian Flavors

Join us for a special Restaurant Week dining experience featuring bold flavors, signature dishes, warm hospitality, and unforgettable moments.

Reserve your table today!

784-527-2554

Villa Flat near College Gap

*Good Food • Good Cheer • Good Times*

**52 OCEAN HEIGHTS**  
Restaurant & Bar

**SEAFOOD SHELL DOWN THURSDAY**

Every Thursday is SHELLDOWN DAY AT 52 OCEAN HEIGHTS!

Dive into the island's most irresistible Thursday experience! From succulent lobster and juicy shrimp to savoury conch, and your favorite ocean delights, it's a full seafood shell down you won't want to miss.

- REFRESHING COCKTAILS
- ICE-COLD DRINKS
- BEST OCEAN VIEW ON THE COAST
- GREAT FOOD. GREAT VIBES.
- ROCK-SOLID BAR

Where flavor MEETS THE SEA  
COME SHELL DOWN WITH US!

<b>MENU</b>	Conch Lunch	-\$30
	Whelks Lunch	-\$30
	Shrimp Alfredo	-\$25
	Seafood Pasta	-\$30
	Shrimp Wrap & Fries	-\$30
	Crispy Shrimp	-\$35

**ONLY AT 52 OCEAN HEIGHTS EVERY THURSDAY!**

GOOD VIBES GREAT FOOD UNFORGETTABLE VIEWS SEE YOU THURSDAY!

**SILC MUSIC LOVERS**

**SILC BAND**

**BARCODE**

**Saturday 13th June**

SVGHTA  
St. Vincent & the Grenadines  
HOTEL AND TOURISM ASSOCIATION

SVG  
Restaurant  
Week

Taste of *Vincy*

Darasa &  
Creole Fish

(784)453-1111  
EC\$45.00



The French Verandah



THE WORLD WATCHES TOGETHER

LIVE FOOTBALL FEVER!

**JUNGL LOUNGE**  
WHERE THE JUNGLE COMES ALIVE WITH FLAVOR

**FIFA WORLD CUP GAMES**

SHOWING DAILY AT JUNGL LOUNGE  
Watch every match live!

GREAT VIBES | COLD DRINKS | DELICIOUS FOOD | BRING YOUR CREW

**FOOD & DRINK SPECIALS**

FOOD SPECIALS	DRINK SPECIALS
JUNGL WINGS ..... \$20	BUCKET OF BEER (5) ..... \$30
NACHOS SUPREME ..... \$20	HOUSE COCKTAILS ..... 2 for \$30
BURGER AND FRIES ..... \$25	JUNGL PUNCH ..... \$15
LOUNGE SAMPLER ..... \$30	SHOT SPECIALS ..... \$10

CATCH THE ACTION DAILY AT  
**JUNGL LOUNGE**  
WHERE THE JUNGLE COMES ALIVE WITH FLAVOR

Villa Flat Near College Gap | 784-527-2554

Grenadine House  
Kingstown, St. Vincent

*Sunday Buffet*  
Sunday 14th June 2026 | 11:30am

**XCD\$60**  
PER PERSON  
+ 10% SERVICE CHARGE

- Kidney Bean Soup
- Garden Salad
- Tandoori Chicken
- Fish in Caper Sauce
- Sauteed Potatoes
- Herb Roasted Vegetables
- Local Sweet Corn Rice

Chef delight

**RESERVATIONS**  
+ 1 784 458-1800 | + 1 784 593-0996  
stay@grenadinehouse.com

Signature

**AFTER WORK LIME**  
FRIDAYS

**3 FOR \$12**

Carib Lager

# BEQUIA CARNIVAL

"De Spirit of Bacchanal Fever."

# De Spirit of BACCHANAL FEVER

CARNIVAL EVENTS

2026



MONDAY  
25<sup>TH</sup> MAY  
2026



CARNIVAL LAUNCH



FRIDAY  
5<sup>TH</sup> JUNE  
2026



LUXE AFTER DARK  
*"De Night Mas Experience"*



SATURDAY  
6<sup>TH</sup> JUNE  
2026



KIDDIES CARNIVAL



SATURDAY  
13<sup>TH</sup> JUNE  
2026



SUNSET SOIREE  
*"Where Luxury Meet Bacchanal"*  
*Drinks Inclusive Party*



FRIDAY  
19<sup>TH</sup> JUNE  
2026



"DRENCHED" WET FETE



SATURDAY  
20<sup>TH</sup> JUNE  
2026



COOLER MADNESS



SUNDAY  
21<sup>ST</sup> JUNE  
2026



PAINTED "J'OUVERT"



MONDAY  
22<sup>ND</sup> JUNE  
2026



STREET JUMP-UP

*One People. One Spirit. One Bacchanal!*

**TARMAC**  
ARNOS VALE

THE  
**GREAT**  
ESCAPE

VINCYMAS  
**2026**

**2PM**

**SOCA**

**MONARCH**

**SEMI-FINALS**

**JUNE 14TH 2026**

# BACCHANAL BAY

**COOLER BEACH PARTY**

**40 ARTISTES**

**BEACH VIBES**

**TICKETS \$40**



**NO ICE**  
**NO BREAKABLE**  
**BOTTLES**

# THE GREAT ESCAPE VINCYMAS 2026

THE HOTTEST CARNIVAL IN THE CARIBBEAN

## CALENDAR OF EVENTS 2026

### APRIL

Saturday 11th - VINCYMAS OFFICIAL LAUNCH

Friday 24th - Rum and Riddim - G'town

### MAY

Saturday 30th - Miss SVG

### JUNE

Friday 5th - Rum & Riddim - Bagga

Sunday 14th - Bacchanal Bay - Soca Monarch Semis

Thursday 18th - We Spirit Cultural Parade

Sunday 21st - AIA Activation - Touch Down

Wednesday 24th - AIA Activation - Touch Down

Friday 26th - Fantastic Friday - Calypso Semi Finals

Saturday 27th - Junior Carnival

Sunday 28th - Junior Panorama

Tuesday 30th - Junior Calypso & Soca

### JULY

Wednesday 1st - 8th - Vincymas Food Village

Thursday 2nd - Steel & Glitter

Friday 3rd - EVO

Saturday 4th - Big Bad Soca Monarch

Sunday 5th - Dimanche Gras

Monday 6th - Jouvert and Monday Jam

Tuesday 7th - Mardi Gras- Grand Finale

Sunday 12th - AIA Activation-Promise



# OCEAN HEIGHTS

Restaurant & Bar

## FOOD MENU

**RESTAURANT WEEK**  
21-27 JUNE, 2026

**WRAPS**

- Chicken Wrap & fries \$25
- Buffalo Chicken Wrap & Fries \$25
- Jerk Chicken Wrap & Fries \$40

**WINGS**

- 6PCS Chicken Wings & Fries \$20
- 12PCS Chicken Wings & Fries \$30

**COCKTAILS**

- Rum Sour \$15
- Rum Punch \$15
- Campari Sour \$15

Upstairs Computec Building Kingstown +1784-494-1822

Grenadine House  
Kingstown, St. Vincent

# FESTIVE FRIDAY

June 12th  
6pm-9pm

## \$50 MENU

- GREEN BANANA SALAD
- SAUTÉED CARROTS AND CABBAGE
- CARNIVAL ROAST CORN
- LEMON GARLIC GRILLED CHICKEN WINGS
- CHINESE BBQ PORK RIBS
- JERK PIG TAIL

+1 (784) 458-1800  
+1 (784) 593-0996  
stay@grenadinehouse.com

Heineken

**Basil at Villa**

## Father's Day Lunch

CELEBRATE DAD WITH AN AFTERNOON OF EXCEPTIONAL FOOD, OCEAN VIEWS & ISLAND HOSPITALITY.

SUNDAY, JUNE 21<sup>ST</sup> 12:00 PM - UNTIL \$99 PER PERSON BASIL AT VILLA

LOTS OF SURPRISES IN STORE

<p><b>STARTERS</b> (CHOICE OF 1)</p> <ul style="list-style-type: none"> <li>Conch souce with green Banana</li> <li>Saltfish cakes with tamarind sauce</li> <li>Cream of pumpkin soup</li> </ul>	<p><b>MAIN</b></p> <ul style="list-style-type: none"> <li>Grilled fish with Garlic Lemon Basil Sauce</li> <li>Ginger chicken stir fry</li> <li>Curry Mutton</li> </ul>	<p><b>SIDES</b></p> <ul style="list-style-type: none"> <li>Seasoned rice</li> <li>Stir fry vegetables</li> <li>Steamed plantain, sweet potato and Coconut Dumpling</li> <li>Festive pasta salad</li> <li>Green salad</li> </ul>
<p><b>DESSERT (CHOICE OF 1)</b></p>		
<p>Cheese cake slice with choice of topping</p>	<p>Warm Banan bread with ice cream</p>	<p>Warm Sweet potato pudding with coconut rum custard</p>

**RESERVATIONS ONLY**  
LIMITED SEATING AVAILABLE. ADVANCE RESERVATIONS ARE REQUIRED.  
1-784-456-2602

HONORING DADS, GRANDFATHERS, MENTORS, AND ROLE MODELS.

BEQUIA PLANTATION HOTEL  
Bequia, West Indies

# Congratulations! You Did It!

BOOK YOUR DAY PASS WITH BEQUIA PLANTATION HOTEL  
PACKAGES AVAILABLE FROM: JUNE 12<sup>TH</sup> TO JULY 31<sup>ST</sup> 2026

<p><b>RIISING STAR PACKAGE</b> <b>USD \$390.00</b></p> <p>REQUIREMENTS:</p> <ul style="list-style-type: none"> <li>MINIMUM OF SIX (6) CHILDREN AND TWO (2) ADULTS.</li> <li>Time - 9:00AM- 4:00pm.</li> <li>Age limit : Children under 14 years.</li> </ul> <p>PACKAGE INCLUSIONS:</p> <ul style="list-style-type: none"> <li>Unlimited mango smoothies.</li> <li>Three (3) 14-inch pizzas.</li> <li>Chicken spring rolls.</li> </ul>	<p><b>NEXT CHAPTER PACKAGE</b> <b>USD \$430.00</b></p> <p>REQUIREMENTS:</p> <ul style="list-style-type: none"> <li>MINIMUM OF SIX (6) CHILDREN AND TWO (2) ADULTS.</li> <li>Time - 9:00AM- 4:00pm.</li> <li>Age limit : Children 14 years and older.</li> </ul> <p>PACKAGE INCLUSIONS:</p> <ul style="list-style-type: none"> <li>Unlimited mango smoothies.</li> <li>Three (3) 14-inch pizzas.</li> <li>Chicken spring rolls.</li> <li>Four (4) portions of Sweet Chilli wings</li> </ul>
---	--

(784)534-8677 info@bequiaplantationhotel.com www.Bequiaplantationhotel.com

**JUNGL**  
• LOUNGE •  
WHERE THE JUNGLE COMES ALIVE WITH FLAVOR

# RESTAURANT WEEK

*Saint Vincent and the Grenadines*

## Jungl Lounge

*A Taste of Bold Caribbean Flavor*

**JUNE 21<sup>ST</sup> TO JUNE 27<sup>TH</sup> 2026**

Join us for a special week of great food, vibrant flavors, and unforgettable dining.

VILLA FLAT NEAR COLLEGE GAP

**RESERVE A TABLE**  
**784-527-2554**

BEQUIA PLANTATION HOTEL  
Bequia, West Indies

# Bequia Carnival Weekend Stay

At  
Bequia Plantation Hotel

Stay Dates: June 12<sup>th</sup> - June 23<sup>rd</sup> 2026

**BEQUIA CARNIVAL**  
"De Spirits of Bacchanal Fever"

**Special Rate:**

**USD \$900**

**BOOK NOW**  
Booking Code- BPH2026

- Two (2) nights stay.
- One (1) hour island tour of Bequia.
- Your island escape begins the moment you arrive, enjoy complimentary transfers between the Bequia Ferry Terminal and Bequia Plantation Hotel.
- A complimentary return ferry ticket aboard the Bequia Express.
- One (1) hour sunset cruise. Experience Moonhole and Admiralty bay at dusk.

Contact us  
(784)534-8677

bequiaplantationhotel.com  
info@bequiaplantationhotel.com

Islander  
Bar & Grill

# Monday - Tuesday LUNCH DEAL!

**10" Pizza With Two Toppings EC \$20**

🕒 12pm - 3pm

Myahs Hotel  
www.myahshotel.com

Signature

# BEER & WINGS

TUESDAYS

**3 For \$10 Hairoun**

Complimentary Hairoun Beer With Every Portion Of Wings

AN EVENING OF  
INDULGENCE, ENJOYMENT  
& RELAXATION.

5pm - 12am



# NIGHT *Pass*



**INCLUDES:**

- One room
- Dinner at pool
- Welcome fruit punch or rum punch
- Dessert
- Bottle of champagne or wine
- 12" pizza
- Access to all amenities



**BOOK NOW:** 1-784-451-3600

\$400 PER COUPLE  
\$300 SINGLE PERSON

*Signature*

# HOT & READY PIZZA FRIDAYS



GET A LARGE COMPLIMENTARY 1.75L OF JU-C WITH THE  
PURCHASE OF ANY 12 OR 16 INCH PIZZA UNTIL 9PM

## SCHEDULE UPDATE SOUTHERN GRENADINES

**MONDAY** DEPARTS KINGSTOWN 11:30 AM  
KINGSTOWN > CANOUAN > MAYREAU > UNION ISLAND

**TUESDAY** DEPARTS UNION ISLAND 6:00 AM  
UNION ISLAND > MAYREAU > CANOUAN > KINGSTOWN

**WEDNESDAY** DEPARTS KINGSTOWN 10:30 AM  
[SAME DAY RETURN]  
KINGSTOWN > CANOUAN > MAYREAU > UNION ISLAND  
> CANOUAN > KINGSTOWN

**THURSDAY** DEPARTS KINGSTOWN 11:30 AM  
KINGSTOWN > CANOUAN > MAYREAU > UNION ISLAND

**FRIDAY** DEPARTS UNION ISLAND 6:00 AM  
UNION ISLAND > MAYREAU > CANOUAN > KINGSTOWN

**SATURDAY** DEPARTS KINGSTOWN 11:30 AM  
KINGSTOWN > CANOUAN > MAYREAU > UNION ISLAND

**SUNDAY** DEPARTS UNION ISLAND 7:00 AM  
UNION IS. > MAYREAU > CANOUAN > BEQUIA > K'TOWN

## WEEKLY SCHEDULE

FROM BEQUIA FROM KINGSTOWN

MON - FRI	
6:30 AM	8:00 AM
7:30 AM	9:30 AM
9:30 AM	1:00 PM
1:00 PM	4:00 PM
4:00 PM	5:00 PM

SATURDAYS	
6:30 AM	8:00 AM
7:30 AM	9:30 AM
9:30 AM	12:30 PM
1:00 PM	4:30 PM
4:00 PM	5:00 PM

SUNDAYS	
6:30 AM	8:00 AM
11:00 AM	4:30 PM
4:00 PM	5:00 PM

**RATES**

ADULT PASSENGERS  
ONE WAY RETURN  
**\$25 | \$40**

STANDARD SIZE VEHICLES  
ONE WAY RETURN  
**\$60 | \$100**

DRIVER INCLUDED




Bequia Express Co. Ltd.  
Safe. Reliable. Efficient  
TEL: 784 457-3539  
Email: info@bequiaexpress.com





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Email: info@bequiaexpress.com





**BUY 1 GET 1 FREE**

# HAPPY HOURS





CAMPARI | JOHNNY WALKER BLACK & RED  
ABSOLUTE VODKA | SPARROW | MALIBU  
TANQUERAY GIN | DAIQUIRI | MOJITO

FRIDAYS **17:00 - 19:00**

MORE INFORMATION LOCATION  
Info@sunsetshores.com Sunset Shores Beach Hotel,  
+1784 458 4411 Villa

EVERY WEDNESDAY NIGHT  
8PM - CLOSE




PRESENTS

*Drinks  
Food  
Fun*

**BEST SINGER WINS A 12 INCH CHICKEN PIZZA**

# Night of KARAOKE



PALKI RESTAURANT SVG,  
VILLA FLAT, VILLA



# Moonshine

## FRIDAZE

LIVE DJ • LADIES FREE  
DOORS OPEN 10PM

Signature RESTAURANT • BAR • LOUNGE

COMING SOON

# SIGNATURE Pool Lounge



- ACCESS TO BAR & RESTAURANT
- AIR CONDITIONED COMFORT
- NICE MUSIC
- GOOD VIBES

*Relax. Refresh. Signature.*

YOUR NEW FAVORITE SPOT TO UNWIND

LAND & SEA TOURS  
PRIVATE CHARTERS  
SNORKEL & SUNSET CRUISES  
ISLAND TRANSFERS (LAND & SEA)  
WHALE & DOLPHIN WATCHING  
VISIT THE GRENADINE ISLANDS  
VILLA & VEHICLE RENTALS

+1 (784) 457-4477  
FANTASEATOURS.COM  
INFO@FANTASEATOURS.COM  
@FANTASEATOURS.SVG

**GH WRAPS  
SERVED WITH SALAD**  
CHICKEN, FISH, VEGETABLES

**BUILD YOUR SALAD**  
Lettuce, Tomatoes, Cucumbers, Carrots, Cabbage, Onions, Sweet Peppers, Avacado, Chick Peas

4 Veggies + 1 CHOICE OF MEAT - FISH/CHICKEN

**CHEF'S DAILY SPECIAL**  
Local Ground Provision Bowl  
Steamed Plantains, Steamed Provision, GH Salad, Coconut Dumplings  
Choice of Codfish/ Grilled Chicken / Fish

**BEVERAGES**  
Ginger Lime Fuzz  
Fruit Smoothies (Seasonal Fruits)  
Plumrose/ Waxapple Watermelon Spritz (SEASONAL)

+ 1 784 458-1800 | + 1 784 593-0996  
stay@grenadinehouse.com

Grenadine House  
Kingstown, St. Vincent

**Day Pass:**  
**\$110usd/couple**  
10am - 6pm

You get a room, access to pool and kayaks  
and a **\$100xcd** meal voucher at The Loft

**JERK 'N' FESTIVAL FRIDAYS**

Bring the Jerk 'N' Festival home  
Schedule your order early. Pre-order now.

Download the app now!

## Father's Day's Celebration



Save the Date:  
Father's Day Buffet  
June 21st, 2026

-Live Entertainment-  
-Gift for Dad-

Reservations Required

+1 784 458-1800 | +1 784 593-0996  
stay@grenadinehouse.com



  
MYAHS HOTEL  
**DAY PASS**  
Experience

Rates:  
**Single Guest: EC \$265.00**  
**Two Adults: EC \$370.00**

Day Pass Includes

- 20-minute Neck & Shoulder Massage at the Spa (Adults only)
- One Meal & One Non-Alcoholic Beverage at Islander Restaurant
- Access to the Pool throughout stay
- Private Photo Session (15 minutes) with 5 Digital Photos
- Private Room Access from 10:00 AM to 5:00 PM

FOR MORE INFORMATION  
Call: 1(784) 451-3600  
reservation@myahshotel.com



**SVG AIR**

SVG Air connects you to the beauty of the Grenadines – safely, comfortably, and in minutes.  
Island-hop with ease. Explore more.

Fly local. Fly SVG Air.

Check flight availability  
Visit Our Website - <https://www.flysvgair.com>  
Call: +1 (784) 457 5124  
Whatsapp: +1 (784) 532 9179



  
**HAPPY HOUR**

**FRIDAY & SATURDAY**  
4:30PM-7PM

**FOOD & DRINKS SPECIAL**

Hamilton, en route to Fort Hamilton  
784-494-6578



# BEQUIA FAST FERRIES LTD

## Schedule

**MONDAY to SATURDAY**

From Bequia	From Kingstown
6:30 AM	7:45 AM
8:45 AM	10:00 AM
12:00 PM	3:00 PM
4:15 PM	5:15 PM

**SUNDAYS & PUBLIC HOLIDAYS**

From Bequia	From Kingstown
7:00 AM	8:15 AM
4:15 PM	5:15 PM

**Fares**

Passengers - Locals		
Age Group	One Way	Return
Adults	\$25	\$50
Teenagers (13-17)	\$20	\$40
Children (5-12)	\$15	\$30

Vehicles		
Standard Size	One Way	Return
Vehicle Only	\$65	\$120
Vehicle and Driver	\$85	\$155

Passengers - Standard		
Age Group	One Way	Return
Adults	\$30	\$60
Teenagers (13-17)	\$25	\$50
Children (5-12)	\$20	\$40

**Faster** **Luxurious** **Stable**

(784) 493-3278  
office@bequiafastferries.com



## JADEN SUN FAST FERRY

### Regular Schedule 2026

**Route 1: Southbound (Kingstown → Union Island) Departures**

Day	Kingstown	Bequia	Canouan	Mayreau	Union Island
Sunday	3:30PM	4:00PM	5:15PM	5:45PM	(End of Route)
Monday	3:30PM	4:00PM	5:15PM	5:45PM	(End of Route)
Wednesday	No Sailing	No Sailing	No Sailing	No Sailing	—
Friday	9:00AM	9:30AM	11:00AM	11:30AM	(End of Route)

**Route 2: Northbound (Union Island → Kingstown) Departures**

Day	Union Island	Mayreau	Canouan	Bequia	Kingstown
Sunday	No Sailing	No Sailing	No Sailing	No Sailing	—
Monday	6:30AM	6:45AM	7:15AM	8:30AM	(End of Route)
Wednesday	6:30AM	6:45AM	7:15AM	—	(End of Route)
Friday	3:30PM	3:45PM	4:15PM	5:30PM	(End of Route)

**No Operation:** There will be NO sailings on Tuesdays, Thursdays or Saturdays.

**Boarding:** You must be at the dock and ready to board at 15 Minutes prior to departure.

**Bank Holiday:** If a holiday falls on a Monday, the Sunday afternoon ferry is cancelled. Instead, the ferry will depart Kingstown at 3:30 PM on Monday.

**Sailing Times**  
 Kingstown/Bequia: 30 minutes  
 Bequia/Canouan: 60 Minutes  
 Canouan/Mayreau: 20Minutes  
 Mayreau/Union Island: 10 Minutes

**Contact Information**

Office Phone: (784) 451-2192 | jaden.sun | jadeninc02@gmail.com  
 Ferry: (784) 498-1551 | Jaden Sun Fast Ferry | www.jadensunferry.com  
 Cell: (784) 498-7114




## JADEN SUN FAST FERRY

### FARES

Effective March 2026

Route	Adult 1 way	Child (2-11 years) 1 way
<b>FROM KINGSTOWN</b>		
Kingstown → Bequia	EC\$ 40.00	EC\$ 20.00
Kingstown → Canouan	EC\$ 120.00	EC\$ 60.00
Kingstown → Mayreau	EC\$ 130.00	EC\$ 65.00
Kingstown → Union Island	EC\$ 130.00	EC\$ 65.00
<b>FROM BEQUIA</b>		
Bequia → Kingstown	EC\$ 40.00	EC\$ 20.00
Bequia → Canouan	EC\$ 110.00	EC\$ 55.00
Bequia → Mayreau	EC\$ 120.00	EC\$ 60.00
Bequia → Union Island	EC\$ 120.00	EC\$ 60.00
<b>FROM CANUOAN</b>		
Canouan → Mayreau	EC\$ 40.00	EC\$ 20.00
Canouan → Union Island	EC\$ 50.00	EC\$ 25.00
Canouan → Bequia	EC\$ 110.00	EC\$ 55.00
Canouan → Kingstown	EC\$ 120.00	EC\$ 60.00
<b>FROM MAYREAU</b>		
Mayreau → Union Island	EC\$ 40.00	EC\$ 20.00
Mayreau → Canouan	EC\$ 40.00	EC\$ 20.00
Mayreau → Bequia	EC\$ 120.00	EC\$ 60.00
Mayreau → Kingstown	EC\$ 130.00	EC\$ 65.00
<b>FROM UNION ISLAND</b>		
Union Island → Mayreau	EC\$ 40.00	EC\$ 20.00
Union Island → Canouan	EC\$ 50.00	EC\$ 25.00
Union Island → Bequia	EC\$ 120.00	EC\$ 60.00
Union Island → Kingstown	EC\$ 130.00	EC\$ 65.00

www.jadensunferry.com

+1 (784) 451-2192 / (784) 498-7114

Jaden Sun Fast Ferry | jaden.sun

Scan for schedule 



## MV GEM STAR 2

Southern Grenadines Ferry

### SCHEDULE

**TUESDAYS & FRIDAYS - 11:00AM**  
 Kingstown → Canouan → Mayreau → Union Island

**WEDNESDAYS & SATURDAYS - 7:00AM**  
 Union Island → Mayreau → Canouan → Kingstown

**ONE WAY FARES ↔ KINGSTOWN**  
 CANOUAN: \$60 | MAYREAU: \$70 | UNION ISLAND: \$80

All fares are quoted in Eastern Caribbean dollars.



SHIP: 784 526 1158 | OFFICE: 784 457 4157  
 gemstarshipping@gmail.com

Find us on  

**OLE SCHOOL Fridays**

**VILLA FLAT  
NEAR COLLEGE GAP**

Reservations: 784-527-2554

5PM - 7PM  
**WEDNESDAY TO FRIDAY**  
AT COCONUT GROVE

**HAPPY HOURS**

Coconut Grove  
BEACH CLUB

CALL: +1784431-2837  
EMAIL: GM@COCONUTGROVESVG.COM  
FOLLOW US ON @COCONUTGROVESVG

**THE LOFT**  
RESTAURANT & BAR

*Dine With Us*

Open Daily From 7am-11pm

Contact us at 1784-458-4308

*Follow us on social media*

The Loft Restaurant & Bar

**XCD 270**  
Per Child Per Week  
Week 1: 20<sup>th</sup> - 24<sup>th</sup>  
July  
Week 2: 27<sup>th</sup> - 31<sup>st</sup>  
July

Coconut Grove  
BEACH CLUB

**Kids Summer Camp**

Fun & Creative  
Outdoor Activities  
For Boys & Girls  
5-12 Years Old

**Activities**  
Sailing  
Archery  
Excursions  
Pool Days  
Beach Days  
Arts & Crafts

More Information : +1 (784) 532 8808 gm@coconutgrovesvg.com



One lucky Dad will win a free deep tissue massage at our spa during lunch



# FATHER'S DAY



## LUNCH

ISLANDER RESTAURANT  
POOLSIDE

JUNE 21. 12PM-3PM

*Live music*  
BY **TOKS VIOLIN**



ADULTS \$90 CHILDREN \$45

LIMITED SEATS AVAILABLE. RESERVE NOW: 451-3600



# Backyard VIBES

RESTAURANT WEEK  
JUNE 27, 2026

FROM 1PM

## FOOD MENU:

SALTFISH WITH MADUNGO DUMPLINGS, ROAST BREADFRUIT & BANANA	\$25
SOUSE	\$20
CALLALOO SOUP	\$15
SWEET POTATO PUDDING	\$5

## DRINK SPECIALS:

HAIROUN BEER: 3 FOR \$10  
RUM PUNCH: \$5  
RUM SOUR: \$5  
2 FOR 1 COCKTAILS

MUSIC BY:  
**DJ KAL**






# Brunch ON THE BEACH

"Botanical Euphoria"



The Ultimate Brunch Experience!

Music By:  
**DJ RISH**

SUNDAY JUNE 14<sup>TH</sup> 2026

3PM - 11PM

CUMBERLAND BEACH LAWN

DRESS CODE: **PASTEL FLORAL**

Tickets Available Now!  
[revveltix.com](http://revveltix.com)

1784 - 533 8223 | @brunchonthebeachsvq



# Happy FATHER'S DAY

SUNDAY, 21<sup>ST</sup> JUNE 2026

## MENU

- GRILLED PORK LOIN
- ROASTED VEGETABLES
- BAKED POTATOES

**\$75 EC** PLUS 10% SERVICE CHARGE

COMPLIMENTARY DRINK



Celebrate Dad with great food, great company and great memories.  
THANK YOU, DAD - YOU DESERVE THE BEST!

+1784-4584308

LAVUE  
BOUTIQUE HOTEL & BEACH CLUB

# TACO TUESDAY

12PM - 11PM

\$30

- Crispy Fried Shrimp Tacos topped w pico di gallo & pickled sweet onion
- Grilled Chicken Tacos topped w pico di gallo & pickled sweet onion
- Sweet Chilli Fish Tacos topped w pico di gallo & pickled sweet onion
- Hawaiian Steak Tacos topped w pico di gallo & pickled sweet onion
- Short Rib topped w pico di gallo & pickled sweet onion

SUNSET RESTAURANT



RESTAURANT WEEK  
JUNE 21ST-27TH

# Special



- \* Roti-Conch, Chicken
- \* Fish Burger
- \* Texas Mini Burger
- \* Grilled Fish & Fries \ Onion Rings
- \* BBQ Wings

June Open  
Wed \ Thurs \ Fri  
12-2pm  
5-9pm

Private Parking Lot  
Hamilton, en route to Fort Hamilton  
call \ whatsapp 784-494-6578



BEQUIA PLANTATION HOTEL  
Bequia · West Indies

# SUNSET CRUISE EXPERIENCES

Sail into the golden hour and experience Bequia's Coastline like never before  
Perfect for couples, celebrations, or simply relaxing on the sea.

Choose from

### Bequia Sunset Cruise

- 2 Selections of hors d'oeuvres
- Plantation Punch
- Soft drinks
- Selection of Beers

USD \$220 per couple  
+ USD \$90 per extra person

### Premium Bequia Sunset Cruise

- 4 Selections of hors d'oeuvres
- Plantation Punch
- Soft drinks
- Selection of Beers
- Unlimited Prosecco

USD \$300 per couple  
+ USD \$100 per extra person

Departs: 4:30 PM - Duration: 2 hrs

Reserve today

(784) 534 - 8677 Bequia Plantation Hotel

# JUNGL

• LOUNGE •

WHERE THE JUNGLE COMES ALIVE WITH FLAVOR

# TUESDAY HAPPY HOUR

3PM - 7PM  
EVERY TUESDAY

2 FOR 1 COCKTAIL SPECIALS

**JUNGL** Call: 784-527-2554  
LOUNGE Villa Flat, Near College Gap

# TREE BAR

Creole Saturdays  
each and every Saturday

Blackfish and Provision



Saltfish Buljol



Pigfoot Soupe



Coch Soupe



Smoke Herring and Doughboy



LIVE IT... FEEL IT... EMBRACE IT..

THE PERFECT ESCAPE AWAITS



- ✓ RIDE ALONG PICTURESQUE BEACHES & COASTAL TRAILS
- ✓ DISCOVER HIDDEN GEMS WITH PANORAMIC VIEWS
- 🕒 7 DAILY DEPARTURES STARTING FROM 6:00 AM



CALL OR WHATSAPP: 784-532-6370

BOOK NOW: [www.coastaladrenaline.com](http://www.coastaladrenaline.com)

Moonshine

# THIRSTY

Thursdays



THURSDAY IS THE NEW FRIDAY!

LIVE DJ | CAMPARI SPECIALS & SLR COCKTAILS  
FREE GAMES ALL NIGHT! VIBES ALL NIGHT LONG!

FAIR PLAY RULES APPLY | 1 GAME PER TURN | WINNER STAYS



## Afternoon Tea

at Bequia Plantation Hotel

4:00 - 6:00pm Daily.

Because Every Afternoon With Friends Deserves Some "Tea"

### Teatime Delicacies

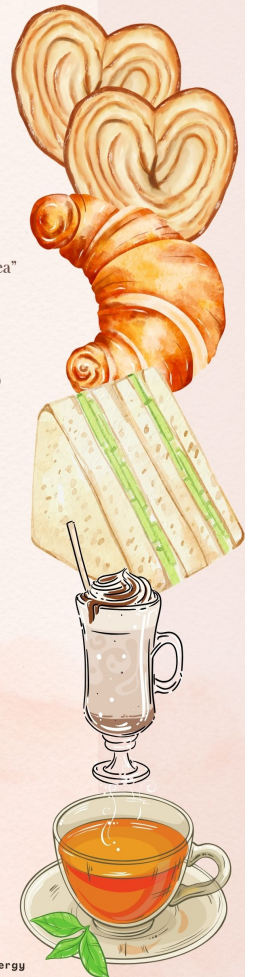
Assorted Platter of Delicacies - \$14.00 Per Person USD

- Spinach Scones.
- Banana Bread.
- Mini Croissant.
- Shortbread Cookie.
- Cucumber Cream Cheese Sandwich.
- Egg & Mayo Sandwich.

### Coffee & Tea

Pot of Tea .....	\$3.00 USD
Espresso .....	\$4.00 USD
Nespresso .....	\$5.00 USD
Flat White .....	\$5.00 USD
Americano .....	\$5.00 USD
Regular Coffee .....	\$4.00 USD
Irish Coffee.....	\$4.00 USD
Iced Coffee .....	\$5.00 USD

Reservations 1/784/534-8677 [info@bequiaplantationhotel.com](mailto:info@bequiaplantationhotel.com)  
18% VAT included. 10% service charge to be added to final bill. Allergy information available upon request.





## Couples DAY PASS

Lunch  
Bottle Of Champagne  
(non-alcoholic)  
Beautiful Room

**\$112 USD**

## Singles DAY PASS

Lunch  
Glass Of Champagne  
(non-alcoholic)  
Beautiful Room

**\$80 USD**

**BOOK NOW**

1-784-456-9788 | INFO@HOTELALEXANDRINA.COM | WWW.HOTELALEXANDRINA.COM



**FROM  
EC \$490.00**

Welcome drinks,  
Complimentary  
use of Pool & Gym



**XCD \$150** per person

- \*Pool Access
- \*2 glasses of Rum or Fruit punch
- \*1 Meal

**USD \$150** per person

- \*Inclusive of A Room
- \*Pool Access
- \*2 glasses of Rum or Fruit punch
- \*1 Meal

Call to inquire about children rates & Availability

La Vue Terms & conditions applied

Call Us to book  
(784) 528-8883

Lavuehotelbeachclub  
Lavuehotel

**\$44**

Grenadine House  
+ 1 784 458-1800 | + 1 784 593-0996  
stay@grenadinehouse.com



*Moonshine*

STOP BY EVERY MONDAY FOR

**PLENTY FOR 20 MONDAYS**

20 WINGS FOR \$20 | DINE IN ONLY OFFER



**BLUE LAGOON**  
HOTEL & MARINA

**POOL PASS**  
**BLUE LAGOON**

ADULTS: \$35 EC  
UNDER 12: \$17.50 EC  
10AM-5PM

1-784-458-4308

Terms & conditions apply

**Grenadine House**  
Kingstown, St. Vincent

**DAY PASS**

**US \$85.00**  
Per Person

**ROOM ADD-ON +\$35.00**

**DAY PASS PACKAGE INCLUDES:**

- ✓ 1 WELCOME RUM/FRUIT PUNCH
- ✓ 1 TWO COURSE MEAL
- ✓ 1 LOCAL BEVERAGE
- ✓ 1 GLASS HOUSE RED/WHITE WINE
- ✓ ACCESS TO POOL
- ✓ ACCESS TO GYM

**BOOK NOW** | +1 784 458-1800 | +1 784 593-0996  
stay@grenadinehouse.com

**Grenadine House**  
Kingstown, St. Vincent

**Pasta Thursday**

**CHICKEN FISH**      **BEEF CARBONARA**

**EVERY THURSDAY**

**ORDER NOW:** +1 784 458-1800 | +1 784 593-0996

# Parks and Sites

## Hiking & Adventure

- La Soufriere Cross Country Trail on the Windward Side
- Cumberland Trail
- Dark View Falls
- Vermont Nature Trail
- Indian Bay Beach Facility

## Heritage & Culture

- SVG Botanical Garden
- Wallilabou Heritage and Recreation Park
- Black Point Heritage and Recreation Park
- Layou Heritage Park
- Villa Beach Facility
- Mt Wynne Public Beach

## Recreation & Site Seeing

- Rawacou Recreation Park
- Belmont Lookout
- Owia Salt Pond
- Cumberland Beach Recreation Park
- Brighton Salt Pond
- Fort Duvernette

## **SITES CLOSED TO THE PUBLIC**

- Fort Charlotte
- Falls of Baleine
- La Soufriere from the Leeward side

## BEQUIA - PLACES TO VISIT

- Maritime Museum
- Site of Hamilton
- Sea Salt Museum
- Spring Plantation



**CHILL SPOT BAR & GRILL**

*Tuesday nights Karaoke*

COME AND ENJOY

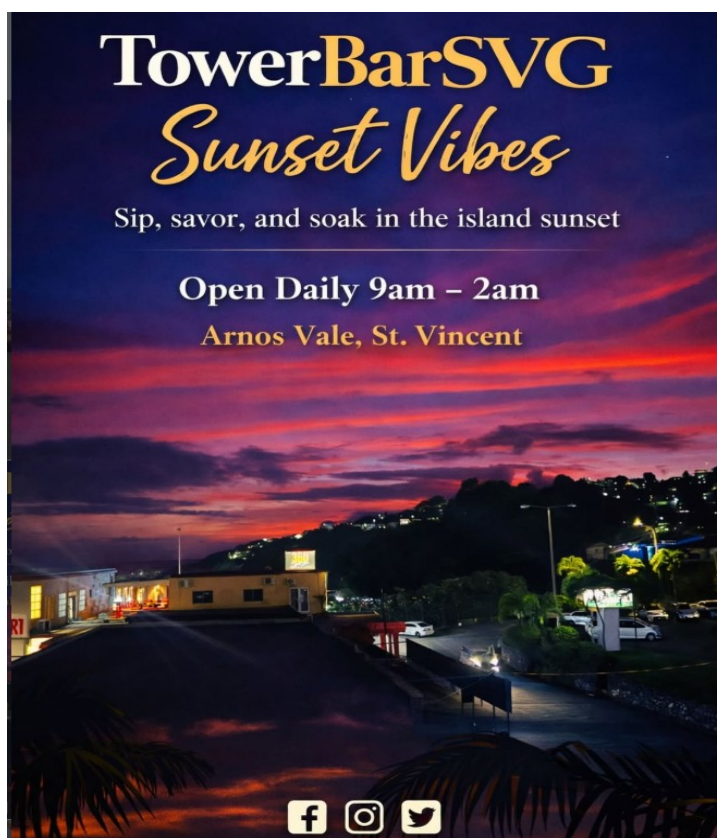
Time : 8:00 PM until closing

Buy One Burger or One Pizza, Get the Second Half Price!

**Hairoun 4 for \$10 Beers**

Music by: Desmond

THE MORE YOU DRINK THE BETTER YOU SOUND!



**TowerBarSVG**

*Sunset Vibes*

Sip, savor, and soak in the island sunset

Open Daily 9am – 2am

Arnos Vale, St. Vincent

f i t

Rotary  
Club of St. Vincent  
South



# Family BINGO

**JUNE 27<sup>TH</sup> 2026**

📍 PARADISE BEACH HOTEL - 6.30 pm

**\$40 PACKAGE**  
**5 CARDS**  
to be used  
in 3 games

(MUST PURCHASE THIS PACKAGE TO PARTICIPATE. ONE ADDITIONAL CHANCE IS AVAILABLE FOR \$5.00 PER GAME)

**\$10** \$10 PER INDIVIDUAL CARD

VARIEY OF BEAUTY AND HOUSEHOLD HAMPERS

SILENT AUCTION

DOOR PRIZES

FOOD & DRINK ON SALE

**DESIGNER BAG GAMES**

**XYZ Purse Bingo**  
BRAND NAME BAGS & PURSES

**X BINGO**  
\$10.00 PER GAME  
London Fog Handbag

**Y BINGO**  
\$10.00 PER GAME  
Calvin Klein Handbag

**Z BINGO**  
\$15.00 PER GAME  
Coach Handbag

*Come and have a great time!* ❤️



## Father's Day Spa Package

From June 7th - June 21st

*Ocean Breeze for Dad*

Treat Dad to a well-deserved moment of relaxation by the sea with this refreshing beachside wellness experience:

- 30-minute Swedish massage on the beach
- 15-minute scalp massage
- 20-minute paraffin wax treatment

**USD\$75.00**

*Father's Throne*

A complete grooming and relaxation experience designed to restore, refresh, and rejuvenate:

- 55-minute manicure
- 60-minute pedicure
- 35-minute hot stone back massage
- 45-minute gentlemen's facial

**USD\$125.00**






📞 1(784)534-8677

✉️ [info@bequiaplantationhotel.com](mailto:info@bequiaplantationhotel.com)

🌐 [www.bequiaplantationhotel.com](http://www.bequiaplantationhotel.com)



**BEQUIA PLANTATION  
HOTEL**

### Emergency Numbers

Fire, Police and Coastguard:	911/999
Hospitals: Accident and Emergency Kingstown:	456-1955
Bequia:	458-3294
Canouan Clinic:	458-8305
Union Clinic:	458-8245

## SVG Hotel & Tourism Association

### OFFICE AND SOUVENIR SHOP

### Cruise Ship Terminal, Room #8



**SVGHTA**  
ST. VINCENT & THE GRENADINES  
HOTEL AND TOURISM ASSOCIATION

**E: [info@svghotels.com](mailto:info@svghotels.com) / [svghotels@gmail.com](mailto:svghotels@gmail.com)**

**W: [www.svghotels.com](http://www.svghotels.com)**

**Ins & Outs of SVG: [www.insandoutsofsvg.com/](http://www.insandoutsofsvg.com/)**

Telephone: 458-4379