

PUBLISHED BY THE ST. VINCENT AND THE GRENADINES HOTEL & TOURISM ASSOCIATION

MAY

Fri 8th

Grenadine House: Happy Hour 5pm - 7pm, Festive Fridays 6pm - 9pm

Paradise Beach Hotel: Grillin with the Captain, from 7:30 pm, Live Music

Ada Restaurant, Beachcombers Hotel: Happy Hour 6pm - 8pm with Live Music

French Verandah, Villa: Jerk & Festival and Happy Hour 5pm - 7pm

Sunset Shores Hotel: Happy Hour 4pm - 7 pm

Myah's Hotel: Happy Hour All Day, Pizza Special

Tel: 458-1800

Tel: 457- 4795

Tel: 534-2593

Tel: 453 -1111

Tel: 458-4411

Tel: 451-3600

Sat 9th

Young Island Resort: BBQ, 7pm - 10pm

Grenadine House: Happy Hour 3pm

Sunset Shores Hotel: Happy Hour 4pm - 6pm, BBQ 7pm

Myah's Hotel: Happy Hour All Day, Saturday Cravings, 12 Noon

Ada Restaurant, Beachcombers Hotel: Happy Hour & BBQ 6pm - 9pm with Live Music



Tel: 458-4826

Tel: 458-1800

Tel: 458-4411

Tel: 451-3600

Tel: 534-2593

Sun 10th



Basil at Villa: Mother's Day Lunch, 12noon - 4pm

Paradise Beach Hotel: Mother's Day Lunch, 12noon - 2pm

Hotel Alexandrina: Mother's Day Buffet Lunch, 12noon - 4pm

Sunset Shores Hotel: Mothers Day Brunch 11am - 3pm, A Mother's Day Celebration, 6pm

La Vue Boutique Hotel & Beach Club: Queen's Brunch Buffet 11am - 3pm, Karaoke 7pm

Myah's Hotel: Brunch and Bubbles, 1pm - 5pm

Grenadine House: Mothers Day Buffet 11:30am until

Ada Restaurant, Beachcombers Hotel: Mothers Day Brunch 11am - 1pm, Dinner 5pm - 9pm

French Verandah, Villa: Mother's Day Lunch, 12:30pm - 3pm

Tel: 456-2602

Tel: 457- 4795

Tel: 456-9788

Tel: 458-4411

Tel: 532-8883

Tel: 451-3600

Tel: 458-1800

Tel: 534-2593

Tel: 453 -1111

Mon 11th

Fantasea Tours: All Inclusive Day Cruise to Mustique & Bequia

Moonshine, Villa: Plenty for \$20 Wings

Myah's Hotel: Menu, 12 Noon until

Tree House & Grill: Karaoke Night Party, 8pm until

Hotel Alexandrina: Kulture Bar & Grill, Prospect 3 pm

Tel: 457-4477

Tel: 433-1528

Tel: 451-3600

Tel: 456-6808

Tel: 456-9788

Tues 12th

Chill Spot Bar & Grill, Vigie Highway, Arnos Vale: Tuesday Night Karaoke, 8pm until

Palki Restaurant, Villa: Happy Hour 5pm - 8pm

Fantasea Tours: All Inclusive Day Cruise to Tobago Cays, Mayreau & Canouan

French Verandah, Villa: Happy Hour 5pm - 7pm

Tree House & Grill: Burger & Beer Tuesdays

Grenadine House: Taco Tuesday 11am - 6pm

La Vue Boutique Hotel & Beach Club: Taco Tuesday, 12 Noon - 10pm

Jungl Lounge, Villa Flat: Tuesday Happy Hour, 3pm - 7pm

Tel: 457-7768

Tel: 527-2554

Tel: 457-4477

Tel: 453-1111

Tel: 456-6808

Tel: 458-1800

Tel: 532-8883

Tel: 527-2554

Wed 13th

Fantasea Tours: All Inclusive Day Cruise to Mustique & Bequia

Palki Restaurant, Villa: Karaoke Night, 8pm

Signature Restaurant, Arnos Vale: Lobster Night

Grenadine House: Wellness Wednesday

Myah's Hotel: Pizza your Way from 12 Noon - 3pm

Coconut Grove Beach Club, Canash Beach: Happy Hour 5pm - 7pm

Tel: 457-4477

Tel: 527-2554

Tel: 458-1800

Tel: 451-3600

Tel: 431-2837

Thurs 14th

Moonshine, Villa: Games Night & Thirsty Thursdays

Tree House & Grill: Taco Thursday

Grenadine House: Pasta Thursday

Coconut Grove Beach Club, Canash Beach: Taco Thursdays 2pm, Happy Hour 5pm - 7pm

Tel: 433-1528

Tel: 456-6808

Tel: 458-1800

Tel: 431-2837

Friday 8th May

Moonshine, Villa: Taurus Forever, 9pm

Tel: 433-1528

Central The Kaleidoscope, Cruise Ship Terminal, 9pm - 11:30pm

Palki Restaurant, Villa: Wine & Dine Friday Nights, 5pm

Tel: 527-2554

Coconut Grove Beach Club, Canash Beach: Happy Hour 5pm - 7pm

Tel: 431-2837

Tree House & Grill: Unplug Fridays, 7pm - 9pm

Tel: 456-6808

Jungl Lounge, Villa Flat: Ole School Fridays

Tel: 527-2554

Saturday 9th May

A Mother's Day Affair, La Vue Hotel, 7pm

Friendly Sound Off Park & Play, Davis Zess Spot Jiggy Fridays Spot, Richland Park, 2pm

Secret Garden Lush, Arnos Vale Sporting Complex, 7pm

Tree House & Grill: Creole Saturdays, Happy Hours, 12 Noon - 5pm

Tel: 456-6808

Palki Restaurant, Villa: Reggae Nights, 7pm - 2am

Tel: 527-2554

Moonshine, Villa: Moonlit Saturdays, 9pm until

Tel: 433-1528

Sunday 10th May

The Queen's Affair Moms, Mimosa's & Memories, Flavor Savoy, San Souci, 12noon - 4pm

360 Sports Bar, ET Joshua Centre, Arnos Vale: Mother's Day Lunch

Chillspot Bar & Grill, Vigie Highway, Arnos Vale: Mother's Day Buffet

Tel: 457-7768

Prestige Cocktail Bar & Lounge, Fountain Stretch: Mother's Day Dinner, 5pm

Tel: 454-6868

Café Soleil, Blue Lagoon Marina: BBQ 11am - 5 pm, live music from 7 pm with BAM

Tel: 456-8550

Moonshine, Villa: Retro Sundays

Tel: 433-1528

Coconut Grove Beach Club, Canash Beach: Mother's Day Buffet, 11am - 3pm

Tel: 431-2837

Palki Restaurant, Villa: Mother's Day Brunch 10am - 2pm

Tel: 527-2554

The Loft, Ratho Mill: Mother's Day Celebration, 11am - 3pm

Tel: 458-4308

Buccaneers Bar & Grill, Buccament: Mother's Day Buffet

Tel: 533-2433

Summer Rose, Villa: Queen's Brunch Day, 2pm - 10pm



Grenadine House
Kingstown, St. Vincent

Heineken

FESTIVE FRIDAY

Join us for a premium dining experience
| 6:00pm - 9:00pm

\$50

- BREADFRUIT SALAD
- STIR FRY SCALLOPS
- SAUTÉ COUCH
- SLICE GRILL FISH
- STEAM GROUND PROVISION

SUSHI AVAILABLE \$54

+1 784 458 1800 | 1 784 593 0996



CARIB BEANS
SUPERFOODS COFFEE HOUSE

HAPPY Mother's Day

celebrate the queen in your life
with something truly special

AFTERNOON TEA GIFT BOX

- ♥ Tea Sandwiches
- ♥ Salmon Toast
- ♥ Chocolate Cake
- ♥ Fresh Herbal Tea Blend
- ♥ Mini Prosecco
- ♥ Orange Juice
- ♥ Mini Jars with Pesto & Caramel

from **\$130** PER BOX

PRE-ORDER NOW FOR MOTHER'S DAY
LIMITED BOXES AVAILABLE!

3 sizes available
Bouje Princess (small)
Deluxe (medium)
Ultra Deluxe (large)

Non-alcoholic option available with a Caramel Coffee or Chai Tea

THE Perfect Gift FOR A BEAUTIFUL SOUL

Made with Love | Locally Sourced | Fresh & Wholesome

BECAUSE SHE DESERVES THE BEST

ORDER NOW | +1 (784) 493 BEAN (2326)



SVGHTA

ST VINCENT & THE GRENADINES
HOTELS & TOURISM ASSOCIATION

St Vincent & The Grenadines
Hotel & Tourism Association



SVG
Restaurant
Week

Taste of Vincy

21st - 27th June, 2026

SAVE THE DATE!



Join us for a week
of culinary delights!

Follow us:



svghotels@gmail.com / info@svghotels.com

+1-784-458-4379 / +1-784-494-4379

THE GREAT ESCAPE VINCYMAS 2026

THE HOTTEST CARNIVAL IN THE CARIBBEAN

CALENDAR OF EVENTS 2026

APRIL

Saturday 11th - VINCYMAS OFFICIAL LAUNCH
Friday 24th - Rum and Riddim - G'town

MAY

Saturday 30th - Miss SVG

JUNE

Friday 5th - Rum & Riddim - Bagga
Sunday 14th - Bacchanal Bay - Soca Monarch Semis
Thursday 18th - We Spirit Cultural Parade
Sunday 21st - AIA Activation - Touch Down
Wednesday 24th - AIA Activation - Touch Down
Friday 26th - Fantastic Friday - Calypso Semi Finals
Saturday 27th - Junior Carnival
Sunday 28th - Junior Panorama
Tuesday 30th - Junior Calypso & Soca

JULY

Wednesday 1st - 8th - Vincymas Food Village
Thursday 2nd - Steel & Glitter
Friday 3rd - EVO
Saturday 4th - Big Bad Soca Monarch
Sunday 5th - Dimanche Gras
Monday 6th - J'ouvert and Monday Jam
Tuesday 7th - Mardi Gras - Grand Finale
Sunday 12th - AIA Activation - Promise





10th
MAY

BEQUIA PLANTATION HOTEL

MOTHER'S DAY

Lunch

Celebrate Her in Paradise This Mother's Day

12PM-3PM

USD\$40.00 PER PERSON

A SPECIAL EVENT FOR MOTHERS WITH LIVE ENTERTAINMENT

Reservations 1(784)534-8677 | info@bequiaplantationhotel.com



10th
MAY

BEQUIA PLANTATION HOTEL

MOTHER'S DAY

Lunch

Lunch Menu

Mimosa on arrival 

Starter
Pig Tail in Green Pigeon Pea Soup

Main Course (Choice of One)
Grilled Mahi Mahi with Garlic Marjoram Butter Sauce
Mediterranean Chicken Ballotine stuffed with Callaloo & Wild Mushrooms
Marinated Honey Mustard Pork Chops

Sides
Potatoes Au Gratin
Coconut Spinach Rice
Mixed Greens with Mango & Starfruit Vinaigrette
Saffron Lentil Stew
Oven-Roasted Cinnamon Plantains

Dessert
Strawberry Cheesecake

All accompanied by an exotic display of Plantation's indigenous fresh coconut bar.

Reservations 1(784)534-8677 | info@bequiaplantationhotel.com

St. Vincent & the Grenadines

NATIONAL PARKS AWARENESS MONTH 2026



Theme: "Protecting Our Parks, Rivers and Beaches for a Greener Future"

**FRIDAY 1ST
MAY, 2026**



**MONDAY 4TH
MAY, 2026**

**TUESDAY 5TH
MAY, 2026**

**WEDNESDAY 6TH
MAY, 2026**

**THURSDAY 7TH
MAY, 2026**



**TUESDAY 12TH-
THURSDAY
14TH MAY, 2026**

**FRIDAY 15TH
MAY, 2026**

**MONDAY 18TH
MAY, 2026**

**TUESDAY 19TH
MAY, 2026**

**WEDNESDAY
20TH MAY, 2026**

**FRIDAY 22ND
MAY, 2026**

**FRIDAY 29TH
MAY, 2026**

Tourism Chit Chat (WeFm at 9:30 a.m.)
NPRBA Awareness Month

NPRBA Awareness Month Address

NPRBA Education Visits

Navigational Crisis and Tourism Education
Cumberland Recreational Site
10:00 a.m.

Pruning Exercise
Owia Salt Pond Recreational Park

Pruning Training Workshop
SVG Botanical Garden
9:00 a.m.

Parks Exploration Day
9:00 a.m. - 5:00 p.m.

Tourism Chit Chat (Radio NBC at 5:15 p.m.)
Beach Vending Act 2025

Community Consultation
Beach Vending Act 2025
Cumberland Recreational Park
4:00 p.m. - 6:00 p.m.

Navigational Crisis and Tourism Education
Rawacou Recreation Park
10:00 a.m.

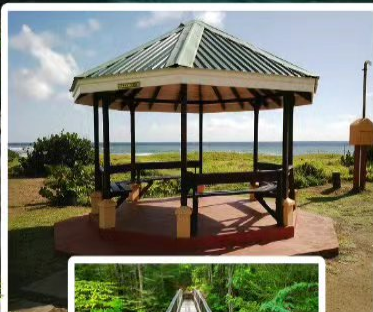
Plant & Agriculture Session
SVG Botanical Garden Nursery
4:00 p.m.

Tourism Chit Chat (WeFM at 9:30 a.m.)
Beach Vending Act 2025

International Day for Biological Diversity

Environmental Sustainability Exhibition
SVG Botanical Garden
9:30 a.m.

Parks Exploration Day
9:00 a.m. - 5:00 p.m.



  [@nationalparkssvg](https://www.instagram.com/nationalparkssvg)

For More Information Contact:
+1(784) 453-1623 or
nationalparkssvg1@gmail.com

#AwarenessMonth #NationalParksSVG

Slogan: *Conserving Nature. Sustaining Lives.*

MAY 29TH - 31ST
SOHO BEACH HOUSE
CANOUAN

ONE FEST CANOUAN



LIVE PERFORMANCES

FRIDAY 29TH

**THE BAND TOUCH
TOO KOOL KRIS
DJ CRUSH**

SATURDAY 30TH

**SKINNY FABULOUS
LIVE BAND
THA FUGITIVE**

**SUNDAY 31ST
BEACH BRUNCH**

**DJ Q
DJ SHADY**

OTHER ATTRACTIONS

**POP-UP SHOPS
LOCAL ARTISANS**

**SVG INSPIRED
CARIBBEAN
BBQ**

**ISLANDWIDE
TREASURE HUNT
BAR CRAWL**

**REWARD: 2 COMP NIGHTS
AT SOHO BEACH HOUSE**

TICKETS

**\$195
WEEKEND PASS**

**\$150
ONE DAY PASS**

ROOMS ** EARLY BIRD SALE ENDS MAY 5TH

HOSTED BY: GRENADINES GOLD X SOHO BEACH HOUSE

CONTACT +1 784 530 7400



Mother's Day Lunch

At PARADISE BEACH HOTEL
 Sunday 10th of May 2026 || 12pm -2pm
 \$100 for Adults || \$60 for Children (<12)
 1(784)457-4795 || info@paradisestvg.com

Mother's Day Menu

At Paradise Beach Hotel

• **STARTER** •

Pumpkin Peas Soup
 or
 Coconut Callaloo Soup
 or
 Classic Greek Salad

• **MAIN** •

Creamy Mushroom Chicken
 or
 Grilled Cranberry Pork Ribs
 or
 Fish Tempura with Garlic Herb Sauce

served with

Spinach & Chive Rice, Creamed Polenta,
 Red Bean Stew, Vegetable Casserole,
 and Green Mango & Papaya Salad

• **DESSERT** •

Salted Caramel Cake
 or
 Mango Crumble
 or
 Fruit Salad



HAPPY HOUR

FRIDAY & SATURDAY
 4:30PM-7PM

FOOD & DRINKS SPECIAL



Hamilton, en route to Fort Hamilton
 784-494-6578

BRUNCH & Bubbles

Theme:
FRENCH RIVIERA

MAY 10 1PM - 5PM

REGULAR: \$120
 VVIP: \$200

Food inclusive

Payments can be made to our Kingstown Branch: Kendra's Aluminium

Sunset Shores Beach Hotel Presents

I LOVE YOU MOM *A Mothers Day Celebration*

A Night of Unforgettable Music and Energy
SUNDAY 10TH MAY 2026 | 6:00PM

Ticket Outlets
Sunset Shores Beach Hotel
Fya's Closet
Digicel Kingstown
The Cell - Joshua Centre

Performers: Rodney Small, Walt Carter, Darron Andrews, Kevin Shortte, Fya Empress, Hance John

Ticket Prices: General Admission \$100, Door \$120, VIP \$200

BLUE MOON ENTERTAINMENT PRESENTS

A MOTHER'S DAY AFFAIR
SHOWER HER WITH FLOWERS

09TH MAY 2026

Performers: SHAZAR DAVID, HANCE JOHN, SAEED BOWMAN, THE SPOKEN WORD BY ADRIAN CONSTANCE

Ticket Outlet: Q-Care Pharmacy, Cell World, Chill Spot, Early Bird, Regular, On Entry

Prices: \$80, \$100, \$120

YOU MUST WEAR FLORAL

FREE DRINK ON ENTRY FOR MOTHERS

WHATSAPP 4953121 FOR MORE INFORMATION

MOTHER'S DAY
SPECIAL MENU

GRAZING TABLE / APPETIZERS
11:00 AM - 3:00 PM

- Feta & Watermelon Cubes
- Focaccia Bread
- Mini Hummus Cups
- Chicken Tartlet

MAIN COURSE

- Herb Roasted Chicken Thighs
- Grilled Fish
- Pork Ribs

SIDES

- Calypso Rice
- Potato Gratin
- Corn on the Cob
- Garden Salad


DESSERT

- Banana Trifle
- Chocolate Cake
- Fruit Kebabs

SPECIAL



Mother's Day Signature Drink

Exclusive for mothers



BUY 1 GET 1 FREE


HAPPY HOURS

CAMPARI | JOHNNY WALKER BLACK & RED
ABSOLUTE VODKA | SPARROW | MALIBU
TANQUERAY GIN | DAIQUIRI | MOJITO

FRIDAYS **17:00 - 19:00**

MORE INFORMATION: Info@sunsetshores.com | +1784 458 4411
LOCATION: Sunset Shores Beach Hotel, Villa



EVERY WEDNESDAY NIGHT
8PM - CLOSE

Drinks
Food
Fun

Night of KARAOKE

BEST SINGER WINS A 12 INCH CHICKEN PIZZA

PALKI RESTAURANT SVG, VILLA FLAT, VILLA

PURPLE ARMY AND TEMPO MAS UK PROMOTIONS PRESENTS

FRIDAY 8TH MAY 2026

Cruise ship Terminal



CENTRAL

THE KALEIDOSCOPE (HOSTED BY PITBULL)

LIVE PERFORMANCES BY:
GRAMBA FINESSE | CERTIFIED NELLO | OG PARK | SNORBEATS

LIVE DJS
DJ KAMICK & DJ KROMIX | TOPYARD JUGGLERS | DJ RISH | DJ RYMER
LIVE FROM THE UK: DJ GHOC-T

STRATOEDGE LLC INVITES YOU TO

The Leadership Moments Lab



HOSTED BY: EXHALE AND FLOURISH®

DATES: April 23, May 21, June 11

REGISTER NOW AT
WWW.IGNITESTRATOEDGE.COM/LAB-2026

Grenadine House
Kingstown, St. Vincent

Mother's Day Buffet

exquisite experience

**SUNDAY
MAY 10th**

Live Music

Complimentary Glass of Wine

Gift for Mom

\$115.00
PER PERSON
+10% SERVICE CHARGE

**SPECIAL ADDITION:
HOME MADE
ICE CREAM
With sweet treats**

RESERVATION REQUIRED
CALL: 1 (784) 458-1800 | 1 (785) 593-0996
stay@grenadinehouse.com

Gracie's Beachside
Lower Bay
Sunday 10th May
11am-4pm

MOTHER'S Day Buffet

complementary cocktail
once seated

Meals are
curry Beef
Orange Chicken
Creole Fish

Sides are
* vegetable Salad
* Vegetable fried Pasta
* Herb Rice
* Potatoe Salad

Dessert
slice cheesecake or
Brownie

**EC \$110 per person
All Tax Included**

contact information
1784434-5339

SCHEDULE UPDATE

SOUTHERN GRENADINES

MONDAY	DEPARTS KINGSTOWN 11:30 AM KINGSTOWN > CANOUAN > MAYREAU > UNION ISLAND
TUESDAY	DEPARTS UNION ISLAND 6:00 AM UNION ISLAND > MAYREAU > CANOUAN > KINGSTOWN
WEDNESDAY [SAME DAY RETURN]	DEPARTS KINGSTOWN 10:30 AM KINGSTOWN > CANOUAN > MAYREAU > UNION ISLAND > CANOUAN > KINGSTOWN
THURSDAY	DEPARTS KINGSTOWN 11:30 AM KINGSTOWN > CANOUAN > MAYREAU > UNION ISLAND
FRIDAY	DEPARTS UNION ISLAND 6:00 AM UNION ISLAND > MAYREAU > CANOUAN > KINGSTOWN
SATURDAY	DEPARTS KINGSTOWN 11:30 AM KINGSTOWN > CANOUAN > MAYREAU > UNION ISLAND
SUNDAY	DEPARTS UNION ISLAND 7:00 AM UNION IS. > MAYREAU > CANOUAN > BEQUIA > K'TOWN

**BEQUIA
EXPRESS
COMPANY**

Bequia Express Co. Ltd.
Safe. Reliable. Efficient
TEL: 784 457-3539
Email: info@bequiaexpress.com

WEEKLY SCHEDULE

FROM BEQUIA		FROM KINGSTOWN	
MON- FRI			
6:30 AM	7:30 AM	8:00 AM	9:30 AM
9:30 AM	1:00 PM	1:00 PM	4:00 PM
4:00 PM	5:00 PM	5:00 PM	5:00 PM
SATURDAYS			
6:30 AM	7:30 AM	8:00 AM	9:30 AM
9:30 AM	1:00 PM	12:30 PM	4:30 PM
4:00 PM	5:00 PM	5:00 PM	5:00 PM
SUNDAYS			
6:30 AM	11:00 AM	8:00 AM	4:30 PM
4:00 PM	5:00 PM	5:00 PM	5:00 PM

RATES

ADULT PASSENGERS

ONE WAY	RETURN
\$25	\$40

STANDARD SIZE VEHICLES

ONE WAY	RETURN
\$60	\$100

DRIVER INCLUDED

**BEQUIA
EXPRESS
COMPANY**

Bequia Express Co. Ltd.
Safe. Reliable. Efficient
TEL: 784 457-3539
Email: info@bequiaexpress.com





PLEASE JOIN US FOR OUR

MOTHER'S DAY *Buffet Lunch*

MAY 10 | 12PM - 4PM

CALL FOR RESERVATIONS: 784-456-9788
EMAIL: INFO@HOTELALEXANDRINA.COM





MOTHER'S DAY *Buffet Lunch* MENU

SOUP
SPLIT PEAS SOUP WITH ROLLS

SALAD
GREEK SALAD

MEATS (CHOICE OF 2)
GLAZED PORK CHOP
MILD JERK CHICKEN
ISLAND BAKED FISH IN LEMON GARLIC BUTTER

SIDES
HERB RICE
ROASTED MIX VEGETABLES
STEW PIGEON PEAS
SPINACH AND CREAM CHEESE LASAGNA ROLL

DESSERT
SWEET POTATO PUDDING WITH ICE-CREAM

ADULTS \$95 | KIDS 10 & UNDER \$45
COMPLIMENTARY GLASS OF WINE INCLUDED

CALL 784-456-9788 TO RESERVE





Mother's Day MENU

- Honey Garlic Roasted Chicken
- Grilled Fish W/ Creamy Dill Sauce
- Sweet & Sour Pork
- Stir Fried Vegetable Noodles
- Scalloped Potatoes
- Red Bean Stew
- Herb Rice
- Garden Salad
- Corn Pie

Frosted Chocolate Brownies
Baileys Bread Pudding



COCONUT GROVE — BEACH CLUB —

Mother's Day Buffet

SUNDAY, MAY 10TH, 2026
• 11:00 AM – 3:00 PM •

Celebrate Mom in style by the sea!

Indulge in a delicious buffet experience while enjoying:

-  LIVE ENTERTAINMENT
-  EXCITING LUCKY DRAWS
-  A WARM & BEAUTIFUL ATMOSPHERE

\$150.00
PER PERSON
+10% SERVICE CHARGE

♥ RESERVATIONS REQUIRED ♥



Friday
08
MAY

Moonshine

Taurus Forever

King Louis & Friends Birthday Celebration

MUSIC BY

DJ SHADY & ZJ POWERZ

DJ BLAZE | CHRIS JOHN

MOONSHINE VILLA | START 9PM | HEINEKEN SPECIALS | GIVEAWAYS

ALL TAURUS FREE WITH I.D.

\$20



THE QUEEN'S AFFAIR

MOMS, MIMOSA'S & MEMORIES

MAY 10TH, 2026

FLAVOR SAVOY

QUEENS CATERING FOOD MENU

CHARCUTERIE CORNER

- ASSORTED FRUITS
- ASSORTED NUTS
- CRACKERS
- CHEESES
- SNACKS

STARTER / SOUP STATION

- CREAM OF PUMPKIN SOUP
- CALLALOO SOUP WITH BEEF
- CREAMY CORN & PIGTAIL SOUP

BRUNCH BITES

- SHRIMP SKEWERS
- WAFFLES
- WINGS (NAKED, BBQ, SWEET CHILI)
- HAM QUICHE
- VEGETABLE SPRING ROLLS
- YOGURT PARFAIT
- BOW TIE MEATBALLS
- FISH CAKES
- CUCUMBER & CREAM CHEESE SANDWICHES

DESSERTS

- MINI CHEESECAKE BITES
- CHUNKY FRUIT CAKE



\$120
+ 10% Service Charge



Mother's Day LUNCH

Sunday 10th May | 11am - 3pm

AWAKEN

Roasted Pumpkin & Coconut Soup w Freshly Baked Herb & Garlic Breadsticks

EXPLORE

Lettuce, Cous Cous, Garbanzo Beans, Feta Cheese topped w Microgreens & Citrus House Made Dressing

Cold Poached Shrimp Cocktail Shots | Smoked Salmon w Dill Cream

SAVOUR

Pan Seared Catch of the Day w Pineapple Salsa
Local Herb Roasted Chicken Breast
Roasted Vegetable Alfredo Pasta Gratin

CARVERY

Rum Glazed Ham w Mango Chutney

SIDES

Garlic Buttered Market Vegetables
Signature Roasted Plantain w Galliano Liquor
Rice & Pigeon Peas
Spiced Candied Sweet Potatoes

INDULGE

Banana Bottom Cheesecake w House Made Caramel Sauce
Velvety Chocolate Cake
Sorbet w Fresh Fruit Topping
Tea, Coffee, Local Juice (Complimentary)

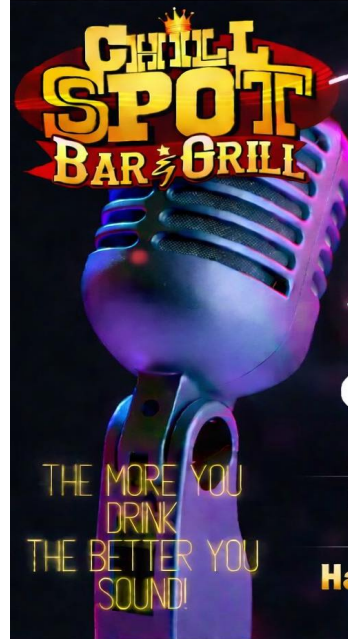
Reservations Required

Happy Mother's Day

SPONSORED STATIONS



1784 458 4411 | 1784 493 9722 | Sunshores_svg



THE MORE YOU
DRINK
THE BETTER YOU
SOUND!

Tuesday
nights
Karaoke

COME AND ENJOY

Time :
8:00 PM until closing

Buy One Burger or One Pizza,
Get the Second Half Price!

Hairoun 4 for \$10 Beers

Music by: Desmond



LOBSTER SEASON IS HERE!

BRING YOUR LOBSTER-LOVING APPETITE!



784-431-2837 OR 784-532-8808 • GM@COCONUTGROVESVG.COM

Moonshine

MOONLIT SATURDAYS

EVERY SATURDAY

MOONSHINE, VILLA | 9PM - UNTIL

EXPERIENCE LIVE DJS & FREE ENTRY ALL NIGHT LONG



Monday - Tuesday LUNCH DEAL!

10" Pizza With Two Toppings EC \$20

12pm - 3pm



Myahs Hotel

www.myahshotel.com

Catering Now Available



Bring the flavors you love to your next event delicious food, unforgettable experience!

Villa Flat - Near College Gap

Call 784-527-2554

PRESTIGE
COCKTAIL BAR & LOUNGE

MOTHER'S DAY Dinner

CELEBRATE MOM IN STYLE WITH AN EVENING OF ELEGANCE, GREAT FOOD, AND AMAZING VIBES.

SUNDAY 10TH MAY | **5:00 PM** | **PRESTIGE FOUNTAIN STRETCH**

Music by **DJ SWAZZO**

PER PERSON	PER COUPLE
\$125 EC	\$200 EC

ALL MEALS COME WITH A GLASS OF MIMOSA

MENU

STARTER	MAIN COURSE (CHOOSE ONE)	DESSERT	Special GIVEAWAYS
CALLALOO SOUP	<ol style="list-style-type: none"> CHICKEN ALFREDO ESCOVITCH FISH WITH MASHED POTATOES & PLANTAINS SKIRT STEAK (WHITE WINE & BASIL SAUCE) WITH GARLIC POTATOES & COLE SLAW 	RED VELVET CAKE & ICE CREAM	<ul style="list-style-type: none"> BEST DRESSED MOST CHARMING

LAVUE
BOUTIQUE HOTEL & BEACH CLUB
presents

Queen's BRUNCH BUFFET

TIME: 11 AM - 3 PM | **BUFFET \$100** per person tax inclusive

10 MAY, 2026

OUTDOOR COURTYARD & INDOOR EXPERIENCE
REFRESHING DRINKS & SPECIAL COCKTAILS
LIVE DJ ENTERTAINMENT & MORE

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A RESERVATION ONLY EVENT

QUEEN'S BRUNCH DAY

SUNDAY 10TH MAY
2PM-10PM

TICKET PRICE: \$70

KENDALL BARBOUR SHOP
SUMMER ROSE
CORA 531-1873

FOR TICKETS CALL OR VISIT
KENDALL BARBOUR SHOP

SUNDAY MAY 10 2026

Buccaneers Bar & Grill Invites You To Our

MOTHER'S DAY Buffet

A Royal Treat For Her

BUFFET OPTIONS

APPETIZERS <ul style="list-style-type: none"> Broccoli Cheddar Soup Corn Soup MEATS <ul style="list-style-type: none"> Grilled Chicken in Creamy Mushroom Sauce Cajun Butter Shrimp Peruvian Catch of the Day Honey & Herb Butter Pork Chop SIDES <ul style="list-style-type: none"> Mash Potato Gratin House Comfort Pie Quinoa Delight Cream Cassava 	VEGGIES <ul style="list-style-type: none"> Caesar's Salad Cucumber Salad Sautéed Vegetables Cinnamon Plantains DESSERTS <ul style="list-style-type: none"> Brownie a La Mode Cheesecake with Lemon Sauce & Strawberry Compote Ice Cream
---	--

\$140 PER PERSON

CUSTOMERS GET A CHOICE OF 2 MEATS!
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10% Service Charge To Be Added At The End Of Each Bill.


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Friday Night BBQ @ Paradise Beach Hotel

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even better food.




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Vincy Cocktail Stories

CALLING ALL MIXOLOGISTS AND CREATIVES!



The French Verandah proudly presents the “Vincy CockTales” Competition, where local flavor meets storytelling in a true celebration of Vincentian culture.

WIN UP TO
\$1,000 CASH

Winning recipes featured in a keepsake booklet.

Finalists will showcase their creations during the St Vincent and The Grenadines Hotel & Tourism Association **Restaurant Week June 21–27**

For Guidelines Email FrenchVerandah@MarinersHotel.com

FRENCH VERANDAH
A TASTE OF ST VINCENT & THE GRENADINES

TACO THURSDAYS



Coconut Grove
BEACH CLUB

Contact us at 1784-431-2837, Follow Us On Social Media @coconutgrovesg



FRIDAY NIGHT CEVICHE



driftwood
eat drink drift.

TURN UP YOUR WEEKEND AT BUFFET MENU



SOUP

- Goat Boilup

MAIN EVENT (ENTREES)

- Peri Peri Baked Chicken
- Garlic Chilli Beef
- Oven Roast Pork
- Fish Made Fresh to Order

LOADED SIDES

- Stir Fry Spaghetti
- Herb Rice
- Shepherd's Pie
- Chickpeas Salad
- Vegetable Medley
- Madungo
- House Salad

\$45 ALL INCLUSIVE BUFFET
\$25 - 1 Entree & 3 Sides

📍 1-784-494-1822
Upstairs Computec

GOOD FOOD • STRONG DRINKS • REAL VIBES.
COME FOR THE BUFFET, STAY FOR THE PARTY!



Happy Mother's Day

Appetizers & Starters (Choose 1)

- Creamy Callaloo Soup
- Spiced Pumpkin Soup
- Steamed vegetable dumplings

Mains: (Choose 1)

- Cajun Chicken
- Lemon-Herb Grilled Fish
- Mediterranean Seafood skewers
- Island Herb Pork Chops

Sides:

- Stuffed baked potatoes
- Carrot Rice
- Steamed Vegetables
- Fried Plantains
- Garden Salad


Desserts:

- Assorted mini desserts
- Interactive Dessert Bar

LUNCH
SUNDAY 10 MAY, 2026
FROM 12PM TO 4PM

BASIL AT VILLA | 1-784-456-2602
WWW.BASILATVILLA.COM/EVENTS

COASTAL ADRENALINE ATV GROUP BOOKING AVAILABLE DAILY



GROUP BOOKINGS AVAILABLE DAILY
AT COASTAL ADRENALINE

ASK ABOUT OUR GROUP SPECIAL
784-532-6370



HAPPY Hour

TUESDAYS & FRIDAYS
5PM - 7PM



CHILL SPOT BAR & GRILL
INDULGES YOU
Mother's Day Buffet

Menu

MEATS	SALADS & SIDES	STARTERS
Creamy Garlic Butter Shrimp/Conch	Old Fashioned Coleslaw	Corn Bread Sticks
Cajun Fried Fish	New Orleans-Style Vegetarian Red Beans & Rice	Cream of Spinach Soup
Curry Mutton	Fried Rice	Crab Meat Chowder
Mama's Baked Ham	Botanic Garden Salad	
Vegetable & Cheese Stuffed Chicken	Sweet Potato Salad	
Sticky BBQ Ribs	Ginger-Roasted Vegetables	
Single Meat Options Available*	Corn Elote	
	Baked Mac & Cheese	

DESSERTS

- Mini Cheesecake
- Coconut Tart
- Strawberry Cupcakes

\$80 Adults
\$40 Kids (6-12)

For Reservations
 Call 1 (784) 457-7768 OR
 Whatsapp 1 (784) 593-1053

VIGIE HIGHWAY
 Arnos Vale

BEQUIA PLANTATION HOTEL



Mother's Day Spa Packages
 April 28 - May 10

Mother's Glow - USD\$110.00/\$295.00XCD 30 mins Mini Facial 40 mins Holistic Foot Care 45 mins Body Scrub	She's Royal - USD\$75.00/\$195.00XCD 30 mins Swedish Back Massage 60 mins Luxury Pedicure
Mom's Quick Escape - USD\$55.00/\$140.00XCD 55 mins Manicure 20 mins Paraffin Wax	

Book Your Mother's Day Package Today!

Reservations: 1(784)534-8677 info@bequiaplantationhotel.com



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2026 ATLANTIC HURRICANE SEASON NAMES

Arthur	Hanna	Omar
Bertha	Isaias	Paulette
Cristobal	Josephine	Rene
Dolly	Kyle	Sally
Edouard	Leah	Teddy
Fay	Marco	Vicky
Gonzalo	Nana	Wilfred

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SERVED WITH SALAD**
CHICKEN, FISH, VEGETABLES

BUILD YOUR SALAD
Lettuce, Tomatoes, Cucumbers, Carrots, Cabbage, Onions, Sweet Peppers, Avacado, Chick Peas

4 Veggies + 1 CHOICE OF MEAT - FISH/CHICKEN

CHEF'S DAILY SPECIAL
Local Ground Provision Bowl
Steamed Plantains, Steamed Provision, GH Salad, Coconut Dumplings
Choice of Codfish/ Grilled Chicken / Fish

BEVERAGES
Ginger Lime Fuzz
Fruit Smoothies (Seasonal Fruits)
Plumrose/ Waxapple Watermelon Spritz (SEASONAL)

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Wellness Wednesday
EVERY WEDNESDAY

Day Pass:
\$110usd/couple
10am - 6pm

You get a room, access to pool and kayaks
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Bequia Plantation Hotel

SEAFOOD NIGHT

MAY 9TH 2026
DINNER- 6PM-9PM

USD50 Per
Person

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THE LOFT
RESTAURANT & BAR
MOTHER'S DAY CELEBRATION

Mother's Day At The Loft

SUNDAY
MAY
10TH, 2026

LUNCH PRICE:
\$150 EC
per person
Plus 10%
service charge

Three-course meal
+ dessert &
complimentary
Mimosa or Wine
Time: 11am-3pm

Lucky MOTHER
gets to win a
TWO DAYS
Weekend Stay at
Blue Lagoon Hotel
for two.

Booking
Required
Grand Pr
Entry

Live DJ & Entertainment

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360
Sports Bar

MOTHER'S DAY
LUNCH FOR HER

MENU

PASTA

ADD: CHICKEN +10 | FISH +12 | SHRIMP +15

876 RASTA PASTA 27.00
Jerk Seasoning | Onions | Sweet Peppers | Parmesan Cheese

360 ALFREDO 35.00
Served plain or with your any of the following:
Onions | Sweet Peppers | Mushrooms | Carrots | Parmesan Cheese

876 OXTAIL RASTA PASTA 45.00

PESTO PENNE 37.00
Bacon | Onions | Mushrooms | Sweet Peppers |
Creamy Pesto Sauce | Parmesan Cheese

MAINS

BAKED PORK CHOP 60.00
W/ your choice of Honey Mustard Glaze or Creamy Mushroom Sauce
Grilled Parmesan Potatoes | Sauteed Seasonal Vegetables | Corn on The Cob |
360 Garden Salad

SHISH KABOB PLATTER Chicken: 45.00 | Fish: 55.00 | Shrimp: 65.00
3 x Kabobs | Flame Grilled Potatoes |
Seasonal Vegetables | Corn on The Cob

OISTINS FINEST 55.00
Fresh caught Grilled Fish | Grilled Potatoes | Seasonal Vegetables |
Corn on The Cob | 360 Garden Salad

SWEET TOOTH

ICE CREAM 10.00
CHEESECAKE 15.00

Because she deserves the best. 
A 10% service charge will be added to each bill.

PALKI
RESTAURANT
Good Food • Good Cheer • Good Times

Celebrate with us!

Mother's Day Brunch

Sunday, May 10th, 2026 | 10 AM-2 PM

Special Buffet | Live Music
Complimentary Drink for Moms

Reserve Your Table:

784-527-2554

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Kingstown, St. Vincent



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HAPPY HOUR

Friday & Saturday

4:30pm-6:30pm

Mini Burger	\$15.00
Buffalo Wings	\$15.00
BBQ Riblets	\$20.00
Fish Nuggets	\$15.00
Fries	\$10.00
Onion Rings	\$12.00
2 Point Punch	\$15.00
3 Rum & Coke	\$20.00
5 Beers	\$20.00

Prices quoted in EC\$ (xcd) Plus 10% service charge

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Hamilton, en route to Fort Hamilton
call/whatsapp 784-494-6578



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Rates:

Single Guest: EC \$265.00
Two Adults: EC \$370.00

Day Pass Includes

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- One Meal & One Non-Alcoholic Beverage at Islander Restaurant
- Access to the Pool throughout stay
- Private Photo Session (15 minutes) with 5 Digital Photos
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FOR MORE INFORMATION

Call: 1(784) 451-3600

reservation@myahshotel.com





BEQUIA FAST FERRIES LTD

Schedule

MONDAY to SATURDAY

From Bequia	From Kingstown
6:30 AM	7:45 AM
8:45 AM	10:00 AM
12:00 PM	3:00 PM
4:15 PM	5:15 PM

SUNDAYS & PUBLIC HOLIDAYS

From Bequia	From Kingstown
7:00 AM	8:15 AM
4:15 PM	5:15 PM

Fares

Passengers - Locals

Age Group	One Way	Return
Adults	\$25	\$50
Teenagers (13-17)	\$20	\$40
Children (5-12)	\$15	\$30

Vehicles

Standard Size	One Way	Return
Vehicle Only	\$65	\$120
Vehicle and Driver	\$85	\$155

Passengers - Standard

Age Group	One Way	Return
Adults	\$30	\$60
Teenagers (13-17)	\$25	\$50
Children (5-12)	\$20	\$40

Faster • Luxurious • Stable

(784) 493-3278
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JADEN SUN FAST FERRY

Regular Schedule 2026

Route 1: Southbound (Kingstown → Union Island) Departures

Day	Kingstown	Bequia	Canouan	Mayreau	Union Island
Sunday	3:30PM	4:00PM	5:15PM	5:45PM	(End of Route)
Monday	3:30PM	4:00PM	5:15PM	5:45PM	(End of Route)
Wednesday	No Sailing	No Sailing	No Sailing	No Sailing	—
Friday	9:00AM	9:30AM	11:00AM	11:30AM	(End of Route)

Route 2: Northbound (Union Island → Kingstown) Departures

Day	Union Island	Mayreau	Canouan	Bequia	Kingstown
Sunday	No Sailing	No Sailing	No Sailing	No Sailing	—
Monday	6:30AM	6:45AM	7:15AM	8:30AM	(End of Route)
Wednesday	6:30AM	6:45AM	7:15AM	—	(End of Route)
Friday	3:30PM	3:45PM	4:15PM	5:30PM	(End of Route)

No Operation: There will be NO sailings on Tuesdays, Thursdays or Saturdays.
Boarding: You must be at the dock and ready to board at 15 Minutes prior to departure.
Bank Holiday: If a holiday falls on a Monday, the Sunday afternoon ferry is Canceled. Instead, the ferry will depart Kingstown at 3:30 PM on Monday.
Sailing Times
 Kingstown/Bequia: 30 minutes
 Bequia/Canouan: 60 Minutes
 Canouan/Mayreau: 20 Minutes
 Mayreau/Union Island: 10 Minutes

Contact Information

- Office Phone: (784) 451-2182
- Ferry: (784) 498-1551
- Cell: (784) 498-7114
- Facebook: Jaden Sun Fast Ferry
- Instagram: jadeninc02@gmail.com
- Website: www.jadensunferry.com




MV GEM STAR 2

Southern Grenadines Ferry

SCHEDULE

TUESDAYS & FRIDAYS - 11:00AM
Kingstown → Canouan → Mayreau → Union Island

WEDNESDAYS & SATURDAYS - 7:00AM
Union Island → Mayreau → Canouan → Kingstown

ONE WAY FARES ↔ KINGSTOWN
 CANOUAN: \$60 | MAYREAU: \$70 | UNION ISLAND: \$80
All fares are quoted in Eastern Caribbean dollars.



SHIP: 784 526 1158 | OFFICE: 784 457 4157
gemstarshipping@gmail.com Find us on  



MV GEM STAR 2

Southern Grenadines Ferry

SCHEDULE UPDATE

FRIDAY MAY 8 - NO SERVICE

SATURDAY MAY 9 - NO SERVICE



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OLE SCHOOL Fridays

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NEAR COLLEGE GAP**

Reservations: 784-527-2554

5PM - 7PM
WEDNESDAY TO FRIDAY
AT COCONUT GROVE

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XCD 270
Per Child Per Week
Week 1: 20th - 24th
July
Week 2: 27th - 31st
July

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THIRSTY

Thursdays



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FAIR PLAY RULES APPLY | 1 GAME PER TURN | WINNER STAYS

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Kingstown, St. Vincent

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POOL PACKAGE 1

XCD \$40.00

-ACCESS TO POOL-

POOL PACKAGE 2

XCD \$60.00

- ACCESS TO POOL-
- 1 LIGHT MEAL-
- 1 HAIROUN SOFT DRINK-

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Couples DAY PASS

Lunch
Bottle Of Champagne
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Beautiful Room

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Lunch
Glass Of Champagne
(non-alcoholic)
Beautiful Room

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Welcome drinks,
Complimentary
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XCD \$150 per person

- *Pool Access
- *2 glasses of Rum or Fruit punch
- *1 Meal

USD \$150 per person

- *Inclusive of A Room
- *Pool Access
- *2 glasses of Rum or Fruit punch
- *1 Meal

Call to inquire about children rates & Availability

La Vue Terms & conditions applied

Call Us to book
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Moonshine

STOP BY EVERY MONDAY FOR

PLENTY FOR 20 MONDAYS

20 WINGS FOR \$20 | DINE IN ONLY OFFER



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BLUE LAGOON

ADULTS: \$35 EC
UNDER 12: \$17.50 EC
10AM-5PM

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Terms & conditions apply

Grenadine House
Kingstown, St. Vincent

DAY PASS

US \$85.00
Per Person

ROOM ADD-ON +\$35.00

DAY PASS PACKAGE INCLUDES:

- ✓ 1 WELCOME RUM/FRUIT PUNCH
- ✓ 1 TWO COURSE MEAL
- ✓ 1 LOCAL BEVERAGE
- ✓ 1 GLASS HOUSE RED/WHITE WINE
- ✓ ACCESS TO POOL
- ✓ ACCESS TO GYM

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Kingstown, St. Vincent

Pasta Thursday

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MAY 9th
7PM

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DJ Q AND DJ SYNPA

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Moonshine

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DRINK. PLAY. VIBE.

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SLR Specials
SELECT COCKTAILS

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(rules apply)

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May 13th | Dinner 6-9PM

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USD60 per person

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STREET KINGS
— AUTO SHOW —

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(JIGGY FRIDAYS SPOT)
RICHLAND PARK

MUST BUY 3 VILLAGE RAM TO ENTER!

BRING OUT YOUR **LOUDEST** SPEAKERS
AND MAY THE **BADDEST** SOUND BOY WIN!

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- Indian Bay Beach Facility

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- Wallilabou Heritage and Recreation Park
- Black Point Heritage and Recreation Park
- Layou Heritage Park
- Villa Beach Facility
- Mt Wynne Public Beach

Recreation & Site Seeing

- Rawacou Recreation Park
- Belmont Lookout
- Owia Salt Pond
- Cumberland Beach Recreation Park
- Brighton Salt Pond
- Fort Duvernette

SITES CLOSED TO THE PUBLIC

- Fort Charlotte
- Falls of Baleine
- La Soufriere from the Leeward side

BEQUIA - PLACES TO VISIT

- Maritime Museum
- Site of Hamilton
- Sea Salt Museum
- Spring Plantation

JUNGL
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WHERE THE JUNGLE COMES ALIVE WITH FLAVOR

TUESDAY HAPPY HOUR
3PM – 7PM
EVERY TUESDAY
2 FOR 1 COCKTAIL SPECIALS

JUNGL LOUNGE Call: 784-527-2554
Villa Flat, Near College Gap

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TACO TUESDAY
12PM - 11PM

\$30

- Crispy Fried Shrimp Tacos topped w pico di gallo & pickled sweet onion
- Grilled Chicken Tacos topped w pico di gallo & pickled sweet onion
- Sweet Chilli Fish Tacos topped w pico di gallo & pickled sweet onion
- Hawaiian Steak Tacos topped w pico di gallo & pickled sweet onion
- Short Rib topped w pico di gallo & pickled sweet onion

TowerBarSVG Sunset Vibes

Sip, savor, and soak in the island sunset

Open Daily 9am - 2am

Arnos Vale, St. Vincent



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• LOUNGE •**
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Live **BAND**

SUNDAY, MAY 31ST 2026
STARTING AT 6PM

ENHARMONICS
BAND
Featuring Krystian Mark

ENJOY AN EVENING OF GREAT FOOD AND GOOD VIBES

FREE ADMISSION

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Cruise Ship Terminal, Room #8



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Ins & Outs of SVG: www.insandoutsofsvg.com/

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