

SEPTEMBER

Fri 19th

Ada Restaurant, Beachcombers Hotel: Happy Hour, 5pm - 7:30pm Live Music
 The Tower Bar, Rooftop Joshua Center: Colors, Roast & Lime
 French Verandah, Villa: Happy Hours 5pm-7 pm
 Paradise Beach Hotel: Grillin with the Captain, from 7:30 pm
 Myah's Hotel: Happy Hours All Day
 Sunset Shores Hotel: Happy hour 4pm -7 pm
 Grenadine House: Happy Hour 3pm until
 Driftwood Restaurant and Lounge, Ratho Mill - Friday Night Ceviche!, 6pm
 Zero Tolerance, Sandy Bay: CLO Birthday Bash



Tel: 534-2593
 Tel: 453 -1111
 Tel: 457- 4795
 Tel: 451-3600
 Tel: 458 - 4411
 Tel: 458 -1800
 Tel: 456-8999

Sat 20th

District Night Club & Lounge, Calder Gap: Barbies Night Out, 10pm Until
 Uncle Bobb Big B'Day Bash: 3 Rivers, South Rivers, 9 pm, Food starts from 2 pm
 Wafulasun Sports Bar, Cumberland: X-Tra Rated, 10pm
 Grenadine House: Happy Hour 3pm
 Myah's Hotel: Happy Hours All Day and Saturday Cravings, 12:00 noon
 Sunset Shores Hotel: Happy Hour 4pm-6 pm, BBQ 7pm
 Ada Restaurant, Beachcombers Hotel: Happy Hour, 5pm -7:30pm, BBQ 5:30pm - 9:30 pm Live Music
 Hotel Alexandrina: Kulture Bar & Grill, Prospect 3pm

Tel: 570-9694
 Tel: 458 -1800
 Tel: 451-3600
 Tel: 458 - 4411
 Tel: 534-2593
 Tel: 456-9788

Sun 21st

Wafulasun Sports Bar, Cumberland, Karaoke Night, 7:00pm, Happy Hour, 7pm - 9pm
 Myah's Hotel: Lunch 12:00 noon
 Grenadine House: Buffet 11:00 am, Happy Hours 3 pm until
 La Vue Boutique Hotel & Beach Club: Sunday Brunch 11am - 3pm, Karaoke 7pm - 10pm
 Café Soleil, Blue Lagoon Marina, BBQ 11am — 5 pm, live music from 7 pm with BAM

Tel: 570-9694
 Tel: 451-3600
 Tel: 458 - 1800
 Tel: 532-8883
 Tel: 456 - 8550

Mon 22nd

Myah's Hotel: Lunch Deal 12:00 noon—3:00 pm
 Tree House & Grill: Karaoke Night Party, 8pm until
 The Loft Restaurant & Bar, Blue Lagoon Hotel and Marina
 Hotel Alexandrina: Kulture Bar & Grill, Prospect 3 pm

Tel: 451-3600
 Tel: 456-6808
 Tel: 458-4308
 Tel: 456-9788

Tues 23rd

French Verandah, Villa: Happy Hours 5pm-7 pm
 Tree House & Grill: Burger & Beer Tuesdays, Game Night, 7pm
 Grenadine House Restaurant: Taco Tuesday 11 am - 6 pm
 La Vue Boutique Hotel & Beach Club: Taco Tuesday, 12 noon - 10pm
 Myah's Hotel: Lunch Deal 12:00 noon—3:00 pm
 Moonshine Restaurant, Villa: Topsy Tuesday

Tel: 453 -1111
 Tel: 456-6808
 Tel: 458 -1800
 Tel: 532-8883
 Tel: 451-3600
 Tel: 433-1528

Wed 24th

Myah's Hotel: Pizza your Way from 12 noon
 Coconut Grove Beach Club, Ratho Mill: Happy Hour 5pm - 7pm
 Grenadine House: Wellness Wednesday
 Signature Restaurant, Arnos Vale: Lobster Night
 Chill'n Brewery, Egmont Street, Kingstown
 Palki Restaurant, Villa: Karaoke Night, 7pm

Tel: 451-3600
 Tel: 431-2837
 Tel: 458 - 1800
 Tel: 456-6518
 Tel: 491-4455
 Tel: 527-2554

Thurs 25th

Myah's Hotel: Karaoke Thursday, 7pm - 10pm
 Tree House & Grill: Taco Thursday
 Grenadine House Restaurant: Pasta Thursday
 Coconut Grove Beach Club, Ratho Mill: Happy Hour 5pm - 7pm

Tel: 451-3600
 Tel: 456-6808
 Tel: 458 -1800
 Tel: 431-2837

Friday 19th September

Coconut Grove Beach Club, Ratho Mill: Happy Hour 5pm - 7pm
Chillspot Bar & Grill Vigie Highway, Arnos Vale

Tel: 431-2837
Tel: 457-7768

Saturday 20th September

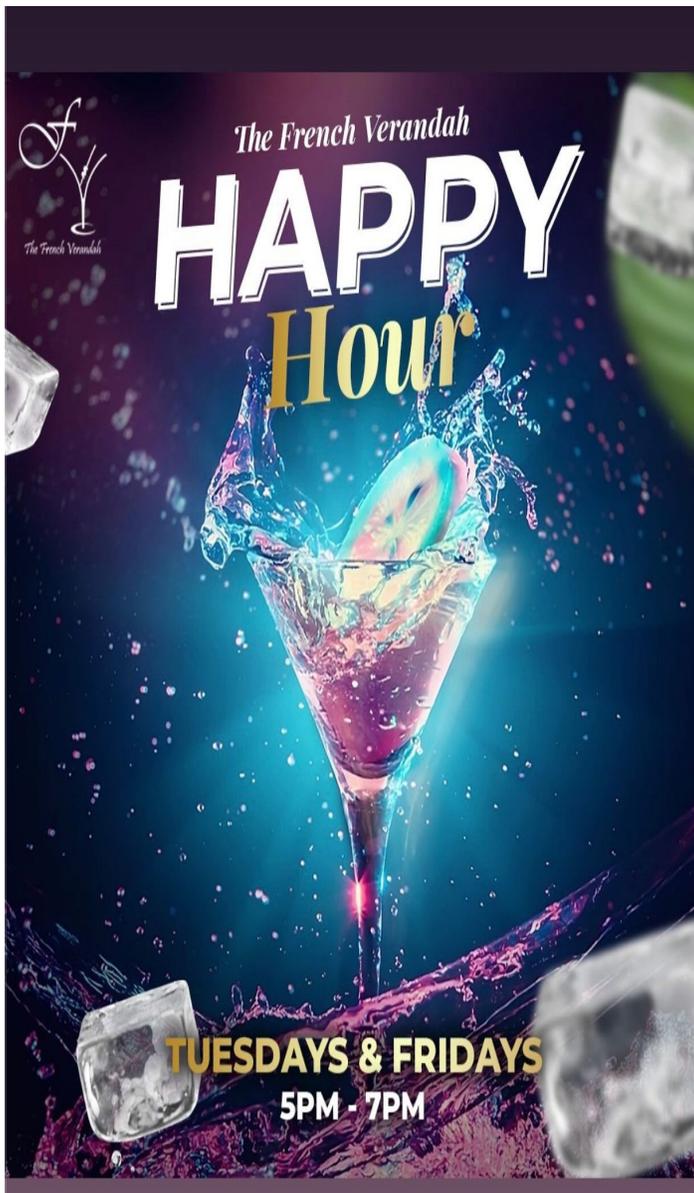
Farmhers Market, Calliaqua Playing Field, 9am - 3pm
La Vue Boutique Hotel & Beach Club: Games Night, 5:30pm - 10pm
Chill Spot Bar & Grill, Vigie Highway, Arnos Vale
French Verandah, Villa

Tel: 532-8883
Tel: 457-7768
Tel: 453 -1111

Sunday 21st September

SEDI Football Finals 2025, Stubbs Playing Field, 3:30 pm
The Tower Bar, Rooftop Joshua Center: Colors, Roast & Lime
Chillspot Bar & Grill, Vigie Highway, Arnos Vale
The Loft Restaurant & Bar, Blue Lagoon Hotel and Marina
Coconut Grove Beach Club, Ratho Mill

Tel: 457-7768
Tel: 458-4308
Tel: 431-2837



SEP 25
7PM - 10PM

MH HOTEL

KARAOKE
Thursday

HOSTED BY:
SUPA DOG PITBULL

Myah's Hotel: Islander Bar & Grill

PRICES IN XCD

Food Specials: 6 Wings \$20 | Pizza Slices \$10

Drinks Specials: 2-4-1 Cocktails | Beer & Rum Special

FREE ENTRY // FREE PARKING // PRIZES TO BE WON

+1 784 451-3600

Visit our website myahshotel.com

BLUE LAGOON
HOTEL & MARINA

US \$110
/ COUPLE

BOOK YOUR DAY
PASS TODAY
Terms & conditions apply

YOUR PERFECT DAYCATION STARTS HERE.

DAY PASS

Grenadine House
Kingstown, St. Vincent

EVERY TUESDAY

TACOS

TACOS

Tuesday

**BEEF
CHICKEN
FISH
VEGETABLE**

-SERVED WITH FRIES / SALAD | 1 REFRESHING GLASS OF GH LEMONADE-

+1 784 458-1800 | +1 784 593-0996 | STAY@GRENADINEHOUSE.COM

MH HOTEL

MYAHS HOTEL

DAY PASS

Experience

Rates:
Single Guest: EC \$265.00
Two Adults: EC \$370.00

Day Pass Includes

- 20-minute Neck & Shoulder Massage at the Spa (Adults only)
- One Meal & One Non-Alcoholic Beverage at Islander Restaurant
- Access to the Pool throughout stay
- Private Photo Session (15 minutes) with 5 Digital Photos
- Private Room Access from 10:00 AM to 5:00 PM

FOR MORE INFORMATION
Call: **1(784) 451-3600**
reservation@myahshotel.com

Grenadine House
Kingstown, St. Vincent

Sunday Buffet

Sunday, September 21st 2025 | 11:30am

XCD\$60
PER PERSON
+ 10% SERVICE CHARGE

Callaloo Soup

Sweet & Sour Chicken
Coconut Breaded Fish

Garlic Butter Vegetables
Stir Fried Spaghetti
Mashed Potatoes

Chocolate Mousse Cake

RESERVATIONS
+ 1 784 458-1800 | + 1 784 593-0996
stay@grenadinehouse.com

TRAVEL promo

Take advantage of our exclusive Autumn Sale on hotel rooms, offering discounted rates for a cozy or adventurous fall getaway. Enjoy luxurious accommodations with plush bedding and delightful dining options while saving on your room rate. This limited-time offer lets you experience the crisp air and vibrant foliage of the season in comfort and style. Whether you seek relaxation or exploration, our sale makes booking easy. Don't miss out! Book now to make your fall escape unforgettable.

Rooms

Rates:
Inclusive of all taxes and service charge

Deluxe Rooms: **USD \$159.10**
Deluxe w/ Kitchenette: **USD \$171.20**

Enjoy:

- ✓ Swimming Pool
- ✓ Restaurants & Café
- ✓ Free Parking
- ✓ Free Kayaking
- ✓ Free Wi-Fi
- ✓ Welcome Drinks

PROMO CODE: BLHMAUT-25
Valid: 15th Sep - 15th Oct 2025
Terms & conditions apply

Pool

Restaurant

www.bluelagoonsvg.com +784 458-4308 Rotho Mill, St. Vincent

THE TOWER BAR
ROOFTOP JOSHUA CENTER

WE NOW HAVE HOTDOGS

ONLY \$10

Special Sauce
Mustard
Ketchup

Hot Sauce
Relish
Mayo

also available
Bickles Beef Patties
1 FOR \$10

**GREAT TASTE
GREAT VALUE**

#TowerBites

FRIDAY NIGHT CEVICHE

driftwood
eat drink drift

MH HOTEL
MYAH'S HOTEL

SUNDAY Lunch

SEPTEMBER 21ST 2025

ADULTS \$55^{XCD}
KIDS \$25^{XCD} (4-10YRS)

MENU

STEWED BEEF
CREOLE SALTFISH
CURRY CHICKEN

BAKED COCONUT BREAD (DOUGH BOY)
STEAMED VEGETABLES
CALYPSO RICE
STEWED LENTIL PEAS

VAT and SVC Inclusive.

+1 784 451-3600
Visit our website myahshotel.com

WAFULASUN SPORTS BAR

HAPPY HOUR

Only: **\$5 /shot**

Campari | Malibu | Fireball
Smirnoff | Sunset | Tequila Rose

Sundays
At 07:00 - 09:00 PM

WAFULASUN SPORTS BAR, CUMBERLAND
CONTACT: (784) 5709691 WHATSAPP: (784) 532514

September 20^{Sat} 2025

DISTRICT NIGHTCLUB & LOUNGE
CALDER GAP

#VIRGOSRULE 10PM UNTIL

ZJ Powerz & District Night Club Present

Barbies Night Out

RICH LIFESTYLE EDITION

YOU CAN PARTY FOR ONLY **\$19.99** BEFORE MIDNIGHT!

FREE JELLO SHOTS ON ENTRY

BIRTHDAY PACKAGES AND TABLES AVAILABLE CONTACT 1 (784) 433-1748
1 (784) 498-5500

Tree Bar & Grill

BURGER & BEER
TUESDAY'S

BUY A BURGER & FRIES AND GET A FREE BEER

ORDER NOW!!!

 Grenadine House
Kingstown, St. Vincent

Happy HOUR

EVERY FRIDAY - 3PM- UNTIL



CONTACT US

+1 784 458-1800 +1 784 593-0996
stay@grenadinehouse.com



Friday & Saturday

HAPPY HOUR Special

2-4-1 COCKTAILS ANY COCKTAIL
WINE SPECIAL \$8 xod



+1 784 451-3600

Visit our website
myahshotel.com

 **TreeBar** & Grill



 Grenadine House
Kingstown, St. Vincent
PRESENTS

JERK + FESTIVE

Night

26TH SEPT, 2025 6:30PM

JERK CHICKEN | JERK PORK
DRINK SPECIALS | MUSIC | GOOD VIBES

Contact Us +1 784 458-1800 Visit Our Website www.grenadinehouse.com Our Location Kingstown Park



First Aid, Cardiopulmonary Resuscitation (CPR) and Automated External Defibrillator (AED)



Module 1 - Introduction and Foundation

- Introduction and foundation
- Purpose of the course
- Course Completion
- Course Completion Requirements
- First Aid Mobile App
- Health and Safety Precautions
- Lowering the Risk of Infections
- Removing latex Free Disposable Gloves
- Preparing for an emergency
- Recognising and Gaining Confidence to Act
- Emergency Action Steps
- Placing Person in the Recovery Position
- Checking a Person who Appears Unresponsive

Module 2 – Adult CPR & AED

- Recognising Cardiac arrest
- Components of High-quality CPR
- CPR
- CPR for Adults
- Giving CPR
- Compression only CPR
- CPR Skill Practice
- Safe and effective use of an AED
- Using an AED for Adults

Module 3 Choking

- Caring for a Responsive Choking Adult
- Caring for an Unresponsive Choking Adult

Module 4 – Sudden Illnesses

- General Introduction to Sudden Illnesses
- Managing Stroke
- Asthma Attack
- Anaphylaxis
- Heart Attack
- Opioid Overdose
- Diabetic emergency
- Life-Threatening Bleeding
- Recognising Life-Threatening Bleeding
- Caring for Life-Threatening Bleeding
- Using Direct Pressure – Tourniquet
- Controlling Life-Threatening Bleeding

Module 5 - Life Threatening Bleeding

- Recognizing Life Threatening Bleeding
- Using Direct Pressure to Control Life Threatening Bleeding
- The Importance of a Tourniquet in Controlling
- Life-Threatening bleeding

Module 6 Injuries and Environmental Emergencies

Injuries and Environmental Emergencies

- Burns,
- Head / Neck / Spinal Injuries
- Heat Stroke
- Hypothermia
- Poison Exposure

This training is a collaboration of the SVG Hotel and Tourism Association and the Ministry of Tourism, Aviation, Sustainable Development & Culture

The First Aid, CPR, & AED training comprises both theoretical and practical sessions. It provides participants with the knowledge and hands-on skills to respond to emergencies.

Date: 2nd October, 2025

Time: 8:30 am – 3:00 pm

Venue: SVG Red Cross Headquarters
Ministry of Education Compound
Halifax Street, Kingstown

Participation Fee: \$200.00 per person
Inclusive of Lunch, Course Material
and a Certified Certificate which is valid
for 2 years.

SVG Hotel & Tourism Association
Cruise Ship Terminal, Unit #8, St. Vincent & the Grenadines
T: 784 458-4379 | M: 784-494-4379
E: info@svghotels.com | svghotels@gmail.com

WAFULASUN SPORTS BAR PRESENTS

KARAOKE NIGHT

Party

DOOR OPEN AT 7:00PM EVERY SUNDAY



WITH DJ KING G

WAFULASUN SPORTS BAR, CUMBERLAND
 FREE ENTRY, MUSIC & LAUGHS
 FOOD & DRINKS ON SALE
 TEL: (784) 570 9691 | WHATSAPP: (784) 532 5514
 WAFULASUN - OUR PLACE. YOUR PLACE. OUR VIBES

helen's daughters
 Sandals Foundation

FARMHERS Market



SEPTEMBER 20TH
 CALLIAQUA PLAYING FIELD
 9AM - 3PM



CASH ONLY

Our FarmHers keep 100% of their sales

OTR LOUNGE | HAIROUN

HAIROUN

OTR LOUNGE CLUB & RESTAURANT

FRI 26 SEPT



WELCOME

To Business

IN THE CLUB

OTR LOUNGE SANDY BAY

DJ ATTO | TEAM PREDOMINANT DJ KAI X KRONICS

ADM \$10 BEFORE 1AM
 \$15 AFTER

BAR WELL STOCK | HAIROUN 3 FOR \$10

Grenadine House
 Kingstown, St. Vincent

Happy HOUR



EVERY FRI-SUN
 3PM UNTIL

HAIROUN BEERS | CARIB BEERS | SHOTS SPECIALS
 COMBOS | BURGERS | TACOS | FINGER FOODS | WINGS

GRENADINE HOUSE

+1 784 458-1800 | +1 784 593-0996
 stay@grenadinehouse.com

Coconut Grove BEACH CLUB

HAPPY HOUR

Frozen Margarita

2 FOR \$25

HAPPY HOUR
WED-FRI
5-7PM

Signature RESTAURANT LOBBY - BEACH CLUB

Lobster Night

WEDNESDAY

\$75

WE ARE BACK!

Grenadine House
Kingstown, St. Vincent

Pasta Thursday

CHICKEN FISH

BEEF CARBONARA

EVERY THURSDAY

ORDER NOW: +1 784 458-1800 | +1 784 593-0996

WhatsApp Instagram Facebook

THE TOWER BAR

Rooftop Joshua Center

COLORS

Roast & Lime

EVERY FRIDAY & SATURDAY

CHICKEN	\$15
PORK	\$20

#Roast&Lime

**GH WRAPS
SERVED WITH SALAD**
CHICKEN, FISH, VEGETABLES

BUILD YOUR SALAD
Lettuce, Tomatoes, Cucumbers,
Carrots, Cabbage, Onions, Sweet
Peppers, Avacado, Chick Peas

4 Veggies + 1 CHOICE OF MEAT -
FISH/CHICKEN

CHEF'S DAILY SPECIAL

Local Ground Provision Bowl

Steamed Plantains, Steamed Provision,
GH Salad, Coconut Dumplings

Choice of Codfish / Grilled Chicken / Fish

BEVERAGES

Ginger Lime Fuzz
Fruit Smoothies (Seasonal Fruits)
Plumrose/ Waxapple Watermelon Spritz
(SEASONAL)

+ 1 784 458-1800 | + 1 784 593-0996
stay@grenadinehouse.com



Free Bar
GAME NIGHT TUESDAYS
GAME START
7PM

BINGO	15	20	1	10	19	19	GO
	25	44	40	18	63	53	10/19
	37	60	★	13	30	0	18/63
	33	5	27	48	53	3	13/30
	21	70	57	68	56	3	48/53
							8/56

STAYCATION



\$154.25 USD
PER NIGHT | 2 PERSONS
Min Nights: 2 Max Nights: 10

- COMPLIMENTARY BREAKFAST
- 15 MINUTE PRIVATE PHOTOSHOOT AND 3 DIGITAL PHOTOS
- 10% DISCOUNT ON ALL FOOD AND BEVERAGE
- ACCESS TO ALL HOTEL AMENITIES

VALID FOR STAYS:
1ST - 31ST AUG | 1ST - 30TH SEP

BOOK NOW | + 1 784 451-3600
reservation@myahshotel.com

TERMS & CONDITIONS:

RATE INCLUSIVE OF TAXES AND FEES.

COPY OF VALID ST. VINCENT AND THE GRENADINES ID WILL BE REQUIRED AT THE TIME OF BOOKING. THIS PROMOTION IS NOT COMBINABLE WITH ANY OTHER PROMOTION AND SUBJECT TO CHANGE OR DISCONTINUATION AT ANY TIME.

+ 1 784 451-3600

Visit our website
myahshotel.com

HOTEL ALEXANDRINA
Prospect St. Vincent & The Grenadines
784-456-9788

<i>Couples</i> DAY PASS	<i>Singles</i> DAY PASS
Lunch Bottle Of Champagne (non-alcoholic) Beautiful Room	Lunch Glass Of Champagne (non-alcoholic) Beautiful Room
\$112 USD	\$80 USD
BOOK NOW	

1-784-456-9788 | INFO@HOTELALEXANDRINA.COM | WWW.HOTELALEXANDRINA.COM



Islander
Bar & Grill

SATURDAY CRAVINGS

THIS SATURDAY 12PM ONWARDS

MENU

BBQ PORK \$30	BBQ CHICKEN \$25 <small>with sides</small>	Breadfruit & Saltfish \$20 <small>with premium</small>
--------------------------------	--	--

SIDES
Macaroni pie, Corn on the cob,
Tossed salad, Vegetable rice

Happy Hour Drinks Special
2-4-1 COCKTAILS | WINE SPECIAL **\$8**

FOR MORE INFORMATION Call: **1(784) 451-3600**

Myahs Hotel www.myahshotel.com



PALKI RESTAURANTS

KARAOKE

Night
WEDNESDAY | 7:00PM
Special

FOOD & DRINKS

Beer Bucket \$30.00 (6 Beers)
Amaretto Sour 2 for \$ 28.00
Chilly Fried Wings and Fries \$25.00
 Buy Any Pizza and get coke (glass) Free
 Get 10 Percent Discount On Pasta

PERSON WHO SINGS FIRST SONG GET ONE BEER FREE

BEST SINGER OF THE NIGHT GET FREE CHICKEN PIZZA

KARAOKE BY
DJ DESMOND

Call: +1 (784) 527-2554 | E-mail: palkirestaurantsvg@gmail.com



Grenadine House
Kingstown, St. Vincent

September Spa Specials

PACKAGE & PRICELIST

MOM & ME \$250.00

- Mini-Facial
- Pedicure
- Complimentary Glass of Local Juice

SOCCER MOM \$110.00

- 30 min Customized Massage with Aromatherapy Steam for Tension Relief

GAME DAY RECOVERY FOR DAD'S \$200.00

- 30 Min Deep-Tissue Massage with HotStone Add-On For the Shoulders
- Relaxing Pedicure

WEEKEND FAMILY CHILL PASS \$270.00

- MOM-Swedish Massage (Upper Body)
- KID- Mini Facial & Toe Polish
- DAD- Swedish Massage (Upper Body)

Only This month!

BOOK NOW

+1784-4930996/ 4562600
Spa@GrenadineHouse.com
[GrenadineHouseSpa](https://www.facebook.com/GrenadineHouseSpa)



NEW WEDNESDAY HOURS

2 PM - 11 PM

Coconut Grove BEACH CLUB



Point Bequia LOUNGE

Sept 2025

Lobster Season

ONLY LIVE LOBSTER POOL IN BEQUIA **CHOOSE YOUR FRESH LOBSTER FROM THE POOL**



Call us
1-784-494-6578

HAMILTON, BEQUIA
ST.VINCENT AND THE GRENADINES



BLUE LAGOON HOTEL & MARINA

POOL PASS BLUE LAGOON

ADULTS: \$35 EC
UNDER 12: \$17.50 EC
10AM-5PM

1-784-458-4308

Terms & conditions apply

LAVUE BOUTIQUE HOTEL & BEACH CLUB

POOL Day Pass

10AM-5PM

Dive into relaxation with our Pool Day Pass. Perfect for locals & guests alike!

Choose (1) one of our Day Pass Package

XCD \$150 per person

- *Pool Access
- *2 glasses of Rum or Fruit punch
- *1 Meal

USD \$150 per person

- *Inclusive of A Room
- *Pool Access
- *2 glasses of Rum or Fruit punch
- *1 Meal



Call to inquire about children rates & Availability

La Vue Terms & conditions applied



Islander Bar & Grill

Monday - Tuesday LUNCH DEAL!

10" Pizza With Two Toppings EC \$20

12pm - 3pm

Myahs Hotel www.myahshotel.com

Grenadine House
Kingstown, St. Vincent

DAY PASS

US \$85.00
Per Person

ROOM ADD-ON +\$35.00

DAY PASS PACKAGE INCLUDES:

- ✓ 1 WELCOME RUM/FRUIT PUNCH
- ✓ 1 TWO COURSE MEAL
- ✓ 1 LOCAL BEVERAGE
- ✓ 1 GLASS HOUSE RED/WHITE WINE
- ✓ ACCESS TO POOL
- ✓ ACCESS TO GYM

BOOK NOW

+1 784 458-1800 | +1 784 593-0996
stay@grenadinehouse.com



FROM EC \$490.00

Welcome drinks,
Complimentary use of Pool & Gym



Grenadine House
Kingstown, St. Vincent

POOL Packages

<p>POOL PACKAGE 1 XCD \$40.00</p> <p>-ACCESS TO POOL-</p>	<p>POOL PACKAGE 2 XCD \$60.00</p> <p>-ACCESS TO POOL- - 1 LIGHT MEAL- - 1 HAIROUN SOFT DRINK-</p>
--	--

FOR RESERVATIONS CALL/WHATSAPP
+1 784 458-1800 | +1 784 593-0996

VJ's
A TRULY TASTY OF SVG
Restaurant & Bar

X X X X **BUILD-YOUR-OWN-BREAKFAST** X X X X

EGGS
Fried, Scrambled, Boiled, Omelettes

PROTEINS
Salted codfish, Fried fish, Bacon, Sausage, Hot dogs

BREADS & PASTRIES
Toast, Fried bakes, Doughboy, Bagels

SANDWICHES
Ham, Cheese, Tuna
(Optional add-ons: lettuce, tomatoes, cucumbers)

SPREADS & SIDES
Fruits, Fried plantains, Baked beans, Jams, Cream cheese

BEVERAGES
Tea, Coffee, Juices (variety based on availability),
Blended drinks

CANNABLISS FESTIVAL
ST. VINCENT & THE GRENADINES

BEENIE MAN **SPRAGGA BENZ**

GRAND REGGAE CONCERT

SATURDAY 4TH OCTOBER, 2025
/// TIME 8PM ///

VICTORIA PARK,
KINGSTOWN, ST. VINCENT AND THE GRENADINES

EARLY BIRDS **\$60**
REGULAR **\$80**
ADVANCED **\$100**
V.I.P. **\$270**
FOOD INCLUSIVE

Logos: Regional Council of St. Vincent and the Grenadines, cannabisvg Medicinal, SUMMUZ, LAVUE, ZERO HUNGER TRUST FUND.

Moonshine

It's Tippy
TUESDAY

20% OFF ALL COCKTAILS

STARTS @ 5PM

Myahs Hotel

MH HOTEL

LOADED Fridays

Don't Miss OUT!

LOADED FRIES
\$30 XCD.00

6pc WINGS
Buffalo | Honey bbq | Sweet & Sour
\$20 XCD.00

ISLANDER BAR & GRILL
MYAH'S HOTEL 3PM - Until

FOR MORE INFORMATION Call: 1(784) 451-3600

LAVUE
BOUTIQUE HOTEL & BEACH CLUB

SUNSET RESTAURANT

TACO TUESDAY
12PM - 11PM

\$30

- Crispy Fried Shrimp Tacos topped w pico di gallo & pickled sweet onion
- Grilled Chicken Tacos topped w pico di gallo & pickled sweet onion
- Sweet Chilli Fish Tacos topped w pico di gallo & pickled sweet onion
- Hawaiian Steak Tacos topped w pico di gallo & pickled sweet onion
- Short Rib topped w pico di gallo & pickled sweet onion



DAILY SCHEDULE

PLAN YOUR WEEKENDS WITH US!

MONDAY - FRIDAY

Departs Bequia 6:30 a.m.	↔	Departs Kingstown 11:45 a.m.
2:00 p.m.	↔	4:00 p.m.

SATURDAY

Departs Bequia 6:30 a.m.	↔	Departs Kingstown 9:00 a.m.
10:15 a.m.	↔	12:30 p.m.
5:00 p.m.	↔	6:30 p.m.

SUNDAY & PUBLIC HOLIDAYS

Departs Bequia 6:30 a.m.	↔	Departs Kingstown 8:00 a.m.
5:00 p.m.	↔	6:30 p.m.

APPROX 1HR BETWEEN BEQUIA & ST. VINCENT

- ✓ We Provide The Best Service
- ✓ On Time Departures
- ✓ Cargo Arriving Safely
- ✓ Stable Ride In Rough Seas
- ✓ Free Coffee & Free Wifi

WEEK-DAY FARES

ONE WAY	RETURN
\$25.00	\$45.00
PASSENGERS	

ONE WAY	RETURN
\$65.00	\$130.00
VEHICLES	

6:30AM & WEEKEND FARES

RETURN
\$40.00
ADULTS

RETURN
\$100.00
VEHICLES

SAFE, RELIABLE SERVICE
We Will Continue To Serve You BEST

CONTACT US!

OFFICE 1-784-458-3348 WHATSAPP 1-784-534-7707



WEEKLY SCHEDULE

BEQUIA - ST. VINCENT

RATES
ADULT PASSENGERS
ALL DEPARTURES

ONE WAY	RETURN
EC\$25	EC\$40

STANDARD SIZE VEHICLES
(DRIVER INCLUDED)
ALL DEPARTURES

ONE WAY	RETURN
EC\$60	EC\$100

Ferry services between Bequia and Kingstown
10 Daily Departures Monday to Saturday
Indoor Air-conditioned seating and outdoor deck spaces

DEPARTURE TIMES

FROM BEQUIA TO KINGSTOWN

MONDAY TO FRIDAY

6:30 AM	8:00 AM
8:00 AM	9:30 AM
9:30 AM	1:00 PM
1:00 PM	4:00 PM
4:00 PM	6:00 PM

SATURDAYS

6:30 AM	8:00 AM
8:00 AM	9:30 AM
9:30 AM	11:00 AM
1:00 PM	4:00 PM
4:00 PM	6:00 PM

SUNDAYS

6:30 AM	8:00 AM
11:00 AM	2:30 PM
4:00 PM	6:00 PM



Bequia Express Co. Ltd.
Safe. Reliable. Efficient
TEL: 784 457-3539
Email: info@bequiaexpress.com



SCHEDULE UPDATE

SOUTHERN GRENADINES

MONDAY DEPARTS KINGSTOWN 11:30 AM
KINGSTOWN > CANOUAN > MAYREAU > UNION ISLAND

TUESDAY DEPARTS UNION ISLAND 6:00 AM
UNION ISLAND > MAYREAU > CANOUAN > KINGSTOWN

WEDNESDAY [SAME DAY RETURN] DEPARTS KINGSTOWN 10:30 AM
KINGSTOWN > CANOUAN > MAYREAU > UNION ISLAND > CANOUAN > KINGSTOWN

THURSDAY DEPARTS KINGSTOWN 11:30 AM
KINGSTOWN > CANOUAN > MAYREAU > UNION ISLAND

FRIDAY DEPARTS UNION ISLAND 6:00 AM
UNION ISLAND > MAYREAU > CANOUAN > KINGSTOWN

SATURDAY DEPARTS KINGSTOWN 11:30 AM
KINGSTOWN > CANOUAN > MAYREAU > UNION ISLAND

SUNDAY DEPARTS UNION ISLAND 7:30 AM
UNION IS. > MAYREAU > CANOUAN > BEQUIA > K'TOWN



Bequia Express Co. Ltd.
Safe. Reliable. Efficient
TEL: 784 457-3539
Email: info@bequiaexpress.com



WEEKEND VIBES



BEQUIA ↔ KINGSTOWN

RETURN RATES

SATURDAY	SUNDAY
ADULT PASSENGERS	STANDARD VEHICLES
\$40	\$100
DRIVER INCLUDED	

SATURDAY SUNDAY

FROM BEQUIA	FROM K'TOWN	FROM BEQUIA	FROM K'TOWN
6:30 AM	8:00 AM	6:30 AM	8:00 AM
8:00 AM	9:30 AM	11:00 AM	2:30 PM
9:30 AM	11:00 AM	4:00 PM	6:00 PM
1:00 PM	4:00 PM		
4:00 PM	6:00 PM		

Bequia Express Co. Ltd.
Safe. Reliable. Efficient
TEL: 784 457-3539 | FAX: 784 457-3055
Email: info@bequiaexpress.com



JOB OPENING BEQUIA RESTAURANT

- Chef
- Bartender

Whatsapp: 527-1258



MV GEM STAR 2

Service. Reliability. Respect.

SCHEDULE

TUESDAYS & FRIDAYS - 11:00AM

Kingstown > Canouan > Mayreau > Union Island

WEDNESDAY & SATURDAYS - 7:00AM

Union Island > Mayreau > Canouan > Kingstown

ONE WAY FARES CANOUAN: \$60 | MAYREAU: \$70 | UNION ISLAND: \$80

All fares are quoted in Eastern Caribbean dollars.



SHIP: 784 526 1158 | OFFICE: 784 457 4157
gemstarshipping@gmail.com

Find us on

BEQUIA FAST FERRIES LTD

Schedule

MONDAY to SATURDAY			SUNDAYS & PUBLIC HOLIDAYS		
From Bequia	From Kingstown		From Bequia	From Kingstown	
6:30 AM	7:45 AM		7:00 AM	8:15 AM	
8:45 AM	10:00 AM		4:15 PM	5:15 PM	
12:00 PM	3:00 PM				
4:15 PM	5:15 PM				

Fares

Passengers - Locals				Vehicles				
Age Group	One Way	Return	Standard Size	One Way	Return	Standard Size	One Way	Return
Adults	\$25	\$50	Vehicle Only	\$65	\$120	Vehicle Only	\$65	\$120
Teenagers (13-17)	\$20	\$40	Vehicle and Driver	\$85	\$155	Vehicle and Driver	\$85	\$155
Children (5-12)	\$15	\$30						

Passengers - Standard			
Age Group	One Way	Return	
Adults	\$30	\$60	
Teenagers (13-17)	\$25	\$50	
Children (5-12)	\$20	\$40	

(784) 493-3278
office@bequiafastferries.com

BOBB PROMOTIONS & CARIB BEER

Uncle Bobb

BIG B'DAY

LOCATION: **3 RIVERS** South Rivers

MUSIC BY: THA FUGITIVE | DJ BLAZE | PRESIDENT BOTA

FOOD MENU

- BLACK FISH - \$10.
- SALT FISH - \$10.
- OIL DOWN - \$10.
- GOAT WATER - \$10.
- CHICKEN & FRIES - \$10.
- BBQ CHICKEN - \$10.
- BBQ PORK - \$15.

1st Game: 1 Ram Sheep.
2nd Game: \$1,000. + 1 Case of Turkey

SAT. 20 SEPT 9pm

24, 16, 13

Parks and Sites

Hiking & Adventure

- La Soufriere Cross Country Trail on the Windward Side
- Cumberland Trail
- Dark View Falls
- Vermont Nature Trail
- Indian Bay Beach Facility

Heritage & Culture

- SVG Botanical Garden
- Wallilabou Heritage and Recreation Park
- Black Point Heritage and Recreation Park
- Layou Heritage Park
- Villa Beach Facility
- Mt Wynne Public Beach

Recreation & Site Seeing

- Rawacou Recreation Park
- Belmont Lookout
- Owia Salt Pond
- Cumberland Beach Recreation Park
- Brighton Salt Pond
- Fort Duvernette

SITES CLOSED TO THE PUBLIC

- Fort Charlotte
- Falls of Baleine
- La Soufriere from the Leeward side

BEQUIA - PLACES TO VISIT

- Maritime Museum
- Site of Hamilton
- Sea Salt Museum
- Spring Plantation

SEDI FOOTBALL FINALS 2025
 BADDEST MATCH THROUGHOUT SVG!
Carib SUN. 21. SEP | TIME 3:30PM | WATCH LIVE FACEBOOK PAGE
ONE EXPERIENCE VS SYSTEM 3
 DJ KAL | DJ ICE KOLE | ADM - KIDS \$3 | ADULTS \$5
 STUBBS PLAYING FIELD

FOR AGES 4-35
 The Prime Ministerial Advisory Council presents
Ignite
 The Official Talent Search
 AUDITIONS • SEMI FINAL • 6 FINALISTS
CASH PRIZES \$25,000
AUDITION 1
 SEPT 19, 2025 | 7PM
CALLIAQUA TOWN HALL
 OPEN TO THE PUBLIC
 STREAMING LIVE ON

SUNDAY SEP 28 TWENTY 25

K&K PROMOTIONS PRESENTS

SASSY SUNDAE
BRUNCH INCLUSIVE

• VENUE •
ARNOS VALE SPORTING COMPLEX
[11AM-7PM]

TICKET OUTLET:

- ISLAND POP SWIM WEAR JOSHUA CENTER,
- CLAIRE BEAUTY SALON KINGSTOWN,
- BONADIE SUPERMARKET #1
- LAVILLES BOUTIQUE

EARLY BIRDS \$100 | GENERAL \$120

▶▶ THE RETURN OF... **FRI OCT 10** OTTLEY HALL DOORS OPEN 10PM LADIES FREE BEFORE 11PM

WELCOME TO PARADISE

Palace NIGHTCLUB

ADMISSION **\$25** BEFORE 12 **\$30** AFTER 12

GRAND OPENING EVENT FEATURING:
DJ Q | CHEMICAL X | DJ FEARLESS

VIP SOLD OUT
PARTY IN LUXURY, AIR-CONDITIONED COMFORT

SECURITY TIGHT | DJ Q | CHEMICAL X | DJ FEARLESS

palaceentertainment784@gmail.com

Emergency Numbers

Fire, Police and Coastguard: 911/999
 Hospitals: Accident and Emergency Kingstown: 456-1955
 Bequia: 458-3294
 Canouan Clinic: 458-8305
 Union Clinic: 458-8245



SVG Hotel & Tourism Association

OFFICE AND SOUVENIR SHOP

Cruise Ship Terminal, Room #8

P O Box 2125
 Kingstown
 St. Vincent & the Grenadines
 T: 784 458-4379
 M: 784-494-4379

E: info@svghotels.com / svghotels@gmail.com
 W: www.svghotels.com
 Ins & Outs of SVG: www.insandoutsofsvg.com/