

AUGUST

Fri 29th

Blue Lagoon Hotel & Marina: Sunset & Vibes on the Dockside, 5pm - 8pm

Tel: 458-4308

Moonshine Restaurant, Villa: 3 Sum, Moonshine's 3rd Year Anniversary

French Verandah, Villa: Happy Hours 5-7 pm

Paradise Beach Hotel: Grillin with the Captain, from 7:30 pm

Myah's Hotel: Happy Hours All Day

Sunset Shores Hotel: Happy hour 4pm -7 pm

Grenadine House: Happy Hour 3pm until

Summa Ball, Clash of the Champions, Victoria Park from 6 pm



Tel: 453 -1111

Tel: 457- 4795

Tel: 451-3600

Tel: 458 - 4411

Tel: 458 -1800

The Tower Bar, Rooftop Joshua Center: Colors, Roast & Lime

District Nightclub & Lounge, Calder Gap: New Gear - Black & White Edition, 10pm Until

Barcode Pub, Arnos Vale: SILC Band

Grenadine House: Happy Hour 3 pm; Denim & Diamonds, 8pm - 11pm

Tel: 458 -1800

Myah's Hotel: Happy Hours All Day and Saturday Cravings, 12Noon, Moonlight Soiree, 7pm

Tel: 451-3600

Sunset Shores Hotel: Happy hour 4-6 pm

Tel: 458 - 4411

Young Island Resort: BBQ from 7:00 pm

Tel: 458-4826

Wafulasun Sports Bar, Cumberland: 'Pure', An R&B Affair, 9pm Until

20/20 Cricket Tournament: Greiggs Playing Field, 1pm

Skirt & Flirt, Summer Rose, Villa, 12 noon - 8pm

Coastal Adrenaline, Triple B: A Bike & Breakfast Buffet, 7am - 10:30am

Tel: 532-6370

Myah's Hotel: Lunch 12:00 noon

Tel: 451-3600

Grenadine House: Buffet 11:00 am, Happy Hours 3 pm until

Tel: 458 - 1800

La Vue Boutique Hotel & Beach Club: Sunday Brunch 11am - 3pm, Karaoke 7pm - 10pm

Tel: 532-8883

Summer Beach 3 Finale, Chateau Wharf, 1pm Until

Opening of ACADO Football League, Daphne Playing Field

Myah's Hotel: Lunch Deal 12:00 noon—3:00 pm

Tel: 451-3600

SEPTEMBER

Mon 1st

Tree House & Grill: Karaoke Night Party, 8pm until

Tel: 456-6808

The Loft Restaurant & Bar, Blue Lagoon Hotel and Marina

Tel:458-4308

French Verandah, Villa

Tel: 453 -1111

Hotel Alexandrina: Kulture Bar & Grill, Prospect 3 pm

Tel: 456-9788

Moonshine Restaurant, Villa: Topsy Tuesday

Tel: 433-1528

Tree House & Grill: Burger & Beer Tuesdays

Tel: 456-6808

Grenadine House Restaurant: Taco Tuesday 11 am - 6 pm

Tel: 458 -1800

La Vue Boutique Hotel & Beach Club: Taco Tuesday, 12 Noon - 10pm

Tel: 532-8883

Myah's Hotel: Lunch Deal 12:00 noon—3:00 pm

Tel: 451-3600

Tues 2nd

Wed 3rd

Myah's Hotel: Pizza your Way from 12 noon

Tel: 451-3600

Coconut Grove Beach Club, Ratho Mill: Happy Hour 5pm - 7pm

Tel: 431-2837

Grenadine House: Wellness Wednesday

Tel: 458 - 1800

La Vue Boutique Hotel & Beach Club

Tel: 532-8883

Chill'n Brewery, Egmont Street, Kingstown

Tel: 491-4455

Palki Restaurant, Villa: Karaoke Night, 7pm

Tel: 527-2554

Thurs 4th

Tree House & Grill: Taco Thursday

Tel: 456-6808

Grenadine House Restaurant: Pasta Thursday

Tel: 458 -1800

Coconut Grove Beach Club, Ratho Mill: Happy Hour 5pm - 7pm

Tel: 431-2837

Tel: 451-3600

Friday 29th August

The Tower Bar, Rooftop Joshua Center: Colors, Roast & Lime

Coconut Grove Beach Club, Ratho Mill: Happy Hour 5pm - 7pm

Driftwood Restaurant and Lounge, Ratho Mill - Friday Night Ceviche!, 6pm

Chillspot Bar & Grill Vigie Highway, Arnos Vale

Pitmaster SVG: smoked meats, Diamond, Windward Highway, 12 noon - 10:30 pm

Tel: 431-2837

Tel: 456-8999

Tel: 457-7768

Tel: 494-0101

Saturday 30th August

Hotel Alexandrina: Kulture Bar & Grill, Prospect 3 pm

Chill Spot Bar & Grill, Vigie Highway, Arnos Vale

Pitmaster SVG: smoked meats, Diamond, Windward Highway, 12 noon - 10:30 pm

Tel: 456-9788

Tel: 457-7768

Tel: 494-0101

Sunday 31st August

Coconut Grove Beach Club, Ratho Mill: Back to School Fun Day

Chillspot Bar & Grill, Vigie Highway, Arnos Vale

The Loft Restaurant & Bar, Blue Lagoon Hotel and Marina

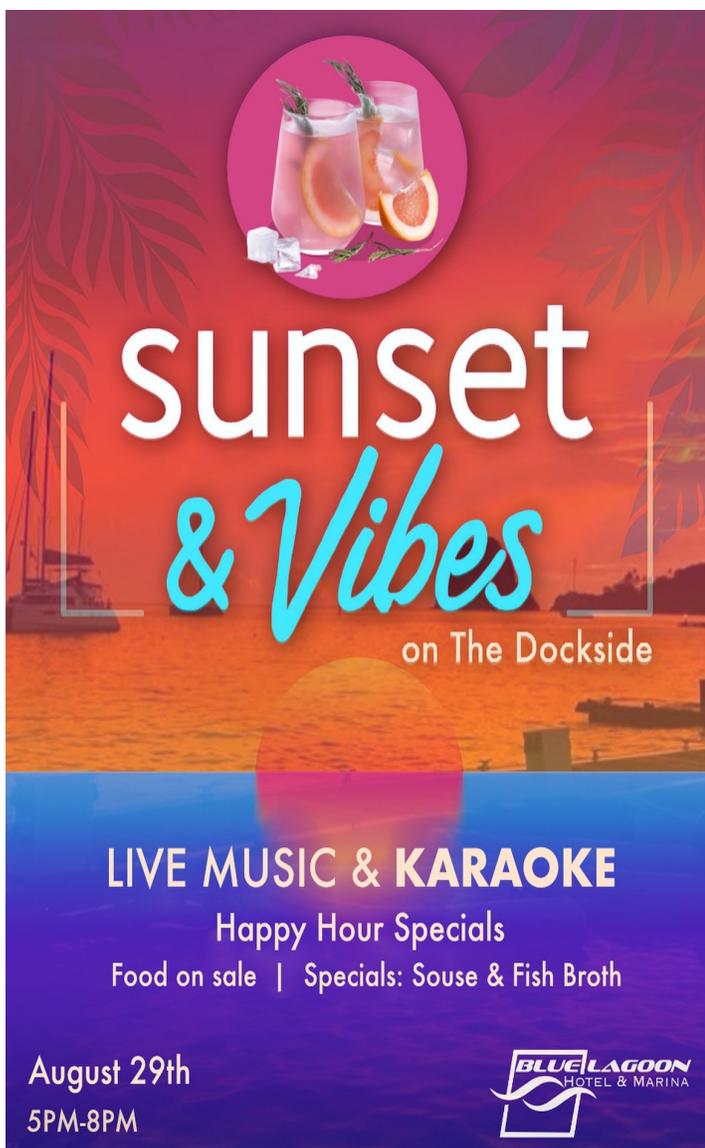
Café Soleil, Blue Lagoon Marina, BBQ 11 am — 5 pm, live music from 7 pm with BAM

Tel: 431-2837

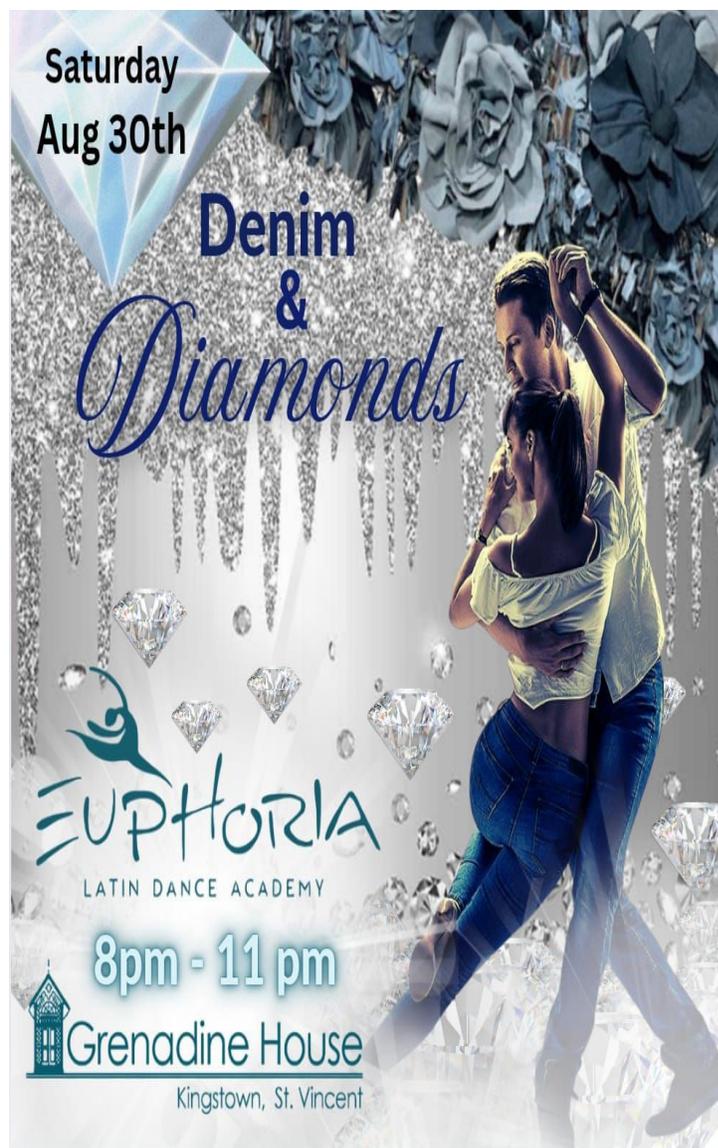
Tel: 457-7768

Tel: 458-4308

Tel: 456 - 8550



A promotional poster for 'Sunset & Vibes on The Dockside'. The top half features a circular inset with two glasses of cocktails, one with a lime wedge and one with an orange slice. Below this, the text 'sunset & Vibes' is written in white and light blue fonts, with 'on The Dockside' in a smaller white font. The background shows a sunset over water with a sailboat. The bottom half is a dark blue gradient with white text: 'LIVE MUSIC & KARAOKE', 'Happy Hour Specials', and 'Food on sale | Specials: Souse & Fish Broth'. At the bottom left, it says 'August 29th 5PM-8PM'. At the bottom right is the logo for 'BLUE LAGOON HOTEL & MARINA'.



A promotional poster for 'Denim & Diamonds' at Euphoria Latin Dance Academy. The top left corner has a large diamond graphic with the text 'Saturday Aug 30th'. The main title 'Denim & Diamonds' is in a blue serif font. Below it, 'EUPHORIA LATIN DANCE ACADEMY' is written in a stylized font. The event time '8pm - 11 pm' is in a large, light blue font. At the bottom, 'Grenadine House Kingstown, St. Vincent' is written. The background features a couple dancing in a romantic pose, surrounded by falling diamonds and large white roses.

●● SATURDAY
30
AUG
2025

DISTRICT
NIGHTCLUB / LOUNGE
CALDER GAP
10PM UNTIL

NEW GEAR

BLACK **VS** WHITE

ADM \$20 BEFORE MIDNIGHT

DRESSCODE: ● BLACK (SINGLE) ○ WHITE (TAKEN) FREE BLACK SHOTS ON ENTRY

DJ MAFF / DJ BLAZE / TANK UP BROS

FRIDAY NIGHT CEVICHE

driftwood
eat drink drift

Islander Bar & Grill

SATURDAY CRAVINGS

THIS SATURDAY 12PM ONWARDS

MENU

Pigtail Soup	Breadfruit & Saltfish
\$20	\$25 <small>with provisions</small>

Happy Hour Drinks Special
2-4-1 COCKTAILS | WINE SPECIAL \$8

FOR MORE INFORMATION Call: 1(784) 451-3600

Myahs Hotel www.myahshotel.com

Grenadine House
Kingstown, St. Vincent

Sunday Buffet
Sunday, August 31st 2025 | 11:30am

XCD\$60
PER PERSON
+ 10% SERVICE CHARGE

- Cream of Pumpkin Soup
- Plantain Salad
- BBQ Chicken
- Catch of the day with GH Salsa
- Scalloped Potatoes
- Rice with Kidney Beans
- Cajun Butter Vegetables
- Chef's Delight

RESERVATIONS
+ 1 784 458-1800 | + 1 784 593-0996
stay@grenadinehouse.com

AWESOME SPORTS INTL. PRESENTS

FRIDAY 29TH AUG @ VICTORIA PARK

\$15 ADULTS
\$10 SCHOOL STUDENTS

SUMMA

GAME 1 @6pm: Charity Exhibition Match
Cricket Kickers Vs Celebrity Ballers

GAME 2 @8pm: Vincy Super Cup Match
North Leeward Predators Vs System 3

BALL SKILLS SHOWCASE
Crowning of SVG National Freestyle Champion
Skills showcase by Jamaica & Trinidad National Freestyle Champion

DJ BLAZE / DJ SNYPA / DJ SHADY / DJ FLEX / THA FUGITIVE



MINISTRY OF TOURISM, CIVIL AVIATION, SUSTAINABLE DEVELOPMENT AND CULTURE

WEAR YO HERITAGE

- PUBLIC AND PRIVATE SECTOR SHOWCASE -

COMPETITION RUNS ON EVERY FRIDAY FROM
AUGUST 1ST-SEPTEMBER 5TH

COMPETITION RULES

- Collaborate with @go.svg and @departmentofculture.svg in your social media features.
- Must be a national of St. Vincent and the Grenadines residing in country.
- For individuals, your **dress code** must be reflective of any aspect related to Emancipation that fits your organisational code of dress. For organisations, you should follow an Emancipation theme as a grouping.
- Each entry should have a fitting title and description.
- Winners will be announced every Friday at 6pm.

JUDGING POINTS WILL BE BASED ON:

- Creativity (10 Points)
- Relevance to Emancipation (10 Points)
- Carriage (10 Points)

EMANCIPATION MONTH

THEME: "EMBRACING OUR PAST, FORGING INTO THE FUTURE"

#EMANCIPATIONMONTH #CELEBRATIONS42023

FRIDAY
SEPTEMBER 05
OLD TREASURY BUILDING SITE 10:00AM-4:00PM

DEPARTMENT OF CULTURE

AFRICA CARICOM DAY

WEAR YOUR AFRICAN WEAR

Preserving Heritage, Empowering Generations

AFRICACARICOMDAY
#DEPARTMENTOFCULTURE

@DEPARTMENTOFCULTURE.SVG | @GO.SVG

Grenadine House
Kingstown, St. Vincent

Happy HOUR

EVERY FRIDAY - 3PM- UNTIL



CONTACT US

+1 784 458-1800 +1 784 593-0996
stay@grenadinehouse.com



Friday & Saturday

HAPPY HOUR Special

2-4-1 COCKTAILS ANY COCKTAIL
WINE SPECIAL **\$8** xcd



+1784 451-3600

Visit our website
myahotel.com

LAVUE
BOUTIQUE HOTEL & BEACH CLUB

TACO TUESDAY

12PM - 11PM

SUNSET RESTAURANT

\$30

- Crispy Fried Shrimp Tacos topped w pico di gallo & pickled sweet onion
- Grilled Chicken Tacos topped w pico di gallo & pickled sweet onion
- Sweet Chilli Fish Tacos topped w pico di gallo & pickled sweet onion
- Hawaiian Steak Tacos topped w pico di gallo & pickled sweet onion
- Short Rib topped w pico di gallo & pickled sweet onion



SILC BAND

BARCODE

Saturday 30th August



JOIN US ON

30
AUG

AND DANCE

R&B PARTY NIGHT

PURE: AN R&B AFFAIR

DJ RISH

DJ FLIP

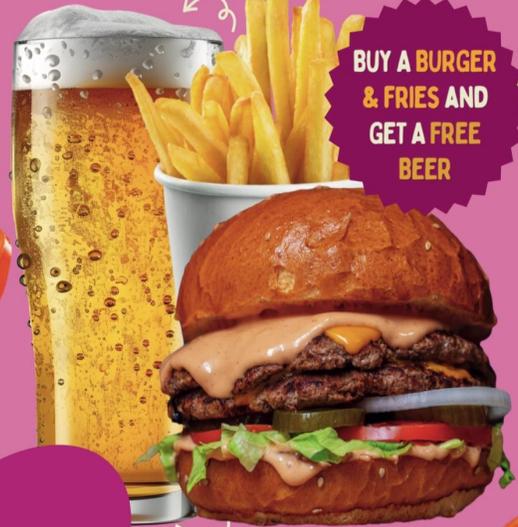
FREE PARKING | \$10 ENTRY | DRINKS SPECIALS ALL NIGHT



BURGER & BEER

TUESDAY'S

BUY A BURGER
& FRIES AND
GET A FREE
BEER



ORDER NOW!!!

PEAK PROMOTIONS PRESENT



Skirt & Flirt

SUNDAY
AUGUST
31

Summer Rose

MORE INFO COMING SOON



September Spa Specials

PACKAGE & PRICELIST

MOM & ME \$250.00

- Mini-Facial
- Pedicure
- Complimentary Glass of Local Juice

SOCCER MOM \$110.00

- 30 min Customized Massage with Aromatherapy Steam for Tension Relief

GAME DAY RECOVERY FOR DAD'S \$200.00

- 30 Min Deep-Tissue Massage with HotStone Add-On For the Shoulders
- Relaxing Pedicure

WEEKEND FAMILY CHILL PASS \$270.00

- MOM-Swedish Massage (Upper Body)
- KID- Mini Facial & Toe Polish
- DAD- Swedish Massage (Upper Body)

Only This month!

BOOK NOW

+1784-4930996/ 4562600

Spa@GrenadineHouse.com

GrenadineHouseSpa



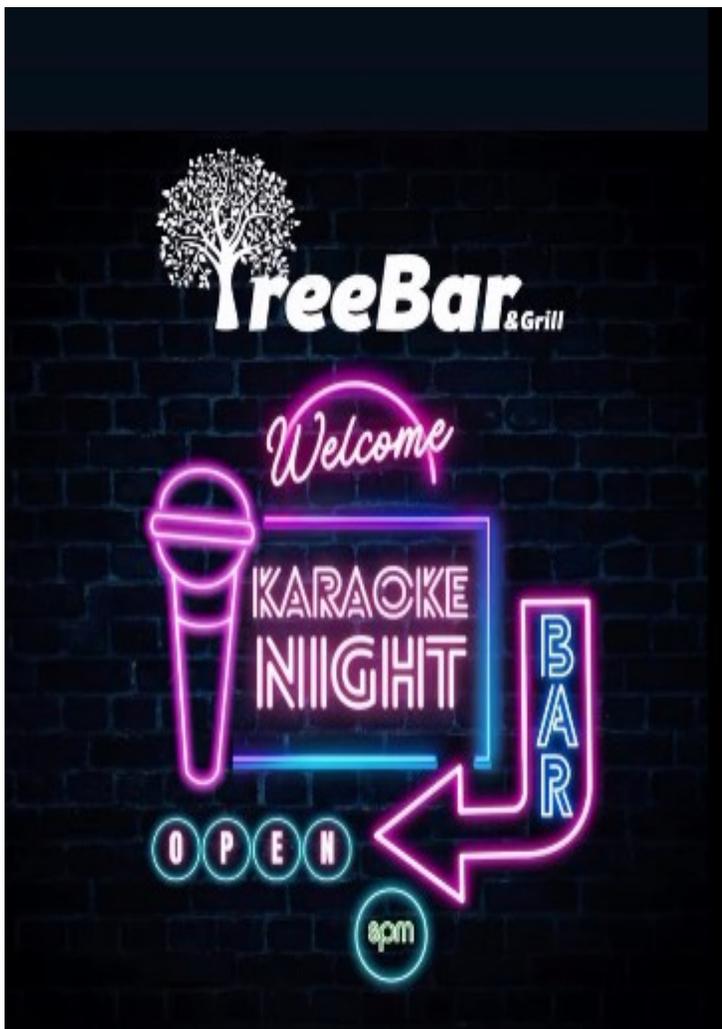
MENU

- FRIED CHICKEN WITH SWEET CHOPOLITE SAUCE**
- GRILLED FISH WITH TAR TAR SAUCE**
- SAFFRON RICE**
- YAM PIE**
- GARDEN SALAD**
- BANANA SALAD**

+1 784 451-3600

VAT and SVC Inclusive.

Visit our website myahshotel.com





US \$110
/ COUPLE

BOOK YOUR DAY
PASS TODAY
Terms & conditions apply

YOUR PERFECT DAYCATION STARTS HERE.

DAY PASS



Couples DAY PASS

Lunch
Bottle Of Champagne
(non-alcoholic)
Beautiful Room

\$112 USD

Singles DAY PASS

Lunch
Glass Of Champagne
(non-alcoholic)
Beautiful Room

\$80 USD

BOOK NOW

1-784-456-9788 | INFO@HOTELALEXANDRINA.COM | WWW.HOTELALEXANDRINA.COM

Colors
Roast & Lime
EVERY FRIDAY & SATURDAY

CHICKEN \$15
PORK \$20

#Roast&Lime

Rooftop Joshua Center

THE TOWER BAR

Grenadine House
Kingstown, St. Vincent

Pasta Thursday

CHICKEN FISH BEEF CARBONARA

EVERY THURSDAY

ORDER NOW: +1 784 458-1800 | +1 784 593-0996

WhatsApp, Instagram, Facebook icons

**GH WRAPS
SERVED WITH SALAD**
CHICKEN, FISH, VEGETABLES

BUILD YOUR SALAD
Lettuce, Tomatoes, Cucumbers,
Carrots, Cabbage, Onions, Sweet
Peppers, Avacado, Chick Peas

4 Veggies + 1 CHOICE OF MEAT -
FISH/CHICKEN

CHEF'S DAILY SPECIAL

Local Ground Provision Bowl

Steamed Plantains, Steamed Provision,
GH Salad, Coconut Dumplings

Choice of Codfish/ Grilled Chicken / Fish

BEVERAGES

Ginger Lime Fuzz
Fruit Smoothies (Seasonal Fruits)
Plumrose/ Waxapple Watermelon Spritz
(SEASONAL)

+ 1 784 458-1800 | + 1 784 593-0996
stay@grenadinehouse.com



Monday - Tuesday
**LUNCH
DEAL!**

10" Pizza With Two Toppings EC \$20

🕒 12pm - 3pm



STAYCATION



\$154.25 USD
PER NIGHT | 2 PERSONS
Min Nights: 2 Max Nights: 10

- COMPLIMENTARY BREAKFAST
- 15 MINUTE PRIVATE PHOTOSHOOT AND 3 DIGITAL PHOTOS
- 10% DISCOUNT ON ALL FOOD AND BEVERAGE
- ACCESS TO ALL HOTEL AMENITIES

VALID FOR STAYS:
1ST - 31ST AUG | 1ST - 30TH SEP

BOOK NOW | + 1 784 451-3600
reservation@myahshotel.com

TERMS & CONDITIONS:

RATE INCLUSIVE OF TAXES AND FEES.

COPY OF VALID ST. VINCENT AND THE GRENADINES ID WILL BE REQUIRED AT THE TIME OF BOOKING. THIS PROMOTION IS NOT COMBINABLE WITH ANY OTHER PROMOTION AND SUBJECT TO CHANGE OR DISCONTINUATION AT ANY TIME.



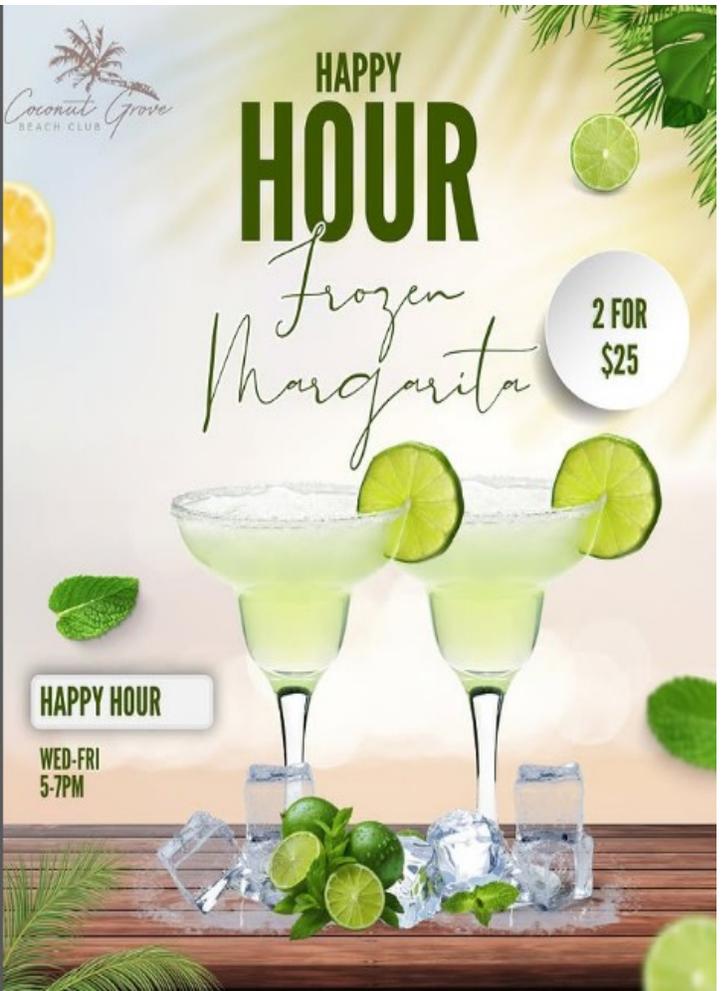
**HAPPY
HOUR**

Frozen
Margarita

**2 FOR
\$25**

HAPPY HOUR

**WED-FRI
5-7PM**





Spring Hotel Bequia



the Venue



Event Space for:

- *Weddings
- *Meetings
- *Special Celebration Events
- *Presentations
- *And much more

info@springhotelbequia.com

(784) 457-3707 (784) 454-4260 www.springhotelbequia.com



KARAOKE Night

WEDNESDAY | 7:00PM

Special FOOD & DRINKS

- Beer Bucket \$30.00 (6 Beers)
- Amaretto Sour 2 for \$ 28.00
- Chilly Fried Wings and Fries \$25.00
- Buy Any Pizza and get coke (glass) Free
- Get 10 Percent Discount On Pasta



PERSON WHO SINGS FIRST SONG GET ONE BEER FREE

BEST SINGER OF THE NIGHT GET FREE CHICKEN PIZZA



KARAOKE BY DJ DESMOND

Call: +1 (784) 527-2554 | E-mail: palkirestaurantsvg@gmail.com

MYAH'S HOTEL



Moonlight Soiree

SAT. 30TH AUG. 2025

STARTING TIME 7PM

LIVE BAND MUSIC BY BLAZING FIRE

PRICE \$90 PER PERSON XCD

LOCATION ELLIOT'S RESTAURANT

PRIZES TO BE WON 2 BEST DRESSED COUPLES

Reservations Call: 451-3600 | Email: reservation@myahshotel.com

WALK-INS WELCOME, RESERVATIONS PREFERRED

VAT and SVC inclusive

Myahs Hotel www.myahshotel.com

Grenadine House Kingstown, St. Vincent

EVERY TUESDAY

TACOS



Tuesday

- BEEF
- CHICKEN
- FISH
- VEGETABLE

-SERVED WITH FRIES / SALAD | 1 REFRESHING GLASS OF GH LEMONADE-

+1 784 458-1800 | +1 784 593-0996 | STAY@GRENADINEHOUSE.COM



Grenadine House
Kingstown, St. Vincent

EC\$60
per person

CPEA COOLDOWN
Pool Access
1 Light Meal - 1 Hairoun Soft

+1 784 458-1800 | +1 784 593-0996
stay@grenadinehouse.com

LANA'S ROAST & LIME

DESHA'S SNACKETTE
FITZ HUGHES

Fri
29
AUG
12pm-UNTIL

DRINKS SPECIALS
LIVE ENTERTAINMENT
GOOD VIBES

ROAST CHICKEN
\$10 & \$12

ROAST PORK
\$15

MIX
\$20

PER-ORDER

+1784 529 9246 // +1784 530 4591

BACK TO SCHOOL FUN DAY

COCONUT GROVE

OUR ACTIVITIES
OUTDOOR GAMES, WATERSLIDE,
GIVEAWAYS

AUGUST 31

CALL FOR MORE INFO
784-431-2837 em@COCONUTGROVESVG.COM

CAESAR'S REAL ESTATE
NAR FREN DEM

20/20

CRICKET TOURNAMENT

SUN 31 AUG.

GREIGGS PLAYING FIELD

01:00 PM

*CLUB REGISTRATION \$400.
*TEAMS \$300.

*OPENING REMARKS
*MARCH PASS (ALL TEAMS)
(Teams will be awarded 2 Points for participating in march pass)

MUSIC BY:
DJ ICE KOLE & ZJ POWERZ
SELECTA JAY | DJ RUDIE
Sound By: Team Predominant

H
HAIROUN

LAVUE
BOUTIQUE HOTEL & BEACH CLUB

POOL Day Pass

10AM-5PM

Dive into relaxation with our Pool Day Pass.
Perfect for locals & guests alike!

Choose (1) one of our Day Pass Package

XCD
\$150
per person

- *Pool Access
- *2 glasses of Rum or Fruit punch
- *1 Meal

USD
\$150
per person

- *Inclusive of A Room
- *Pool Access
- *2 glasses of Rum or Fruit punch
- *1 Meal

Call to inquire about children rates & Availability

La Vue Terms & conditions applied



Call Us to book
(784) 528-8883

Lavuehotelbeachclub



Lavuehotel



MH
HOTEL

MYAHS HOTEL

DAY PASS Experience

Rates:

Single Guest: EC \$265.00
Two Adults: EC \$370.00

Day Pass Includes

- 20-minute Neck & Shoulder Massage at the Spa (Adults only)
- One Meal & One Non-Alcoholic Beverage at Islander Restaurant
- Access to the Pool throughout stay
- Private Photo Session (15 minutes) with 5 Digital Photos
- Private Room Access from 10:00 AM to 5:00 PM

FOR MORE INFORMATION

Call: 1(784) 451-3600
reservation@myahshotel.com



August Special

Hello summer \$220

- Full Body Swedish Massage
- Pedicure (Upgrade to Gel \$20)
- Summer Facial Cleanse

Express Rest \$180 (Choose 2 of 3)

- Upper Body Peppermint Oil Massage
- Facial OR Manicure (Upgrade to Gel)

Revitalize \$150

- Deep tissue Massage (upperbody)
- Gentleman's Pedicure

Polished \$130

- Gel X or Polygel (short)
- Gel Toe Polish

Kid's Cool Down \$105

- Back Massage
- Pedicure
- Pool access

ENDS 31.8.25



SPA@GRENADINEHOUSE.COM

+1784-4930996/456-2600

BOOK NOW



POOL PASS BLUE LAGOON

ADULTS: \$35 EC
UNDER 12: \$17.50 EC
10AM-5PM

1-784-458-4308

Terms & conditions apply

Grenadine House
Kingstown, St. Vincent

DAY PASS

US \$85.00
Per Person

ROOM ADD-ON +\$35.00

DAY PASS PACKAGE INCLUDES:

- ✓ 1 WELCOME RUM/FRUIT PUNCH
- ✓ 1 TWO COURSE MEAL
- ✓ 1 LOCAL BEVERAGE
- ✓ 1 GLASS HOUSE RED/WHITE WINE
- ✓ ACCESS TO POOL
- ✓ ACCESS TO GYM

BOOK NOW

+1 784 458-1800 | +1 784 593-0996
stay@grenadinehouse.com



FROM EC \$490.00

Welcome drinks,
Complimentary use of Pool & Gym



Grenadine House
Kingstown, St. Vincent

POOL Packages

<p>POOL PACKAGE 1 XCD \$40.00</p> <p>-ACCESS TO POOL-</p>	<p>POOL PACKAGE 2 XCD \$60.00</p> <p>-ACCESS TO POOL- - 1 LIGHT MEAL- -1 HAIROUN SOFT DRINK-</p>
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FOR RESERVATIONS CALL/WHATSAPP
+1 784 458-1800 | +1 784 593-0996



X X X X

BUILD-YOUR-OWN-BREAKFAST

X X X X

EGGS

Fried, Scrambled, Boiled, Omelettes

PROTEINS

Salted codfish, Fried fish, Bacon, Sausage, Hot dogs

BREADS & PASTRIES

Toast, Fried bakes, Doughboy, Bagels

SANDWICHES

Ham, Cheese, Tuna

(Optional add-ons: lettuce, tomatoes, cucumbers)

SPREADS & SIDES

Fruits, Fried plantains, Baked beans, Jams, Cream cheese

BEVERAGES

Tea, Coffee, Juices (variety based on availability),
Blended drinks



ATTENTION CUSTOMERS

Please Note there may be schedule disruptions in August due to maintenance work.



To confirm our schedule:

- ▶ Check our social media
- ▶ Visit our website
- ▶ Call our office



Bequia Express Co. Ltd.
Safe. Reliable. Efficient
TEL: 784 457-3539
Email: info@bequiaexpress.com



WEEKLY SCHEDULE

BEQUIA - ST. VINCENT

RATES

ADULT PASSENGERS
ALL DEPARTURES

ONE WAY | RETURN
EC\$25 | EC\$40

STANDARD SIZE
VEHICLES
(DRIVER INCLUDED)
ALL DEPARTURES

ONE WAY | RETURN
EC\$60 | EC\$100

Ferry services
between
**Bequia and
Kingstown**
**10 Daily
Departures**
Monday to Saturday
Indoor
Air-conditioned
seating and
outdoor deck spaces

DEPARTURE TIMES

FROM BEQUIA
TO KINGSTOWN

FROM KINGSTOWN
TO BEQUIA

MONDAY TO FRIDAY

6:30 AM	8:00 AM
8:00 AM	9:30 AM
9:30 AM	1:00 PM
1:00 PM	4:00 PM
4:00 PM	6:00 PM

SATURDAYS

6:30 AM	8:00 AM
8:00 AM	9:30 AM
9:30 AM	11:00 AM
1:00 PM	4:00 PM
4:00 PM	6:00 PM

SUNDAYS

6:30 AM	8:00 AM
11:00 AM	2:30 PM
4:00 PM	6:00 PM



Bequia Express Co. Ltd.
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TEL: 784 457-3539
Email: info@bequiaexpress.com



SCHEDULE UPDATE

SOUTHERN GRENADINES

MONDAY DEPARTS KINGSTOWN 11:30 AM
KINGSTOWN > CANOUAN > MAYREAU > UNION ISLAND

TUESDAY DEPARTS UNION ISLAND 6:00 AM
UNION ISLAND > MAYREAU > CANOUAN > KINGSTOWN

WEDNESDAY DEPARTS KINGSTOWN 10:30 AM
[SAME DAY RETURN] KINGSTOWN > CANOUAN > MAYREAU > UNION ISLAND > CANOUAN > KINGSTOWN

THURSDAY DEPARTS KINGSTOWN 11:30 AM
KINGSTOWN > CANOUAN > MAYREAU > UNION ISLAND

FRIDAY DEPARTS UNION ISLAND 6:00 AM
UNION ISLAND > MAYREAU > CANOUAN > KINGSTOWN

SATURDAY DEPARTS KINGSTOWN 11:30 AM
KINGSTOWN > CANOUAN > MAYREAU > UNION ISLAND

SUNDAY DEPARTS UNION ISLAND 7:30 AM
UNION IS. > MAYREAU > CANOUAN > BEQUIA > K'TOWN



Bequia Express Co. Ltd.
Safe. Reliable. Efficient
TEL: 784 457-3539
Email: info@bequiaexpress.com



WEEKEND VIBES

BEQUIA ↔ KINGSTOWN



RETURN RATES
SATURDAY, SUNDAY
ADULT PASSENGERS | STANDARD VEHICLES
\$40 | \$100
DRIVER INCLUDED

SATURDAY

SUNDAY

FROM BEQUIA	FROM K'TOWN	FROM BEQUIA	FROM K'TOWN
6:30 AM	8:00 AM	6:30 AM	8:00 AM
8:00 AM	9:30 AM	11:00 AM	2:30 PM
9:30 AM	11:00 AM	4:00 PM	6:00 PM
1:00 PM	4:00 PM		
4:00 PM	6:00 PM		



Bequia Express Co. Ltd.
Safe. Reliable. Efficient
TEL: 784 457-3539 | FAX: 784 457-3055
Email: info@bequiaexpress.com



Sunday Your Way!

- ✓ Time-saving
- ✓ Convenient
- ✓ Reliable

FROM BEQUIA 6:30AM
FROM KINGSTOWN 8:00AM

11:00AM 2:30PM

4:00PM 6:00PM

ADULT PASSENGERS \$40 RETURN
STANDARD SIZE VEHICLES \$100 RETURN



Bequia Express Co. Ltd.
Safe. Reliable. Efficient
TEL: 784 457-3539
Email: Info@bequiaexpress.com



MV GEM STAR 2

Service. Reliability. Respect.

SCHEDULE

TUESDAYS & FRIDAYS - 11:00AM

Kingstown > Canouan > Mayreau > Union Island

WEDNESDAY & SATURDAYS - 7:00AM

Union Island > Mayreau > Canouan > Kingstown

ONE WAY FARES CANOUAN: \$60 | MAYREAU: \$70 | UNION ISLAND: \$80

All fares are quoted in Eastern Caribbean dollars.



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gemstarshipping@gmail.com

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BEQUIA FAST FERRIES LTD

Schedule

MONDAY to SATURDAY

From Bequia	From Kingstown
6:30 AM	7:45 AM
8:45 AM	10:00 AM
12:00 PM	3:00 PM
4:15 PM	5:15 PM

SUNDAYS & PUBLIC HOLIDAYS

From Bequia	From Kingstown
7:00 AM	8:15 AM
4:15 PM	5:15 PM

Fares

Passengers - Locals

Age Group	One Way	Return
Adults	\$25	\$50
Teenagers (13-17)	\$20	\$40
Children (5-12)	\$15	\$30

Vehicles

Standard Size	One Way	Return
Vehicle Only	\$65	\$120
Vehicle and Driver	\$85	\$155

Passengers - Standard

Age Group	One Way	Return
Adults	\$30	\$60
Teenagers (13-17)	\$25	\$50
Children (5-12)	\$20	\$40

Faster Luxurious Stable

(784) 493-3278
office@bequiafastferries.com

NEW WEDNESDAY HOURS

2 PM - 11 PM



Parks and Sites

Hiking & Adventure

- **La Soufriere Cross Country Trail on the Windward Side**
- **Cumberland Trail**
- **Dark View Falls**
- **Vermont Nature Trail**
- **Indian Bay Beach Facility**

Heritage & Culture

- **SVG Botanical Garden**
- **Wallilabou Heritage and Recreation Park**
- **Black Point Heritage and Recreation Park**
- **Layou Heritage Park**
- **Villa Beach Facility**
- **Mt Wynne Public Beach**

Recreation & Site Seeing

- **Rawacou Recreation Park**
- **Belmont Lookout**
- **Owia Salt Pond**
- **Cumberland Beach Recreation Park**
- **Brighton Salt Pond**
- **Fort Duvernette**

SITES CLOSED TO THE PUBLIC

- Fort Charlotte
- Falls of Baleine
- La Soufriere from the Leeward side

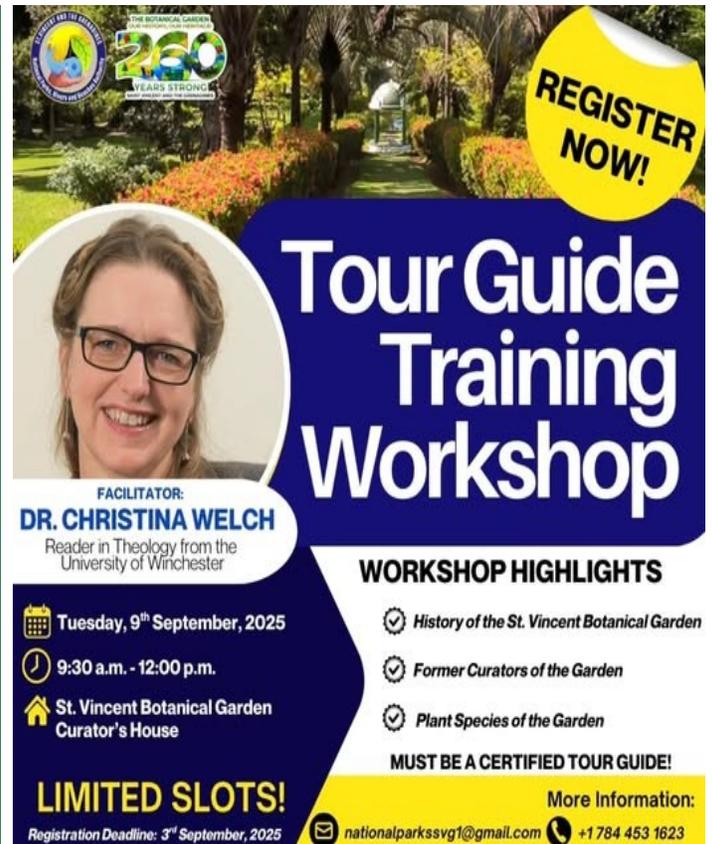
BEQUIA - PLACES TO VISIT

- Maritime Museum
- Site of Hamilton
- Sea Salt Museum
- Spring Plantation

- National and Caribbean Visitors: EC \$5.00
- International Visitors: US \$5.00

Payments can be made at the following locations:

- The National Parks Authority Office, Jaycees Building, Stoney Grounds
- Black Point Heritage and Recreation Park Site



REGISTER NOW!

Tour Guide Training Workshop

FACILITATOR:
DR. CHRISTINA WELCH
Reader in Theology from the University of Winchester

WORKSHOP HIGHLIGHTS

- ✓ History of the St. Vincent Botanical Garden
- ✓ Former Curators of the Garden
- ✓ Plant Species of the Garden

MUST BE A CERTIFIED TOUR GUIDE!

LIMITED SLOTS!

Registration Deadline: 3rd September, 2025

More Information:
nationalparkssvg1@gmail.com +1784 453 1623

Tuesday, 9th September, 2025
9:30 a.m. - 12:00 p.m.
St. Vincent Botanical Garden Curator's House

**SAT.
13
SEPT.**

Bliss Bar & Eats

GRAND OPENING

**LOCATION:
SPRING VILLAGE**

**(Next to the
Police Station)**

**07:00 PM
UNTIL**

MENU:

***ROAST PORK
*ROAST CHICKEN
and lots
more...**

MUSIC BY:

DJ RISH | THA FUGITIVE

SOUND BY: CROWN VIBES

Drinks Specials All Night!!!



HAIROUN
ST. VINCENT'S PRIZE WINNING LAGER BEER

Emergency Numbers

Fire, Police and Coastguard:	911/999
Hospitals: Accident and Emergency Kingstown:	456-1955
Bequia:	458-3294
Canouan Clinic:	458-8305
Union Clinic:	458-8245



SVG Hotel & Tourism Association

OFFICE AND SOUVENIR SHOP

Cruise Ship Terminal, Room #8

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Kingstown
St. Vincent & the Grenadines
T: 784 458-4379
M: 784-494-4379

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