

JUNE

Fri 13th

Wata Wonderland Wet Fete with Powder, 10 pm—sunrise, London Hard Court

Ada Restaurant, Beachcombers Hotel: Happy Hour, 4:30pm - 7:30pm Live Music

French Verandah: Happy Hours 5-7 pm

Paradise Beach Hotel: Grillin with the Captain, from 7:30 pm

Myah's Hotel: Happy Hours All Day

Sunset Shores Hotel: Happy hour 4-7 pm

Grenadine House: Happy Hour & Sushi Fridays 3 pm until

Moonshine: Zero Stress Zess, 10pm

Tel: 534-2593

Tel: 453 -1111

Tel: 457- 4795

Tel: 451-3600

Tel: 458 - 4411

Tel: 458 -1800

Tel: 433-1528



Windward Soca Monarch and Powder Fete, Seaview Garden, Georgetown, 9 pm

Evening Jam and Street Party from Chateaubelair Playing Field

Young Island Resort: BBQ from 7:00 pm

Ada Restaurant, Beachcombers Hotel: Happy Hour 4:30pm -7:30pm, BBQ 5:30pm - 9:30 pm Live Music

Grenadine House: Happy Hour 3 pm,

Myah's Hotel: Happy Hours All Day

Sunset Shores Hotel: Happy hour 4-6 pm, BBQ 7pm

District Night Club: Party, Calder Gap

Tel: 458-4826

Tel: 534-2593

Tel: 458 -1800

Tel: 451-3600

Tel: 458 - 4411

Brunch on the Beach, Cumberland Beach Lawn, 3—11 pm

La Vue Boutique Hotel & Beach Club: Fathers Day Buffet 11am - 4pm, Karaoke 6pm

Myah's Hotel: Lunch 12:00 noon

Grenadine House: Father's Day Buffet 12:00 noon, Happy Hours 3 pm until

Street Kings Auto Show, Chili Playing Field, Georgetown

Wafulasun Sports Bar, Chateaubelair: Karaoke Night, 8pm

Tel: 532-8883

Tel: 451-3600

Tel: 458 - 1800

Tel: 570-9691

The Loft Restaurant & Bar, Blue Lagoon Hotel and Marina: Moussaka Mondays

Hotel Alexandrina: Kulture Bar & Grill, Prospect 3 pm

Tree House & Grill: Karaoke Night Party, 8pm until

Tel: 458-4308

Tel: 456-9788

Tel: 456-6808

52 Ocean Heights, Kingstown: Taco Tuesday

Grenadine House Restaurant:: Taco Tuesday 11 am - 6 pm

La Vue Boutique Hotel & Beach Club: Taco Tuesday, 1pm - 10pm

Palki Restaurant, Villa: Karaoke, 7pm

Moonshine: Ladies Night

Grenadine House: Wellness Wednesday

Tel: 494-1822

Tel: 458 -1800

Tel: 532-8883

Tel: 527-2554

Tel: 433-1528

Tel: 458 - 1800

Chill Spot and Grill, Arnos Vale, Seafood Menu: Surf & Turf

La Vue Boutique Hotel & Beach Club: Date Night, 7pm - 10pm

Myah's Hotel: Pizza and Pasta your Way from 12 noon

Tel: 457-7768

Tel: 532-8883

Tel: 451-3600

Tree House & Grill: Taco Thursday

The Loft Restaurant & Bar, Blue lagoon Hotel and Marina: Thai Thursdays

Tree House & Grill: Seafood Night, Cracked Conch, 5pm until

Myah's Hotel: Thursday Specials

Chill'n Brewery, Egmont Street, Kingstown

Coconut Grove Beach Club, Ratho Mill: Happy Hour 5pm - 7pm

Grenadine House Restaurant: Pasta Thursday

Tel: 456-6808

Tel: 458-4308

Tel: 456-6808

Tel: 451-3600

Tel: 456-1776

Tel: 431-2837

Tel: 458 -1800

Mon 16th

Tues 17th

Wed 18th

Thurs 19th

Friday 13th June

Driftwood Restaurant and Lounge, Ratho Mill - Friday Night Ceviche!, 6pm

Tel: 456-8999

Coconut Grove Beach Club, Ratho Mill: Happy Hour 5pm - 7pm

Tel: 431-2837

Chill Spot Bar & Grill, Vigie Highway, Arnos Vale: Jerk & Jam, 5 pm

Tel: 457-7768

Saturday 14th June

Hotel Alexandrina: Kulture Bar & Grill, Prospect 3 pm

Tel: 456-9788

Flow Wine Bar & Kitchen, Kingstown

Tel: 457- 0809

Pitmaster SVG: Authentic Southern Style BBQ, Diamond, Windward Highway, 12 noon - 11 pm

Tel: 494-0101

Chill Spot Bar & Grill, Vigie Highway, Arnos Vale: Jerk & Jam, 5 pm

Tel: 457-7768

Health Fair 4pm - 5:45pm, Glow Run 2025, 6pm, The Cruise Ship Terminal

Sunday 15th June

Coastal Grill: Father's Day, Bike & Buffet Brunch, Karaoke Open Mic Sundays, 7:30pm

Tel: 532-6370

Myah's Hotel: Dad's Day Out, Sunday Lunch Buffet, 12pm

Tel: 451-3600

Sunset Shores Hotel: Father's Day Brunch Buffet, 11am - 3pm

Tel: 458 - 4411

Café Soleil, Blue Lagoon Marina: Father's Day BBQ, 11 am - 10 pm

Tel: 456 - 8550

The Loft Restaurant & Bar, Blue Lagoon Hotel and Marina: Father's Day Buffet, 11am - 3pm

Tel: 458-4308

Coconut Grove Beach Club, Ratho Mill: Father's Day BBQ, 11am - Until

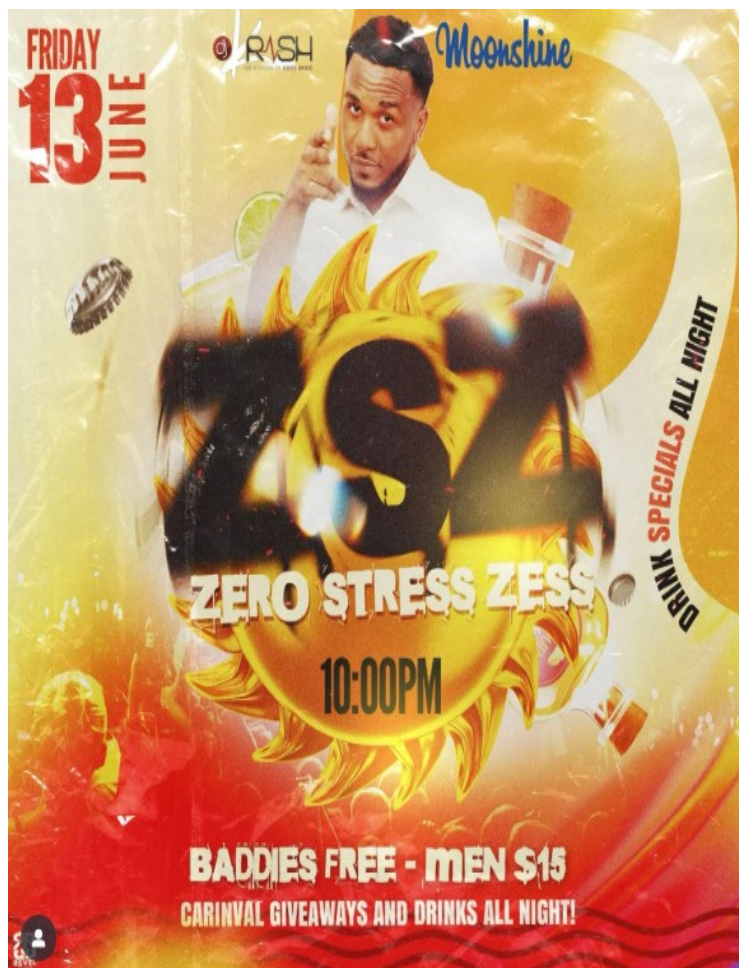
Tel: 431-2837

Chill Spot and Grill, Arnos Vale: Father's Day Buffet, Jerk & Jam, 5 pm

Tel: 457-7768

French Verandah: Father's Day Buffet, 12:30pm - 3pm

Tel: 453 -1111





ST VINCENT AND THE GRENADINES
HOTEL AND TOURISM ASSOCIATION
IN CONJUNCTION WITH
THE MINISTRY OF TOURISM AND
ST VINCENT AND THE GRENADINES
TOURISM AUTHORITY



BARTENDING ESSENTIALS WORKSHOP

MORE THAN THE MIX, SHAKE, SERVE

JUNE 24 - 25 | 8:30AM - 3:00PM



REGISTER NOW!

VENUE:

HOTEL ALEXANDRINA, PROSPECT

REGISTRATION DEADLINE:

THURSDAY 19TH JUNE 2025

PRICE PER PARTICIPANT:

EC\$175

THIS TWO-DAY DYNAMIC, WORKSHOP WILL
FOCUS ON CONCEPTS INCLUDING:

- SHOWMANSHIP
- SUBSTITUTIONS AND IMPROVISING
- BARTENDING AND MIXOLOGY TRENDS
- GUEST ENGAGEMENT & SERVICE

SNACK AND LUNCH WILL BE SERVED AND A
CERTIFICATE OF PARTICIPATION PRESENTED AT
THE END OF THE WORKSHOP

SVG HOTEL & TOURISM ASSOCIATION
CRUISE SHIP TERMINAL, ROOM #8, ST. VINCENT & THE GRENADINES
T: 784 458-4379 | M: 784-494-4379

E: INFO@SVGHOTELS.COM | SVGHOTELS@GMAIL.COM | WEBSITE: SVGHOTELS.COM



SVG Restaurant Week



Taste of Vincy June 22nd-28th, 2025



SOL



ECGC

Sandals



ACADO



Follow Us:



svg-hotels@gmail.com



+1784 458-4379 | +1784 494-4379



FATHER'S DAY

BIKE & BUFFET BRUNCH

TOUR 1
 7:00AM ATV TOUR
 8:30AM BREAKFAST

TOUR 3
 1:15PM ATV TOUR
 2:45PM LUNCH BUFFET

TOUR 2
 11:15AM ATV TOUR
 12:45PM BUFFET BRUNCH

TOUR 4
 3:15PM ATV TOUR
 4:45PM DINNER BUFFET



COLD TOWEL, BEERS AND BOTTLED WATER
AFTER TOUR COMPLIMENTARY WINE OR
RUM PUNCH WITH BRUNCH







\$395
PER FATHER

PLUS A GUEST OF HIS CHOICE.
ONE DOUBLE SEAT ATV/ PLUS
BUFFET

VOUCHERS CAN BE PICKED UP IN BRIGHTON & KINGSTON




Father's Day BBQ

BEER & BBQ A free beer for all dads!

\$100

+10% SERVICE CHARGE

11AM-UNTIL

COCONUT GROVE SPORTS CENTRE

+1 784-431-2837

But First... Coffee

Espresso	Reg: 6.00 LRG: 10.00 +Bailey's +\$10.00
Americano	Reg: 8.00 LRG: 12.00
Black Coffee	Reg: 6.00 LRG: 10.00
Pot	16.00

Salt Fish Stuffed Fried Bake: 20.00
Our house made fried bake, stuffed with perfectly seasoned Salt Fish

The Vincy Way To Start The Day: 25.00
Bujol | Fried Bakes | Fried Plantain | Fresh Local Fruit

Lox it Up: 25.00
Bagel | Smoked Salmon | Cream Cheese

Omelette Station: 25.00 inc:
2 x Fillings + 2 x Sides + 2 x Toast
Add Fillings & Sides: +4.00 Each

Fillings: Onions | Tomatoes | Spinach | Sweet Peppers | Mushrooms
Sides: Bacon | Baked Ham | Sausage | Breakfast Potatoes | Plantain | Baked Beans
Cheeses: Feta | Cheddar | Mozzarella
Toast x 2: White | Whole Wheat

Pancake | Waffle | French Toast Stacks:
3 x Stack: 14.00 | 5 x Stack: 20.00
Classic | Chocolate Drizzled | Cinnamon & Banana

Chicken & Waffles: 35.00
Crispy Chicken paired with our house made Waffles

The Full 360: 40.00
(2) Eggs your way | Sausage | Seasoned Potatoes | Grilled Tomato
Toast (White or Wholewheat)

360 Breakfast Burger: 25.00
House made 6Oz Beef Patty | Fried Egg | Bacon | Red Onion | Tomato
Sides: Crispy Breakfast Potatoes | Fried Plantain

Sweet Tooth x The Slice
Ice Cream x 2: 10.00
Cheesecake w/ Strawberry | Blueberry
Topping: 15.00
Red Velvet w/ Cream Cheese Frosting:
15.00
Tiramisu Espresso Brownie: 20.00

360 Sports Bar

FATHER'S DAY



MENU

Steak & Eggs Platter: 55.00
Striploin Steak | (2) Fried Eggs | Breakfast Potatoes
Optional:
Caramelized Onions | Mushrooms

Shish Kabob Platter:
Chicken: 45.00 | Fish: 50.00 | Shrimp: 60.00
3 x Kabobs | Flame Grilled Potatoes
Corn on the Cob

Baby's Got Back BBQ Ribs:
Half Rack: 45.00 | Full Rack: 60.00
Slow Cooked BBQ Baby Back Rib Rack | Classic Cornbread
360 Colelaw

Boneless Ribeye Steak: 70.00
Garlic Parmesan Potato Stack
360 Caesar Salad





MYAHS HOTEL

DAY PASS Experience




Rates:

Single Guest: EC \$265.00

Two Adults: EC \$370.00

Day Pass Includes

- 20-minute Neck & Shoulder Massage at the Spa (Adults only)
- One Meal & One Non-Alcoholic Beverage at Islander Restaurant
- Access to the Pool throughout stay
- Private Photo Session (15 minutes) with 5 Digital Photos
- Private Room Access from 10:00 AM to 5:00 PM

FOR MORE INFORMATION
Call: 1(784) 451-3600
reservation@myahshotel.com









HOSTED BY:

SUPA DOG PITBULL

Myah's Hotel: Islander Bar & Grill

FREE ENTRY // FREE PARKING // PRIZES TO BE WON

 +1 784 451-3600

Visit our website
myahshotel.com




JADEN SUN - FAST FERRY SERVICE
REGULAR SCHEDULE 2025

DAYS	Depart Kingstown	Depart Bequia	Depart Canouan	Depart Mayreau	Depart Union Island
SUNDAY	AM - No Dep. PM - 3:30	AM - No Dep. PM - 4:00	AM - No Dep. PM - 5:15	AM - No Dep. PM - 5:45	AM - No Dep. PM - No Dep.
MONDAY	AM - No Dep. PM - 3:30	AM - 8:30 PM - 4:00	AM - 7:15 PM - 5:15	AM - 6:45 PM - 5:45	AM - 6:30 PM - No Dep.
TUESDAY	AM - No Dep. PM - No Dep.	AM - No Dep. PM - No Dep.	AM - 7:15 PM - No Dep.	AM - 6:45 PM - No Dep.	AM - 6:30 PM - No Dep.
WEDNESDAY	AM - 9:00 PM - No Dep.	AM - No Dep. PM - No Dep.	AM - 10:30 PM - 4:15	AM - 11:00 PM - 3:45	AM - No Dep. PM - 3:30
THURSDAY	NO DEP.	NO DEP.	NO DEP.	NO DEP.	NO DEP.
FRIDAY	AM - 9:00 PM - No Dep.	AM - 9:30 PM - 5:30	AM - 11:00 PM - 4:15	AM - 11:30 PM - 3:45	AM - No Dep. PM - 3:30
SATURDAY	NO DEP.	NO DEP.	NO DEP.	NO DEP.	NO DEP.

Approximate sailing times jetty to jetty:

Kingstown/Bequia - 30 mins.
 Bequia/Canouan - 60 mins.
 Canouan/Mayreau - 20 mins.
 Mayreau/Union Is. - 10 mins.

1. Departure and Arrival times may vary due to weather and other operational reasons
 2. Be at the ferry dock at least 15 Mins. prior to departure
 3. If a Public Holiday falls on a Monday, there will be **NO** departure on Sunday. Instead, the ferry departs Kingstown on **Monday at 3:30pm**

Website: www.jadensunferry.com

 Jaden Sun Fast Ferry

 jaden.sun

 498 7114



Kingstown, St. Vincent

Pasta Thursday



CHICKEN
FISH

BEEF
CARBONARA

EVERY THURSDAY

ORDER NOW: +1 784 458-1800 | +1 784 593-0996



MYAH'S HOTEL

DAD'S DAY OUT

Sunday Lunch Buffet



SUN. 15TH JUN. 2025

STARTING TIME 12PM

PRICE

\$55 PER PERSON

XCD

LOCATION

ISLANDER BAR & GRILL

PRIZES TO BE WON

BEST DRESSED DAD

Reservations Call: 451-3600 | Email: reservation@myahshotel.com

WALK-INS WELCOME, RESERVATIONS PREFERRED

VAT and SVC inclusive

   Myahs Hotel

www.myahshotel.com



TICKETS AVAILABLE AT THE FRONT DESK

EARLY BIRD-XCD\$170
AT THE GATE-XCD200
ALL INCLUSIVE

FATHER'S DAY WILD OUT

JUNE | 15TH | 10AM-UNTIL

DOMINOS & CARD GAMES
BRUNCH AT THE RESTAURANT
LUNCH FEAST ON THE LAWN

MUSIC BY DJ MICKEY & DJ ADIKTID

1784-524-8677
info@bequiaplantationhotel.com



**GH WRAPS
SERVED WITH SALAD**
CHICKEN, FISH, VEGETABLES

BUILD YOUR SALAD
Lettuce, Tomatoes, Cucumbers, Carrots, Cabbage, Onions, Sweet Peppers, Avacado, Chick Peas
4 Veggies + 1 CHOICE OF MEAT - FISH/CHICKEN

CHEF'S DAILY SPECIAL
Local Ground Provision Bowl
Steamed Plantains, Steamed Provision, GH Salad, Coconut Dumplings
Choice of Codfish/ Grilled Chicken / Fish

BEVERAGES
Ginger Lime Fuzz
Fruit Smoothies (Seasonal Fruits)
Plumrose/ Waxapple Watermelon Spritz (SEASONAL)

+ 1 784 458-1800 | + 1 784 593-0996
stay@grenadinehouse.com



Wellness Wednesday
EVERY WEDNESDAY



Grenadine House
Kingstown, St. Vincent



**PARADISE
Carnival Market**

@PARADISE BEACH HOTEL
SUN 22ND JUNE 2025
FROM 11AM TO 3PM

Reservations for Buffet & Vendor Tables:
✉ info@paradisevg.com
☎ +1(784)457-4795

BUFFET
ADULTS \$65
KIDS \$45



**THE LOFT
RESTAURANT & BAR**

FATHER'S DAY BUFFET Celebration

15TH JUNE, 2025

11AM-3PM | A FREE BEER FOR ALL DADS

\$110
+ 10% service charge

Reserve your table:
+1 784-458-4308



WindBlow Valley Camp 2025

AGRI-ADVENTURE & FESTIVE FUN!
JULY 1 - AUGUST 29
MON-FRI 9 AM-3PM



\$65/DAY | \$300/WEEK | LUNCH INCLUDED
\$50/DAY | BRING LUNCH
• 10% SIBLING DISCOUNT

AGES: 6-17

- MEET THE BUNNIES, HORSES, DONKEYS
- RC CAR RACING • LASER TAG • ARTS & CRAFTS
- NATURE EXPLORATION
- & MUCH MORE!

WINDBLOW INC.
 WHATSAPP: +1-(784) 496-5000 WINDBLOWINC.COM




Reservations please
 784 458-3255 or 528-8560
 reservations@frangipanibequia.com

the *frangipani*
 Bequia
 hotel.restaurant.bar

BBQ & Buffet

EVERY THURSDAY

7:30pm
#LIVEMUSIC

The Elite Steel Orchestra



US \$37 or EC \$98



MAN OF THE MONTH RETREAT

-  **FATHER'S TREAT** **\$160**
 30MIN DEEP TISSUE + LUNCH
 AVAILABLE ONLY ON FATHER'S DAY
-  **DAD'S REFRESH** **\$100**
 30MIN DEEP TISSUE BACK MASSAGE
-  **THE ROYAL KING TREATMENT** **\$160**
 FULL BODY MASSAGE, MANLY FACIAL, GENTLE MAN PEDICURE - 2HRS \$160
-  **SUPER (WO)MAN** **\$120**
 SWEDISH MASSAGE, OPTIONAL FACIAL/PEDICURE- 1HR 20MINS \$120
 THE MOMS WHO PLAY THE ROLE OF DADS

Reservations Call: 451-3600 | Email: reservation@myahshotel.com

****VAT and SVC inclusive.****

Myahs Hotel www.myahshotel.com



 **Grenadine House**
 Kingstown, St. Vincent

POOL Packages

POOL PACKAGE 1	POOL PACKAGE 2
XCD \$40.00	XCD \$60.00
-ACCESS TO POOL-	-ACCESS TO POOL-
	- 1 LIGHT MEAL-
	- 1 HAIROUN SOFT DRINK-

FOR RESERVATIONS CALL/WHATSAPP
+1 784 458-1800 | + 1 784 593-0996

CHILLSPOT BAR & GRILL
INDULGES YOU

SUNDAY JUN 15 2025

Father's DAY Buffet MENU

MEATS	SALADS & SIDES	DESSERTS
Curry Mutton	Basmati White Rice	Jam Tart
Sauteed Shrimp	Shrimp Fried Rice	Ducuna
Suckling Pig	Tropical Salad	Chillspot Ice Cream
Conch Salad	Mac & Cheese	Strawberry Cheesecake
Chinese Fried Chicken	Sweet Potato Fries	
Jerk Chicken	Teriyaki Plantain	
Choices of Bread (Cinnamon, Coconut, Banana & Wheat)	Spicy Coleslaw	
	Asian-Style Steam Vegetables	

SOUPS
Conch Chowder
Mannish Water

LOCAL JUICE
Ginger Beer
Mauity Sorrel

\$80 PER PERSON

FOR RESERVATIONS & MORE INFORMATION:
1 (784) 457-7768/497-7768

VIGIE HIGHWAY ARNOS VALE
OUTSIDE THE PREVIOUS LOCATION OF RENT & DRIVE

#Father'sDayBuffet

LAVUE
BOUTIQUE HOTEL & BEACH CLUB

PROM & GRADUATION Packages

Book us now to create this unforgettable night as you celebrate your CLASS on 2025!

VENUE OPTIONS	CATERING OPTIONS
SETUP DECOR OPTIONS	
FREE PARKING	FREE WIFI
	BAR SETUP

FOR FREE CONSULTATION CONTACT US AT

events@lavuehotel.com
(784)528-8883 | (784)534-7754

Maestro ENTERTAINMENT

Sunday JUNE 15 2025 3-11PM

BRUNCH ON THE BEACH

GODS & GODDESSES GALAXY

SUPER EARLY BIRD → \$10
EARLY BIRD - \$120 GENERAL - \$150

DRESSCODE : BEACH SEXY IN WHITE & GOLD
THIS IS A FOOD INCLUSIVE EVENT

TICKET OUTLETS
LANA (PINEAPPLES) CHATEAUBELAIR · KEIZER · FITZ HUGHES
AZARD MINI MART · TROUMACA
BE INSPIRED BY REGIE - UPSTAIRS HOME CENTER #17 SHOP - KINGSTOWN

+1784 533-8223

CUMBERLAND BEACH LAWN

COCONUT GROVE BEACH CLUB

TACO

EVERY WEEK

TACO SPECIALS

Specials

WEDNESDAYS & THURSDAYS

HAPPY HOUR 5PM-7PM

CALL US AT +1 784-431-2837

Chicken \$30.00
Shrimp \$35.00

MUSIC
DJ Slimz



Father's Day Buffet

Sunday 15th June

KEEGAN'S BEACHSIDE, LOWER BAY BEQUIA

Paprika Chicken
Coconut Curry Beef
Sweet & Sour Fish
Cilantro & Lime Rice
Green Vegetable Salad
Steamed Plantains
Macaroni Pie
Calypso Beans

\$80
EC



Kenson's Cheesecake
Centered Banana Bread & Ice Cream
Complimentary Sangria!



LAVUE
BOUTIQUE HOTEL & BEACH CLUB
presents

Father's Day BUFFET

\$100

★ A KING'S FEAST ★

SUNDAY 15th June 2025

LIVE ENTERTAINMENT BY
Grooves on Fire Band
DJ Ligament

THE COURTYARD | SUNSET LOUNGE | BUONGIORNO

DRINKS SPECIAL 11AM - 4PM

TO MAKE RESERVATION CALL (784)528-8883 | 534-7754

A RESERVATION ONLY EVENT

Grenadine House
Kingstown, St. Vincent

Menu

\$85

15TH JUNE, 2025

Soup
Conch Soup with Vegetables Coconut Dumplings

Salads
Breadfruit Salad
Garden Salad

Meats
A CHOICE OF 2
Jerk Chicken
Stewed Pork
Grilled Fish in Lemon Ginger Sauce

Sides
Sauteed Okra & Pumpkin | Provision Pie
Sauteed Vegetables
Green Peas & Rice in Coconut Milk

Desserts
Carrot Cake
Coconut & Peanut Sugarcakes
Sweets Table

SERVED WITH 1 GLASS OF NATURAL JUICE

SERVICE CHARGE WILL BE ADDED TO FINAL BILL.

RESERVATIONS ONLY

+1 784 458-1800 | +1 784 593-0996

Moonshine

BUY 2 COCKTAILS
GET 1 FREE

EVERY WEDNESDAY

LADIES NIGHT

LIVE DJ | FREE PARKING | FOOD

BEQUIA BEACH

THE GRENADINES

Caricom Specials

- **Classic room (1-2) pax - US\$235.00 per night**
*Accessible by multiple steps due to hillside location
- **Junior Suite (1-2) pax - US\$300.00 per night**
*Available with inter-connecting single room at an additional cost of US\$75.00 per night for a 3rd person
- **Beach Front Suite (1-2 pax) - US\$325.00 per night**
*Available with inter-connecting single room at an additional cost of US\$75.00 per night for a 3rd person
- **Two Bedroom Pool Villa - US\$350.00 per night for 2 pax**
US\$75.00 per night for every additional person up to 4 pax*
- **Palm Villa w/ private swimming pool (4 bedroom) - US\$750.00 per night for up to 4 pax**
US\$75.00 per night for every additional person up to 8 pax*
- **Estate Villa w/ private swimming pool (4 bedroom) - US\$850.00 per night for up to 4 pax**
US\$75.00 per night for every additional person up to 8 pax*

LOVER'S SUMMER PACKAGE

USD699 per couple

- Two nights in a Junior Suite
- Early check-in at 10am and late check-out at 3pm
- Ground transfers to and from the hotel from the airport or ferry port on Bequia
- Welcome drinks
- Full breakfast
- 50-minute massage per person
- Upgrade with bubbles and receive an in-room bottle of Grandin Rosé upon arrival (US\$30.00 add-on)

Terms and conditions

Two nights minimum for Estate Villa & Palm Villa

A US\$6 Tourism Sustainability Fee and a US\$3 government-mandated Climate Resiliency Levy will be added per accommodation, per night. VAT of 11% will be added to the final bill.

50% deposit required to confirm booking (10% of deposit non-refundable once booked)

Refunds will be net of card processing fees

Balance due 14 days prior arrival and non-refundable at that point

Full payment required for bookings made within 14 days of arrival

Available from April 1st - 21st August, 2025 & October 17th - 31st, 2025

Please contact us at +1 784 458 1600 to book or by email via reservations@bequiabeach.com

Every Monday
Lunch only

MOUSSAKA MONDAYS

with Maylan

Call to order: +1 784-458-4308


THE LOFT
RESTAURANT & BAR



Every Wednesday
JOIN US TONIGHT FOR

Live
KARAOKE
Music

7:00PM AT PALKI RESTAURANT

DATE

EVERY WEDNESDAY

palkirestaurantsvg.com

Grenadine House
Kingstown, St. Vincent

EVERY
TUESDAY

TACOS



Tacos

BEEF
CHICKEN
FISH
VEGETABLE

Tuesday

-SERVED WITH FRIES / SALAD | 1 REFRESHING GLASS OF GH LEMONADE-

+1 784 458-1800 | +1 784 593-0996 | STAY@GRENADINEHOUSE.COM

Grenadine House
Kingstown, St. Vincent

Happy HOUR



EVERY
FRI-SUN
3PM
UNTIL

HAIROUN BEERS | CARIB BEERS | SHOTS SPECIALS
COMBOS | BURGERS | TACOS | FINGER FOODS | WINGS

 GRENADINE HOUSE

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Spring Hotel Bequia



the Venue



Event Space for:

- *Weddings
- *Meetings
- *Special Celebration Events
- *Presentations
- *And much more

 info@springhotelbequia.com

 (784) 457-3707  (784) 454-4260  www.springhotelbequia.com

Grenadine House
Kingstown, St. Vincent

June Specials

JUNE 1ST - JUNE 30TH, 2025

FOR HIM ONLY \$160
Invigorating Neck & Shoulder Massage
Gentleman's Foot Soak & Foot Scrub

\$140 GYM DAD
Deep Tissue Back & Leg Massage

KING DAD \$220
Deep Tissue Back Massage
A Gentleman's Facial
1 Cold Carib

\$195 DAD'S RETREAT
LET DAD DO THE CHOOSING
CHOOSE ANY 3
Gentleman's Cleansing Facial
Gentleman's Back Massage
Sports Pedicure
Sports Manicure





spa@grenadinehouse.com
stay@grenadinehouse.com

 BOOK NOW

+1 784 456-2600
+1 784 493-0996

 **Grenadine House**
Kingstown, St. Vincent

£\$60
per person



CPEA COOLDOWN
Pool Access
1 Light Meal - 1 Hairoun Soft

+1 784 458-1800 | +1 784 593-0996
stay@grenadinehouse.com



**FRIDAY
NIGHT
CEVICHE**




driftwood
eat drink drift

 **CHILLSPOT BAR & GRILL**

Jerk & Jam
Weekends

CHICKEN • PORK • FISH



FRIDAYS - 5PM -
SATURDAYS - 10AM -
SUNDAYS - 5PM -

PLACE ORDERS
CALL 1 (784) 457-7768

VIGIE HIGHWAY, ARNOS VALE
(OUTSIDE THE PREVIOUS LOCATION OF RENT & DRIVE)

#jerk&jamweekends

Grenadine House
Kingstown, St. Vincent

**DAY
PASS**



US \$85.00
Per Person

ROOM ADD-ON +\$35.00

DAY PASS PACKAGE INCLUDES:

- ✓ 1 WELCOME RUM/FRUIT PUNCH
- ✓ 1 TWO COURSE MEAL
- ✓ 1 LOCAL BEVERAGE
- ✓ 1 GLASS HOUSE RED/WHITE WINE
- ✓ ACCESS TO POOL
- ✓ ACCESS TO GYM

BOOK NOW | +1 784 458-1800 | +1 784 593-0996
stay@grenadinehouse.com

LAVUE
BOUTIQUE HOTEL & BEACH CLUB

TACO TUESDAY

12PM - 11PM

\$30

SUNSET RESTAURANT

- Crispy Fried Shrimp Tacos topped w pico di gallo & pickled sweet onion
- Grilled Chicken Tacos topped w pico di gallo & pickled sweet onion
- Sweet Chilli Fish Tacos topped w pico di gallo & pickled sweet onion
- Hawaiian Steak Tacos topped w pico di gallo & pickled sweet onion
- Short Rib topped w pico di gallo & pickled sweet onion



Delicious
Pad Thai
Thai Thursdays

THE LOFT
RESTAURANT & BAR



Dinner Only



BLUE LAGOON
HOTEL & MARINA

POOL PASS BLUE LAGOON

ADULTS: \$35 EC
UNDER 12: \$17.50 EC
10AM-5PM

1-784-458-4308

Terms & conditions apply

TACO THURSDAY

EVERY OTHER THURSDAY
STARTING FEBRUARY 6

HAPPY HOUR 5PM-7PM
Frozen margaritas 2 for \$25

SHRIMP \$35
CHICKEN \$30

Coconut Grove
BEACH CLUB





CRACKED Conch

Every Wednesday  **5pm** From until

Variety of Sides to choose from
Call to Order 784 456 6808

Chill'n
Brewery

DESSERT Tasting

JOIN US THIS UPCOMING WEEK FOR
EXCLUSIVE TASTINGS OF NEW DESSERTS

First 11 customers get a free tasting

 Grenville Street, Kingstown



XXXX BUILD-YOUR-OWN-BREAKFAST XXXX

EGGS

Fried, Scrambled, Boiled, Omelettes

PROTEINS

Salted codfish, Fried fish, Bacon, Sausage, Hot dogs

BREADS & PASTRIES

Toast, Fried bakes, Doughboy, Bagels

SANDWICHES

Ham, Cheese, Tuna

(Optional add-ons: lettuce, tomatoes, cucumbers)

SPREADS & SIDES

Fruits, Fried plantains, Baked beans, Jams, Cream cheese

BEVERAGES

Tea, Coffee, Juices (variety based on availability),
Blended drinks



WAFULASUN SPORTS BAR
PRESENTS



KARAOKE EVERY SUNDAY NIGHT

Extensive song library of your Favorite Songs
(80s, 90s, Top 40, and more!)

WAFULASUN SPORTS BAR
CUMBERLAND

TIME: 8:00 PM - LATE

DON'T MISS OUT ON THE EXCITEMENT!

CONTACT INFO:

E-MAIL: WAFULASUN@GMAIL.COM

TEL: [784] 431-8019

WHATSAPP [784]532-5514 / FACEBOOK: #WAFULASUN



NEW WEEKLY SCHEDULE

EFFECTIVE APRIL 28TH
BEQUIA - ST. VINCENT

RATES
ADULT PASSENGERS
ALL DEPARTURES
ONE WAY | RETURN
EC\$25 | EC\$40

STANDARD SIZE
VEHICLES
(DRIVER INCLUDED)
ALL DEPARTURES
ONE WAY | RETURN
EC\$60 | EC\$100

Ferry services
between
Bequia and
Kingstown
10 Daily
Departures
Monday to Friday
Indoor
Air-conditioned
seating and
outdoor deck spaces

DEPARTURE TIMES

FROM BEQUIA TO KINGSTOWN

FROM KINGSTOWN TO BEQUIA

MONDAY TO FRIDAY

6:30 AM	8:00 AM
8:00 AM	9:30 AM
9:30 AM	1:00 PM
1:00 PM	4:00 PM
4:00 PM	6:00 PM

SATURDAYS

6:30 AM	8:00 AM
8:00 AM	11:00 AM
1:00 PM	4:00 PM
4:00 PM	6:00 PM

SUNDAYS & PUBLIC HOLIDAYS

6:30 AM	8:00 AM
4:00 PM	6:00 PM



Bequia Express Co. Ltd.
Safe. Reliable. Efficient
TEL: 784 487-3539 | FAX: 784 487-3055
Email: info@bequiaspress.com



TREAT YOURSELF

Dockside Cafe



ON THE MENU:

- COLD SANDWICHES
- COOKIES
- MUFFINS
- QUICHE
- COFFEE
- ICED COFFEE

WE'RE OPEN FROM 7AM



MV GEM STAR 2

Service. Reliability. Respect.

Schedule

Departs Kingstown

TUESDAYS & FRIDAYS - 12:00NOON

Kingstown - Canouan - Mayreau - Union Island

Departs Southern Grenadines

WEDNESDAYS & SATURDAYS - 7:00AM

Union Island - Mayreau - Canouan - Kingstown

ONE WAY FARES CANOUAN: \$60 | MAYREAU: \$70 | UNION ISLAND: \$80

All fares are quoted in Eastern Caribbean dollars.



MONDAY - FRIDAY

Departs Bequia

Departs Kingstown

6:30 AM	11:45 AM
2:00 PM	4:00 PM

SATURDAY

Departs Bequia

Departs Kingstown

6:30 AM	8:00 AM
9:15 AM	11:00 AM
4:00 PM	5:30 PM

PUBLIC HOLIDAY

Departs Bequia

Departs Kingstown

6:30 AM	8:00 AM
4:00 PM	5:30 PM



WEEKLY SCHEDULE



ONE WAY
\$25.00
ADULTS

ONE WAY
\$65.00
INCLUDES DRIVER

RATES

RETURN
\$45.00
ADULTS

RETURN
\$130.00
INCLUDES DRIVER

6:30A.M & WEEKENDS

RETURN
\$40.00
ADULTS

RETURN
\$100.00
INCLUDES DRIVER

SAFE, RELIABLE SERVICE

We Will Continue To Serve You BEST



COFFEE OR TEA FREE
GO TO THE BAR



WIFI FREE
PASSWORD: STABLEBOAT

458-3348

Parks and Sites

Hiking & Adventure

- La Soufriere Cross Country Trail on the Windward Side
- Cumberland Trail
- Dark View Falls
- Vermont Nature Trail
- Indian Bay Beach Facility

Heritage & Culture

- SVG Botanical Garden
- Wallilabou Heritage and Recreation Park
- Black Point Heritage and Recreation Park
- Layou Heritage Park
- Villa Beach Facility
- Mt Wynne Public Beach

Recreation & Site Seeing

- Rawacou Recreation Park
- Belmont Lookout
- Owia Salt Pond
- Cumberland Beach Recreation Park
- Brighton Salt Pond
- Fort Duvernette

SITES CLOSED TO THE PUBLIC

- Fort Charlotte
- Falls of Baleine
- La Soufriere from the Leeward side

BEQUIA - PLACES TO VISIT

- Maritime Museum
- Site of Hamilton
- Sea Salt Museum
- Spring Plantation

Facility User Fee for La Soufriere Windward Trail:

- National and Caribbean Visitors: EC \$5.00
- International Visitors: US \$5.00

Payments can be made at the following locations:

- The National Parks Authority Office, Jaycees Building, Stoney Grounds
- Black Point Heritage and Recreation Park Site



BEQUIA FAST FERRIES LTD

Schedule

MONDAY to SATURDAY		SUNDAYS & PUBLIC HOLIDAYS	
From Bequia	From Kingstown	From Bequia	From Kingstown
6:30 AM	7:45 AM	7:00 AM	8:15 AM
8:45 AM	10:00 AM	4:15 PM	5:15 PM
12:00 PM	3:00 PM		
4:15 PM	5:15 PM		

Fares

Passengers - Locals			Vehicles		
Age Group	One Way	Return	Standard Size	One Way	Return
Adults	\$25	\$50	Vehicle Only	\$65	\$120
Teenagers (13-17)	\$20	\$40	Vehicle and Driver	\$85	\$155
Children (5-12)	\$15	\$30			

Passengers - Standard		
Age Group	One Way	Return
Adults	\$30	\$60
Teenagers (13-17)	\$25	\$50
Children (5-12)	\$20	\$40

Faster **Luxurious** **Stable**

(784) 493-3278
office@bequiafastferries.com

Emergency Numbers

Fire, Police and Coastguard:	911/999
Hospitals: Accident and Emergency Kingstown:	456-1955
Bequia:	458-3294
Canouan Clinic:	458-8305
Union Clinic:	458-8245



SVG Hotel & Tourism Association OFFICE AND SOUVENIR SHOP Cruise Ship Terminal, Room #8

P O Box 2125
Kingstown
St. Vincent & the Grenadines
T: 784 458-4379
M: 784 494-4379

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W: www.svghotels.com
Ins & Outs of SVG: www.insandoutsofsvg.com/