

MAY

Fri 30th

Tree House Bar & Grill: Pillow Talk, Unofficial Lingerie Party, Happy Hour 7-9 pm
Ada Restaurant, Beachcombers Hotel: Happy Hour, 4:30pm - 8pm Live Music
French Verandah: Happy Hours 5-7 pm
Paradise Beach Hotel: Grillin with the Captain, from 7:30 pm
Myah's Hotel: Happy Hours All Day
Sunset Shores Hotel: Happy hour 4-7 pm
Grenadine House: Happy Hour & Sushi Fridays 3 pm until
Prestige Bar: Live Music and Great Vibes from 8 pm, Fountain

Tel: 456-6808
Tel: 534-2593
Tel: 453 -1111
Tel: 457- 4795
Tel: 451-3600
Tel: 458 - 4411
Tel: 458 -1800



Sat 31st

Summer Rose Bar & Lounge: After Dark 10:00 pm until
Districk Night Club, Party, Calder Gap

Tel: 494-7673

Young Island Resort: BBQ from 7:00 pm
Ada Restaurant, Beachcombers Hotel: BBQ 5:30pm - 9:30 pm Live Music
Grenadine House: Enchanted Garden Latin Party, 8-11 pm; Happy Hour 3 pm,
Myah's Hotel: Happy Hours All Day
Sunset Shores Hotel: Happy hour 4-6 pm, BBQ 7pm

Tel: 458-4826
Tel: 534-2593
Tel: 458 -1800
Tel: 451-3600
Tel: 458 - 4411

JUNE

Sun 1st

Blu Beach Club, La Vue Hotel: Toast and Brunch Soiree, 10 am - 5 pm
Over Dose: Kingstown Cruise Ship Terminal 3:00—10:00 pm
La Vue Boutique Hotel & Beach Club: Sunday Brunch 11am - 3pm, Karaoke 6pm
Myah's Hotel: Lunch 12:00 noon
Grenadine House: Sunday Buffet 11:30, Happy Hours 3 pm until

Tel: 532-8883
Tel: 532-8883
Tel: 451-3600
Tel: 458 - 1800

Mon 2nd

Tree House & Grill: Karaoke Night, 8pm until
Hotel Alexandrina: Kulture Bar & Grill, Prospect 3 pm
The Loft Restaurant & Bar, Blue lagoon Hotel and Marina: Moussaka Mondays

Tel: 456-6808
Tel: 456-9788
Tel: 458-4308

Tues 3rd

52 Ocean Heights, Kingstown: Taco Tuesday
Graduates Calypso Tent, Russell's Auditorium, 8:30 pm
Tree House & Grill: Burger & Beer Tuesdays
Grenadine House Restaurant: Taco Tuesday 11 am - 6 pm
La Vue Boutique Hotel & Beach Club: Taco Tuesday, 12 noon - 11pm

Tel: 494-1822
Tel: 456-6808
Tel: 458 -1800
Tel: 532-8883

Wed 4th

Upstage Xperience Calypso Tent, Russell's Auditorium, 8:30 pm
360 Sports Bar, E T Joshua Center: Wild Cocktail Wednesdays, 5pm - 10pm
Grenadine House: Wellness Wednesday
Chill Spot and Grill, Arnos Vale, Seafood Menu: Surf & Turf
La Vue Boutique Hotel & Beach Club: Date Night, 7pm - 10pm
Myah's Hotel: Pizza and Pasta your Way from 12 noon
Palki Restaurant, Villa: Karaoke, 7pm
Soccer - Vincy Heat V Anguilla, Arnos Vale Playing Field
Tree House & Grill: Seafood Night, Cracked Conch, 5pm until

Tel: 530-3360
Tel: 458 - 1800
Tel: 457-7768
Tel: 532-8883
Tel: 451-3600
Tel: 527-2554
Tel: 456-6808

Thurs 5th

Myah's Hotel: Thursday Specials
Chill'n Brewery, Egmont Street, Kingstown
Coconut Grove Beach Club, Ratho Mill: Happy Hour 5pm - 7pm
Grenadine House Restaurant: Pasta Thursday
Tree House & Grill: Taco Thursday
The Loft Restaurant & Bar, Blue lagoon Hotel and Marina: Thai Thursdays

Tel: 451-3600
Tel: 456-1776
Tel: 431-2837
Tel: 458 -1800
Tel: 456-6808
Tel: 458-4308

Friday 30th May

Launch of South Leeward Carnival with a Fish Fest, Main Junction in Clare Valley

Lashum Bar: Party, Campden park

Driftwood Restaurant and Lounge, Ratho Mill - Friday Night Ceviche!, 6pm

Tel: 456-8999

Coconut Grove Beach Club, Ratho Mill: Happy Hour 5pm - 7pm

Tel: 431-2837

Chill Spot Bar & Grill, Vigie Highway, Arnos Vale: Jerk & Jam, 5 pm

Tel: 457-7768

360 Sports Bar, E T Joshua Center: Vice Fridays, with JD Stifla, 5:00 pm to 1:00 am

Tel: 530-3360

Blue Lagoon Hotel and Marina: Sunset & Vibes on the Dock, 5—8 pm

Tel: 458-4308

Moon Light Jouvert On D Wharf, Chateaubelair Wharf, 6pm until

Moonshine: Rum Sweet, 10pm

Tel: 433-1528

Saturday 31st May

Hotel Alexandrina: Kulture Bar & Grill, Prospect 3 pm

Tel: 456-9788

Flow Wine Bar & Kitchen, Kingstown

Tel: 457- 0809

Pitmaster SVG: Authentic Southern Style BBQ, Diamond, Windward Highway, 12 noon - 11 pm

Tel: 494-0101

Chill Spot Bar & Grill, Vigie Highway, Arnos Vale: Jerk & Jam, 5 pm

Tel: 457-7768

Champions League Finals, Wafulasun Sports Bar, Cumberland

Squirt & Flirt, Whale Fuh See, Lacasa Rooftop, Petit Bordel, 10 pm

Carnival Zess Grand Finale, Pier 1 Villa Flat, 8 pm—1 am

Sunday 1st June

Coastal Grill: Karaoke Open Mic Sundays, 7:30pm

Tel: 532-6370

Café Soleil, Blue Lagoon Marina: BBQ 11 am - 5 pm, live music from 7 pm

Tel: 456 - 8550

Chill Spot Bar & Grill, Vigie Highway, Arnos Vale: Jerk & Jam, 5 pm

Tel: 457-7768

Wafulasun Sports Bar, Chateaubelair: Karaoke Night, 8pm

Tel: 570-9691



**GH WRAPS
SERVED WITH SALAD**

CHICKEN, FISH, VEGETABLES

BUILD YOUR SALAD

Lettuce, Tomatoes, Cucumbers,
Carrots, Cabbage, Onions, Sweet
Peppers, Avacado, Chick Peas

4 Veggies + 1 CHOICE OF MEAT -
FISH/CHICKEN

CHEF'S DAILY SPECIAL

Local Ground Provision Bowl

Steamed Plantains, Steamed Provision,
GH Salad, Coconut Dumplings

Choice of Codfish / Grilled Chicken / Fish

BEVERAGES

Ginger Lime Fuzz
Fruit Smoothies (Seasonal Fruits)
Plumrose / Waxapple Watermelon Spritz
(SEASONAL)

+ 1 784 458-1800 | + 1 784 593-0996
stay@grenadinehouse.com



**Wellness
Wednesday**
EVERY WEDNESDAY



Grenadine House
Kingstown, St. Vincent

WiFi



Come and dine with us!

Experience the flavors of the Caribbean at Elysium.



OUR MENU

- Exotic Burgers
- Tacos
- Cake Slices
- Smoothies
- Beverages
- And many more...

OPEN HOURS

Monday to Friday - 7:30 AM to 4:00 PM

Saturday - 7:30 AM to 3:00 PM

(784) 496-5000

Cruise Ship Terminal,
Kingstown, St. Vincent &
the Grenadines

**sunset
& Vibes**

on The Dockside

LIVE MUSIC BY **KRYSTIAN MARK**

Happy Hour Specials
Food on sale

May 30
5PM-8PM



SUMMER ROSE & WAKE_N_BAKE784 PRESENT





Grenadine House
Kingstown, St. Vincent

POOL Packages

POOL PACKAGE 1	POOL PACKAGE 2
XCD \$40.00	XCD \$60.00
-ACCESS TO POOL-	-ACCESS TO POOL- - 1 LIGHT MEAL- -1 HAIROUN SOFT DRINK-

FOR RESERVATIONS CALL/WHATSAPP
+1 784 458-1800 | +1 784 593-0996

  



Reservations please
784 458-3255 or 528-8560
reservations@frangipanibequia.com

the frangipani
Bequia
Hotel, restaurant, bar

BBQ & Buffet

EVERY THURSDAY

7:30pm
#LIVEMUSIC

The Elite Steel Orchestra

US \$37
or EC \$98



VINCYMAS

YOU'RE INVITED TO

GRADUATES CALYPSO TENT 2025

FEATURING

HOMEY, HERO, JOHNNY REBEL, TAJOE, BUSTA SKI, I PA, PATCHES, SUNNY BANKS, ARM STRONG, SHAKA, IWA, LIGSZADAH, JUDITH JACKSON, KENNY, LANI, THE MIGHTY MELONE, ABUZA, NURBIAN EMPRESS, MITCH, CHEWALEE,

RUSSELL'S AUDITORIUM | 8:30PM | \$20:00

MAY 27TH, JUNE 3RD AND JUNE 10TH
(PRELIMINARY JUDGING)

#GRADUATESTENT #VINCYMAS



ONE784
PROMOTIONS

OVER THE TOP RISING

SUNDAY JUN 01 2025

3:00PM - 10:00PM

ADMISSION **\$40**

KINGSTOWN CRUISE TERMINAL

  **CAMPARI** 



Grenadine House
Kingstown, St. Vincent

Sunday Buffet
Sunday June 1st 2025 | 11:30am

XCD\$60
PER PERSON
+ 10% SERVICE CHARGE

Kidney Bean Soup

Macaroni Salad

Steamed Fish with Okra
Teriyaki Chicken

Plantain Lasagna
Green Peas and Rice
Sautéed Vegetables

Chef's Delight

  

RESERVATIONS
+ 1 784 458-1800 | + 1 784 593-0996
stay@grenadinehouse.com



VERSATILE EVENTS PRESENTS

SATURDAY **31 MAY**

 WE BEGIN FROM **12PM**
GAME STARTS **3PM**

CHAMPIONS LEAGUE

CHAMPIONS
LEAGUE FINALS
2025

\$30

HAIROUN BUCKET SPECIAL WITH WINGS

 **PSG VS INTER MILAN** 

WAFALUSUN SPORTS BAR (CUMBERLAND)
EA24 PS5 TOURNAMENT TO FOLLOW ROAST PORK AND CHICKEN ON SALE
PRIZES AND BRAGGING RIGHT TO BE WON DRINKS SPECIAL AVAILABLE



MYAHS HOTEL

DAY PASS Experience

Rates:
Single Guest: EC \$265.00
Two Adults: EC \$370.00

Day Pass Includes

- 20-minute Neck & Shoulder Massage at the Spa (Adults only)
- One Meal & One Non-Alcoholic Beverage at Islander Restaurant
- Access to the Pool throughout stay
- Private Photo Session (15 minutes) with 5 Digital Photos
- Private Room Access from 10:00 AM to 5:00 PM

FOR MORE INFORMATION
Call: 1(784) 451-3600
reservation@myahshotel.com



Moonshine

MAY 30TH 2025

RUM Sweet

Ladies: FREE
Men: \$20 at the door
10 PM
Drink Specials all night

SUNDAY JUNE 1ST 2025
11AM TO 5PM

NE

TOAST & BRUNCH Soiree
BRUNCH INCLUSIVE SERIES

J&S Jay

**BLU BEACH CLUB
LA VUE HOTEL**

LAVUE
BOUTIQUE HOTEL & BEACH CLUB

PROM & GRADUATION Packages

Book us now to create this unforgettable night as you celebrate your CLASS on 2025!

VENUE OPTIONS CATERING OPTIONS
SETUP | DECOR OPTIONS
FREE PARKING FREE WIFI BAR SETUP

FOR FREE CONSULTATION
CONTACT US AT

events@lavuehotel.com
(784)528-8883 | (784)534-7754

THE GRADUATING CLASS OF 2025

NO BOOKS NO TESTS NO STRESS

UNLEASHED
The After-exams Escape

IT'S TIME TO ZESS!

06 | JUNE | 2025

TICKETS \$20
PAY MORE AT THE DOOR

**START TIME: 5PM
INSIDE SUMMER ROSE**

DJ MUSIC BY SVCS OLE BOYS

CAMPARI
Coca-Cola
SUMMER
Inter Caribbean
Full Throttle

BEACH CLUB PIER 1 RESTAURANT

DASANI
HADRON

Good Vibes
BRING A BOTTLE FETE!

THE PLACE TO BE EVERY SUNDAY IN JUNE!
THE OFFICIAL CLUB FOR VINCYNAS, FETE AFTER FETE AFTER FETE

SPECIAL DEEJAYS
SUNDAY JUNE 08
@3:00PM

EARLY BIRDS \$40

#PIER1 #CARNIVALWARMUP #BRINGYOURBOTTLE

MUSIC
DJ Slimz



Father's Day Buffet

Sunday 15th June

KEEGAN'S BEACHSIDE, LOWER BAY BEQUIA

Paprika Chicken
Coconut Curry Beef
Sweet & Sour Fish
Cilantro & Lime Rice
Green Vegetable Salad
Steamed Plantains
Macaroni Pie
Calypso Beans

\$80
EC



Kenson's Cheesecake
Centered Banana Bread & Ice Cream
Complimentary Sangria!



LAVUE
BOUTIQUE HOTEL & BEACH CLUB
presents

Father's Day BUFFET

\$100

★ A KING'S FEAST ★

SUNDAY 15th June 2025

LIVE ENTERTAINMENT BY
Grooves on Fire Band
DJ Ligament

THE COURTYARD | SUNSET LOUNGE | BUONGIORNO

DRINKS SPECIAL 11AM - 4PM

TO MAKE RESERVATION CALL (784)528-8883 | 534-7754

A RESERVATION ONLY EVENT

Grenadine House
Kingstown, St. Vincent

June Specials

JUNE 1ST - JUNE 30TH, 2025

FOR HIM ONLY \$160
Invigorating Neck & Shoulder Massage
Gentleman's Foot Soak & Foot Scrub

\$140 GYM DAD
Deep Tissue Back & Leg Massage

KING DAD \$220
Deep Tissue Back Massage
A Gentleman's Facial
1 Cold Carib

\$195 DAD'S RETREAT
LET DAD DO THE CHOOSING
CHOOSE ANY 3
Gentleman's Cleansing Facial
Gentleman's Back Massage
Sports Pedicure
Sports Manicure

spa@grenadinehouse.com
stay@grenadinehouse.com

BOOK NOW

+1 784 456-2600
+1 784 493-0996

MAIA KUZE
& THE BLUE NOTE GROOVE PRESENT

A JAZZY SUMMER FLING

SUNDAY JUNE 8
6:00 PM
BASIL AT VILLA

\$55 EARLY-BIRD
\$65 AT DOOR

WITH GUEST ARTISTS
SAEED BOWMAN
KRYSTIAN MARK

TICKET OUTLETS:
BASIL AT VILLA
BASIL'S BAR, KINGSTOWN
DOUGAN'S SPORTS BAR

Basil at Villa

FOR RESERVATION CALL
1-784-456-2602



X X X X

BUILD-YOUR-OWN-BREAKFAST

X X X X

EGGS

Fried, Scrambled, Boiled, Omelettes

PROTEINS

Salted codfish, Fried fish, Bacon, Sausage, Hot dogs

BREADS & PASTRIES

Toast, Fried bakes, Doughboy, Bagels

SANDWICHES

Ham, Cheese, Tuna

(Optional add-ons: lettuce, tomatoes, cucumbers)

SPREADS & SIDES

Fruits, Fried plantains, Baked beans, Jams, Cream cheese

BEVERAGES

Tea, Coffee, Juices (variety based on availability),

Blended drinks



BLUE LAGOON
HOTEL & MARINA

TREAT YOURSELF

Dockside Cafe

ON THE MENU:

- COLD SANDWICHES
- COOKIES
- MUFFINS
- QUICHE
- COFFEE
- ICED COFFEE

WE'RE OPEN FROM 7AM

Grenadine House
Kingstown, St. Vincent

Happy HOUR

EVERY FRI-SUN
3PM UNTIL

HAIROUN BEERS | CARIB-BEERS | SHOTS SPECIALS
COMBOS | BURGERS | TACOS | FINGER FOODS | WINGS

GRENADINE HOUSE

+1 784 458-1800 | +1 784 593-0996
stay@grenadinehouse.com

KUBI | SKINNY | HANCE PRESENTS

MADE IN VINCY Festival

TIME 10AM TO 10PM

RATED ALL AGES

ADMISSION FREE

FARMERS MARKET FAMILY FUN DAY + MUSIC FESTIVAL

JUNE 7TH | BLACK POINT

SUPPORTED BY THE MINISTRY OF AGRICULTURE

#OPERATIONHOMEGROWN

JOCHÉ
Salad Shop

SATURDAY 31ST MAY 2025
8PM - 1AM

ZESSERS REPORT FOR DUTY!

Carnival Zess
Grand Finale

ULTIMATE CARNIVAL STARTER

DEEJAYS:
DJ Q & SNYPA / DJ BLAZE
DJ SHADY & DJ STIFLAH
ZJ POWERZ & ICE KOLE

PIER 1 VILLA FLAT
ADMISSION: \$40

PLEASE DRINK RESPONSIBLY.

JADEN INC

JADEN SUN - FAST FERRY SERVICE
REGULAR SCHEDULE 2025

DAYS	Depart Kingstown	Depart Bequia	Depart Canouan	Depart Mayreau	Depart Union Island
SUNDAY	AM - No Dep. PM - 3:30	AM - No Dep. PM - 4:00	AM - No Dep. PM - 5:15	AM - No Dep. PM - 5:45	AM - No Dep. PM - No Dep.
MONDAY	AM - No Dep. PM - 3:30	AM - 8:30 PM - 4:00	AM - 7:15 PM - 5:15	AM - 6:45 PM - 5:45	AM - 6:30 PM - No Dep.
TUESDAY	AM - No Dep. PM - No Dep.	AM - No Dep. PM - No Dep.	AM - 7:15 PM - No Dep.	AM - 6:45 PM - No Dep.	AM - 6:30 PM - No Dep.
WEDNESDAY	AM - 9:00 PM - No Dep.	AM - No Dep. PM - No Dep.	AM - 10:30 PM - 4:15	AM - 11:00 PM - 3:45	AM - No Dep. PM - 3:30
THURSDAY	NO DEP.	NO DEP.	NO DEP.	NO DEP.	NO DEP.
FRIDAY	AM - 9:00 PM - No Dep.	AM - 9:30 PM - 5:30	AM - 11:00 PM - 4:15	AM - 11:30 PM - 3:45	AM - No Dep. PM - 3:30
SATURDAY	NO DEP.	NO DEP.	NO DEP.	NO DEP.	NO DEP.

Approximate sailing times jetty to jetty:
Kingstown/Bequia - 30 mins.
Bequia/Canouan - 60 mins.
Canouan/Mayreau - 20 mins.
Mayreau/Union Is. - 10 mins.

1. Departure and Arrival times may vary due to weather and other operational reasons
2. Be at the ferry dock at least 15 Mins. prior to departure
3. If a Public Holiday falls on a Monday, there will be **NO** departure on Sunday. Instead, the ferry departs Kingstown on **Monday at 3:30pm**

Website: www.jadensunferry.com

f Jaden Sun Fast Ferry **ig** jaden.sun **whatsapp** 498 7114

Grenadine House
Kingstown, St. Vincent

Pasta Thursday

CHICKEN FISH **BEEF CARBONARA**

EVERY THURSDAY

ORDER NOW: +1 784 458-1800 | +1 784 593-0996

WhatsApp Instagram Facebook

EUPHORIA
LATIN DANCE ACADEMY

Presents
Enchanted Garden
Latin party
Grenadine House
Kingstown, St. Vincent

Wear Floral Print

Sat 31st May 8 - 11 pm

BEQUIA BEACH

THE GRENADINES

Caricom Specials

- **Classic room (1-2) pax - US\$235.00 per night**
*Accessible by multiple steps due to hillside location
- **Junior Suite (1-2) pax - US\$300.00 per night**
*Available with inter-connecting single room at an additional cost of US\$75.00 per night for a 3rd person
- **Beach Front Suite (1-2 pax) - US\$325.00 per night**
*Available with inter-connecting single room at an additional cost of US\$75.00 per night for a 3rd person
- **Two Bedroom Pool Villa - US\$350.00 per night for 2 pax**
US\$75.00 per night for every additional person up to 4 pax*
- **Palm Villa w/ private swimming pool (4 bedroom) - US\$750.00 per night for up to 4 pax**
US\$75.00 per night for every additional person up to 8 pax*
- **Estate Villa w/ private swimming pool (4 bedroom) - US\$850.00 per night for up to 4 pax**
US\$75.00 per night for every additional person up to 8 pax*

LOVER'S SUMMER PACKAGE

USD699 per couple

- Two nights in a Junior Suite
- Early check-in at 10am and late check-out at 3pm
- Ground transfers to and from the hotel from the airport or ferry port on Bequia
- Welcome drinks
- Full breakfast
- 50-minute massage per person
- Upgrade with bubbles and receive an in-room bottle of Grandin Rosé upon arrival (US\$30.00 add-on)

Terms and conditions

Two nights minimum for Estate Villa & Palm Villa

A US\$6 Tourism Sustainability Fee and a US\$3 government-mandated Climate Resiliency Levy will be added per accommodation, per night. VAT of 11% will be added to the final bill.

50% deposit required to confirm booking (10% of deposit non-refundable once booked)

Refunds will be net of card processing fees

Balance due 14 days prior arrival and non-refundable at that point

Full payment required for bookings made within 14 days of arrival

Available from April 1st - 21st August, 2025 & October 17th - 31st, 2025

Please contact us at +1 784 458 1600 to book or by email via reservations@bequiabeach.com

Every Monday
Lunch only

MOUSSAKA MONDAYS

with Maylan

Call to order: +1 784-458-4308

THE LOFT
RESTAURANT & BAR



Every Wednesday
JOIN US TONIGHT FOR

Live
KARAOKE
Music

7:00PM AT PALKI RESTAURANT

DATE

EVERY WEDNESDAY

palkirestaurantsvg.com

Grenadine House
Kingstown, St. Vincent

EVERY
TUESDAY

TACOS



Tacos

BEEF
CHICKEN
FISH
VEGETABLE

Tuesday

-SERVED WITH FRIES / SALAD | 1 REFRESHING GLASS OF GH LEMONADE-

+1 784 458-1800 | +1 784 593-0996 | STAY@GRENADINEHOUSE.COM

Instagram, WhatsApp, Facebook icons

360 Sports Bar

School Special BURGER Pack

ONLY \$20



360 BURGER WITH FRIES & 350ML ZESS COLA

AVAILABLE TO STUDENTS IN UNIFORM BETWEEN 11AM & 4:30PM

Spring Hotel Bequia



the Venue



Event Space for:

- *Weddings
- *Meetings
- *Special Celebration Events
- *Presentations
- *And much more

info@springhotelbequia.com

(784) 457-3707 (784) 454-4260 www.springhotelbequia.com

UPSTAGE XPERIENCE
KAISO ON THE MOVE

CALENDAR DATES

24 MAY	MILLERS SHOP (SANDY BAY)	6 JUNE	CUMBERLAND (WAFALASUN SPORTS BAR)
RUSSELLS AUDITORIUM	28 MAY	11 JUNE	RUSSELLS AUDITORIUM (PRELIMINARIES)
4 JUNE	RUSSELLS AUDITORIUM		

Get ready!

FOLLOW UPSTAGE_XPERIENCE FOR MORE INFORMATION

 **Grenadine House**
Kingstown, St. Vincent

£\$60
per person



CPEA COOLDOWN
Pool Access
1 Light Meal - 1 Hairoun Soft

+1 784 458-1800 | +1 784 593-0996
stay@grenadinehouse.com

  



**FRIDAY
NIGHT
CEVICHE**




driftwood
eat drink drift

 **CHILLSPOT BAR & GRILL**

Jerk & Jam
Weekends

CHICKEN • PORK • FISH



FRIDAYS
- 5PM -
SATURDAYS
- 10AM -
SUNDAYS
- 5PM -

PLACE ORDERS
CALL 1 (784) 457-7768

VIGIE HIGHWAY, ARNOS VALE
(OUTSIDE THE PREVIOUS LOCATION OF RENT & DRIVE)

#jerk&jamweekends

Grenadine House
Kingstown, St. Vincent

**DAY
PASS**



US \$85.00
Per Person

ROOM ADD-ON +\$35.00

DAY PASS PACKAGE INCLUDES:

- ✓ 1 WELCOME RUM/FRUIT PUNCH
- ✓ 1 TWO COURSE MEAL
- ✓ 1 LOCAL BEVERAGE
- ✓ 1 GLASS HOUSE RED/WHITE WINE
- ✓ ACCESS TO POOL
- ✓ ACCESS TO GYM



BOOK NOW | +1 784 458-1800 | +1 784 593-0996
stay@grenadinehouse.com

  

LAVUE
BOUTIQUE HOTEL & BEACH CLUB

TACO TUESDAY

12PM - 11PM

\$30

SUNSET RESTAURANT

- Crispy Fried Shrimp Tacos topped w pico di gallo & pickled sweet onion
- Grilled Chicken Tacos topped w pico di gallo & pickled sweet onion
- Sweet Chilli Fish Tacos topped w pico di gallo & pickled sweet onion
- Hawaiian Steak Tacos topped w pico di gallo & pickled sweet onion
- Short Rib topped w pico di gallo & pickled sweet onion



Delicious
Pad Thai
Thai Thursdays

THE LOFT
RESTAURANT & BAR



Dinner Only



BLUE LAGOON
HOTEL & MARINA

POOL PASS

BLUE LAGOON

ADULTS: \$35 EC
UNDER 12: \$17.50 EC
10AM-5PM

1-784-458-4308

Terms & conditions apply

TACO THURSDAY

EVERY OTHER THURSDAY
STARTING FEBRUARY 6

HAPPY HOUR 5PM-7PM
Frozen margaritas 2 for \$25

SHRIMP \$35
CHICKEN \$30

Coconut Grove
BEACH CLUB





CRACKED
Conch

Every
Wednesday  **5pm** From until

Variety of Sides to choose from
Call to Order 784 456 6808

Chill'n
Brewery

DESSERT Tasting

JOIN US THIS UPCOMING WEEK FOR
EXCLUSIVE TASTINGS OF NEW DESSERTS

First 11 customers get a free tasting

 Grenville Street, Kingstown



VJ's
A Taste Taste of
Restaurant & Bar

XXXXX NOW SERVING XXXXX

BREAKFAST
BREAKFAST
BREAKFAST



7 AM- 10 AM

07
JUNE

Coconut Grove
BEACH CLUB



DRINK SPECIALS
SATURDAY NIGHT

Coconut Grove | Starting 8PM

NEW

WEEKLY SCHEDULE

EFFECTIVE APRIL 28TH
BEQUIA - ST. VINCENT

RATES

ADULT PASSENGERS
ALL DEPARTURES

ONE WAY | RETURN
EC\$25 | EC\$40

STANDARD SIZE
VEHICLES
(DRIVER INCLUDED)
ALL DEPARTURES

ONE WAY | RETURN
EC\$60 | EC\$100

Ferry services
between
Bequia and
Kingstown
**10 Daily
Departures**
Monday to Friday
Indoor
Air-conditioned
seating and
outdoor deck spaces

DEPARTURE TIMES

FROM BEQUIA
TO KINGSTOWN

FROM KINGSTOWN
TO BEQUIA

MONDAY TO FRIDAY

6:30 AM	8:00 AM
8:00 AM	9:30 AM
9:30 AM	1:00 PM
1:00 PM	4:00 PM
4:00 PM	6:00 PM

SATURDAYS

6:30 AM	8:00 AM
8:00 AM	11:00 AM
1:00 PM	4:00 PM
4:00 PM	6:00 PM

SUNDAYS & PUBLIC HOLIDAYS

6:30 AM	8:00 AM
4:00 PM	6:00 PM



Bequia Express Co. Ltd.
Safe. Reliable. Efficient
TEL: 784 457-3539 | FAX: 784 457-3055
Email: info@bequiasexpress.com

Sunday Funday

May 2025

Adult Passengers

\$35
Return

Vehicles

\$100
Return
Driver Included

Departs Bequia
6:30 am & 4:00 pm

Departs Kingstown
8:00 am & 6:00 pm



Bequia Express Co. Ltd.
Safe. Reliable. Efficient
TEL: 784 457-3539 | FAX: 784 457-3055
Email: info@bequiasexpress.com



MV GEM STAR 2

Service. Reliability. Respect.

Schedule

Departs Kingstown

TUESDAYS & FRIDAYS - 12:00NOON

Kingstown - Canouan - Mayreau - Union Island

Departs Southern Grenadines

WEDNESDAYS & SATURDAYS - 7:00AM

Union Island - Mayreau - Canouan - Kingstown

ONE WAY FARES CANOUAN: \$60 | MAYREAU: \$70 | UNION ISLAND: \$80

All fares are quoted in Eastern Caribbean dollars.



MONDAY - FRIDAY

Departs Bequia

Departs Kingstown

6:30 AM	11:45 AM
2:00 PM	4:00 PM

SATURDAY

Departs Bequia

Departs Kingstown

6:30 AM	8:00 AM
9:15 AM	11:00 AM
4:00 PM	5:30 PM

SUNDAY & PUBLIC HOLIDAY

Departs Bequia

Departs Kingstown

6:30 AM	8:00 AM
4:00 PM	5:30 PM

ONE WAY
\$25.00
ADULTS

ONE WAY
\$65.00
INCLUDES DRIVER

RATES

RETURN
\$45.00
ADULTS

RETURN
\$130.00
INCLUDES DRIVER

6:30A.M & WEEKENDS

RETURN
\$40.00
ADULTS

RETURN
\$100.00
INCLUDES DRIVER

SAFE, RELIABLE SERVICE

We Will Continue To Serve You BEST



COFFEE OR TEA FREE
GO TO THE BAR



WIFI FREE
PASSWORD: STABLEBOAT1

458-3348

Parks and Sites

Hiking & Adventure

- La Soufriere Cross Country Trail on the Windward Side
- Cumberland Trail
- Dark View Falls
- Vermont Nature Trail
- Indian Bay Beach Facility

Heritage & Culture

- SVG Botanical Garden
- Wallilabou Heritage and Recreation Park
- Black Point Heritage and Recreation Park
- Layou Heritage Park
- Villa Beach Facility
- Mt Wynne Public Beach

Recreation & Site Seeing

- Rawacou Recreation Park
- Belmont Lookout
- Owia Salt Pond
- Cumberland Beach Recreation Park
- Brighton Salt Pond
- Fort Duvernette

SITES CLOSED TO THE PUBLIC

- Fort Charlotte
- Falls of Baleine
- La Soufriere from the Leeward side

BEQUIA - PLACES TO VISIT

- Maritime Museum
- Site of Hamilton
- Sea Salt Museum
- Spring Plantation

Facility User Fee for La Soufriere Windward Trail:

- National and Caribbean Visitors: EC \$5.00
- International Visitors: US \$5.00

Payments can be made at the following locations:

- The National Parks Authority Office, Jaycees Building, Stoney Grounds
- Black Point Heritage and Recreation Park Site



National Parks, Rivers and Beaches Authority
Jaycees Building, Stoney Ground Road
Kingstown, St. Vincent and the Grenadines
☎ 784-453-1623 / Fax: 784-453-1622
✉ nationalparkssvg1@gmail.com
🌐 www.nationalparks.gov.vc
📅 Thursday, 15th May, 2025

SITE CLOSURE NOTICE

The Management of the National Parks, Rivers and Beaches Authority (NPRBA) advises that the **Falls of Baleine** remains closed to the public in the interest of public safety.

We strongly urge individuals to refrain from visiting the site during this period.

We appreciate your understanding and cooperation as we work to ensure the safety and preservation of this natural site.

A Public Service Announcement From The Management of
The National Parks, Rivers and Beaches Authority



BEQUIA FAST FERRIES LTD

Schedule

MONDAY to SATURDAY		SUNDAYS & PUBLIC HOLIDAYS	
From Bequia	From Kingstown	From Bequia	From Kingstown
6:30 AM	7:45 AM	7:00 AM	8:15 AM
8:45 AM	10:00 AM	4:15 PM	5:15 PM
12:00 PM	3:00 PM		
4:15 PM	5:15 PM		

Fares

Passengers - Locals			Vehicles		
Age Group	One Way	Return	Standard Size	One Way	Return
Adults	\$25	\$50	Vehicle Only	\$65	\$120
Teenagers (13-17)	\$20	\$40	Vehicle and Driver	\$85	\$155
Children (5-12)	\$15	\$30			

Passengers - Standard		
Age Group	One Way	Return
Adults	\$30	\$60
Teenagers (13-17)	\$25	\$50
Children (5-12)	\$20	\$40

Faster **Luxurious** **Stable**

(784) 493-3278
office@bequiafastferries.com

Emergency Numbers

Fire, Police and Coastguard:	911/999
Hospitals: Accident and Emergency Kingstown:	456-1955
Bequia:	458-3294
Canouan Clinic:	458-8305
Union Clinic:	458-8245



SVG Hotel & Tourism Association OFFICE AND SOUVENIR SHOP Cruise Ship Terminal, Room #8

P O Box 2125
Kingstown
St. Vincent & the Grenadines
T: 784 458-4379
M: 784 494-4379

E: info@svghotels.com / svghotels@gmail.com
W: www.svghotels.com
Ins & Outs of SVG: www.insandoutsofsvg.com/