

MAY

Fri 2nd

Blouse and Skirts 2.0, G-Spot Bar, Sandy Bay

Ada Restaurant, Beachcombers Hotel: Happy Hour, 4:30pm - 8pm Live Music

Tel: 534-2593

French Verandah: Happy Hours 5-7 pm

Tel: 453 -1111

The Loft Restaurant &amp; Bar: Sunset &amp; Vibes with Karaoke &amp; Live Music, 5pm - 8pm

Tel: 458-4308

Myah's Hotel: Happy Hours All Day

Tel: 451-3600

Sunset Shores Hotel: Happy hour 4-7 pm

Tel: 458 - 4411

Bagga Fish Fest: Central Leeward Carnival Launch 2K25, Bagga Square, 6pm

Friday Block Party, Triple R Square, Georgetown, 6pm

Grenadine House: Happy Hour &amp; Sushi Fridays 3 pm until

Tel: 458 -1800

Signature Restaurant and Event Centre: Wild Thoughts Pool Party, 4pm - 1am

Tel: 456-6518

Young Island Resort: BBQ from 7:00 pm

Tel: 458-4826

Ada Restaurant, Beachcombers Hotel: Happy Hour 4:30pm-8pm, BBQ 5:30pm - 9:30 pm Live Music

Tel: 534-2593

Grenadine House: Happy Hour 3 pm

Tel: 458 -1800

Myah's Hotel: Happy Hours All Day

Tel: 451-3600

District Night Club, Calder Gap: All Black Affair

Sunset Shores Hotel: Happy hour 4-6 pm, BBQ 7pm

Tel: 458 - 4411

Carnival Zess Pier 1, Villa Flat, 5pm - 11pm

La Vue Boutique Hotel &amp; Beach Club: Sunday Brunch 11am - 3pm, Karaoke 6pm

Tel: 532-8883

Myah's Hotel: Lunch 12:00 noon

Tel: 451-3600

Grenadine House: Sunday Buffet 11:30, Happy Hours 3 pm until

Tel: 458 - 1800

Tree House &amp; Grill: Karaoke Night, 8pm until

Tel: 456-6808

Hotel Alexandrina: Kulture Bar &amp; Grill, Prospect 3 pm

Tel: 456-9788

52 Ocean Heights, Kingstown: Taco Tuesday

Tel: 494-1822

Signature Restaurant and Event Centre, Vigie Highway: Beer and Wings

Tel: 456-6518

Tree House &amp; Grill: Burger &amp; Beer Tuesdays

Tel: 456-6808

Grenadine House Restaurant:: Taco Tuesday 11 am - 6 pm

Tel: 458 -1800

La Vue Boutique Hotel &amp; Beach Club: Taco Tuesday, 12pm - 11pm

Tel: 532-8883

La Vue Boutique Hotel &amp; Beach Club: Date Night, 7pm - 10pm

Tel: 532-8883

360 Sports Bar, E T Joshua Center: Wild Cocktail Wednesdays, 5pm - 10pm

Tel: 530-3360

Grenadine House: Wellness Wednesday

Tel: 458 - 1800

Chill Spot and Grill, Arnos Vale, Seafood Menu: Surf &amp; Turf

Tel: 457-7768

Tree House &amp; Grill: Seafood Night, Cracked Conch, 5pm until

Tel: 456-6808

Myah's Hotel: Pizza and Pasta your Way from 12 noon

Tel: 451-3600

Palki Restaurant, Villa: Karaoke, 7pm

Tel: 527-2554

Coconut Grove Beach Club, Ratho Mill: Happy Hour 5pm - 7pm

Tel: 431-2837

The Loft Restaurant &amp; Bar, Blue lagoon Hotel and Marina: Thai Thursdays

Tel: 458-4308

Myah's Hotel: Thursday Specials, Karaoke Night 7pm - 10 pm

Tel: 451-3600

Chill'n Brewery, Egmont Street, Kingstown

Tel: 456-1776

Coconut Grove Beach Club, Ratho Mill: Happy Hour 5pm - 7pm

Tel: 431-2837

Grenadine House Restaurant: Pasta Thursday

Tel: 458 -1800

Tree House &amp; Grill: Taco Thursday

Tel: 456-6808

Sun 4th

Mon 5th

Tues 6th

Wed 7th

Thurs 8th



### Friday 2nd May

Summer Rose Bar & Lounge: Taco Friday

Driftwood Restaurant and Lounge, Ratho Mill - Friday Night Ceviche!, 6pm

Coconut Grove Beach Club, Ratho Mill: Happy Hour 5pm - 7pm

Paradise Beach Hotel: Grillin with the Captain, from 7:30 pm

Tel: 494-7673

Tel: 456-8999

Tel: 431-2837

Tel: 457- 4795

### Saturday 3rd May

Water, Paint and Powder, Clare Valley

Summer Rose Bar & Lounge from 5 pm

Pitmaster SVG: Authentic Southern Style BBQ, Diamond, Windward Highway, 12 noon - 11 pm

Hotel Alexandrina: Kulture Bar & Grill, Prospect 3 pm

Palki Restaurant, Villa

Flow Wine Bar & Kitchen, Kingstown

Coconut Grove Beach Club, Ratho Mill: Latin Night, 8pm

Island Rush Weekend, E T Joshua Tarmac, 8 pm

Tel: 494-7673

Tel: 494-0101

Tel: 456-9788

Tel: 527-2554

Tel: 457- 0809

Tel: 431-2837

### Sunday 4th May

Chill Spot and Grill, Arnos Vale

Café Soleil, Blue Lagoon Marina: BBQ 11 am - 5 pm, live music by BAM from 7 pm

Wafulasun Sports Bar, Chateaubelair: Karaoke Night, 8pm

The Loft Restaurant & Bar, Blue lagoon Hotel and Marina

Mangoz Restaurant, Great Vibes & Ambience, Villa

Coastal Grill: Karaoke Open Mic Sundays, 7:30pm

Island Rush Weekend, E T Joshua Tarmac,

Tel: 457-7768

Tel: 456 - 8550

Tel: 570-9691

Tel: 458-4308

Tel: 458-5882

Tel: 532-6370





WILD COCKTAIL WEDNESDAYS

# WGW

at **360**  
*Sports Bar*

**\$14.99** on select  
Martini's, Daiquiri's & MORE

**+**

**2 for \$20** on all our ready to  
drink cocktails

**FROM 5PM - 10PM**

**EVERY WEDNESDAY!**



 **360SPORTS.BAR**



Every Wednesday  
JOIN US TONIGHT FOR



Live **KARAOKE** Music

7:00PM AT PALKI RESTAURANT

DATE **EVERY WEDNESDAY**

[palkirestaurantsvg.com](http://palkirestaurantsvg.com)



# SUNDAY LUNCH

**MAY 4TH 12PM**

**MENU**

- CURRIED BEEF
- GRILLED JERKED CHICKEN IN JERK SAUCE
- HERB INFUSED RICE & BEANS
- THREE CHEESE MACARONI PIE
- POTATO SALAD
- GARDEN SALAD

**\$55 Adults \$25 Kids (4-10yrs)**

\*\*VAT and SVC inclusive.\*\*

**+ 1 784 451-3600 | [reservations@myahshotel.com](mailto:reservations@myahshotel.com)**

  **Myahs Hotel** [www.myahshotel.com](http://www.myahshotel.com)



# TACO THURSDAYS

Chicken Taco Beef Taco Pork Taco

Join us every week for our Taco Thursday Fiesta, where the flavors are bold, the vibes are festive, and the tacos are simply irresistible

**BUY ONE GET ONE HALF PRICE!**

Visit Our Instagram 

For More Information **1 784 456 6808** 



**Tropical SHIPPING** First Citizens

**ISLAND RUSH WEEKEND**

**MAY 01 TEST & TUNE**

**MAY 02 MEET & GREET**

**MAY 03 NITRO NIGHTS**

**MAY 04 INVITATIONAL DRAGS**

**TICKETS OUTLETS**

**TREE BAR**  
ARNOS VALE

**360 SPORT BAR**  
ARNOS VALE

**THE CELL**  
ARNOS VALE

**THE CELL**  
KINGSTOWN

**AMBROSE BARBERSHOP**  
KINGSTOWN

**JANICE BAR**  
BARROUALIE

**ARNOS VALE TARMAC**  
ST VINCENT AND THE GRENADINES

**TICKET PRICES**

**NITRO NIGHTS**  
EARLY BIRDS \$30  
VIP - \$300 (ALL INCLUSIVE)

**INVITATION DRAGS**  
KIDS - \$15 ADULTS - \$30  
VIP - \$100

**Mobil 1**

JOHNNIE WALKER, CAMPARI, SwiftPac, Coca-Cola, A&J, 360, Village Ram, 360, 15

6:01 18%

**Posts**

vincy.rush and 4 others  
Prince Swanny • BBQ Badness

**Tropical SHIPPING** First Citizens

**ISLAND RUSH WEEKEND**

**NITRO NIGHTS**

**SHOWTIME 8PM**

**MAY 03** ARNOS VALE TARMAC ST VINCENT AND THE GRENADINES  
REGULAR TICKETS \$50 VIP TICKETS \$300

**Mobil 1**

JOHNNIE WALKER, CAMPARI, SwiftPac, Coca-Cola, A&J, 360, 15

Liked by vincyvanculture and others

vincy.rush ISLAND RUSH: NITRO NIGHTS is about to BLOW UP the Arnos Vale Tarmac!... more  
2 days ago

Home, Search, Post, Video, Profile

**Spring Hotel Bequia**

**the Venue**

**Event Space for:**

- \*Weddings
- \*Meetings
- \*Special Celebration Events
- \*Presentations
- \*And much more

info@springhotelbequia.com

(784) 457-3707 (784) 454-4260 www.springhotelbequia.com

**May is for Mom**

**\$90 On The Go Mom's**  
Massage, Mini Facial & Manicure

**\$120 Mom's To Be**  
Relaxing Facial & Gel Pedicure

**\$120 Pamper Her Package**  
Swedish Massage | Facial of choice (Area Of Choice) (Deep Cleaning Or Rehydrating Facial)

**\$215 Queen For A Day**  
Full Body Hot Oil Massage, Facial, Luxury Pedicure, Classic Manicure

**\$160 Mom's escape** MAY 11th ONLY  
Swedish Massage, Lunch Included  
\*\*AVAILABLE ONLY ON MOTHERS DAY\*\*

Reservations Call: 451-3600 | Email: reservation@myahshotel.com

\*\*VAT and SVC inclusive.\*\*

Myahs Hotel www.myahshotel.com




**Grenadine House**  
 Kingstown, St. Vincent

## May Specials

1ST-31ST MAY, 2025

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**MOMMY AND ME- \$280**  
 MOM AND CHILD (UP TO 17 YEARS OLD)  
 Upper Body Swedish Massage  
 Spa Pedicure  
 Vitamin Infused Facial

**MOTHER GLOWS BEST- \$250**  
 Invigorating Body Scrub  
 Glow Facial  
 Gel Manicure  
 Complimentary Glass of Wine

**MOM'S RETREAT- \$220**  
 Relaxing Facial  
 Foot Massage  
 Mini Neck & Shoulder Massage  
 Complimentary Glass of Wine

**MOM, YOU ARE A QUEEN- \$300**  
 Glow Facial  
 Hydrating Body Massage  
 Pedicure Fit For A Queen  
 Complimentary Glass of House Wine

**WEEKEND RADIANCE RETREAT- \$300**  
**FRIDAYS AND SATURDAYS**  
 60-minute Deep Tissue or Hot Stone Massage  
 Signature Facial  
 Regular Manicure  
 Regular Pedicure  
 Pool Package # 2

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+1 784 456-2600 | + 1784 493-0996  
 spa@grenadinehouse.com





COCONUT GROVE PRESENTS:

Saturday  
**03**  
 MAY

# Latin Night



**DRINK**

SPECIALS ON MARGARITAS



STARTING 8PM COCONUT GROVE BEACH CLUB




X X X X

## BUILD-YOUR-OWN-BREAKFAST

X X X X




**EGGS**

Fried, Scrambled, Boiled, Omelettes

**PROTEINS**

Salted codfish, Fried fish, Bacon, Sausage, Hot dogs

**BREADS & PASTRIES**

Toast, Fried bakes, Doughboy, Bagels

**SANDWICHES**

Ham, Cheese, Tuna


(Optional add-ons: lettuce, tomatoes, cucumbers)

**SPREADS & SIDES**

Fruits, Fried plantains, Baked beans, Jams, Cream cheese

**BEVERAGES**

Tea, Coffee, Juices (variety based on availability),  
Blended drinks



## Daily Menu

Date: 01/05/2025

**MEATS**

**DELIVERY**  
STARTS AT \$5

CURRY CHICKEN \$18/\$23	PASTA
JERK CHICKEN \$23	PIZZA
JERK PORK \$22	WRAPS
GRILL FISH \$30	BURGER
GRILL CONCH \$30	WINGS & FRIES

Served with three (3) sides




RICE & RED BEANS	MACARONI PIE	STEAM VEG
GARDEN SALAD	FRIED PLANTAIN	

### SOUP/SOUSE

MUTTON (25) / PIGFOOT (20)

**Also Available:**

SEAFOOD LO MEIN \$35	PELEAU \$10/15	CHICKEN LO
SEAFOOD FRIED RICE \$35	CHICKEN FRIED RICE \$20	

WE ACCEPT:   

Vigie highway, Amos Vale, outside Rent and Drive

**FOR MORE INFORMATION, CONTACT**



*Wafulasun Sports Bar*  
**INTRODUCING OUR NEW MENU SPECIALS**



- **LOADED FRIES**
- **CHAMPION WRAPS**

(chicken, veggie & fish options)

Choose from our delicious new wraps, each packed with fresh ingredients and bold flavors

Place your order now!

**Wafulasun sports bar, Cumberland**

**CALL: 1-784-570-9691 / WHATSAPP: 1-784-532-5541.**

**SEE YOU SOON!**

 **Grenadine House**  
 Kingstown, St. Vincent

# Pasta Thursday

CHICKEN  
FISH

BEEF  
CARBONARA

EVERY  
THURSDAY

**ORDER NOW** | +1 784 458-1800 | +1 784 593-0996



*Summer Rose*  
 BAR & LOUNGE

# TACO friday!

GUINNESS  
SMOOTH  
SPECIALS!



Classic Chicken or Fish Taco

**MH**  
 HOTEL

## THIS THURSDAY KARAOKE Night

TIME: 7PM - 10PM



**PIZZA SPECIAL**  
**1 X 10" PIZZAS \$20**

\*\*SPECIALS RUN FROM 7PM-10PM\*\*

FOR MORE INFORMATION **Call: 1(784) 451-3600**

\*VAT inclusive. Subject to 15% service charge

 **Myahs Hotel**

[www.myahshotel.com](http://www.myahshotel.com)





# CALLING ALL PERFORMERS

AUDITION TO JOIN THE ST VINCENT AND THE GRENADINES 2025  
CARIFESTA XV DELEGATION

## DETAILS

SINGERS 9:00 AM - 10:30 AM  
THEATRE 10:30 AM - 12:00 NOON  
MUSICIANS 1:00 PM - 2:30 PM  
DANCERS 2:30 PM - 4:00 PM



CARIFESTA XV DELEGATION

**SATURDAY, 3RD MAY 2025**  
PEACE MEMORIAL HALL

COME PREPARED TO BRING YOUR BEST PERFORMANCE IN NO MORE THAN 1 MINUTE  
BRING YOUR TRACKS, INSTRUMENTS AND PROPS

## FRIDAY NIGHT CEVICHE

*driftwood*  
eat drink. drift.

Grenadine House  
Kingstown, St. Vincent

# DAY PASS

US  
\$85.00  
Per Person

ROOM  
ADD-ON  
+\$35.00

## DAY PASS PACKAGE INCLUDES:

- ✓ 1 WELCOME RUM/FRUIT PUNCH
- ✓ 1 TWO COURSE MEAL
- ✓ 1 LOCAL BEVERAGE
- ✓ 1 GLASS HOUSE RED/WHITE WINE
- ✓ ACCESS TO POOL
- ✓ ACCESS TO GYM

BOOK NOW

+1 784 458-1800 | +1 784 593-0996  
stay@grenadinehouse.com



*Chill'n*  
Brewery



Good vibes, great  
service come chill  
with us

Egmont St. Kingstown, St. Vincent  
+1784-491-4455  
www.chillnbrewery.com





**Grenadine House**  
Kingstown, St. Vincent

# POOL Packages

POOL PACKAGE 1	POOL PACKAGE 2
XCD \$40.00	XCD \$60.00
-ACCESS TO POOL-	-ACCESS TO POOL- - 1 LIGHT MEAL- -1 HAIROUN SOFT DRINK-

FOR RESERVATIONS CALL/WHATSAPP  
+1 784 458-1800 | +1 784 593-0996



Reservations please  
784 458-3255 or 528-8560  
reservations@frangipanibequia.com

**the frangipani**  
Bequia  
Hotel, restaurant, bar

# BBQ & Buffet

## EVERY THURSDAY

**7:30pm**  
**#LIVEMUSIC**

*The Elite Steel Orchestra*

US \$37  
or EC \$98



**STARTING May 4TH 7:30PM**

**CG**  
*Coastal Grill*  
...taste the flavours

# Karaoke

**OPEN MIC sundays**

**★ WEEKLY PRIZES ★**

- ★ **ATV RIDES** - COASTAL ADRENALINE
- ★ **DINNER** - COASTAL GRILL
- ★ **MYSTERY GIFT BAGS**

**END OF SEASON GRAND PRIZE:**

- ★ **ROUND TRIP AIRFARE TO MIAMI**



**Jack's**  
BEACH BAR & RESTAURANT

# SUNSET VIBES

with  
- BASHI ON ACOUSTIC GUITAR -

**FRIDAY, 2ND MAY, 2025**  
**5:00PM TO 7:30PM**

www.jacksbeachbar.com



LAVUE  
BOUTIQUE HOTEL & BEACH CLUB

# TACO TUESDAY

12PM - 11PM

**\$30**

SUNSET RESTAURANT

- Crispy Fried Shrimp Tacos topped w pico di gallo & pickled sweet onion
- Grilled Chicken Tacos topped w pico di gallo & pickled sweet onion
- Sweet Chilli Fish Tacos topped w pico di gallo & pickled sweet onion
- Hawaiian Steak Tacos topped w pico di gallo & pickled sweet onion
- Short Rib topped w pico di gallo & pickled sweet onion



# Thai Thursdays

with Tamika

## THAI CUISINE

Dinner Specials every Thursday



EVERY THURSDAY +1 784-458-4308

THE LOFT  
RESTAURANT & BAR



BLUE LAGOON  
HOTEL & MARINA

# POOL PASS BLUE LAGOON

ADULTS: \$35 EC  
UNDER 12: \$17.50 EC  
10AM-5PM

1-784-458-4308

Terms & conditions apply

# TACO THURSDAY

EVERY OTHER THURSDAY  
STARTING FEBRUARY 6

HAPPY HOUR 5PM-7PM  
Frozen margaritas 2 for \$25

SHRIMP \$35  
CHICKEN \$30

Coconut Grove  
BEACH CLUB





# Happy

HOUR



**WEDNESDAYS**  
5PM-7PM

Coconut Grove  
BEACH CLUB

## SAILING SCHEDULE



OPERATING DAYS	DEPARTS BEQUIA	DEPARTS KINGSTOWN
<b>MONDAY</b>	6:30 AM 2:00 PM	11:45 AM 4:00 PM
<b>TUESDAY</b>	6:30 AM 2:00 PM	11:45 AM 4:00 PM
<b>WEDNESDAY</b>	6:30 AM 2:00 PM	11:45 AM 4:00 PM
<b>THURSDAY</b>	6:30 AM 2:00 PM	11:45 AM 4:00 PM
<b>FRIDAY</b>	6:30 AM 9:15 AM 2:00 PM	7:45 AM 11:45 AM 4:00 PM
<b>SATURDAY</b>	6:30 AM 9:15 AM 4:00 PM	8:00 AM 11:00 AM 5:30 PM
<b>SUNDAY</b>	6:30 AM 4:00 PM	8:00 AM 5:30 PM

(784) 458 3348 (784) 534 7707 admiralferries@gmail.com admiralferries.com



Grenadine House  
Kingstown, St. Vincent

# Mother's Day Buffet

**SAVE THE DATE**  
**SUNDAY MAY 11TH, 2025**

**Book Now!**

WhatsApp Facebook Instagram

+ 1784 458-1800 | + 1784 593-0996  
stay@grenadinehouse.com



## Come and dine with us!

Experience the flavors of the Caribbean at Elysium.



### OUR MENU

- Exotic Burgers
- Tacos
- Cake Slices
- Smoothies
- Beverages
- And many more...

### OPEN HOURS

Monday to Friday - 7:30 AM to 4:00 PM  
Saturday - 7:30 AM to 3:00 PM

(784) 496-5000

Cruise Ship Terminal,  
Kingstown, St. Vincent &  
the Grenadines



**GH WRAPS  
SERVED WITH SALAD**

CHICKEN, FISH, VEGETABLES

**BUILD YOUR SALAD**

Lettuce, Tomatoes, Cucumbers,  
Carrots, Cabbage, Onions, Sweet  
Peppers, Avacado, Chick Peas

4 Veggies + 1 CHOICE OF MEAT -  
FISH/CHICKEN

**CHEF'S DAILY SPECIAL**

**Local Ground Provision Bowl**

Steamed Plantains, Steamed Provision,  
GH Salad, Coconut Dumplings

Choice of Codfish/ Grilled Chicken / Fish

**BEVERAGES**

Ginger Lime Fuzz  
Fruit Smoothies (Seasonal Fruits)  
Plumrose/ Waxapple Watermelon Spritz  
(SEASONAL)

+ 1 784 458-1800 | + 1 784 593-0996  
stay@grenadinehouse.com



ZESSERS REPORT FOR DUTY!

**Carnival Zess**

**SUNDAY  
MAY  
04**  
5PM - 11PM

ULTIMATE  
CARNIVAL  
STARTER

**WEEKLY  
EVENT  
WEEK 1**



DJ VENOM / TANK UP BROS / DJ Q & SHYPA

**PIER 1 - VILLA FLAT**  
**ADMISSION: \$50**

ISLAND TOP DEEJAYS / DRINK SPECIALS / 100PERCENT.ZESS

PLEASE DRINK RESPONSIBLY.



Sponsored by:



**FRIDAY  
BLOCK PARTY**

**DJ HOSEA & DJ NITTO**

**2 MAY START: 6PM**

**TRIPLE-R-SQUARE. GEORGETOWN**



**NU FLAVA SOUNDS**

FOOD-SHOP  593-1299

MINIMART  454-3099

**EVERY  
TUESDAY**

**TACOS**



**Beef  
Chicken  
Fish  
Vegetable**

-SERVED WITH FRIES / SALAD | 1 REFRESHING GLASS OF GH LEMONADE-

- +1 784 458-1800 | + 1 784 593-0996 | STAY@GRENADINEHOUSE.COM -





# BEQUIA BEACH

THE GRENADINES

## Caricom Specials

- **Classic room (1-2) pax - US\$235.00 per night**  
\*Accessible by multiple steps due to hillside location
- **Junior Suite (1-2) pax - US\$300.00 per night**  
\*Available with inter-connecting single room at an additional cost of US\$75.00 per night for a 3<sup>rd</sup> person
- **Beach Front Suite (1-2 pax) - US\$325.00 per night**  
\*Available with inter-connecting single room at an additional cost of US\$75.00 per night for a 3<sup>rd</sup> person
- **Two Bedroom Pool Villa - US\$350.00 per night for 2 pax:**  
US\$75.00 per night for every additional person up to 4 pax\*
- **Palm Villa w/ private swimming pool (4 bedroom) - US\$750.00 per night for up to 4 pax:**  
US\$75.00 per night for every additional person up to 8 pax\*
- **Estate Villa w/ private swimming pool (4 bedroom) - US\$850.00 per night for up to 4 pax:**  
US\$75.00 per night for every additional person up to 8 pax\*

### LOVER'S SUMMER PACKAGE

USD699 per couple

- Two nights in a Junior Suite
- Early check-in at 10am and late check-out at 3pm
- Ground transfers to and from the hotel from the airport or ferry port on Bequia
- Welcome drinks
- Full breakfast
- 50-minute massage per person
- Upgrade with bubbles and receive an in-room bottle of Grandin Rosé upon arrival (US\$30.00 add-on)

### Terms and conditions

Two nights minimum for Estate Villa & Palm Villa

A US\$6 Tourism Sustainability Fee and a US\$3 government-mandated Climate Resiliency Levy will be added per accommodation, per night. VAT of 11% will be added to the final bill.

50% deposit required to confirm booking (10% of deposit non-refundable once booked)

Refunds will be net of card processing fees

Balance due 14 days prior arrival and non-refundable at that point

Full payment required for bookings made within 14 days of arrival

Available from April 1<sup>st</sup> - 21<sup>st</sup> August, 2025 & October 17th - 31st, 2025

Please contact us at +1 784 458 1600 to book or by email via [reservations@bequiabeach.com](mailto:reservations@bequiabeach.com)

**Grenadine House**  
Kingstown, St. Vincent

**Happy HOUR**

EVERY FRI-SUN  
3PM UNTIL

HAIROUN BEERS | CARIB BEERS | SHOTS SPECIALS  
COMBOS | BURGERS | TACOS | FINGER FOODS | WINGS

**GRENADINE HOUSE**

+1 784 458-1800 | +1 784 593-0996  
[stay@grenadinehouse.com](mailto:stay@grenadinehouse.com)  
[www.grenadinehouse.com](http://www.grenadinehouse.com)

*Signature*

**Lobster Night**

**WEDNESDAY**

**\$75**



# Parks and Sites



National Parks, Rivers and Beaches Authority  
Jaycees Building, Stoney Ground Road  
Kingstown, St. Vincent and the Grenadines  
☎ 784-453-1623 / Fax: 784-453-1622  
✉ nationalparkssvg1@gmail.com  
🌐 www.nationalparks.gov.vc  
📅 Friday, 2<sup>nd</sup> May, 2025

## SITE CLOSURE NOTICE

The National Parks, Rivers and Beaches Authority (NPRBA), advises the public that the **Dark View Falls Recreation Park** will be temporarily closed on **Saturday, May 3<sup>rd</sup>, 2025**, to facilitate site repair works.

We sincerely apologize for any inconvenience this may cause and appreciate the cooperation and understanding of the public as we work to improve the site.

A Public Service Announcement From The Management of  
The National Parks, Rivers and Beaches Authority

## Hiking & Adventure

- **La Soufriere Cross Country Trail on the Windward Side**
- **Cumberland Trail**
- **Dark View Falls**
- **Buccament Forest**

## Heritage & Culture

- **SVG Botanical Garden**
- **Wallilabou Heritage and Recreation Park**
- **Black Point Heritage and**

## Recreation & Site Seeing

- **Rawacou Recreation Park**
- **Belmont Lookout**
- **Owia Salt Pond**
- **Cumberland Beach Recreation Park**
- **Brighton Salt Pond**
- **Montreal Gardens**

## BEQUIA - PLACES TO VISIT

- **Maritime Museum**
- **Old Hegg Turtle Sanctuary**
- **Hope Bay Estate**
- **Site of Hamilton**



National Parks, Rivers and Beaches Authority  
Jaycees Building, Stoney Ground Road  
Kingstown, St. Vincent and the Grenadines  
☎ 784-453-1623 / Fax: 784-453-1622  
✉ nationalparkssvg1@gmail.com  
🌐 www.nationalparks.gov.vc  
📅 Friday, 24<sup>th</sup> January, 2025

## LA SOUFRIÈRE WINDWARD TRAIL NOTICE

The Management of the National Parks, Rivers and Beaches Authority (NPRBA) wishes to inform the general public that, effective Saturday 1<sup>st</sup> February, 2025, a Facility User Fee will be implemented for users of the La Soufrière Windward Trail, as follows:

- National and Caribbean Visitors: EC \$5.00
- International Visitors: US \$5.00

Payments can be made at the following locations:

- The National Parks Authority Office, Jaycees Building, Stoney Grounds
- Black Point Heritage and Recreation Park Site

The NPRBA sincerely appreciates your continued support of the La Soufrière Windward Trail and looks forward to your cooperation in ensuring the sustainable management of this treasured site.

A Public Service Announcement From The Management of  
The National Parks, Rivers and Beaches Authority



National Parks, Rivers and Beaches Authority  
Jaycees Building, Stoney Ground Road  
Kingstown, St. Vincent and the Grenadines  
☎ 784-453-1623 / Fax: 784-453-1622  
✉ nationalparkssvg1@gmail.com  
🌐 www.nationalparks.gov.vc  
📅 Thursday, 13<sup>th</sup> March, 2025

## NOTICE: REOPENING OF THE LAYOU PETROGLYPH PARK

The National Parks, Rivers and Beaches Authority (NPRBA) is pleased to announce the **reopening of the Layou Petroglyph Park on Monday, 17<sup>th</sup> March, 2025.**

The Layou Petroglyph Park will be open daily from **9:00 a.m. to 5:00 p.m.**

The Authority apologizes for any inconvenience caused during the closure and looks forward to the full support of the public.

A Public Service Announcement From The Management of  
The National Parks, Rivers and Beaches Authority





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Variety of Sides to choose from  
Call To Order 784 456 6808

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EXCLUSIVE TASTINGS OF NEW DESSERTS

First 11 customers get a free tasting

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**VJ's**  
A TRUE TASTE OF  
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# BREAKFAST BREAKFAST BREAKFAST



7 AM- 10 AM

THE BEST NEW  
**HAPPY MOTHER'S DAY**

*Signature* **Buffet Menu**

**MEAT**

- THAI-STYLE BEEF MARINATED IN A GINGER AND SOY SAUCE
- STUFFED CHICKEN BREAST IN A CREAMY CHEESE SAUCE
- PAN-SEARED FISH WITH A GARLIC BUTTER SAUCE
- SIGNATURE JUICY BBQ PORK RIBS

**SIDES**

- SPINACH HERB RICE
- ROSEMARY BAKED POTATOES
- PENNE PASTA IN TOMATO SAUCE
- SIGNATURE GARDEN SALAD
- CREAMY CORN PIE

**DESSERT**

- GUINNESS & BAILEYS CHEESE CAKE
- CHERRY CHEESE CAKE
- CHOCOLATE DRIZZLED CAKE WITH ICE CREAM

ADULTS **\$85** per person  
CHILDREN **\$45** under 12

LIMITED SEATING - CALL 1-784-456-6518 FOR RESERVATIONS  
TAKE AWAY IS ALSO AVAILABLE!





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DUTIES:

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- Excellent communication skills
- Proficient in MS Office
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- Experience in delivering Luxury Service
- Flexible - able to work extended hours & weekends
- Excellent time management skills
- Ability to work in a fast paced environment
- Highly organized
- Attention to detail
- Driver's license

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- Flexible - able to work extended hours & weekends
- Ability to work in a fast paced environment
- Highly organized
- Attention to detail
- Driver's license

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**NEW** **WEEKLY SCHEDULE**  
EFFECTIVE APRIL 28TH  
BEQUIA - ST. VINCENT

**RATES**  
ADULT PASSENGERS  
ALL DEPARTURES  
ONE WAY | RETURN  
**EC\$25 | EC\$40**

STANDARD SIZE  
VEHICLES  
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**10 Daily  
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Indoor  
Air-conditioned  
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**DEPARTURE  
TIMES**

FROM BEQUIA  
TO KINGSTOWN

FROM KINGSTOWN  
TO BEQUIA

**MONDAY TO FRIDAY**

6:30 AM 8:00 AM  
8:00 AM 9:30 AM  
9:30 AM 1:00 PM  
1:00 PM 4:00 PM  
4:00 PM 6:00 PM

**SATURDAYS**

6:30 AM 8:00 AM  
8:00 AM 11:00 AM  
1:00 PM 4:00 PM  
4:00 PM 6:00 PM

**SUNDAYS & PUBLIC HOLIDAYS**

6:30 AM 8:00 AM  
4:00 PM 6:00 PM



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CORA & NEIL'S EVENT  
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**MAY 11 TH  
SUN  
12-10PM**

*Mother's Day*  
**SUNDAY  
BRUNCH**

Tank Up  
Brothers

DJ  
Stiflah

**ENTRY 75\$ . COMPLIMENTARY DRINK ON ENTRY.**

RESERVATION+  
TICKET ONLY

BOOK TO RESERVE TABLE  
HOOKAH AVAILABLE



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Service. Reliability. Respect.

**SCHEDULE UPDATE**

**FRIDAY, MAY 2 - 11:30AM**

Kingstown > Canouan > Mayreau > Union Island

**SATURDAY, MAY 3 - 1:30PM**

Union Island > Mayreau > Canouan > Kingstown

Please note that there will be no service  
from May 5 - 10.

We apologize for any inconvenience caused.

SHIP: 784 526 1158 | OFFICE: 784 457 4157  
gemstarshipping@gmail.com

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**WEEKLY SCHEDULE**

**MONDAY - THURSDAY**

Departs Bequia Departs Kingstown

6:30 AM 11:45 AM  
2:00 PM 4:00 PM

**FRIDAY**

Departs Bequia Departs Kingstown

6:30 AM 7:45 AM  
9:00 AM 11:45 AM  
2:00 PM 4:00 PM

**SATURDAY**

Departs Bequia Departs Kingstown

6:30 AM 8:00 AM  
9:15 AM 11:00 AM  
4:00 PM 5:30 PM

**SUNDAY**

Departs Bequia Departs Kingstown

6:30 a.m. 8:00 a.m.  
4:00 p.m. 5:30 p.m.

**RATES**

RETURN  
**\$40.00**  
ADULTS

RETURN  
**\$100.00**  
INCLUDES DRIVER

SAFE, RELIABLE SERVICE  
We Will Continue To Serve You BEST



COFFEE OR TEA FREE  
GO TO THE BAR



WIFI FREE  
PASSWORD: STABLEBOAT





# BEQUIA FAST FERRIES LTD

## Schedule

MONDAY to SATURDAY		SUNDAYS & PUBLIC HOLIDAYS	
From Bequia	From Kingstown	From Bequia	From Kingstown
6:30 AM	7:45 AM	7:00 AM	8:15 AM
8:45 AM	10:00 AM	4:15 PM	5:15 PM
12:00 PM	3:00 PM		
4:15 PM	5:15 PM		

## Fares

Passengers - Locals			Vehicles		
Age Group	One Way	Return	Standard Size	One Way	Return
Adults	\$25	\$50	Vehicle Only	\$65	\$120
Teenagers (13-17)	\$20	\$40	Vehicle and Driver	\$85	\$155
Children (5-12)	\$15	\$30			

Passengers - Standard		
Age Group	One Way	Return
Adults	\$30	\$60
Teenagers (13-17)	\$25	\$50
Children (5-12)	\$20	\$40

**Faster** **Luxurious** **Stable**

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## Emergency Numbers

Fire, Police and Coastguard: 911/999  
Hospitals: Accident and Emergency Kingstown: 456-1955  
Bequia: 458-3294  
Canouan Clinic: 458-8305  
Union Clinic: 458-8245



## SVG Hotel & Tourism Association OFFICE AND SOUVENIR SHOP Cruise Ship Terminal, Room #8

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St. Vincent & the Grenadines  
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