

MAY

Fri 23rd

Fantastic Friday, Bagga Square, 7 pm

Ada Restaurant, Beachcombers Hotel: Happy Hour, 4:30pm - 8pm Live Music

Tel: 534-2593

French Verandah: Happy Hours 5-7 pm

Tel: 453 -1111

Paradise Beach Hotel: Grillin with the Captain, from 7:30 pm

Tel: 457- 4795

Myah's Hotel: Happy Hours All Day

Tel: 451-3600

Sunset Shores Hotel: Happy hour 4-7 pm

Tel: 458 - 4411

Grenadine House: Happy Hour & Sushi Fridays 3 pm until

Tel: 458 -1800

Chill Spot Bar & Grill, Vigie Highway, Arnos Vale: Jerk & Jam, 5 pm

Tel: 457-7768



Summer Rose Bar & Lounge: Brunch A Holics, 2pm - 9pm

Tel: 494-7673

Hairoun 40th Celebration, Victoria Park, 6pm

Sat 24th

Young Island Resort: BBQ from 7:00 pm

Tel: 458-4826

Ada Restaurant, Beachcombers Hotel: Happy Hour 4:30pm-8pm, BBQ 5:30pm - 9:30 pm Live Music

Tel: 534-2593

Grenadine House: Happy Hour 3 pm

Tel: 458 -1800

Myah's Hotel: Happy Hours All Day

Tel: 451-3600

Sunset Shores Hotel: Happy hour 4-6 pm, BBQ 7pm

Tel: 458 - 4411

Sun 25th

Carnival Zess, Pier 1 - Villa Flat, 5pm - 11pm

Ivory Soiree All White Affair, Victoria Park 5pm

La Vue Boutique Hotel & Beach Club: Brunch 11am - 4pm, Karaoke 6pm

Tel: 532-8883

Myah's Hotel: Lunch 12:00 noon

Tel: 451-3600

Grenadine House: Sunday Buffet 11:30, Happy Hours 3 pm until

Tel: 458 - 1800

Mon 26th

Tree House & Grill: Karaoke Night, 8pm until

Tel: 456-6808

Hotel Alexandrina: Kulture Bar & Grill, Prospect 3 pm

Tel: 456-9788

The Loft Restaurant & Bar, Blue lagoon Hotel and Marina: Moussaka Mondays

Tel: 458-4308

52 Ocean Heights, Kingstown: Taco Tuesday

Tel: 494-1822

Tues 27th

Graduates Calypso Tent, Russell's Auditorium, 8:30 pm

Tree House & Grill: Burger & Beer Tuesdays

Tel: 456-6808

Grenadine House Restaurant: Taco Tuesday 11 am - 6 pm

Tel: 458 -1800

La Vue Boutique Hotel & Beach Club: Taco Tuesday, 12 noon - 11pm

Tel: 532-8883

Wed 28th

Tree House & Grill: Seafood Night, Cracked Conch, 5pm until

Tel: 456-6808

360 Sports Bar, E T Joshua Center: Wild Cocktail Wednesdays, 5pm - 10pm

Tel: 530-3360

Grenadine House: Wellness Wednesday

Tel: 458 - 1800

Chill Spot and Grill, Arnos Vale, Seafood Menu: Surf & Turf

Tel: 457-7768

La Vue Boutique Hotel & Beach Club: Date Night, 7pm - 10pm

Tel: 532-8883

Myah's Hotel: Pizza and Pasta your Way from 12 noon

Tel: 451-3600

Palki Restaurant, Villa: Karaoke, 7pm

Tel: 527-2554

Coconut Grove Beach Club, Ratho Mill: Happy Hour 5pm - 7pm

Tel: 431-2837

Thurs 29th

The Loft Restaurant & Bar, Blue lagoon Hotel and Marina: Thai Thursdays

Tel: 458-4308

Myah's Hotel: Thursday Specials, Karaoke 7pm - 10pm

Tel: 451-3600

Chill'n Brewery, Egmont Street, Kingstown

Tel: 456-1776

Coconut Grove Beach Club, Ratho Mill: Happy Hour 5pm - 7pm

Tel: 431-2837

Grenadine House Restaurant: Pasta Thursday

Tel: 458 -1800

Tree House & Grill: Taco Thursday

Tel: 456-6808

Friday 23rd May

Driftwood Restaurant and Lounge, Ratho Mill - Friday Night Ceviche!, 6pm

Tel: 456-8999

Coconut Grove Beach Club, Ratho Mill: Happy Hour 5pm - 7pm

Tel: 431-2837

G-Spot Bar, Sandy Bay: Lighters Up

Hairoun 40th Celebration, Triple-R-Square, Georgetown

Saturday 24th May

Upstage Xperience Kaiso on the Move, Millers Shop, Sandy Bay

Hotel Alexandrina: Kulture Bar & Grill, Prospect 3 pm

Tel: 456-9788

Flow Wine Bar & Kitchen, Kingstown

Tel: 457- 0809

Bagga J'ouvert, 4 am and Street Party 4 pm

Chill Spot Bar & Grill, Vigie Highway, Arnos Vale: Jerk & Jam, 5 pm

Tel: 457-7768

Soca on the Seas Party, Boarding from Mangoz Restaurant, 5pm

District Night Club, Glamorous, Calder Gap

Pitmaster SVG: Authentic Southern Style BBQ, Diamond, Windward Highway, 12 noon - 11 pm

Tel: 494-0101

Sunday 25th May

Coastal Grill: Karaoke Open Mic Sundays, 7:30pm

Tel: 532-6370

African Liberation Day, Sion Hill (Intersection), 11am

Café Soleil, Blue Lagoon Marina: BBQ 11 am - 5 pm, live music from 7 pm

Tel: 456 - 8550

Chill Spot Bar & Grill, Vigie Highway, Arnos Vale: Jerk & Jam, 5 pm

Tel: 457-7768

Wafulasun Sports Bar, Chateaubelair: Karaoke Night, 8pm

Tel: 570-9691



SUMMER ROSE & WAKE_N_BAKE784 PRESENT

AFTER DARK

ADMISSION
\$10
 BEFORE 12AM
\$15
 AFTER

Summer Rose

SATURDAY 31 MAY

COMPLIMENTARY SHOT ON ENTRY **DJ GRANDSPEND** 10PM UNTIL

WiFi **Elysium** 

Come and dine with us!

Experience the flavors of the Caribbean at Elysium.



OUR MENU

- Exotic Burgers
- Tacos
- Cake Slices
- Smoothies
- Beverages
- And many more...

OPEN HOURS

Monday to Friday - 7:30 AM to 4:00 PM
 Saturday - 7:30 AM to 3:00 PM

Cruise Ship Terminal,
 Kingstown, St. Vincent &
 the Grenadines

(784) 496-5000

Happy HOUR



WEDNESDAYS
 5PM-7PM

Coconut Grove BEACH CLUB

JOCHÉ **Salad Shop**

ZESSERS REPORT FOR DUTY!

Carnival Zess

SUNDAY MAY 25
 5PM - 11PM

ULTIMATE CARNIVAL STARTER
WEEKLY EVENT
 WEEK 4



SPECIAL! **PIER 1 - VILLA FLAT** **SPECIAL!**

ADMISSION: \$40 BEFORE 8PM / \$50 AFTER 8PM

ISLAND TOP DEEJAYS / DRINK SPECIALS / 100PERCENT.ZESS

PLEASE DRINK RESPONSIBLY.

Grenadine House
Kingstown, St. Vincent

POOL Packages

POOL PACKAGE 1	POOL PACKAGE 2
XCD \$40.00	XCD \$60.00
-ACCESS TO POOL-	-ACCESS TO POOL- - 1 LIGHT MEAL- -1 HAIROUN SOFT DRINK-

FOR RESERVATIONS CALL/WHATSAPP
+1 784 458-1800 | +1 784 593-0996

Reservations please
784 458-3255 or 528-8560
reservations@frangipanibequia.com

the frangipani
Bequia
Hotel, restaurant, bar

BBQ & Buffet

EVERY THURSDAY

7:30pm

#LIVEMUSIC

The Elite Steel Orchestra

US \$37
or EC \$98

VINCYNAS

YOU'RE INVITED TO

GRADUATES CALYPSO TENT 2025

FEATURING

HOMIE, HERO, JOHNNY REBEL, TAJOE, BUSTA SKI, I PA, PATCHES, SUNNY BANKS, ARM STRONG, SHAKA, IWA, LIGSZADAH, JUDITH JACKSON, KENNY, LANI, THE MIGHTY MELONE, ABUZA, NURBIAN EMPRESS, MITCH, CHEWALEE,

RUSSELL'S AUDITORIUM | 8:30PM | \$20:00

MAY 27TH, JUNE 3RD AND JUNE 10TH
(PRELIMINARY JUDGING)

#GRADUATESTENT @VINCYNAS

C.A.M EVENTS PRESENTS

24 MAY
2PM-9PM

BRUNCH A Holics

BRUNCH MENU

Brunch Will Be Served 2 P.M. - 4 P.M.

• Shrimp Kebabs	• Pancakes	• Vegetable Quiche
• Bacon Wrapped Plantain	• Honey BBQ Wings	• Ham Quiche
• Chicken Samosas	• Sweet Chili Wings	• Callalou Soup
• Beef Samosas	• Buffalo Wings	• Fruit Kebabs
• Fish Samosas	• Beef Sliders	• Cheesecake Cups
	• Chicken Sliders	

DRESSCODE: TROPICAL CHIC

RUM MEETING: **SUMMER ROSE**
VILLA, ST. VINCENT

ENTRY: \$80
LIMITED TICKETS AVAILABLE

COMPLIMENTARY MIMOSAS AND SHOTS ON ENTRY!!
SHOTS AT SUNDOWN!!

SUNDAY JUNE 1ST 2025
11AM TO 5PM

NE

TOAST & BRUNCH Soiree
BRUNCH INCLUSIVE SERIES

J&S Jay

**BLU BEACH CLUB
LA VUE HOTEL**

Spring Hotel Bequia

May 25 12-3pm

Sunday Lunch

Adults	Mains (Choose One)	Sides (All Included)
\$45 ^{XCD}	Creole Chicken	Sweet Potato and Chickpea salad
Kids	Grilled Fish (Curried sauce)	Cinnamon baked plantain
\$25 ^{XCD}	Jerk Pork Ribs (Garlic Ginger sauce)	Coconut Rice
(4-10) years old		Coleslaw salad
		Macaroni Pie

Walk-ins welcome, reservations preferred

Free Transportation 12pm from Port Elizabeth 3pm from Hotel

(784) 454-4260 (784) 457-3707 @springhbequia SpringHotelBequia

THE GRADUATING CLASS OF 2025

NO BOOKS NO TESTS NO STRESS

UNLEASHED
The After-exams Escape

IT'S TIME TO ZESS!

06 | JUNE | 2025

TICKETS \$20
PAY MORE AT THE DOOR

**START TIME: 5PM
INSIDE SUMMER ROSE**

DJ MUSIC BY SVCS OLE BOYS

CAMPARI
Coca-Cola
SUMMUS
Inter Caribbean
Full Throttle

BEACH CLUB PIER 1 RESTAURANT

DAYANIL
HARDY

Good Vibes

BRING A BOTTLE FETE!

THE PLACE TO BE EVERY SUNDAY IN JUNE!
THE OFFICIAL CLUB FOR VINCYNAS, FETE AFTER FETE AFTER FETE

SPECIAL DEEJAYS
SUNDAY JUNE 08
3:00PM

EARLY BIRDS \$40

#PIER1 #CARNIVALWARMUP #BRINGYOUROWN BOTTLE

SATURDAY MAY 24TH 2025

HAIROUN
ST. VINCENT'S PRIZE WINNING LAGER BEER
HOLD YOUR OWN

40TH CELEBRATION

VICTORIA PARK 6PM

GENERAL ADMISSION \$20 = FREE

RUBY ZONE \$150

\$40,000 IN GIVEAWAYS!

ONE LUCKY TICKET HOLDER WILL WIN A BRAND NEW DMAX PICKUP ON THE NIGHT!

TICKET OUTLETS

- ST. VINCENT BREWERY LTD & SALES TRUCKS
- LASHUM - CAMPDEN PARK
- RANDY'S SUPERMARKET - DIAMOND, KINGSTOWN
- DIAMOND GROCERIES - CALLIAQUA & DIAMOND
- TP WHOLESALE - PARK HILL
- COUNTRY MART - GEORGETOWN
- BEACHFRONT BAR & RESTAURANT - FITZ HUGHES
- PEMBROKE SERVICES STATION
- PETRA'S BRIDGE BAR - GREIGGS
- KEISHA'S FRONTLINE BAR - SHARPES
- JAR PLUM - RICHLAND PARK
- MAZ EYE - TOP QUESTELLES
- JUDGE BAR - CALDER
- LANO LANO INN - VILLA & HERITAGE SQUARE
- JANIS BAR - BARROUALLIE
- MORVIS SHOP - PETIT BORDEL

BLUE LAGOON
HOTEL & MARINA

TREAT YOURSELF
Dockside Cafe

ON THE MENU:

- COLD SANDWICHES
- COOKIES
- MUFFINS
- QUICHE
- COFFEE
- ICED COFFEE

WE'RE OPEN FROM 7AM

VJ's
A Taste of St. Vincent
Restaurant & Bar

BUILD-YOUR-OWN-BREAKFAST

EGGS
Fried, Scrambled, Boiled, Omelettes

PROTEINS
Salted codfish, Fried fish, Bacon, Sausage, Hot dogs

BREADS & PASTRIES
Toast, Fried bakes, Doughboy, Bagels

SANDWICHES
Ham, Cheese, Tuna
(Optional add-ons: lettuce, tomatoes, cucumbers)

SPREADS & SIDES
Fruits, Fried plantains, Baked beans, Jams, Cream cheese

BEVERAGES
Tea, Coffee, Juices (variety based on availability),
Blended drinks

Grenadine House
Kingstown, St. Vincent

May Specials
1ST-31ST MAY, 2025

MOMMY AND ME- \$280
MOM AND CHILD (UP TO 17 YEARS OLD)
Upper Body Swedish Massage
Spa Pedicure
Vitamin Infused Facial

MOTHER GLOWS BEST- \$250
Invigorating Body Scrub
Glow Facial
Gel Manicure
Complimentary Glass of Wine

MOM'S RETREAT- \$220
Relaxing Facial
Foot Massage
Mini Neck & Shoulder Massage
Complimentary Glass of Wine

MOM, YOU ARE A QUEEN- \$300
Glow Facial
Hydrating Body Massage
Pedicure Fit For A Queen
Complimentary Glass of House Wine

WEEKEND RADIANCE RETREAT- \$300
FRIDAYS - SATURDAYS
60-minute Deep Tissue or Hot Stone Massage
Signature Facial
Regular Manicure
Regular Pedicure
Pool Package #2

+1 784 456-2600 | +1 784 493-0996
spa@grenadinehouse.com

WhatsApp Instagram Facebook

 **Grenadine House**
Kingstown, St. Vincent

**GH WRAPS
SERVED WITH SALAD**
CHICKEN, FISH, VEGETABLES

BUILD YOUR SALAD
Lettuce, Tomatoes, Cucumbers, Carrots, Cabbage, Onions, Sweet Peppers, Avacado, Chick Peas

4 Veggies + 1 CHOICE OF MEAT - FISH/CHICKEN

CHEF'S DAILY SPECIAL
Local Ground Provision Bowl
Steamed Plantains, Steamed Provision, GH Salad, Coconut Dumplings

Choice of Codfish/ Grilled Chicken / Fish

BEVERAGES
Ginger Lime Fuzz
Fruit Smoothies (Seasonal Fruits)
Plumrose/ Waxapple Watermelon Spritz (SEASONAL)

+ 1 784 458-1800 | + 1 784 593-0996
stay@grenadinehouse.com

  

 **Wellness Wednesday**
EVERY WEDNESDAY

friday *man*
30
2025

ADCM promotions
ADM PROMOTIONS X TREEHOUSE PRESENTS

 **TreeBar & Grill**

admission **\$20**
before midnight
more offer

Pillow Talk

UNOFFICIAL LINGERIE PARTY

LIMITED SHOTS ON ENTRY

Kitchen steaming all night
Roast pork, chicken wings, shark and much more
2 FOR 1 HAPPY HOUR FROM 7PM - 9PM
MUST BE 18 OR OLDER ID REQUIRED DRINK RESPONSIBLY

**TWO SEXIEST DRESSED LADIES
GET A FREE BOTTLE OF WINE**
DJ FLEX / TANK UP BROS

KUBI | SKINNY | HANCE PRESENTS

MADE IN VINCY Festival

TIME 10AM TO 10PM

RATED ALL AGES

ADMISSION FREE

**FARMERS MARKET
FAMILY FUN DAY + MUSIC FESTIVAL
JUNE 7TH | BLACK POINT**

SUPPORTED BY THE MINISTRY OF AGRICULTURE

#OPERATIONHOMEGROWN

 **Grenadine House**
Kingstown, St. Vincent

EVERY TUESDAY

TACOS

TACOS

Tuesday

BEEF
CHICKEN
FISH
VEGETABLE

-SERVED WITH FRIES / SALAD | 1 REFRESHING GLASS OF GH LEMONADE-

+ 1 784 458-1800 | + 1 784 593-0996 | STAY@GRENADINEHOUSE.COM

  

Every Monday
Lunch only

MOUSSAKA MONDAYS

with Maylan



Call to order: +1 784-458-4308



Every Wednesday
JOIN US TONIGHT FOR

Live KARAOKE Music

7:00PM AT PALKI RESTAURANT

DATE

EVERY WEDNESDAY

palkirestaurantsvg.com



ONE
FEST
CANOVAN
MAY 30 - JUN 1





UPSTAGE XPERIENCE
KAISO ON THE MOVE

CALENDAR DATES

24 MAY MILLERS SHOP (SANDY BAY)	6 JUNE CUMBERLAND (WAFALASUN SPORTS BAR)
RUSSELLS AUDITORIUM 28 MAY	11 JUNE RUSSELLS AUDITORIUM (PRELIMINARIES)
4 JUNE RUSSELLS AUDITORIUM	

Get ready!

FOLLOW UPSTAGE_XPERIENCE FOR MORE INFORMATION



360 Sports Bar

School Special
BURGER
Pack

ONLY \$20

360 BURGER WITH FRIES & 350ML ZESS COLA

AVAILABLE TO STUDENTS IN UNIFORM BETWEEN 11AM & 4:30PM



Spring Hotel Bequia

the Venue

Event Space for:

- *Weddings
- *Meetings
- *Special Celebration Events
- *Presentations
- *And much more

info@springhotelbequia.com

(784) 457-3707 (784) 454-4260 www.springhotelbequia.com



May is for Mom

\$90 <i>On The Go Mom's</i> Massage, Mini Facial & Manicure	\$120 <i>Mom's To Be</i> Relaxing Facial & Gel Pedicure
\$120 <i>Pamper Her Package</i> Swedish Massage Facial of choice (Area Of Choice) (Deep Cleaning Or Rehydrating Facial)	\$215 <i>Queen For A Day</i> Full Body Hot Oil Massage, Facial, Luxury Pedicure, Classic Manicure
\$160 <i>Mom's escape</i> MAY 11th ONLY Swedish Massage, Lunch Included **AVAILABLE ONLY ON MOTHERS DAY**	

Reservations Call: 451-3600 | Email: reservation@myahshotel.com

VAT and SVC inclusive.

Myahs Hotel www.myahshotel.com

Rotary Club of St. Vincent South

SOCA on the SEAS

"AMBIENCE"

Party

SATURDAY 24TH MAY, 2025

DJ Stiflah | Snacks Included | Drinks on Sale | \$150

5 PM BOARDING FROM MANGOZ RESTAURANT

Tickets available from any member of Rotary South or call 532-8170
In aid of a Mental Health Recreational Therapy Unit

FRIDAY NIGHT CEVICHE

driftwood

eat drink drift

MAY 29
7PM - 10PM

MIH HOTEL

DONT MISS OUT

KARAOKE

Thursday

FEATURING
SUPA DOG PITBULL

Myah's Hotel: Islander Bar & Grill

FREE ENTRY // FREE PARKING // PRIZES TO BE WON

+1 784 451-3600

Visit our website
myahshotel.com

Grenadine House
Kingstown, St. Vincent

DAY PASS

US \$85.00
Per Person

ROOM ADD-ON +\$35.00

DAY PASS PACKAGE INCLUDES:

- ✓ 1 WELCOME RUM/FRUIT PUNCH
- ✓ 1 TWO COURSE MEAL
- ✓ 1 LOCAL BEVERAGE
- ✓ 1 GLASS HOUSE RED/WHITE WINE
- ✓ ACCESS TO POOL
- ✓ ACCESS TO GYM

BOOK NOW | +1 784 458-1800 | +1 784 593-0996
stay@grenadinehouse.com

MUSIC
DJ Slimz



Father's Day Buffet

Sunday 15th June

KEEGAN'S BEACHSIDE, LOWER BAY BEQUIA

Paprika Chicken
Coconut Curry Beef
Sweet & Sour Fish
Cilantro & Lime Rice
Green Vegetable Salad
Steamed Plantains
Macaroni Pie
Calypso Beans

\$80
EC



Kenson's Cheesecake
Centered Banana Bread & Ice Cream
Complimentary Sangria!



LAVUE
BOUTIQUE HOTEL & BEACH CLUB
presents

Father's Day BUFFET

\$100

★ A KING'S FEAST ★

SUNDAY 15th June 2025

LIVE ENTERTAINMENT BY
Grooves on Fire Band
DJ Ligament

THE COURTYARD | SUNSET LOUNGE | BUONGIORNO

DRINKS SPECIAL 11AM - 4PM

TO MAKE RESERVATION CALL (784)528-8883 | 534-7754

A RESERVATION ONLY EVENT

Grenadine House
Kingstown, St. Vincent

June Specials

JUNE 1ST - JUNE 30TH, 2025

FOR HIM ONLY \$160
Invigorating Neck & Shoulder Massage
Gentleman's Foot Soak & Foot Scrub

\$140 GYM DAD
Deep Tissue Back & Leg Massage

KING DAD \$220
Deep Tissue Back Massage
A Gentleman's Facial
1 Cold Carib

\$195 DAD'S RETREAT
LET DAD DO THE CHOOSING
CHOOSE ANY 3
Gentleman's Cleansing Facial
Gentleman's Back Massage
Sports Pedicure
Sports Manicure

spa@grenadinehouse.com
stay@grenadinehouse.com

BOOK NOW
+1 784 456-2600
+1 784 493-0996

MAIA KUZE
& THE BLUE NOTE GROOVE PRESENT

A JAZZY SUMMER FLING

SUNDAY JUNE 8
6:00 PM
BASIL AT VILLA

\$55 EARLY-BIRD
\$65 AT DOOR

WITH GUEST ARTISTS
SAEED BOWMAN
KRYSTIAN MARK

TICKET OUTLETS:
BASIL AT VILLA
BASIL'S BAR, KINGSTOWN
DOUGAN'S SPORTS BAR

Basil at Villa

FOR RESERVATION CALL
1-784-456-2602

LAVUE
BOUTIQUE HOTEL & BEACH CLUB

TACO TUESDAY

12PM - 11PM

\$30

- Crispy Fried Shrimp Tacos topped w pico di gallo & pickled sweet onion
- Grilled Chicken Tacos topped w pico di gallo & pickled sweet onion
- Sweet Chilli Fish Tacos topped w pico di gallo & pickled sweet onion
- Hawaiian Steak Tacos topped w pico di gallo & pickled sweet onion
- Short Rib topped w pico di gallo & pickled sweet onion

SUNSET RESTAURANT




Delicious
Pad Thai
Thai Thursdays

THE LOFT
RESTAURANT & BAR



Dinner Only



BLUE LAGOON
HOTEL & MARINA

POOL PASS BLUE LAGOON

ADULTS: \$35 EC
UNDER 12: \$17.50 EC
10AM-5PM

1-784-458-4308

Terms & conditions apply

TACO THURSDAY

EVERY OTHER THURSDAY
STARTING FEBRUARY 6

HAPPY HOUR 5PM-7PM
Frozen margaritas 2 for \$25

SHRIMP \$35
CHICKEN \$30

Coconut Grove
BEACH CLUB




 Grenadine House
Kingstown, St. Vincent

EC\$60
per person

CPEA COOLDOWN
Pool Access
1 Light Meal - 1 Hairoun Soft

+1 784 458-1800 | +1 784 593-0996
stay@grenadinehouse.com

  

 CHILLSPOT BAR & GRILL

Jerk & Jam
Weekends

CHICKEN • PORK • FISH

FRIDAYS
- 5PM -
SATURDAYS
- 10AM -
SUNDAYS
- 5PM -

PLACE ORDERS
CALL 1 (784) 457-7768

VIGIE HIGHWAY, ARNOS VALE
(OUTSIDE THE PREVIOUS LOCATION OF RENT & DRIVE)

#jerk&jamweekends

 BEQUIA PLANTATION HOTEL
Bequia West Indies

RUM PUNCH
Hour

FRIDAY, MAY 23
4PM - 5PM

RUM PUNCH
\$4 USD

(784) 534-8677
info@bequiaplantationhotel.com

LAVUE
BOUTIQUE HOTEL & BEACH CLUB

PROM & GRADUATION
Packages

Book us now to create this unforgettable night as you celebrate your CLASS on 2025!

VENUE OPTIONS **CATERING OPTIONS**
SETUP | DECOR OPTIONS
FREE PARKING **FREE WIFI** **BAR SETUP**

FOR FREE CONSULTATION
CONTACT US AT
✉ events@lavuehotel.com
☎ (784) 528-8883 | (784) 534-7754

Wafulasun Sports Bar
INTRODUCING OUR NEW MENU SPECIALS



- **LOADED FRIES**
- **CHAMPION WRAPS**
 (chicken, veggie & fish options)
 Choose from our delicious new wraps, each packed with fresh ingredients and bold flavors

Place your order now!
Wafulasun sports bar, Cumberland
CALL: 1-784-570-8691 / WHATSAPP: 1-784-532-5541.
SEE YOU SOON!

KUBI | SKINNY | HANCE PRESENTS

MADE IN VINCY Festival

TIME 10AM TO 10PM

RATED ALL AGES

ADMISSION FREE

FARMERS MARKET FAMILY FUN DAY + MUSIC FESTIVAL

JUNE 7TH | BLACK POINT

SUPPORTED BY THE MINISTRY OF AGRICULTURE
 #OPERATIONHOMEGROWN



Grenadine House
 Kingstown, St. Vincent

Sunday Buffet

Sunday May 25th 2025 | 11:30am

XCD\$60
 PER PERSON
 + 10% SERVICE CHARGE

Lentil Soup

Garden Salad

Eggplant Gratin
 Festive Rice
 Garlic Butter Pasta

BBQ Ribs
 Fish in Passion Fruit Sauce

Chef's Delight

  

RESERVATIONS
 + 1 784 458-1800 | + 1 784 593-0996
 stay@grenadinehouse.com

Grenadine House
 Kingstown, St. Vincent

Pasta Thursday

CHICKEN FISH

BEEF CARBONARA

EVERY THURSDAY

ORDER NOW: + 1 784 458-1800 | + 1 784 593-0996

  

BEQUIA BEACH

THE GRENADINES

Caricom Specials

- **Classic room (1-2) pax - US\$235.00 per night**
*Accessible by multiple steps due to hillside location
- **Junior Suite (1-2) pax - US\$300.00 per night**
*Available with inter-connecting single room at an additional cost of US\$75.00 per night for a 3rd person
- **Beach Front Suite (1-2 pax) - US\$325.00 per night**
*Available with inter-connecting single room at an additional cost of US\$75.00 per night for a 3rd person
- **Two Bedroom Pool Villa - US\$350.00 per night for 2 pax:**
US\$75.00 per night for every additional person up to 4 pax*
- **Palm Villa w/ private swimming pool (4 bedroom) - US\$750.00 per night for up to 4 pax:**
US\$75.00 per night for every additional person up to 4 pax*
- **Estate Villa w/ private swimming pool (4 bedroom) - US\$850.00 per night for up to 4 pax:**
US\$75.00 per night for every additional person up to 8 pax*

LOVER'S SUMMER PACKAGE

USD699 per couple

- Two nights in a Junior Suite
- Early check-in at 10am and late check-out at 3pm
- Ground transfers to and from the hotel from the airport or ferry port on Bequia
- Welcome drinks
- Full breakfast
- 50-minute massage per person
- Upgrade with bubbles and receive an in-room bottle of Grandin Rosé upon arrival (US\$30.00 add-on)

Terms and conditions

Two nights minimum for Estate Villa & Palm Villa

A US\$6 Tourism Sustainability Fee and a US\$3 government-mandated Climate Resiliency Levy will be added per accommodation, per night. VAT of 11% will be added to the final bill.

50% deposit required to confirm booking (10% of deposit non-refundable once booked)

Refunds will be net of card processing fees

Balance due 14 days prior arrival and non-refundable at that point

Full payment required for bookings made within 14 days of arrival

Available from April 1st - 21st August, 2025 & October 17th - 31st, 2025

Please contact us at +1 784 458 1600 to book or by email via reservations@bequiabeach.com

Grenadine House
Kingstown, St. Vincent

Happy HOUR

EVERY FRI-SUN
3PM UNTIL

HAIROUN BEERS | CARIB BEERS | SHOTS SPECIALS
COMBOS | BURGERS | TACOS | FINGER FOODS | WINGS

GRENADINE HOUSE

+1 784 458-1800 | +1 784 593-0996
stay@grenadinehouse.com
www.grenadinehouse.com



JADEN SUN - FAST FERRY SERVICE

REGULAR SCHEDULE 2025

DAYS	Depart Kingstown	Depart Bequia	Depart Canouan	Depart Mayreau	Depart Union Island
SUNDAY	AM - No Dep. PM - 3:30	AM - No Dep. PM - 4:00	AM - No Dep. PM - 5:15	AM - No Dep. PM - 5:45	AM - No Dep. PM - No Dep.
MONDAY	AM - No Dep. PM - 3:30	AM - 8:30 PM - 4:00	AM - 7:15 PM - 5:15	AM - 6:45 PM - 5:45	AM - 6:30 PM - No Dep.
TUESDAY	AM - No Dep. PM - No Dep.	AM - No Dep. PM - No Dep.	AM - 7:15 PM - No Dep.	AM - 6:45 PM - No Dep.	AM - 6:30 PM - No Dep.
WEDNESDAY	AM - 9:00 PM - No Dep.	AM - No Dep. PM - No Dep.	AM - 10:30 PM - 4:15	AM - 11:00 PM - 3:45	AM - No Dep. PM - 3:30
THURSDAY	NO DEP.	NO DEP.	NO DEP.	NO DEP.	NO. DEP
FRIDAY	AM - 9:00 PM - No Dep.	AM - 9:30 PM - 5:30	AM - 11:00 PM - 4:15	AM - 11:30 PM - 3:45	AM - No Dep. PM - 3:30
SATURDAY	NO DEP.	NO DEP.	NO DEP.	NO DEP.	NO DEP.

Approximate sailing times jetty to jetty:

Kingstown/Bequia - 30 mins.
Bequia/Canouan - 60 mins.
Canouan/Mayreau - 20 mins.
Mayreau/Union Is. - 10 mins.

1. Departure and Arrival times may vary due to weather and other operational reasons
2. Be at the ferry dock at least 15 Mins. prior to departure
3. If a Public Holiday falls on a Monday, there will be NO departure on Sunday. Instead, the ferry departs Kingstown on **Monday at 3:30pm**

Website: www.jadensunferry.com



Jaden Sun Fast Ferry



jaden.sun



498 7114



CRACKED Conch

Every
Wednesday  **5pm** From until

Variety of Sides to choose from
Call to Order 784 456 6808

Chill'n
Brewery

DESSERT Tasting

JOIN US THIS UPCOMING WEEK FOR
EXCLUSIVE TASTINGS OF NEW DESSERTS

First 11 customers get a free tasting

 Grenville Street, Kingstown



VJ's
A TRUE TASTE OF
SVC
Restaurant & Bar

× × × × **NOW SERVING** × × × ×

BREAKFAST BREAKFAST BREAKFAST



7 AM- 10 AM



MV GEM STAR 2

Service. Reliability. Respect.

Schedule

Departs Kingstown

TUESDAYS & FRIDAYS - 12:00NOON

Kingstown - Canouan - Mayreau - Union Island

Departs Southern Grenadines

WEDNESDAYS & SATURDAYS - 7:00AM

Union Island - Mayreau - Canouan - Kingstown

ONE WAY FARES CANOUAN: \$60 | MAYREAU: \$70 | UNION ISLAND: \$80

All fares are quoted in Eastern Caribbean dollars.



NEW WEEKLY SCHEDULE
EFFECTIVE APRIL 28TH
BEQUIA - ST. VINCENT

RATES
ADULT PASSENGERS
ALL DEPARTURES
ONE WAY | RETURN
EC\$25 | EC\$40

STANDARD SIZE
VEHICLES
(DRIVER INCLUDED)
ALL DEPARTURES
ONE WAY | RETURN
EC\$60 | EC\$100

Ferry services
between
Bequia and
Kingstown
10 Daily
Departures
Monday to Friday
Indoor
Air-conditioned
seating and
outdoor deck spaces

**DEPARTURE
TIMES**

FROM BEQUIA TO KINGSTOWN	FROM KINGSTOWN TO BEQUIA
MONDAY TO FRIDAY	
6:30 AM	8:00 AM
8:00 AM	9:30 AM
9:30 AM	1:00 PM
1:00 PM	4:00 PM
4:00 PM	6:00 PM
SATURDAYS	
6:30 AM	8:00 AM
8:00 AM	11:00 AM
1:00 PM	4:00 PM
4:00 PM	6:00 PM
SUNDAYS & PUBLIC HOLIDAYS	
6:30 AM	8:00 AM
4:00 PM	6:00 PM



Bequia Express Co. Ltd.
Safe. Reliable. Efficient
TEL: 784 457-3539 | FAX: 784 457-3555
Email: info@bequiasexpress.com

**Sunday
Funday**
May 2025

Adult Passengers
\$35
Return

Vehicles
\$100
Return
Driver Included

Departs Bequia
6:30 am & 4:00 pm

Departs Kingstown
8:00 am & 6:00 pm



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Email: info@bequiasexpress.com



MV GEM STAR 2

Service. Reliability. Respect.

SCHEDULE UPDATE

TUESDAY, MAY 20 - 11:30AM
Kingstown > Canouan > Mayreau > Union Island

WEDNESDAY, MAY 21 - 7:00AM
Union Island > Mayreau > Canouan > Kingstown

FRIDAY, MAY 23 - 11:30AM
Kingstown > Canouan > Mayreau > Union Island

SATURDAY, MAY 24 - 7:00AM
Union Island > Mayreau > Canouan > Kingstown

SHIP: 784 526 1158 | OFFICE: 784 457 4157
gemstarshipping@gmail.com

Find us on



WEEKLY SCHEDULE

MONDAY - FRIDAY

Departs Bequia	Departs Kingstown
6:30 AM	11:45 AM
2:00 PM	4:00 PM

SATURDAY

Departs Bequia	Departs Kingstown
6:30 AM	8:00 AM
9:15 AM	11:00 AM
4:00 PM	5:30 PM

SUNDAY & PUBLIC HOLIDAY

Departs Bequia	Departs Kingstown
6:30 AM	8:00 AM
4:00 PM	5:30 PM

ONE WAY
\$25.00
ADULTS

ONE WAY
\$65.00
INCLUDES DRIVER

RATES

RETURN
\$45.00
ADULTS

RETURN
\$130.00
INCLUDES DRIVER

6:30A.M & WEEKENDS

RETURN
\$40.00
ADULTS

RETURN
\$100.00
INCLUDES DRIVER

SAFE, RELIABLE SERVICE
We Will Continue To Serve You BEST



COFFEE OR TEA FREE
GO TO THE BAR



WIFI FREE
PASSWORD: STABLEBOAT1

458-3348

Parks and Sites

Hiking & Adventure

- La Soufriere Cross Country Trail on the Windward Side
- Cumberland Trail
- Dark View Falls
- Vermont Nature Trail
- Indian Bay Beach Facility

Heritage & Culture

- SVG Botanical Garden
- Wallilabou Heritage and Recreation Park
- Black Point Heritage and Recreation Park
- Layou Heritage Park
- Villa Beach Facility
- Mt Wynne Public Beach

Recreation & Site Seeing

- Rawacou Recreation Park
- Belmont Lookout
- Owia Salt Pond
- Cumberland Beach Recreation Park
- Brighton Salt Pond
- Fort Duvernette

SITES CLOSED TO THE PUBLIC

- Fort Charlotte
- Falls of Baleine
- La Soufriere from the Leeward side

BEQUIA - PLACES TO VISIT

- Maritime Museum
- Site of Hamilton
- Sea Salt Museum
- Spring Plantation

Facility User Fee for La Soufriere Windward Trail:

- National and Caribbean Visitors: EC \$5.00
- International Visitors: US \$5.00

Payments can be made at the following locations:

- The National Parks Authority Office, Jaycees Building, Stoney Grounds
- Black Point Heritage and Recreation Park Site



National Parks, Rivers and Beaches Authority
Jaycees Building, Stoney Ground Road
Kingstown, St. Vincent and the Grenadines
☎ 784-453-1623 / Fax: 784-453-1622
✉ nationalparkssvg1@gmail.com
🌐 www.nationalparks.gov.vc
📅 Thursday, 15th May, 2025

SITE CLOSURE NOTICE

The Management of the National Parks, Rivers and Beaches Authority (NPRBA) advises that the **Falls of Baleine** remains closed to the public in the interest of public safety.

We strongly urge individuals to refrain from visiting the site during this period.

We appreciate your understanding and cooperation as we work to ensure the safety and preservation of this natural site.

A Public Service Announcement From The Management of
The National Parks, Rivers and Beaches Authority



BEQUIA FAST FERRIES LTD

Schedule

MONDAY to SATURDAY		SUNDAYS & PUBLIC HOLIDAYS	
From Bequia	From Kingstown	From Bequia	From Kingstown
6:30 AM	7:45 AM	7:00 AM	8:15 AM
8:45 AM	10:00 AM	4:15 PM	5:15 PM
12:00 PM	3:00 PM		
4:15 PM	5:15 PM		

Fares

Passengers - Locals			Vehicles		
Age Group	One Way	Return	Standard Size	One Way	Return
Adults	\$25	\$50	Vehicle Only	\$65	\$120
Teenagers (13-17)	\$20	\$40	Vehicle and Driver	\$85	\$155
Children (5-12)	\$15	\$30			

Passengers - Standard		
Age Group	One Way	Return
Adults	\$30	\$60
Teenagers (13-17)	\$25	\$50
Children (5-12)	\$20	\$40

Faster **Luxurious** **Stable**

(784) 493-3278
office@bequiafastferries.com

Emergency Numbers

Fire, Police and Coastguard:	911/999
Hospitals: Accident and Emergency Kingstown:	456-1955
Bequia:	458-3294
Canouan Clinic:	458-8305
Union Clinic:	458-8245



SVG Hotel & Tourism Association OFFICE AND SOUVENIR SHOP Cruise Ship Terminal, Room #8

P O Box 2125
Kingstown
St. Vincent & the Grenadines
T: 784 458-4379
M: 784 494-4379

E: info@svghotels.com / svghotels@gmail.com
W: www.svghotels.com
Ins & Outs of SVG: www.insandoutsofsvg.com/