

**MAY**

**Fri 16th**

Windward Carnival Launch 2025, Triple R Square, Georgetown, 8pm

Ada Restaurant, Beachcombers Hotel: Happy Hour, 4:30pm - 8pm Live Music

French Verandah: Happy Hours 5-7 pm

Paradise Beach Hotel: Grillin with the Captain, from 7:30 pm

Myah's Hotel: Happy Hours All Day

Sunset Shores Hotel: Happy hour 4-7 pm

Grenadine House: Happy Hour & Sushi Fridays 3 pm until

Triple R Mini Mart: Triple-R-Square, Georgetown, BBQ Friday

Chill Spot Bar & Grill, Vigie Highway, Arnos Vale: Jerk & Jam, 5 pm

Tel: 534-2593

Tel: 453 -1111

Tel: 457- 4795

Tel: 451-3600

Tel: 458 - 4411

Tel: 458 -1800

Tel: 451-1299

Tel: 457-7768



**Sat 17th**

Gospel Concert, Make A Joyful Noise, SJCK Hall, 6pm

Young Island Resort: BBQ from 7:00 pm

Ada Restaurant, Beachcombers Hotel: Happy Hour 4:30pm-8pm, BBQ 5:30pm - 9:30 pm Live Music

Grenadine House: Happy Hour 3 pm

Myah's Hotel: Happy Hours All Day

Sunset Shores Hotel: Happy hour 4-6 pm, BBQ 7pm

Tel: 458-4826

Tel: 534-2593

Tel: 458 -1800

Tel: 451-3600

Tel: 458 - 4411

**Sun 18th**

Carnival Zess, Pier 1 - Villa Flat, 5pm - 11pm

Chill Spot Bar & Grill, Vigie Highway, Arnos Vale: Jerk & Jam, 5 pm

La Vue Boutique Hotel & Beach Club: Brunch 11am - 4pm, Karaoke 6pm

Myah's Hotel: Lunch 12:00 noon

Grenadine House: Sunday Buffet 11:30, Happy Hours 3 pm until

Tel: 457-7768

Tel: 532-8883

Tel: 451-3600

Tel: 458 - 1800

**Mon 19th**

Tree House & Grill: Karaoke Night, 8pm until

Hotel Alexandrina: Kulture Bar & Grill, Prospect 3 pm

The Loft Restaurant & Bar, Blue lagoon Hotel and Marina: Moussaka Mondays

52 Ocean Heights, Kingstown: Taco Tuesday

Tel: 456-6808

Tel: 456-9788

Tel: 458-4308

Tel: 494-1822

**Tues 20th**

Signature Restaurant and Event Centre, Vigie Highway: Beer and Wings

Tree House & Grill: Burger & Beer Tuesdays

Grenadine House Restaurant: Taco Tuesday 11 am - 6 pm

La Vue Boutique Hotel & Beach Club: Taco Tuesday, 12 noon - 11pm

Tel: 456-6518

Tel: 456-6808

Tel: 458 -1800

Tel: 532-8883

**Wed 21st**

La Vue Boutique Hotel & Beach Club: Date Night, 7pm - 10pm

360 Sports Bar, E T Joshua Center: Wild Cocktail Wednesdays, 5pm - 10pm

Grenadine House: Wellness Wednesday

Chill Spot and Grill, Arnos Vale, Seafood Menu: Surf & Turf

Tree House & Grill: Seafood Night, Cracked Conch, 5pm until

Myah's Hotel: Pizza and Pasta your Way from 12 noon

Palki Restaurant, Villa: Karaoke, 7pm

Coconut Grove Beach Club, Ratho Mill: Happy Hour 5pm - 7pm

Tel: 532-8883

Tel: 530-3360

Tel: 458 - 1800

Tel: 457-7768

Tel: 456-6808

Tel: 451-3600

Tel: 527-2554

Tel: 431-2837

**Thurs 22nd**

The Loft Restaurant & Bar, Blue lagoon Hotel and Marina: Thai Thursdays

Myah's Hotel: Thursday Specials

Chill'n Brewery, Egmont Street, Kingstown

Coconut Grove Beach Club, Ratho Mill: Happy Hour 5pm - 7pm

Grenadine House Restaurant: Pasta Thursday

Tree House & Grill: Taco Thursday

Tel: 458-4308

Tel: 451-3600

Tel: 456-1776

Tel: 431-2837

Tel: 458 -1800

Tel: 456-6808

### Friday 16th May

Driftwood Restaurant and Lounge, Ratho Mill - Friday Night Ceviche!, 6pm

Tel: 456-8999

Coconut Grove Beach Club, Ratho Mill: Happy Hour 5pm - 7pm

Tel: 431-2837

### Saturday 17th May

Pitmaster SVG: Authentic Southern Style BBQ, Diamond, Windward Highway, 12 noon - 11 pm

Tel: 494-0101

Hotel Alexandrina: Kulture Bar & Grill, Prospect 3 pm

Tel: 456-9788

Flow Wine Bar & Kitchen, Kingstown

Tel: 457- 0809

Summer Rose Bar & Lounge

Tel: 494-7673

Chill Spot Bar & Grill, Vigie Highway, Arnos Vale: Jerk & Jam, 5 pm

Tel: 457-7768

### Sunday 18th May

Café Soleil, Blue Lagoon Marina: BBQ 11 am - 5 pm, live music from 7 pm

Tel: 456 - 8550

Wafulasun Sports Bar, Chateaubelair: Karaoke Night, 8pm

Tel: 570-9691

Coastal Grill: Karaoke Open Mic Sundays, 7:30pm

Tel: 532-6370



VINCYMAS

WINDWARD CARNIVAL

TRIPLE R RESTAURANT

**FRI 16 MAY**  
**WINDWARD CARNIVAL**  
**20 Launch 25**  
**TRIPLE R SQUARE / GEORGETOWN**

Featuring:  
**BRING YUH SONG AND COME COMPETITION**  
PRESENTATION BY: COUNTRY CARNIVAL TSHIRT BAND

DJ BYBER/ DJ KAL/ DJ SPOON/ DJ CHA CHA/ DJ ICE KOLE  
LIVE PERFORMANCES BY: PRINCESS RUFF (REIGNING JUNIOR SOCA MONARCH) / LEXI and MORE...  
FOOD AND DRINKS WILL BE ON SALE  
**START TIME: 8PM**  
SOUND REINFORCEMENT BY: NU FLAVA SOUNDS



JOCHÉ

Salad Shop

ZESSERS REPORT FOR DUTY!

**Carnival Zess**

ULTIMATE CARNIVAL STARTER

**SUNDAY MAY 18**  
5PM - 11PM

WEEKLY EVENT  
WEEK 3

YUNG HU / TANK UP BROS / HYPERACTIVE

**PIER 1 – VILLA FLAT**  
ADMISSION: \$50

ISLAND TOP DEEJAYS / DRINK SPECIALS / 100PERCENT.ZESS  
PLEASE DRINK RESPONSIBLY.

**UPSTAGE XPERIENCE**  
KAISO ON THE MOVE

**CALENDAR DATES**

- 24 MAY** MILLERS SHOP (SANDY BAY)
- 6 JUNE** CUMBERLAND (WAFALASUN SPORTS BAR)
- 28 MAY** RUSSELLS AUDITORIUM
- 11 JUNE** RUSSELLS AUDITORIUM (PRELIMINARIES)
- 4 JUNE** RUSSELLS AUDITORIUM

*Get ready!*

FOLLOW UPSTAGE\_XPERIENCE FOR MORE INFORMATION

**360 Sports Bar**

**School Special BURGER Pack**

ONLY \$20

360 BURGER WITH FRIES & 350ML ZESS COLA

AVAILABLE TO STUDENTS IN UNIFORM BETWEEN 11AM & 4:30PM

**Spring Hotel Bequia**

**the Venue**

**Event Space for:**

- \*Weddings
- \*Meetings
- \*Special Celebration Events
- \*Presentations
- \*And much more

info@springhotelbequia.com

(784) 457-3707 (784) 454-4260 www.springhotelbequia.com

**May is for Mom**

- \$90 On The Go Mom's** Massage, Mini Facial & Manicure
- \$120 Mom's To Be** Relaxing Facial & Gel Pedicure
- \$120 Pamper Her Package** Swedish Massage | Facial of choice (Area Of Choice) | (Deep Cleaning Or Rehydrating Facial)
- \$215 Queen For A Day** Full Body Hot Oil Massage, Facial, Luxury Pedicure, Classic Manicure
- \$160 Mom's escape** Swedish Massage, Lunch Included **MAY 11th ONLY** \*\*AVAILABLE ONLY ON MOTHERS DAY\*\*

Reservations Call: 451-3600 | Email: reservation@myahshotel.com

\*\*VAT and SVC inclusive.\*\*

Myahs Hotel www.myahshotel.com



**Grenadine House**  
Kingstown, St. Vincent

*Sunday Buffet*  
Sunday May 18th 2025 | 11:30am

**XCD\$60**  
PER PERSON  
+ 10% SERVICE CHARGE

Carrot Ginger Soup

Corn Salad

Herb Rice  
Rosemary Roasted Potatoes  
Al Dente Vegetables

Garlic Butter Chicken  
Grilled Fish with Salsa

Chef's Delight

**RESERVATIONS**  
+ 1 784 458-1800 | + 1 784 593-0996  
stay@grenadinehouse.com



**WiFi**  

**Come and dine with us!**  
Experience the flavors of the Caribbean at Elysium.



**OUR MENU**

- Exotic Burgers
- Tacos
- Cake Slices
- Smoothies
- Beverages
- And many more...

**OPEN HOURS**  
Monday to Friday - 7:30 AM to 4:00 PM  
Saturday - 7:30 AM to 3:00 PM

 **(784) 496-5000**

 **Cruise Ship Terminal,  
Kingstown, St. Vincent &  
the Grenadines**



*Happy*  
**HOUR**



**WEDNESDAYS**  
5PM-7PM





*May 16th* **The Best Tasting BBQ On The Countryside!!**

**BBQ Friday**  
11AM

**MENU:**

Pork (\$20), Chicken (\$16)  
Fish (\$20) & Mixed Meat (\$23)  
Fried Rice/ Lasagna /  
Breadfruit Salad / Tossed Salad  
& Corn on the Cob



Food-Shop / Minimart  
 593-1299 /  454-3099

Grenadine House  
Kingstown, St. Vincent

# POOL Packages

<b>POOL PACKAGE 1</b> XCD \$40.00 -ACCESS TO POOL-	<b>POOL PACKAGE 2</b> XCD \$60.00 -ACCESS TO POOL- - 1 LIGHT MEAL- -1 HAIROUN SOFT DRINK-
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FOR RESERVATIONS CALL/WHATSAPP  
+1 784 458-1800 | +1 784 593-0996

Reservations please  
784 458-3255 or 528-8560  
reservations@frangipanibequia.com

the *frangipani*  
Bequia  
hotel, restaurant, bar

# BBQ & Buffet

## EVERY THURSDAY

**7:30pm**  
#LIVEMUSIC

*The Elite Steel Orchestra*

US \$37  
or EC \$98

C.A.M EVENTS PRESENTS

**24**  
MAY  
2PM-9PM

# BRUNCH

*A Holics*

DRESSCODE:  
TROPICAL  
CHIC

RUM MEETING:  
**SUMMER ROSE**  
VILLA, ST. VINCENT

ENTRY:  
\$80  
TICKETS  
COMING SOON

COMPLIMENTARY SHOTS ON ENTRY AND AT SUNDOWN!!

VINCYMAS

YOU'RE INVITED TO

# GRADUATES

## CALYPSO

### TENT 2025

FEATURING

HOMEY, HERO, JOHNNY REBEL, TAJOE, BUSTA SKI, I PA,  
PATCHES, SUNNY BANKS, ARM STRONG, SHAKA, IWA,  
LIGSZADAH, JUDITH JACKSON, KENNY, LANI, THE MIGHTY MELONE,  
ABUZA, NURBIAN EMPRESS, MITCH, CHEWALEE,

RUSSELL'S AUDITORIUM | 8:30PM | \$20:00

**MAY 27<sup>TH</sup>, JUNE 3<sup>RD</sup> AND JUNE 10<sup>TH</sup>**  
(PRELIMINARY JUDGING)

#GRADUATESTENT #VINCYMAS



# SUNDAY LUNCH

MAY 18TH 12PM



**MENU**

- CREOLE STYLE BAKED CHICKEN
- THAI GREEN CURRY BEEF
- GARLIC BUTTER RICE
- FRIED CINNAMON PLANTAINS
- BANANA SALAD
- GREEK SALAD

**\$55 Adults \$25 Kids (4-10yrs)**  
\*\*VAT and SVC inclusive.\*\*

+ 1 784 451-3600 | [reservations@myahshotel.com](mailto:reservations@myahshotel.com)

Myahs Hotel [www.myahshotel.com](http://www.myahshotel.com)



# TREAT YOURSELF

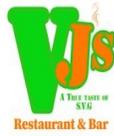
## Dockside Cafe



**ON THE MENU:**

- COLD SANDWICHES
- COOKIES
- MUFFINS
- QUICHE
- COFFEE
- ICED COFFEE

WE'RE OPEN FROM 7AM



X X X X X X X X

## BUILD-YOUR-OWN-BREAKFAST





**EGGS**  
Fried, Scrambled, Boiled, Omelettes

**PROTEINS**  
Salted codfish, Fried fish, Bacon, Sausage, Hot dogs

**BREADS & PASTRIES**  
Toast, Fried bakes, Doughboy, Bagels

**SANDWICHES**  
Ham, Cheese, Tuna  
(Optional add-ons: lettuce, tomatoes, cucumbers)

**SPREADS & SIDES**  
Fruits, Fried plantains, Baked beans, Jams, Cream cheese

**BEVERAGES**  
Tea, Coffee, Juices (variety based on availability), Blended drinks



## May Specials

1ST-31ST MAY, 2025

**MOMMY AND ME- \$280**  
MOM AND CHILD (UP TO 17 YEARS OLD)  
Upper Body Swedish Massage  
Spa Pedicure  
Vitamin Infused Facial

**MOTHER GLOWS BEST- \$250**  
Invigorating Body Scrub  
Glow Facial  
Gel Manicure  
Complimentary Glass of Wine

**MOM'S RETREAT- \$220**  
Relaxing Facial  
Foot Massage  
Mini Neck & Shoulder Massage  
Complimentary Glass of Wine

**MOM, YOU ARE A QUEEN- \$300**  
Glow Facial  
Hydrating Body Massage  
Pedicure Fit For A Queen  
Complimentary Glass of House Wine

**WEEKEND RADIANCE RETREAT- \$300**  
FRIDAYS -> SATURDAYS  
60-minute Deep Tissue or Hot Stone Massage  
Signature Facial  
Regular Manicure  
Regular Pedicure  
Pool Package #2

+1 784 456-2600 | + 1784 493-0996  
[spa@grenadinehouse.com](mailto:spa@grenadinehouse.com)



**GH WRAPS  
SERVED WITH SALAD**

CHICKEN, FISH, VEGETABLES

**BUILD YOUR SALAD**

Lettuce, Tomatoes, Cucumbers,  
Carrots, Cabbage, Onions, Sweet  
Peppers, Avacado, Chick Peas

4 Veggies + 1 CHOICE OF MEAT -  
FISH/CHICKEN

**CHEF'S DAILY SPECIAL**

**Local Ground Provision Bowl**

Steamed Plantains, Steamed Provision,  
GH Salad, Coconut Dumplings

Choice of Codfish/ Grilled Chicken / Fish

**BEVERAGES**

Ginger Lime Fuzz  
Fruit Smoothies (Seasonal Fruits)  
Plumrose/ Waxapple Watermelon Spritz  
(SEASONAL)

+ 1 784 458-1800 | + 1 784 593-0996  
stay@grenadinehouse.com



**Wellness  
Wednesday**  
EVERY WEDNESDAY

Grenadine House  
Kingstown, St. Vincent

PRESENTS

**GOSPEL**  
*Concert*

MAKE A JOYFUL NOISE

*Featuring:*



**17th** MAY  
SATURDAY **06 PM** START

Venue: SJCK Hall

**ADULTS: \$25 CHILDREN OVER 5 YRS \$10**

THE NATIONAL SPIRITUAL BAPTIST COMMITTEE



**SPIRITUAL  
BAPTIST**  
**WEEK OF ACTIVITIES**

18TH - 25TH MAY, 2025

*Theme: "Weeping may endure for the night; JOY cometh in the morning!"*

**SCHEDULE**

- 18<sup>TH</sup> - Caravans from Sandy Bay and Chateaubelair to Kingstown  
10:00AM  
-Service at Market Square 1:00PM
- 19<sup>TH</sup> - Zonal Church Service - Spiritual Baptist Faith 6:30PM
- 20<sup>TH</sup> - Arrival of Delegates
- 21<sup>ST</sup> - Procession from the Peace Memorial Hall to Victoria Park  
11:00AM  
-Thanksgiving Service in commemoration of the Inaugural  
Spiritual Baptist Freedom Day  
1:00PM
- 22<sup>ND</sup> - Historical Tour 9:00AM
- 23<sup>RD</sup> - Open Air Service at Market Square 9:00AM
- 24<sup>TH</sup> - Rest Day
- 25<sup>TH</sup> - Pilgrimage to Bequia 8:00AM  
-Service under the Almond Tree 11:00AM

**MAY**



EVERY  
TUESDAY

**TACOS**



**BEEF  
CHICKEN  
FISH  
VEGETABLE**

*Tuesday*

-SERVED WITH FRIES / SALAD | 1 REFRESHING GLASS OF GH LEMONADE-

+ 1 784 458-1800 | + 1 784 593-0996 | STAY@GRENADINEHOUSE.COM



Rotary Club of St. Vincent South

# SOCA on the SEAS

"AMBIENCE"

## Party

SATURDAY 24TH MAY, 2025

DJ Stiflah | Snacks Included | Drinks on Sale | \$150

5 PM BOARDING FROM MANGOZ RESTAURANT

Tickets available from any member of Rotary South or call 532-8170  
In aid of a Mental Health Recreational Therapy Unit

# FRIDAY NIGHT CEVICHE

driftwood

eat drink drift

MAY 29  
7PM - 10PM

MIH HOTEL

DONT MISS OUT

# KARAOKE

## Thursday

FEATURING  
**SUPA DOG PITBULL**

Myah's Hotel: Islander Bar & Grill

FREE ENTRY // FREE PARKING // PRIZES TO BE WON

+1 784 451-3600

Visit our website myahshotel.com

Grenadine House  
Kingstown, St. Vincent

# DAY PASS

US \$85.00  
Per Person

ROOM ADD-ON +\$35.00

DAY PASS PACKAGE INCLUDES:

- ✓ 1 WELCOME RUM/FRUIT PUNCH
- ✓ 1 TWO COURSE MEAL
- ✓ 1 LOCAL BEVERAGE
- ✓ 1 GLASS HOUSE RED/WHITE WINE
- ✓ ACCESS TO POOL
- ✓ ACCESS TO GYM

BOOK NOW +1 784 458-1800 | +1 784 593-0996  
stay@grenadinehouse.com

LAVUE  
BOUTIQUE HOTEL & BEACH CLUB

**TACO TUESDAY**

12PM - 11PM

**\$30**

SUNSET RESTAURANT

- Crispy Fried Shrimp Tacos topped w pico di gallo & pickled sweet onion
- Grilled Chicken Tacos topped w pico di gallo & pickled sweet onion
- Sweet Chilli Fish Tacos topped w pico di gallo & pickled sweet onion
- Hawaiian Steak Tacos topped w pico di gallo & pickled sweet onion
- Short Rib topped w pico di gallo & pickled sweet onion




Delicious  
**Pad Thai**  
Thai Thursdays

THE LOFT  
RESTAURANT & BAR



Dinner Only



BLUE LAGOON  
HOTEL & MARINA

**POOL PASS  
BLUE LAGOON**

ADULTS: \$35 EC  
UNDER 12: \$17.50 EC  
10AM-5PM

1-784-458-4308

Terms & conditions apply

**TACO THURSDAY**

EVERY OTHER THURSDAY  
STARTING FEBRUARY 6

HAPPY HOUR 5PM-7PM  
Frozen margaritas 2 for \$25

SHRIMP \$35  
CHICKEN \$30

Coconut Grove  
BEACH CLUB



Grenadine House  
Kingstown, St. Vincent

**ES\$60**  
per person

**CPEA COOLDOWN**  
Pool Access  
1 Light Meal - 1 Hairoun Soft

+1784 458-1800 | +1784 593-0996  
stay@grenadinehouse.com

Instagram, WhatsApp, Facebook icons

**CHILL SPOT BAR & GRILL** CHILLSPOT BAR & GRILL

**Jerk & Jam**  
Weekends

**CHICKEN • PORK • FISH**

**FRIDAYS** - 5PM -  
**SATURDAYS** - 10AM -  
**SUNDAYS** - 5PM -

PLACE ORDERS  
**CALL 1 (784) 457-7768**

**VIGIE HIGHWAY, ARNOS VALE**  
(OUTSIDE THE PREVIOUS LOCATION OF RENT & DRIVE)

#jerk&jamweekends

**Jack's**  
BEACH BAR & GRILL

**SUNSET VIBES**  
with  
- BASHI ON ACOUSTIC GUITAR -

**FRIDAY, 16TH MAY, 2025**  
5:00PM TO 7:30PM

WWW.JACKSBEACHBAR.COM

Facebook, Instagram icons

**TreeBar & Grill**

**BURGER & BEER**  
TUESDAY'S

**BUY A BURGER & FRIES AND GET A FREE BEER**

**ORDER NOW!!!**

*Wafulasun Sports Bar*  
**INTRODUCING OUR NEW MENU SPECIALS**



- **LOADED FRIES**
- **CHAMPION WRAPS**

(chicken, veggie & fish options)  
 Choose from our delicious new wraps, each packed with fresh ingredients and bold flavors

Place your order now!

**Wafulasun sports bar, Cumberland**  
 CALL: 1-784-570-9691 / WHATSAPP: 1-784-532-5541.  
**SEE YOU SOON!**

Grenadine House  
 Kingstown, St. Vincent

**Pasta Thursday**



CHICKEN FISH

BEEF CARBONARA

EVERY THURSDAY

ORDER NOW: +1 784 458-1800 | +1 784 593-0996



**THIS THURSDAY**  
**KARAOKE**  
*Night*

TIME: 7PM - 10PM



**PIZZA SPECIAL**  
**1 X 10" PIZZAS \$20**

\*\*SPECIALS RUN FROM 7PM-10PM\*\*

FOR MORE INFORMATION **Call: 1(784) 451-3600**

\*VAT inclusive. Subject to 15% service charge

Myahs Hotel

www.myahshotel.com



WAFULASUN PRESENTS

WAFULASUN  
 Our Place  
 Est. Since 2023

DJ King G

**KARAOKE**

ALL YOUR FAVOURITE SONGS  
**EVERY SUNDAY NIGHT**

WAFULASUN SPORTS BAR, CUMBERLAND

FOOD.DRINK.MUSIC.PARTY | FREE ENTRY | START 8PM

Wafulasun's the place where great friends meet

CONTACT US:

TEL. [784] 570-9691 / [784] 532-5514  
 E-MAIL: JAM1XP@GMAIL.COM;  
 FACEBOOK: #WAFULASUN

**FREE 6-pack**  
 for the week's  
 winner

Every Monday  
Lunch only

# MOUSSAKA MONDAYS

with Maylan



Call to order: +1 784-458-4308



Every Wednesday  
JOIN US TONIGHT FOR

# Live KARAOKE Music

7:00PM AT PALKI RESTAURANT

DATE EVERY WEDNESDAY

[palkirestaurantsvg.com](http://palkirestaurantsvg.com)

WILD COCKTAIL WEDNESDAYS

# WCW

at

# 360

Sports Bar

\$14.99 on select  
Martini's, Daiquiri's & MORE



2 for \$20 on all our ready to  
drink cocktails

FROM 5PM - 10PM

EVERY WEDNESDAY!



[360SPORTS.BAR](https://www.instagram.com/360SPORTS.BAR)



# TACO THURSDAYS



Chicken Taco

Beef Taco

Pork Taco

Join us every week for our Taco Thursday Fiesta, where  
the flavors are bold, the vibes are festive, and the tacos  
are simply irresistible

**BUY ONE GET ONE HALF PRICE!**

Visit Our Instagram



For More Information  
1784 456 6508



BEQUIA BEACH  
THE GRENADINES  
Caricom Specials

- **Classic room (1-2) pax - US\$235.00 per night**  
\*Accessible by multiple steps due to hillside location
- **Junior Suite (1-2) pax - US\$300.00 per night**  
\*Available with inter-connecting single room at an additional cost of US\$75.00 per night for a 3<sup>rd</sup> person
- **Beach Front Suite (1-2 pax) - US\$325.00 per night**  
\*Available with inter-connecting single room at an additional cost of US\$75.00 per night for a 3<sup>rd</sup> person
- **Two Bedroom Pool Villa - US\$350.00 per night for 2 pax:**  
US\$75.00 per night for every additional person up to 4 pax\*
- **Palm Villa w/ private swimming pool (4 bedroom) - US\$750.00 per night for up to 4 pax:**  
US\$75.00 per night for every additional person up to 8 pax\*
- **Estate Villa w/ private swimming pool (4 bedroom) - US\$850.00 per night for up to 4 pax:**  
US\$75.00 per night for every additional person up to 8 pax\*

LOVER'S SUMMER PACKAGE

USD699 per couple

- Two nights in a Junior Suite
- Early check-in at 10am and late check-out at 3pm
- Ground transfers to and from the hotel from the airport or ferry port on Bequia
- Welcome drinks
- Full breakfast
- 50-minute massage per person
- Upgrade with bubbles and receive an in-room bottle of Grandin Rosé upon arrival (US\$30.00 add-on)

Terms and conditions

Two nights minimum for Estate Villa & Palm Villa

A US\$6 Tourism Sustainability Fee and a US\$3 government-mandated Climate Resiliency Levy will be added per accommodation, per night. VAT of 11% will be added to the final bill.

50% deposit required to confirm booking (10% of deposit non-refundable once booked)

Refunds will be net of card processing fees

Balance due 14 days prior arrival and non-refundable at that point

Full payment required for bookings made within 14 days of arrival

Available from April 1<sup>st</sup> - 21<sup>st</sup> August, 2025 & October 17th - 31st, 2025

Please contact us at +1 784 458 1600 to book or by email via [reservations@bequiabeach.com](mailto:reservations@bequiabeach.com)

Grenadine House  
Kingstown, St. Vincent

Happy HOUR

EVERY FRI-SUN  
3PM UNTIL

HAIROUN BEERS | CARIB BEERS | SHOTS SPECIALS  
COMBOS | BURGERS | TACOS | FINGER FOODS | WINGS

GRENADINE HOUSE

+1 784 458-1800 | +1 784 593-0996  
[stay@grenadinehouse.com](mailto:stay@grenadinehouse.com)  
[www.grenadinehouse.com](http://www.grenadinehouse.com)

EACH AND EVERY MONDAY NIGHT

Free Bar & Grill

8PM UNTIL

KARAOKE Night

FREE BEER AFTER FIRST SONG  
BEER SPECIAL 3 FOR \$12



# CRACKED Conch

Every Wednesday  From 5pm until

Variety of Sides to choose from  
Call to Order 784 456 6808

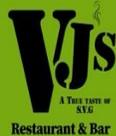


# DESSERT Tasting

JOIN US THIS UPCOMING WEEK FOR EXCLUSIVE TASTINGS OF NEW DESSERTS

First 11 customers get a free tasting

 Grenville Street, Kingstown



XXXXX NOW SERVING XXXXX

# BREAKFAST BREAKFAST BREAKFAST



7 AM- 10 AM

## JADEN SUN FAST FERRY NOTICE

### NOTICE



DUE TO THE PUBLIC HOLIDAY ON **WED. 21<sup>ST</sup> MAY, 2025** THERE WILL BE **NO DEPARTURE** TO THE SOUTHERN GRENADINES

NEXT DEPARTURE WILL BE ON **FRI. 23<sup>RD</sup> MAY, 2025** DEPARTING KINGSTOWN AT 9:00AM

TEL: 784-498-7114  
EMAIL: JADENINC02@GMAIL.COM

**NEW** **WEEKLY SCHEDULE**  
EFFECTIVE APRIL 28TH  
BEQUIA - ST. VINCENT

**RATES**  
ADULT PASSENGERS  
ALL DEPARTURES  
ONE WAY | RETURN  
**EC\$25 | EC\$40**

STANDARD SIZE  
VEHICLES  
(DRIVER INCLUDED)  
ALL DEPARTURES  
ONE WAY | RETURN  
**EC\$60 | EC\$100**

Ferry services  
between  
Bequia and  
Kingstown  
**10 Daily  
Departures**  
Monday to Friday  
Indoor  
Air-conditioned  
seating and  
outdoor deck spaces

**DEPARTURE  
TIMES**

FROM BEQUIA TO KINGSTOWN	FROM KINGSTOWN TO BEQUIA
<b>MONDAY TO FRIDAY</b>	
6:30 AM	8:00 AM
8:00 AM	9:30 AM
9:30 AM	1:00 PM
1:00 PM	4:00 PM
4:00 PM	6:00 PM
<b>SATURDAYS</b>	
6:30 AM	8:00 AM
8:00 AM	11:00 AM
1:00 PM	4:00 PM
4:00 PM	6:00 PM
<b>SUNDAYS &amp; PUBLIC HOLIDAYS</b>	
6:30 AM	8:00 AM
4:00 PM	6:00 PM



Bequia Express Co. Ltd.  
Safe. Reliable. Efficient  
TEL: 784 457-3539 | FAX: 784 457-3055  
Email: info@bequiaspress.com



**Sunday  
Funday**  
May 2025

Adult Passengers  
**\$35**  
Return

Vehicles  
**\$100**  
Return  
Driver Included



Departs Bequia  
6:30 am & 4:00 pm  
Departs Kingstown  
8:00 am & 6:00 pm



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TEL: 784 457-3539 | FAX: 784 457-3055  
Email: info@bequiaspress.com

**Schedule**

**Departs Kingstown**

**TUESDAYS & FRIDAYS - 12:00NOON**

Kingstown - Canouan - Mayreau - Union Island

**Departs Southern Grenadines**

**WEDNESDAYS & SATURDAYS - 7:00AM**

Union Island - Mayreau - Canouan - Kingstown

ONE WAY FARES CANOUAN: \$60 | MAYREAU: \$70 | UNION ISLAND: \$80

All fares are quoted in Eastern Caribbean dollars.



457-4157



**MONDAY - FRIDAY**

Departs Bequia | Departs Kingstown

**6:30 AM | 11:45 AM**  
**2:00 PM | 4:00 PM**

**SATURDAY**

Departs Bequia | Departs Kingstown

**6:30 AM | 8:00 AM**  
**9:15 AM | 11:00 AM**  
**4:00 PM | 5:30 PM**

**SUNDAY & PUBLIC HOLIDAY**

Departs Bequia | Departs Kingstown

**6:30 AM | 8:00 AM**  
**4:00 PM | 5:30 PM**

**WEEKLY SCHEDULE**

ONE WAY **\$25.00** ADULTS  
ONE WAY **\$65.00** INCLUDES DRIVER

**RATES**

RETURN **\$45.00** ADULTS  
RETURN **\$130.00** INCLUDES DRIVER

**6:30A.M & WEEKENDS**

RETURN **\$40.00** ADULTS  
RETURN **\$100.00** INCLUDES DRIVER

SAFE, RELIABLE SERVICE  
We Will Continue To Serve You BEST

COFFEE OR TEA FREE GO TO THE BAR  
WIFI FREE PASSWORD: STABLEBOAT1

458-3348

# Parks and Sites

## Hiking & Adventure

- **La Soufriere Cross Country Trail on the Windward Side**
- **Cumberland Trail**
- **Dark View Falls**
- **Vermont Nature Trail**
- **Indian Bay Beach Facility**

## Heritage & Culture

- **SVG Botanical Garden**
- **Wallilabou Heritage and Recreation Park**
- **Black Point Heritage and Recreation Park**
- **Layou Heritage Park**
- **Villa Beach Facility**
- **Mt Wynne Public Beach**

## Recreation & Site Seeing

- **Rawacou Recreation Park**
- **Belmont Lookout**
- **Owia Salt Pond**
- **Cumberland Beach Recreation Park**
- **Brighton Salt Pond**
- **Fort Duvernette**

## **SITES CLOSED TO THE PUBLIC**

- Fort Charlotte
- Falls of Baleine
- La Soufriere from the Leeward side

## BEQUIA - PLACES TO VISIT

- Maritime Museum
- Site of Hamilton
- Sea Salt Museum
- Spring Plantation

## Facility User Fee for La Soufriere Windward Trail:

- National and Caribbean Visitors: EC \$5.00
- International Visitors: US \$5.00

Payments can be made at the following locations:

- The National Parks Authority Office, Jaycees Building, Stoney Grounds
- Black Point Heritage and Recreation Park Site



National Parks, Rivers and Beaches Authority  
Jaycees Building, Stoney Ground Road  
Kingstown, St. Vincent and the Grenadines

☎ 784-453-1623 / Fax: 784-453-1622

✉ nationalparkssvg1@gmail.com

🌐 www.nationalparks.gov.vc

📅 Thursday, 15<sup>th</sup> May, 2025

## **SITE CLOSURE NOTICE**

The **Management of the National Parks, Rivers and Beaches Authority (NPRBA)** advises that the **Falls of Baleine** remains closed to the public in the interest of **public safety**.

We **strongly urge individuals** to refrain from **visiting the site** during this period.

We appreciate **your understanding and cooperation** as we work to ensure the **safety and preservation** of this natural site.

A Public Service Announcement From The Management of  
The National Parks, Rivers and Beaches Authority

**WINDWARD CARNIVAL**  
CALENDAR  
- TWENTY-25 -

**FRIDAY MAY 16TH**  
WINDWARD CARNIVAL LAUNCH  
\* TRIPLE D SQUARE, GEORGETOWN  
8:30PM - 2:00AM

**SATURDAY MAY 17TH**  
PREDOMINANT CARNIVAL  
\* PARK HILL  
JUMP UP - 7:00PM - 8:00PM  
AFTER PARTY - 9:00PM UNTIL

**FRIDAY MAY 30TH**  
OTR CARNIVAL POWDER & GRIND / PG25  
\* SANDY BAY  
9:00PM - 2:00AM  
30/VENT - 4:30AM - 9:00AM

**SATURDAY MAY 31ST**  
OTR CARNIVAL STREET JUMP UP & AFTER PARTY  
4:00PM - 9:00PM

**SATURDAY JUNE 7TH**  
KIDDIES KARNIVAL / BONANZA  
\* SEA VIEW GARDEN  
12:00 NOON - 7:30PM

**SATURDAY JUNE 7TH**  
CARNIVAL PUMP AND LIME  
\* SEA VIEW GARDEN  
10PM - 12:00 MIDNIGHT

**SUNDAY JUNE 8TH**  
CARNIVAL PUMP AND LIME  
\* SOUTH RIVERS  
8:00PM - 12:00 MIDNIGHT

**MONDAY JUNE 9TH**  
NOFLAVA EVENT  
\* CARNIVAL VILLAGE, CORONATION PARK

**SATURDAY JUNE 14TH**  
WINDWARD SOCA MONARCH  
\* SEA VIEW GARDEN  
10:00PM - 4:00AM

**FRIDAY JUNE 20TH**  
DUTTY MAS POWDER EDITION  
\*TBA\*

**SATURDAY JUNE 21ST**  
JOUVERT & STREET PARTY  
\* CARNIVAL VILLAGE  
5:00AM / 4:00PM

**SATURDAY JUNE 21ST**  
BUBBLE & FRAGS  
\* CARNIVAL VILLAGE  
9:00PM

**\*TBA\***  
MISS WINDWARD PAGEANT

**FRIDAY JULY 11**  
SOUTH RIVERS CARNIVAL

**FRIDAY JULY 12TH**  
SOUTH RIVERS JUMP UP & AFTER PARTY

**FRIDAY AUGUST 1ST**  
AUBE NEON EXPLOSION BREAKFAST PARTY  
5:30AM - 12 NOON

**\*TBA\***  
CARNIVAL COOLDOWN BRUK OUT & WHINE  
CRUISE TO BEQUIA CARNIVAL

#VINCYNAS2025  
#COUNRYCARNIVAL

**BEQUIA FAST FERRIES LTD**  
Schedule

MONDAY to SATURDAY		SUNDAYS & PUBLIC HOLIDAYS	
From Bequia	From Kingstown	From Bequia	From Kingstown
6:30 AM	7:45 AM	7:00 AM	8:15 AM
8:45 AM	10:00 AM	4:15 PM	5:15 PM
12:00 PM	3:00 PM		
4:15 PM	5:15 PM		

**Fares**

Passengers - Locals			Vehicles		
Age Group	One Way	Return	Standard Size	One Way	Return
Adults	\$25	\$50	Vehicle Only	\$65	\$120
Teenagers (13-17)	\$20	\$40	Vehicle and Driver	\$85	\$155
Children (5-12)	\$15	\$30			

Passengers - Standard		
Age Group	One Way	Return
Adults	\$30	\$60
Teenagers (13-17)	\$25	\$50
Children (5-12)	\$20	\$40

Faster Luxurious Stable

(784) 493-3278  
office@bequiafastferries.com

## Emergency Numbers

Fire, Police and Coastguard:	911/999
Hospitals: Accident and Emergency Kingstown:	456-1955
Bequia:	458-3294
Canouan Clinic:	458-8305
Union Clinic:	458-8245



## SVG Hotel & Tourism Association

OFFICE AND SOUVENIR SHOP

Cruise Ship Terminal, Room #8

P O Box 2125  
Kingstown  
St. Vincent & the Grenadines  
T: 784 458-4379  
M: 784 494-4379

E: [info@svghotels.com](mailto:info@svghotels.com) / [svghotels@gmail.com](mailto:svghotels@gmail.com)  
W: [www.svghotels.com](http://www.svghotels.com)  
Ins & Outs of SVG: [www.insandoutsofsvg.com/](http://www.insandoutsofsvg.com/)