



What's On in St. Vincent

2024

Issue: 1055

PUBLISHED BY THE ST. VINCENT AND THE GRENADINES HOTEL & TOURISM ASSOCIATION



ST. VINCENT AND THE GRENADINES

Restaurant Week

> NOVEMBER 17TH - 23RD 2024 <

TASTE OF VINO



sol



THE ST. VINCENT CO-OPERATIVE BANK LTD.

THE PENNY BANK AND SO MUCH MORE

ECGC

SVBL
ST. VINCENT BREWERY LIMITED



MH MYAH'S HOTEL

Chill'n Brewery

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ST. VINCENT & THE GRENADINES

LAVUE
HOTELS, RESTAURANTS & BEACH RESORTS

SOHO BEACH HOUSE
CANGUAN



GONSALVES LIQUORS LTD.
Established 1970



ST. VINCENT AND THE GRENADINES HOTEL AND TOURISM ASSOCIATION

Tel: 458-4379 / 494-4379

Email: info@svghotels.com

Restaurant Week 17th - 23rd November 2024

Week of Activities

November 17th: Opening Reception
at Ada Restaurant- By invitation only

**November 18th-22nd: Participating
Restaurants showcase their
special Menus & Cocktails**
At individual places of business

**November 19th: Farm-to-Table
Gourmet Dinner** Grenadine House,
7:00^{PM} – 9:30^{PM} (Tickets Available)

November 20th: Chef Training Session

**November 21st: Meet Our Visitors
at the Cruise Ship Port**
During the visit of the Cruise Ship

November 22nd: Street Food Safari
featuring local food stalls & restaurants
around Kingstown

November 23rd: Closing Gala
at LaVue Hotel, featuring highlights from
Chef James Cochran (Tickets Available)

Taste of Vincy



sol



Coreas
Distribution
Limited



Chill'n
Brewery

SOHO BEACH HOUSE
CANOUAN

SVGHTA
RESTAURANT WEEK
Taste of Vinny
 NOVEMBER 17TH-23RD, 2024

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SVG HOTEL AND TOURISM ASSOCIATION

a la
 Chill'n Brewery
 Grenadine House
 Kingstown, St. Vincent
 Basil's Bar
 MYAH'S HOTEL
 THE LOFT
 RESTAURANT & BAR
 Sunset Shores
 BEACH HOTEL & RESTAURANT
 LAVUE
 BOUTIQUE HOTEL & BEACH CLUB
 Paradise Beach Hotel
 Basil at Villa
 The Cobblestone Hotel
 RESTAURANT & ROOF BAR
 Coconut Grove
 BEACH CLUB
 CAPITAL LAND
 Bar & Restaurant
 CARIB BEANS
 SUPERFOODS COFFEE HOUSE
 Summer Rose
 BAR & LOUNGE
 WAFULASUN
 Our Place
 Est. Since 2023
 Sports Bar
 CUMBERLAND
 YOUNG ISLAND
 RESORT
 WJ's
 A Fine Taste of St. Vincent
 Restaurant & Bar
 CHILL SPOT
 BAR & GRILL
 Jack's
 BEACH BAR, BEQUIA
 Spring Hotel Bequia
 SAINT VINCENT & THE GRENADINES
 SOHO BEACH HOUSE
 GANOUAN
 Signature
 RESTAURANT - St. LUCE
 MANGOZ
 Restaurant & Bar
 Oleander
 Moonshine
 REQUIA PLANTATION HOTEL
 Bequia, West Indies
 Sugar & Spice
 Cafe
 the frangipani
 Bequia
 hotel/restaurant/bar
 THE Fig tree
 Restaurant & Bar
 DAWN'S CAFE
 Breakfast
 LUNCH
 Free WiFi
 driftwood
 restaurant & lounge

Taste of Vincy

RESTAURANT WEEK 18TH - 23RD NOVEMBER, 2024

BREAKFAST SPECIAL

Stewed Codfish Served with Madungo & Plantain



VITAL VIBEZ DRINKS

Cucumber & Ginger

Smoothie

Mosquito

Banana Pineapple & Ginger Smoothie

Pina Colada Smoothie

Watermelon Smoothie

Coconut Breeze Delight (Rum, Pineapple Juice & Cranberry

Juice)

Chi-Chi (Vodka, Pineapple with Cream of Coconut)



LUNCH

Stewed Codfish Served with Madungo/Bakes & Plantain

Fish Boil Up

Souse (Cattle Skin/ Pig Foot)

Boiled Corn with Callaloo

Breadfruit/ Sweet Potato Burrito Bowl

Roast Pork/BBQ Pigtail with Breadfruit Chips

Roti (Fish/Chicken)



SIDES : CHEF STYLED VEGETABLES

STUFFED SWEET POTATOES

FRIED/STEAMED PLANTAINS

CORN COU COU



Taste of Vincy

RESTAURANT WEEK 19TH - 23RD NOVEMBER, 2024

Join us from November 19th-23rd, 2024, for a special culinary experience featuring locally inspired dishes paired with a handcrafted cocktail.

Choose from two distinctive options:

- 2 Course Meal - Perfect for those seeking a quick yet refined dining experience, paired with a local cocktail.
- 3 Course Meal - For those desiring a more indulgent feast, complemented by a unique local cocktail.

Please inquire within for pricing details. We look forward to delighting your tastebuds with this exclusive offering!

DINNER

STARTERS

Corn /Vegetable Soup | Callaloo Soup with Coconut Dumplings

Breadfruit Balls

MAINS

Creole Fish Served with Breadfruit Casserole & Vegetables

Orange Chicken with Vegetables & Stuffed Sweet Potatoes

Tomato Braised Mutton Served with Stuffed Pumpkin, Callaloo & Corn Pie

Lemon Grass Beef Served with Roasted Breadfruit

Vincientian Cultural Plate

SIDES

Fried Plantains | Corn Cou Cou | Fried Breadfruit

DESSERTS

Mango Sorbet | Soursop Ice Cream

Golden Apple Tart

Plum Cake



Farm to Table Menu

Starters

Tostones

Corn | Vegetable Soup | Callaloo Soup with Coconut Dumplings

Breadfruit Balls

Mains

Creole Fish Served with Breadfruit Casserole & Vegetables

Orange Chicken with Vegetables & Stuffed Sweet Potatoes

Stewed Mutton Served with Stuffed Pumpkin | Callaloo & Corn Pie

Lemon Grass Beef Served with Roasted Breadfruit

Vincientian Cultural Plate

Sides

Fried Plantains | Corn Cou Cou | Fried Breadfruit

Desserts

Plum Cake | Golden Apple Tart | Banana Flambeau

Tangerine Posset





ABOUT VEE JAY'S

Vee Jay's Restaurant & Bar, nestled in the heart of Kingstown, has been a beloved fixture of the local dining scene for nearly 50 years. Specialising in authentic West Indian cuisine, our menu offers a delicious array of freshly prepared dishes that capture the rich flavours of Vincentian culture. With a welcoming atmosphere that invites you to unwind, Vee Jay's is the perfect spot to experience the warmth of island hospitality. As one food critic noted, "it only gets better" – and we are proud to keep that tradition alive with every dish we serve.

RESTAURANT WEEK OFFER

Every person that orders from the menu gets **one complimentary** cocktail from the three (3) options below.

RESTAURANT WEEK MENU (AVAILABLE FROM 12 PM - 7 PM)

Day-to-night Restaurant Week Menu Items	Price (XCD)
Shrimp Roti	40.00
Variety Basket Shrimp, chicken wings, samosas and fish fingers. Served with french fries	50.00
Seafood Combo <i>Sauteed or pan fried</i> Combination of fish, shrimp and conch. Served with garlic potatoes or french fries and vegetables.	65.00

COCKTAILS

1. Sorrel Margarita
2. Rum Punch
3. Fruit Mist (non-alcoholic)





NOVEMBER 17TH - NOVEMBER 23RD



ROLL *the* DICE AND WIN

MONDAY, NOVEMBER 18 | 7PM - 9PM

Join us for dinner, roll the dice at the end of your meal and win up to

30% OFF

YOUR TOTAL BILL!

Reservations (784) 534-8677 info@bequiaplantationhotel.com



CRAZY TUESDAY

NOVEMBER 19TH

50% OFF

ALL BEVERAGES

5:30PM TO 7PM

LIVE ENTERTAINMENT BY JAN & LOUIS
LIVE JAZZ & BLUES FROM 5:30PM TO 8PM

(784) 534-8677 INFO@BEQUIAPLANTATIONHOTEL.COM



JAMAICAN NIGHT

ALL YOU CAN EAT BUFFET

WEDNESDAY NOVEMBER 20 | 6:30PM-9PM

USD 40.00 / PERSON

ENTERTAINMENT - BASHI LIVE SESSION

(784) 534-8677 INFO@BEQUIAPLANTATIONHOTEL.COM



SEAFOOD EXTRAVAGANZA

SATURDAY, NOVEMBER 23

6:30 PM TO 9:30 PM

ALL YOU CAN EAT SEAFOOD BUFFET INCLUDING LOBSTER

USD \$65 PER PERSON

ENTERTAINMENT - BASHI LIVE SESSION

Reservations (784) 534-8677 info@bequiaplantationhotel.com

(784) 534-8677 | info@bequiaplantationhotel.com



@jacksbeachbar

Starters to Share

Baba Ganoush	30
Smoked Eggplant Dip, Tahini, Housemad Pita (V,G)	
Caribbean Chicken Arepas	34
Corn Pancakes, Scotch Bonnet Aioli, Pickled Red Onions	
Island Conch Cocktail	40
conch Salad, Orange Lime Dressing, Herbs, Peppers, Cucumbers, Mixed Local Provision Chips (SF)	
Coconut Shrimp	40
Tropical Salsa, Lime Aioli, Orange Chili Sauce (G,SF)	
Golden Goddess Hummus	30
Turmeric Ginger infused, Crispy Chickpeas, Plantain Chips (V)	
Ceviche of Local Fish	40
Leche de Tigre, Pico de Gallo, Lime Juice, Tortillas (C,SF)	
Lobster Money Bags	45
Chive Soy, Pickled Cucumber, Shaved Carrots, Sesame, Chili Oil (S,G,SF)	

JACK'S FLATBREAD PIZZA

Princess Margarita (V,G)	
Mozzarella, Basil, Tomato Sauce	43
Life's a Beach (G)	
Mozzarella, Chicken, Spinach, Pesto	45
La Isla Bonita (G)	
Mozzarella, Spiny Lobster, Shrimp, Tomato, Pesto	65
Vamos a la Playa (G)	
Mozzarella, Marinara sauce, Pepperoni, Pepper Flakes	59

Fancy a Dip ?
Browse our Beach Bums boutique!

SALADS, SANDWICHES et AL

Classic Caesar Salad	48
Crispy Bacon, Shaved Parmesan and House-made Caesar's Dressing (E) (add Chicken 15 Lobster 40 Shrimp 30)	
Local Buddha Bowl	40
Chickpeas, Quinoa, Tahini, Mixed Leaves, Turmeric Tahini Dressing, Roasted Local Sweet Potatoes (add Chicken-15/ Shrimp-30/ Fish-18) (V)	
Cold Noodle Bowl	38
Cucumber Ribbons, Peanut Crumble, Pickled Onions, Asian Dressing, Chilis (add Chicken-15/ Shrimp-30/ Fish-18) (V,S,N)	
What a Jerk! Salad(or Wrap it)	46
Jerk Chicken, Salad Leaves, Grilled Pineapple, Pickled Onions, Black Olives and Passionfruit Vinaigrette	
Lobster Roll	58
Tortillas, Lobster Salad, Mango Chutney & Cajun Butter Sauce (G,SF,C)	
'The PM Burger'	55
Fries, Jack's Burger Sauce, Bacon, Cheddar, Housemade BBQ Sauce (D,E,G,S)	
Blackened Tuna Burger	53
Fries, Ginger Aioli, Marinated Cucumbers, Carrots (D,E,G,SF)	

MAINS

'JFC' - Jack's Fried Chicken	55
Coleslaw, Mango Chutney and House-Made Sticky BBQ Sauce (G)	
Lobster Mac and Cheese	100
3 cheese Mac, Grilled & Crispy Lobster, Tropical Garden Salad (D,SF)	
Minute Steak	70
Garlic Butter, Seasoned Fries, Tropical Garden Salad, Chimichurri (D)	
Market Fish	68
Kitchen Inspired Daily	
Vegan/Vegetarian Dish	55
Made to Order	

DESSERTS

Ice Cream	20
Jill's Chocolate Brownie	24

(V) Vegetarian, (G) Gluten, (SF) Seafood, (C) Celery, (S) Sesame, (N) Nuts, (D) Dairy, (E) Eggs,

All charges include 16% VAT and a discretionary 10% Service Charge is added to all bills. Please advise your server of any food allergies or intolerances.

All prices are in Eastern Caribbean Dollars (\$1 US = \$2.6 EC)



MYAH'S SUITES



CELEBRATING RESTAURANT WEEK

In celebration of restaurant week, come experience an international culinary journey at Myahs

THEME 1

Vincetian Cuisines

Stuffed Baked Snapper with Pumpkin Puree Sauce...\$45

Pork Pot Roast with Sweet & Spicy Ginger Sauce...\$40

THEME 2

Asian Cuisines

Moo Shu Pork with Flatbread...\$35

Fish or Shrimp Tempura with Sashimi...\$45

Tandoori Chicken with Garlic Naan...\$30

Chana Masala with Parsley Rice...\$25

THEME 3

Mexican Cuisines

Beef Tacos with Guacamole...\$30

Chicken Quesadilla with Fresh Tomato Salsa...\$20

FOR MORE INFORMATION

Call: 1(784) 451-3600

reservation@myahshotel.com

Sat Nov 23rd
6pm ———

MYAH'S HOTEL
WINDWARD HIGHWAY, DIAMOND

Subject To 15% Service Charge

RESTAURANT WEEK

SPECIAL MENU

MONDAY/TUESDAY SEAFOOD PIZZA

A mix of fresh fish, shrimp and fresh locally sourced vegetables on a cracker thin crust. Baked to a crisp.

WEDNESDAY-FRIDAY CHEF'S SPECIAL CEVICHE

Our chef's special! Ceviche with a Caribbean flare.

Locally caught fresh fish infused with with local Vincy flavours.

ENJOY 10% OFF YOUR MEAL

RESERVATIONS
+1784 456 8999

Signature

Ju-C Pizza Menu

	PERSONAL	12"	16"
MARINARA PIZZA Tomato sauce, Garlic, Oregano, Mozzarella Cheese and Olive Oil	\$25	\$45	\$60
MARGUERITE PIZZA Slice Tomatoes, Basil, Mozzarella Cheese and Olive Oil	\$25	\$45	\$60
FISH PIZZA Mozzarella Cheese, Fish, Onion, Chive, Olive Oil	\$45	\$65	\$85
SEAFOOD PIZZA Mozzarella Cheese, Pesto, Onion Flavor Pepper and Seafood Mix	\$55	\$75	\$89
PEPPERONI PIZZA Tomato Sauce, Mozzarella Cheese, Pepperoni	\$35	\$50	\$70
SPICY CHICKEN AND PINEAPPLE PIZZA Chicken, Onion, Sweet Pepper, Pineapple, Cheese and Pepper Flakes	\$35	\$45	\$60
VEGETABLE PIZZA Tomato Sauce, Cheese, Corn, Onion, Sweet Pepper, Black Olives, Cherry Tomatoes	\$30	\$45	\$55
MEAT LOVERS PIZZA Ham, Beef, Chicken, Bacon, Cheese Onion Flavor Pepper	\$40	\$60	\$85
HAWAIIAN PIZZA Pineapple, Ham, Tomato Sauce, Cheese	\$40	\$50	\$70

\$5.00 FOR 8 INCH	EXTRA TOPPINGS \$8.00 FOR 12 INCH	\$10.00 FOR 16 INCH
BLACK OLIVES	GROUND BEEF	HAM
BACON	PEPPER	PEPPERONI
CHICKEN	MUSHROOMS	ONION
		PEPPERONI
		PINEAPPLE
		EXTRA CHEESE

10% SERVICE CHARGE



Signature

A Choice of Ju-C with Meal

1 BURGER, 1 PORTION FRIES, 1 DRINK	\$30
2 PORTION SPRING ROLLS, 2 PORTION FRIES	\$40
1 BURGER, 1 PORTION WINGS, 1 PORTION FRIES, 1 DRINK	\$45
2 BURGERS, 1 PORTION FRIES, 2 DRINKS	\$55
2 PORTION WINGS, 2 PORTION FRIES, 2 DRINKS	\$55
2 BURGERS, 2 PORTION FRIES, 2 DRINKS	\$60
2 PORTION WINGS, 1 BURGER, 1 FRIES, 3 DRINKS	\$65
2 BURGERS, 1 PORTION WINGS, 1 PORTION FRIES, 3 DRINKS	\$70
2 BURGERS, 2 PORTION WINGS, 2 PORTION FRIES, 2 DRINK	\$98
4 PORTION WINGS, 4 PORTION FRIES, 4 DRINKS	\$115
FAMILY FEST: 4 BURGERS, 4 WINGS, 3 FRIES, 8 DRINKS	\$205



10% SERVICE CHARGE

Signature

RESTAURANT - LOUNGE - EVENT CENTRE

Lobster Night

WEDNESDAY

\$75



Chill'n
Brewery

A Taste Of Vincy



Stop by and treat yourself to this mouth-watering platter!

Chill'n Taste of Vincy!

Brewery

St. Vincent and the Grenadines

RESTAURANTS WEEK

17th-23rd November 2024



Stew chicken

Ginger Beer

Fried Fish

Grilled Chicken Burger

Grill Chicken

SVGHTA

St. Vincent and the Grenadines

RESTAURANTS WEEK

17th-23rd November 2024



Grill Fish with cream sauce

Vincy Platter

Fried Fish

Taste of Vincy!

Chill'n
Brewery

Visit Our Website
www.chillnbrewery.com
+1784-491-4455

BEQUIA PLANTATION HOTEL
Bequia, West Indies

SEAFOOD NIGHT

SATURDAY, NOVEMBER 16 | 6:30 PM TO 9:00 PM

3-Course Set Menu

STARTER
Creamy Seafood Chowder
Pickled Bean Sprouts, Smoked Paprika Croutons

MAIN COURSE
PLANTATION GRILLED SEAFOOD PLATTER
Grilled Fish, Grilled Lobster, King Prawns, Garlic Mussels
Greek-Style Lemon Roasted Potatoes
Sumac Glazed Carrots • Capers Wine Sauce

DESSERT
Chocolate Profiteroles with Mint Cream Filling

ENTERTAINMENT - BASHI LIVE SESSION

Reservations (784) 534-8677
info@bequiaplantationhotel.com

USD \$55 per person



ADM: \$70 Brunch Inclusive

SCORPIO CAFE

Brunch Party

SCORPIOS GET FREE MIMOSAS & SANGRIAS

10:00AM

HOOKAHS & TABLES BY RESERVATION

SUNDAY NOV 17TH

Summer Rose BAR & LOUNGE

DJQ THE ENERGY GUY



Basil's Bar
KINGSTOWN

Specials:

- **Fish Tea with Cassava Bambam at the price of \$27.85**

Bay Street
Tel: 457-2713





SPECIALS:

• "CALLALOO PIZZA" XCD \$45 + 10% SERVICE CHARGE

**RATHO MILL
TEL: 458-4308**



Specials:

- Strawberry Margarita at \$12
- Fried Chicken Burger at \$12



**Tel: 457-7768
Arnos Vale**

ORDER NOW



Specials: 🍴

• "Snapper Delight" XCD \$50 + 10% service charge

+1784-431-2837 | BOOK NOW | Canash Beach



Specials:

FOOD

- 10% discount on Nourish Bowls (chicken or fish)
 - 10% discount on Chicken Pot Pies
 - 10% discount on Quiche Lorraine
 - 10% discount on Veggie Quiche

DRINKS

\$5 saving on a bottle of Rum Punch



**Cruise Ship Terminal Kingstown
530-2326**






French Verandah Restaurant

SPECIALS:

- A complimentary local cocktail with purchase of our local dish of the week.

VILLA
TEL: 453-1111



SOHO BEACH HOUSE
CANOUAN

Grand Bay
Tel: 530-7400

Specials:

- Complimentary welcome drink or drink specials
- Discounts on product offerings
- "Come Again" vouchers/Coupons




Summer Rose
BAR & LOUNGE

Specials

- Humble Beginnings Dough Boy paired with fresh stir-fried vegetables, and your choice of savory salt fish, blackfish, or stewed chicken. Price: \$35
- Captain Bligh's Callaloo Soup Served with warm garlic bread. Add your preferred meat: tender tripe, beef, or both Price: \$30
- Vincy Lays a colourful combo of crunchy root vegetables served with garden salad and creole conch. Price: 50
- Summer Rose Breadfruit Bowls Roasted breadfruit topped with your choice of salt fish or blackfish, accompanied by a tomato and cucumber salsa. Price:\$25
- From the Grill Your choice of grilled meat served with potato salad and festivals Price: Pork - \$50, Chicken - \$40, Fish - \$50





Young Island Dock, Villa
Tel: 494-7673



Specials:

- Sweet Potato Croquettes
Crispy, golden sweet potato croquettes, perfectly seasoned - \$17
- Grilled Fish Sandwich on Vincy Fried Bakes
Served with golden fries and a fresh garden salad - \$40
- Tamarind-Glazed Chicken & Waffles
Crispy fried chicken tossed in a tangy tamarind glaze, served alongside fluffy waffles \$30
- Seafood Roti
A delightful mix of fish, shrimp, and conch wrapped in a soft roti, accompanied by a fresh garden salad - \$35
- Rum & Raisin Bread Pudding
A classic dessert infused with rum-soaked raisins, served warm with a scoop of creamy ice cream - \$18



Tel: 456-2602



St. Vincent and the Grenadines



TOURISM MONTH

NOVEMBER 2024

Calendar of Activities

01

Church Service || 9:00 a.m.
Kingstown Seventh Day Adventist Church

17

Crystal Serenity Inaugural Cruise Call
Welcome Ceremony || Bequia

01

Messages from Hon. Minister of Tourism and the SVGHTA

18

Spirit of Discovery Inaugural Cruise Call
Welcome Ceremony || Cruise Ship Terminal

04-08

School Visits, Field Trips and Essay Competition
Primary and Secondary Schools

17-23

SVGHTA Restaurant Week

05-06

SVGHTA - Star Quality Housekeeping Workshop

21

TVET Symposium
Methodist Church Hall || 9:00 a.m

06

Tourism Choral Speech Competition
Peace Memorial Hall || 9:00 a.m.

27

MSC Virtuosa Inaugural Cruise Call
Welcome Ceremony || Cruise Ship Terminal

07-08

Tourism Staff Development
Excellence In Every Interaction

30

Experiential Tour
Black Point Heritage & Recreation Park

11-22

Conversations On Tourism
Media Blitz and Stakeholder Engagement

30

Aida Luna Inaugural Cruise Call
Welcome Ceremony || Cruise Ship Terminal

15

Media Retreat
Spring Hotel, Bequia

30

Tourism Awards Ceremony

16

Winair
Inaugural Flight || AIA



Tourism is everyone's business; Live it, Love it, Embrace it!