

## OCTOBER

Fri 11th

|  |                 |
|--|-----------------|
| 360 Sports Bar, E T Joshua Center: Conch Souse, 11 am—5 pm, Drinks Special       | Tel: 530-3360   |
| Myah's Hotel: Happy Hour All Day   | Tel: 451-3600   |
| Paradise Beach Hotel: Grillin with the Captain, from 7:30 pm                     | Tel: 457- 4795  |
| Moonshine Restaurant: Xtra Ordinary: Gyal and Booze Fridays, 9 pm- 3am           | Tel: 431-9741   |
| Sunset Shores Hotel: Happy hour 4-7 pm   | Tel: 458 - 4411 |
| Coconut Grove Beach Club, Ratho Mill: Unwind & Chill                             | Tel: 431-2837   |
| Signature Restaurant and Event Centre, Hot & Ready, Pizza Fridays, Vigie Highway | Tel: 456-6518   |
| Ada Restaurant, Beachcombers Hotel: Happy Hour 4:30—7:30 pm, Live Music          | Tel: 458-4283   |
| French Verandah: Happy Hours 5-7 pm  | Tel: 453 -1111  |
| Unplug Fridays, Tree House & Grill, Arnos Vale, 9 pm                             | Tel: 456-6808   |
| Vee Jays Restaurant, Friday Lime, Lower Bay Street                               | Tel: 457-2845   |
| Grenadine House Restaurant: Happy Hours 3 pm until                               | Tel: 458 -1800  |
| Higher Life, Wallo Bar, Georgetown   |                 |

Sat 12th

|   |                 |
|---|-----------------|
| Myah's Hotel: BBQ, 12:00 pm, Happy Hour All Day                                       | Tel: 451-3600   |
| Flow Wine Bar & Kitchen, Kingstown  | Tel: 457- 0809  |
| Ada Restaurant, Beachcombers Hotel: Sangria Day 4:30 —8:00; BBQ 5:30—9 pm, Live Music | Tel: 458-4283   |
| Party, Rock Back Bar, Mt Grenan   |                 |
| Grenadine House: Happy Hours 3 pm   | Tel: 458 -1800  |
| Coconut Grove Beach Club, Delicious Lobster Dishes, Ratho Mill                        | Tel: 431-2837   |
| Grown & Sexy Saturdays: Little Black Dress Party, Strip View Sports Bar, Calder       |                 |
| Sunset Shores Hotel: BBQ from pm, Happy hour 4-6 pm                                   | Tel: 458 - 4411 |
| Hotel Alexandrina: Kulture Bar & Grill, Prospect                                      | Tel: 456-9788   |
| Wafulasun Sports Bar: Grill Day 4pm, Karaoke 7 pm, Cumberland                         | Tel: 570-9691   |
| Driftwood Restaurant and Lounge, Ratho Mill   | Tel: 456-8999   |



Sun 13th

|  |                 |
|--|-----------------|
| Ada Restaurant, Beachcombers Hotel: Regular menu, Live Music                 | Tel: 458-4283   |
| CONCACAF Football Tournament, Arnos Vale Playing Field, 3 pm & 8 pm          |                 |
| Grenadine House Restaurant: Buffet Lunch, 12 noon, Happy Hours 3 pm until    | Tel: 458 - 1800 |
| Myah's Hotel: Sunday Lunch   | Tel: 451-3600   |
| Beer Fest Beach Splash, Private Mt Wynne, 1—10 pm                            |                 |
| Café Soleil, Blue Lagoon Marina: BBQ 10 am—5 pm, live music by BAM from 7 pm | Tel: 456 - 8550 |

Mon 14th

|  |                 |
|--|-----------------|
| Sunset Shores Hotel: Regular menu, take-away can be requested                | Tel: 458 - 4411 |
| The Loft Restaurant & Bar, Blue lagoon Hotel and Marina, Ratho Mill          | Tel: 458-4308   |
| Tree House & Grill: Karaoke Night, 8 pm until, Arnos Vale                    | Tel: 456-6808   |
| Ada Restaurant, Beachcombers Hotel: Regular menu, take-away can be requested | Tel: 458-4283   |

Tues 15th

|  |                |
|--|----------------|
| French Verandah: Happy Hours 5-7 pm  | Tel: 453 -1111 |
| Grenadine House Restaurant: Taco Tuesday   | Tel: 458 -1800 |
| Signature Restaurant and Event Centre: Beer & Wings Tuesday, Vigie Highway, Arnos Vale | Tel: 456-6518  |

Wed 16th

|   |                 |
|---|-----------------|
| Signature Restaurant and Event Centre: Lobster Night, Vigie Highway, Arnos Vale | Tel: 456-6518   |
| Tree House & Grill: Seafood Night, 7 pm until, Arnos Vale                       | Tel: 456-6808   |
| Myah's Hotel: Pizza and Pasta your Way from 12 noon                             | Tel: 451-3600   |
| Driftwood Restaurant and Lounge, Ratho Mill                                     | Tel: 456-8999   |
| Flow Wine Bar, Kingstown  | Tel: 457 - 0809 |
| Chill Spot and Grill, Arnos Vale,   | Tel: 457-7768   |

Thurs 17th

|   |               |
|---|---------------|
| Bungalow Restaurant, Villa                            | Tel: 456-6777 |
| Myah's Hotel: Seafood Boil 6pm; Karaoke Night 7-10 pm | Tel: 451-3600 |

## Friday 11th October

Café Soleil, Blue Lagoon Marina: Live Music  
Mangoz Restaurant and Bar, Villa  
Entice Lounge & Bar, (Mon—Sat 10 am until), Victoria Park

Tel: 456 - 8550  
Tel: 458-5882  
Tel: 454-2455

## Saturday 12th October

Palki Restaurant, Villa  
Summer Rose Bar & Lounge from 5 pm  
Mangoz Restaurant, Great Vibes & Ambience, Villa  
Chill Spot and Grill, Arnos Vale,  
Decelia Bar: Karaoke Night, Owia 7pm

Tel: 527-2554  
Tel: 494-7673  
Tel: 458-5882  
Tel: 457-7768

## Sunday 13th October

Bayside Bar & Grill, Questelles  
Chill Spot and Grill, Arnos Vale,

Tel: 457-7768



**HAIROUN**  
21 AWARDS WINNING LAGER BEER  
— HOLD YOUR OWN —

THIS SUN **13** OCT 2024

# BEER FEST

Beach Splash

1PM - 10PM  
PRIVATE: **\$1000** CASH  
TREASURE BEACH HUNT

2KOOL KRIS / DJ SNYPA / TANK UP BROS  
DJ BLAZE / DJ CRAZY FIRE

HAIRO  
HAIROUN'S PREMIUM LAGER BEER



FRIDAY **11** OCTOBER

**DJ Higher LIFE**

LOCATION: **WALLOS BAR/GEORGETOWN**

Music By:  
**DJ KAL / DJ SPOON / DJ BLAZE**

ADMISSIONS LADIES **\$5** BEFORE MIDNIGHT MEN **\$10**

**TEAM PREDOMINANT SOUND SYSTEM**

OCTOBER  
**Breast  
CANCER**  
AWARENESS  
MONTH

**The Lions Club of Kingstown-SVC  
invites you to join us for our  
'BOSOM BUDDIES' project!**

**FREE  
BREAST CANCER SCREENINGS**  
7th-25th October, 2024

Contact: Dr. Malcolm Grant at (784)570-9300  
Dr. Maurice Robertson at (784)457-2598 /494-3040  
or send us a message via Facebook or Instagram  
for more information.

EARLY  
DETECTION  
SAVES  
LIVES

**MIH  
HOTEL**

**Sunday  
LUNCH**  
Oct 13th | 12pm

Curried Goat  
Grilled Fish With Garlic Rosemary Butter Sauce  
Grilled Jerked Chicken In Jerk Sauce  
Herb Infused Rice & Beans  
Three Cheese Macaroni Pie  
Breadfruit Salad  
Garden Salad

ASK YOUR  
SERVER ABOUT  
OUR DAILY  
DESSERTS

Adults \$55<sup>xed</sup> | Kids \$25<sup>xed</sup> (4-10yrs)  
\*\*VAT and SVC Inclusive.\*\*

+ 1 784 451-3600 | reservation@myahshotel.com

Myahs Hotel | www.myahshotel.com

**FRIDAY  
11<sup>TH</sup>  
9PM-3AM**

**XO**  
XTRA ORDINARY

SUNSET

**GYAL AND  
BOOZE**

LADIES FREE BEFORE MIDNIGHT  
GENTS \$25 | LADIES \$15

**Moonsline**  
VILLA DOCKS ST VINCENT

SKYLINE  
TRAINING

nlp

**WAFULASUN**  
SPORTS BAR

Our Place  
Est. Since 2023

Presents

Weekly  
Prize  
awarded to the  
best karaoke  
performance

**King G  
KARAOKE**

FOR ALL YOUR FAVOURITE SONGS  
**EVERY SATURDAY NIGHT**

**WAFULASUN SPORTS BAR - THE PEOPLE'S PLACE**  
Cumberland - North Leeward

Doors open at 7PM

Food & drinks on Sale! parking available

Contact info: Tel. [784] 570-9691 / [784] 532-5514 / jamlxp@gmail.com;  
#wafulasun

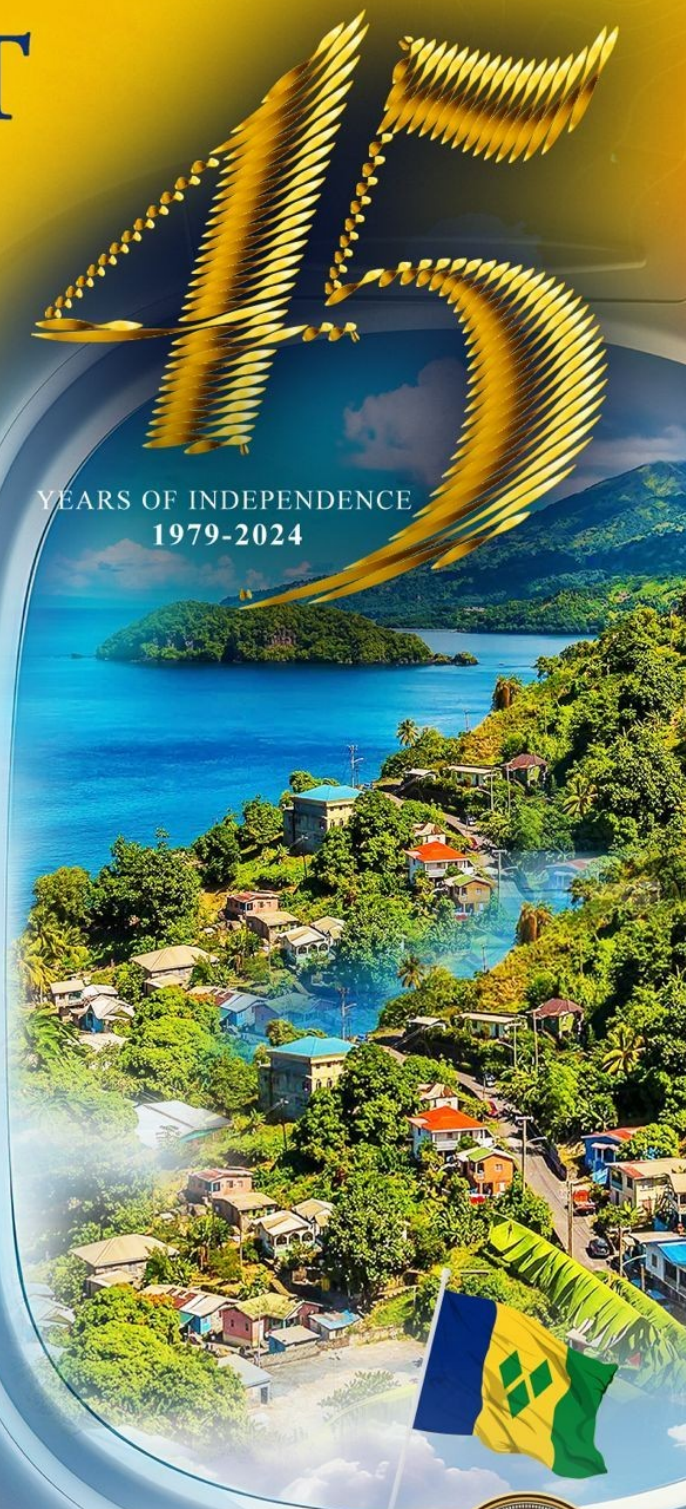
"the Gem of the Antilles"

# ST. VINCENT AND THE GRENADINES

## INDEPENDENCE MONTH OF ACTIVITIES

- 9<sup>TH</sup>** Welcome Jet Blue
- 10<sup>TH</sup>** Vincy Heat Match
- 11<sup>TH</sup>** Pink Cap Walk & Rally
- 13<sup>TH</sup>** Vincy Heat Matches
- 16<sup>TH</sup>** Jam 45 - Cruise Ship Terminal
- 17<sup>TH</sup>** Jam 45 - Byrea
- 19<sup>TH</sup>** Sporting Events, Park Hill  
Cricket, Starting 3PM  
Sporting Events, Layou  
Netball, Football & Volleyball  
Starting 6PM
- 21<sup>ST</sup>** Best Village Judging  
Flag Raising & Fireworks  
Display, Cruise Ship Berth
- 22<sup>ND</sup>** Best Village Judging
- 23<sup>RD</sup>** Best Village Judging  
Masters T20
- 24<sup>TH</sup>** Best Village Judging  
Round Table Talk  
Masters T20
- 25<sup>TH</sup>** Best Village Judging  
Masters T20  
Jam 45 - Police Canteen  
Sporting Events, North Leeward  
North Leeward Independence  
Soccerama & Netball Cup, Knockout
- 26<sup>TH</sup>** Teen Splash  
Mess Color Fete  
Sports - Glow Run  
NIS to Kingstown, Starting: 6PM  
Masters T20  
Sporting Events, North Leeward  
North Leeward Independence  
Soccerama & Netball Cup, Finals
- 27<sup>TH</sup>** Independence Parade  
Musical Concert @ Victoria Park  
Madungo Fest  
Masters T20  
Auto Sports "Ignition"
- 28<sup>TH</sup>** North Leeward Sporting  
Events  
Masters T20  
Auto Sports "Tarmac Take Over"
- 30<sup>TH</sup>** Youlou Pan Movement Event

YEARS OF INDEPENDENCE  
1979-2024



**45 Years**  
of Togetherness,  
Prosperity &  
Perseverance!

12.9843° N, 61.2872° W

Islander  
Bar & Grill

**BBQ SATURDAY**

12PM ONWARDS

ALL DAY HAPPY HOUR

FOR MORE INFORMATION Call: 1(784) 451-3601

Myahs Hotel www.myahshotel.com

Grenadine House  
Kingstown, St. Vincent

**Honeymoon Package**

At Grenadine House, we believe that a great honeymoon destination will give you romance, genuine moments of joy and incredible memories to last a lifetime. Book with us today and have an experience that you will never forget.

**Honeymoon Package - US\$850.00**

**Package Includes:**

- One (1) Arrival Rum/ Fruit Punch Each
- Luxury Accommodation With A Beautiful View For Three (3) Nights
- One (1) Bottle of Wine
- Fresh Local Floral Decor
- One (1) Candlelight Dinner For Two (2) On Our Romantic Terrace overlooking the city of Kingstown into the tranquil Grenadines Islands
- One (1) Breakfast In Bed For Two

FOR RESERVATIONS:  
CALL/ WHATSAPP :+ 1 784 458-1800 | +1784 593-0996  
stay@grenadinehouse.com

Instagram, WhatsApp, Facebook icons



THE ST. VINCENT  
CO-OPERATIVE  
BANK LTD.

# Open for Business

**We are offering loans to businesses:**

- Business Debt Consolidation
- Working Capital Replenishment  
(term out your overdraft and start fresh)
- Inventory Stocking
- Capital Injection
- Revolving Loans
- Tax, NIS, Property Tax

For more information, call us at  
**784-532 9823, Email: adickson@svcbi.com**  
or **784-493 5098, Email: nnickie@svcbi.com**

THE PENNY BANK AND SO MUCH MORE  
TERMS AND CONDITIONS APPLY.



**WAFULASUN**  
Our Place  
Since 2003

# Grill Day SATURDAYS

4:00pm until

**WAFULASUN**  
sports bar, cumberland

SIZZLING! FINGER-LICKING! MOUTH-WATERING! CHOICES OF CHICKEN, PORK & FISH  
REFRESHING DRINKS & ALCOHOL

CONTACT US: (784) 570-9691 / WHATSAPP: (784) 532-5514

## BLUE LAGOON DAY PASS For 2

**INCLUSION** FROM 10 AM - 6 PM

- Welcome Drink
- 2 Loft Lunch Vouchers US\$36.80/EC\$100
- Room use from 10am to 6pm (for 2)
- Access to Pool
- Access to Kayaks
- Complimentary Wifi

**\$110 USD**  
for 2 people

**BLUE LAGOON**  
HOTEL & MARINA

Follow us! @BlueLagoonSVG

**FOR BOOKINGS: 784-458-4308** info@bluelagoonsvg.com  
www.bluelagoonsvg.com

**Islander**  
Bar & Grill

## WEEKDAY LUNCH Deal

🕒 12pm - 3pm

**10" Pizza With Two Toppings EC \$20**

**Pizza Toppings**  
•Pepperoni •Ham •Sausage •Bell peppers  
•Mushrooms •Corn •Pineapple •Bacon •Extra cheese

**ORDERS: 1 (784) 451-3601**

\*\*VAT inclusive. Subject to 15% Service Charge\*\*

Myahs Hotel www.myahshotel.com

St. Vincent and the Grenadines  
MEDICINAL CANNABIS & TINCTURES SVG  
GA  
GRAND CONCERT  
ARNOS VALE STADIUM

# CANNABLISS FESTIVAL

ST. VINCENT & THE GRENADINES

SUNDAY NOVEMBER 3 2024

## BE THE FIRST TO CORRECTLY GUESS OUR FIRST 2 ARTISTES REVEAL & WIN!

SUMMU2 cannaSVG Medicinal

FOLLOW FOR MORE INFO.  
Cannabliss\_svg CannaBliss SVG

**Grenadine House**  
Kingstown, St. Vincent

# POOL Packages

|  |   |
|--|---|
| <b>POOL PACKAGE 1</b><br>XCD \$40.00<br>-ACCESS TO POOL- | <b>POOL PACKAGE 2</b><br>XCD \$60.00<br>-ACCESS TO POOL-<br>- 1 LIGHT MEAL-<br>-1 HAIROUN SOFT DRINK- |
|--|---|

**FOR RESERVATIONS CALL/WHATSAPP**  
+1 784 458-1800 | +1 784 593-0996

**Tree Bar & Grill**

# unplug fridays

**EACH AND EVERY FRIDAY NIGHT**

- Kitchen steaming all night. Roast pork, chicken wings, shark and much more
- **2 FOR 1 HAPPY HOUR FROM 7PM - 9PM**

**MUSIC BY A POPULAR DJ**

MUST BE 18 OR OLDER • ID REQUIRED • DRINK RESPONSIBLY

**MEDICINAL CANNABIS & COCAINE BYO**

# CANNABLISS FESTIVAL

**GRAND REGGAE CONCERT**

**SUNDAY 3 NOVEMBER 2024**

**ARNOS VALE STADIUM**  
TRADITIONAL CULTIVATORS VILLAGE

**\$55. EARLY BIRD** LOCAL & INTERNATIONAL REGGAE ARTISTES

**TicketLinkz**

**CHRISTOPHER MARTIN**

**MARLON ASHER**  
GANJA FARMER

SUMMU2 | cannaSVG | Medicinal

FOLLOW FOR MORE INFO.  
@Cannabliss\_svg | CannaBliss SVG

**driftwood**  
restaurant & lounge  
eat. drink. drift.

Set above beautiful Blue Lagoon with stunning sunset views and a newly refurbished dining area.

Treat yourself to a variety of delicious dishes.

Local favourites include fresh conch fritters, roasted garlic hummus, delicious taco bowls, perfectly cooked steak, thin crust woodfired pizza, home made tiramisu and ice-cream.

**RESERVE NOW**  
436 - 8999

BAR AND RESTAURANT

LOCATED AT BAREFOOT YACHT CHARTERS BLUE LAGOON

Order online with **KariBites**



**MYAH HOTEL**

# GROUP CELEBRATION PACKAGE

BIRTHDAYS, SPECIAL MILESTONES OR 'JUST BECAUSE' CELEBRATIONS IS ALL ABOUT MYAH'S HOTEL.

**6 - 20 PAX**

**24h ADVANCE BOOKING REQUIRED.**

FINAL PRICE BASED ON NUMBER OF PERSONS.

Reservations Call: 451-3600 | Email: reservation@myahshotel.com

+ 1 784 451-3600

Visit our website myahshotel.com


# JADEN SUN FAST FERRY

Leaving Kingstown at 8am with stops in Canouan, Mayreau, Union Island.  
Monday, Wednesday, Thursday  
Wednesdays - stop in Bequia

Leaving Kingstown at 9am with stops in Canouan, Mayreau, Union Island.  
Tuesday, Friday

>Leaving Union Island 4pm  
All days

ALL PASSENGERS MUST HAVE A GOVERNMENT BOAT PASS ISSUED AT THE FERRY TERMINAL IN KINGSTOWN.




**Serenity Dive**  
St. Vincent & The Grenadines

**DIVE Antilles**

**DIVE St. Vincent**  
St. Vincent, West Indies

**JOIN US**

# SAVE THE REEFS

**WE ARE OFFERING PADI DIVE CERTIFICATIONS & AN OPPORTUNITY TO WORK AS A CORAL GARDENER**

## WHAT WE'RE LOOKING FOR:

- LOCAL VINCENTIANS AGED 16+
- AVAILABLE TO WORK ONE DAY EVERY OTHER WEEKEND FOR 2-3 MONTHS
- MUST BE ABLE TO SWIM

## WHAT WE'RE OFFERING:

- FREE PADI OPEN WATER DIVER CERTIFICATION
- PAID WEEKEND WORK AS A CORAL GARDENER
- TRAINING IN CORAL GROWTH, MANAGEMENT, AND REPLANTING





ARROWROOT INDUSTRY ASSOCIATION

MON OCTOBER 28<sup>TH</sup> 10:AM UNTIL

# MADUNGO FEST 2024

SLOGAN  
AFTER BREADFRUIT AND JACK FISH, MADUNGO IS THE DISH

CHATOYER NATIONAL PARK RABACCA

**MENU**

MADUNGO With CONCH | FISH | CODFISH  
SMOKE HERRING | SHARK | BLACK FISH | TRI TRI

ATTRACTION FOR THE KIDS | DRINKS ON SALE | LIVE DJ MUSIC

360 Sports Bar

## Weekend Special

# CONCH SOUSE

This & Every Friday & Saturday

Available from:  
11am - 5pm  
or While Stocks Last

PRE-ORDER VIA:  
1-784-530-3360

@360sports.bar

WHO'S READY TO SING LIKE NOBODY'S WATCHING?

**KARAOKE Night**

**THIS THURSDAY**  
TIME: 7PM - 10PM

**FOOD SPECIALS**

- 6PC WINGS \$20
- CALZONE \$15
- 2 X 10" PIZZAS \$40

**DRINKS SPECIALS**

- 2-FOR-1 COCKTAIL SPECIAL
- BEER AND RUM SPECIALS

\*\*SPECIALS RUN FROM 7PM-10PM\*\*

FOR MORE INFORMATION Call: 1(784) 451-3601

\*VAT inclusive. Subject to 15% service charge

Myahs Hotel www.myahshotel.com

**MV GEM STAR 2**  
Service. Reliability. Respect.

## SCHEDULE UPDATE

**Tuesdays: Departs 12:00NOON**  
Kingstown - Canouan - Mayreau - Union Island

**Wednesdays: Departs 7:00AM**  
Union Island - Mayreau - Canouan - Kingstown  
Regular fares apply to travel on Tuesdays and Wednesdays.

**Fridays: Departs 12:00NOON**  
Kingstown - Canouan - Mayreau - Union Island

**Saturdays: Departs 7:00AM**  
Union Island - Mayreau - Canouan - Kingstown

Government issued passes valid for travel on Fridays and Saturdays **ONLY**.  
All government officers **MUST** have government passes at **ALL TIMES**.

SHIP: 784 526 1158 | OFFICE: 784 457 4157  
gemstarshipping@gmail.com

Find us on

## THE PERFECT WEDDING VENUE

At Grenadine House, hosting your dream wedding is our pleasure. Whether you envision your big day in our picturesque Upper Terrace overlooking the pristine, turquoise waters of the Caribbean Sea, or ceremonies and receptions overlooking a sparkling, refreshing pool with an elegant and modern touch, while also projecting a cool, laid-back ambience. Grenadine House provides you with the perfect wedding location that will make the start of your new life together a memorable one.

Call or Email us for more information:  
+1 784 458-1800 | + 1784 593-0996  
stay@grenadinehouse.com



# PALKI RESTAURANT

ORDER NOW | VILLA, ST. VINCENT | 784-527-2554



**INDIAN COMBO | \$25**

CURRY BEEF OR CHICKEN TAKATAK  
KHATTA MEETHA KADDU  
CHANNA MASALA  
JEERA PEAS PULAO





**HAKKA COMBO | \$25**

CHILLI PORK  
VEGETABLE FRIED RICE  
SHANGHAI NOODLES  
VEGETABLE MANCHURIAN





**CONTINENTAL COMBO | \$25**

FRIED WINGS  
FRENCH FRIES  
VEGETABLE SAMOSA





**TANDOORI COMBO | \$25**

TANDOORI ROASTED CHICKEN KABAB  
FRENCH FRIES





**INDIAN DOUBLES | \$15**

2PCS BHATHURA & CHANNA



Tree House Bar 1h   Ciara >



**SeaFood NIGHTS**

**CREAMY PASTA Shrimp**

Every Wednesday  From 7pm until

Variety of Sides to choose from  
Call to Order  
784 456 6808



**THE LOFT**  
RESTAURANT & BAR

OCTOBER 28, 2024

## INDEPENDENCE MENU

### BREAKFAST

**Captain's Breakfast** Saltfish, Breadfruit, Bakes, Fried Plantain, Ducana with Cocoa tea, and a touch of Captain Bligh RUM \$45

**Blue Lagoon Omelette** Spinach, Onion, Tomato, Peppers \$30

### LUNCH 11 AM - 4 PM

**Starters** - Pig Foot Souse \$20 • Tri Tri Cakes \$20 • Ducana \$20

**Mains** - Curry Goat \$60 • Creole Fish \$60

**Included Sides** - Green Banana Salad, Corn Pie, Breadfruit Pie  
Black Fish or Salt Fish & Ground Provision and Coconut Dumpling \$35

**Dessert** - Independence Cake \$20

Callalou Pizza \$45 - Available from October 21-27

*Starters also available for sale at Dockside Cafe.*

**RESERVATIONS (784) 458-4308**  
info@bluelagoonsvg.com



Rotary Club of St. Vincent

# Rise and Shine BREAKFAST

Local Independence Cuisine

PRICE

**\$20**

Friday **OCTOBER 25<sup>TH</sup> 2024**

All orders will be delivered

Delivery Start Time: **7:30am**

All proceeds will go towards the Polio Fund.

**END POLIO NOW**



ORDERS OR QUESTIONS PLEASE CONTACT: [ROTARY.SVG@GMAIL.COM](mailto:ROTARY.SVG@GMAIL.COM)

**BREAKFAST**

Grenadine House Kingstown, St. Vincent

EVERY TUESDAY

# TACOS



BEEF CHICKEN FISH VEGETABLE

*Tuesday*

-SERVED WITH FRIES / SALAD | 1 REFRESHING GLASS OF GH LEMONADE-

- +1 784 458-1800 | +1 784 593-0996 | [STAY@GRENADINEHOUSE.COM](mailto:STAY@GRENADINEHOUSE.COM) -



Grenadine House Kingstown, St. Vincent

# DAY PASS

US \$85.00 Per Person

ROOM ADD-ON +\$35.00

## DAY PASS PACKAGE INCLUDES:

- ✓ 1 WELCOME RUM/FRUIT PUNCH
- ✓ 1 TWO COURSE MEAL
- ✓ 1 LOCAL BEVERAGE
- ✓ 1 GLASS HOUSE RED/WHITE WINE
- ✓ ACCESS TO POOL
- ✓ ACCESS TO GYM

BOOK NOW

+1 784 458-1800 | +1 784 593-0996 [stay@grenadinehouse.com](mailto:stay@grenadinehouse.com)



# 4<sup>TH</sup> NIGHT FREE

Valid: 15th July to 12th December 2024

**BOOK 4 AT THE REGULAR PUBLISHED RATE AND GET THE 4TH NIGHT FREE.**

BOOK ONLINE USING BOOKING CODE: **4NF**

Reservations Call: 451-3600 | Email: [reservation@myahshotel.com](mailto:reservation@myahshotel.com)

THIS OFFER CANNOT BE COMBINED WITH ANY OTHER PROMOTION. MAXIMUM ONE (1) FREE NIGHT PER RESERVATION.

BLACKLISTED DATES AND OTHER TERMS AND CONDITIONS APPLY.

+1 784 451-3600

Visit our website [myahshotel.com](http://myahshotel.com)



Spa Packages Advertisement featuring four packages and add-ons against a background of a Grenadian flag.

- Package 1**  
\$180  
- FULL BODY MASSAGE -  
- PEDICURE -
- Package 2**  
\$140  
- DEEP CLEANSING BACK FACIAL -  
- BACK MASSAGE -
- Package 3**  
\$110  
- FULL BODY POLISH -  
- AROMATHERAPY MASSAGE -
- Package 4**  
\$80  
- KID'S PEDICURE -  
- ACCESS TO POOL -

**Add Ons:**  
- GEL \$20 - FULL BODY MASSAGE \$40 -

**Grenadine House**  
Kingstown, St. Vincent  
**October Spa Specials**

contact us for more information  
+1 784 458-1800  
+1 784 593-0996

**BOOK NOW**

WhatsApp, Instagram, Facebook icons

QR Code



FLIGHTS BETWEEN GRENADA, CARRIACOU & ST. VINCENT

AS LOW AS  
**\$69 USD**  
ONE WAY

CONNECTING GRENADA, CARRIACOU & ST. VINCENT

DAILY FLIGHTS AVAILABLE , EXCEPT THURSDAYS

**SVG AIR**

**PURE GRENADA**  
The Spice of the Caribbean

To book your flight today email: [reservations@flysvgair.com](mailto:reservations@flysvgair.com) or call (473)444-3549 or (473)444-1475



**National Parks, Rivers and Beaches Authority**

**Jaycees Building, Stoney Ground Road**

**Kingstown, St. Vincent and the Grenadines**

**☎ 784-453-1623 / Fax: 784-453-1622**

**✉ nationalparkssvg1@gmail.com**

**🌐 www.nationalparks.gov.vc**

**09/10/2024**

# NOTICE

The Management of the National Parks, Rivers and Beaches Authority (NPRBA) kindly reminds the general public that the **La Soufrière Cross Country Trail is still closed** as rehabilitation efforts continue.

The following **NPRBA-managed sites remain open** to the public:

- Black Point Heritage and Recreation Park
- Brighton Salt Pond Beach Facility
- Cumberland Beach Recreation Park
- Dark View Falls Recreation Park
- Indian Bay Beach Facility
- Mt. Wynne Beach Facility
- Owia Salt Pond Recreation Park
- Rawacou Recreation Park
- St. Vincent Botanical Garden
- Villa Beach Recreation Facility
- Wallilabou Heritage Park

We apologize for any inconvenience this may cause and sincerely appreciate your patience and cooperation.

This is a Public Service Announcement from the Management of the National Parks, Rivers and Beaches Authority