

## MAY

### Fri 24th

Central Leeward Carnival, Party N de Square, Barrouallie Square, 8 pm

Karaoke After Work, Vee Jays Restaurant and Bar, Kingstown. 4:30 pm

Hotel Alexandrina: Kulture Bar & Grill Happy Hour 5-8 pm, Prospect

Grenadine House Restaurant: Happy Hours 3 pm until

Paradise Beach Hotel: Grillin with the Captain, from 7:30 pm

French Verandah: Happy Hours 5-7 pm

Moonshine Restaurant and Bar, DJ Music, Special on Zest 7-9 pm Villa

All Day Happy Hour, Myah's Hotel

Sunset Shores Hotel: Chillin and Refillin Happy Hours 4—7pm

Ada Restaurant, Beachcombers Hotel: Live Music 5:30—8 pm



Tel: 457-2845

Tel: 456-9788

Tel: 458 -1800

Tel: 457- 4795

Tel: 453 -1111

Tel: 431-9741

Tel: 451-3600

Tel: 458 - 4411

Tel: 458-4283

J'ouvert, Barrouallie Square, 4 am; Evening Jump Up, 3 pm

Sunset Shores Hotel: BBQ 6:30 –9:30 pm, Chillin and Refillin Happy Hours 4—6pm

Wet Fete with powder, Tiger's Bar, Owia

Young Island Resort: BBQ Saturday, 7pm -10 pm

Myah's Hotel: BBQ Saturdays, from 12:00 noon until, All Day Happy Hour

Party, Rock Back Bar, Mt Grenan

Grenadine House Restaurant: Happy Hours 3 pm until; Soiree 8-11 pm

Ada Restaurant, Beachcombers Hotel: Sangria (2 for 1) 12 noon—8:30 pm, BBQ 5:30; Live Music

Wet Fete, Prosperity Bar, Georgetown

FLOW Wine Bar & Kitchen, Kingstown

SVG Teachers Co-operative Credit Union Glow Run, 6:30 pm

Moonshine Restaurant and Bar, Villa

Driftwood Restaurant and Lounge

Tel: 458 - 4411

Tel: 458 - 4826

Tel: 451-3600

Tel: 458 -1800

Tel: 458-4283

Tel: 457- 0809

Tel: 431-9741

Tel: 456-8999

### Sat 25th

Biabou Football League and After Party, 2:30 pm

Football Adventure - Boat Ride Carriacou on Jaden Sun , 7:00 am, ID/passport needed

Young Island Resort: Buffet Lunch, Sunday, 12:30 - 2:30 pm

Ada Restaurant, Beachcombers Hotel: Live Music 5:30—8 pm

Grenadine House Restaurant:: Buffet Lunch, 12 noon, Happy Hours 3 pm until,

Café Soleil, Blue Lagoon Marina: BBQ, live music by BAM from 7 pm

Gate 3 Restaurant & Lounge: E T Joshua Center, Arnos Vale

Carnival Zess, Porters Estate, Arnos Vale, 5 pm

Karaoke Sunday, Wafulasun Sports Bar, Cumberland

Ivory Soiree, All White Affair, Steelpan Fete, Comsport Facility, Arnos Vale, 5 pm

Tel: 458 - 4826

Tel: 458-4283

Tel: 458 - 1800

Tel: 456 - 8550

Tel: 570-3333

Tel: 528-6137

### Sun 26th

Tree House Bar: Karaoke Night, 8 pm, Arnos Vale

French Verandah: Regular menu, take-away can be requested

Ada Restaurant, Beachcombers Hotel: Regular menu, take-away can be requested

Graduates Calypso Tent, Russell's Auditorium, 8 pm

French Verandah: Happy Hours 5-7 pm

Grenadine House Restaurant:: Taco Tuesday

Entice Lounge & Bar, (Mon—Sat 10 am until), Victoria Park

Tel: 453 - 1111

Tel: 458-4283

Tel: 453 - 1111

Tel: 458 - 1800

Tel: 454-2455

### Tues 28th

Upstage Xperience Calypso Tent, Russell's Auditorium, 8 pm

Flow Wine Bar, Kingstown

Kulture Bar & Grill, Hotel Alexandrina, Prospect

Ontour Calypso Tent Russell's Auditorium, 8 pm

Tel: 457 - 0809

Tel: 456-9788

### Wed 29th

French Verandah: Regular menu, take-away can be requested

Moonshine Restaurant and Bar, Villa

Tel: 453 - 1111

Tel: 431-9741

### Thurs 30th

## Friday 24th May

Party, Zero Tolerance Bar, Sandy Bay

## Saturday 25th May

Grill Spot Bar & Grill, Vige Highway, Arnos Vale

Captain Lano Restaurant, Villa Beach Boardwalk

Pitmaster Smokehouse, Diamond, Windward Highway, 12 noon until

Tel: 457-7768

Tel: 458-8800

Tel: 494-0101

**MAY 31ST AND JUNE 1ST - 2ND**

# ONE FEST CANOUAN

**SOHO BEACH HOUSE CANOUAN**



<p><b>FRIDAY MAY 31<sup>ST</sup></b></p> <p><b>DJ LINEUP</b>  <b>DJ CHADD</b>  <b>DJ MULTIVATOR</b>  <b>DJ JAMIN WALTERS</b></p> <hr/> <p><b>TRAVEL FROM KINGSTOWN</b></p> <p><b>JADEN SUN</b>  DEPARTS AT 10AM  <b>BEQUIA EXPRESS</b>  DEPARTS AT 11:30AM  <b>MV GEM STAR</b>  DEPARTS AT 11:30AM  OR FLY  <b>SVG AIR</b>  +1784-532-9179</p>	<p><b>SATURDAY JUNE 1<sup>ST</sup></b></p> <p><b>DJ WORKSHOP</b>  DJ JAMIN WALTERS  <b>SALSA DANCING</b>  EUPHORIA DANCE ACADEMY  <b>LIVE PERFORMANCES</b>  DJ JAMIN WALTERS  SALSA WITH EUPHORIA DANCE ACADEMY  DANIELLE VEIRA - THE HUB COLLECTIVE  RODNEY SMALL - FLAMES - DJ 2 KOOL KRIS  <b>EVENING PARTY</b>  DJ 2 KOOL KRIS  <b>FOOD VENDORS</b>  <b>MAMA'S MARKET</b></p> <hr/> <p><b>STAY AT</b></p> <p><b>SOHO BEACH HOUSE CANOUAN</b>  <b>SPECIAL RATES</b>  <b>INCLUDE FULL ACCESS TO EVENTS</b>  OR  <b>INQUIRE ABOUT LOCAL AIRBNBS</b></p>	<p><b>SUNDAY JUNE 2<sup>ND</sup></b></p> <p><b>FAMILY FUNDAY</b>  BBQ + BEACH GAMES  <b>ACOUSTIC SESSIONS</b>  ABU ZANIMAH + COLIN "MINKAH" PETERS  <b>SOCAL PARTY</b>  HANCE JOHN  <b>AFTERNOON COOL VIBES</b>  DJ JAMIN WALTERS  <b>SIP &amp; PAINT</b>  <b>MOVIE SCREENING</b>  HAIROUNA FILM FESTIVAL  <b>BEEFY'S BOATRIDE</b>  TO MAYREAU + UNION ISLAND</p> <hr/> <p><b>TICKETS START AT</b></p> <p><b>EC \$50.00 PER DAY</b>  OR  <b>EC \$120.00 FOR WEEKEND</b></p> <p><b>FOR MORE INFORMATION CONTACT</b>  +1-784-530-7400</p>
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# NEWS FLASH



**NEW FLIGHTS AVAILABLE FOR ONE FEST CANOUAN**

One Fest Canouan: Good music, good food, good vibes, good fun. With live performances by a great selection of local artistes. Come enjoy the beautiful Canouan beach while you try your hand at some painting, peruse the market, or play some games with the kids!

<b>Flights available on:</b>	<b>Fare:</b>
May 31st, 6:00 PM (SVD - CIW)	\$155.00 (One Way)
May 31st, 6:20 PM (CIW - SVD)	\$300.00 (Round Trip)
June 3rd, 8:20 AM (CIW - SVD)	
June 3rd, 5:30 PM (CIW - SVD)	

Book Now: +1 (784) 457 5124

Whatsapp: +1 (784) 532 9179

www.flysvgair.com

ST. VINCENT AND THE GRENADINES  
**TEACHERS CO-OPERATIVE CREDIT UNION LTD.**

**SAT MAY 25 2024 6:30PM**

# SVGTCU Ltd. 2024 Glow Run

WORKOUT WARMUP + COOLDOWN BY **fitnes club**

**PACKAGES: \$60**  
PACKAGE INCLUDES T-SHIRT, WATER BOTTLE, BAG AND REFRESHMENTS

**REGISTER NOW!**  
AT THE SVGTCCU HEADQUARTERS, KINGSTOWN  
OR EMAIL: [MARKETING@TCCLISVG.COM](mailto:MARKETING@TCCLISVG.COM)

ALL PROCEEDS GO TOWARDS CHARITY



Carib  
BIABOU FOOTBALL LEAGUE AND CHELLZ KITCHEN PRESENT

# BIABOU FOOTBALL LEAGUE

and after party

MUSIC BY  
**DJ BLAZE**  
TEAM PREDOMINANT

**BIABOU PLAYING FIELD**  
**26** THE SUNDAY  
MAY 2024

TIME: 2:30 PM  
DAN DA DA YOUNG LEGENDS  
VS STUBBS VILLAGE

FEATURED MATCH TIME: 4:30 PM  
CEASEAR'S REAL ESTATE CLASSIC 11  
VS OWIA FC

CARIB BEER 3 FOR \$10  
MACKESON DARK CHOCOLATE 3 FOR \$12

SOUND SYSTEM REINFORCEMENT BY  
TEAM PREDOMINANT

## VINCY MAS 2024 EVENTLIST

SOCA OF SUMMER DJ C FOUR	Worst BEHAVIOR Foreign Base	JUNE 29TH	H2O WET FETE HOT 97	JULY 5TH	Wett Republic SKINNY, KAREN, HYPA 4000, AMGINE	JULY 7TH
ELEVATE TROPICAL ECSTASY DJ Q	Xperience XTREME 104	JUNE 30TH	HAPPYMESS COLOR FETE AMGINE EVENTS	JULY 5TH	JOUVERT AM JAMBOREE	JULY 8TH
I ♥ RUM AMGINE EVENTS	OASIS 4TH DIMENSION & ZAK EVENTS	JULY 1ST	SOLARIS 4TH DIMENSION & SOCA DR	JULY 6TH	CARNIVAL MON	JULY 8TH
UPTOWN PARTY	HANCE JOHN	JULY 2ND	BRUNCH & SOCA HOVA	JULY 6TH	CARNIVAL TUES	JULY 9TH
DIP NEKES EVENTS	CHEERS TINGNICE & DEGRIND	JULY 3RD	FLAIR JoChe Moments & K promotions	JULY 6TH	CURVEZ LVST, TONY X, B2B, C FOUR	JULY 9TH
BOOZY BOATRIDE	ISLAND FANATICS	JULY 4TH	SOCA MONARCH SSA BOATRIDE	JULY 6TH	COOLERS & CUPS	JULY 10TH
CRUSH SKINNY FABULOUS & PROBLEM CHILD		JULY 4TH	SEX SOCA & ALCOHOL	JULY 7TH	HOVA, LA FETERS, SCRATCH MASTER, 3RD ELEMENT EVENT	
		JULY 5TH	BEND BOATRIDE	JULY 7TH	CIAO NEKES EVENTS	JULY 10TH
		JULY 5TH	NINJA FETE & LVST CARNIVAL	JULY 7TH		
		JULY 5TH	SLIPPERY WHEN WET	JULY 7TH		

**DRILLZ INTERNATIONAL**

FOLLOW @DRILLZINTERNATIONAL FOR MORE INFO

# GRADUATES

## CALYPSO TENT

Keeping Culture Alive

### SHOW DATES

TUESDAY 28 MAY  
TUESDAY 4TH JUNE  
PRELIMINARIES- TUESDAY 11TH JUNE

VENUE : RUSSELL'S AUDITORIUM

TIME: 8PM

## SOUTH LEEWARD Carnival 2024

31ST MAY - JUNE 09TH

### RURAL CARNIVAL SCHEDULE:

<b>FRI MAY 31st</b>	LAUNCHING OF SOUTH LEEWARD CARNIVAL WITH FISH FEST CLARE VALLEY: 6PM
<b>SAT JUNE 01st</b>	NIGHT MAS STREET PARADE 30 GAP TO UPGRADE DISCO: 6:30PM
<b>FRI JUNE 07th</b>	CULTURE FEST VERMONT/RETREAT CENTRE: 7PM
<b>SAT JUNE 08th</b>	KIDDIES EXTRAVAGANZA TOP QUESTELLES HARD COURT: 2PM
<b>SUN JUNE 09th</b>	STREET PARTY JUMP UP CHAUNCEY TO CAMPDEN PARK: 3PM
<b>SUN JUNE 09th</b>	SOUTH LEEWARD SOCA MONARCH COMPETITION: CAMPDEN PARK PLAYING FIELD: 8PM

Carib





## ESCAPE TO BEQUIA Summer Staycation Rates

Economy Room  
\$150 EC/Night



Garden Room  
\$260 EC/Night



For Vincentian Nationals | Double Occupancy

Deluxe Room  
\$300 EC/Night



AC Suite  
\$400 EC/Night



**Book Now:**

+1 (784) 458 3255 (Call between 8AM - 4PM)  
reservations@frangipanibequia.com

SUNDAY  
MAY  
**26**  
5PM  
COMSPORT  
FACILITY  
ARNOS VALE

@YOULOUPANSVG

YOULOU  
PAN MOVEMENT  
C.B.I.

# IVORY SOIREE

ALL WHITE AFFAIR  
THIS IS NOT A CONCERT, IT'S A STEELPAN FETE

## COCKTAIL TABLE SERVICE \$60XCD

**SECURE YOUR TICKET NOW!**

Ticket OUTLETS: COREAS CITY STORE, PULSE, COREAS PHARMACY ARNOS VALE, ENTICE BAR, VICTORIA PARK, BLONDIE BIRD MAS TENT

SUNDAY  
MAY  
**26**

BATTLE OF THE GRENADINES  
**EXCURSION**  
JADEN SUN

\$200  
BOARDING  
PASS

VINCY HEAT | 4PM  
X SPICE BOYS

SVG TO CARRIACOU

ID CARD/ PASSPORT

DEPARTING KINGSTOWN  
**7:30AM**

DEPARTING CARRIACOU  
**6:30PM**



 Grenadine House  
Kingstown, St. Vincent

# Sunday Buffet

Sunday May 26th, 2024 | 11:30am

- Cream of Carrot Soup-
- Coleslaw-
- BBQ Ribs-
- BBQ Chicken-
- Grilled Catch with Garlic Butter Sauce-
- Corn Pie-
- Callaloo Rice-
- Stewed Kidney Beans-
- Chocolate Brownie-

**XCD\$60**  
PER PERSON  
+ 10% SERVICE CHARGE

**RESERVATIONS**  
+ 1 784 458-1800 | + 1 784 593-0996  
stay@grenadinehouse.com

 **Islander**  
Bar & Grill

# All Day HAPPY HOUR

## FRIDAY & SATURDAY



 Myahs Hotel [www.myahshotel.com](http://www.myahshotel.com)

 **CENTRAL LEEWARD CARNIVAL 2024**  
UPCOMING EVENTS

 **VINCYMAS**

- May 18** KIDDIES CARNIVAL/ FAIR  
Barrouallie Square  
10 AM
- May 24** Party N de Square  
Barrouallie Square  
8 PM
- May 25** JOUVERT  
Barrouallie Square  
4 AM
- May 25** EVENING JUMP UP  
Barrouallie Square  
3 PM

# Air Canada FLIGHT SCHEDULE

YYZ ↔ SVD

**Sundays**  
From April 7 to Oct 20

**Mondays, Thursdays & Fridays**  
From October 28

**CONTACT US TODAY**  
[www.discoversvg.com](http://www.discoversvg.com)  
[svgta.ca@discoversvg.com](mailto:svgta.ca@discoversvg.com)

 **st. Vincent and The Grenadines**  
The Caribbean you're looking for



# BBQ SATURDAY

12PM ONWARDS  
SAT 11<sup>TH</sup> MAY

ALL DAY HAPPY HOUR

## MENU

- JERK BBQ RIBS & CHICKEN
- MANISH WATER SOUP
- JAMAICAN FESTIVAL
- MACARONI PIE
- TOSS SALAD
- CORN ON COB

Myahs Hotel Bar & Grill  
www.myahshotel.com

Grenadine House  
Kingstown, St. Vincent

# June Specials

1ST-31ST JUNE, 2024

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## Just for Dad

EC\$ 160  
Back Massage  
Foot Exfoliation & Foot Massage

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## Pampering Papa

-EC\$ 130-  
Express Pedicure  
Gentleman's Facial

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## Man Of The Hour

-EC \$190-  
Swedish Massage  
Spa Manicure  
Spa Pedicure

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## My Hero

-EC \$200-  
Deep Tissue Massage  
Spa Pedicure  
Gentleman's Facial

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APPOINTMENTS ONLY  
+1 784 458-1800 | +1 784 593-0996



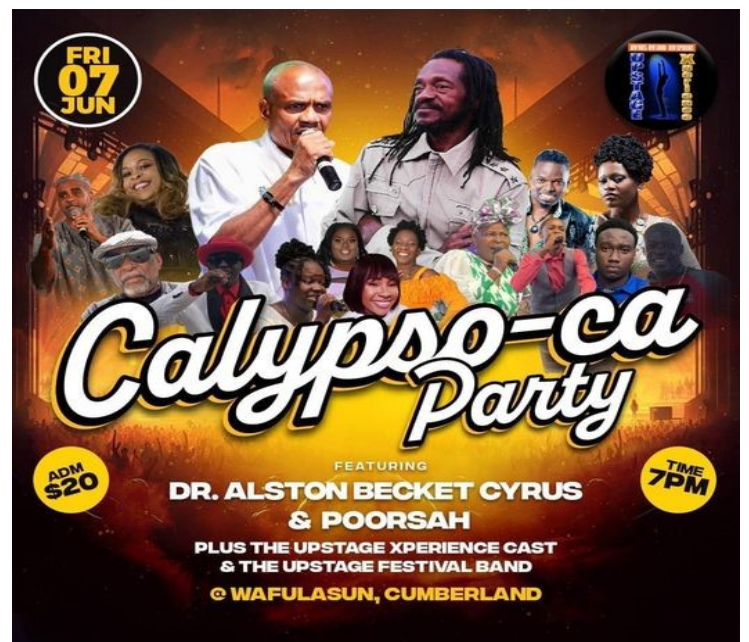
# PARADISE Carnival Market

23rd of June 2024 | 10am -4pm  
@Paradise Beach Hotel  
Reservations for Buffet & Vendor Tables:

+1(784)457-4795  
info@paradisestvg.com

**BUFFET**  
ADULTS \$65  
KIDS \$45

FRI 07 JUN



# Calypso-ca Party

FEATURING  
**DR. ALSTON BECKET CYRUS & POORSAH**

PLUS THE UPSTAGE XPERIENCE CAST  
& THE UPSTAGE FESTIVAL BAND  
© WAFULASUN, CUMBERLAND

ADM \$20  
TIME 7PM



# WINDWARD CARNIVAL 2024

## Calendar of Events

- 20 MAY** CARNIVAL LAUNCH  
TRIPLE R SQUARE
- 23 MAY** MOONLIGHT SPLASH  
RABACCA
- 01 JUNE** KIDS BONANZA /  
KIDDIES CARNIVAL  
CHILLI PLAYING FIELD
- 16 JUNE** BRUNCH & JIGGLE  
SEA VIEW GARDEN  
BEACH CLUB
- 21 JUNE** WINDWARD SOCA MARCH  
& PAN - KAI - MAS  
CHILLI PLAYING FIELD
- 22 JUNE** JOUVERT AND STREET  
PARTY / AFTER PARTY  
STREETS OF GEORGETOWN
- 23 JUNE** CARNIVAL COOLDOWN  
VENUE: TBA

## Spring Hotel Bequia

### DAY PASS

USD \$75 per person

Includes:

- FREE SHUTTLE SERVICE
- 1 TWO COURSE MEAL
- 1 WELCOME DRINK
- CHANGE ROOM
- POOL ACCESS
- 1 LOCAL BEVERAGE
- ACCESS TO ENTERTAINMENT AREAS

ROOM ADD-ON + USD \$35

Reservation Only

tel # 1 784 457 3707 / 1 784 454 4260  
email: info@springhotelbequia.com

## SERENITY DIVE INC

# START YOUR SCUBA DIVING CAREER NOW!!!

We're offering an internship/employment opportunity

Candidate must have/be:

- GOOD COMMUNICATIVE SKILLS
- COMFORTABLE BOTH IN AND ON THE WATER
- WILLING TO LEARN
- PASSIONATE & MOTIVATED

For more information contact us:  
(784) 457-5335 or email your CV to  
serenitydive@hotmail.com

## Grenadine House

Kingstown, St. Vincent

EVERY TUESDAY

# TACOS

# Tuesday

BEEF  
CHICKEN  
FISH  
VEGETABLE

-SERVED WITH FRIES / SALAD | 1 REFRESHING GLASS OF GH LEMONADE-

- +1 784 458-1800 | +1 784 593-0996 | STAY@GRENADINEHOUSE.COM -



Grenadine House  
Kingstown, St. Vincent

# DAY PASS

US

\$85.00

Per Person

ROOM  
ADD-ON  
+\$35.00

## DAY PASS PACKAGE INCLUDES:

- ✓ 1 WELCOME RUM/FRUIT PUNCH
- ✓ 1 TWO COURSE MEAL
- ✓ 1 LOCAL BEVERAGE
- ✓ 1 GLASS HOUSE RED/WHITE WINE
- ✓ ACCESS TO POOL
- ✓ ACCESS TO GYM

BOOK NOW

+1 784 458-1800 | +1 784 593-0996  
stay@grenadinehouse.com



**NATIONAL PARKS AWARENESS MONTH MAY SPECIAL**  
"CONNECTING PEOPLE TO PARKS"

EXPERIENCE THE BEAUTY OF NATURE WITH **FREE ENTRANCE** TO SELECTED NATIONAL PARKS EVERY TUESDAY AND THURSDAY THROUGHOUT MAY! EXPLORE LUSH GREENERY, HISTORIC SITES, AND SERENE TRAILS AT THESE BREATHTAKING LOCATIONS

ST. VINCENT BOTANICAL GARDENS 9AM-5PM	BLACK POINT HERITAGE AND RECREATION PARK 9AM-5PM	RAIWAJOU RECREATION PARK 9AM-5PM	VERMONT NATURE TRAIL 9AM-3PM
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SPECIAL FOR ALL SCHOOLS! ENGAGE YOUR STUDENTS WITH THE WONDERS OF NATURE

FOR FURTHER INFORMATION CONTACT  
453-1623 OR NATIONALPARKSSVGI@GMAIL.COM

LET'S SPREAD AWARENESS AND APPRECIATION FOR OUR NATIONAL PARKS!  
#PARKCONNECTIONS, #PARKSFORALL, #NPRAIAWARENESSMONTH22

## MAY SPECIAL!!

Open Water Diver Starting At \$400USD/\$1070EC

Advanced Adventurer Diver Starting At \$375USD/\$1000EC

(784) 527-3406  
info@diveantilles.com  
diveantilles.com

**MAY 25TH 8-11 PM**

EUPHORIA PRESENTS

Grenadine House  
Kingstown, St. Vincent

# Soirée

MUSIC BY  
**DJ ANTON**

FREE ENTRY - FOOD & DRINKS SPECIAL

GRENADINE HOUSE, KINGSTOWN, ST. VINCENT & THE GRENADINES  
WWW.GRENADINEHOUSE.COM



Grenadine House  
Kingstown, St. Vincent

# POOL Packages

<b>POOL PACKAGE 1</b> XCD \$40.00 -ACCESS TO POOL-	<b>POOL PACKAGE 2</b> XCD \$60.00 -ACCESS TO POOL- - 1 LIGHT MEAL- - 1 HAIROUN SOFT DRINK-
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FOR RESERVATIONS CALL/WHATSAPP  
+1 784 458-1800 | + 1 784 593-0996

[WhatsApp](#) [Instagram](#) [Facebook](#)

**D. ONTOUR CALYPSO TENT**

# ONTOUR CALYPSO Tent

THURSDAY MAY 30TH **OPENING** • THURSDAY JUNE 6TH **2ND SHOW** • THURSDAY JUNE 13TH **PRELIMINARIES**

VENUE: RUSSELL'S AUDITORIUM

## CAST

MARSHIE MANSICK ZION I DA VINCI MIAMO	PATCHES KOJAH ABIJAH AZARA I	EXPOSER MARVO ROOTSGORDON REALITY NINJAH	AND THE NEWCOMERS DIAMOND KERIE
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**SVG AIR**

## Fly St. Vincent To Carriacou

Special Offer!  
EC\$627  
Jan 1st - June 30th

**BOOK NOW**

Tel: (784) 457 5124  
Tel: 1 (246) 228 5544  
[\(784\) 532-9179](#)  
[@svgair](#) [@flysvgair](#)

LIVE PERFORMANCE BY:  
**FYAH EMPRESS**

MUSIC BY  
DJ MAKA

TICKETS  
**\$75**

sat **01** june 2024  
TIME: **8PM** UNTIL

# SOCCA & JAZZ

LIVE BRAND ENTERTAINMENT SERIES

**LOGWOOD**

TICKET OUTLETS:  
KNETIK BAND MEMBERS  
JTP BAND MEMBERS  
EL JAY LOTTO BOOTH, BARROUALLIE  
CHRISTAL \$334200  
LOGWOOD SPORTS BAR, BUCCAMENT

OTHER PERFORMANCES BY  
**BOMANI / KNETIK BAND**  
JAZZ TROPICAL PROJECT

**SVG Hotel & Tourism Association**  
Cruise Ship Terminal, Unit #8, St. Vincent & the Grenadines  
T: 784 458-4379 | M: 784-494-4379  
E: svghotels@vincysurf.com | svghotels@gmail.com



# VINCYMAS CALENDAR 2024

**JUNE 28**  
**JULY 09**

**THE HOTTEST IN THE CARIBBEAN CARNIVAL**

SAT MAY 4TH	VINCYMAS LAUNCH
FRI JUNE 28TH	FANTASTIC FRIDAY
SAT JUNE 29TH	JUNIOR CARNIVAL
SUN JUNE 30TH	JUNIOR PANORAMA
TUE JULY 2ND	JUNIOR CALYPSO/SOCA
THUR JULY 4TH	STEEL AND GLITTER
FRI JULY 5TH	EVO
SAT JULY 6TH	RAGGA SOCA MONARCH & SOCA MONARCH FINALS
SUN JULY 7TH	DIMANCHE GRAS
MON JULY 8TH	JOVERT & T-SHIRT BAND STREET PARTY
TUE JULY 9TH	MARDI GRAS

1-784-457-2580 | www.vincymas.vc  
 Vincymas | cdcovsfg@vincysurf | vincy\_mas

## T20 ICC MEN'S T20 WORLD CUP WEST INDIES & USA 2024

# PARTY STAND TICKETS

### SAINT VINCENT AND THE GRENADINES

ARNOS VALE STADIUM

THURSDAY 13 JUNE 2024 BANGLADESH vs NETHERLANDS	\$25 (DRINKS INCLUSIVE)	SATURDAY 22 JUNE 2024 C1 vs B2	\$150 (DRINKS INCLUSIVE)
FRIDAY 14 JUNE 2024 SOUTH AFRICA vs NEPAL	\$100 (DRINKS INCLUSIVE)	MONDAY 24 JUNE 2024 C1 vs D2	\$150 (DRINKS INCLUSIVE)
SUNDAY 16 JUNE 2024 BANGLADESH vs NEPAL	\$25 (DRINKS INCLUSIVE)		

ALL PRICES QUOTED IN USD  
 BUY TICKETS NOW  
 TICKETS.T20WORLD.CUP.COM

COMMERCIAL PARTNERS: Emirates, aramco, DP WORLD, Coca-Cola, Industrial Bank

# ONE 784 PROMOTIONS

# OVER DOSE

## CARNIVAL FETE SERIES

WELCOME TO PARADISE JUN 02 2024

OVER DOSE IS HIT RUN

OVER DOSE IS STEAM JUN 24 2024

JUNE 02 TO JULY 28

## POST CARNIVAL FETE SERIES

OVER DOSE IS SHINE

OVER DOSE IS ONE VIEW

GD

# UPSTAGE XPERIENCE CALYPSO TENT 2024

MAY 29	RUSSELL'S AUDITORIUM	JUNE 05	RUSSELL'S AUDITORIUM
JUNE 07	WAFULASUN CUMBERLAND	JUNE 08	SANDY BAY
JUNE 12	RUSSELL'S AUDITORIUM		





Operated By:  
**SVG AIR**

# NEW FLIGHTS

Starting April 1st 2024, we will be operating new flights to the Grenadines on

**MONDAY | WEDNESDAY | FRIDAY | SATURDAY**  
departing St. Vincent at 8:00 am

**BOOK YOUR FLIGHT TODAY:**

**Tel: (784) 457-5124**

**Whatsapp: (784) 532-9179**

**Email: reservations@fllysvair.com**

**Hotel Alexandria**  
Bar & Grill

## Happy Hour

**FRIDAYS from 5PM to 8PM**

**Buy 1 Get 1 FREE**

**Carib BEERS**

**Introducing our PLANTAIN TACOS**

**Rum Punch SPECIAL**

Tel: 784-456-9788 | Email: info@hotalexandrina.com

**Grenadine House**  
Kingstown, St. Vincent

### Organic Essence

ECs 140.00

Our Organic Essence Package consists of a refreshing facial and upper body massage. Designed to deliver an indulgent organic experience, whilst supporting your skin's natural ability to regenerate and become healthy and balanced. With a blend of Aloe Vera and natural oils, your body will feel renewed after this treatment.

### Nourish & Nurture

ECs 115.00

This soothing, multi-detox body wrap treatment is an infusion of Organic ingredients including Peppermint and Seamoss, aimed at detoxing and cleansing the skin.

### Radiate & Renew

ECs 155.00

This is an exfoliating body massage and scrub where the body will be polished to perfection with an infusion of Local Vincy Salt Crystals and Massage oil, aiding in removing dead skin cells and improving circulation. In addition, this treatment includes an indulgent massage with Locally made body butter to replenish and renew the skin.

### Mineral Infusion

ECs 95.00

Based on an ancient therapeutic treatment for hands in need of little extra care, this treatment is perfect if you have discomfort in your hands and arms.

This deeply restorative treatment involves a soothing mineral soak, a refreshing exfoliation treatment, a warm mask and a comforting hand and feet massage with organic oils, designed to relieve discomfort and give you an energy boost.

Your hands will be treated to an aromatic experience in either uplifting lemongrass or soothing wild rose, to promote healing and revitalise your skin and nails.

### Vitality

ECs 75.00

Treat your little one to a relaxing and refreshing upper body massage and their choice of a manicure or pedicure using all natural, local, safe ingredients.

**Grenadine House**  
Kingstown, St. Vincent

## Eco May

This May, we are going green!  
Use the code : ECOGH when booking and receive 10% off our Eco May packages!

**+1 784 458-1800 | +1 784 593-0096**  
**STAY@GRENADINEHOUSE.COM**





## Jaden Sun - Fast Ferry Service

From Sun. 26th May to Wed. 29th May, 2024

Days	Route	Estimated Time of DEPARTURE	Estimated Time of ARRIVAL
Sunday 26 May, 2024	<b>NO OPERATION</b>		
Monday 27 May, 2024	<b>NO Morning Schedule</b>		
	Kingstown → Bequia	3:30 pm	4:00 pm
	Bequia → Canouan	4:10 pm	5:10 pm
	Canouan → Mayreau	5:25 pm	5:40 pm
	Mayreau → Union Island	5:50 pm	6:00 pm
Tuesday 28 May, 2024	<b>NO OPERATION</b>		
Wednesday 29 May, 2024	Union Island → Mayreau	6:30 am	6:40 am
	Mayreau → Canouan	6:50 am	7:05 am
	Canouan → Bequia	7:15 am	8:15 am
	Bequia → Kingstown	8:25 am	8:55 am
	<b>No Afternoon Schedule</b>		

The Regular Schedule resumes on **Friday 31st May, 2024**

### SAILING SCHEDULE

ADMIRAL FERRIES LTD

OPERATING DAYS	DEPARTS BEQUIA	DEPARTS KINGSTOWN
<b>MONDAY</b>	6:30 AM 2:00 PM	11:45 AM 4:00 PM
<b>TUESDAY</b>	6:30 AM 2:00 PM	11:45 AM 4:00 PM
<b>WEDNESDAY</b>	6:30 AM 2:00 PM	11:45 AM 4:00 PM
<b>THURSDAY</b>	6:30 AM 2:00 PM	11:45 AM 4:00 PM
<b>FRIDAY</b>	6:30 AM 9:15 AM 2:00 PM	8:00 AM 11:45 AM 4:00 PM
<b>SATURDAY</b>	6:30 AM 9:15 AM 4:00 PM	8:00 AM 11:00 AM 5:30 PM
<b>SUNDAY</b>	6:30 AM 4:00 PM	8:00 AM 5:30 PM

(784) 458 3348 (784) 534 7707 admiralferries@gmail.com admiralferries.com

# MV Gem Star 2

## Schedule

**Departs Kingstown**  
**TUESDAYS & FRIDAYS - 12:00NOON**  
Kingstown - Canouan - Mayreau - Union Island

**Departs Southern Grenadines**  
**WEDNESDAYS & SATURDAYS - 7:00AM**  
Union Island - Mayreau - Canouan - Kingstown

**ONE WAY FARES CANOUAN: \$60 | MAYREAU: \$70 | UNION ISLAND: \$80**  
All fares are quoted in Eastern Caribbean dollars.





# WEEKLY SCHEDULE

## BEQUIA - KINGSTOWN

DEPARTS BEQUIA			DEPARTS KINGSTOWN		
MONDAY - FRIDAY	SATURDAYS	SUNDAYS & PUBLIC HOLIDAYS	MONDAY - FRIDAY	SATURDAYS	SUNDAYS & PUBLIC HOLIDAYS
6:30 AM	6:30 AM	6:30 AM	8:00 AM	8:00 AM	8:00 AM
8:30 AM	8:30 AM		10:30 AM	11:00 AM	
9:30 AM			1:00 PM		
1:00 PM	1:00 PM		4:00 PM	5:00 PM	
4:30 PM	4:30 PM	4:30 PM	6:00 PM	6:00 PM	6:00 PM



TEL: 784 457-3539 | FAX: 784 457-3055  
Email: info@bequiaexpress.com

*Your safe, reliable and efficient ferry service!*

### FARES

Bequia: adult return  
\$45.00, one way  
\$25.00

Children return  
\$25.00 and one way  
\$15.00.

Children under 5  
years travelling with  
an adult free.

=====

One way to Canouan  
\$60.00

One way to Union  
Island and Mayreau  
\$80.00



# WEEKLY SCHEDULE

## SOUTHERN GRENADINES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
KINGSTOWN - CANOUAN 11:30 AM	UNION IS. - MAYREAU 6:30 AM	KINGSTOWN - CANOUAN 11:30 AM	UNION IS. - MAYREAU 6:30 AM	UNION IS. - MAYREAU 6:30 AM
CANOUAN - MAYREAU 3:00 PM	MAYREAU - CANOUAN 7:00 AM	CANOUAN - MAYREAU 3:00 PM	MAYREAU - CANOUAN 7:00 AM	MAYREAU - CANOUAN 7:00 AM
MAYREAU - UNION IS. 4:00 PM	CANOUAN - KINGSTOWN 8:00 AM	MAYREAU - UNION IS. 4:00 PM	CANOUAN - KINGSTOWN 8:00 AM	CANOUAN - KINGSTOWN 8:00 AM
			KINGSTOWN - CANOUAN 11:30 AM	KINGSTOWN - CANOUAN 11:30 AM
			CANOUAN - MAYREAU 3:00 PM	CANOUAN - MAYREAU 3:00 PM
			MAYREAU - UNION IS. 4:00 PM	MAYREAU - UNION IS. 4:00 PM
				UNION IS. - CANOUAN 5:30 PM
				CANOUAN - KINGSTOWN 6:30 PM



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