

JANUARY

Fri 12th

Tree Bar & Grill, Arnos Vale, Unplug Fridays	Tel: 456-6808
Hotel Alexandrina: Kulture Bar & Grill from 3pm, Prospect	Tel: 456-9788
French Verandah: Happy Hours 5-7 pm	Tel: 453 -1111
Friday Block Party, Triple-R-Square, Georgetown, 6 pm	
Westside Karaoke Lounge, Karaoke Night, Kingstown	
Grenadine House Restaurant: Happy Hours 3 pm until	Tel: 458 -1800
Ada Restaurant, Beachcombers Hotel: Happy Hours from 4:30 pm until 7:30, Live Band	Tel: 458-4283
Paradise Beach Hotel: Grillin with the Captain, from 7:30 pm	Tel: 457- 4795
Sunset Shores Hotel: Chillin and Refillin Happy Hours 4-7 pm	Tel: 458 - 4411
Coconut Grove Beach Club, Ratho Mill,	Tel: 431—2837



Sat 13th

Moonshine Restaurant and Bar , Villa	Tel: 431-9741
Young Island Resort: BBQ Saturday, 7pm -10 pm	Tel: 458 - 4826
Coconut Grove Beach Club, Ratho Mill, Live Music, Luau , 6 pm	Tel: 431—2837
Backyard Adventure, Arnos Vale 12 noon—6 pm	Tel: 593-6980
Ada Restaurant, Beachcombers Hotel: BBQ 5-9 pm, live band	Tel: 458-4283
Surfside Restaurant, Arnos Vale	Tel: 533-7530
Grenadine House Restaurant: Happy Hours 3 pm until,	Tel: 458 -1800
Sunset Shores Hotel: Saturday Nite BBQ 7-9 pm, Chillin and Refillin Happy Hours 4-6 pm	Tel: 458 - 4411
Hotel Alexandrina: Kulture Bar & Grill, Prospect from 3 pm	Tel: 456 - 9788
Latin Night Classics, Flow Wine Bar , Kingstown, 8 pm—midnite	Tel: 457 - 0809

Sun 14th

Grenadine House Restaurant:: Sunday Buffet Lunch, 11:30 AM, Happy Hours 3pm until	Tel: 458 - 1800
Caesar's Real Estate Netball Competition, San Souci Hard Court from 3 pm	
Wafulasun Sports Bar, Karaoke, Cumberland, 7 pm until	
Young Island Resort: Buffet Lunch, Sunday, 12:30 - 2:30 pm	Tel: 458 - 4826
The Loft Restaurant and Bar, Blue Lagoon Hotel and Marina, Ratho Mill,	Tel: 458 - 4308
French Verandah: Regular menu, take-away can be requested	Tel: 453 - 1111
Sunset Shores Hotel: Regular menu, take-away can be requested	Tel: 458 - 4411
Café Soleil, Blue Lagoon Marina: BBQ, 11 am; live music by BAM from 6 pm	Tel: 456 - 8550

Mon 15th

French Verandah Villa, Regular menu, take-away can be requested	Tel: 453 - 1111
Ada Restaurant, Beachcombers Hotel, Regular menu, take-away can be requested	Tel: 458-4283
The Loft Restaurant and Bar, Blue Lagoon Hotel and Marina, Ratho Mill, Regular menu	Tel: 458 - 4308
Signature Restaurant and Event Centre, Vigie Highway, Arnos Vale	Tel: 456-6518
Young Island Resort, Regular menu, take-away can be requested	Tel: 458 - 4826
Grenadine House Restaurant, Regular menu, take-away can be requested	Tel: 458 - 1800
Paradise Beach Hotel, Villa, Regular menu, take-away can be requested	Tel: 457- 4795

Tues 16th

French Verandah: Happy Hours 5-7 pm	Tel: 453 - 1111
Hotel Alexandrina: Kulture Bar & Grill from 3pm, Prospect	Tel: 456-9788
Grenadine House Restaurant:: Taco Tuesday	Tel: 458 - 1800

Wed 17th

Bayside Bar & Grill, Karaoke, Questelles, (Wed and Friday)	
Signature Restaurant and Event Centre: Lobster Wednesday, Vigie Highway, Arnos Vale	Tel: 456-6518
Mac & C Bar Karaoke Night, Trotman's Yard, Arnos Vale	
Tree Bar & Grill, Arnos Vale, Seafood Night	Tel: 456 - 6808

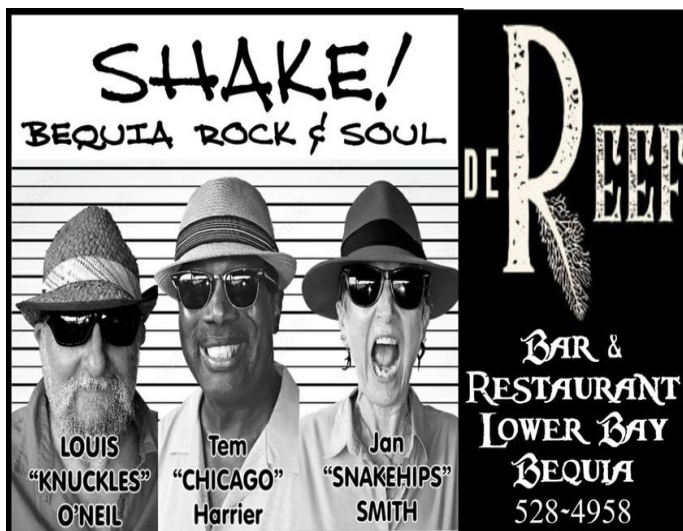
Thurs 18th

Tree Bar & Grill, Arnos Vale	Tel: 456-6808
The Loft Restaurant and Bar, Blue Lagoon Hotel and Marina, Ratho Mill,	Tel: 458 - 4308
Moonshine Restaurant and Bar , Villa	Tel: 431-9741

Live Music from "SHAKE!" at MAC'S PIZZA, Bequia
 SATURDAY 13th JANUARY - Music starts at 6.30,
 R&B. Stax/Atlantic Soul, Motown, and more.



Sea, Sand, & Sunset. at DE REEF Beach Bar &
 Restaurant
 - SUNDAY, 14th JANUARY - 4-7pm -
 Come down and enjoy the happy hour from 4
 - 7pm
 with a fantastic live Band - "SHAKE!" -
 Stax/Atlantic soul, R&B Motown & more



Grenadine House
 Kingstown, St. Vincent

Sunday Buffet

Sunday 14th, 2024 | 11:30am

- Lentil Soup-
- Coleslaw-
- Fried Fish in Creole Sauce-
- Tandoori Chicken-
- Stir Fried Spaghetti-
- Roasted Potato Wedges-
- Cinnamon Pumpkin-
- Strawberry Mousse-

XCD\$60
 PER PERSON
 + 10% SERVICE CHARGE

RESERVATIONS
 +1 784 458-1800 | +1 784 593-0996
 stay@grenadinehouse.com

Flow
 Latin Night
Classica
 Latin Night Menu*

- Tortilla Soup \$13
- Jalapeno Poppers \$17
- Quesadillas
 Chicken \$18
 Steak \$20
- Spicy Chicken Breast \$28
- Mexican Flat Bread \$20
- Plantain Bites
 Chicken \$28
 Steak \$30
- Latin Night Taster Plate \$20
 Quesadilla, Mexican Flat Bread & Jalapeño Poppers
- Mojito Special
 2 for \$14

HAIROUN
 HOLD YOUR OWN
 2 for \$7

Please Note:
 Kitchen closes at 10pm

*All prices are reduced from regular Flow Menu
 For Latin Night Patrons

MSC
CRUISES

**CRUISE FROM
GUADELOUPE**

Select Dates between November & March

Going Places
Travel

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2024

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EUPHORIA
LATIN DANCE ACADEMY

Grenadine House
Kingstown, St. Vincent

**LA NOCHE
LATINA**

8-11 PM

FREE ENTRY MUSIC BY DJ ANTON

FOOD & DRINK SPECIALS ALL NIGHT - THEME: COLOURS

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To Barbados*

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Tel: 1 (246) 228 5544

(784) 532-9179

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Signature
RESTAURANT • LOUNGE • EVENT CENTRE

Lobster Night

WEDNESDAY

\$75

SVG Hotel & Tourism Association
Cruise Ship Terminal, Unit #8, St. Vincent & the Grenadines
T: 784 458-4379 | M: 784-494-4379
E: svghotels@vincysurf.com | svghotels@gmail.com

Grenadine House
Kingstown, St. Vincent

DAY PASS

US 85.00
Per Person

ROOM ADD-ON +\$35.00

DAY PASS PACKAGE INCLUDES:

- ✓ 1 WELCOME RUM/FRUIT PUNCH
- ✓ 1 TWO COURSE MEAL
- ✓ 1 LOCAL BEVERAGE
- ✓ 1 GLASS HOUSE RED/WHITE WINE
- ✓ ACCESS TO POOL
- ✓ ACCESS TO GYM

BOOK NOW | +1 784 458-1800 | +1 784 593-0996
stay@grenadinehouse.com

MOUNT GAY
Bajan Music Fest 2024
 NOVEMBER 2023 - 2024

SCHEDULE OF EVENTS JAN 2024

THURS 25TH FROM 9:00PM
STEEL PAN & TING @ FRANGIPANI

FRI 26TH FROM 6:00PM
JAZZ VIBES & DINNER @ DE REEF

SAT 27TH FROM 1:00PM & LATER @ 9:00PM
ACOUSTIC AFTERNOON @ MAC'S
& CLUB NIGHT @ DE REEF

SUN 28TH FROM 2:00 PM
PARTY ON THE GREEN
6 LIVE BANDS @ PLANTATION

Grenadine House
 Kingstown, St. Vincent

TACO TUESDAY

ALWAYS EVERY TUESDAY

TACOS
 Made with Love

Available Choices:
 Beef
 Chicken
 Veggie
 Fish Taco

Served With
 Fries or Salad
 1 Refreshing Glass of GH Lemonade

+1 784 458-1800
 +1 784 593-0996

Grenadine House
 Kingstown, St. Vincent

THE PERFECT WEDDING VENUE

At Grenadine House, hosting your dream wedding is our pleasure. Whether you envision your big day in our picturesque Upper Terrace overlooking the pristine, turquoise waters of the Caribbean Sea, or ceremonies and receptions overlooking a sparkling, refreshing pool with an elegant and modern touch, while also projecting a cool, laid-back ambience. Grenadine House provides you with the perfect wedding location that will make the start of your new life together a memorable one.

Call or Email us for more information:
 +1 784 458-1800 | + 1784 593-0996
 stay@grenadinehouse.com

WILDLIFE HUNTING SEASON

CLOSED!!!

1st October–31st December 2023

- Manicou must be no less than one pound (1 LB)
- The Pink Rhino Iguana is an endemic species, we are asking person not to overhunt this species.
- Size of iguana must be 14 inches from Snout to Vent

MANICOU
IGUANA
PINK RHINO IGUANA
ARMADILLO
AGOUTI
SCALY-NAPED PIGEON

Forestry Department
 Campden Park
 Ministry of Agriculture,
 Forestry, Fisheries, Rural Transformation, Industry and Labor.
 Tele: 784-457-8594/ 457-8502
 Email: forestry293@gmail.com

Penalties for hunting out of season
\$2000 and or 6 months Imprisonment

PLEASE DON'T OVER HUNT, LEAVE FOR TOMORROW

 Grenadine House
Kingstown, St. Vincent

January Spa Specials

JANUARY 1ST-31ST, 2024

<p>JUST LET GO \$90</p> <p>1/2 Hour Deep Tissue Massage Pedicure</p>	<p>GLOW DAY \$180</p> <p>Swedish Massage Hydrating Face Cleanse Pedicure</p>
<p>\$65 FREE MIND</p> <p>Express Facial Indian Head Massage</p>	<p>\$100 FREE ME</p> <p>Bikini Wax Eye Brow Wax Underarm Wax</p>
<p>PEACEFUL BLISS \$250</p> <p>Couple's Massage Couple's Body Scrub Couple's Facial</p>	<p>RELIEVE ME \$120</p> <p>Lymphatic Massage Body Scrub</p>
<p>\$120 RENEW ME</p> <p>Deep Cleansing Facial Lavender Massaging Body Scrub</p>	<p>\$75 KIDS RELIEF</p> <p>Upper Back Massage Pedicure Manicure</p>

+ 1 784 456-2600 | + 1 784 593-0996
stay@grenadinehouse.com

BOOK NOW







Explore x GRENADA

Embark on an enchanting journey to the famous **Spice Island!**

ROUND TRIP EC \$700

Tel: (784) 457 5124

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GOOD MOOD CAFE

Open mic/
JAM SESSION WITH JAN & LOUIS
16th January
4pm start

Shady Ladies

live music band



The Sundowner Set
at KEEGAN'S
5:30pm FRIDAY 12th JAN 2024

Jan & Uncle Louis Present

Rock and Reel Movie and Music Quiz at DE REEF

Lower Bay

MON 15 JAN
7pm

Watch the music & movie clips
Answer the questions & win
fantastic prizes

For more info call Jan 593 1001

WAFULASUN SPORTS BAR

OPENING HOURS

Monday - 11am to 7pm
 Tuesday - 11am to 7pm
 Wednesday - 11am to 7pm
 Thursday - 11am to 7pm
 Friday - 11am to 12 midnight
 Saturday - 11am to until
 Sunday - 6pm to 12 midnight

784 570 9691
784 532 5514

MUSTIQUE BLUES

<p>24/1 Wednesday Opening Night Hog Roast buffet @ 7pm Basil's Bar Music @ 9pm</p>	<p>25/1 Thursday Sunset Blues Dinner & Dancing Basil's Bar 5.30pm</p>	<p>26/1 Friday Friday Night Blues Basil's Bar from 9pm</p>	<p>27/1 Saturday Playground Blues Playground 3-6pm</p>	<p>28/1 Sunday Sunset Blues Basil's Bar 5.30pm</p>	<p>2024 LINEUP</p> <p>Joe Louis Walker Giles Robson Ian Siegal Robbin Kapsalis Peter O'Brien Dennis Jones Murali Coryell Dan Rabinovitz Matt Gest Jeff Walker Linwood Taylor Jr.</p>
<p>29/1 Monday Night Off</p>	<p>30/1 Tuesday After Cocktails Blues Basil's Bar from 9pm</p>	<p>31/1 Wednesday JUMP UP Hog Roast buffet @ 7pm Basil's Bar Music @ 9pm</p>	<p>1/2 Thursday Sunset Blues Dinner & Dancing Basil's Bar 5.30pm</p>	<p>2/2 Friday Night Off</p>	<p>DONATIONS (on the door at Basil's) \$30 pp per night \$80 pp per week \$250 per family of four per week +\$35 per additional family member</p>
<p>3/2 Saturday Blues on the Beach Macaroni 8.30pm-1am</p>	<p>4/2 Sunday Sunset Blues Basil's Bar 5.30pm</p>	<p>5/2 Monday Night Off</p>	<p>6/2 Tuesday After Cocktails Blues Basil's Bar from 9pm</p>	<p>7/2 Wednesday FINAL NIGHT Hog Roast buffet @ 7pm Basil's Bar Music @ 9pm</p>	<p>Basil's Bar MUSTIQUE W.I.</p>

JAN 12 2024

FreeBar & Grill

UNPLUG FRIDAYS

MUSIC BY SHATTANDBERS

2 FOR 1 HAPPY HOUR FROM 7PM - 9PM

Kitchen steaming all night
Roast pork, chicken wings,
shark and much more

adm \$15

MUST BE 18 OR OLDER
ID REQUIRED
DRINK RESPONSIBLY
SECURITY TIGHT AS USUAL

Coconut Grove BEACH CLUB

Live Music Luau

Reservations for dinner seating is strongly encouraged

Jan 13 2024

6 pm

Make Reservations

(784) 532-8808

Union Island CONCH FESTIVAL

MARK YOUR CALENDARS!
FEB 29 - MAR 3

FOR MORE ASSISTANCE
458-8350 / 530-7098
UNIONISLANDTOURISM@GMAIL.COM

Grenadine House
Kingstown, St. Vincent

POOL PACKAGES

<p>PACKAGE 1 XCD\$40.00 PER PERSON</p> <ul style="list-style-type: none"> -Pool Access- -Free Wi-Fi- -Free Parking- 	<p>PACKAGE 2 XCD\$60.00 PER PERSON</p> <ul style="list-style-type: none"> -Pool Access- -1 Light Meal- -1 Hairoun Soft Drink- -Free Wi-Fi- -Free Parking-
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stay@grenadinehouse.com
+1 784 458-1800 | +1 784 593-0996

WhatsApp Instagram Facebook

Location: Prospect SVC

Our Services Includes:

- Comfortable accommodation
- Event Planning Service
- Bar & Grill Services
- Restaurant Service
- Day Pass Services

Unwind at Hotel Alexandrina!

- Where Comfort & Tranquility Reign -

Perched on a hillside overlooking our beautiful architectural tropical gardens. We offer a tranquil, elegant and enchanting country side hideaway.

We host:

- Weddings
- Conferences
- Meetings
- Special Events

Book us now at Hotel Alexandrina,
St. Vincent and the Grenadines
Countryside Oasis

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Youlou Art Centre
INDIAN BAY

Youlou Art Gallery

Presents

'The Power of the Volcano'
August 3rd through
February 2024

Opening Reception
August, 3rd
Time:
6pm-8pm

FOR MORE INFO. CALL 784 457 4493
WHATSAPP: 784 497 7811

OR FIND US ON

Facebook Instagram

Grenadine House
Kingstown, St. Vincent

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JADEN SUN – FAST FERRY SERVICE

REGULAR SCHEDULE

Days	Route	Estimated Time of DEPARTURE	Estimated Time of ARRIVAL
SUNDAY	Kingstown → Bequia	4:00 pm	4:30 pm
	Bequia → Canouan	4:35 pm	5:35 pm
	Canouan → Mayreau	5:45 pm	6:00 pm
	Mayreau → Union Island	6:05 pm	6:15 pm
MONDAY	Union Island → Mayreau	6:30 am	6:40 am
	Mayreau → Canouan	6:50 am	7:05 am
	Canouan → Bequia	7:15 am	8:15 am
	Bequia → Kingstown	8:25 am	8:55 am
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	Kingstown → Bequia	3:30 pm	4:00 pm
	Bequia → Canouan	4:10 pm	5:10 pm
	Canouan → Mayreau	5:25 pm	5:40 pm
Mayreau → Union Island	5:50 pm	6:00 pm	
TUESDAY	NO OPERATION		
WEDNESDAY	Union Island → Mayreau	6:30 am	6:40 am
	Mayreau → Canouan	6:50 am	7:05 am
	Canouan → Bequia	7:15 am	8:15 am
	Bequia → Kingstown	8:25 am	8:55 am
	NO AFTERNOON SCHEDULE		
THURSDAY	NO OPERATION		
FRIDAY	Kingstown → Bequia	10:00 am	10:30 am
	Bequia → Canouan	10:40 am	11:40 am
	Canouan → Mayreau	11:55 am	12:10 pm
	Mayreau → Union Island	12:20 pm	12:30 pm
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	Union Island → Mayreau	3:30 pm	3:40 pm
	Mayreau → Canouan	3:50 pm	4:05 pm
	Canouan → Bequia	4:20 pm	5:20 pm
Bequia → Kingstown	5:30 pm	6:00 pm	
SATURDAY	NO OPERATION		

1. **BOARDING** is 15 minutes prior to departure
 2. Departure and arrival times may change due to weather and other Operational reasons.
 3. Ferry does **NOT** operate on Bank Holidays.
 4. When a Bank Holiday falls on Monday, there will be **no** departure on Sunday. The ferry will depart on **Monday** at 4:00pm instead.
 5. Fares are subject to change.

Contact Info:
 Jaden Inc
 P.O. Box 2333
 Kingstown
 St. Vincent.
 Tel. 784-451-2192
 784-493-7114
 784-493-7177
 Email: jmarine@vincysun.com
 Website: www.jadensunferry.com

ADMIRAL II NO DEPARTURES
Saturday & Sunday - January 13th & January 14th, 2024

~~Saturday Jan. 13th~~ ~~Sunday Jan. 14th~~

Please note the M.V Admiral II will **not** be operating it's normal schedule departures From Bequia & St. Vincent On Saturday 13th, January & Sunday 14th, 2024. We do apologise for the inconvenience this may cause as we are off for scheduled maintenance.

Normal Operations Resumes On Monday 15th, January 2024 From Bequia at 6:30am

Years Of Serving You, Admiral 2 Ferry
 Tel 1-784-458-3348 - Whatsapp 1-784-534-7707
 Email: admiralferries@gmail.com

SAILING SCHEDULE SAILING TIME: APPROX. 1 HOUR

DEPARTS BEQUIA	OPERATING DAYS	DEPARTS KINGSTOWN
6:30 AM 2:00 PM	MONDAY AND FRIDAY	11:45 AM 4:00 PM
6:30 AM 2:00 PM	TUESDAY WEDNESDAY THURSDAY	11:45 AM 4:00 PM
6:30 AM 9:15 AM 4:00 PM	SATURDAY	8:00 AM 11:00 AM 5:30 PM
6:30 AM 4:00 PM	SUNDAY AND PUBLIC HOLIDAYS	8:00 AM 5:30 PM

FREE COFFEE & TEA EVERY 6:30am RUN

(784) 458 3348 (784) 534 7707 admiralferries@gmail.com admiralferries.com

MV Gem Star 2

SCHEDULE

TUESDAY & FRIDAY - 11:30AM
 Kingstown → Canouan → Mayreau → Union Island

WEDNESDAY & SATURDAY - 7:00 AM
 Union Island → Mayreau → Canouan → Kingstown

FARES ONE WAY: Canouan \$\$60, Union \$70, Mayreau



DEPARTS BEQUIA

MONDAY - FRIDAY

6:30 AM
8:30 AM
9:30 AM
1:00 PM
4:30 PM

SATURDAYS

6:30 AM
8:30 AM
1:00 PM
4:30 PM

SUNDAYS & PUBLIC HOLIDAYS

6:30 AM
4:30 PM

FARES

Bequia: adult return
\$45.00, one way
\$25.00

Children return
\$25.00 and one way
\$15.00.

Children under 5
years travelling with
an adult free.

=====
One way to Canouan
\$60.00

One way to Union
Island and Mayreau
\$80.00

DEPARTS KINGSTOWN

MONDAY - FRIDAY

8:00 AM
10:30 AM
1:00 PM
4:00 PM
6:00 PM

SATURDAYS

8:00 AM
11:00 AM
5:00 PM
6:00 PM

SUNDAYS & PUBLIC HOLIDAYS

8:00 AM
6:00 PM



BEQUIA EXPRESS COMPANY

SOUTHERN GRENADINES NOTICE

KINGSTOWN TO SOUTHERN GRENADINES FERRY SERVICE
MONDAY - WEDNESDAY - FRIDAY

CARGO CUT OFF TIME | 11:00 AM

DEPARTURE TIME | 11:30 AM

All vehicles and passengers travelling must be onboard at least 15 minutes before departure to ensure safe loading and timely departure.

Thank you for making Bequia Express Co. Ltd your choice of transportation.

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TEL: 784 457-3539 | FAX: 784 457-3055
Email: info@bequiaexpress.com