

SEPTEMBER

Fri 29th

Roast & Lyme, Epic Sounds Steel Orchestra Pan Yard, 7 pm, Calliaqua

Hotel Alexandrina: Kulture Bar & Grill, Prospect from 3 pm

French Verandah: Happy Hours 5-7 pm

Entice Bar & Lounge, Victoria Park, 11 am until, Mon—Sat

Fajita Fridays, The Loft Restaurant and Bar, Blue Lagoon Hotel and Marina,

Gate 3 Restaurant and Lounge, Happy hour 4-8 pm, The Joshua Center, Arnos Vale

Ada Restaurant, Beachcombers Hotel: Happy Hours from 4:30 pm until 7:30

Paradise Beach Hotel: Grillin with the Captain, from 7:30 pm

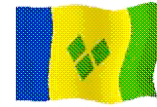
Sunset Shores Hotel: Chillin and Refillin Happy Hours 4-7 pm

Freedom Friday, Walfulson Sports Bar, Cumberland, 10 pm

Coconut Grove Beach Club, Ratho Mill

Grenadine House Restaurant: Happy Hours 3 pm until

Unplug Fridays, Tree Bar & Grill, Arnos Vale



Tel: 456 - 9788

Tel: 453 - 1111

Tel: 454 - 2455

Tel: 458 - 4308

Tel: 570 - 3333

Tel: 458-4283

Tel: 457- 4795

Tel: 458 - 4411

Tel: 570 - 9691

Tel: 431—2837

Tel: 458 -1800

Sat 30th

Sunset Shores Hotel: Saturday Nite BBQ 6-9 pm , Chillin and Refillin Happy Hours 4-6 pm

“One Up” Jamz B’day Bash, Walfulson Sports Bar, Cumberland, 10 pm

The Loft Restaurant and Bar, Blue Lagoon Hotel and Marina, Ratho Mill

Grenadine House Restaurant: Happy Hours 3 pm until, **La Noche Latina, Baila Baila, 8-11pm**

Hotel Alexandrina: Kulture Bar & Grill BBQ from 6 pm, Prospect

Ada Restaurant, Beachcombers Hotel: Sangria Day, 4:30—7:30 pm

Young Island Resort: BBQ, Saturday 7pm -10 pm

National Dance Showcase, Russell’s Auditorium, 6:30 pm

Tel: 458 - 4411

Tel: 570 - 9691

Tel: 458 - 4308

Tel: 458 -1800

Tel: 456 - 9788

Tel: 458-4283

Tel: 458 - 4826

OCTOBER

Sun 1st

Paradise Independence Market, Paradise Beach Hotel, 10 am—4 pm

Magnum Splash, Ultimate Pool Party, Pirates Cove, Lowmans Bay, 4 pm to midnight

Ada Restaurant, Beachcombers Hotel: Mimosa Day, 12 noon—7:30 pm

“Cook Out”, Southern American & Vincy BBQ, Calliandras Apt Complex - Roof Top, Ratho Mill

Young Island Resort: Buffet Lunch, Sunday, 12:30 - 2:30 pm

Grenadine House Restaurant: Sunday Buffet Lunch, 12 noon, Happy Hours 3pm until

French Verandah: Regular menu, take-away can be requested

Café Soleil, Blue Lagoon Marina: BBQ, 11 am; live music by BAM from 6 pm

The Loft Restaurant and Bar, Blue Lagoon Hotel and Marina, Ratho Mill

Surfside Restaurant & Bar, 2-10 pm

Young Island Resort: Regular menu, take-away can be requested

The Loft Restaurant and Bar, Blue Lagoon Hotel and Marina,

Mon 2nd

Karaoke, Tree Bar & Grill, Arnos Vale from 8pm

Chill Spot Bar & Grill, Arnos Vale

Flow Wine Bar , Kingstown

Tues 3rd

French Verandah: Happy Hours 5-7 pm

Sunset Shores Hotel: Regular menu, take-away can be requested

Karaoke Wednesday, Westside Lounge

Tree Bar & Grill, Arnos Vale, Seafood Night

Wed 4th

Signature Restaurant and Event Centre: Lobster Wednesday , Vigie Highway, Arnos Vale

Bay Side Bar & Grill: Karaoke, Questelles Bay

Hotel Alexandrina: Kulture Bar & Grill, Prospect, Regular menu, 3 pm

The Loft Restaurant and Bar, Blue Lagoon Hotel and Marina: Thai Thursday, 5-10 pm

Coconut Grove Beach Club, Ratho Mill, Regular menu, 4 pm -11pm

Chill Spot Bar & Grill, Arnos Vale

Young Island Resort: Regular menu, take-away can be requested

Tel: 457-4795

Tel: 458-4283

Tel: 451-2799

Tel: 458 - 4826

Tel: 458 - 1800

Tel: 453 - 1111

Tel: 456 - 8550

Tel: 458 - 4308

Tel: 457-5362

Tel: 458 - 4826

Tel: 458 - 4308

Tel: 456 - 6808

Tel: 457-7768

Tel: 457 - 0809

Tel: 453 - 1111

Tel: 458 - 4411

Tel: 456 - 6808

Tel: 456-6518

Tel: 456 - 9788

Tel: 458 - 4308

Tel: 431 - 2837

Tel: 457-7768

Tel: 458 - 4826

Thurs 5th

Friday 29th September, 2023

G Spot Bar, Bashment, Sandy Bay

Block Party, Triple-R-Square, Georgetown, 6 pm

Lashum Street Vibes, Campden Park

Free Up Fridays Happy Hour, 8-9 pm Chill Spot Bar & Grill

Saturday 30th September, 2023

Flow Wine Bar , Kingstown

Back in Time Dance, Democrate House, 8 pm until

Sauce Disco, Bad Like the 90's Party, Barrouallie

Basketball 3x3 Event, New Montrose Basketball Facility, 5 pm

French Verandah: Regular menu, take-away can be requested

Sunday 1st October, 2023

Karaoke, Walfulson Sports Bar, Cumberland, 6 pm

Tel:

Tel: 457-7768

Tel: 457 - 0809

Tel: 453 - 1111

Tel: 454 - 2455



PARADISE INDEPENDENCE MARKET

@PARADISE BEACH HOTEL

FROM 10AM TO 4PM

SUNDAY 1ST OCT, 2023

Reservations for Buffet and Vendor Tables can be made by contacting us via:

✉ info@paradisesvg.com
☎ +1(784) 457-4795

BUFFET
ADULTS \$60
KIDS \$40



TIDAL
MUSIC BY
DJ ANTZ...!!

EUPHORIA
LATIN DANCE ACADEMY

Saturday
SEPT 30 2023
8PM - 11PM

LA NOCHE LATINA

BAILA! BAILA! BAILA!

GRENADINE HOUSE

ENTRY FREE | DRINK SPECIALS

EXPERIENCE THE ALLURE OF LATIN CULTURE AND DANCE

PARADISE INDEPENDENCE MARKET LUNCH

@PARADISE BEACH HOTEL

SUN 1ST OCT, FROM 12PM TO 3PM

BUFFET
ADULTS \$60
KIDS \$40

BULJOL, FRIED FISH, BAKED CHICKEN, RICE & PEAS, SAUTEED PROVISIONS, LOCAL VEGGIE PIE, GARDEN SALAD, CREOLE BREADFRUIT & COCONUT BAKES
RUM & RAISIN PUDDING, SWEET POTATO PUDDING, & CHOCOLATE SWIRL CAKE

Reservations for Buffet can be made by contacting us via:
 ✉ info@paradisestvg.com
 ☎ +1(784) 457-4795

Grenadine House
Kingstown, St. Vincent

SUNDAY BUFFET

SUNDAY, 1ST OCTOBER, 2023
XCD\$60 PER PERSON

- Pumpkin Ginger Soup-
- Citrus Salad-
- Jerk Chicken-
- Panseared Fish with GH Salsa-
- Curried Breadfruit-
- Stir Fried Rice-
- Vegetable Medley-
- Mango Mousse-

Price is Inclusive Of VAT. A 10% Service Charge Will Be Added To Your Final Bill.

+1 784 458-1800 | +1 784 593-0996
stay@grenadinehouse.com

WhatsApp, Instagram, Facebook icons

FAJITA FRIDAYS AT THE LOFT

Sizzling Fajitas served in a relaxing atmosphere.
For reservations please call us at Blue Lagoon Hotel and Marina
784-458-4308

06 Friday OCT 2023
5 to 10 PM

EC\$ 25.00

SUNSET SHORES HOTEL, VILLA

SERENITY DINE'S LIONFISH FRY

BOOK YOUR ORDERS IN ADVANCE

☎ 784 528-8030 / 784 532-8646

online orders & delivery available:
www.karibites.com

Spring Hotel Bequia
SAINT VINCENT & THE GRENADINES

VINCOY
STAYCATION PACKAGE

Offer Valid
September 15th - October 31st 2023

USD per night
\$115

- Air Conditioned Spacious Hotel Room
- Complimentary Shuttle Service
- Welcome Drink
- Free Parking - Free WiFi
- Complimentary Continental Breakfast
- Pool & Gym Access

Terms & Conditions Apply **BOOK NOW!**

tel# 1 784 457 3707/ 1 784 454 4260 www.springhotelbequia.com

SOHO FLOAT

Soho Beach House Canouan is the first Soho House in the Caribbean with 40 bedrooms, three bars, a restaurant, a boutique, a deli, and a wellness studio. It also hosts seasonal Cowshed spa pop-ups, as well as fitness facilities.

Soho House Float invites sailors and crew to dine at the House, with take-away or delivery options to your boat. We are also offering an express laundry service and grocery delivery to the boats. If you need a break from the ocean and would like to book a bedroom at the House, please contact us about the sailor's rate.

Enjoy the beautiful Grand Bay of Canouan and the Grenadines.

407 232 7242
784 530 7400
reception.canouan@sohohouse.com

The St. George's Cathedral Choir
PRESENTS
"LIFT EVERY VOICE AND SING"

SUNDAY 15TH OCTOBER, 2023
TIME: 6:00 PM
VENUE
St. George's Cathedral, Kingstown

Donation
\$50.00

MINISTRY OF TOURISM, CIVIL AVIATION, SUSTAINABLE DEVELOPMENT AND CULTURE
PRESENTS
THE NATIONAL DANCE SHOWCASE

FEATURING SCHOOL, CHURCH & COMMUNITY GROUPS!

DANCE the world OVER!!

21 PARTICIPATING GROUPS

SATURDAY SEPTEMBER 30 2023
6:30PM
RUSSELL'S AUDITORIUM

\$20 ADULTS | \$10 CHILDREN (12 AND UNDER)

PREPARE TO BE *Mesmerized*

Independence
Special
DAY PASS

From
September 17th
to
October 31st 2023







USD \$45 per person

FREE room
with 4
persons
MAX
per
room

Includes:
FREE SHUTTLE SERVICE
1 WELCOME DRINK
POOL ACCESS
ACCESS TO ENTERTAINMENT AREAS

Reservation Only

tel# 1 784 457 3707 / 1 784 454 4260 email: info@springhotelbequia.com

Spring Hotel Bequia
**Independence
Breakfast
SPECIAL**

October 27th, 2023
7:30am - 11:00am

**EC \$30.00 PER
PERSON
RESERVATION IS
REQUIRED**

Contact us at:
1784 454 4260 / 1784 457 3707




**MSC
CRUISES**

**CRUISE FROM
GUADELOUPE**

Select Dates between November & March

**Going Places
Travel**

"COOK OUT"

Southern American & Vincy BBQ

SUNDAY OCTOBER 1ST

**IT'S OUR 1ST YEAR
ANNIVERSARY**

Location: Ratho Mill
Calliandras Apartment Complex - Roof top

451-2799



Grenadine House
Kingstown, St. Vincent



I AM A VINCY

US\$115.00 PER NIGHT

OFFER VALID- SEPTEMBER 15TH-OCTOBER 31ST

PACKAGE INCLUDES

- LUXURY ACCOMMODATION-
- CONTINENTAL BREAKFAST-
- ACCESS TO POOL- -ACCESS TO GYM-
- ARRIVAL RUM/FRUIT PUNCH-
- A.C ROOM- -FREE WIFI- -FREE PARKING-
- TERMS AND CONDITIONS APPLY-

+1 784 458-1800 | +1 784 593-0996
stay@grenadinehouse.com





Coconut Grove
BEACH CLUB



For the love of lobster!
Come have our delicious
lobster tails served with
vegetables & mashed

Signature
RESTAURANT • BAR • COCKTAILS

Lobster Night

WEDNESDAY

\$75



dines

everything VINCY EXPO+
INVEST SVG

Live Art Designs
Crystal

EVERYTHING VINCY EXPO+

NEW EXTENDED DATE

Date- 26-29th October
9:00 am - 8:00 pm
Venue- E.T.Joshua Tarmac Northern End

Exhibition Registration

- Non refundable \$50 to be paid to register
- Booth Prices available on application form

Our Contact

+1784457-2159
everythingvincy@investsvg.com
www.everythingvincy.com



DIVE TRAINING

CAREER OPPORTUNITY



Start a career in the scuba diving field.

From your PADI Open Water certification to achieving the Dive Master professional rank.



ONLY 10 SPOTS AVAILABLE

Registration starts NOW!

EC\$ 1,200.00

CONTACT US ☎ 784-457-5335 ✉ serenitydive@hotmail.com

located @ backyard adventures
opening hrs : 2pm - 10pm
Wednesday to Sunday

f : surfside75362

M - surfside75362@gmail.com

ig @ surfside75362

tel # 4575362
or 5308203



We're BACK!

Surfside
Restaurant & Bar

LOL

LOTS OF LOBSTER

Happening in Bequia

FROM FRIDAY 29th September TO SUNDAY October 1st

special thank to our sponsors

DE REEF POCOS PLACE Mac's PIZZA & KITCHEN H HAIROUN ZESS Island Sipz Water Digicel

CAMPARI SMIRNOFF

Youlou Art Centre
INDIAN BAY

Youlou Art Gallery

Presents

'The Power of the Volcano'

August 3rd through
February 2024

Opening Reception
August, 3rd
Time: 6pm-8pm

FOR MORE INFO, CALL 784 457 4493
WHATSAPP: 784 497 7811

OR FIND US ON

f ig

29 SEP FRIDAY EPIC SOUNDS STEEL ORCHESTRA PRESENTS **7 PM**

ROAST & LYME

ON SALE
ROAST CHICKEN, PORK & DRINKS

📍 EPIC SOUNDS STEEL ORCHESTRA PANYARD (CALLIAQUA)
FIRST GAP ON THE LEFT AFTER THE CALLIAQUA POLICE STATION AT THE END OF THE GAP

Mariners Hotel
"Above and Beyond"
French Verandah
Restaurant & Bar
"Celebrate Life"

21 Air Conditioned Rooms with Spectacular Views
Relax poolside & indulge in exquisite dining at French Verandah

Facebook Instagram Twitter
@FrenchVerandahSVG

Tel: +1(784)457-4000 | frontdesk@marinersshotel.com | www.marinersshotel.com

WAFULASUN SPORTS BAR presents **10 PM**

30 SEPT

FREE ENTRY

"ONE-UP!"

JAMZ B'DAY BASH!

GUEST PERFORMANCE BY **FYA EMPRESS**

MUSIC BY **djQ + DJ BAW**

1784 570-9691 / 1784 532-5514

St. Vincent and the Grenadines Basketball Association

Sat 30th Sept

BASKETBALL

Children Free
5 PM START

EX3 Event

DJ KANO

HEATSEEKERS	BEQUIA BALLERZ
MAVRIX TWO	MARRIAQUA
DYAMONDS	LAYOU PULSE
	MAVRIX ONE

@ The New Montrose Basketball Facility
1-784-531-9900 **Adults \$5.00** Drinks and Food on sale

BASKETBALL

EX3
Passion!

FOR IMMEDIATE RELEASE

St. George's Grenada - 30th August, 2023 – **SVG Grenada Air** is excited to announce the launch of an additional Twin Otter aircraft that will connect passengers travelling between Grenada, Carriacou and St. Vincent and the Grenadines, this aircraft will strengthen the reliability of the service between these islands.

The government of Grenada and SVG Grenada Air are thrilled with the introduction of this additional aircraft to the Grenada/Carriacou service. This Twin Otter aircraft has 19 seats, is registered as J8-GND and aims to provide our valued customers with more options and easier access to their desired destinations.

The flight schedule has been strategically designed to cater to the needs of both business and leisure travelers, offering departures on Monday, Tuesday, Friday, Saturday and Sunday.

TIME	ROUTE
8:00	St. Vincent to Carriacou
8:40	Carriacou to Grenada
9:15	Grenada to Carriacou
16:00	Carriacou to Grenada
16:30	Grenada to Carriacou
	Carriacou to St. Vincent



This ensures that passengers have a wide range of options to suit their travel plans and with this aircraft the possibility of introducing a daily service is being evaluated.

The government understands the importance of providing affordable travel options without compromising on quality. Our flight route offers competitive pricing, making it easier for travelers to experience these incredible destinations without breaking the bank.

By partnering with **SVG Grenada Air**, the government of Grenada aims to provide passengers with a high level of service, reliability, and comfort throughout their journey.

Passengers can book their tickets on <https://www.grenadine-air.com> website or contacting our reservation center at telephone number 1 (784) 457 5124 , (473)444- 3549 or 1 (246) 228-5544, or WhatsApp at +1 (784) 532-9179

SVG Grenada Air look forward to welcoming you onboard the flights between Grenada, Carriacou and SVG.

POOL Packages

POOL PACKAGE 1	POOL PACKAGE 2
XCD \$40.00	XCD \$60.00
-ACCESS TO POOL-	-ACCESS TO POOL-
	- 1 LIGHT MEAL-
	- 1 HAIROUN SOFT DRINK-

Grenadine House
Kingstown, St. Vincent

Super Delicious LOBSTER

Now Available

+ 1 784 458-1800 | + 1 784 593-0996
STAY@GRENADINEHOUSE.COM

Location: Prospect SVG

Our Services Includes:

- Comfortable accommodation
- Event Planning Service
- Bar & Grill Services
- Restaurant Service
- Day Pass Services

Unwind at Hotel Alexandrina!

- Where Comfort & Tranquility Reign -

Perched on a hillside overlooking our beautiful architectural tropical gardens. We offer a tranquil, elegant and enchanting country side hideaway.

We host:

- Weddings
- Conferences
- Meetings
- Special Events

Book us now at Hotel Alexandrina, St. Vincent and the Grenadines
Countryside Oasis

Email: info@hotelalexandrina.com Telephone: +1 784-456-9788 US/Canada: +1 917-829-0354



SAILING SCHEDULE

SAILING TIME: APPROX. 1 HOUR

**FREE
COFFEE
& TEA
EVERY
6:30am
RUN**

DEPARTS BEQUIA	OPERATING DAYS	DEPARTS KINGSTOWN
6:30 AM 2:00 PM	MONDAY AND FRIDAY	11:45 AM 4:00 PM
6:30 AM 2:00 PM	TUESDAY WEDNESDAY THURSDAY	11:45 AM 4:00 PM
6:30 AM 9:15 AM 4:00 PM	SATURDAY	8:00 AM 11:00 AM 5:30 PM
6:30 AM 4:00 PM	SUNDAY AND PUBLIC HOLIDAYS	8:00 AM 5:30 PM

(784) 458 3348 (784) 534 7707 admiralferries@gmail.com admiralferries.com

SCHEDULE

TUESDAY & FRIDAY - 11:30AM
Kingstown → Canouan → Mayreau → Union Island
WEDNESDAY & SATURDAY - 7:30AM
Union Island → Mayreau → Canouan → Kingstown

ONE WAY FARES CANOUAN: \$50 • MAYREAU: \$60 • UNION ISLAND: \$70
All fares are quoted in Eastern Caribbean dollars.





DEPARTS BEQUIA

MONDAY - FRIDAY

6:30 AM
8:30 AM
9:30 AM
1:00 PM
4:30 PM

SATURDAYS

6:30 AM
8:30 AM
1:00 PM
4:30 PM

SUNDAYS & PUBLIC HOLIDAYS

6:30 AM
4:30 PM

DEPARTS KINGSTOWN

MONDAY - FRIDAY

8:00 AM
10:30 AM
1:00 PM
4:00 PM
6:00 PM

SATURDAYS

8:00 AM
11:00 AM
5:00 PM
6:00 PM

SUNDAYS & PUBLIC HOLIDAYS

8:00 AM
6:00 PM

SOUTHERN GRENADINES

**MONDAY & WEDNESDAY
TO SOUTHERN GRENADINES**

Canouan - Mayreau - Union
Depart Kingstown - 11:00 AM

TUESDAY & THURSDAY

TO KINGSTOWN

Mayreau - Canouan - Kingstown
Depart Union Is - 6:30 AM

FRIDAY

(Same Day Return).

TO KINGSTOWN

Canouan - Mayreau - Union
Depart Kingstown - 11:00 AM

Tel: 457-3539



NOTICE

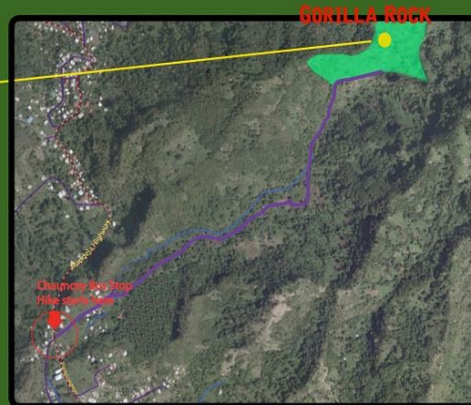
Please be advised that Jaden Sun
will be off schedule
From **Saturday 16th September, 2023**
To **Saturday 14th October, 2023**
for Annual Dry Docking
and maintenance

Our Service will resume
Sunday 15th October, 2023
departing Kingstown at **4:00PM**
for the Southern Grenadines
with stops in
Bequia, Canouan and Mayreau

We regret any inconvenience caused.

GORILLA ROCK info

*Property of
Hope Estate*



**TAKE A HIKE UP AND SEE GORILLA ROCK
JUST FOLLOW THE GUIDE**

GORILLA ROCK

The exquisite picturesque Gorilla Rock is located in the lush mountains of Chauncey. Visit Hope Estate to get your first opportunity to witness this monument for yourself. It's a 40 minute hike to and from this scenic beauty.



VINCYCATION ADVENTURES
Info@vincycationadventures.com
www.vincycationadventures.com

Hope Estate is Private Property.
To book a tour call or message
Vincycation Adventures at
784-434-4983 or WhatsApp 718-414-5052

For emergency call
Quetelles police station at
784-456-1750
Buccament Bay Polyclinic
784-458-7191
Campden Park HC 784-456-1640

Due to diversity in diet, each visitor is advised to bring their own snacks and water. Let's create memories with Vincycation Adventures.

Please Do not litter on the trail or at Hope Estate. Take all trash back with you!!

Things you'll need: **Comfy Shoes, Water, Snacks, hat, sunglasses, camera**