


**AUGUST**

**Fri 4th**

Serenity Dive Lion Fish Fry, 5-10 pm, Sunset Shores Hotel Tel: 528-8030  
 Grenadine House Restaurant: Happy Hours 3 pm until Tel: 458-1800  
 Hotel Alexandrina: Kulture Bar & Grill, Prospect from 3 pm Tel: 456-9788  
 French Verandah: Happy Hours 5-7 pm Tel: 453-1111  
 Entice Bar & Lounge, Victoria Park, 11 am until, Mon—Sat Tel: 454-2455  
 Bagga Fish Fest from 6 pm  
 Gate 3 Restaurant and Lounge, Happy hour 4-8 pm, The Joshua Center, Arnos Vale  Tel: 570-3333  
 Ada Restaurant, Beachcombers Hotel: Happy Hours 5:30—7:30 pm Tel: 458-4283  
 Paradise Beach Hotel: Grillin with the Captain, 7:30 pm Tel: 457-4795  
 Sunset Shores Hotel: Chillin and Refillin Happy Hours 5-8 pm Tel: 458-4411  
 Unplug Fridays, Tree Bar & Grill, Arnos Vale  
 Friday Block Party, Triple-R-Square, Georgetown, 6 pm  
 Heineken Friday, Pier 1, Villa

**Sat 5th**

Hypnotize, It's Time to Party, Walfulson Sports Bar, Cumberland  
 Zest, J'ouvert on the Beach, Private Mt Wynne, Wear White, from 10 pm  
 Fish Fest, Georgetown Seafood Market, 5 pm  
 Grenadine House Restaurant: BBQ Grill Saturdays from 6 pm, Happy Hours 3-7 Tel: 458-1800  
 The Loft Restaurant and Bar, Blue Lagoon Hotel and Marina, Regular Menu Tel: 458-4308  
 Flow Wine Bar, Kingstown Tel: 457-0809  
 Young Island Resort: BBQ, 7—10 pm Tel: 458-4826  
 French Verandah: Regular menu, take-away can be requested Tel: 453-1111  
 Club Zest, opposite KFC, Kingstown  
 Miss SVG Teen, La Vue Beach Hotel, 8 pm  
 Backyard Adventure, Arnos Vale  
 Nolly's Bar, Party, Byera, Wear White

**Sun 6th**

The Loft Restaurant and Bar, Blue Lagoon Hotel and Marina Tel: 458-4308  
 Young Island Resort: Buffet Lunch, 12:30—2:30 pm Tel: 458-4826  
 Grenadine House Restaurant: Sunday Buffet Lunch, 12 noon, Tel: 458-1800  
 French Verandah: Regular menu, take-away can be requested Tel: 453-1111  
 Café Soleil, Blue Lagoon Marina: BBQ, 11 am; live music by BAM from 6 pm Tel: 456-8550  
 Paradise Beach Hotel: Regular menu, take-away can be requested Tel: 457-4795  
 Backyard Adventure, Arnos Vale  
 Chill Spot Bar & Grill, Arnos Vale Tel: 457-7768

**Mon 7th**

Hotel Alexandrina: Kulture Bar & Grill, Prospect, Regular menu, 3 pm Tel: 456-9788  
 Sunset Shores Hotel: Regular menu, take-away can be requested Tel: 458-4411  
 Young Island Resort: Regular menu, take-away can be requested Tel: 458-4826

**Tues 8th**

French Verandah: Happy Hours 5-7 pm Tel: 453-1111  
 Gate 3 Restaurant and Lounge, The Joshua Center, Arnos Vale Tel: 570-3333  
 Sunset Shores Hotel: Regular menu, take-away can be requested Tel: 458-4411  
 Chill Spot and Grill: Seafood Wednesdays Tel: 457-7768

**Wed 9th**

Ada Restaurant, Beachcombers Hotel: Tel: 458-4283  
 Bay Side Bar & Grill: Karaoke, Questelles Bay

**Thurs 10th**

Hotel Alexandrina: Kulture Bar & Grill, Prospect, Regular menu, 3 pm Tel: 456-9788  
 French Verandah: Regular menu, take-away can be requested  
 Coconut Grove Beach Club, Ratho Mill, Tel: 431-2837

## Friday 4th August

Entice Bar & Lounge, Victoria Park, 11 am until, Mon—Sat

Tel: 454-2455

Free Up Fridays Happy Hour, 8-9 pm Chill Spot Bar & Grill

## Saturday 5th August

Ada Restaurant, Beachcombers Hotel:

Tel: 458-4283

Flow Wine Bar , Kingstown

Tel: 457-0809

Barcode, Thomas Building, Arnos Vale

Entice Bar & Lounge, Victoria Park, 11 am until, Mon—Sat

Gate 3 Restaurant and Lounge, The Joshua Center, Arnos Vale

Tel: 570-3333

*Serenity Dive's*  
**Lionfish Fry**

**EC\$25**



Filleted Pan fried Lionfish, Garlic Bread with Salad

**When: Friday, August 4, 2023**  
**5pm - 10pm**

**Where: Sunset Shores/Villa**

Contact (784) 528-8030 / 532-8646  
To place your orders in advance

Online Ordering  
&  
Delivery Available  
[www.karibites.com](http://www.karibites.com)

  
Kingstown, St. Vincent



**SUNDAY  
BUFFET**  
SUNDAY, 6TH AUGUST 2023  
XCD\$60 PER PERSON

- Cream of Carrot Soup-
- Tropical Salad-
- Stewed Beef-
- Pan Seared Fish with Lemon Capers Sauce-
- Corn Pie-
- Parsley Rice-
- Chef Styled Vegetables-
- Zebra Cake-

Price is Inclusive Of VAT. A 10% Service Charge Will Be Added To Your Final Bill.

+1 784 458-1800 | +1 784 593-0996  
[stay@grenadinehouse.com](mailto:stay@grenadinehouse.com)

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Grenadine House  
Kingstown, St. Vincent

**HAIROUN**  
HOLD YOUR OWN

# Grill Saturdays

**SATURDAY 5TH AUGUST, 2023**  
**FROM 6 PM**

Garden Salad  
Cucumber Raita

Plantain Sambuca  
Sauteed Potatoes  
Chef Styled Vegetables  
Coconut Herb Rice

Red Velvet Cake

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 Ribs  
 Chicken  
 Fish  
 Pork Chops

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**ONE (1) FREE HAIROUN BEER WITH PURCHASE OF MEAL**  
**FOR MORE INFO - +1 784 458-1800 | +1 784 593-0996**  
 stay@grenadinehouse.com



SATURDAY **05** AUGUST

GSM  
Take the Bites

**GTON SEAFOOD MARKET PRESENTS**  
**THE FIRST MONTHLY**

# FISH FEST

2023

**STARTS FROM 12PM**

**GTON SEAFOOD MARKET**  
OPPOSITE BOSVG BY THE SEA DEFENSE

**CONCH SOUSE, CONCH SALAD, GRILLED FISH, CREOLE SALADS, FISH BROTH, FISH BURGERS AND BLACK FISH WILL BE AVAILABLE**

**FROM 5PM DJ KANO, DJ LANO AND DJ DONOVAN**  
SOUND SYSTEM BY MUFLAVA SOUNDS

Digicel



MISS SVG TEEN 2023



**LAVUE BEACH HOTEL**  
8PM AUG 5TH 2023

ENTERTAINMENT BY DJ LAZER



WAFULASUN SPORTS BAR presents

**WAFULASUN**  
Our Place  
Est. Since 2023

**AUG 5th**

**"HYPNOTIZE"**

MUSIC BY DJ RISH

ENTRY FEES \$10 | LADIES FREE BEFORE 11PM | DOORS OPEN 9PM

Positive vibes on a Cumberland sultry night!

1784-570-9691



SVG Hotel & Tourism Association  
 Cruise Ship Terminal, Unit #8, St. Vincent & the Grenadines  
 T: 784 458-4379 | M: 784.494.4379  
 E: svghotels@vincysurf.com | svghotels@gmail.com



**Entice**

# Fresh Cocktails

Come and indulge with a few cocktails at Entice Bar and Lounge

**VICTORIA PARK, KINGSTOWN**

**OPENING HOURS**  
**MON - SAT**  
**11AM - UNTIL**

**Youlou Art Centre INDIAN BAY**

# Youlou Art Gallery

Presents

**'The Power of the Volcano'**  
 August 3rd through February 2024

Opening Reception August, 3rd  
 Time: 6pm - 8pm

FOR MORE INFO, CALL 784 457 4493  
 WHATSAPP: 784 497 7811

OR FIND US ON

[f](#) [i](#)

**Bequia Plantation Hotel**

# CURRY FRIDAY

LIVE DJ

**\$65 EC per plate**

**WEST SIDE Karaoke Lounge**

**Karaoke Night**

This and every Wednesday



Location: Prospect SVZ



- Our Services Includes:**
- Comfortable accommodation
  - Event Planning Service
  - Bar & Grill Services
  - Restaurant Service
  - Day Pass Services

# Unwind at Hotel Alexandrina!

- Where Comfort & Tranquility Reign -

Perched on a hillside overlooking our beautiful architectural tropical gardens. We offer a tranquil, elegant and enchanting country side hideaway.

- We host:
- Weddings
  - Conferences
  - Meetings
  - Special Events

Book us now at Hotel Alexandrina,  
St. Vincent and the Grenadines  
Countryside Oasis

Email: info@hotalexandrina.com Telephone: +1 784-456-9788 US/Canada: +1 917-829-8354

New Artists Movement (NAM)

# AUDITION



CAST MEMBERS FOR NAM'S 50TH ANNIVERSARY  
DRAMA PRODUCTION



**AUDITION DATE:** 5TH AUGUST 2023

**VENUE:** PEACE MEMORIAL HALL

**TIME:** 9:00AM - 12 NOON

If you are interested in auditioning contact any of the following:

**DARKIE:** 495-1418

**BLAZER:** 432-0103

**RON B:** 432-9494



# POOL Packages

<p><b>POOL PACKAGE 1</b></p> <p>XCD \$40.00</p> <p>-ACCESS TO POOL-</p>	<p><b>POOL PACKAGE 2</b></p> <p>XCD \$60.00</p> <p>-ACCESS TO POOL-</p> <p>- 1 LIGHT MEAL-</p> <p>-1 HAIROUN SOFT DRINK-</p>
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**DRUMS** **PIANO** **GUITAR**

# MUSIC LESSONS

COST PER MONTH : \$120 KIDS | \$150 ADULTS

Registration Cost: \$30

Behind Vinsave Preschool | Tele: 784-593-0007 | Email: intunesvg@gmail.com

School of MUSIC

## RHYTHM OF THE DRUM

Hosted by Enzimbu in representation with Art 'N' Action Inc

This program caters to all ages from 5 years and up. It is geared towards educating young and old about our culture, dance, techniques and rhythms.

**Activities:** Drumming History, Drumming Techniques, Dance and more.

**Time:** 10am to 12pm  
July 17th - August 30th, 2023  
Days: Mon, Tue, Wed  
Frenches craft Building

**price \$50**

Tel: 784 527 8523 / 784 492 1374 | Email: svgartnaction@gmail.com





# August Spa Special

August 1st-31st, 2023

**Carnival Cooler - \$70.00**

-Head & Back Massage-

**Goodbye Soca- \$110.00**

-Express Facial-  
-Upper Body Swedish Massage-

**Hello Summer- \$80.00**

-Full Body Peppermint Scrub-

**Summer Breeze- \$50.00**

-Upper Body Aromatherapy Massage-

+ 1 784 458-1800 | + 1 784 593-0996

stay@grenadinehouse.com



## Spring Hotel Bequia

# DAY PASS

USD \$75 per person

**Includes:**

- FREE SHUTTLE SERVICE
- 1 TWO COURSE MEAL
- 1 WELCOME DRINK
- CHANGE ROOM
- POOL ACCESS
- 1 LOCAL BEVERAGE
- ACCESS TO ENTERTAINMENT AREAS

**ROOM ADD-ON + USD \$35**

**Reservation Only**

tel # 1 784 457 3707 / 1 784 454 4260  
email: info@springhotelbequia.com

# SOHO FLOAT

Soho Beach House Canouan is the first Soho House in the Caribbean with 40 bedrooms, three bars, a restaurant, a boutique, a deli, and a wellness studio. It also hosts seasonal Cowshed spa pop-ups, as well as fitness facilities.

Soho House Float invites sailors and crew to dine at the House, with take-away or delivery options to your boat. We are also offering an express laundry service and grocery delivery to the boats. If you need a break from the ocean and would like to book a bedroom at the House, please contact us about the sailor's rate.

Enjoy the beautiful Grand Bay of Canouan and the Grenadines.

407 232 7242  
784 530 7400  
reception.canouan@sohohouse.com

## Mariners Hotel

"Above and Beyond"

### French Verandah

Restaurant & Bar

"Celebrate Life"

21 Air Conditioned Rooms with Spectacular Views

Relax poolside & indulge in exquisite dining at French Verandah

@FrenchVerandahSVG

Tel: +1(784)457-4000 | frontdesk@marinershotel.com | www.marinershotel.com



(784) 457-415

**ADMIRAL FERRIES LTD.**

**SAILING SCHEDULE**

**SAILING TIME: APPROX. 1 HOUR**

	DEPARTS BEQUIA	OPERATING DAYS	DEPARTS KINGSTOWN
<b>FREE COFFEE &amp; TEA EVERY 6:30am RUN</b>	6:30 AM 2:00 PM	MONDAY AND FRIDAY	11:45 AM 4:00 PM
	6:30 AM 2:00 PM	TUESDAY WEDNESDAY THURSDAY	11:45 AM 4:00 PM
	6:30 AM 9:15 AM 4:00 PM	SATURDAY	8:00 AM 11:00 AM 5:30 PM
	6:30 AM 4:00 PM	SUNDAY AND PUBLIC HOLIDAYS	8:00 AM 5:30 PM

(784) 458 3348 (784) 534 7707 admiralferries@gmail.com admiralferries.com

**SCHEDULE**

**TUESDAY & FRIDAY - 11:30AM**  
Kingstown → Canouan → Mayreau → Union Island

**WEDNESDAY & SATURDAY - 7:30AM**  
Union Island → Mayreau → Canouan → Kingstown

**ONE WAY FARES CANOUAN: \$50 • MAYREAU: \$60 • UNION ISLAND: \$70**

All fares are quoted in Eastern Caribbean dollars.

# BEQUIA XPRESS

## JADEN SUN – FAST FERRY SERVICE

### REGULAR SCHEDULE

Days	Route	Estimated Time of DEPARTURE	Estimated Time of ARRIVAL
SUNDAY	Kingstown → Bequia	4:00 pm	4:30 pm
	Bequia → Canouan	4:35 pm	5:35 pm
	Canouan → Mayreau	5:45 pm	6:00 pm
	Mayreau → Union Island	6:05 pm	6:15 pm
MONDAY	Union Island → Mayreau	6:30 am	6:40 am
	Mayreau → Canouan	6:50 am	7:05 am
	Canouan → Bequia	7:15 am	8:15 am
	Bequia → Kingstown	8:25 am	8:55 am
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	Kingstown → Bequia	3:30 pm	4:00 pm
	Bequia → Canouan	4:10 pm	5:10 pm
	Canouan → Mayreau	5:25 pm	5:40 pm
	Mayreau → Union Island	5:50 pm	6:00 pm
	TUESDAY	<b>NO OPERATION</b>	
WEDNESDAY	Union Island → Mayreau	6:30 am	6:40 am
	Mayreau → Canouan	6:50 am	7:05 am
	Canouan → Bequia	7:15 am	8:15 am
	Bequia → Kingstown	8:25 am	8:55 am
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	<b>NO AFTERNOON SCHEDULE</b>		
THURSDAY	<b>NO OPERATION</b>		
FRIDAY	Kingstown → Bequia	10:00 am	10:30 am
	Bequia → Canouan	10:40 am	11:40 am
	Canouan → Mayreau	11:55 am	12:10 pm
	Mayreau → Union Island	12:20 pm	12:30 pm
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	Union Island → Mayreau	3:30 pm	3:40 pm
	Mayreau → Canouan	3:50 pm	4:05 pm
	Canouan → Bequia	4:20 pm	5:20 pm
Bequia → Kingstown	5:30 pm	6:00 pm	
SATURDAY	<b>NO OPERATION</b>		
<b>1. BOARDING is 15 minutes prior to departure</b> <b>2. Departure and arrival times may change due to weather and other Operational reasons.</b> <b>3. Ferry does NOT operate on Bank Holidays.</b> <b>4. When a Bank Holiday falls on Monday, there will be no departure on Sunday. The ferry will depart on Monday at 4:00pm instead.</b> <b>5. Fares are subject to change.</b>		Contact Info: Jaden Inc P.O. Box 2333 Kingstown St. Vincent. Tel. 784-451-2192 784-493-7114 784-493-7177 Email: <a href="mailto:jdmarine@vincysurf.com">jdmarine@vincysurf.com</a> Website: <a href="http://www.jadensunferry.com">www.jadensunferry.com</a>	

## MONDAY - FRIDAY

6:30 AM  
 8:30 AM  
 9:30 AM  
 1:00 PM  
 4:30 PM

## SATURDAYS

6:30 AM  
 8:30 AM  
 1:00 PM  
 4:30 PM

## SUNDAYS & PUBLIC HOLIDAYS

6:30 AM  
 4:30 PM

## MONDAY - FRIDAY

8:00 AM  
 10:30 AM  
 1:00 PM  
 4:00 PM  
 6:00 PM

## SATURDAYS

8:00 AM  
 11:00 AM  
 5:00 PM  
 6:00 PM

## SUNDAYS & PUBLIC HOLIDAYS

8:00 AM  
 6:00 PM

## MONDAY & WEDNESDAY TO SOUTHERN GRENADINES

Canouan - Mayreau - Union  
 Depart Kingstown - 11:00 AM

## TUESDAY & THURSDAY TO KINGSTOWN

Mayreau - Canouan - Kingstown  
 Depart Union Is - 6:30 AM

## FRIDAY

**(Same Day Return).**

## TO KINGSTOWN

Canouan - Mayreau - Union  
 Depart Kingstown - 11:00

Tel: 457-3539