

**JULY**

Paradise Beach Hotel: Grillin with the Captain, 7:30 pm Tel: 457-4795  
Evo/Ragga Soca, Victoria Park

Colour Fete, E T Joshua, Arnos Vale, 11 pm—until

French Verandah: Happy Hours 5-7 pm Tel: 453-1111

**Fri 7th**

Entice Bar & Lounge, Victoria Park, 11 am until, Mon—Sat Tel: 570-3333

Grenadine House Restaurant: Happy Hours 3 until Tel: 458-1800

Gate 3 Restaurant and Lounge, Happy hour 4-8 pm, The Joshua Center, Arnos Vale Tel: 570-3333

Ada Restaurant, Beachcombers Hotel: Happy Hours 4:30—7:30 pm Tel: 458-4283

Crush, Problem & Skinny, Coconut Grove, Ratho Mill, 2-9 pm

Sunset Shores Hotel: Chillin and Refillin Happy Hours 4-7 pm Tel: 458-4411

Hotel Alexandrina: Kulture Bar & Grill, Prospect from 3 pm Tel: 456-9788



French Verandah: Regular menu, take-away can be requested Tel: 453-1111

Club Zest, Party, opposite KFC, Kingstown

Flair, Prospect Park,, 4 pm until

Young Island Resort: BBQ, 7—10 pm Tel: 458-4826

**Sat 8th**

Hotel Alexandrina: Kulture Bar & Grill, Prospect, Regular menu, 3 pm Tel: 456-9788

Brunch and Soca, Porters Estate, Arnos Vale

The Loft Restaurant and Bar, Blue Lagoon Hotel and Marina, Regular Menu Tel: 458-4308

Sunset Shores Hotel: Chillin and Refillin Happy Hours 5-7 pm Tel: 458-4411

Grenadine House Restaurant: BBQ Grill Saturdays from 6 pm, Happy Hours 3-7 Tel: 458-1800

Flow Wine Bar , Kingstown Tel: 457-0809

**Sun 9th**

Boat Ride to Bequia, Departs Grenadines Wharf at 9:00 am

Coconut Grove Beach Club, Ratho Mill, Tel: 431-2837

Chill Spot Bar & Grill, Arnos Vale Tel: 457-7768

Café Soleil, Blue Lagoon Marina: BBQ, 11 am; live music by BAM from 6 pm Tel: 456-8550

Grenadine House Restaurant: Sunday Buffet Lunch, 12 noon, Tel: 458-1800

Young Island Resort: Buffet Lunch, 12:30—2:30 pm Tel: 458-4826

Gate 3 Restaurant and Lounge, The Joshua Center, Arnos Vale Tel: 570-3333

French Verandah: Regular menu, take-away can be requested Tel: 453-1111

The Loft Restaurant and Bar, Blue Lagoon Hotel and Marina Tel: 458-4308

Prime All Inclusive, 4 pm—12 midnight, Sunset Shores Hotel

**Mon 10th**

Paradise Beach Hotel: Regular menu, take-away can be requested Tel: 457-4795

Young Island Resort: Regular menu, take-away can be requested Tel: 458-4826

Hotel Alexandrina: Kulture Bar & Grill, Prospect, Regular menu, 3 pm Tel: 456-9788

Mardi Gras

**Tues 11th**

Gate 3 Restaurant and Lounge, Happy hour 4-7 pm, The Joshua Center, Arnos Vale Tel: 570-3333

Tree House Bar & Grill, Arnos Vale

French Verandah: Happy Hours 5-7 pm Tel: 453-1111

Carnival After Party, Club Zest, opposite KFC Kingstown

**Wed 12th**

Chill Spot and Grill: Seafood Wednesdays Tel: 457-7768

Ada Restaurant, Beachcombers Hotel: Tel: 458-4283

Bay Side Bar & Grill: Karaoke, Questelles Bay

**Thurs 13th**

Paradise Beach Hotel: Regular menu, take-away can be requested Tel: 457-4795

French Verandah: Mimosa Daily

Carnival Cool Down Boat Ride, Leeward Coast, Leaving Cruse Ship Terminal at 10 am

# VINCYMAS TICKET OUTLETS!

- Entice**  
(Victoria Park)
- CDC Lotto Booth**  
(Peace Mo)
- Vee Jays**  
(Kingstown)
- Lano Lano Bar**  
(Heritage Square)
- Video Xtreme**  
(Questelles)
- Gate 3**  
(Arnos Vale)
- 4 Shells**  
(Calliaqua)
- Johnny's Barber Shop**  
(Georgetown)

## EVENTS/ADMISSIONS

<b>JUNE 30TH</b>	<b>FANTASTIC FRIDAY</b>	regular \$20
<b>JULY 1ST</b>	<b>JUNIOR CARNIVAL</b>	children \$10 regular \$15
<b>JULY 2ND</b>	<b>JUNIOR PANORAMA</b>	children \$10 regular \$15
<b>JULY 4TH</b>	<b>JUNIOR CALYPSO/SOCA</b>	children \$10 regular \$15
<b>JULY 6TH</b>	<b>STEEL &amp; GLITTER</b>	regular \$20 gate \$30
<b>JULY 7TH</b>	<b>EVO/RAGGA SOCA</b>	early bird \$30 regular \$30 VIP \$275
<b>JULY 8TH</b>	<b>SOCA MONARCH</b>	early bird \$40 regular \$60
<b>JULY 9TH</b>	<b>DIMANCHE GRAS</b>	early bird \$20 gate \$30
<b>JULY 11TH</b>	<b>MARDI GRAS</b>	children \$10 regular \$15



ST. VINCENT  
GRENADINES

**VINCYMAS**

**JUNE 30th - JULY 11th**

**LIVE STREAMING  
OF VINCYMAS SHOWS**

VISIT **WWW.VC3.TV**  
TO PURCHASE THE  
FOLLOWING SHOWS

- ★ **FANTASTIC FRIDAY**..... US \$5  
FRIDAY JUNE 30TH 2023
- ★ **STEEL & GLITTER**..... US \$10  
JULY 6TH 2023
- ★ **EVO A NIGHT OF RAGGA SOCA**.. US \$15  
JULY 7TH 2023
- ★ **SOCA MONARCH** ..... US \$20  
JULY 8TH 2023
- ★ **DIMANCHE GRAS** ..... US \$10  
JULY 9TH 2023
- ★ **5 SHOW PACKAGE** ..... US \$50  
Don't want to miss any show? Get our 5 show package which gives you access to streaming of Fantastic Friday, Steel & Glitter, EVO Ragga Soca, Soca Monarch and Dimanche Gras at a discounted price.

VISIT **WWW.VC3.TV** AND REGISTER TODAY

### Friday 7th July

Entice Bar & Lounge, Victoria Park, 11 am until, Mon—Sat  
 Free Up Fridays, Tree Bar & Grill, Arnos Vale  
 Free Up Fridays Happy Hour, 8-9 pm Chill Spot Bar & Grill

Tel: 570-3333  
 Tel: 456-6777

### Saturday 8th July

Ada Restaurant, Beachcombers Hotel:  
 Flow Wine Bar , Kingstown  
 Barcode, Thomas Building, Arnos Vale  
 Entice Bar & Lounge, Victoria Park, 11 am until, Mon—Sat  
 Gate 3 Restaurant and Lounge, The Joshua Center, Arnos Vale

Tel: 458-4283  
 Tel: 457-0809  
 Tel: 570-3333

### Sunday 9th July

Backyard Adventure:, Arnos Vale:

## Rural Carnivals Schedule 2023

Date	Area	Event	Venue
Fri 14th Jul	Bequia	Queen Show	Hard Court
Sat 15th Jul	Bequia	Jouvert & Street Jump up	Bequia streets
Sat 22nd Jul	Canouan	Carnival Village	Canouan Hardcourt
Sun 23rd Jul	Canouan	Kiddies Carnival	Bachelor's Hall
Thur 27th Jul	Canouan	Night Mas	Canouan Streets
Fri 28th Jul	Canouan	Baywatch	Bachelor's Hall
Sat 29th Jul	Canouan	Soca 360	Canouan Hardcourt
Sun 30th Jul	Canouan	Miss Rural SVG	Canouan Hardcourt
Mon 31st Jul	Canouan	SWAP - Soca Water And Powder	Canouan Hardcourt
Tue 01st Aug	Canouan	Jouvert & Street Party	Canouan Streets



SVG Hotel & Tourism Association  
 Cruise Ship Terminal, Unit #8, St. Vincent & the Grenadines  
 T: 784 458-4379 | M: 784-494-4379  
 E: svghotels@vincysurf.com | svghotels@gmail.com

**YOUR ULTIMATE GUIDE FOR VINCY MAS, CULTURE & ENTERTAINMENT**

**JULY 2023**

- Fri 7** Wett Pool Party - Breakfast  
Boozy Boat Cruise  
Crush 2  
EVO / Ragga Soca  
Happymess Color Fete
- Sat 8** Solaris Breakfast Party  
Rum Crawl  
Brunch & Soca  
Flair ~ Melee  
Soca Monarch
- Sun 9** Prime (Mirage)  
WETT Republic  
Slippery When Wet  
Dimanche Gras (PanKaiMas)
- Mon 10** J'Ouvert  
Viceré  
A:M Jamboree  
Monday Road Jam
- Tue 11** Mardi Gras
- Wed 12** Ciao  
Trendy
- Sat 15** Amgine - Soirée
- Sun 16** Overdose
- Sun 30** Overdose

**CIN VINCENT**

\*\*Some events may be subject to correction or change.

Grenadine House  
Kingstown, St. Vincent

**HAIROUN**  
HOLD YOUR OWN

# Grill Saturdays

**SATURDAY 8TH JULY, 2023**  
**FROM 6 PM**

Green Banana Salad  
Garden Salad

Vegetable Rice  
Garlic Parmesan Roasted Potatoes  
Chef Styled Vegetables

Vanilla Cupcake

Ribs  
Chicken  
Fish  
Pork Chops

**ONE (1) FREE HAIROUN BEER WITH PURCHASE OF MEAL**

FOR MORE INFO - +1 784 458-1800 | +1 784 593-0996  
stay@grenadinehouse.com

WhatsApp Instagram Facebook

**KIDS SUMMER DAY CAMP**

Coconut Grove BEACH CLUB

**Week 1**  
July 17th to 22nd

**Week 2**  
July 24th to 28th

**TRAINED TEACHERS**  
**NO UNEXPECTED COSTS**

**WEEKLY FEE \$190**

Includes:  
- Lunch  
- Craft Supplies  
- Field Trips  
- Qualified teachers

Register & Pay at Blue Lagoon Hotel's Front Desk  
**DEADLINE JULY 11TH 2023**

Grenadine House  
Kingstown, St. Vincent

## July Spa Special

July 1st- 31st, 2023

### Poolside Packages

**Package 1 - \$210.00**  
-Poolside Full Body Couples GH Signature Massage -  
-Pool Access-

**Package 2 - \$240.00**  
-Poolside Upper Body Couples GH Signature Massage -  
-Two(2) Light Meals & two(2) Soft Drinks-  
-Pool Access-

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**Fettaz Package- \$160.00**  
-Booster Facial -  
-Gel Manicure & Pedicure-

**Mardi Gras Package- \$75.00**  
-Regular Manicure & Pedicure-

**We are Bacchanal Package- \$80.00**  
-Full Set of Medium Length Acrylic Nails with Matching Toes-  
(Additional design two(2) fingers \$10.00)-

**Revellers Package- \$130.00**  
-Upper Body Swedish Massage-  
-Regular Manicure & Pedicure-

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+1 784 458-1800 | +1 784 593-0996  
stay@grenadinehouse.com

WhatsApp Facebook Instagram

**50<sup>th</sup> Anniversary**  
**Customer Appreciation Contest**  
**Extended to July 14<sup>th</sup>!**



**Sunset Shores**

**DRAW WILL TAKE PLACE JULY 15<sup>th</sup>**

Villa Beach, St. Vincent  
 +1 (784) 458-4411 | info@sunsetshores.com

**Proudly Serving SVG since 1973**  
*Island Hospitality at its Best!*

ULTRA PREMIUM ALL INCLUSIVE

Brunch **SOCA** St. Vincent

**Dinner**

**TICKET OUTLETS**

**INTRANSIT EXPORTS**  
 (Upstairs Bonadie Supermarket #2)

**ISLAND POP SWIM WEAR 1 & 2**  
 (Upstairs Bonadie Supermarket #2)  
 (E.T Joshua Center - Arnos Vale)

**MOONSHINE POOL BAR & RESTAURANT**  
 (Villa)

**GATE 3 RESTAURANT & LOUNGE**  
 (E.T Joshua Center - Arnos Vale)

**\$325 XCD (ALL INCLUSIVE)**

SAT 8 JULY 2023

PORTER'S ESTATE | ARNOS VALE

www.BrunchAndSoca.com



**CARNIVAL SUNDAY**  
**BOAT RIDE**  
**TO**  
**BEQUIA**



**DON'T MISS HALF THE CARNIVAL**

MUSIC ON BOARD BY DJ M&M • MY GEM STAR  
 DEPARTS GRENADINES WHARF 9 AM, AND BEQUIA AT 5 PM

**JULY 9<sup>TH</sup> 2023**  
 BEACH PARTY  
 AT  
 KEEGAN'S, LOWER BAY  
**\$50 RETURN**

White Oak | Island Sipz | Carib. | Campari | Village Ram

A CROSSROADS PRODUCTION

Grenadine House  
 Kingstown, St. Vincent

**SUNDAY**  
**BUFFET**  
 SUNDAY, 9<sup>TH</sup> JULY 2023  
 XCD\$60 PER PERSON

- Callaloo Soup-
- Tropical Salad-
- Jerk Pork-
- Fried Fish with Garlic Aioli-
- Carrot Rice-
- Macaroni Pie-
- Stewed Kidney Beans-
- Key Lime Pie-

Price is Inclusive Of VAT. A 10% Service Charge Will Be Added To Your Final Bill.

+1 784 458-1800 | +1 784 593-0996  
 stay@grenadinehouse.com



**Entice**

# Fresh Cocktails

Come and indulge with a few cocktails at Entice Bar and Lounge

**VICTORIA PARK, KINGSTOWN**

**OPENING HOURS  
MON- SAT  
11AM - UNTIL**



Bequia Plantation Hotel

# CURRY FRIDAY

LIVE DJ

**\$65 EC per plate**

**SERENITY DIVE**  
St. Vincent & The Grenadines

## TASTE OF SCUBA

Ever wondered about what it's like to breathe underwater? Come sign up for our taste of Scuba. Ages 10 and older

Available  
Monday - Friday 9am - 2pm  
Saturdays 9:00am - 1pm  
Poolside at  
"The Blue Lagoon Hotel and Marina".  
EC\$50.00  
To reserve your session call  
784-457-5335/528-8030

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VINCY BOYZ PRESENT

13 JUL THURSDAY

**Seaclusive**  
CARNIVAL COOL DOWN BOATRIDE  
DOWN THE LEEWARD COAST  
*All Inclusive*  
Premium Liqueur & Food

CRUISE SHIP TERMINAL  
SAILING: 10AM - RETURNING: 6PM

**EARLY BIRD TIX: \$100 USD | GENERAL ADM: \$120 USD**

MUSIC BY NYC & VINCY FINEST DJS

GARNES: (917) 856-9722 / (784) 532-1150 | ZAKIE: (917) 539-5182 | EYES: (718) 600-9069 / (784) 454 6035

Live Blues, Jazz & More  
with  
Jan and Louis  
& Friends  
at DE REEF,  
Lower Bay, Bequia  
Every Sunday  
from 4 pm

# POOL Packages

<b>POOL PACKAGE 1</b> XCD \$40.00 -ACCESS TO POOL-	<b>POOL PACKAGE 2</b> XCD \$60.00 -ACCESS TO POOL- - 1 LIGHT MEAL- -1 HAIROUN SOFT DRINK-
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Location: Prospect SVG

**Our Services Includes:**

- Comfortable accommodation
- Event Planning Service
- Bar & Grill Services
- Restaurant Service
- Day Pass Services

## Unwind at Hotel Alexandrina!

- Where Comfort & Tranquility Reign -

Perched on a hillside overlooking our beautiful architectural tropical gardens. We offer a tranquil, elegant and enchanting country side hideaway.

**We host:**

- Weddings
- Conferences
- Meetings
- Special Events

Book us now at Hotel Alexandrina,  
St. Vincent and the Grenadines  
Countryside Oasis

Email: info@hotalexandrina.com Telephone: +1 784-456-9788 US/Canada: +1 917-829-8354

COASTAL ADRENALINE WELCOMES YOU TO



**VINCYMAS**

**'23**

YOU ARE INVITED TO EAT LIKE A LOCAL! PARTY LIKE A LOCAL! EXPLORE LIKE A LOCAL!

**BOOK OUR ATV TOUR LIKE A LOCAL REGARDLESS OF YOUR NATIONALITY !!!**

**USE PROMOCODE: SVG\_LOCAL\_CA AT CHECKOUT TO OBTAIN THE LOCAL RESIDENT DISCOUNT**

Offer runs from Sunday 25th June - 25th July, 2023

www.coastaladrenaline.com | +1(784) 532-6370  
 @coastaladrenaline | info@coastadrenaline.com

# SOHO FLOAT



Soho Beach House Canouan is the first Soho House in the Caribbean with 40 bedrooms, three bars, a restaurant, a boutique, a deli, and a wellness studio. It also hosts seasonal Cowshed spa pop-ups, as well as fitness facilities.

Soho House Float invites sailors and crew to dine at the House, with take-away or delivery options to your boat. We are also offering an express laundry service and grocery delivery to the boats. If you need a break from the ocean and would like to book a bedroom at the House, please contact us about the sailor's rate.

Enjoy the beautiful Grand Bay of Canouan and the Grenadines.

407 232 7242  
 784 530 7400  
 reception.canouan@sohohouse.com

**SAT JULY 08**  
 4PM - 10PM

*Brunch AND SOCA*  
 St. Vincent




**D'Pinknic**  
 ULTRA PREMIUM ALL INCLUSIVE  
 LIVE PERFORMANCE BY  
**ADDED RANKIN**

PORTER'S ESTATE | ARNOS VALE  
 WWW.BRUNCHANDSOCA.COM






**FLAIR**  
de Caribbean  
**Melee**  
vs Bubblics  
— NEON GLOW —

**MUSIC BY**  
DJ Q & SNYPA | DJ STIFLA & SHADY | DJ BLAZE  
INTL STEPHEN | LURBZ & LORD HYPE | DJ ELON

CARNIVAL SATURDAY  
JULY  
8TH  
2023

## Spring Hotel Bequia

### DAY PASS

USD \$75 per person  
ROOM ADD-ON + USD \$35

**Includes:**

- FREE SHUTTLE SERVICE
- 1 TWO COURSE MEAL
- 1 WELCOME DRINK
- CHANGE ROOM
- POOL ACCESS
- 1 LOCAL BEVERAGE
- ACCESS TO ENTERTAINMENT AREAS

**Reservation Only**

tel # 1 784 457 3707 / 1 784 454 4260  
email: info@springhotelbequia.com

## Mariners Hotel

"Above and Beyond"

### French Verandah

Restaurant & Bar  
"Celebrate Life"

21 Air Conditioned Rooms with Spectacular Views

Relax poolside & indulge in exquisite dining at French Verandah

@FrenchVerandahSVG

Tel: +1(784)457-4000 | frontdesk@marinershotel.com | www.marinershotel.com



**DEPARTS BEQUIA**

**MONDAY - FRIDAY**  
6:30AM  
8:00AM  
9:30AM  
1:00PM  
4:30PM

**SATURDAYS**  
6:30AM  
9:15AM  
**NEW TIME 1:00PM**  
4:30PM

**SUNDAYS AND PUBLIC HOLIDAYS**  
7:00AM  
4:30PM

**BEQUIA EXPRESS COMPANY**



**DEPARTS KINGSTOWN**

**MONDAY - FRIDAY**  
8:00AM  
10:30AM  
1:00PM  
4:00PM  
6:00PM

**SATURDAYS**  
8:00AM  
11:00AM  
**NEW TIME 4:00PM**  
6:00PM

**SUNDAYS AND PUBLIC HOLIDAYS**  
8:30AM  
6:00PM

TEL: 784 457-3539  
FAX: 784 457-3055  
Email: bequiaexpress@vincysurf.com

**SOUTHERN GRENADINES**

**MONDAY & FRIDAY**  
(same day return on friday)

**TO SOUTHERN GRENADINES**  
Depart Kingstown - 11:00 AM  
Depart Union Is - 2:30 PM

**WEDNESDAY**  
**TO SOUTHERN GRENADINES**  
Canouan - Mayreau - Union  
Depart Kingstown | 11:00 AM

**TUESDAY & THURSDAY**  
**TO KINGSTOWN**

Mayreau - Canouan - Kingstown  
Depart Union Is | 6:30 AM



**SAILING SCHEDULE** SAILING TIME: APPROX. 1 HOUR

DEPARTS BEQUIA	OPERATING DAYS	DEPARTS KINGSTOWN
6:30 AM 2:00 PM	MONDAY AND FRIDAY	11:45 AM 4:00 PM
6:30 AM 2:00 PM	TUESDAY WEDNESDAY THURSDAY	11:45 AM 4:00 PM
6:30 AM 9:15 AM 4:00 PM	SATURDAY	8:00 AM 11:00 AM 5:30 PM
6:30 AM 4:00 PM	SUNDAY AND PUBLIC HOLIDAYS	8:00 AM 5:30 PM

FREE COFFEE & TEA EVERY 6:30am RUN

☎ (784) 458 3348
☎ (784) 534 7707
✉ admiralferries@gmail.com
🌐 admiralferries.com

**SCHEDULE**

**TUESDAY & FRIDAY - 11:30AM**  
Kingstown → Canouan → Mayreau → Union Island

**WEDNESDAY & SATURDAY - 7:30AM**  
Union Island → Mayreau → Canouan → Kingstown

ONE WAY FARES CANOUAN: \$50 • MAYREAU: \$60 • UNION ISLAND: \$70  
All fares are quoted in Eastern Caribbean dollars.

Please note that Gem Star 2 will not be travelling to the Southern Grenadines on Tuesday 11th July.



**JADEN SUN – FAST FERRY SERVICE**  
**CARNIVAL SCHEDULE 2023**

<b>Days</b>	<b>Route</b>	<b>Estimated Time of DEPARTURE</b>	<b>Estimated Time of ARRIVAL</b>
<b>SUNDAY</b> 9th July, 2023	<b>NO OPERATION</b>		
<b>MONDAY</b> 10th July, 2023 (Carnival Monday)	<b>NO OPERATION</b>		
<b>TUESDAY</b> 11th July, 2023 (Carnival Tuesday)	<b>NO OPERATION</b>		
<b>WEDNESDAY</b> 12th July, 2023	Kingstown → Bequia Bequia → Canouan Canouan → Mayreau Mayreau → Union Island ..... Union Island → Mayreau Mayreau → Canouan Canouan → Bequia Bequia → Kingstown	10:00 am 10:40 am 11:55 am 12:20 am ..... 3:30 pm 3:50 pm 4:20 pm 5:30 pm	10:30 am 11:40 am 12:10 am 12:30 am ..... 3:40 pm 4:05 pm 5:20 pm 6:00 pm
<b>THURSDAY</b> 13th July, 2023	<b>NO OPERATION</b>		
<b>FRIDAY</b> 14th July, 2023	Kingstown → Bequia Bequia → Canouan Canouan → Mayreau Mayreau → Union Island ..... Union Island → Mayreau Mayreau → Canouan Canouan → Bequia Bequia → Kingstown	10:00 am 10:40 am 11:55 am 12:20 am ..... 3:30 pm 3:50 pm 4:20 pm 5:30 pm	10:30 am 11:40 am 12:10 am 12:30 am ..... 3:40 pm 4:05 pm 5:20 pm 6:00 pm

**\*\*\*The Regular Schedule resumes on Sunday 16<sup>th</sup> July, 2023**