

PUBLISHED BY THE ST. VINCENT AND THE GRENADINES HOTEL & TOURISM ASSOCIATION

Grenadine House Restaurant: Happy Hours 3 until Tel: 458-1800
 Friday Night is Mas, Paint, Powder, Water, Drinks, Food, Africano Disco, South Rivers

Hotel Alexandrina: Kulture Bar & Grill, Prospect from 3 pm Tel: 456-9788

French Verandah: Happy Hours 5-7 pm Tel: 453-1111

Entice Bar & Lounge, Victoria Park, 11 am until, Mon—Sat Tel: 570-3333

Backyard Adventure, Arnos Vale (Wed, Fri, Sun 1-6 pm and Sat 10 am—6 pm)

Gate 3 Restaurant and Lounge, Happy hour 4-8 pm, The Joshua Center, Arnos Vale Tel: 570-3333

Ada Restaurant, Beachcombers Hotel: Happy Hours 4:30—7:30 pm Tel: 458-4283

Paradise Beach Hotel: Grillin with the Captain, 7:30 pm Tel: 457-4795

Sunset Shores Hotel: Chillin and Refillin Happy Hours 4-7 pm Tel: 458-4411

Hotel Alexandrina Kulture Bar & Grill BBQ, 6 PM, Prospect Tel: 456-9788

Windward Soccer league and after party, 2:30 pm

Carnival Cool Down, Fireman Hooper the Ruler of the Land. Chappy's Seaside Sandy Bay,

Sunset Shores Hotel: Chillin and Refillin Happy Hours 4-6 pm Tel: 458-4411

Young Island Resort: BBQ, 7—10 pm Tel: 458-4826

Skarpyon the Stingerman, Something for the Ladies, Wafulasum Sports Bar, Cumberland

Grenadine House Restaurant: BBQ Grill Saturdays from 6 pm, Happy Hours 3-7 Tel: 458-1800

The Loft Restaurant and Bar, Blue Lagoon Hotel and Marina, Regular Menu Tel: 458-4308

Flow Wine Bar, Kingstown Tel: 457-0809

Grand Opening of Masters Carib Football Tournament, Richmond Hill Playing Field, 3:30 pm

French Verandah: Regular menu, take-away can be requested Tel: 453-1111

Club Zest, Party, opposite KFC, Kingstown

Backyard Adventure, Arnos Vale. 10 am—6 pm

Netball and After Party, Richland Park

River Splash, Vermont, 10 am

The Loft Restaurant and Bar, Blue Lagoon Hotel and Marina Tel: 458-4308

Young Island Resort: Buffet Lunch, 12:30—2:30 pm Tel: 458-4826

Grenadine House Restaurant: Sunday Buffet Lunch, 12 noon, Tel: 458-1800

French Verandah: Regular menu, take-away can be requested Tel: 453-1111

Café Soleil, Blue Lagoon Marina: BBQ, 11 am; live music by BAM from 6 pm Tel: 456-8550

Football Returns to the Cane End Playing field from 2 pm and After Party

Gate 3 Restaurant and Lounge, The Joshua Center, Arnos Vale Tel: 570-3333

Chill Spot Bar & Grill, Arnos Vale Tel: 457-7768

Hotel Alexandrina: Kulture Bar & Grill, Prospect, Regular menu, 3 pm Tel: 456-9788

Paradise Beach Hotel: Regular menu, take-away can be requested Tel: 457-4795

Young Island Resort: Regular menu, take-away can be requested Tel: 458-4826

Tree House Bar & Grill, Arnos Vale

French Verandah: Happy Hours 5-7 pm Tel: 453-1111

Gate 3 Restaurant and Lounge, Happy hour 4-7 pm, The Joshua Center, Arnos Vale Tel: 570-3333

Chill Spot and Grill: Seafood Wednesdays Tel: 457-7768

Ada Restaurant, Beachcombers Hotel: Tel: 458-4283

Bay Side Bar & Grill: Karaoke, Questelles Bay

Paradise Beach Hotel: Regular menu, take-away can be requested Tel: 457-4795

French Verandah: Mimosa Daily

Coconut Grove Beach Club, Ratho Mill, Tel: 431-2837

JULY

Fri 21st



Sat 22nd

Sun 23rd

Mon 24th

Tues 25th

Wed 26th

Thurs 27th

Friday 21st July

Entice Bar & Lounge, Victoria Park, 11 am until, Mon—Sat

Tel: 570-3333

Free Up Fridays Happy Hour, 8-9 pm Chill Spot Bar & Grill

Saturday 22nd July

Ada Restaurant, Beachcombers Hotel:

Tel: 458-4283

Flow Wine Bar , Kingstown

Tel: 457-0809

Barcode, Thomas Building, Arnos Vale

Entice Bar & Lounge, Victoria Park, 11 am until, Mon—Sat

Gate 3 Restaurant and Lounge, The Joshua Center, Arnos Vale

Tel: 570-3333

Rural Carnivals Schedule 2023

Date	Area	Event	Venue
Sat 22nd Jul	Canouan	Carnival Village	Canouan Hardcourt
Sun 23rd Jul	Canouan	Kiddies Carnival	Bachelor's Hall
Thur 27th Jul	Canouan	Night Mas	Canouan Streets
Fri 28th Jul	Canouan	Baywatch	Bachelor's Hall
Sat 29th Jul	Canouan	Soca 360	Canouan Hardcourt
Sun 30th Jul	Canouan	Miss Rural SVG	Canouan Hardcourt
Mon 31st Jul	Canouan	SWAP - Soca Water And Powder	Canouan Hardcourt
Tue 01st Aug	Canouan	Jouvert & Street Party	Canouan Streets



HOTEL ALEXANDRINA'S KULTURE BAR AND GRILL

BBQ

22ND JULY 2023
TIME: 6PM

LOCATION
HOTEL ALEXANDRINA'S KULTURE BAR AND GRILL
(LOCATED IN PROSPECT)

ON THE MENU:

- **PORK RIBS**
- **SUCCULENT CHICKEN**
- **FRESH FISH**

GATHER YOUR FRIENDS AND FAMILY, AND JOIN US FOR A NIGHT OF FANTASTIC FOOD AND FANTASTIC FUN!!!

The Power is in the Mind!

THE ULTIMATE SUMMER EVENT IN THE GRENADINES

CANOUAN CARNIVAL

Twenty-23

22 JULY - 1 AUGUST

- Sat 22 Jul **CARNIVAL VILLAGE**
- Sun 23 Jul **KIDDIES CARNIVAL**
- Thurs 27 Jul **NIGHT MAS**
- Fri 28 Jul **BAYWATCH**
- Sat 29 Jul **SOCA 360**
- Sun 30 Jul **MS RURAL SVG**
- Mon 31 Jul **SWAP**
- Tue 1 Aug **J'OUVERT STREET JAM**

#TropicalParadise

WAFULASUN SPORTS BAR
Next Level Entertainment

PRESENTS
for one night only

Skarpyon
The Stingerman
Something for the

LADIES

Positive vibes on a Cumberland sultry night!

Saturday
22nd July
9PM - 2AM

ADMISSION \$10

MUSIC BY
DJ BAW

CUMBERLAND, NORTH LEEWARD. 784 432-2067

REGISTRATION STILL OPEN!!

T-10 CRICKET TOURNAMENT

CLARE VALLEY PLAYING FIELD

JULY **22** 2023

Call 784 533-3774
NOW to register!

YOUR ULTIMATE GUIDE FOR VINCY MAS, CULTURE & ENTERTAINMENT

JULY 2023

Fri 7 Wett Pool Party - Breakfast
Boozy Boat Cruise
Crush 2
EVO / Ragga Soca
Happymess Color Fete

Sat 8 Solaris Breakfast Party
Rum Crawl
Brunch & Soca
Flair ~ Melee
Soca Monarch

Sun 9 Prime (Mirage)
WETT Republic
Slippery When Wet
Dimanche Gras (PanKaiMas)

Mon 10 J'Ouvert
Viceré
A:M Jamboree
Monday Road Jam

Tue 11 Mardi Gras

Wed 12 Ciao
Trendy

Sat 15 Amgine - Soirée

Sun 16 Overdose

Sun 30 Overdose

**Some events may be subject to correction or change.

CINVICENT



July Spa Special
July 1st- 31st, 2023

Poolside Packages

Package 1 - \$210.00

- Poolside Full Body Couples GH Signature Massage -
- Pool Access-

Package 2 - \$240.00

- Poolside Upper Body Couples GH Signature Massage -
- Two(2) Light Meals & two(2) Soft Drinks-
- Pool Access-

Fettaz Package- \$160.00

- Booster Facial -
- Gel Manicure & Pedicure-

Mardi Gras Package- \$75.00

- Regular Manicure & Pedicure-

We are Bacchanal Package- \$80.00

- Full Set of Medium Length Acrylic Nails with Matching Toes-
- (Additional design two(2) fingers \$10.00)-

Revellers Package- \$130.00

- Upper Body Swedish Massage-
- Regular Manicure & Pedicure-

+ 1 784 458-1800 | + 1 784 593-0996
stay@grenadinehouse.com



**KIDS
SUMMER
DAY CAMP**

Week 1
July 17th to 22nd
Week 2
July 24th to 28th

- Includes:**
- Lunch
 - Craft Supplies
 - Field Trips
 - Qualified teachers



**TRAINED TEACHERS
NO UNEXPECTED COSTS**

WEEKLY FEE \$190

Register & Pay at Blue Lagoon Hotel's Front Desk
DEADLINE JULY 11TH 2023

Grenadine House
Kingstown, St. Vincent

HAIROUN
HOLD YOUR OWN

Grill Saturdays

SATURDAY 22ND JULY, 2023
FROM 6 PM

Cucumber & Tomato Salad
Tossed Salad

Parsley Coconut Rice
Creamy Mashed Potatoes
Chef Styled Vegetables
Buttered Pasta

Vanilla Cupcake

Ribs
Chicken
Fish
Pork Chops

ONE (1) FREE HAIROUN BEER WITH PURCHASE OF MEAL

FOR MORE INFO - +1 784 458-1800 | +1 784 593-0996
stay@grenadinehouse.com

RHYTHM OF THE DRUM

Hosted by Enzimbu in representation with Art 'N' Action Inc

This program caters to all ages from 5 years and up. It is geared towards educating young and old about our culture, dance, techniques and rhythms.

Activities:
Drumming History
Drumming Techniques
Dance
and more.

Time: 10am to 12pm
July 17th - August 30th, 2023
Days: Mon, Tue, Wed
Frenches craft Building

price \$50

Tel: 784 527 8523 / 784 492 1374 | Email: svgarnaction@gmail.com



COMING SOON S.L Night Expo

5PM UNTIL 10:30
**HOPE PLAYING FIELD
VERMONT**



Sunday, July 30th 2023
All participants must be registered ...free registration

DEADLINE FOR REGISTRATION JULY 25TH
Forms can be collected from Mr Samuel in Vermont

**SPECIAL PERFORMANCES
COME AND EXPLORE
ENTREPRENEURSHIP AND
TRADITION
with a splash of culture**



Grenadine House
Kingstown, St. Vincent

SUNDAY BUFFET

SUNDAY, 23RD JULY 2023
XCD\$60 PER PERSON

- Lentil Peas Soup-
- Plantain Salad-
- Jerk Chicken-
- Grilled Fish with GH Salsa-
- Rice Pilaf-
- Potato Gratin-
- Roasted Vegetables-
- Vanilla Cupcake with Lemon Frosting-

Price is Inclusive Of VAT. A 10% Service Charge Will Be Added To Your Final Bill.

+1 784 458-1800 | +1 784 593-0996
stay@grenadinehouse.com

Made with PosterMyWard.com

Location: Prospect SVG



- Our Services Includes:**
- Comfortable accommodation
 - Event Planning Service
 - Bar & Grill Services
 - Restaurant Service
 - Day Pass Services

Unwind at Hotel Alexandrina!

- Where Comfort & Tranquility Reign -

Perched on a hillside overlooking our beautiful architectural tropical gardens. We offer a tranquil, elegant and enchanting country side hideaway.

- We host:
- Weddings
 - Conferences
 - Meetings
 - Special Events

Book us now at Hotel Alexandrina,
St. Vincent and the Grenadines
Countryside Oasis

Email: info@hotelalexandrina.com Telephone: +1 784-456-9788 US/Canada: +1 917-829-8354

Chauncey Methodist YOUTH Group Presents:

THE ART OF PLAYING THE DRUM WORKSHOP

LOCATION:
The Craft Center
Frenches
(The road behind UW) open Compass)

To Register:
Call/WhatsApp
784-526-5454

Cost: FREE
Limited Spaces Available

DATE:
19-31 JULY

TIME:
MONDAY-FRIDAY
1:00PM - 3:00PM

AGE 8 AND OVER

POOL Packages

<p>POOL PACKAGE 1</p> <p>XCD \$40.00</p> <p>-ACCESS TO POOL-</p>	<p>POOL PACKAGE 2</p> <p>XCD \$60.00</p> <p>-ACCESS TO POOL-</p> <p>- 1 LIGHT MEAL-</p> <p>-1 HAIROUN SOFT DRINK-</p>
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Live Blues, Jazz & More
with
Jan and Louis
& Friends
at DE REEF,
Lower Bay, Bequia
Every Sunday
from 4 pm



TASTE OF SCUBA

Ever wondered about what it's like to breathe underwater? Come sign up for our taste of Scuba. Ages 10 and older

Available
 Monday - Friday 9am - 2pm
 Saturdays 9:00am - 1pm
 Poolside at
 "The Blue Lagoon Hotel and Marina".
 EC\$50.00
 To reserve your session call
 784-457-5335/528-8030

Made with PosterMyWall.com

LIVE in SVG!


one FAMILY CONCERT

Featuring over 20 of the best artistes and their bands throughout the region and St. Vincent & the Grenadines

1 Aug.
 VICTORIA PARK

Guess Artiste Number 1?

Celebrating Emancipation Day and 50 Years of CARICOM




Bequia Plantation Hotel

CURRY FRIDAY

LIVE DJ
\$65 EC per plate



Entice
Fresh Cocktails
 Come and indulge with a few cocktails at Entice Bar and Lounge

VICTORIA PARK, KINGSTOWN

**OPENING HOURS
 MON- SAT
 11AM - UNTIL**

Spring Hotel Bequia

DAY PASS
 USD \$75 per person

Includes:

- FREE SHUTTLE SERVICE
- 1 TWO COURSE MEAL
- 1 WELCOME DRINK
- CHANGE ROOM
- POOL ACCESS
- 1 LOCAL BEVERAGE
- ACCESS TO ENTERTAINMENT AREAS

ROOM ADD-ON + USD \$35

Reservation Only

tel # 1 784 457 3707 / 1 784 454 4260
 email: info@springhotelbequia.com

SOHO FLOAT

Soho Beach House Canouan is the first Soho House in the Caribbean with 40 bedrooms, three bars, a restaurant, a boutique, a deli, and a wellness studio. It also hosts seasonal Cowshed spa pop-ups, as well as fitness facilities.

Soho House Float invites sailors and crew to dine at the House, with take-away or delivery options to your boat. We are also offering an express laundry service and grocery delivery to the boats. If you need a break from the ocean and would like to book a bedroom at the House, please contact us about the sailor's rate.

Enjoy the beautiful Grand Bay of Canouan and the Grenadines.

407 232 7242
 784 530 7400
 reception.canouan@sohohouse.com

Mariners Hotel
 "Above and Beyond"

French Verandah
 Restaurant & Bar
 "Celebrate Life"

21 Air Conditioned Rooms with Spectacular Views

Relax poolside & indulge in exquisite dining at French Verandah

@FrenchVerandahSVG

Tel: +1(784)457-4000 | frontdesk@marinershotel.com | www.marinershotel.com

BEQUIA XPRESS

JADEN SUN – FAST FERRY SERVICE

REGULAR SCHEDULE

Days	Route	Estimated Time of DEPARTURE	Estimated Time of ARRIVAL
SUNDAY	Kingstown → Bequia	4:00 pm	4:30 pm
	Bequia → Canouan	4:35 pm	5:35 pm
	Canouan → Mayreau	5:45 pm	6:00 pm
	Mayreau → Union Island	6:05 pm	6:15 pm
MONDAY	Union Island → Mayreau	6:30 am	6:40 am
	Mayreau → Canouan	6:50 am	7:05 am
	Canouan → Bequia	7:15 am	8:15 am
	Bequia → Kingstown	8:25 am	8:55 am
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	Kingstown → Bequia	3:30 pm	4:00 pm
	Bequia → Canouan	4:10 pm	5:10 pm
	Canouan → Mayreau	5:25 pm	5:40 pm
	Mayreau → Union Island	5:50 pm	6:00 pm
	TUESDAY	NO OPERATION	
WEDNESDAY	Union Island → Mayreau	6:30 am	6:40 am
	Mayreau → Canouan	6:50 am	7:05 am
	Canouan → Bequia	7:15 am	8:15 am
	Bequia → Kingstown	8:25 am	8:55 am
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	NO AFTERNOON SCHEDULE		
THURSDAY	NO OPERATION		
FRIDAY	Kingstown → Bequia	10:00 am	10:30 am
	Bequia → Canouan	10:40 am	11:40 am
	Canouan → Mayreau	11:55 am	12:10 pm
	Mayreau → Union Island	12:20 pm	12:30 pm
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	Union Island → Mayreau	3:30 pm	3:40 pm
	Mayreau → Canouan	3:50 pm	4:05 pm
	Canouan → Bequia	4:20 pm	5:20 pm
Bequia → Kingstown	5:30 pm	6:00 pm	
SATURDAY	NO OPERATION		
1. BOARDING is 15 minutes prior to departure 2. Departure and arrival times may change due to weather and other Operational reasons. 3. Ferry does NOT operate on Bank Holidays. 4. When a Bank Holiday falls on Monday, there will be no departure on Sunday. The ferry will depart on Monday at 4:00pm instead. 5. Fares are subject to change.		Contact Info: Jaden Inc P.O. Box 2333 Kingstown St. Vincent. Tel. 784-451-2192 784-493-7114 784-493-7177 Email: jdmarine@vincysurf.com Website: www.jadensunferry.com	

MONDAY - FRIDAY

6:30 AM
8:30 AM
9:30 AM
1:00 PM
4:30 PM

SATURDAYS

6:30 AM
8:30 AM
1:00 PM
4:30 PM

SUNDAYS & PUBLIC HOLIDAYS

6:30 AM
4:30 PM

MONDAY - FRIDAY

8:00 AM
10:30 AM
1:00 PM
4:00 PM
6:00 PM

SATURDAYS

8:00 AM
11:00 AM
5:00 PM
6:00 PM

SUNDAYS & PUBLIC HOLIDAYS

8:00 AM
6:00 PM

MONDAY & WEDNESDAY TO SOUTHERN GRENADINES

Canouan - Mayreau - Union
Depart Kingstown - 11:00 AM

TUESDAY & THURSDAY TO KINGSTOWN

Mayreau - Canouan - Kingstown
Depart Union Is - 6:30 AM

FRIDAY

(Same Day Return).

TO KINGSTOWN

Canouan - Mayreau - Union
Depart Kingstown - 11:00

Tel: 457-3539



ADMIRAL FERRIES LTD.

SAILING SCHEDULE

SAILING TIME: APPROX. 1 HOUR

	DEPARTS BEQUIA	OPERATING DAYS	DEPARTS KINGSTOWN
FREE COFFEE & TEA EVERY 6:30am RUN	6:30 AM 2:00 PM	MONDAY AND FRIDAY	11:45 AM 4:00 PM
	6:30 AM 2:00 PM	TUESDAY WEDNESDAY THURSDAY	11:45 AM 4:00 PM
	6:30 AM 9:15 AM 4:00 PM	SATURDAY	8:00 AM 11:00 AM 5:30 PM
	6:30 AM 4:00 PM	SUNDAY AND PUBLIC HOLIDAYS	8:00 AM 5:30 PM

(784) 458 3348 (784) 534 7707 admiralferries@gmail.com admiralferries.com

SCHEDULE

TUESDAY & FRIDAY - 11:30AM
 Kingstown → Canouan → Mayreau → Union Island

WEDNESDAY & SATURDAY - 7:30AM
 Union Island → Mayreau → Canouan → Kingstown

ONE WAY FARES CANOUAN: \$50 • MAYREAU: \$60 • UNION ISLAND: \$70

All fares are quoted in Eastern Caribbean dollars.

