

MAY

Serenity Dive Lion Fish Fry, 5-10 pm, Sunset Shores Hotel Tel: 528-8030  
Gate 3 Restaurant and Lounge, Happy hour 4-7 pm, The Joshua Center, Arnos Vale Tel: 570-3333  
Sunset Shores Hotel: Happy Hours 4-7 pm, Food and Drink Specials Tel: 458-4411

Fri 26th

Roast and Lyme Movie Night, Kids from 6 pm and Adults from 8 pm, Pan Yard, Calliaqua  
Hotel Alexandrina: Kulture Bar & Grill, Prospect from 3 pm Tel: 456-9788  
Grenadine House Restaurant: Happy Hours 3-7 pm Tel: 458-1800  
Paradise Beach Hotel: Grillin with the Captain, 7:30 pm Tel: 457-4795  
Ada Restaurant, Beachcombers Hotel: Happy Hours 4:30—7:30 pm Tel: 458-4283  
Coconut Grove Beach Club: Kids Happy Hour, 5-7 pm Tel: 431-2837  
Soca vs Dancehall, School Edition, Chappy's Seaside, Sandy Bay  
French Verandah: Happy Hours 5-7 pm Tel: 453-1111  
South Leeward Carnival Launch with a Fish Fest and Street Party, Clare Valley Tel: 453-1111



Sat 27th

Sunset Shores Hotel: Happy Hours 4-7 pm, Food and Drink Specials Tel: 458-4411  
Grenadine House Restaurant: BBQ Grill Saturdays from 6 pm, Happy Hours 3-7; **Baila Baila 8-11 pm** Tel: 458-1800  
Hotel Alexandrina: Kulture Bar & Grill, Prospect, Regular menu, 3 pm Tel: 456-9788  
Ada Restaurant, Beachcombers Hotel: Sangria Day, 12 noon—7:30 pm Tel: 458-4283  
The Loft Restaurant and Bar, Blue Lagoon Hotel and Marina, Regular Menu Tel: 458-4308  
Mimosa Bar and Hookahs Lounge, Arnos Vale, (area of Chill Spot) Tel: 432-2584

Sun 28th

Grenadine House Restaurant: Sunday Buffet, happy hours 3-7 Tel: 458-1800  
Ivory Soiree, All White Affair, Victoria Park Lawn, 5 pm  
Chill Spot Bar & Grill, Sunday Lunch and Sunday Night Karaoke, Tel: 457-7768  
Biabou Football League, Football and After Party from 4:30 pm Tel: 458-4308  
Soca Monarch under Powder, Sea View Garden, Georgetown  
Café Soleil, Blue Lagoon Marina: BBQ, 11 am; live music by BAM from 6 pm Tel: 456-8550  
Carnival Zess Finale, Blue Bar Beach Club, La Vue Hotel, 5-11 pm  
Young Island Resort: Buffet Lunch, 12:30—2:30 pm Tel: 458-4826  
Fuss Wata - Wet Fete, La Croix Boxing Plant Tel: 453-1111  
Boat Ride to Canouan Regatta, MV Gem Star, departs Kingstown 8: am and departs Canouan 3:30 pm Tel: 457-4795  
Bacchanal Jouvert on the Beach, Private Mt Wynne Beach, 9 pm until Sunrise  
Ada Restaurant, Beachcombers Hotel: Mimosa Day, 12 noon—7:30 pm Tel: 458-4283

Mon 29th

Fisherman Day Activities, Calliaqua  
Excursion to Bequia, Departs Kingstown on M V Admiral at 7:30 am  
Riverside Splash Bar, Richland Park, Below Jarplum Tel: 570-3333  
Dans and Divas, Questelles Beach

Tues 30th

Graduates Calypso Tent, Russell's Auditorium  
Tree House Bar & Grill, Arnos Vale  
French Verandah: Happy Hours 5-7 pm Tel: 453-1111  
Bay Side Bar & Grill: Karaoke, Questelles Bay  
Chill Spot and Grill: Seafood Wednesdays Tel: 457-7768

Wed 31st

Hotel Alexandrina: Kulture Bar & Grill, Prospect, Regular menu, take-away can be requested, 3 pm Tel: 456-9788  
Young Island Resort: Regular menu, take-away can be requested Tel: 458-4826  
Paradise Beach Hotel: Regular menu, take-away can be requested Tel: 457-4795  
French Verandah: Mimosa Daily

JUNE

Thurs 1st

Grenadine House Restaurant, Regular menu, take-away can be requested Tel: 458-1800

## Friday 26th May

Africano Disco, Girls Rush, South Rivers

Bungalow Restaurant, Villa

Tel: 456-6777

Gate 3 Restaurant & Lounge, Arnos Vale

Tel: 570-3333

Fish Fest, Barrouallie

Free Up Fridays Happy Hour from , 8-9 pm, Tree Bar & Grill, Arnos Vale

## Saturday 27th May

Colour Fete, Waterfall Bar, Entrance to Murray's Village,

Flow Wine Bar , Kingstown

Tel: 457-0809

Barcode, Thomas Building, Arnos Vale

Entice Bar & Lounge, Victoria Park, 11 am until, Mon—Sat

Gate 3 Restaurant and Lounge, The Joshua Center, Arnos Vale

Tel: 570-3333

Comedy Stage Play - Midlife Crisis, Russell's Auditorium, 7 pm

## Sunday 28th May

Comedy Stage Play - Midlife Crisis, Russell's Auditorium, 7 pm



**Grenadine House**  
Kingstown, St. Vincent

**HAIROUN**  
HOLD YOUR OWN

# Grill Saturdays

**SATURDAY, 27TH MAY, 2023**  
**FROM 6 PM**

Stir Fried Pasta  
Garden Salad  
Potato Salad  
Chef Styled Vegetables  
Tostones de la Salsa

-----  
Rib  
Chicken  
Fish  
Pork Chops  
-----

Carrot Cupcake

**ONE (1) FREE HAIROUN BEER WITH PURCHASE OF MEAL**

FOR MORE INFO - +1 784 458-1800 | +1 784 593-0996  
stay@grenadinehouse.com



**Serenity Dive**  
St. Vincent & The Grenadines

## Come Join Us!

# Lionfish Fry

*Sunset Shores Hotel*  
**Friday, 26th May**  
**5 - 10 pm**  
**Price EC \$25**

*Drinks on Sale  
Bar Open*

Please remember that orders must be placed in advance.



Ph784-528-8030/532-8646 [www.serenitydive.net](http://www.serenitydive.net) 



**Sunday MAY 28TH**  
Twenty-23

**PRESENTS**

# Ivory Soiree

ALL WHITE AFFAIR  
STEEL AND GLITTER LAUNCH

## SMOKE ZONE

WILL BE AVAILABLE  
HOOKAHS / CIGARS

**5PM | Admission: \$20 | Victoria Park Lawn**

*Island Hookahs*



#IvorySoiree #youareupmovement #twenty23

# Rural Carnivals Schedule 2023

| Date           | Area              | Event  | Venue                                 |
|----------------|-------------------|--|---------------------------------------|
|                |                   |  |                                       |
| Fri 26th May   | St. Georges       | Miss St. Georges Pageant, Calypso, Soca, Pan | Glen Hard Court                       |
| Fri 26th May   | South Leeward     | Launching - Fish Fest                        | Clare Valley Seaside junction         |
| Fri 26th May   | Central Leeward   | Soca Jungle                                  | Kearatons Hard Court                  |
| Sat 27th May   | Central Leeward   | Jouvert and street party                     | Barrouallie Streets                   |
| Sat 27th May   | St. Georges       | Jouvert & Street party                       | Calliaqua - Glen - Calliaqua          |
| Sat 27th May   | Windward carnival | Soca Monarch                                 | Sea View Gardens                      |
| Sat 27th May   | North Leeward     | Kiddies Carnival                             | Chateau Playing Field                 |
| Sun 28th May   | St. Georges       | Kiddies Carnival                             | Calliaqua Streets                     |
| Sun 28th May   | P'Tani            | Second Wata                                  | La Croix Boxing Plant                 |
| Fri 02nd Jun   | South Leeward     | Culture show (Pan & calypso)                 | Vermont Community Center              |
| Sat 03rd June  | North Leeward     | All Inclusive Party                          | Cumberland Recreational Site          |
| Sat 03rd June  | Windward carnival | Kidz Bonanza                                 | Sea View Gardens                      |
| Sun 04th June  | South Leeward     | Street jump up & Soca Monarch                | streets to Campden Park Hard Court    |
| Fri 09th June  | Central Leeward   | Carnival Cool down                           | Barrouallie wharf                     |
| Sat 10th June  | North Leeward     | Soca Monarch                                 | Petit Bordel Hard Court               |
| Fri 16th June  | P'Tani            | Miss P'Tani Pageant                          | La Croix Boxing Plant                 |
| Fri 16th June  | North Leeward     | Miss North Leeward Pageant                   | Petit Bordel Hard Court               |
| Sat 17th June  | North Leeward     | Jouvert & street jump up                     | Petit Bordel Hard Court - Fitz Hughes |
| Sat 17th June  | P'Tani            | Jouvert & Street jump up                     | Mespo streets                         |
| Sun 18th June  | North Leeward     | Carnival Beach Cool down                     | Chateau Wharf                         |
| Thur 22nd June | Bequia            | Carnival launch                              | The Almond Tree                       |
| Fri 23rd June  | Bequia            | Kids Fun Day                                 | Playing Field                         |
| Fri 23rd June  | Windward carnival | Miss Windward pageant                        | Sea View Gardens                      |
| Sat 24th June  | Windward carnival | Jouvert & street jump up & Color Fete        | G/Town streets                        |
| Sat 01st Jul   | Bequia            | Wet Fete                                     | Hard Court                            |
| Fri 14th Jul   | Bequia            | Queen Show                                   | Hard Court                            |
| Sat 15th Jul   | Bequia            | Jouvert & Street Jump up                     | Bequia streets                        |
| Sat 22nd Jul   | Canouan           | Carnival Village                             | Canouan Hardcourt                     |
| Sun 23rd Jul   | Canouan           | Kiddies Carnival                             | Bachelor's Hall                       |
| Thur 27th Jul  | Canouan           | Night Mas                                    | Canouan Streets                       |
| Fri 28th Jul   | Canouan           | Baywatch                                     | Bachelor's Hall                       |
| Sat 29th Jul   | Canouan           | Soca 360                                     | Canouan Hardcourt                     |
| Sun 30th Jul   | Canouan           | Miss Rural SVG                               | Canouan Hardcourt                     |
| Mon 31st Jul   | Canouan           | SWAP - Soca Water And Powder                 | Canouan Hardcourt                     |
| Tue 01st Aug   | Canouan           | Jouvert & Street Party                       | Canouan Streets                       |
|                |                   |  |                                       |



# 2023 VINCYNAS

**JUNE 30TH - JULY 11TH**

## CALENDAR

**LAUNCH OF VINCYNAS**  
Saturday, May 6th

**FANTASTIC FRIDAY**  
Friday June 30th

**JUNIOR CARNIVAL**  
Saturday July 1st

**JUNIOR PANORAMA**  
Sunday July 2nd

**JUNIOR CALYPSO / SOCA**  
Tuesday July 4th

**STEEL AND GLITTER**  
Thursday July 6th

**EVO**  
Friday July 7th

**SOCA MONARCH**  
Saturday July 8th

**DIMANCHE GRAS**  
Sunday July 9th

**JOVERT & T-SHIRT BANDS**  
Monday July 10th

**MARDI GRAS**  
Tuesday July 11th

*The hottest carnival in the Caribbean*

784 457 2580 // CDCOFVNC@VINCYSURF.COM // WWW.VINCYNAS.VC  
@ VINCYNAS // VINCYNAS



**SUN 28 MAY 2023**

**PRIVATE MT WYNNE BEACH**

**HAIROUN FLOW**

**EARLY BIRD \$15**  
**REGULAR \$20**  
**MORE AT THE DOOR**

**DJ SHADY**  
**DJ STIFLAN**

**BACCHANAL**  
MORE POWDER. MORE PAINT. MORE FETE

**JOVERT ON THE BEACH**

**WET ZONE** **DRY ZONE** **POWDER ZONE** **STINK AND DUTTY PAINT ZONE**

**YOU MUST WEAR WHITE** **9PM UNTIL SUNRISE**

VHS, J&B, CAMPARI, and other logos at the bottom.

## 50<sup>th</sup> Anniversary

**Proudly Serving SVG Since 1973**

This year, Sunset Shores proudly celebrates our 50<sup>th</sup> Anniversary in the tourism and hospitality business. To thank our valued hotel, restaurant or bar patrons, you have a chance to win one of these great prizes in our Customer Appreciation Draw:

- Dinner for Two or
- Day Pass for Two or
- Weekend Staycation for Two

Contest starts March 31, 2023 through to June 30, 2023. The draw will take place at 6pm on Saturday, July 1, 2023. Please share your name, phone number and / or email below so we can contact you if you are a lucky winner!

Name: \_\_\_\_\_

Phone # / Email: \_\_\_\_\_

**Sunset Shores**  
BEACH HOTEL & RESTAURANT

**Customer Appreciation Contest**

Villa Beach, St. Vincent  
+1 (784) 458-4411 | info@sunsetshores.com

*Island Hospitality at its Best!*





## EVENTS

*This upcoming weekend*

All activities will begin and conclude in Bagga Square.

**FRI**  
**MAY 26**

**Party N De Square**  
Around-the-clock Block party into Jouvert.  
**@7PM**

**Sat**  
**MAY 27**

**Jouvert**  
**@4AM**

**Sat**  
**MAY 27**

**Evening Jump up**  
**@3PM**



Focus Arts Promotions Presents

The Hit UK Comedy Stage Play by Alan Charles (Love Sax and all that Jazz)

# Midlife Crisis

For Better Not Worse

Directed by Nisha Hope



A light-hearted look at Love, Life, Marriage, Friendship, Family and Growing Old Gracefully

**Saturday 27th & Sunday 28th May 2023**

Sat show 7 pm (doors 6.30 pm) - Sun Show 6 pm (doors 5.30 pm)

**RUSSELLS AUDITORIUM**

TICKETS \$50 Early Bird (B4 30 APR) | Thereafter \$60 Adv / \$70 door

More info: 529 4414 | Group discount 10% for 10 or more

Children under 16 and Over 65 \$45, \$55 & \$65

**ticket sellers**

[www.theticketsellers.co.uk](http://www.theticketsellers.co.uk)

## Under-15

National Club Championships

### Zone 1

Sat | 27 | May

|  |                         |                           |                         |  |
|--|-------------------------|---------------------------|-------------------------|--|
|  | <b>PARKSIDE ROLLERS</b> | <b>10:00 AM</b><br>LAYOUT | <b>N.L. PREDATORS</b>   |  |
|  | <b>SHARPES FC 09</b>    | <b>11:15 AM</b><br>LAYOUT | <b>LAYOU FC</b>         |  |
|  | <b>HILL VIEW</b>        | <b>12:30 PM</b><br>LAYOUT | <b>CAMDONIA CHELSEA</b> |  |

### Zone 2

Sat | 27 | May

|  |                       |                                  |                   |  |
|--|-----------------------|----------------------------------|-------------------|--|
|  | <b>BEQUIA UNITED</b>  | <b>9:00 AM</b><br>RICHMOND HILL  | <b>SION HILL</b>  |  |
|  | <b>BESCO PASTURES</b> | <b>10:15 AM</b><br>RICHMOND HILL | <b>TONI STORE</b> |  |

### Zone 3

Tues | 23 | May

|  |                   |                            |                   |  |
|--|-------------------|----------------------------|-------------------|--|
|  | <b>GRIEGGS FC</b> | <b>5:00 PM</b><br>BRIGHTON | <b>AWESOME FC</b> |  |
|--|-------------------|----------------------------|-------------------|--|

Wed | 24 | May

|  |                                      |                            |                               |  |
|--|--------------------------------------|----------------------------|-------------------------------|--|
|  | <b>RICHLAND PARK PRIDE &amp; JOY</b> | <b>5:00 PM</b><br>BRIGHTON | <b>GLENSIDE BALL BLAZZERS</b> |  |
|--|--------------------------------------|----------------------------|-------------------------------|--|

Thur | 25 | May

|  |                      |                            |                     |  |
|--|----------------------|----------------------------|---------------------|--|
|  | <b>1998 HILLSIDE</b> | <b>5:00 PM</b><br>BRIGHTON | <b>STRIKE FORCE</b> |  |
|--|----------------------|----------------------------|---------------------|--|

### Zone 4

Sat | 27 | May

|  |                    |                           |                   |  |
|--|--------------------|---------------------------|-------------------|--|
|  | <b>OWIA UNITED</b> | <b>10:00 AM</b><br>CHILLI | <b>SV UNITED</b>  |  |
|  | <b>DESCO</b>       | <b>11:15 AM</b><br>CHILLI | <b>JEBELLE FC</b> |  |
|  | <b>SPARTA FC</b>   | <b>12:30 PM</b><br>CHILLI | <b>BROWNSTOWN</b> |  |



## Premier

Females Division 2022/2023

SATURDAY 27, MAY

|  |                         |                         |                       |  |
|--|-------------------------|-------------------------|-----------------------|--|
|  | <b>LARGO HEIGHT</b>     | <b>4:00</b><br>BRIGHTON | <b>JEBELLE FC</b>     |  |
|  | <b>CAMDONIA CHELSEA</b> | <b>4:00</b><br>HOPE     | <b>N.L. PREDATORS</b> |  |

SUNDAY 28, MAY

|  |                      |                             |                   |  |
|--|----------------------|-----------------------------|-------------------|--|
|  | <b>BEQUIA UNITED</b> | <b>1:30</b><br>CLIVE TANNIS | <b>TONI STORE</b> |  |
|--|----------------------|-----------------------------|-------------------|--|

SVG FOOTBALL FEDERATION



 **Grenadine House**  
Kingstown, St. Vincent

**SUNDAY  
BUFFET**  
SUNDAY, 28TH MAY, 2023  
XCD\$60 PER PERSON

- Lentil Soup-
- Sweet Potato Salad-
- Jerk Pork Chops-
- Grilled Fish with Capers Creamy Sauce-
- Fried Rice-
- Shepards Pie-
- Garlic Vegetables-
- Red Velvet Cupcake-

Price is Inclusive Of VAT. A 10% Service Charge Will Be Added To Your Final Bill.

+1 784 458-1800 | +1 784 593-0996  
stay@grenadinehouse.com

Images with @grenadinehouse

**SUNDAY  
28  
MAY**

**BIABOU  
FOOTBALL  
LEAGUE**

**FOOTBALL & AFTER PARTY**

**4:30 pm PRIDE & JOY VS CHOPPINS**

**MUSIC BY:**  
**DJ BLAZE**  
THE SAUCE BOSS

**SOUND REINFORCEMENT BY: RUFFICE-INTERNATIONAL**

**FRIDAY MAY 26<sup>TH</sup> TWENTY-23**  
The Sandy Bay Secondary School PTA presents

**SOGA  
VS  
DANCEHALL**  
SCHOOL EDITION

*graduation fundraiser* *graduation fundraiser*

 **Chappy's Seaside**  
SANDY BAY

**\$10** **JUGGLING BY DJ Q**

#TWENTY23 #SOGA #DANCEHALL #PARTY #FUNDRAISER #SANDYBAYSECONDARYSCHOOL

**ST. VINCENT AND THE GRENADINES CALYPSONIANS ASSOCIATION PRESENTS**

**QUEEN OF  
CALYPSO**  
..... COMPETITION .....

**3RD JUNE 2023**  
MORE INFO COMING SOON







**CHILL SPOT BAR & GRILL**

**8PM TO 9PM**

**FREE UP**  
*Fridays* **HAPPY HOUR!**

- \$1 Wings • \$2 Rum and Coke • \$3 Rum Punch
- \$4 Mini Burger • \$5 Johnny Walker • \$5 Shots

**CONTACT US: 1-(784)-457-7768**

WE ACCEPT     Chillspotsvg

**VIGTE HIGHWAY**  
(Amos Vale)

**BEQUIA PLANTATION HOTEL**  
Bequia, West Indies

**Summer Day Pass**

SUMMER DAY PASSES INCLUDE:

- Drink on entry
- Pool & Beach access
- Lunch Entree & Dessert
- Drink with Lunch

**\$50 USD PER PERSON + 10% SERVICE CHARGE**

For Reservations please call  
784-534-8677

**A NIGHT OF SWEET CALYPSO WITH GRAUDTES CALYPSO TENT**

**CLEOPATRA**  


**TAJOE**  


**SELENA**  


**LADY D**  


**GAO**  


**HANCE**  


**HOMEY**  


**SULLE**  


**FLANKA**  


**YVRUS**  


**MITCH**  


**LIGSZANDAH**  


**BAD CREATION**  


**HERO**  


**SHAKA**  


**OZARIE**  


**NURIAN EMPRESS**  


**MAY 30TH**  
**TUESDAY**

**RUSSELL'S AUDITORIUM**



TIDAL  
MUSIC BY  
DJ ANTZ...!!

EUPHORIA  
LATIN DANCE ACADEMY

Saturday  
MAY 27 2023  
8PM - 11PM

LA NOCHE  
LATINA

¡BAILA!  
¡BAILA!

GRENADINE HOUSE

ENTRY FREE | DRINK SPECIALS

EXPERIENCE THE ALLURE OF LATIN CULTURE AND DANCE

**EXCURSION!! EXCURSION!! EXCURSION!!**

The Anglican Parish of St. Patrick, Barrouallie with  
St. David, Our Lady of Perpetual Succour  
All Saint and Mary Magdalene

invite you to sail with them on board  
**THE M.V. ADMIRAL TO BEAUTIFUL BEQUIA**  
29th May, 2023 (Whit Monday)  
leaves Kingstown Wharf 7:30 a.m.

- Departs Bequia 4:00 p.m.

**PRICE: ADULTS - \$45.00**

Proceeds in aid of Church Funds  
A Good Time Awaits You in Jesus. Be There!!!

Live Blues, Jazz & More  
with  
Jan and Louis  
& Friends  
at DE REEF,  
Lower Bay, Bequia  
Every Sunday  
from 4 pm



Grenadine House  
Kingstown, St. Vincent

**June Spa Special**  
June 1st-30th, 2023

Thank you Daddy-\$180.00  
-Booster Facial-  
-Gentleman Pedicure-  
-Upper Body Hot Oil Massage-

We Appreciate you Dad-\$130.00  
-Booster Facial-  
-Gentleman Pedicure & Manicure-

Best Dad in the World-\$80.00  
-Spa Manicure-  
-Spa Pedicure -

Exclusive Dad-\$110.00  
-Gel Manicure-  
-Gel Pedicure -

My Dad, My Hero-\$140.00  
-Booster Facial-  
-Spa Manicure-  
-Spa Pedicure -

King for a Day-\$170.00  
-Booster Facial-  
-Full Body Swedish Massage-

#1 Dad-\$210.00  
-Side by Side Full Body Swedish Massage-  
-Spa Pedicure-

+ 1 784 458-1800 | + 1 784 593-0996  
stay@grenadinehouse.com



**FLOW**  
GUINNESS

VINCYHOTSPOT PROMOTIONS  
GUINNESS & FLOW PRESENT

**Sunday 28 May 2023**

**gtown soca monarch**  
under powder!

Sea View Garden Beach Club and Resort

**\$6000 cash**

**REGISTER NOW: 1 (784) 498-5500**

VHS, J&B, DIVA, CAMPARI, and other logos.

**BACKYARD ADVENTURES**  
to enjoy with family

**TUESDAY - FRIDAY**  
(3:00 PM - 8:00 PM)

**TUESDAY THROUGH FRIDAY**  
ONLY BY RESERVATION  
FOR PARTIES AND BIRTHDAYS.

**SATURDAY**  
(10:00 AM - 8:00 PM)

**SUNDAY**  
(1:00 PM - 8:00 PM)

**(784) 593-6980**

**SUNDOWN CINEMA**

**Private movie nights**

**HIRE US FOR:**

- Fundraisers
- Birthday Celebrations
- Anniversaries
- Outdoor Events
- Indoor Movie Nights

**TO BOOK CONTACT US ON:**

**+1 784 593 6316 OR**  
**SUNDOWNCINEMA.SVG@GMAIL.COM**

**Coconut Grove BEACH CLUB**

**Happy Hour**  
5pm to 7pm  
**Fridays**

**\$10 Wings**

**\$15 Mini Burgers**

**8" Pizzas starting at \$10**

**Call us 784-431-2837**



# Canouan Whit-Sun-Tide Regatta

## Boat is we Life



### 2023 CALENDAR 25<sup>TH</sup> - 29<sup>TH</sup> MAY, 2023

#### 25<sup>TH</sup> May

**THURSDAY**

- Opening ceremony
- Cultural extravaganza
- Racing rules (briefing) of Regatta
- Welcome party

#### 26<sup>TH</sup> May

**FRIDAY**

- Fishing Competition
- Fish Festival
- Domino Competition
- Card Games
- Bingo

#### 27<sup>TH</sup> May

**SATURDAY**

- Racing Day 1
- Onshore Activities
- Wet Fete: Regional Artists

#### 28<sup>TH</sup> May

**SUNDAY**

- Racing Day 2
- Beach Fun: Beach Volley Ball
- Pan on the Beach
- Miss. Whitsun-tide Regatta Pageant

#### 29<sup>TH</sup> May

**MONDAY**

- Final Racing Day 3
- Onshore Activities: Triathlon
- Closing and Prize Giving

### MASSIVE RAFFLE ON MONDAY 29<sup>TH</sup>

- 42 PIECE DINNER SET
- TICKETS SINGLE \$5.00 | BOOK OF 5 FOR \$20.00

Location: Prospect SVC



**Our Services Includes:**

- Comfortable accommodation
- Event Planning Service
- Bar & Grill Services
- Restaurant Service
- Day Pass Services

## Unwind at Hotel Alexandrina!

- Where Comfort & Tranquility Reign -

Perched on a hillside overlooking our beautiful architectural tropical gardens. We offer a tranquil, elegant and enchanting country side hideaway.

We host:

- Weddings
- Conferences
- Meetings
- Special Events

Book us now at Hotel Alexandrina,  
St. Vincent and the Grenadines  
Countryside Oasis

Email: info@hotelalexandrina.com Telephone: +1 784-456-9788 US/Canada: +1 917-829-8354



## Grenadine House

Kingstown, St. Vincent

# POOL PACKAGES

| PACKAGE 1   | PACKAGE 2   |
|---|---|
| <b>XCD\$40.00</b>   | <b>XCD\$60.00</b>   |
| <b>PER PERSON</b>   | <b>PER PERSON</b>   |
| <ul style="list-style-type: none"> <li>-Pool Access-</li> <li>-Free Wi-Fi-</li> <li>-Free Parking-</li> </ul> | <ul style="list-style-type: none"> <li>-Pool Access-</li> <li>-1 Light Meal-</li> <li>-1 Hairoun Soft Drink-</li> <li>-Free Wi-Fi-</li> <li>-Free Parking-</li> </ul> |

stay@grenadinehouse.com  
+1 784 458-1800 | +1 784 593-0996

WhatsApp Instagram Facebook



**Paradise ADVENTURES**  
**ATV Adrenaline Tour**



SUNRISE ADRENALINE TOUR 6:00AM - 7:30AM  
 SUNBUSTER ADRENALINE TOUR 7:45AM - 9:15AM  
 OCEAN BREEZE ADRENALINE TOUR 9:30AM - 11:00AM  
 SUN WORSHIPERS ADRENALINE TOUR 11:15AM - 12:45PM  
 THE BLACK SAND ADRENALINE TOUR 1:15PM - 2:45PM  
 SEA BLAST ADRENALINE TOUR 2:50PM - 4:20PM  
 SUNSET ADRENALINE TOUR 4:30PM - 6:00PM  
**CONTACT 1 784 454 5999 FOR MORE INFO/ BOOKINGS**

**Spring Hotel Bequia**



**DAY PASS**

USD \$75 per person

**Includes:**

- FREE SHUTTLE SERVICE
- 1 TWO COURSE MEAL
- 1 WELCOME DRINK
- CHANGE ROOM
- POOL ACCESS
- 1 LOCAL BEVERAGE

**ROOM ADD-ON + USD \$35**

**Reservation Only**

ACCESS TO ENTERTAINMENT AREAS

tel # 1 784 457 3707/ 1 784 454 4260  
 email: info@springhotelbequia.com

**STEMSVG Registration OPEN NOW**

Registration Closes June 30th

Age 7 and Up

**Primary Program**

**Secondary Program**

**Primary Robotics**

Package/Individual Course

- 3 field trips
- Fun Day
- Fun Tour of Bequia
- Learn AR (Both Primary and Secondary)
- Robotics (Primary)
- 3D Print and Design
- and Much MORE

**Augmented Reality**

Call or Whatsapp (784) 434-6847

BRING ALONG YOUR LAPTOPS/TABLET OR PHONES

**CARNIVAL ZESS FINALE**

**Final Week**

ZESSERS REPORT FOR DUTY

**MAY 28TH**

VENUE: BLU BAR & BEACH CLUB LA VUE HOTEL

TICKET THE DOOR

**\$50 | \$70**

TICKET LOCATIONS

- ◆ COREAS CITY STORE ◆ DESALAD SHOP
- ◆ 4 SHELLS RESTAURANT

**DJS FOR ZESS FINALE**

STIFLAH AND SHADY | TANK UP BROS  
 HYPERACTIVE SOUNDS | DJ Q AND SNYPA

EDGE LA VUE VEGANISM SMOOTH

**ADVENTURE ISLAND PARADISE SVG**

**Let's go CAMPING**

Activities Include: Kayaking, Snorkeling, Hiking, Horse Riding and more....



Summer is approaching...  
 ...book early

1784 528 9992 adventureislandsvg@gmail.com

**Coconut Grove BEACH CLUB**

**JERK Night**

**Chef Specials:**

Jerk Chicken  
 Jerk Pork Ribs  
 Escovitch Fish  
 Festival

784-431-2837





Grenadine House  
Kingstown, St. Vincent

## May Special

1ST-31ST MAY, 2023

### Best Mom Ever

EC\$130.00  
Massaging Body Scrub  
Gel Pedicure

### We Got You Mommy.

EC\$160.00  
Full Body Swedish Massage  
Rehydrating Facial

### Do Ya Thing Mama

EC\$170.00  
Upper Body Hot Oil Massage  
Gel Pedicure  
Booster Facial

### Mommy & Me

EC\$250.00  
Side By Side Full Body Massage  
Pool Package Number 2

### To The Queen

EC\$210.00  
Full Body Massage for Two  
Pool Package Number 1

### Simply The Best Mom

EC\$100.00  
Gel Manicure  
Gel Pedicure

+ 1 784 458-1800 | + 1 784 593-0996  
stay@grenadinehouse.com



# SOHO FLOAT

Soho Beach House Canouan is the first Soho House in the Caribbean with 40 bedrooms, three bars, a restaurant, a boutique, a deli, and a wellness studio. It also hosts seasonal Cowshed spa pop-ups, as well as fitness facilities.

Soho House Float invites sailors and crew to dine at the House, with take-away or delivery options to your boat. We are also offering an express laundry service and grocery delivery to the boats. If you need a break from the ocean and would like to book a bedroom at the House, please contact us about the sailor's rate.

Enjoy the beautiful Grand Bay of Canouan and the Grenadines.

407 232 7242  
784 530 7400  
reception.canouan@sohohouse.com

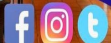
Mariners Hotel

"Above and Beyond"

French Verandah  
Restaurant & Bar  
"Celebrate Life"

21 Air Conditioned  
Rooms  
with Spectacular Views

Relax poolside & indulge  
in exquisite dining at  
French Verandah



@FrenchVerandahSVG

Tel: +1(784)457-4000 | frontdesk@marinershotel.com | www.marinershotel.com



## TASTE OF SCUBA

Ever wondered about  
what it's like to  
breathe underwater?  
Come sign up for our  
taste of Scuba.  
Ages 10 and older

Available  
Monday - Friday 9am - 2pm  
Saturdays 9:00am - 1pm  
Poolside at  
"The Blue Lagoon Hotel and  
Marina".

EC\$50.00

To reserve your session call  
784-457-5335/528-8030

Made with PosterMyWall.com





**DEPARTS BEQUIA**

**MONDAY - FRIDAY**  
6:30AM  
8:00AM  
9:30AM  
1:00PM  
4:30PM

**SATURDAYS**  
6:30AM  
9:15AM  
**NEW TIME 1:00PM**  
4:30PM

**SUNDAYS AND PUBLIC HOLIDAYS**  
7:00AM  
4:30PM



**BEQUIA EXPRESS COMPANY**





**DEPARTS KINGSTOWN**

**MONDAY - FRIDAY**  
8:00AM  
10:30AM  
1:00PM  
4:00PM  
6:00PM

**SATURDAYS**  
8:00AM  
11:00AM  
**NEW TIME 4:00PM**  
6:00PM

**SUNDAYS AND PUBLIC HOLIDAYS**  
8:30AM  
6:00PM

TEL: 784 457-3539  
FAX: 784 457-3055  
Email: bequiaexpress@vincysurf.com



# Fresh Cocktails

Come and indulge with a few cocktails at Entice Bar and Lounge



**VICTORIA PARK,  
KINGSTOWN**

**OPENING HOURS  
MON- SAT  
11AM - UNTIL**

## SOUTHERN GRENADINES

**MONDAY & FRIDAY**  
(same day return on friday)  
**TO SOUTHERN GRENADINES**  
Depart Kingstown - 11:00 AM  
Depart Union Is - 2:30 PM

**WEDNESDAY**  
**TO SOUTHERN GRENADINES**  
Canouan - Mayreau - Union  
Depart Kingstown | 11:00 AM

**TUESDAY & THURSDAY**  
**TO KINGSTOWN**  
Mayreau - Canouan - Kingstown  
Depart Union Is | 6:30 AM



## SAILING SCHEDULE

**SAILING TIME: APPROX. 1 HOUR**

| DEPARTS BEQUIA                | OPERATING DAYS                   | DEPARTS KINGSTOWN              |
|-------------------------------|----------------------------------|--------------------------------|
| 6:30 AM<br>2:00 PM            | MONDAY AND FRIDAY                | 11:45 AM<br>4:00 PM            |
| 6:30 AM<br>2:00 PM            | TUESDAY<br>WEDNESDAY<br>THURSDAY | 11:45 AM<br>4:00 PM            |
| 6:30 AM<br>9:15 AM<br>4:00 PM | SATURDAY                         | 8:00 AM<br>11:00 AM<br>5:30 PM |
| 6:30 AM<br>4:00 PM            | SUNDAY AND PUBLIC HOLIDAYS       | 8:00 AM<br>5:30 PM             |

**FREE COFFEE & TEA EVERY 6:30am RUN**

☎ (784) 458 3348    📞 (784) 534 7707    ✉ admiralferries@gmail.com    🌐 admiralferries.com

## SCHEDULE

**TUESDAY & FRIDAY - 11:30AM**  
Kingstown → Canouan → Mayreau → Union Island

**WEDNESDAY & SATURDAY - 7:30AM**  
Union Island → Mayreau → Canouan → Kingstown

**ONE WAY FARES CANOUAN: \$50 • MAYREAU: \$60 • UNION ISLAND: \$70**

All fares are quoted in Eastern Caribbean dollars.







**Jaden Sun Fast Ferry  
Schedule Notice**

**Whitsuntide Weekend**

**Sunday 28<sup>th</sup> May, 2023 to Wednesday 31<sup>st</sup> May, 2023**

|   |                                       |
|---|---------------------------------------|
| <b>Sun. 28th May, 2023</b>                  | <b>NO Operation</b>                   |
| <b>Mon. 29th May, 2023</b>                  | <b>Depart Kingstown<br/>4:00pm</b>    |
| <b>Tues. 30th May, 2023 (AM)</b>            | <b>Depart Union Island<br/>6:30am</b> |
| <b>Tues. 30<sup>th</sup> May, 2023 (PM)</b> | <b>Depart Kingstown<br/>3:30pm</b>    |
| <b>Wednesday 31st May, 2023</b>             | <b>Depart Union Island<br/>6:30am</b> |

*Why crawl when you can FLY!*

**JADEN INC.**

**DEPARTURE SCHEDULE**

|  |  |
|--|--|
| <b>From Kingstown to Union Island</b><br>with stops in Bequia, Canouan & Mayreau | <b>From Union Island to Kingstown</b><br>with stops in Bequia, Canouan & Mayreau |
| <b>SUNDAYS - 4:00PM</b>  | <b>MONDAYS - 6:30AM</b>  |
| <b>MONDAYS - 3:30PM</b>  | <b>WEDNESDAYS - 6:30AM</b>   |
| <b>FRIDAYS - 10:00AM</b>   | <b>FRIDAYS - 3:30PM</b>  |

Boarding is 15 minutes prior to departure. Sailing time between Kingstown and Union Island is approximately 2½ hours. Times may change due to weather and any unforeseen conditions. Ferry does not operate on Tuesdays, Thursdays, Saturdays and Bank Holidays. Fares are subject to change.

**www.jadensunferry.com**  
**jdmarine@vincysurf.com**  
**jadeninc@vincysurf.com**

**M. 493 7114 / 493 7177**  
**O. 451 2192**

**f Jaden Sun Fast Ferry** **@jaden.sun**

**SVG Hotel & Tourism Association**  
Cruise Ship Terminal, Unit #8, St. Vincent & the Grenadines  
T: 784 458-4379 | M: 784-494-4379  
E: svghotels@vincysurf.com | svghotels@gmail.com