

Paradise Beach Hotel: Grillin with the Captain, 7:30 pm Tel: 457-4795  
 Touch T-shirt Band Launch, Heritage Square from 4 pm

Culture Pot Square Activity, Calliaqua,

French Verandah: Happy Hours 5-7 pm Tel: 453-1111

Hotel Alexandrina: Kulture Bar & Grill, Prospect from 3 pm Tel: 456-9788

Grenadine House Restaurant: Happy Hours 3 until Tel: 458-1800

Predominant Water II, Park Hill

Ada Restaurant, Beachcombers Hotel: Happy Hours 4:30—7:30 pm Tel: 458-4283

Coconut Grove Beach Club: Kids Happy Hour, 5-7 pm Tel: 431-2837

Sunset Shores Hotel: Happy Hours 4-7 pm, Food and Drink Specials Tel: 458-4411

Free Up Fridays Happy Hour, 8-9 pm Chill Spot Bar & Grill Tel: 457-7768

Gate 3 Restaurant and Lounge, Happy hour 4-8 pm, The Joshua Center, Arnos Vale Tel: 570-3333

Sea View Garden: Georgetown Soca Monarch - under Powder

Waterfall Bar, Murrays Village: Like Yourself After Party, 9 pm—4 am

Young Island Resort: BBQ, 7—10 pm Tel: 458-4826

Hotel Alexandrina: Kulture Bar & Grill, Prospect, Regular menu, 3 pm Tel: 456-9788

Ada Restaurant, Beachcombers Hotel Tel: 458-4283

The Loft Restaurant and Bar, Blue Lagoon Hotel and Marina, Regular Menu Tel: 458-4308

Sunset Shores Hotel: Happy Hours 4-7 pm, Food and Drink Specials Tel: 458-4411

Grenadine House Restaurant: BBQ Grill Saturdays from 6 pm, Happy Hours 3-7; Tel: 458-1800

Sunset Shores Hotel: Father's Day Lunch from 12:00 noon Tel: 458-4411

French Verandah: Father's Day Jazz Buffet Tel: 453-1111

Coconut Grove Beach Club, Ratho Mill, Father's Day - Jamaican Jerk on the Grill Tel: 431-2837

Chill Spot Bar & Grill, Father's Day Buffet Lunch Tel: 457-7768

Café Soleil, Blue Lagoon Marina: BBQ, 11 am; live music by BAM from 6 pm Tel: 456-8550

Grenadine House Restaurant: Father's Day Buffet Lunch, 12 noon, Tel: 458-1800

Young Island Resort: Buffet Lunch, 12:30—2:30 pm Tel: 458-4826

Gate 3 Restaurant and Lounge, Father's Day Lunch, 12:00 noon, The Joshua Center, Arnos Vale Tel: 570-3333

Ada Restaurant, Beachcombers Hotel: Father's Day Lunch 12 noon Tel: 458-4283

The Loft Restaurant and Bar, Blue Lagoon Hotel and Marina, Father's Day Lunch 11 am—2:30 pm Tel: 458-4308

Basil, Villa: Jazz at Sunset II, 5 pm

Bikini and Shades Boat Ride to Canouan on Gem Star leaving at 7 am

Young Island Resort: Regular menu, take-away can be requested Tel: 458-4826

Hotel Alexandrina: Kulture Bar & Grill, Prospect, Regular menu, 3 pm Tel: 456-9788

Grenadine House Restaurant, Regular menu, take-away can be requested Tel: 458-1800

Gate 3 Restaurant and Lounge, Happy hour 4-7 pm, The Joshua Center, Arnos Vale Tel: 570-3333

Tree House Bar & Grill, Arnos Vale

French Verandah: Happy Hours 5-7 pm Tel: 453-1111

Bay Side Bar & Grill: Karaoke, Questelles Bay

Chill Spot and Grill: Seafood Wednesdays Tel: 457-7768

Hotel Alexandrina: Kulture Bar & Grill, Prospect, Regular menu, take-away can be requested, 3 pm Tel: 456-9788

Young Island Resort: Regular menu, take-away can be requested Tel: 458-4826

Paradise Beach Hotel: Regular menu, take-away can be requested Tel: 457-4795

French Verandah: Mimosa Daily

Grenadine House Restaurant, Regular menu, take-away can be requested Tel: 458-1800

JUNE

Fri 16th

Sat 17th

Sun 18th

Mon 19th

Tues 20th

Wed 21st

Thurs 22nd



## Friday 16th June

Gate 3 Restaurant & Lounge, Arnos Vale

Free Up Fridays, Tree Bar & Grill, Arnos Vale

Tel: 456-6777

Entice Bar & Lounge, Victoria Park, 11 am until, Mon—Sat

Tel: 570-3333

Culture Pot Square Activity, Calliaqua,

## Saturday 17th June

Upstage Xperience Calypso Tent, North Leeward

Flow Wine Bar , Kingstown

Tel: 457-0809

Barcode, Thomas Building, Arnos Vale

Entice Bar & Lounge, Victoria Park, 11 am until, Mon—Sat

Gate 3 Restaurant and Lounge, The Joshua Center, Arnos Vale

Tel: 570-3333

## Sunday 18th June

Backyard Adventure:, Arnos Vale: Fathers enter for free

Biabou Football League Finals and After Party

# Rural Carnivals Schedule 2023

Date	Area	Event	Venue
Fri 16th June	P'Tani	Miss P'Tani Pageant	La Croix Boxing Plant
Fri 16th June	North Leeward	Miss North Leeward Pageant	Petit Bordel Hard Court
Sat 17th June	North Leeward	Jouvert & street jump up	Petit Bordel Hard Court - Fitz Hughes
Sat 17th June	P'Tani	Jouvert & Street jump up	Mespo streets
Sun 18th June	North Leeward	Carnival Beach Cool down	Chateau Wharf
Thur 22nd June	Bequia	Carnival launch	The Almond Tree
Fri 23rd June	Bequia	Kids Fun Day	Playing Field
Fri 23rd June	Windward carnival	Miss Windward pageant	Sea View Gardens
Sat 24th June	Windward carnival	Jouvert & street jump up & Color Fete	G/Town streets
Sat 01st Jul	Bequia	Wet Fete	Hard Court
Fri 14th Jul	Bequia	Queen Show	Hard Court
Sat 15th Jul	Bequia	Jouvert & Street Jump up	Bequia streets
Sat 22nd Jul	Canouan	Carnival Village	Canouan Hardcourt
Sun 23rd Jul	Canouan	Kiddies Carnival	Bachelor's Hall
Thur 27th Jul	Canouan	Night Mas	Canouan Streets
Fri 28th Jul	Canouan	Baywatch	Bachelor's Hall
Sat 29th Jul	Canouan	Soca 360	Canouan Hardcourt
Sun 30th Jul	Canouan	Miss Rural SVG	Canouan Hardcourt
Mon 31st Jul	Canouan	SWAP - Soca Water And Powder	Canouan Hardcourt
Tue 01st Aug	Canouan	Jouvert & Street Party	Canouan Streets

### SVG Hotel & Tourism Association

Cruise Ship Terminal, Unit #8, St. Vincent & the Grenadines

T: 784 458-4379 | M: 784 494-4379

E: [svghotels@vincysurf.com](mailto:svghotels@vincysurf.com) | [svghotels@gmail.com](mailto:svghotels@gmail.com)



# COME OUT SVG!

## JUNE 23-25

- RESTAURANTS
- BARS
- HOTELS
- TOURS

COMPLIMENTARY DRINKS OR SNACKS  
DISCOUNTS ON MEALS  
SPECIAL SURPRISES  
GREAT ATMOSPHERE OF VINCIES COMING TOGETHER

**IT'S A NATION WIDE EVENT CELEBRATING OUR PEOPLE!**

NLSCO x HAIROUN BEER PRESENT

# NORTH LEEWARD CARNIVAL WEEKEND CLIMAX

FRIDAY 16 JUNE	MISS NORTH LEEWARD PAGEANT PETIT-BORDEL HARCOURT
SATURDAY 17 JUNE	JOUVERT 4:00 AM STREET PARTY 3:00PM
SUNDAY 18 JUNE	CARNIVAL COOLDOWN

## WEEKEND EVENT SCHEDULE #4

VINCYMAS GUIDE JUNE 16TH - JUNE 18TH

JUNE 16	MISS NORTH LEEWARD 9:00PM - Petite Bordel Hardcourt
JUNE 16	(THE CARNIVAL HUB) TOUCH & KENETIC BAND LAUNCH 4:00 PM - HERITAGE SQUARE
JUNE 16	WATER PART #2 9:00PM- PARK HILL
JUNE 16	P'TANI PRE JOUVERT PARTY 11:00 PM- LA CROIX BOXING PLANT
JUNE 17	NORTH LWD JOUVERT & STREET JAM 5:00AM & 3:00PM - CHATO
JUNE 17	P'TANI JOUVERT & STREET JAM 5:00AM & 3:00PM - MESPOTAMIA
JUNE 17	GTOWN SOCA MONARCH 9: 00PM- SEA VIEW GARDEN GEORGETOWN
JUNE 18	OVERDOSE #3 3:00PM- 11:00PM - Poter's Estate
JUNE 18	NORTH LWD CARNIVAL COOLDOWN 9:00PM- CHATO

findahfere | VINCYMAS 2023

# P'tani Carnival

Calendar of Events

<b>FRIDAY JUNE 16TH</b> 11PM - 5AM <b>PRE J'OUVERT PARTY</b> LA CROIX BOXING PLANT ADMISSION FREE	<b>SATURDAY JUNE 17TH</b> 4PM - 10PM <b>P'TANI STREET PARTY</b> MESOPOTAMIA
<b>SATURDAY JUNE 17TH</b> 5AM - 10AM <b>J'OUVERT ROAD JAM</b> LA CROIX TO MESOPOTAMIA	<b>SATURDAY JULY 1ST</b> <b>CHEAPER WATA</b> LA CROIX BOXING PLANT





June 2023

SOHO BEACH HOUSE  
CANOUAN

We are Hiring in Canouan!

**Back of the House**

Full & Part-Time Driver

Deli Attendant

Security Officer

email your resume to [sbhchr@sohohouse.com](mailto:sbhchr@sohohouse.com)  
by June 30th or stop by at our Security booth in  
Canouan for an Application Form



VINCYHOTSPOT PROMOTIONS,  
HAIRON & FLOW PRESENT

HAIRON FLOW

REDZ/EMTHON & FARRY

**GTOWN SOCA MONARCH**  
under powder

Sea View Garden Beach Club and Resort | **\$8000 cash**

VHS, DINA, CAMPARI, and other logos at the bottom.

SAURDAY 17 JUNE 2023

**GREENHOUSE CAFE**  
BOTH LOCATIONS

**BUY 2  
GET 1  
FREE**

OFFER ENDS JULY 15TH

FOR MORE INFORMATION CALL  
US! 784 532 4422

SERENITY DIVE

**TASTE OF SCUBA**

Ever wondered about what it's like to breathe underwater?  
Come sign up for our taste of Scuba.  
Ages 10 and older

Available  
Monday - Friday 9am - 2pm  
Saturdays 9:00am - 1pm  
Poolside at  
"The Blue Lagoon Hotel and Marina".  
EC\$50.00  
To reserve your session call  
784-457-5335/528-8030

Made with PosterMyWall.com





# Father's DAY BUFFET

18th June, 2023 | 12pm

- Soup**
  - Assorted Breads-
  - Fish Broth
  - Roasted Pumpkin Soup
- Salad**
  - Coleslaw
  - Garden Salad
  - Plantain Salad
- Main**
  - BBQ Chicken
  - Fish Fricassee
  - Grilled Pork Chops with Habanero Sauce
- Sides**
  - Chef Styled Vegetables
  - Macaroni Pie
  - Mexican Rice
  - Sauteed Potatoes with Peppers & Onion
- Desserts**
  - Brownies
  - Fruit Cake

**-Local Snacks Station-**

-One(1) complimentary Hairoun or Bartender Cocktail For Fathers -

XCD\$95.00 PER PERSON. A 10% SERVICE CHARGE WILL BE ADDED TO FINAL BILL.



# PARADISE GARNIVAL MARKET

25<sup>th</sup> JUNE @ PARADISE BEACH HOTEL 10AM TO 4PM

**FREE ENTRY**

Reservations for Buffet and Vendor Tables can be made by contacting us via:  
[info@paradisestvg.com](mailto:info@paradisestvg.com)  
 457-4795

**Buffet**  
 Adults \$60  
 Kids \$40



# SUMMER CAMP

Coconut Grove BEACH CLUB SAINT VINCENT

**JULY 3RD TO 28TH**  
**8AM TO 4PM**

ONLY \$38 daily INCLUDING LUNCH & DRINKS!

HOSTED BY TEACHERS & TAILORED TO KIDS OF DIFFERENT AGE GROUPS STARTING FROM 5YRS OLD

★ ART & CRAFT, OUTDOOR GAMES, LEARNING ACTIVITIES, FIELD TRIPS AND MUCH MORE!

- > Weekly, monthly & Sibling plans are available
- > Registration CLOSES JUNE 20th
- > 50% Deposit must be made at Blue Lagoon Hotel & Marina by June 20th to secure each child's spot in the camp.

★ FOR MORE INFORMATION, OR TO SIGN UP EARLY SEE LINK IN BIO ★



Grenadine House Kingstown, St. Vincent

# Grill Saturdays

**SATURDAY, 17TH JUNE, 2023**  
**FROM 6 PM**

- Vegetable Pasta
- Garden Salad
- Coleslaw
- Bravas Potatoes and Caramelized Onions
- Chef Styled Vegetables
- Parsley Rice

**Carrot Cupcake**

- Ribs
- Chicken
- Fish
- Pork Chops

**ONE (1) FREE HAIROUN BEER WITH PURCHASE OF MEAL**

FOR MORE INFO - +1 784 458-1800 | +1 784 593-0996  
[stay@grenadinehouse.com](mailto:stay@grenadinehouse.com)

[G](#) [I](#) [F](#)





**Greenhouse Cafe  
BEQUIA**


# Clinic Day!

**Saturday June 10th 2023**

\$25 EC per consultation.  
From 11am to 6pm

Come sign up for your license card and try our products!  
We carry rolls, buds, kief, vapes, tinctures, & lotions

Grown & prepared in St. Vincent !

 **Bequia Plantation Hotel**



# 50<sup>th</sup> Anniversary



**Sunset Shores**  
BEACH HOTEL & RESTAURANT

## Customer Appreciation Contest

*Proudly Serving SVG Since 1973*

This year, Sunset Shores proudly celebrates our 50<sup>th</sup> Anniversary in the tourism and hospitality business. To thank our valued hotel, restaurant or bar patrons, you have a chance to win one of these great prizes in our Customer Appreciation Draw:

- Dinner for Two or
- Day Pass for Two or
- Weekend Staycation for Two

Contest starts March 31, 2023 through to June 30, 2023. The draw will take place at 6pm on Saturday, July 1, 2023. Please share your name, phone number and / or email below so we can contact you if you are a lucky winner!

Name: \_\_\_\_\_

Phone # / Email: \_\_\_\_\_



Villa Beach, St. Vincent  
+1 (784) 458-4411 | info@sunsetshores.com

*Island Hospitality at its Best!*



# 2023 VINCYMAS

## JUNE 30TH - JULY 11TH

# CALENDAR

- LAUNCH OF VINCYMAS**  
Saturday, May 6th
- FANTASTIC FRIDAY**  
Friday June 30th
- JUNIOR CARNIVAL**  
Saturday July 1st
- JUNIOR PANORAMA**  
Sunday July 2nd
- JUNIOR CALYPSO / SOCA**  
Tuesday July 4th
- STEEL AND GLITTER**  
Thursday July 6th
- EVO**  
Friday July 7th
- SOCA MONARCH**  
Saturday July 8th
- DIMANCHE GRAS**  
Sunday July 9th
- JOUVERT & T-SHIRT BANDS**  
Monday July 10th
- MARDI GRAS**  
Tuesday July 11th

*The hottest carnival in the Caribbean*

784 457 2580 // CDCFOSVG@VINCYSURF.COM // WWW.VINCYMAS.VC  
VINCY\_MAS // VINCYMAS





**SATURDAY 17 JUNE 2023**

**Tip Toe Bar** Presents **LOCATION TIP TOE BAR CANOAN**

**ADM: \$15**

**Sexy Pink**

DJ MALCOLM X / DJ HOSEA / ALIEN SQUAD

COMPLIMENTARY PINK PUSSY KAT ON ENTRY FOR THE LADIES

DRESS CODE: PINK WITH ANYTHING

POWERED BY: RASTAMEDZ SOUNDS & THA FUGITIVE EVENTZ

**Coconut Grove BEACH CLUB**

**FATHER'S DAY**

**JAMAICAN JERK ON THE GRILL**

**Menu:**  
 Jerk Chicken \$30  
 Jerk Ribs \$40  
 Escovitch Fish \$45  
 Served with:  
 Festivals, Rice and peas, salad

**SILC THE BAND**

**WILL BE LIVE**

**Sunday June 18th from 1pm to 7pm**

**Grenadine House**  
Kingstown, St. Vincent

**POOL PACKAGES**

<b>PACKAGE 1</b> XCD\$40.00 PER PERSON	<b>PACKAGE 2</b> XCD\$60.00 PER PERSON
- Pool Access - Free Wi-Fi - Free Parking	- Pool Access - 1 Light Meal - 1 Hairoun Soft Drink - Free Wi-Fi - Free Parking

stay@grenadinehouse.com  
+1 784 458-1800 | +1 784 593-0996

Location: Prospect SVG

**Unwind at Hotel Alexandrina!**

- Where Comfort & Tranquility Reign -

Perched on a hillside overlooking our beautiful architectural tropical gardens. We offer a tranquil, elegant and enchanting country side hideaway.

**Our Services Includes:**

- Comfortable accommodation
- Event Planning Service
- Bar & Grill Services
- Restaurant Service
- Day Pass Services

**We host:**

- Weddings
- Conferences
- Meetings
- Special Events

Book us now at Hotel Alexandrina, St. Vincent and the Grenadines  
Countryside Oasis

Email: info@hotalexandrina.com Telephone: +1 784-456-9788 US/Canada: +1 917-829-8354



# 2023 Season Directory

## JUNE

- Sat 3 JIJ - Jouvert in June
- Sun 4 Overdose
- Sun 11 Overdose
- Sun 18 Overdose
- Sun 25 Touch Of Class ~ Brunch
- Sun 25 Overdose
- Fri 30 Vincy Mas Fantastic Friday

## JULY

- Sat 1 Worst Behavior ~ Wet Fete  
Cheaper Wata  
Junior Mas
- Sun 2 Carnival Escape  
Elevate ~ Tropical Ecstasy  
Junior Panorama
- Mon 3 Xperience
- Tues 4 Junior Calypso & Soca  
I♥R.U.M
- Wed 5 Oasis  
Hookie ~ All White Pool Party  
Uptown Party
- Thur 6 Waves ~ Cruise  
DIP ~ Pool Party  
Steel & Glitter  
Pumpin'

\*\*Some events may be subject to correction or change.

CINVICENT

BEQUIA PLANTATION HOTEL  
Bequia - West Indies

# Summer Day Pass

SUMMER DAY PASSES INCLUDE:

- Drink on entry
- Pool & Beach access
- Lunch Entree & Dessert
- Drink with Lunch

**\$50 USD PER PERSON + 10% SERVICE CHARGE**

For Reservations please call  
784-534-8677

**THE LOFT**  
RESTAURANT & BAR

SUNDAY JUNE 18TH  
**FATHER'S DAY**

JOIN US FROM 11:00AM TO 2:30PM

- Starters  
Corn and Callaloo Soup  
Pig Foot Souze
- Salads  
Pasta Salad  
Loft Mixed Garden Salad
- Entrée  
BBQ Pork  
BBQ Chicken  
BBQ Fish
- Sides  
Breadfruit Pie  
Calypso Rice  
Vegetable Medley
- Dessert  
Chef Stacey's Assorted Desserts

\$99EC Per person + 10% Service Charge

784-458-4308

**JULY 2023**

- Fri 7 Wett Pool Party - Breakfast  
Boozy Boat Cruise  
Crush 2  
EVO / Ragga Soca  
Happymess Color Fete
- Sat 8 Solaris Breakfast Party  
Rum Crawl  
Brunch & Soca  
Flair ~ Melee  
Soca Monarch
- Sun 9 Prime (Mirage)  
WETT Republic  
Slippery When Wet  
Dimanche Gras (PanKaiMas)
- Mon 10 J'Ouvert  
Viceré  
A:M Jamboree  
Monday Road Jam
- Tue 11 Mardi Gras
- Wed 12 Ciao  
Trendy
- Sat 15 Amgine - Soirée
- Sun 16 Overdose
- Sun 30 Overdose

CINVICENT

\*\*Some events may be subject to correction or change.



# June Spa Special

June 1st-30th, 2023

Thank you Daddy-\$180.00

- Booster Facial-
- Gentleman Pedicure-
- Upper Body Hot Oil Massage-

We Appreciate you Dad-\$130.00

- Booster Facial-
- Gentleman Pedicure & Manicure-

Best Dad in the World-\$80.00

- Spa Manicure-
- Spa Pedicure -

Exclusive Dad-\$110.00

- Gel Manicure-
- Gel Pedicure -

My Dad, My Hero-\$140.00

- Booster Facial-
- Spa Manicure-
- Spa Pedicure -

King for a Day-\$170.00

- Booster Facial-
- Full Body Swedish Massage-

#1 Dad-\$210.00

- Side by Side Full Body Swedish Massage-
- Spa Pedicure-

+ 1 784 458-1800 | + 1 784 593-0996  
stay@grenadinehouse.com




# SOHO FLOAT

Soho Beach House Canouan is the first Soho House in the Caribbean with 40 bedrooms, three bars, a restaurant, a boutique, a deli, and a wellness studio. It also hosts seasonal Cowshed spa pop-ups, as well as fitness facilities.

Soho House Float invites sailors and crew to dine at the House, with take-away or delivery options to your boat. We are also offering an express laundry service and grocery delivery to the boats. If you need a break from the ocean and would like to book a bedroom at the House, please contact us about the sailor's rate.

Enjoy the beautiful Grand Bay of Canouan and the Grenadines.

407 232 7242  
784 530 7400  
reception.canouan@sohohouse.com

Live Blues, Jazz & More  
with  
Jan and Louis  
& Friends  
at DE REEF,  
Lower Bay, Bequia  
Every Sunday  
from 4 pm




Coconut Grove  
BEACH CLUB

## Happy Hour 5pm to 7pm Fridays

**\$10 Wings**      **\$15 Mini Burgers**      **8" Pizzas starting at \$10**

Call us 784-431-2837



# French Verandah Father's Day Jazz and Buffet

Local Callaloo Soup

Jerk Fish

BBQ Ribs

Baked Herb Chicken

Vegetarian Lasagna

Corn Bread

Rice & Pigeon Peas

Breadfruit Salad

House Salad

Pineapple Upside-Down Cake

A Complimentary Drink

Adults EC\$85.00

Children Under 10 EC\$30.00



Wednesday  
**05**  
2023 July

WOLF ENTERTAINMENT PRESENTS

Early Bird —  
**\$50**  
— Tickets

**HOOKIE**  
*all white edition*

SVG'S TOP DJs ALONGSIDE AN INTERNATIONAL DJ

LOCATION: GRENADINES HOUSE  
POOL PARTY • FOOD INCLUSIVE

TICKET OUTLETS: LANO / FAMOUS RICHIE / GRENADINES HOUSE / CHILLSPOT OR CALL (784) 593-4316

COMMON GROUND

# SUMMER SUN POP UP

FRIDAY JUNE 30TH | 5PM  
COMMON GROUND  
KINGSTOWN CRUISE SHIP TERMINAL

Local summer tings  
Local carnival tings  
and more...

@COMMONGROUNDSVG

CHILL SPOT BAR & GRILL

# Father's Day

## Buffet Lunch

- STARTER**
  - Conch chowder
- MAIN COURSE**
  - Curry mutton
  - Ginger fried pork
  - Ham baked in passion fruit sauce
  - Jerk chicken
  - Asian Steamed Fish
  - Vincy Stew beef
- DESSERT**
  - Alcohol infused cupcakes
  - Rum and raisin bread pudding
  - Cheesecake topped with chocolate

**SERVED WITH**

- Rice and peas
- Scalloped sweet potato
- Seafood pasta
- Ginger roasted pumpkin
- Steamed callaloo
- Breadfruit salad
- Coleslaw

**+ FREE RUM PUNCH! FOR ALL FATHERS!**

**ALL FOR ONLY 80XCD**

FOR MORE INFORMATION & RESERVATIONS  
CONTACT 1-(784)-457-7768 | WE ACCEPT @Chillspotsvg Vigie Highway



**BEQUIA SPA**  
At Bequia Plantation Hotel

June Spa Specials

Spa Package 1 (Wax) \$100 USD  
Full Leg, Bikini Line, Underarm

Spa Package 2 \$130 USD  
Body Scrub with a complimentary express massage & a Pedicure

Spa Package 3 \$160 USD  
Swedish Massage (60 mins), Mini Facial with a complimentary head massage, File & Polish (Hands and Feet)

Spa Package 4 \$200 USD  
Swedish Massage (30 mins), Mini Facial with a complimentary head massage, Manicure or Pedicure  
Wax (choice of one) - Half Leg, Underarm, Eyebrow or Lip and Chin.

  
@bequiaplantationhotel

**Spring Hotel Bequia**



**DAY PASS**

USD \$75 per person

**Includes:**

- FREE SHUTTLE SERVICE
- 1 TWO COURSE MEAL
- 1 WELCOME DRINK
- CHANGE ROOM
- POOL ACCESS
- 1 LOCAL BEVERAGE
- ACCESS TO ENTERTAINMENT AREAS

**ROOM ADD-ON + USD \$35**

**Reservation Only**

tel # 1 784 457 3707/ 1 784 454 4260  
email: info@springhotelbequia.com

**Entice**

**Fresh Cocktails**

Come and indulge with a few cocktails at Entice Bar and Lounge



**VICTORIA PARK, KINGSTOWN**

**OPENING HOURS MON - SAT 11AM - UNTIL**

**Mariners Hotel**

"Above and Beyond"

**French Verandah**  
Restaurant & Bar  
"Celebrate Life"

21 Air Conditioned Rooms with Spectacular Views

Relax poolside & indulge in exquisite dining at French Verandah



  
@FrenchVerandahSVG

Tel: +1(784)457-4000 | frontdesk@marinershotel.com | www.marinershotel.com

**JAZZ@SUNSET II**

**BASIL AT VILLA 5 PM**



SPECIAL PERFORMANCE: **JAZZ TROPICAL PROJECT**  
PRESENTS JAZZ@SUNSET II

COUPLES TICKET: \$50 | GENERAL TICKET: \$30

**18 JUNE 2023**





**DEPARTS BEQUIA**

**MONDAY - FRIDAY**  
6:30AM  
8:00AM  
9:30AM  
1:00PM  
4:30PM

**SATURDAYS**  
6:30AM  
9:15AM  
**NEW TIME 1:00PM**  
4:30PM

**SUNDAYS AND PUBLIC HOLIDAYS**  
7:00AM  
4:30PM

**BEQUIA EXPRESS COMPANY**



**DEPARTS KINGSTOWN**

**MONDAY - FRIDAY**  
8:00AM  
10:30AM  
1:00PM  
4:00PM  
6:00PM

**SATURDAYS**  
8:00AM  
11:00AM  
**NEW TIME 4:00PM**  
6:00PM

**SUNDAYS AND PUBLIC HOLIDAYS**  
8:30AM  
6:00PM

TEL: 784 457-3539  
FAX: 784 457-3055  
Email: bequiaexpress@vincysurf.com



*Why crawl when you can FLY!*

**JADEN INC**

## JADEN SUN DEPARTURE SCHEDULE

**From Kingstown to Union Island**  
with stops in Bequia, Canouan & Mayreau

**SUNDAYS - 4:00PM**  
**MONDAYS - 3:30PM**  
**FRIDAYS - 10:00AM**

**From Union Island to Kingstown**  
with stops in Bequia, Canouan & Mayreau

**MONDAYS - 6:30AM**  
**WEDNESDAYS - 6:30AM**  
**FRIDAYS - 3:30PM**

Boarding is 15 minutes prior to departure. Sailing time between Kingstown and Union Island is approximately 2 1/2 hours. Times may change due to weather and any unforeseen conditions. Ferry does not operate on Tuesdays, Thursdays, Saturdays and Bank Holidays. Fares are subject to change.

www.jadensunferry.com  
jdmarine@vincysurf.com  
jadeninc@vincysurf.com

M. 493 7114 / 493 7177  
0. 451 2192

Jaden Sun Fast Ferry

@jaden.sun

### SOUTHERN GRENADINES

**MONDAY & FRIDAY**  
(same day return on friday)  
**TO SOUTHERN GRENADINES**  
Depart Kingstown - 11:00 AM  
Depart Union Is - 2:30 PM

**WEDNESDAY**  
**TO SOUTHERN GRENADINES**  
Canouan - Mayreau - Union  
Depart Kingstown | 11:00 AM

**TUESDAY & THURSDAY**  
**TO KINGSTOWN**  
Mayreau - Canouan - Kingstown  
Depart Union Is | 6:30 AM



## SAILING SCHEDULE

SAILING TIME: APPROX. 1 HOUR

DEPARTS BEQUIA	OPERATING DAYS	DEPARTS KINGSTOWN
6:30 AM 2:00 PM	MONDAY AND FRIDAY	11:45 AM 4:00 PM
6:30 AM 2:00 PM	TUESDAY WEDNESDAY THURSDAY	11:45 AM 4:00 PM
6:30 AM 9:15 AM 4:00 PM	SATURDAY	8:00 AM 11:00 AM 5:30 PM
6:30 AM 4:00 PM	SUNDAY AND PUBLIC HOLIDAYS	8:00 AM 5:30 PM

(784) 458 3348

(784) 534 7707

admiralferries@gmail.com

admiralferries.com

## SCHEDULE

**TUESDAY & FRIDAY - 11:30AM**  
Kingstown → Canouan → Mayreau → Union Island

**WEDNESDAY & SATURDAY - 7:30AM**  
Union Island → Mayreau → Canouan → Kingstown

**ONE WAY FARES CANOUAN: \$50 • MAYREAU: \$60 • UNION ISLAND: \$70**

All fares are quoted in Eastern Caribbean dollars.

